



The Tupelo Times

A North Carolina Swimming Publication

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AND THAT'S A WRAP & A WIN!



NCS SWIMMERS ROLLED UP THE RED CARPET WINNING THE SOUTHERN ZONE AGE GROUP CHAMPIONSHIP SWIM MEET FOR THE THIRD YEAR IN A ROW

The NCS ZONE TEAM continued its dominance in the pool on the final two days of competition. On Friday, the NCS squad had 30 finals swims and 44 swims (a record) in finals on Saturday evening. Both days NCS had more finals swims than all of the other participating teams.

On Friday evening, new Futures qualifying swims were attained by Taylor Klein (14F-1:05.86-100m Back); Maria Champion (13F-1:05.86-100m Back); Albert Smelzer (14M-1:00.01-100m Back); Santiago Alzate (14M-4:08.57-400m Free); and Charlotte LePage (15F-4:27.16-400m Free). Not to be outdone, NCS swimmers continued to collect Futures cuts on Saturday evening when the following NCS athletes slid under the Futures cut—Maria Champion (13F-2:23.12-200 IM); Tia Ormondroyd (15F-2:25.97-200 IM); and Michael Rice (14M-24.72-50m Free). Albert Smelzer repeated his AG Champs performance attaining the Summer Junior cut in the 50m Free winning the event in a time of 23.97. Later that evening he would lead off the relay in 23.79 lowering the State Record he had set two weeks earlier.

Our NCS sprint relays continued to swim strong as well. In Friday's finals, the 13-14 Girls [Klein (31.22), Crane (35.83); Talwar (28.43) and Howard (27.14)] and the 13-14 Boys [Smelzer (27.46), Townsend (32.70), James (26.36) and Rice (24.39)] both took first place in their respective 200m Medley Relays. On Saturday, NCS recorded three wins in the 200m Free Relays by the 11-12 Girls team [Brock (28.12), He (27.81), Liu (28.17); and O'Malley (28.02), the 15-18 Girls team of [Goodwin (no split), LePage (no split), Nugent (no split), and A. Mast (no split)]; and the 13-14 Boys team [Smelzer (23.79), Tuescher (24.92), Rice (24.57); and Alzate (25.67)].

The team returned to the hotel victorious and to a taco fiesta and ice cream sundae bar. As NCS now holds the 2022 Champions title, this marks the ninth time NCS has won the Zone Championship since it was first held in Dallas in 1980. Other wins were in 1990, 1999, 2000, 2001, 2016, 2019 and 2021.

TEAM SCORES AFTER EVENT 100

1-NORTH CAROLINA	1206.5
2-GEORGIA	820
3-FLORIDA	640.5
4-SOUTH CAROLINA	551
5-SOUTHEASTERN	412
6-SOUTH TEXAS	356.5
7-KENTUCKY	311
8-LOUISIANA	111
9-FLORIDA GOLD COAST	106
10-BORDER	101
11-WEST TEXAS	95.5
12-NORTH TEXAS	78
13-MISSISSIPPI	59
14-WEST VIRGINIA	8

Congratulations to Santi Alzate for being the overall HIGH POINT 13-14 BOY. Santi received his award at the end of the meet.

THANK YOU'S FROM THE ATHLETES

I have been SO grateful for my teammates I already knew and the teammates I just met. My whole group of 15-18 Girls (and 13-14 girls!) have been so supportive and caring to me. I am so thankful for all their kind words and actions towards me, and I'm so happy I got to meet them on this trip! — MIKO TAKEI

I am super thankful to experience this trip with new friends. This is super meaningful to me because it can be hard to make new friends and because of swimming, these friends can last a lifetime. In just a week, I was able to get to know not only the 7 others in my age group and become friends, but also get to know so many others in different age groups and teams. Not only that but I got to go through the differences and similarities this meet has with all of the many meets I've been to in my 6-7 years of swimming and remember the fun and amazing time I had with all of the teammates and coaches I met during this great experience—MAE WINARDI.

This was my first travel trip that I have ever been on and I did not know what to expect. I wasn't sure if it would be something that I'd enjoy. But it ended up being the most fun meet I've ever been to and everyone was so cheerful and also investing positivity into their teammates, coaches and volunteers.

I am thankful for all the officials. They helped run the meet and made it possible to do.

I am thankful for our bus drivers who made sure we got where we needed to be safely each day to help us have success in the pool.

I am thankful for Coach Amy because she did a great job of setting up this trip and was very organized. It wouldn't have been possible without her.

I am thankful for Coach Kevin who made this trip enjoyable for me and taught me so much about swimming and life in general.

