

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.01	705	Dornburg, Clara	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	33.59	534	Boyd, Sierra	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
3	34.39	485	Meier, Emma	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	34.98	449	Meier, Kate	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
5	35.39	425	Smith, Jacqueline	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	29.31	824	Rice, Mike	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	30.81	730	Medlin, Carter	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	31.27	702	Cooler, Tripp	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	35.32	464	Stewart, Dylan	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	35.90	432	Kelly, Logan	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:12.06	555	Kong, Ariel	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:18.71	360	Carpenter, Ellory	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:22.44	265	Meier, Kate	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:22.80	256	Singh, Anjali	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
5	1:24.84	210	Meier, Emma	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:15.16	481	Sammons, David	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:32.42	87	Michel, Ethan	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:44.62	1	Negrete-Perez, Jj	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

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<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:39.85	471	Boyd, Sierra	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:23.54	744	Alzate, Santi	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 11 400 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	5:57.12	350	Kelty, Max	11	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	35.88	708	Mallard, Caroline	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	37.27	620	Champion, Maria	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	41.09	401	Holden, Ainsley	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	41.87	361	Hamilton, Addyson	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	44.73	228	Brewster, Grayson	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	37.86	614	Cooler, Tripp	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	42.51	368	Stewart, Dylan	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	47.06	172	Kelly, Logan	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash
4	47.58	152	Maishman, Rowan	11	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet
5	51.93	26	Marshall, Jadon	11	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:27.47	434	Boyd, Sierra	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
2	1:29.17	393	Carpenter, Ellory	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:33.01	306	Meier, Kate	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:36.92	226	Brewster, Grayson	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:26.20	495	Strupe, Freddy	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:26.74	482	Sammons, David	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:30.67	388	Kelty, Max	11	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
4	2:18.66	1	Negrete-Perez, Jj	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	45.30	443	Smith, Jacqueline	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	51.01	208	Schiffel, Karsen	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash
3	56.97	31	Miller, Adelyn	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	59.76	1	Higgins, Abby	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:08.87	1	Sturgill, Reese	11	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	50.17	261	Tysinger, Jacob	11	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:04.81	1	Marshall, Jadon	11	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:28.89	669	Champion, Maria	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	1:34.87	535	Kong, Ariel	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:35.96	512	Singh, Anjali	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:41.69	393	Meier, Emma	11	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
5	1:52.45	197	Davis, Stewart	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:25.57	791	Alzate, Santi	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	1:26.67	765	Cooler, Tripp	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	1:32.65	626	Prabhu, Gino	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	2:17.12	1	Negrete-Perez, Jj	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	33.04	742	Howard, Georgia	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	34.64	648	Kong, Ariel	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	42.71	244	Schiffel, Karsen	11	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash
4	43.62	207	Smith, Jacqueline	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	44.75	163	Carpenter, Ellory	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.58	843	Rice, Mike	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	33.53	717	Alzate, Santi	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
3	33.86	696	Prabhu, Gino	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	34.64	648	Medlin, Carter	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	35.79	580	Strupe, Freddy	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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1	1:31.63	333	Holden, Ainsley	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:57.19	1	Davis, Stewart	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:09.20	902	Rice, Mike	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	1:15.08	735	Alzate, Santi	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	1:15.88	713	Prabhu, Gino	11	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	1:19.17	626	Sammons, David	11	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:32.73	312	Kelty, Max	11	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:44.13	736	Champion, Maria	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.39	765	Rice, Mike	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	2:45.85	714	Cooler, Tripp	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:50.80	645	Prabhu, Gino	11	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	30.24	682	Rainey, Reagan	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	30.32	677	Lepage, Charlotte	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	31.02	628	Brewer, Ashtyn	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	31.02	628	Cardwell, Ava	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
5	31.33	607	Keating, Maeve	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	29.46	699	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
2	31.04	598	Brienza, Maxon	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	31.32	580	Stieber, Jack	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
4	31.40	575	Drake, Tokugen	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	33.29	460	Goins, Grant	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:08.50	572	Winardi, Mae	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:10.15	518	Wallace, Eliza	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:15.74	349	Rojas, Anne	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:16.90	318	Picard, Avery	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
5	1:20.85	219	Mills, Margaux	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:12.67	412	Drake, Tokugen	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:15.15	343	Bundy, Jack	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:16.74	300	Goins, Grant	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:25.38	107	Propst, Nicholas	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
5	1:35.86	1	Engel, Graham	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:17.74	733	Neace, Clarke	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	2:19.56	699	Rainey, Reagan	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:24.92	602	Lepage, Charlotte	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	2:25.12	598	Pardue, Audrey	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	2:25.20	597	McCammon, Sophie	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:23.15	601	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
2	2:23.70	592	Trowbridge, J.T.	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
3	2:26.92	540	Frondoza, Ethan	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
4	2:28.62	513	Soniat, Lucas	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

