

Name of Meet:	2021 Carolina Crown Swim Challenge A North Carolina and South Carolina Shared Event
Date of Meet:	Saturday, April 24, 2021
Meet Sanction:	Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2187LCM
Host Club:	Hosted By South Carolina Swimming
Meet Director: Meet Referee: Meet Entries to: Safety Marshal:	NC - Jonathan Watson 01silversurfer@bellsouth.net (919) 395-9585 SC – Scott McMillan smcmillan@wyattseal.com (704) 614-3846 Gene Ashcraft deerhunter54@gmail.com (704)309-5593 Trish Martin pksmartin13@gmail.com (336) 327-4697 Katie Wright katiwright@ymcaup.org
Assumption of Risk Disclaimer	<ul style="list-style-type: none"> • South Carolina Swimming and Upper Palmetto YMCA Rays has taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting CSD Community YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., South Carolina Swimming, Inc., North Carolina Swimming, and Upper Palmetto RAYS YMCA cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>

**Upper Palmetto
YMCA Rays
COVID-19 Meet
Plan**

- All non-competing persons i.e., officials, coaches, timers, and meet administrators must wear face coverings and comply with mandated social distancing and mass gathering rules. Athletes are to wear masks at all times except during competition, warm up, and/or cool down.
- The listed Safety Marshall is responsible for coordinating Return to Competition Plan and SafeSport Protocols.
- There will be no spectators. Swimmers may contact their parents with cell phones. Swimmers without cell phones may use the front desk telephone to contact parents.
- Swimmers will enter through the main gate of the pool. Hand sanitizer will be available. Swimmers will leave through the gate by the front entrance of the YMCA.
- Swimmers must arrive in their suits. Locker rooms will be designated for restroom use only. No changing or showering will be allowed. Locker room and restroom use must comply with all Safe sport guidelines.
- Parents/Guardians will be able to observe and have access to their children in the following manner: live streaming of the event and parents, maintaining social distancing protocols, will be able to sit on the grassy area along the outside of fence at CSD YMCA to have access to their swimmers and view races.
- Meet Personnel for each session are as follows: 1 Head Timer, 16 Timers, 10 officials, 4 Safety Marshalls, 1 Meet Referee, 2 Deck Referees, 2 Starters, 1 Administrative Referee, 1-2 Computer/Console operators, 2 Meet Directors, 12 Coaches.
- Facility Personnel for each session are as follows: 4 Lifeguards, 1-2 parents for live streaming, 1-2 hospitality volunteers, 1-2 award volunteers, 1 announcer.
- There will be a total of 55 Meet Personnel on deck for the meet. According to state and local guidelines, the facility can have a maximum of 1000 on deck. This will allow for a maximum of 250 athletes in each session.
- Swimmers will be seated on the deck by team in designated areas. Social distancing protocols are strongly encouraged for all swimmers seated on the deck. The use of personal chairs may be permitted in limited numbers and/or circumstances.
- Pre-meet warmups will adhere to social distancing guidelines. Warm-up times will be posted once entries are received and the total number of swimmers is known. At the end of each heat, each swimmer will return to their seat upon completing their warm down. The warmup/warm down pool will be limited to 4 swimmers per lane.
- There will be no more than two heats of swimmers in the starting area: one heat immediately behind the blocks ready to swim and one heat behind the timer chairs.
- There will be a designated traffic pattern for swimmers to adhere to and it may be indicated on the deck for swimmers to follow. Swimmers will approach the blocks from lane 8 and leave by lane one.
- Hospitality for coaches and officials will be prepacked snacks and drinks. The hospitality room may be open. A table for sacks and a cooler of drinks may be available poolside.
- Facility staff and team personnel will be on hand to ensure all safety precautions and facility guidelines are followed.
- If possible, Coaches and Officials meetings will be held virtually prior to the start of the meet.
- There may be outside vendors at the meet. If there are vendors, food trucks, etc. they will remain outside the facility.
- Failure to comply with the submitted COVID-19 Meet Plan could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course).

Facility:

CSD Community YMCA
5945 Charlotte Hwy, Clover, SC 29710

CSD Community YMCA is an outdoor facility with an eight (8) lane 50-meter pool and adjacent six (6) lane and four (4) lane warm-up pool. The warm-up pools will be available for the duration of the meet. The Paddock built competition pool has eight (8) foot wide lanes. The pool also features an Automatic Surge Reduction guttering system with non-turbulent lane lines and starting blocks with wedges located at both ends of the 50-meter course. The facility also features an eight lane Colorado Timing Digital Scoreboard. The facility features six (6) locker rooms (Boys & Men, Girls & Women) along with separate restroom facilities for spectators inside the YMCA. All areas of the facility are handicap accessible. Overflow parking is available at the adjacent elementary school. The facility does not have bleachers, so parents and swimmers are encouraged to bring deck chairs and tents to shade the sun.

