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| Name of Meet:  | <div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <h2 style="margin: 0;">2022 Carolina Crown<br/>Swim Challenge</h2> <p style="margin: 0;">A South Carolina &amp; North Carolina Shared Event</p> </div>  </div>   |
| Date of Meet:  | <b>Saturday, April 23, 2022</b>   |
| Meet Sanction:   | Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2290LCM  |
| Host Club:   | <b>Hosted by South Carolina Swimming</b>  |
| <b>Meet Director:</b><br><b>Meet Director:</b><br><b>Meet Referee:</b><br><b>Admin Referee:</b><br><b>Meet Entries to:</b><br><b>Safety Marshal:</b> | North Carolina: Jonathan Watson - <a href="mailto:oisilversurfer@bellsouth.net">oisilversurfer@bellsouth.net</a> - (919) 395-9585<br>South Carolina: Chip Holland - <a href="mailto:sdd@sc-swimming.org">sdd@sc-swimming.org</a> - (706) 338-6523<br>Aimee McMillan - <a href="mailto:aimeemcmillan@gmail.com">aimeemcmillan@gmail.com</a> - (704) 502-5996<br>Colleen Gillan - <a href="mailto:csgillan9@gmail.com">csgillan9@gmail.com</a> - (828) 925-2889<br>Trish Martin - <a href="mailto:pksmartin13@gmail.com">pksmartin13@gmail.com</a> - (336) 327-4697<br>Robbie Wheaton - <a href="mailto:robbie@wheatonarms.com">robbie@wheatonarms.com</a> - (864) 640-7596   |
| <b>Assumption of Risk Disclaimer</b>   | <ul style="list-style-type: none"> <li>• South Carolina Swimming and Greenville County Aquatic Complex have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting <i>the</i> Greenville County Aquatic Complex. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>• USA Swimming, Inc., South Carolina Swimming, Inc., North Carolina Swimming and Greenville County Aquatic Complex cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>• BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> </ul> |
| <b>South Carolina Swimming COVID-19 Protocols and Requirements</b>   | <ul style="list-style-type: none"> <li>• All COVID-19 protocols required by facilities and local governments will be followed. Masks are still encouraged as a preventive measure as given by CDC guidelines.</li> <li>• The capacity of the facility is 1800.</li> <li>• Parents/Guardians will be able to observe and have access to their minor children in the following manner: Livestream, Meet Mobile &amp; personal cell phones.</li> <li>• Failure to comply with the COVID-19 protocols of a particular facility could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course).</li> </ul>  |

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| <p><b>Facility:</b></p>            | <p>Greenville County Aquatic Complex<br/>2700 West Blue Ridge Drive (SC Highway 253)<br/>Greenville, SC 29611<br/>864-295-0032</p> <p>Greenville County Aquatic Complex is a semi-open-air facility with eight (8) 50-meter lanes and adjacent five (5) lane, 25-yard warm-up/warm-down pool. Both pools are bottom striped, wall targeted and equipped with non-turbulent lane lines. Bleacher seating is available for up to 850 spectators along with ample deck space and bleacher seating for swimmers. The water depth of the competition pool (or course) is seven (7) feet three (3) inches measured from one (1) meter to five (5) meters at the starting end of the course and six (6) feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has been certified in accordance with 104.2.2C (5). The copy of such certification is on file with USA Swimming</p> <p><b>Facility Rules:</b><br/> <b>*NO smoking is allowed inside the facility</b><br/> <b>*NO coolers allowed inside the facility</b><br/> <b>*NO glass containers allowed inside the facility</b><br/> <b>*NO food or beverages allowed on deck, in the locker rooms or in spectator areas</b><br/> <b>*NO folding chairs or seatbacks allowed in the facility. Bleacher seating will be available.</b><br/> <b>*Spectators limited to designated areas</b><br/> <b>*Reserving seats between sessions is prohibited</b><br/> <b>*Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</b></p>   |
| <p><b>Rules:</b></p>               | <p>Meet to be conducted in accordance with the current USA Swimming and South Carolina Swimming Rules and Regulations and information herein.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Recording devices are also not permitted in the area behind the starting blocks.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>Deck changing is prohibited by USA Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.</p> <p>The South Carolina Swimming Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in workout rooms, storage rooms, meeting rooms or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend that each squad assign a coach to monitor warm-up sessions in addition to the Meet Marshal provided by South Carolina Swimming. Facility rules must be followed by all participants and spectators attending this event.</p> <p>MAAPP 2.0: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> |
| <p><b>Athlete Eligibility:</b></p> | <p>Athletes will be selected with a goal of selecting up to 60 athletes on each of four squads (240 total). The goal is for each squad to have up to 30 males and 30 females with the goal of having half of the attendees representing each LSC. The squads will be selected from athletes who have ranked in the Top 20 in each LSC by age group and gender (short course) in each of the contested events during the qualifying period (September 1, 2021-March 20, 2022).</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>  |