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<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	4:42.81	793	Cinson, Kathryn	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	35.31	647	Farrell, Claire	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat
2	36.45	574	Neace, Clarke	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	36.73	557	Pardue, Audrey	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	36.81	552	Keating, Maeve	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	37.14	532	Chamblee, Norah	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

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1	34.49	651	Frondoza, Ethan	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
2	35.03	617	Trowbridge, J.T.	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
3	35.38	596	Brienza, Maxon	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	36.60	523	George, Vince	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	36.66	519	Soniat, Lucas	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

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1	1:17.61	590	Winardi, Mae	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:25.89	370	Bolton, Joslyn	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
3	1:26.19	363	Ruebusch, Morgan	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
4	1:27.49	332	Dyer, Emily	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
5	1:28.46	309	Seraz, Larissa	12	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

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1	1:22.25	433	Drake, Tokugen	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	1:23.75	395	Harris, Hudson	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
3	1:26.50	329	Goins, Grant	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL
4	1:28.69	279	Bundy, Jack	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	2:07.89	1	Engel, Graham	12	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

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1	43.40	440	Holden, Mallory	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	45.41	348	Andresen, Caitlyn	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	47.78	248	Seraz, Larissa	12	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash
4	49.07	198	Alvarez, Dayana	12	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash
5	51.65	108	Walker, Addison	12	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet

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1	46.64	230	Gragg, Miles	12	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet
2	52.82	32	Wyatt, Steven	12	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:20.78	753	Rainey, Reagan	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	1:22.28	716	Henderson, Sarah	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:22.45	711	Wallace, Eliza	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	1:23.40	688	Klamfoth, Avery	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	1:23.44	687	Vassil, Avery	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:26.64	586	Frondoza, Ethan	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
2	1:29.81	511	Trowbridge, J.T.	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
3	1:32.57	448	Stieber, Jack	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
4	1:33.12	436	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
5	1:39.86	295	Weaver, Brett	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 200 Breaststroke Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	3:07.82	619	Serang, Lulu	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
2	3:59.44	144	Fields, Sage	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	33.01	658	Rainey, Reagan	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	33.06	655	Vassil, Avery	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
3	33.30	641	Tyminski, Ella	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	33.39	635	Bartee, Zetta Grace	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	33.57	625	Pardue, Audrey	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	32.48	644	Frondoza, Ethan	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat
2	32.50	643	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat
3	38.31	311	Weaver, Brett	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	41.56	166	Gragg, Miles	12	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet
5	55.70	1	Propst, Nicholas	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:10.40	741	Neace, Clarke	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	1:14.17	640	Rainey, Reagan	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	1:14.70	626	Farrell, Claire	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
4	1:15.47	606	Vassil, Avery	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
5	1:15.58	603	Cinson, Kathryn	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Butterfly Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:11.23	678	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invitat
2	1:13.42	616	Frondoza, Ethan	12	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invitat
3	1:19.82	447	Bocian, Adan	12	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	1:30.79	205	Bundy, Jack	12	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:35.67	754	Rainey, Reagan	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	2:38.66	711	Cinson, Kathryn	12	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
3	2:39.51	698	Neace, Clarke	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	2:40.08	690	Vassil, Avery	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	2:40.35	686	McCammon, Sophie	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.68	610	Creep, Kyle	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat
2	2:45.07	576	Soniat, Lucas	12	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:49.17	520	Trowbridge, J.T.	12	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	29.63	671	Lan, Chloe	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	29.70	666	Monk, Ivy	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	29.77	660	Brunk, Grace	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	29.95	646	Tysinger, Alex	13	NC Sharks Aquatic Club	8/22/2020	2020 NC SAC - TEAM DUAL
5	30.12	633	Wilhelm, Isabella	13	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.45	826	Kroll, John	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	26.79	800	Dunham, Davis	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	27.09	776	Bartee, Granger	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	27.51	744	Schilling, Christopher	13	NC Swim GSA	11/2/2019	2019 NC SGSA Senior Elite LC M
5	27.83	720	Osman, Max	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.44	639	Healey, Caroline	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
2	1:05.43	600	Brunk, Grace	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	1:07.71	515	Tysinger, Alex	13	NC Sharks Aquatic Club	8/1/2020	2020 NC SAC - MSA Dual Meet
4	1:08.13	499	Smith, Breanna	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	1:09.00	468	Miller, Dallas	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:07.54	436	Castillo, Andrew	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
2	1:09.36	375	Berry, Grant	13	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
3	1:10.27	346	Aberle, Luke	13	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
4	1:10.84	328	Pedroli, Charlie	13	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:28.82	1	Bartlett, Jack	13	NC Catawba Valley Aquatic Club	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:18.05	625	Harrison, Lea	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	2:20.40	579	Thome, Paige	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
3	2:22.47	539	Vannote, Carly	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	2:24.37	504	Bujoreanu, Sophia	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	2:24.54	501	Healey, Caroline	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:06.87	801	Dunham, Davis	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	2:08.70	762	Osman, Max	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:13.85	658	Kroll, John	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	2:14.78	640	Bartee, Granger	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	2:16.27	612	Petruzzi, Erik	13	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:58.55	527	Monk, Ivy	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	5:09.52	431	Lehman, Annabelle	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	5:10.10	426	Smith, Breanna	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	5:15.13	386	O'Keefe, Paige	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	5:36.17	237	Vanderbroek, Allie	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:45.97	635	Dunham, Davis	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:12.39	676	Bujoreanu, Sophia	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Inviat
2	1:13.06	654	Thome, Paige	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Inviat
3	1:13.25	647	Healey, Caroline	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	1:14.19	616	Vannote, Carly	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Inviat
5	1:14.96	591	O'Keefe, Paige	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:05.83	825	Dunham, Davis	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	1:06.11	815	Bartee, Granger	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	1:09.97	679	Osman, Max	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	1:11.82	618	Kroll, John	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
5	1:12.31	601	Vargas, Connor	13	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:40.02	600	Healey, Caroline	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
2	2:41.53	579	O'Keefe, Paige	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	2:45.40	525	Park, Juyoung	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	2:46.33	512	Brunk, Grace	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	2:47.44	497	Smith, Breanna	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Backstroke Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:52.27	345	Castillo, Andrew	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:13.46	893	Willis, Lily	13	NC TAC Titans	12/6/2019	2019 U.S. Open
2	1:17.54	774	Monk, Ivy	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:17.82	765	Thome, Paige	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:25.53	554	Monteith, Macarthy	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	1:29.01	465	Bujoreanu, Sophia	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:13.24	852	Petruzzi, Erik	13	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat
2	1:19.60	662	Bartee, Granger	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:19.72	659	Clontz, Norvin	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:21.55	607	Kroll, John	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	1:28.27	428	Pedroli, Charlie	13	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.30	822	Willis, Lily	13	NC TAC Titans	12/7/2019	2019 U.S. Open
2	2:44.12	798	Thome, Paige	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	2:51.38	705	Monk, Ivy	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	3:01.32	582	Monteith, Macarthy	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	3:14.17	433	Kennedy, Katie	13	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:43.27	779	Petruzzi, Erik	13	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invidat
2	2:48.02	717	Clontz, Norvin	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	2:54.40	637	Kroll, John	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	3:08.55	469	Humphrey, Noah	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:08.76	709	Thome, Paige	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	1:09.13	697	Vannote, Carly	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:09.62	681	Harrison, Lea	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:12.47	590	Hitchcock, Ella Brett	13	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
5	1:13.13	570	Monk, Ivy	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.17	820	Osman, Max	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	1:07.74	653	Kroll, John	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:07.75	652	Dunham, Davis	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:09.81	581	Bartee, Granger	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	1:10.61	554	Petruzzi, Erik	13	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20

