



## 2025 North Carolina Swimming AG and SR LC Championships Entry Procedures Summary

Please be sure to review the **meet announcements** on [www.NCSwim.org](http://www.NCSwim.org) for all the details.

|   | 2025 NCS LC SR CHAMPS             | 2025 NCS LC AG CHAMPS  |
|---|-----------------------------------|--|
| Host/Facility   | TAC TITANS at TAC, Cary           | STAR at GAC, Greensboro  |
| Competition Dates   | Thursday, 7/10/25-Sunday, 7/13/25 | Thursday 7/17/25-Sunday, 7/20/25   |
| Qualifying Period   | 1/1/2024-7/7/25                   | 1/1/2024-7/14/25   |
| Individual Entry Limits   | 7 total, 3 per day                | 8 total, 3 per day for 13-14, 4 per day for 12&U   |
| Relay Entry Limits  | Up to 2 per club                  | Up to 4 per club depending on number of qualifiers in each gender/age group Up to 2 per club |
| OME Entry Deadline  | Monday, 7/7/25 6:00 PM            | Monday 7/14/25 6:00 PM   |
| Deadline for Updating Seed Times in OME   | Monday, 7/7/25 6:00 PM            | Monday 7/14/25 6:00 PM   |
| Entry Correction Deadline   | Tuesday, 7/8/25 6:00 PM           | Tuesday, 7/15/25 6:00 PM   |
| Deadline to obtain APT certification for swimmers 18+ before last meet day to be seeded                   | N/A                               | Tuesday, 7/15/25 6:00 PM   |
| Deadline to convert FLEX memberships to be seeded   | Tuesday, 7/8/25 6:00 PM           | Tuesday, 7/15/25 6:00 PM   |
| Deadline for Proof of Override Times to be seeded   | Tuesday, 7/8/25 6:00 PM           | Tuesday, 7/15/25 6:00 PM   |
| Deadline for Late Entries (higher fees) for empty lanes in slowest heat                                   | Wednesday, 7/9/25 12:00 Noon      | Wednesday, 7/16/25 12:00 Noon  |
| Deadline for late Proof of Override Times, APT compliance, FLEX upgrades for empty lanes in slowest heats | Thursday, 7/10/25, 1:30 PM        | Thursday, 7/17/25, 3:30 PM   |

- Coaches can update times in OME through the Monday entry deadline. Entry changes that cannot be made in OME can be emailed to [OME@NCSwim.org](mailto:OME@NCSwim.org) by the appropriate deadline.
- Swimmers with unproven times or who are not APT compliant or who have not upgraded from FLEX membership by the Tuesday deadline will not be seeded.
- Entry questions? Email [OME@NCSwim.org](mailto:OME@NCSwim.org)