



**Fall House of Delegates
Sunday, October 6, 2024
Greensboro Aquatic Center, Greensboro, NC**

Meeting was called to order by Trish Martin at 1:31pm

Roll Call/Delegate Count was made by Barb Frith and Mike Long. Delegates were checked in at the door, 55 delegates were present. (Attachment A)

1. Reading, correction, and adoption of 2023 minutes – Mike Long

MOTION: Approve the October 1, 2023 minutes - **PASSED**

2. Officer Reports

a. Acting General Chair – Trish Martin

- i. Moment of silence was observed for those who were lost in the past year. A tribute for John Jolly was held last night at the Greensboro Aquatic Center.
- ii. Jon Jolly Distance Swimmer of the Year, presented by Ross Dant, to Daisy Collins (NCAC) and Santiago Alzate (SwimMAC).
- iii. Coach Recognition Kathy McKee Age Group Coach of the Year Russ Castle, (SwimMAC); Franke Bell Sr. Coach of the Year David Sokoloski, (WOW); NC Coach Leadership Award Jay Dodson, (STAR).
- iv. Teams of the Year Division I SwimMAC; Division II ATOM; Division III LOEWS
- v. Outstanding Volunteer Service Award: Jamie Bloom (YOTA)
- vi. Lifetime Membership Award: Barb Frith
- vii. Swimmer count for the year 11,134; hosted over 200 meets; 70 teams; 632 coaches; 567 officials; 32 safe sport recognized clubs; 11 clubs named as club excellence metal winners.
- viii. NCS participation in Olympic Trials included 76 athletes who competed, 89 athletes qualified; 5 officials officiated; 5 athletes named to the Junior National Team; 3 athletes competed at the Paralympics in Paris
- ix. Age Group (AG) Champs - Fun Committee created to make more fun; time standards for both AG Champs short and long course were adjusted to ensure the optimal number of athletes were able to compete
- x. NC Zone team won first place, and Open Water Zone team won second place at their respective meets.
- xi. For the upcoming year NC is preparing to encourage teams to have quick, easy way to have one session developmental meets with quick easy sanctions. The program is called "Pool Party." Research suggests the competition is key to retention. The Club Development Incentive Program offers clubs the ability to receive \$1000 from NC Swimming. We will be offering a new incentive program to encourage teams to become or renew their status as Safe Sport Certified.

b. Financial Report: Jon Fox

NCS Swimming continues to have strong balance sheets. Balance Sheet and Income Statement (attachment) were presented to the HOD. Operating expense is

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\$52,620 to the positive, that is better than last year when we had a larger surplus. The LSC went overbudget on office expenses related to implementation of bill.com, replacement of equipment, and greater travel by the Executive Director. The Endowment had a withdraw of \$77,000 but remained with over \$200,000 in the fund. This coming year the proposed budget has a surplus of \$750. Major change is a new allocation of \$25,000 for the safe sport program.

MOTION: Motion to approve the 2024-25 budget approved by voice vote.

- i. Request was made to review increasing travel fund expenses. The finance committee will review the request.
 - ii. Billing for sanctions be changed for the upcoming year. Invoices will be generated through bill.com. The expense report for meets will still be sent to the Treasurer.
- c. Scheduling: Jay Dodson
Meet schedule for the upcoming year was presented.

MOTION: Motion to approve the 2024-25 meet calendar as presented by Technical Planning approved by voice vote.

- i. If you have dual, approved or other meets that are not required to be on the calendar, please submit those to the Registrar so they may be posted so the LSC has a more complete record of meets in the LSC.
- d. Operations: John Roy
- i. A task force is being created to look at the possibility of adding 50s of stroke to our championship meets.
- e. Programs: Jay Dodson
- i. Several different programs and camps are offered throughout the LSC. The LSC continues to encourage involvement and participation. If anyone has any ideas or thinks there is something else the LSC can do please contact Jonathan Watson or Jay.
- f. Athlete Committee: Julia Filiault
The athletes are utilizing social media to encourage participation within the Athlete Committee. They thanked NCS for sending athletes to the ABM and the Southern Zone Leadership Summit. They reported positive feedback with their involvement at the Championship meets.
- g. Officials Committee: Rob Stevens
In 2024 there was growth to 585 officials in the LSC. There was growth at all levels of officiating to include Chief Judges, Starters, Referees as well as Stroke and Turn and Admin Officials. There were five Olympic Trials Officials from the LSC. There will be at least nine Officials Qualifying Meets over the next year in the LSC allowing for increased opportunities for our officials.
- h. DEI: Jamie Bloom



The big project for the year was the Joint DEI camp with SC Swimming. This year was the largest camp thus far with 53 athletes which exceeded the expected 40 athletes. The camp is no cost to the participants. Details on the upcoming camp for 2025 are TBD. The Zone is currently looking at who in the local community is not swimming that could or should be and how do we bring them into swimming.

