

## NCS EXPLODES INTO THE LEAD AT THE SOUTHERN ZONE CHAMPIONSHIP MEET AND HASN'T LOOKED BACK!

The NCS athletes started their ascendancy during the prelim session on Wednesday with 45 qualifying swims into the Wednesday evening finals. The next closest LSC, Georgia, had 18 swims followed by Florida with 17 swims; South Carolina with 14 and Southeastern with 11. The evening finals highlights included the NCS squad finishing first through fifth in the $13-14$ Girls 100 m Butterfly event, thought to be the first of its kind at the Zone Meet. Athletes attaining Futures cuts included Yari Brock (12F) in the 200m Free
(2:06.85); Maria Champion (13F) in the 100m Fly (1:03.27); Tara Talwar (14F) also in the 100 m Fly (1:03.48); and Santiago Alzate (14M) in the 200m Breast (2:26.23). The 11-12 Girls, 13-14 Girls and 15-18 Girls 400 Medley Relays all finished Wednesday as champions as did the 13-14 Boys 400 Medley Relays. taylor Klein lead off the $13-14$ relay with a new Futures cut (1:06.72) in the 100 backstroke leg.
Thursday went just as well for NCS athletes who after a late evening with hard-fought races on Wednesday came back in Thursday prelims and qualified for 34 final swims (seven of which were \#1 seeds). Georgia, Florida, South Texas, and South Carolina finished the Thursday prelims with 18, 15, 13 and 12 finals swims respectively.

Top swims during Thursday evening finals included Futures cuts from Sydney Martin (16F) in the 200m Back (2:23.29); fara Talwar (14F) in the 200 m Back (2:23.31); Tommy Teuscher (14M) in the 200m Back ( $2: 11.15$ ); Georgia Howard (14F) in the 100m Free (:59.35); Albert Smelzer ( 14 M ) in the 100 m Free (:52.89); Maria Champion (13F) in the 400 m IM ( $5: 01.22$ ); Santiago Alzate ( 14 M ) in the 400 m IM ( $4: 36.47$ ).

Taylor Klein (200m Back-2:19.45) won the 13-14 Girls event with a new Winter Junior Nationals qualifying time.
The 11-12 Girls, 13-14 Girls and 13-14 Boys each finished first in the 400 m Free Relays on Thursday. The 11-12 Boys finished in 2nd.

TEAM SCORES AFTER EVENT 54

| 1-NORTH CAROLINA | 680 |
| :--- | :--- |
| 2-GEORGIA | 440 |
| 3-FLORIDA | 358.5 |
| 4-SOUTH CAROLINA | 286 |
| 5-SOUTHEASTERN | 226 |
| 6-SOUTH TEXAS | 198.5 |
| 7-KENTUCKY | 176 |
| 8-LOUISIANA | 70 |
| 9-NORTH TEXAS | 58 |
| 10-BORDER | 51 |
| 11-FLORIDA GOLD CST | 45 |
| 12-WEST TEXAS | 39 |
| 13-MISSISSIPPI | 25 |
| 14-WEST VIRGINIA | 8 |



| LANE | $\mathbf{1}^{\text {st }}$ WARM-UP <br> $\mathbf{7 : 0 0 - 7 : 3 0 A M ~}$ | $\mathbf{2}^{\text {nd }}$ WARM-UP <br> $\mathbf{7 : 3 0 - 8 : 0 0 A M ~}$ | $3^{\text {ra }}$ WARM-UP <br> $\mathbf{8 : 0 0 - 8 : 3 0 A M ~}$ |
| :---: | :---: | :---: | :---: |
| $\mathbf{1}$ |  |  |  |
| $\mathbf{2}$ | GEORGIA | MISSISSIPPI | KENTUCKY |
| $\mathbf{3}$ | SOUTH TEXAS | BORDER | NORTH CAROLINA |
| $\mathbf{4}$ | FLORIDA | NORTH TEXAS | SOUTH CAROLINA |
| $\mathbf{5}$ | GULF | FLORIDA GOLD COAST | WEST TEXAS |
| $\mathbf{6}$ | LOUISIANA | SOUTHEASTERN | WEST VIRGINIA |
| $\mathbf{7}$ |  |  |  |
| $\mathbf{8}$ | DISABILITY | DISABILITY | DISABILITY |