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| <b>Image Release:</b>       | By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.  |
| <b>Entry Fees:</b>          | There is a charge per athlete of \$90 to attend this swim meet payable via PayPal. Athletes should register on the North Carolina website ( <a href="http://www.ncswim.org">www.ncswim.org</a> ) no later than March 31, 2022.<br><br>VERY IMPORTANT NOTE: Please be sure to include the name of the athlete in the space provided on the PayPal page.   |
| <b>Meet Format:</b>         | The Carolina Crown Swim Challenge will be a long course quad meet with all events being conducted as timed final events for 15–18 year-old athletes. The athletes in attendance will be selected from the top 15-18 athletes who have represented a North Carolina Swimming or a South Carolina Swimming member club during the 2021-22 short course season. Each athlete selected will be assigned to represent one of four squads during the competition. Each squad will have a staff of three USA Swimming registered coaches. The Head Coach of each squad will select athletes from their squad to participate in up to three (3) individual events and two relays during the competition. The Head Coach will also be responsible for completing the entries for their squad.   |
| <b>Time of Meet:</b>        | The single day competition will be run with the following schedule:<br><br>ATHLETE CHECK-IN: 10:00 a.m.<br>ATHLETE HOSPITALITY: 10:45 a.m.-3:00 p.m.<br>OFFICIALS MEETING: 11:00 a.m.<br>COACH MEETING: 11:45 a.m.<br>WARM-UPS: 10:45 a.m.-11:45 a.m.<br>MEET BEGINS: 12:00 p.m.   |
| <b>Entries:</b>             | All athletes should complete the online application form posted at <a href="http://www.ncswim.org">www.ncswim.org</a> and <a href="http://www.sc-swimming.org">www.sc-swimming.org</a> and pay \$90 via PayPal. The application must be completed and meet fees must be received by March 31, 2022. As this is a first come, first serve event, registration will close when the maximum number of swimmers are registered. All swimmers selected will be notified via email and via postings on the LSC websites by April 5, 2022. Payments for swimmers not selected will be refunded. Due to the quick turnaround of manufacturing apparel, there can be no refunds for athletes named to a team roster who fail to show on the day of the event.<br><br>Athlete Selection will be posted on South Carolina Swimming & North Carolina Swimming websites no later than Tuesday, April 5, 2022<br><br>Squad Head Coaches will receive team lists on Saturday, April 9, 2022<br><br>Coaches will submit squad entries no later than Thursday, April 14, 2022<br><br>South Carolina Swimming does not accept deck registrations. All swimmers entered must be registered with USA Swimming at time of entry deadline. |
| <b>Awards:</b>              | Athletes and coaches of the winning squad will receive a Carolina Crown Swim Challenge commemorative towel. All athletes and coaches will receive special outfitting, color-coordinated with other members of their squad. The top-8 scoring individual event winners and the top-3 scoring relay teams will receive medals.   |
| <b>Scoring:</b>             | Individual Events: 9-7-6-5-4-3-2-1.<br>Relays: 18-14-12-10-8-6-4-2.  |
| <b>Timing:</b>              | Colorado timing system and data processing services provided by Team Greenville Swim Club.   |
| <b>Coaches Eligibility:</b> | All coaches on deck must be currently registered and certified with USA Swimming. Meet Management will require all coaches to be prepared to show their Deck Pass virtual membership card upon request.<br>There will be a general meeting for all coaches at 10:45 am on Saturday, April 23, 2022. North Carolina coaches wishing to participate in this event are asked to contact Jonathan Watson ( <a href="mailto:O1silversurfer@bellsouth.net">O1silversurfer@bellsouth.net</a> ) prior to March 1, 2022. South Carolina coaches wishing to participate in this event are asked to contact Chip Holland ( <a href="mailto:sdd@sc-swimming.org">sdd@sc-swimming.org</a> ) prior to March 1, 2022.   |