- i. Safe Sport– Mike Trexler
 - i. MAAPP 3.0 will be coming out shortly. There will be a webinar on October 15, 2024 explaining the changes.
 - ii. There will be 32 teams this year up for Safe Sport renewal.
 - iii. Teams are having issues with athletes and parents receiving Athlete protection Training. Suggestion was given to gather athletes and parents by age group, watch the appropriate training together and take attendance to complete the requirement.
 - iv. Starting October 1, 2024; NCS is implementing an incentive program that will pay teams \$1000 each time a team initially becomes safe sport certified or when a team renews their certification.
- j. The Registrar reviewed the registration process as well as common issues with registration for USA Swimming.

3. General Chair Election: With the passing of Jon Jolley, the General Chair is vacant.

MOTION: Joy Roy is elected as General Chair by voice acclamation.

4. Legislation
 - a. R-01 Enforce Safe Sport Recognized Program (SSRP) certification only for teams bidding on NCS Championships. This Removes the SSRP restriction for teams looking to host non-championship meets. The background of the proposal was reviewed regarding the administrative obstacles to addressing SSRP as well as encouraging teams to host meets. This proposal is made in conjunction with the new incentive program offered by the LSC that still encourages teams to become a SSRP. NOTE: Block Party Meets are not required by USAS to be SSRP.
 - i. Request is to monitor the number of SSRP moving forward if the proposal is approved.

MOTION: Motion to approve R-01 Enforce Safe Sport Recognized Program (SSRP) certification only for teams bidding on NCS Championships approved by voice vote.

- b. R-02 To offer a new membership category as a Junior Official (JO) Member. Discussion included discussion of the new USAS Junior Official Program and clarification of training, eligibility, and sessions the JOs can officiate.

MOTION: Motion to approve R-02 to offer a new membership category as a Junior Official Member approved by voice vote.

5. No there is no Old Business to review.
6. Colleen Gillan and Wendy Lawrence expressed great gratitude for the donations given to Western NC clubs in support of Hurricane Helene relief.
7. Jonathan Watson reviewed the “First Timers Club” and how clubs can participate.

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8. Coaches Education Raffle winners were David McDevitt (\$250), and J.P. Merchant (\$250).

9. Attachments:

Check-In sheet – Attachment A

Financial – Attachment B

Legislation – Attachment C

Next HOD meeting will be held the week after the USA Swimming Annual Business Meeting (ABM). The ABM date has yet to be announced. The Spring Technical Meeting is currently scheduled for April 12-13 at MCAC.

House of Delegates was adjourned at 2:55pm.

Respectfully Submitted,
Michael Long
NCS Secretary



Club Code	Club Name	# of Athletes	# of Votes	Representative	Representative2	Representative3	Athlete Representative	Parent
AJCC	Asheville Jewish Community Center	49	3	Wendy Lawrence				
AQUA	Aquaventure Riptides	83	3					
ATOM	Aquatic Team of Mecklenburg	196	3	Stephanie Toth	Shaynah Kleber			
BAC	Brunswick Aquatic Club	67	3	Gavin Spake			Peyton Stegman	
BAD	Badfish Aquatics	27	2					
BAQ	Blues Aquatics	53	3					
CAT	Carolina Aquatic Team	179	3	Cole Dutton	Liz Dutton	James Kelly	Joshua Kim	
CCA	Crystal Coast Aquatics	137	3					
CVAC	Catawba Valley Aquatic Club	72	3					
DUKE	Duke University	23	2					
EAC	Enfinity Aquatic Club	341	3					
ECA	East Carolina Aquatics	360	3	Casey Charles				
ECU	East Carolina University	5	2					
EVO	Evolution Aquatics	109	3					
FAST	FAST Swim Team	9	2					
FIRE	Firebirds	17	2					
FISH	Fort Liberty Fighting Fish	76	3					
GCY	Greensboro Community YMCA	156	3	Scott Bowser	Katie McNerney	Louisa Raisbeck		
GFSC	Granite Falls Swim Club	171	3	Carter Page				
GG	Gaston Gators	132	3					
GOLD	Goldsboro YMCA	53	3					
GSA	Greensboro Swimming Assoc	132	3	Ron Turner	Daniel Potts			
HAC	Hillsborough Aquatci Club	90	3	Matt Graham			Matthew Czar	
HCAC	Harnett County Aquatic Club	36	3					
HELI	Helios	54	3					
HHST	Highland Hills Swim Team	23	3					
HPSC	High Point Swim Club	73	3					
KTAC	King Triton Aquatic Club	13	2					
LOY	J Smith Young YMCA Sting Rays	93	3	Tammie Filiault			Molly McGuire	
LIFE	Lifetime Fitness NC	96	3					
MAC	SwimMac Carolina	933	3	Kim DeCann				
MHAC	Mars Hill College Swim Team	31	3					
MOR	Marlins of Raleigh	714	3	Paul Silver			Hannah Wooten	
MSA	Mecklenburg Swim Assoc	1097	3	Brooke Carr	Sean Quinn		Caroline Meehan	