8:30-8:50AM:

9:00AM:

SPECIFIC WARM-UPS
Lanes 1,2,7,8 - PACE LANES
Lanes 3 \& 6 - ONE-WAY STARTS
Lanes 4,5-GENERAL WARM-UPS

| GIRLS \# | FRIDAY ORDER OF EVENTS | BOYS \# |
| :---: | :---: | :---: |
| 55 | 11-12 100M Backstroke | 56 |
| 57 | 13-14 100M Backstroke | 58 |
| 59 | 15-18 100M Backstroke | 60 |
| 61 | 11-12 100M Breaststroke | 62 |
| 63 | 13-14 100M Breaststroke | 64 |
| 65 | 15-18 100M Breaststroke | 66 |
| 67 | 13-14 400M Freestyle | 68 |
| 69 | 15-18 400M Freestyle | $70^{\text {AWARDUS }}$ |
| 71 | 11-12 200M Medley Relay** | 72 |
| 73 | 13-14 200M Medley Relay** | 74 |
| 75 | 15-18 200M Medley Relay** | 76 |
| ${ }^{*}$ All relays are timed finals and will be swum in the finals session. |  |  |

4:00-4:45PM:
4:45-5:15PM:

5:30PM:

GENERAL WARM-UPS FOR FINALS SPECIFIC WARM-UPS FOR FINALS

FINALS BEGIN.
The fastest 8 swimmers in each event will be marched out and names announced. Relay cards are due
Awards presentations after Event 70 in finals.