Being able to meet girls that I normally swim against is something I am so thankful for. Coming into this meet, I knew who all the girls were but I never really knew them. During the period of this meet I have been able to get to know these girls even more and it's something I'm really thankful for.

The 15-18 girls are the most special group of girls I have ever met. They make me so beyond happy and in the six days that I have known them, they have become like family and I'm so beyond thankful for them. I am also grateful for the coaches that cheer us on no matter how the race was or how we were feeling.

I am thankful for the supportive team environment. It means a lot to me because it shows that coming from different home clubs, we can still come together and make a family.

This is my last long course season that counts before college swimming. This past year has been really hard for me as I have struggled with anxiety and personal tribulations. Before this trip I told myself, even though I'm in the middle of the recruitment process, that I was going to quit and didn't want to come. My Dad told me that I have a chance to swim again which is more than most people have. Though I was nervous and scared, once again, the NCS Zone Team showed me what it's like to be on a real team. I'm so thankful for the spirit that this team, which really should be called a family, has and has let me keep a smile on my face behind the blocks before and after races. Thanks to the 2022 Zone Team, I have confidence that there is more potential for me in my swimming career!

I am thankful for being able to share a team with the best 13-14 girls out there. We were all able to connect in some way, shape or form.

I am really thankful for the opportunity I had to go on this trip, mostly because of all the people I got to meet. It was so much fun to get to know your age group and be the end we were pretty much a family. Not only did that help me have a better meet, but it also made me a better person because I learned all about other swimmers like me and what they were doing to be the best they could be. I am so proud to have been part of the winning ZONE TEAM this year and I will miss everyone lots! — GEORGIA

From top to bottom, this has been an amazing week! I'd like to thank Coach Jonathan for setting the tone. His lighthearted and fun spirit was pervasive and put the swimmers, coaches and chaperones at ease. Without Amy and Rebekah, quite simply nothing would get done. They were the brains and the engine of the operation. Every last detail was thought out and executed to perfection!! My fellow chaperones did a yeoman's job, supporting and helping to execute the grand plans. They went about their jobs with detail and dedication...quietly working immensely hard behind the scenes! The coaches, so different in their styles and personalities, were all so successful in their abilities to pull out the best from their swimmers in spite of having so little time to get to know them. Their passion, dedication and love of swimming and the swimmers was so incredibly apparent! The highlight among highlights was getting to know the swimmers—beyond their names, and numbers and numerous accolades, really getting to know their personalities and their vulnerabilities. Trying to help them through their challenging days and being a small part of their triumphs. In a word, what was most meaningful was being part of a wildly, wonderful "TEAM"!

I am super thankful for this whole experience in general. It has given me a lot of independence and has given me many new friendships. I really enjoyed my time with my roommate and I feel we experienced a lot of things that normally you're not a part of until you're older. I really love how you feel welcome into the team right away. We all cheer for each other and it always feels like a team atmosphere. This was such a fun week and I would definitely want to do this again.—SKYLAR Z.

I am thankful for Ms. Beverly because she always feeds us such excellent food everyday!!!

I'm thankful for meeting all these new people. I think it really was great for me to not only have fun and swim, but also to meet new people from different teams!

Thank you so much to the 15-18 Girls who quickly became my biggest supporters and best friends. GO SPICY GIRLS!

I am thankful for the amount of time and effort Coach Amy and all the other coaches and chaperones put into making this trip work because it was my first time making a North Carolina Swimming team and they did an amazing job making it awesome and memorable!

The food being safe for me was very meaningful. The caterers were able to make safe and good food every day. This has not happened on swim trips before so this was a very big deal for me.

Ms. Beverly's food and hospitality is incredible!

I'm thankful for the coaches and chaperones on this trip because of how much they did for us!

I am thankful to have seen firsthand this incredible group of athletes from across the state come together and compete as one team. Congrats, TEAM NCS!

I am thankful for my coach who gave me great advice on how to swim my races and for all the food and drinks that were provided that allowed me to have energy for my races.

I am thankful for Eli for waking me up so I didn't miss the bus.

FARNC!