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MSC	Morganton Swim Club	72	3					
NCAC	North Carolina Aquatic Club	544	3	Steve Brown				
NCS	NC State Swimming	55	3					
NEAL	O'Neal Pelagics	128	3					
NSEA	NSEA Swim	105	3	JP Merchant				
NSS	New South Swimming	28	2					
PAC	N. Piedmont Aquatics	53	3					
PAST	Pinehurst Area Swim Team	17	2					
QCD	Queen City Dolphins	51	3					
QU	Queens University	48	3					
RACY	Rowan YMCA	48	3	Hannah Hawkins			Gracie Lineberger	
RCST	Rutherford County Swim Team	58	3					
RMV	Rocky Mount YMCA	68	3	Yvonne Wilkins				
RSA	Raleigh Swimming Assoc.	458	3	Brent St. Pierre	Megan Ostott		Gabriella Kohm	
SAC	Sharks Aquatic Club	61	3					
SAIL	Sailfish Aquatics	281	3	Jon Matchette				
SFSC	Swim Fanatics Swim Club	35	3					
SMAC	Smoky Mountain Aquatic Club	119	3					
STAR	Star Aquatics	167	3	Rob Stevens	Ed Gomez		Katy Stevens	
TAC	TAC Titans	1252	3					
TEAM	Team Charlotte	289	3	Rob Johnson				
TRY	Twin Rivers YMCA	27	2					
TYDE	Northwest RipTYDE YMCA	303	3					
UNCW	UNC Wilmington	12	2					
UNC	Univ. of North Carolina	20	1					
VACB	Vance Aquatic Club	19	2					
WAVE	New Wave Swim Team	614	3	John Roy				
WBST	Wilson Barracudas	23	2					
WNCY	Western NC YMCA	101	3	Colleen Gillan				
WOLF	Wolfpack Elite	16	3					
WOW	Waves of Wilmington	233	3					
WST	Watauga Swim Team	92	3					
XA	Xcell Aquatics	16	2					
YBAC	Alamance YMCA	73	3	Jenn Ward				
YOTA	YMCA of the Triangle	602	3	David McDevitt				
YSST	Hickory YMCA	105	3					



Board	Trish Martin		1	Trish Martin				
	John Roy		1					
	Jay Dodson		1	Jay Dodson				
	Jonathan Watson		1	Jonathan Watson				
	Tristan Forman		1	Tristan Forman				
	Lynn Tippetts-Fazen		1	Lynn Tippetts-Fazen				
	Mike Long		1	Mike Long				
	Jon Fox		1	Jon Fox				
	Jamie Bloom		1					
	Stephanie Toth		1					
	Lisa Olack		1	Lisa Olack				
	Mike Trexler		1	Mike Trexler				
	Rob Stevens		1					
	Harper Lucas		1					
	Nicolai Forman		1	Nicolai Forman				
	Julia Filiault		1	Julia Filiault				
	Jamie Bloom		1	Jamie Bloom				
	Suzanne Heath		1					
			207	37	7	2	9	55