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| <b>Officials:</b>                  | We are in need of officials for this event. If you are interested in volunteering as an official, please register at the link below or contact Aimee McMillan ( <a href="mailto:aimeemcmillan@gmail.com">aimeemcmillan@gmail.com</a> ).<br><a href="https://docs.google.com/forms/d/e/1FAIpQLScZJORmFaPSWpMGqihC1dEgxFp4jnSMZco67ZpZmKool3vMCg/viewform">https://docs.google.com/forms/d/e/1FAIpQLScZJORmFaPSWpMGqihC1dEgxFp4jnSMZco67ZpZmKool3vMCg/viewform</a> .   |
| <b>Volunteers:</b>                 | The Carolina Crown Swim Challenge will need numerous volunteers to provide a quality competition for our swimmers. We will need timers, marshals, and various support to run a quality meet. If you are available to volunteer, please register at:<br><a href="https://www.signupgenius.com/go/10CoC4FACAB2CA1FAC43-2022">https://www.signupgenius.com/go/10CoC4FACAB2CA1FAC43-2022</a> .   |
| <b>Swimmers with Disabilities:</b> | South Carolina Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit SCS' ability to accommodate all requests.  |
| <b>Releases:</b>                   | <p>By applying, all swimmers acknowledge that they are registered with USA Swimming. All coaches and swimmers acknowledge that they are familiar with the Safe Sport rules of USA Swimming, Inc. and South Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that coaches shall be responsible for their swimmers' compliance with those rules during this meet. North Carolina Swimming, Inc., South Carolina Swimming, Inc. and USA Swimming, Inc., Greenville County Aquatic Complex, their agents, employees, volunteers, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. By entering this meet, athletes and coaches are granting permission for their names and photographs to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running or promotion of this event.</p> <p>All participants agree to be filmed and photographed by the host approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host's website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's Head Coach and the Meet Director prior to the meet.</p> <p>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>It is further understood that South Carolina Swimming, North Carolina Swimming, and the Greenville County Aquatic Complex shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>Digital heat sheets will be provided at no cost to swimmers/families. The heat sheet will be posted on the South Carolina Swimming website, <a href="http://www.sc-swimming.org">www.sc-swimming.org</a>, the North Carolina Swimming website, <a href="http://www.ncswim.org">www.ncswim.org</a>, and will be emailed to the coaching staff of each team. Heat sheets will be available at no charge on Meet Mobile. Hard copies will be provided to the coaches on deck.</p> |
| <b>Other Information:</b>          |  |

**2022 Carolina Crown Swim Challenge**

**April 23, 2022**

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2290LCM

**Order of Events**

**Warm-Up: 10:45 a.m.**

**Timed Finals: 12:00 p.m.**

| <b>Women's Event Number</b> | <b>Events</b>                      | <b>Men's Event Number</b> |
|-----------------------------|------------------------------------|---------------------------|
| <b>1</b>                    | <b>200 Meter Medley Relay</b>      | <b>2</b>                  |
| <b>3</b>                    | <b>200 Meter Freestyle</b>         | <b>4</b>                  |
| <b>5</b>                    | <b>100 Meter Breaststroke</b>      | <b>6</b>                  |
| <b>7</b>                    | <b>200 Meter Butterfly</b>         | <b>8</b>                  |
| <b>9</b>                    | <b>100 Meter Backstroke</b>        | <b>10</b>                 |
| <b>11</b>                   | <b>200 Meter Individual Medley</b> | <b>12</b>                 |
| <b>13</b>                   | <b>400 Meter Freestyle</b>         | <b>14</b>                 |
|                             | <b>Five Minute Break</b>           |                           |
| <b>15</b>                   | <b>50 Meter Freestyle</b>          | <b>16</b>                 |
| <b>17</b>                   | <b>200 Meter Breaststroke</b>      | <b>18</b>                 |
| <b>19</b>                   | <b>100 Meter Butterfly</b>         | <b>20</b>                 |
| <b>21</b>                   | <b>200 Meter Backstroke</b>        | <b>22</b>                 |
| <b>23</b>                   | <b>100 Meter Freestyle</b>         | <b>24</b>                 |
|                             | <b>Five Minute Break</b>           |                           |
| <b>25</b>                   | <b>200 Meter Freestyle Relay</b>   | <b>26</b>                 |

End of Meet

Meet management reserves the right to eliminate or limit the heats of the 400m Freestyle to stay within the required timeline.  
Meet management reserves the right to eliminate breaks depending on the timeline.