EVENT RESULTS—FRIDAY, JULY 29, 2022

11-12 BOYS MIXED 100 BACK	DRENNAN SHALL	1:30.97-2nd		DAISY COLLINS	4:31.60-4th
11-12 GIRLS 100m BACK	REINA LIU	1:07.95-1st		FRANK HASSELL	2:37.09-6th
	CAROLIN HE	1:09.17-2nd	13-14 BOYS 400m FREE	SANTIAGO ALZATE	4:08.57-1st (FUTURES)
	JUNE DELMAR	1:11.04-7th		TOMMY TUESCHER	4:17.18-6th
11-12 BOYS 100m BACK	ELI SWEET	1:08.62-7th	15-18 BOYS 400m FREE	CHARLOTTE LePAGE	4:27.16-1st (FUTURES)
13-14 GIRLS 100m BACK	TAYLOR KLEIN	1:05.86-1st (FUTURES)		TAYLOR GOODWIN	4:30.05-2nd
	MARIA CHAMPION	1:06.86-3rd (FUTURES)	11-12 GIRLS 200m MEDLEY RELAY	LIU, HE, DELMAR, BROCK	2:05.42-2nd
	TARA TALWAR	1:07.25-4th	11-12 BOYS 200m MEDLEY RELAY	WILLIAMS, VAN OLST, GUY, ZHANG	2:05.26-4th
13-14 BOYS 100m BACK	ALBERT SMELZER	1:00.01-2nd (FUTURES)	13-14 GIRLS 200m MEDLEY RELAY	KLEIN, CRANE, TALWAR, HOWARD	2:02.62-1st
	TOMMY TUESCHER	1:02.95 (P)-8th	13-14 BOYS 200m MEDLEY RELAY	SMELZER, TOWNSEND, JAMES, RICE	1:50.91-1st
15-18 GIRLS 100m BACK	KAMIKO TAKEI	1:07.63-3rd (tie)	15-18 GIRLS 200m MEDLEY RELAY	MARTIN, MAST, TAKEI, NUGENT	2:04.02-2nd
	SYDNEY MARTIN	1:08.53 (P)-8th	15-18 BOYS 200m MEDLEY RELAY	GLASSNER, HOLTHAM, WICKERHAM, COUNTIE	1:51.96-3rd
15-18 BOYS 100m BACK	GEORGE GLASSNER	1:01.95-4th			
	MAXON BRIENZA	1:02.29-5th			
11-12 GIRLS 100m BREAST	CAROLIN HE	1:19.46-2nd			
	FIONA O'MALLEY	1:21.79-7th			
11-12 BOYS 100m BREAST	PARKER VAN OLST	1:15.10-2nd			
	ELI SWEET	1:19.99-8th			
13-14 BOYS 100m BREAST	KALEB JAMES	1:11.14 (P)-7th			
15-18 GIRLS 100m BREAST	ALEXIS MAST	1:16.95 (P)-2nd			
	TIA ORMONDROYD	1:17.41-3rd			
	NINA NUGENT	1:18.14 (P) - 5th			
15-18 BOYS 100m BREAST	ISAAC HOLTHAM	1:09.16 (TIE)-2nd			
	FRANK HASSELL	1:13.74-7th			
13-14 GIRLS 400m FREE	MADISON SCHMITZ	4:31.60-4th			

EVENT RESULTS—SATURDAY, JULY 30, 2022

11-12 BOYS MIXED 200m IM	DRENNAN SHALL	3:19.06-1st	11-12 BOYS MIXED 50m FREE	DRENNAN SHALL	34.72-2nd
11-12 GIRLS 200m IM	YARI BROCK	2:28.02-1st	11-12 GIRLS 50m FREE	CAROLIN HE	27.54-2nd
	CAROLIN HE	2:29.30-3rd		YARI BROCK	27.84-3rd
	JUNE DELMAR	2:31.34-4th	11-12 BOYS 50m FREE	WILLIAM ZHANG	27.63-7th
	KEIRA CHIA	2:36.35 (P)-7th	13-14 GIRLS 50m FREE	MADISON WINARDI	27.60-4th
11-12 BOYS 200m IM	PARKER VAN OLST	2:27.86-3rd		GEORGIA HOWARD	27.67-5th
	ELI SWEET	2:29.63-4th		TAYLOR KLEIN	27.74-6th
	KEVIN LIU	2:30.01-5th	13-14 BOYS 50m FREE	ALBERT SMELZER	23.97-1st/23.79 relay Summer JR/State Record
	GRIFFIN CAGLE	2:30.05 (P)-6th		MICHAEL RICE	24.72=2nd
13-14 GIRLS 200m IM	MARIA CHAMPION	2:23.12-1st (FUTURES)	15-18 GIRLS 50m FREE	CHARLOTTE LePAGE	27.83-5th
	TARA TALWAR	2:28.48-4th	15-18 BOYS 50m FREE	KYLE COUNTIE	25.15 (P)-8th
13-14 BOYS 200m IM	MICHAEL RICE	2:16.81-3rd	11-12 GIRLS 50m FLY	REINA LIU	30.40-4th
	KALEB JAMES	2:16.57 (P)-6th		YARI BROCK	31.28-8th
	ALEX TOWNSEND	2:17.72 (P)-7th	11-12 BOYS 50m FLY	ELI SWEET	29.88-6th
15-18 GIRLS 200m IM	TIA ORMONDROYD	2:25.97-1s (FUTURES)		PARKER VAN OLST	29.99-7th
	ALEXIS MAST	2:29.59-4th	13-14 GIRLS 200m FLY	TAYLOR CRANE	2:23.01-1st
	SYDNEY MARTIN	2:31.37-7th		TAYLOR KLEIN	2:24.49-2nd
	SAMANTHA MILLER	2:33.15 (P)-8th		TARA TALWAR	2:24.89-3rd
15-18 BOYS 200m IM	HIL LINDSAY	2:15.23-3rd		MARIA CHAMPION	2:24.80 (P)-6th
	HARRISON SHORT	2:17.40-7th		MADISON SCHMITZ	2:28.19 (P)-8th
	GEORGE GLASSNER	2:20.07-8th	13-14 BOYS 200m FLY	SANTIAGO ALZATE	2:12.56-1st
				BEN BROCK	2:15.35-2nd
			15-18 GIRLS 200m FLY	TAYLOR GOODWIN	2:27.04 (P)-1st
				CHARLOTTE LePAGE	2:28.43-4th