Lanes 1 \& 8 - PACE
Lanes 2,3,6,7 - ONE-WAY STARTS Lanes 4 \& 5 - GENERAL

EVENT RESULTS—WEDNESDAY, JULY 27, 2022

| $\begin{aligned} & \text { 11-12 BOYS } \\ & \text { MIXED 200FR } \end{aligned}$ | DRENNAN SHALL | 2:44.26-2nd | 15-18 BOYS <br> 200m BRST | ISAAC HOLTHAM | 2:29.86-1st |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 11-12 GIRLS <br> 200m FREE | YARI BROCK | 2:06.85-1st |  | FRANK HASSELL | 2:37.09-6th |
|  | CAROLIN HE | 2:13.26-3rd | $\begin{aligned} & \text { 11-12 GIRLS } \\ & 100 \mathrm{~m} \text { FLY } \end{aligned}$ | REINA LIU | 1:07.15-3rd |
|  | FIONA O'MALLEY | 2:14.88-6th |  | JUNE DELMAR | 1:08.11-5th |
|  | KARINA PLAZA | 2:15.12-7th | $\begin{aligned} & \text { 11-12 BOYS } \\ & 100 \mathrm{~m} \text { FLY } \end{aligned}$ | KEVIN LIU | 1:06.83-5th |
| 11-12 BOYS 200m FREE | GRIFFIN CAGLE | 2:09.05-2nd |  | PARKER VAN OLST | 1:07.64-7th |
|  | WILLIAM ZHANG | 2:11.74-4th |  | TEDDY PETERSON | 1:07.19-8th |
|  | SCOTT WILLIAMS | 2:15.80-6th | $\begin{aligned} & \text { 13-14 GIRLS } \\ & 100 \mathrm{~m} \text { FLY } \end{aligned}$ | MARIA CHAMPION | 1:03.27-1st |
|  | WILLIAM GUY | 2:17.50-8th |  | TARA TALWAR | 1:03.48-2nd |
| 13-14 GIRLS <br> 200m FREE | DAISY COLLINS | 2:09.46-5th |  | TAYLOR KLEIN | 1:04.00-3rd |
|  | MADISON SCHMITZ | 2:09.48-6th |  | GEORGIA HOWARD | 1:04.47-4th |
|  | MARIA CHAMPION | 2:09.62-7th |  | TAYLOR CRANE | 1:05.09-5th |
| 13-14 BOYS <br> 200m FREE | TOMMY TEUSCHER | 1:58.40-1st | $\begin{aligned} & \text { 13-14 BOYS } \\ & 100 \mathrm{~m} \text { FLY } \end{aligned}$ | SANTI ALZATE | 58.97-1st |
|  | MICHAEL RICE | 2:01.19-7th |  | MICHAEL RICE | 59.75-5th |
| 15-18 GIRLS <br> 200 m FREE | CHARLOTTE LePAGE | 2:09.55-2nd |  | TOMMY TEUSCHER | 1:01.76-7th |
|  | TAYLOR GOODWIN | 2:11.24-5th | 15-18 GIRLS 100 m FLY | MIKO TAKEI | 1:05.29-1st |
|  | NINA NUGENT | 2:11.53-6th |  | SYDNEY MARTIN | 1:06.74-5th |
| 11-12 GIRLS <br> 50m BRST | SKYLAR ZULEGER | 36.30-2nd | $\begin{aligned} & \text { 15-18 BOYS } \\ & 100 \mathrm{~m} \text { FLY } \end{aligned}$ | GEORGE GLASSNER | 58.71-5th |
|  | FIONA O'MALLEY | 38.00-8th |  | CONNOR WICKERHAM | 59.60-8th |
| 11-12 BOYS <br> 50m BRST | PRARKER VAN OLST | 34.24-2nd | $\begin{aligned} & \text { 11-12 GIRLS } \\ & 400 \mathrm{~m} \text { MR } \end{aligned}$ | LIU, O'MALLEY, DELMAR, BROCK | 4:37.42-1st |
| 13-14 GIRLS <br> 200 m BRST | DAISY COLLINS | 2:50.53-6th | $\begin{aligned} & \text { 11-12 BOYS } \\ & 400 \mathrm{~m} \text { MR } \end{aligned}$ | CAGLE, VAN OLST, LIU, ZHANG | 4:32.78-2nd |
| 13-14 BOYS <br> 200m BRST | SANTI ALZATE | 2:26.23-2nd | $\begin{aligned} & \text { 13-14 GIRLS } \\ & 400 \mathrm{~m} \text { MR } \end{aligned}$ | KLEIN, CRANE, <br> TALWAR, CHAMPION | 4:28.59-1st |
| 15-18 GIRLS 200m BRST | TIA ORMONDROYD | 2:45.37-1st | $\begin{aligned} & \text { 13-14 BOYS } \\ & 400 \mathrm{~m} \text { MR } \end{aligned}$ | SMELZER, TOWNSEND, ALZATE, TEUSCHER | 4:05.58-1st |
|  | NINA NUGENT | 2:48.17-4th | $\begin{aligned} & \text { 15-18 GIRLS } \\ & \text { 400m MR } \end{aligned}$ | MARTIN, MAST, TAKEI, NUGENT | 4:30.04-1st |
|  | ALEXIS MAST | 2:48.77-5th | $\begin{aligned} & \text { 15-18 BOYS } \\ & 400 \mathrm{~m} \text { MR } \end{aligned}$ | GLASSNER, HOLTHAM COUNTIE, LINDSAY | 4:04.02-2nd |

