



North Carolina Swimming Board of Directors Meeting

Saturday, October 5, 2025

Greensboro Aquatic Center

The meeting was called to order at 2:55 pm.

Attendees: John Roy, Trish Martin, Jay Dodson, JP Merchant, Mike Long, Jon Fox, Jamie Bloom, Stephanie Toth, Matthew Rigsbee, Katie McNerney, Harper Lucas, Kathryn Cinson, Nicola Formon, Katy Stevens, Rob Stevens, Colleen Gillan, Amy Faulk, Lisa Olack

Business Meeting

- Governance – Jonathan Watson is now the chair of the Governance Committee and has been tasked with onboarding new members of the Board of Directors.

New Business

- 2026 Meeting Schedule
 - January 7th via Zoom at 8 pm
 - February 4th via Zoom at 8 pm
 - April 18-19 (19th is main day) at TAC
 - June 24th via Zoom at 8 pm
 - September 16th via Zoom at 8 pm
 - October HOD (TBD)
 - November 18th via Zoom at 8 pm
- Wellness Resource List – Psychological Services, Amy will collect resources.
- Outreach Program for meet fees. Need to work on a system to track and verify entries. The concern is that there are no standard definitions. USAS says if free or reduced lunch or a school district or county that has free or reduced lunch. The LSC is able to set parameters. As an option the YMCA, and other clubs do have a framework. A task force is created with Tristan Formon (head of Task Force), Lisa Olack, Jamie Bloom, Katie McNerney, Nicola Formon, and Kathryn Cinson.
- Matthew Rigsbee is stepping down as National Committee Rep. Tristan Formon is appointed as the National Committee Rep.



2025 MEETING SCHEDULE

- November 19, 2025 8pm BOD meeting via Zoom

Meeting adjourned at 3:19 pm.

Respectfully Submitted,
Michael Long
NCS BOD Secretary