

## The Tupelo Times

## A North Carolina Swimming Publication ISSUE 0. JULY 16, 2021



#### APPLICATIONS & CHECKS FOR THE 2021 NCS ZONE TEAM MUST BE SUBMITTED BY SATURDAY, JULY 17TH

Applications may be submitted on the NCS website until 10am on Saturday, July 17. The NCS Zone Team will consist of eight girls and eight boys in the 11-12, 13-14 and 15-18 age groups. Best times from long course 2021 will be used to convert into Zone Points. Swimmers will be ranked by their Zone Points in their top-6 events. The coaching staff will then select the top-six swimmers by Zone points in each age group and two selections determined as most able to contribute to the team effort. The final Zone Team will be announced on Sunday, July 18. Swimmers will be contacted by the coaching staff as soon as possible which could be Monday during the morning.

# DEPARTURE FOR TUPELO WILL BE FROM RALEIGH AND CHARLOTTE ON MONDAY, JULY 26

Swimmers will be assigned to a departure location from either Raleigh or Charlotte. Bus transportation on July 26 from Raleigh will depart early TBA and a second bus will depart from Charlotte once the Raleigh bus arrives so that both buses will be travelling together.

#### COACHING STAFF OF EIGHT WILL ACCOMPANY ZONE TEAM WITH ASSISTANCE FROM TEAM CHAPERONES

The 2021 Zone Team Coaching Staff includes:

TEAM MANAGER
HEAD COACH
11-12 GIRLS COACH
11-12 BOYS COACH
13-14 GIRLS COACH
13-14 BOYS COACH
15-18 GIRLS COACH
15-18 BOYS COACH

Amy Faulk
Jonathan Watson
Marianne Cushing
Nathan Murray
Lorin Collins
Kevin Donnelly
Kristina Bond
Shawn Columbia

The Lead Chaperone for the trip will be Rebekah Allen and additional chaperones will be names once the athletes attending have been selected.

#### ATHLETE APPAREL AND TEAM OUTFITTING HAS BEEN PLANNED FOR WEEKS

Zone outfitting efforts began back in the Spring as the meet theme "Rock The Waves" was announced. Silicone caps, t-shirts, and other swag items have been ordered and will be available shortly. TEAM NCS will be looking like a team when they arrive on deck for the first Zone Meet in nearly two years!

### PSYCH SHEETS AVAILABLE SOON FOR ATHLETES

Top times from the Zone Meet are available for athletes to see the top-8 times from the Southern Zone Championship Meet from 2015 to 2019 to help get everyone prepared. Nightly relays will add to the excitement of the 5-day competition.

### SOCIAL MEDIA POSTS AND A DAILY NEWSLETTER WILL KEEP EVERYONE UPDATED

Posts on Facebook, Instagram and our daily Tupelo Times will keep everyone updated on the action in Tupelo. The TUPELO TIMES will be posted on the NCS website each morning with a complete wrap up of the previous day. Coaches will post hourly updates on our swimmer's accomplishments in nearly real time so be sure to watch for those as well.

#### 15-18's STILL NEEDED

We're still in search of additional 15-18 year olds to complete our team effort. If you're swimming at the Senior Championships in over a week, you are encouraged to apply by Saturday. We currently still are in need of girls and boys in those age groups.

#### **QUESTIONS?**

Please contact Amy Faulk or Jonathan Watson if you have any questions about the team.