The competition courses have not been certified in accordance with 104.2.2C(4).

The water depth of the six (6) lane warm down course is seven (7) feet, zero (0) inches, measured from one (1) meter to five (5) meters, on the starting end of the course, and three (3) feet, six (6) inches, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the four (4) lane warm down course is five (5) feet measured from one (1) meter to five (5) meters at the start end of the course and three feet (3) six (6) inches measured from one (1) meter to five (5) meters at the turn end of the course.

Inclement Weather: In case of inclement weather, the meet will be moved to the Fort Mill Aquatic Center (971 Tom Hall St, Fort Mill, SC 29715). The pool is an 8 lane 50m indoor pool with Colorado Timing & scoreboard, wedge starting blocks, and competition lane-lines. A 6 lane, 25-yard warm-up/warm-down pool is located adjacent to the competition pool.

The decision to move to the Ft. Mill location will be made at least 72 hours prior to the start of the meet. The decision will be made based on weather forecasts and predicted meet time temperatures.

<p>Rules:</p>	<p>Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in disqualification from the remainder of the meet.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>The SCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in workout rooms, storage rooms, meeting rooms or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend that each squad assign a coach to monitor warm-up sessions in addition to the Meet Marshal provided by SCS. The pool rules must be followed by all participants and spectators attending this event.</p> <p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p>
<p>Athlete Eligibility:</p>	<p>Athletes will be selected with a goal of selecting up to 60 athletes on each of four squads (240 total athletes). The goal is for each squad to have up to 30 males and 30 females with the ultimate goal of having half of the attendees representing each LSC. The squads will be selected from athletes who have ranked in the top-75 athletes (short course) in each of the contested events during the qualifying period.</p> <p>Two lists will be distributed of selected athletes. The first list will be athletes who have an automatic spot guaranteed on one of the four squads. A second list of alternates will be for athletes (ranked up to 75th in an event) <u>who will likely qualify to swim and who should apply by the deadline.</u></p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<p>Entry Fees:</p>	<p>There is a charge per athlete of \$85 to attend this swim meet payable via PayPal. Athletes should register on the North Carolina website (www.ncswim.org) <u>no later than March 31, 2021.</u></p> <p><u>VERY IMPORTANT NOTE: Please be sure to include the name of the athlete in the comment section on PayPal!!</u></p>

Meet Format:	The Carolina Crown Swim Challenge will be a long course quad meet with all events being conducted as timed final events for 15–19-year-old athletes. The athletes in attendance will be selected from the top 15-18 athletes who have represented a North Carolina Swimming or a South Carolina Swimming member club during the 2020-21 short course season. Each athlete selected will be assigned to represent one of four squads during the competition. Each squad will have a staff of three USA Swimming registered coaches. The Head Coach of each squad will select athletes from their squad to participate in up to three (3) individual events and two relays during the competition. The Head Coach will also be responsible for completing the entries for their squad.												
Time of Meet:	<p>The single day meet will be run on the following schedule:</p> <table data-bbox="552 493 1258 682"> <tr> <td>ATHLETE CHECK-IN</td> <td>10:00am</td> </tr> <tr> <td>ATHLETE HOSPITALITY</td> <td>10:45am-3:00pm</td> </tr> <tr> <td>OFFICIALS MEETING</td> <td>11:00am</td> </tr> <tr> <td>COACH MEETING</td> <td>11:45am</td> </tr> <tr> <td>WARM-UPS</td> <td>10:45-11:45am</td> </tr> <tr> <td>MEET BEGINS</td> <td>Noon</td> </tr> </table>	ATHLETE CHECK-IN	10:00am	ATHLETE HOSPITALITY	10:45am-3:00pm	OFFICIALS MEETING	11:00am	COACH MEETING	11:45am	WARM-UPS	10:45-11:45am	MEET BEGINS	Noon
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Entries:	<p>All athletes (regardless of whether they are automatic or alternate) should complete the online application form posted at www.ncswim.org and www.sc-swimming.org and pay \$85 via PayPal. The application must be completed and meet fees must be received by March 31, 2021. All swimmers selected will be notified via email and via postings on the LSC websites by April 5, 2021. Checks for swimmers who are not selected will be shredded. <i>Due to the quick turnaround of manufacturing apparel, there can be no refunds for athletes who fail to show on the day of the event.</i></p> <p>Athlete Selection will be posted on SC & NC websites on Monday, April 5, 2021</p> <p>Squad Head Coaches will receive team lists on Thursday, April 8, 2021</p> <p>Coaches will submit squad entries no later than Tuesday, April 13, 2021</p> <p>SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.</p>												
Awards:	Athletes and coaches of the winning squad will receive a Carolina Crown Swim Challenge commemorative towel. All athletes and coaches will receive special outfitting, color-coordinated with other members of their squad. The top-8 scoring individual event winners and the top-3 scoring relay teams will receive medals.												
Scoring:	<p>This meet will be scored as follows:</p> <p>Individual Events: 9-7-6-5-4-3-2-1.</p> <p>Relays: 18-14-12-10-8-6-4-2.</p>												
Timing:	Timing will be provided by Colorado Timing with a digital scoreboard, pads, and backup buttons.												
Coaches Eligibility:	All coaches on deck must be currently registered and certified with USA Swimming. Meet Management will require all coaches to be prepared to show their Deck Pass virtual membership card upon request. There will be a general meeting for all coaches at 10:45 am on Saturday, April 24, 2021. Any North Carolina coaches wishing to participate in this event are asked to contact Meet Director Jonathan Watson (North Carolina Swimming, 01silversurfer@bellsouth.net) prior to February 28, 2021. South Carolina coaches should contact Jon Mengerling “Big Show” (senior@sc-swimming.org) by March 7, 2021.												