## EVENT RESULTS—THURSDAY, JULY 28, 2022

| 15-18 GIRLS 200m BACK | SYDNEY MARTIN | 2:23.29-1st | 11-12 GIRLS 100 m FREE | YARI BROCK | 59.43-2nd |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | SAM MILLER | 2:26.66-3rd |  | REINA LIU | 1:01.23-3rd |
|  | TIA ORMONDROYD | 2:27.51-5th |  | FIONA O'MALLEY | 1:02.40-6th |
| $\begin{aligned} & 15-18 \text { BOYS } \\ & 200 \mathrm{~m} \text { BACK } \end{aligned}$ | GEORGE GLASSNER | 2:12.09-3rd | 11-12 BOYS 100m FREE | GRIFFIN CAGLE | 59.73-2nd |
|  | MAXON BRIENZA | 2:14.58-5th |  | WILLIAM ZHANG | 59.95-3rd |
|  | HARRISON SHORT | 2:16.03-7th | $\begin{aligned} & 15-18 \text { GIRLS } \\ & 400 \mathrm{~m} \mathrm{IM} \end{aligned}$ | CHARLOTTE LePAGE | 5:07.79-1st |
| $\begin{aligned} & 13-14 \text { GIRLS } \\ & 200 \mathrm{~m} \text { BACK } \end{aligned}$ | TAYLOR KLEIN | 2:19.45-1st | $\begin{aligned} & \text { 15-18 BOYS } \\ & 400 \mathrm{~m} \mathrm{IM} \end{aligned}$ | ISAAC HOLTHAM | 4:48.19-3rd |
|  | TARA TALWAR | 2:23.31-4th |  | HARRISON SHORT | 4:54.56-8th |
| 13-14 BOYS <br> 200m BACK | TOMMY TEUSCHER | 2:11.15-3rd | $\begin{aligned} & 13-14 \text { GIRLS } \\ & 400 \mathrm{~m} \mathrm{IM} \end{aligned}$ | MARIA CHAMPION | 5:01.22-1st |
|  | JACKSON MARCH | 2:15.87-7th |  | DAISY COLLINS | 5:07.79-3rd |
| 11-12 BOYS MIXED 50m BK | DRENNAN SHALL | 42.86-2nd |  | MADISON SCHMITZ | 5:12.34-4th |
| 11-12 GIRLS 50m BACK | REINA LIU | 31.27-1st | 13-14 BOYS <br> 400 m IM | SANTIAGO ALZATE | 4:36.47-1st |
|  | CAROLIN HE | 32.21-3rd | 11-12 GIRLS 400m FR RELAY | LIU, O'MALLEY, HE, BROCK | 4:03.31-1st |
|  | JUNE DELMAR | 33.48-8th | 11-12 BOYS 400 m FR RELAY | CAGLE, VAN OLST, SWEET, ZHANG | 4:04.01-2nd |
| 11-12 BOYS <br> 50m BACK | JOHN WILLIAMS | 32.29-8th | 13-14 GIRLS 400m FR RELAY | KLEIN, HOWARD, WINARDI, CHAMPION | 4:00.26-1st |
| 11-12 BOYS MIXED 100m FR | DRENNAN SHALL | 1:16.34-2nd | 13-14 BOYS 400m FR RELAY | TEUSCHER, SMELZER, RICE, ALZATE | 3:38.48-1st |
| 15-18 GIRLS 100m FREE | NINA NUGENT | 1:00.01-2nd | 15-18 GIRLS 400m FR RELAY | TAKEI, NUGENT, MAST, MILLER | 4:19.51-6th |
| 13-14 GIRLS <br> 100m FREE | GEORGIA HOWARD | 59.35-2nd | $\begin{aligned} & \text { 15-18 BOYS } \\ & \text { 400m FR RELAY } \end{aligned}$ | LINDSAY, WICKERHAM, GLASSNER, COUNTIE | 3:44.27-6th |
|  | MADISON WINARDI | 1:00.72-6th |  |  |  |
| 13-14 BOYS <br> 100m FREE | ALBERT SMELZER | 52.89-1st |  |  |  |
|  | MICHAEL RICE | 54.33-2nd |  |  |  |



## 2022 NC SMIMMING ZONE TEAM