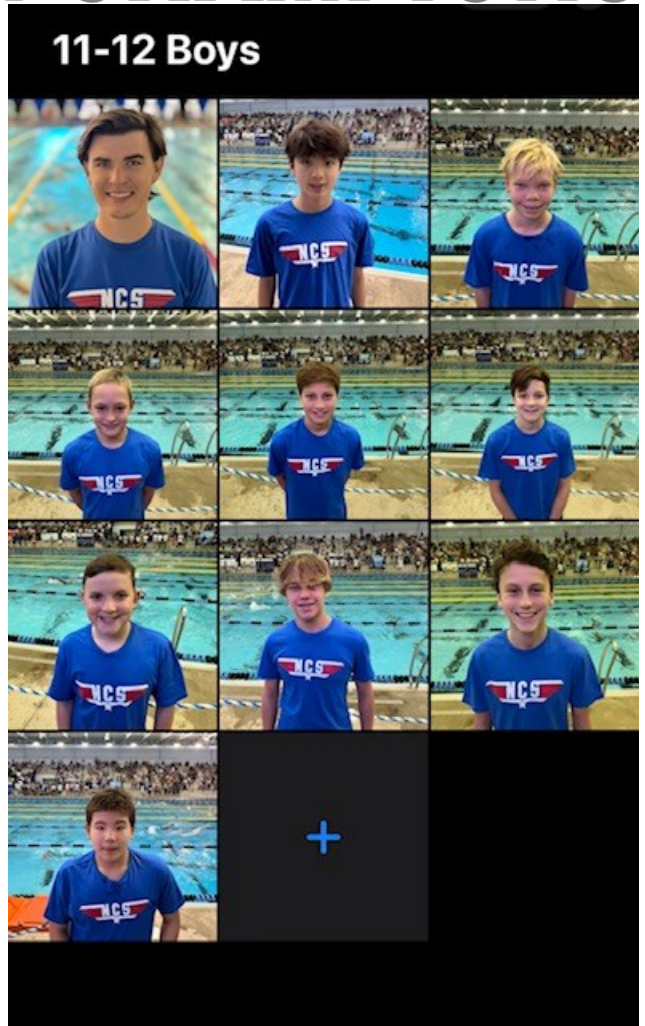
EVENT RESULTS—SATURDAY, JULY 30, 2022

11-12 GIRLS 200m FR RELAY	BROCK, HE, LIU, O'MALLEY	1:52.12-1st	11-12 BOYS 200m FR RELAY	GUY, CAGLE, WILLIAMS, ZHANG	1:51.27-4th
13-14 GIRLS 200m FR RELAY	KLEIN, HOWARD, WINARDI, SCHMITZ	1:50.09-2nd	13-14 BOYS 200m FR RELAY	SMEZLER (23.79), TUESCHER, RICE, ALZATE	1:38.95-1st
15-18 GIRLS 200m FR RELAY	GOODWIN, LePAGE, NUGENT, MAST	1:49.99-1st	15-18 BOYS 200m FR RELAY	COUNTIE, WICKERHAM, HASSELL, LINDSAY	1:42.17-5th