Hospitality	<p>There will be hospitality on-site offered to coaches, volunteers and officials who are aiding in the operation of the meet. In addition, refreshments may be on sale during the event as well. Outside food and coolers are permitted by the facility, but glass bottles and containers are not permitted.</p>
Officials	<p>We are in need of officials for this meet. If you are interested in volunteering as an official, please register at the below link or contact Gene Ashcraft (deerhunter54@gmail.com) https://docs.google.com/forms/d/e/1FAIpQLScjFwh0gesP1eMCL-tME7OMzG7XsilPQeLjvviprayjbOyfPQ/viewform</p>
Volunteers	<p>The Carolina Crown Swim Challenge will need numerous volunteers to provide a quality competition for our swimmers. We will need timers, marshals, and various support to run a quality meet. If you are available to volunteer please register at: https://www.signupgenius.com/go/30e0c44a5af2ca46-2021</p>
Swimmers w/ Disabilities	<p>SC Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit SCS' ability to accommodate all requests.</p>
<u>Releases</u>	<p>By applying, all swimmers acknowledge that they are registered with USA Swimming. All coaches and swimmers acknowledge that they are familiar with the Safe Sport rules of USA Swimming, Inc. and South Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that coaches shall be responsible for their swimmers' compliance with those rules during this meet. North Carolina Swimming, Inc., South Carolina Swimming, Inc. and USA Swimming, Inc., Clover/Lake Wylie YMCA, their agents, employees, volunteers, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. By entering this meet, athletes and coaches are granting permission for their names and photographs to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running or promotion of this event.</p> <p>All participants agree to be filmed and photographed by the host approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host's website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's Head Coach and the Meet Director prior to the meet.</p> <p>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>It is further understood that SC Swimming, NC Swimming, and host facility, shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the Upper Palmetto YMCA, Upper Palmetto YMCA Timing, its agents, employees, and coaches shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Other Information	<p>Digital heat sheets will be provided at no cost to swimmers/families. The heat sheet will be posted on the South Carolina Swimming website, www.sc-swimming.org, the North Carolina Swimming website, www.ncswim.org, and will be emailed to the coaching staff of each team. Heat sheets will be available at no charge on Meet Mobile. Hard copies will be provided to the coaches on deck.</p>

ORDER OF EVENTS
2021 Carolina Crown Swim Challenge
A North Carolina and South Carolina Shared Event

Held under the sanction of USA Swimming issued by SC Swimming:

Sanction Number SC2187LCM

Saturday, April 24, 2021

Warm-Ups: 10:45am

Meet Starts: 12:00pm

Women's Event Number	Events	Men's Event Number
1	Open 200m Medley Relay	2
3	Senior 200m Freestyle	4
5	Senior 100m Breaststroke	6
7	Senior 200m Butterfly	8
9	Senior 100m Backstroke	10
11	Senior 200m Individual Medley	12
13	Senior 400m Freestyle*	14
<i>Halftime Break – 5 minutes (if needed)</i>		
15	Senior 50m Freestyle	16
17	Senior 200m Breaststroke	18
19	Senior 100m Butterfly	20
21	Senior 200m Backstroke	22
23	Senior 100m Freestyle	24
<i>5-minute Break (if needed)</i>		
25	Open 200m Freestyle Relay	26

End of Meet

- Meet management reserves the right to eliminate or limit the heats of the 400m Freestyle to stay within the required timeline. Meet management reserves the right to eliminate breaks depending on the timeline.*