North Carolina Swimming Balance Sheet

September 30, 2024

Bank of America

	<u>9/30/2024</u>	<u>9/30/2023</u>	<u>9/30/2022</u>	<u>9/30/2021</u>	<u>9/30/2020</u>	<u>9/30/2019</u>
Main	\$ 538,832.58	\$ 486,211.67	\$ 356,877.30	\$ 273,271.00	\$ 323,947.25	\$ 254,558.86
Travel Fund	\$ 427,639.35	\$ 360,784.98	\$ 300,731.90	\$ 223,164.88	\$ 235,300.84	\$ 174,794.00
Petty Cash	\$ 15,661.51	\$ 15,661.51	\$ 5,661.51	\$ 661.51	\$ 661.51	\$ 661.51
CD (Liquid)	\$ 100,475.91	\$ 100,465.85	\$ 100,455.80	\$ 100,445.76	\$ 100,433.24	\$ 100,396.00
CD	\$ 50,225.67	\$ 50,220.64	\$ 50,215.61	\$ 50,210.58	\$ 50,201.81	\$ 50,183.33
TOTAL	\$ 1,132,835.02	\$ 1,013,344.65	\$ 813,942.12	\$ 647,753.73	\$ 710,544.65	\$ 580,593.70

Wells Fargo Endowment

	<u>9/30/2024</u>	<u>9/30/2023</u>	<u>9/30/2022</u>	<u>9/30/2021</u>	<u>9/30/2020</u>	<u>9/30/2019</u>
2389 Account	\$ 515,439.84	\$ 442,609.30	\$ 416,793.16	\$ 451,358.14	\$ 416,158.62	
0860 Account	\$ 1,174,685.63	\$ 1,032,646.91	\$ 1,004,717.11	\$ 1,168,162.18	\$ 1,057,710.96	
TOTAL	\$ 1,690,125.47	\$ 1,475,256.21	\$ 1,421,510.27	\$ 1,619,520.32	\$ 1,473,869.58	\$ 1,477,687.95