LSC: NC For Dates 9/1/2019 - 8/31/2020

Girls Age 13 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:28.90	766	Vannote, Carly	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	2:31.53	729	Harrison, Lea	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	3:06.43	284	High, Marydasher	13	NC YMCA of Northwest North Carolina Riptyde	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:18.06	876	Osman, Max	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	2:35.59	597	Clontz, Norvin	13	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:45.61	523	Hitchcock, Ella Brett	13	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
2	2:54.82	395	Park, Juyoung	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	2:57.91	355	Brunk, Grace	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	3:34.25	23	Sturgill, Isabella	13	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:30.08	663	Monk, Ivy	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	5:34.69	630	Harrison, Lea	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
3	5:53.36	502	Copeland, Addison	13	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invidat
4	6:06.91	415	Vanderbroek, Allie	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:12.65	736	Osman, Max	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	5:15.89	710	Dunham, Davis	13	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	5:45.98	490	Castillo, Andrew	13	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	5:48.33	474	Vargas, Connor	13	NC YMCA of Northwest North Carolina Riptyde	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	27.81	779	Dry, Elena	14	NC TAC Titans	12/5/2019	2019 U.S. Open
2	28.24	743	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
3	28.78	699	Mast, Alexis	14	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
4	29.32	656	Donlan, Molly	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	29.37	652	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.31	745	Keen, Troy	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
2	26.59	723	Battaglini, Lucca	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	26.62	721	Eischeid, Benjamin	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	27.11	682	Ayers, Alex	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	27.27	670	Wimberly, Jacob	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:01.00	747	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
2	1:02.87 r	669	Donlan, Molly	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:02.94	666	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/7/2019	2020 Pro Series - Greensboro
4	1:03.76	633	Patrick, Mckenna	14	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:04.70 r	596	Druhan, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.82	770	Spinner, Wiley	14	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	56.95 r	765	Keen, Troy	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Inviat
3	58.48 r	701	Ayers, Alex	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Inviat
4	59.73	650	Eischeid, Benjamin	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	1:01.27	589	Ayres, Maxwell	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:04.17	907	Cotter, Keelan	14	NC Unattached	3/6/2020	2020 Sectional - Cary
2	2:17.01	622	Sleime, Leyla	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:17.50	612	Bocian, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	2:17.94	603	Donlan, Molly	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	2:18.17	599	Dalton, Mary Bonner	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:07.28	683	Constantine, Kian	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	2:07.37	681	Wimberly, Jacob	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	2:09.61	635	Haywood, Jack	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	2:10.30	622	Eischeid, Benjamin	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	2:10.52	617	Ayers, Alex	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:25.28	846	Cotter, Keelan	14	NC Unattached	3/7/2020	2020 Sectional - Cary
2	4:40.70	678	Sleime, Leyla	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	4:48.84	596	Dalton, Mary Bonner	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	4:54.77	540	Bocian, Abby	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	4:55.20	536	Bernardo, Lauren	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:31.90	674	Wimberly, Jacob	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	4:34.05	653	Haywood, Jack	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	4:48.27	524	Constantine, Kian	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	4:50.93	502	Ayers, Alex	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
5	4:51.12	500	Eischeid, Benjamin	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	10:32.23	464	Rahman, Nadia	14	NC Unattached	11/30/2019	2019 EFSL LD Champs

