**NORTH CAROLINA SWIMMING**

**2025 FALL HOUSE OF DELEGATES**

*All NCS Fall HOD Weekend Meetings will be held at the Greensboro Coliseum Center, Greensboro, NC on Saturday and Sunday, Oct 4- Oct 5, 2025. A meet schedule for the 2026 Long Course season will be developed at the Meet Schedule Planning meeting on Sunday morning for approval at HOD.*

**SATURDAY, October 4, 2025**

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| **10:00a-12:00p** | Room 1 | **General Official Meeting** | Live and Virtual |
|  |  |  |  |
| **12:00p-2:00p** | Lunch | **Lunch on your own** |  |
|  |  |  |  |
| **2:00p-3:30p** | Room 1,4 | **Officials Workshop** | Live and Virtual |
| **3:00p-4:00p** | ACC BOD | **NCS Board of Directors Meeting** |  |
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***The NCS All Star Clinic*** *will be held at the Greensboro Aquatic Center beginning at 1:00pm – 3:00 pm on Saturday, October 4, 2025.*

*The clinic is open to NCS All Star swimmers only, and participants must be pre-registered to attend.*

***The NCS Awards Banquet*** *will be held at the Greensboro Coliseum. There will be a meet and greet with the guest Olympian speaker from 5:00pm – 5:45pm with dinner/awards from 5:45 pm – 8:45 pm.*

**SUNDAY, Oct 5 2025**

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| 9:00a-10:00a | Room 4 | **YMCA Coach Meeting**  **Officials Meeting** |  |
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| 10:00a-11:30a | Room 5 | **Athlete Meeting** |  |
|  |  |  |  |
| 10:00a-11:30a | Room 3 | * **Meet Schedule Planning Meeting (Coaches)** * **Senior & Age Group Committees** * **Camps & Clinics** * **Legislation Review Meeting**   **(*Review of proposed legislation* – Open to all)** |  |
|  |  |  |  |
| 11:30a-1:00p | Break | * **Lunch on your own** |  |
|  |  |  |  |
| 1:00p-1:30p | Hallway | **HOD Registration** |  |
|  |  |  |  |
| 1:30p-3:30p | Room 3 | **HOD Meeting** |  |
|  |  |  |  |
| 3:30p-4:30p | Room 4 | **NCS Board of Directors Meeting** | *Following HOD* |
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