NOTE: Cash on hand combined accounts

\$24,318.77 \$ 20,983.33 \$ 34,616.41 \$ 11,551.91 \$ 20,137.03



North Carolina Swimming								
Sept 30, 2024								
Account	Name	2025 Budget	2024 Actual	2024 Budget	2023 Actual	2023 Budget	2022 Actual	2022 Budget
301	Banquet	\$ 4,150.00	\$ 3,836.28	\$ 4,150.00	\$ 4,384.59	\$ 4,150.00	\$ 4,384.59	\$ 4,150.00
305	Camps	\$ 40,000.00	\$ 40,278.45	\$ 40,000.00	\$ 41,877.00	\$ 63,000.00	\$ 35,876.49	\$ 53,500.00
317	Entry Fees/Sanctions	\$ 175,000.00	\$170,201.36	\$ 156,000.00	\$ 147,714.31	\$ 156,000.00	\$ 144,458.09	\$ 131,775.00
325	Endowment	\$ 43,000.00	\$ 38,500.00	\$ 38,500.00	\$ 38,600.00	\$ 38,600.00	\$ 39,000.00	\$ 39,000.00
340	Select Camp	\$ 24,600.00	\$ 24,600.00	\$ 16,000.00	\$ 16,000.00	\$ 20,000.00	\$ 14,300.00	\$ 20,000.00
353	Zone Team							
	Open Water Zone Team	\$ 32,000.00	\$ 30,600.00	\$ 32,000.00	\$ 29,418.00	\$ 32,000.00	\$ 32,000.00	\$ 33,600.00
	Pool Zone Team	\$ 51,000.00	\$ 49,850.00	\$ 46,000.00	\$ 42,500.00	\$ 46,000.00	\$ 45,850.00	\$ 43,200.00
	Carolina Crown	\$ 19,000.00	\$ 19,605.11	\$ 6,500.00	\$ 26,420.00	\$ 6,400.00	\$ 6,200.00	\$ 6,000.00
370	Registration	\$ 170,000.00	\$ 167,259.40	\$ 147,000.00	\$ 146,599.48	\$ 855,000.00	\$ 855,082.02	\$ 647,600.00
375	Sanction Fees						\$ 2,020.00	\$ 1,800.00
395	Miscellaneous	\$ 5,000.00		\$ 5,000.00	\$ 4,070.00	\$ 5,000.00	\$ 6,180.00	\$ 3,000.00
	TOTAL INCOME	\$ 563,750.00	\$ 544,730.60	\$ 491,150.00	\$ 497,583.38	\$ 1,226,150.00	\$ 1,185,351.19	\$ 983,625.00
401	Banquet	\$ 25,000.00	\$ 25,736.20	\$ 21,000.00	\$ 13,165.65	\$ 21,500.00	\$ 8,474.00	\$ 21,500.00
405	Camps	\$50,000.00	\$ 46,776.10	\$ 50,000.00	\$ 41,826.97	\$ 63,000.00	\$ 31,049.02	\$ 52,500.00
410	Web Page	\$ 1,000.00	\$ 481.04	\$ 3,000.00	\$ 303.80			\$ 1,000.00
415	Coaches' Education	\$ 1,500.00	\$ 750.00	\$ 3,000.00		\$ 3,000.00		\$ 3,000.00
425	Contingency	\$ 10,000.00		\$ 10,000.00	\$ 1,671.24	\$ 15,000.00	\$ 5,000.00	\$ 10,000.00
430	Convention/LSC Meetings	\$ 26,000.00	\$ 16,232.14	\$ 26,000.00	\$ 17,171.63	\$ 26,000.00	\$ 14,306.08	\$ 12,000.00
438	Office Expenses	\$ 17,000.00	\$ 19,012.53	\$ 6,500.00	\$ 5,329.39	\$ 4,500.00	\$ 5,118.00	\$ 4,500.00
444	Officials' Expenses	\$ 25,000.00	\$ 22,413.85	\$ 25,000.00	\$ 19,804.00	\$ 20,200.00	\$ 17,610.73	\$ 17,610.00
449	Select Camp	\$ 21,000.00	\$ 26,735.90	\$ 21,000.00	\$ 14,796.82	\$ 25,000.00	\$ 17,968.86	\$ 20,000.00
453	Zones							
	Open Water Zone Team	\$ 50,000.00	\$ 43,952.37	\$ 38,000.00	\$ 27,458.97	\$ 38,000.00	\$ 37,569.89	\$ 38,470.00
	Pool Zone Team	\$ 95,000.00	\$ 88,334.17	\$ 85,000.00	\$ 45,707.16	\$ 67,000.00	\$ 67,885.84	\$ 88,000.00
460	Champs Meet Support	\$ 23,000.00	\$ 25,233.12	\$ 19,000.00	\$ 14,367.68	\$ 19,000.00	\$ 9,643.10	\$ 15,000.00
470	USA Swimming Registration					\$ 760,000.00	\$ 754,231.00	\$ 551,600.00
473	Registration/Administration	\$ 130,000.00	\$ 125,577.91	\$ 125,000.00	\$ 101,674.68	\$ 117,300.00	\$ 107,435.72	\$ 112,800.00
495	Miscellaneous	\$ 16,000.00	\$ 8,035.80	\$ 10,000.00	\$ 5,457.22	\$ 5,000.00	\$ 1,989.39	\$ 5,000.00
	Parent Education	\$ 2,000.00	\$ 137.33	\$ 5,000.00		\$ 5,000.00		
	Foundation Donation							
	Athlete Expenses	\$ 1,500.00	\$ 1,371.12	\$ 1,500.00		\$ 1,500.00		\$ 1,500.00
	Disability	\$ 1,000.00		\$ 4,000.00	\$ 326.96	\$ 2,500.00	\$ 2,125.62	\$ 2,000.00
	Carolina Crown	\$ 17,000.00	\$ 18,605.11		\$ 25,712.59	\$ 5,500.00	\$ 5,438.76	\$ 3,000.00
	Team Incentive/Club Development	\$ 25,000.00	\$ 22,725.00	\$ 35,000.00	\$ 20,640.00	\$ 26,000.00		\$ 10,000.00
	Diversity Workshops			\$ 1,000.00	\$ 800.00			
	Training			\$ 1,000.00				
	Safety			\$ 1,000.00		\$ 1,000.00		\$ 1,000.00
	Safe Sport Program	\$ 25,000.00						
	TOTAL EXPENSES	\$ 562,000.00	\$ 492,109.69	\$ 491,000.00	\$ 356,214.76	\$ 1,226,000.00	\$ 1,085,846.01	\$ 970,480.00
	Travel Fund							
389	Travel (Meet Income)	\$ 185,000.00	\$ 191,963.75	\$ 180,000.00	\$ 179,560.00	\$ 183,000.00	\$ 181,556.00	\$ 183,000.00
489A	Travel (Athlete Funding)	\$ 110,000.00	\$ 109,908.38	\$ 130,000.00	\$ 103,414.00	\$ 112,000.00	\$ 101,020.00	\$ 112,000.00
489B	Travel (Coach Funding)	\$ 16,000.00	\$ 15,200.00	\$ 28,000.00	\$ 17,850.00	\$ 28,000.00	\$ 27,350.00	\$ 28,000.00

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Proposed Legislation

To be Considered by the House of Delegates

Fall 2024

Number	Subject	Effective Date	Req'd
R-01	Enforce SSRP certification only for teams bidding on NCS Championships	Immediate	50%

Number	Subject	Effective Date	Req'd
R-02	To offer a new membership category	Immediate	90%