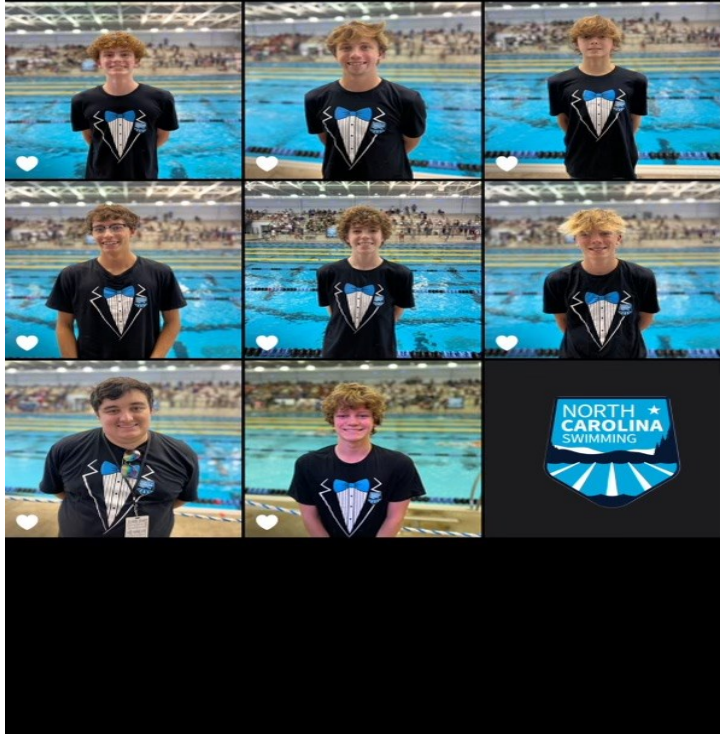
2022 ZONE TEAM CHAMPIONS



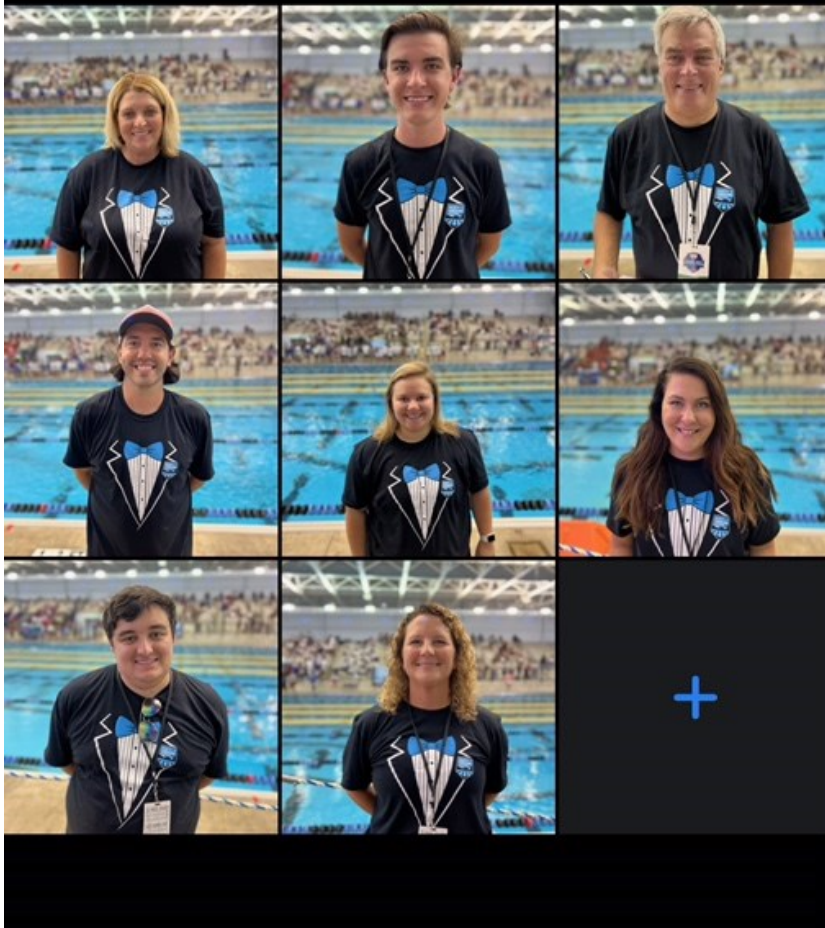
15-18 Girls



15-18 Boys



2022SZ Coaches



*That's
All
Folks!*