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:24.11	864	Cotter, Keelan	14	NC Unattached	3/8/2020	2020 Sectional - Cary
2	20:34.81	425	Rahman, Nadia	14	NC Unattached	12/1/2019	2019 EFSL LD Champs

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.71	909	Welsh, Lily	14	NC TAC Titans	12/6/2019	2019 U.S. Open
2	1:08.37	772	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
3	1:08.48	768	Donlan, Molly	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	1:08.56	765	Martinson, Kara	14	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	1:09.96	715	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.61	766	Ayers, Alex	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	1:04.84	757	Keen, Troy	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	1:04.94	754	Stoner, Reese	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	1:04.97	752	Spinner, Wiley	14	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:05.53	732	Wimberly, Jacob	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:20.23	871	Welsh, Lily	14	NC TAC Titans	12/7/2019	2019 U.S. Open
2	2:27.18	759	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/8/2019	2020 Pro Series - Greensboro
3	2:27.63	752	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
4	2:28.12	745	Martinson, Kara	14	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
5	2:31.09	699	Bezuidenhout, Clarissa	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:30.26	568	Keleher, Michael	14	NC Granite Falls Swim Club Makos	11/2/2019	2019 NC SGSA Senior Elite LC M
2	2:32.60	531	Stoner, Reese	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	2:36.33	474	Holian, Tanner	14	NC Swim GSA	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:18.20	751	Druhan, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	1:23.02	617	Chin, Ella	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:23.35	608	Holden, Lanie	14	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	1:23.55	603	Mast, Alexis	14	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
5	1:24.49	577	Bocian, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:15.03	692	Keen, Troy	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
2	1:15.74	671	Delmar, Ben	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:16.49	648	Constantine, Kian	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:16.81	639	Ayres, Maxwell	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	1:17.99	604	Stoner, Reese	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.78	807	Cotter, Keelan	14	NC Unattached	1/19/2020	2020 VA NOVA LC Winter Invitat
2	2:53.12	674	Druhan, Abby	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
3	2:54.04	663	Sleime, Leyla	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
4	3:03.22	550	Chin, Ella	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	3:05.59	522	Whitt, Jadyn	14	NC Swim GSA	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:41.43	719	Delmar, Ben	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	2:48.01	633	Keen, Troy	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	2:48.49	627	Heisig, Charlie	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	2:48.86	622	Constantine, Kian	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
5	2:49.34	616	McCarter, Gavin	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.15	829	Bloom, Taylor	14	NC TAC Titans	11/9/2019	2020 Pro Series - Greensboro
2	1:05.48	783	Cotter, Keelan	14	NC Unattached	1/18/2020	2020 VA NOVA LC Winter Invitat
3	1:06.17	759	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
4	1:09.52	648	Druhan, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	1:09.80	639	Donlan, Molly	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:00.38	820	Keen, Troy	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	1:04.64	657	Battaglini, Lucca	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	1:05.15	638	Hill, Aidan	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	1:05.83	614	Wimberly, Jacob	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
5	1:06.73	582	Constantine, Kian	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:20.74	842	Cotter, Keelan	14	NC Unattached	3/7/2020	2020 Sectional - Cary
2	2:22.11	821	Bloom, Taylor	14	NC TAC Titans	11/7/2019	2020 Pro Series - Greensboro
3	2:28.64	726	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/7/2019	2020 Pro Series - Greensboro
4	2:39.08	580	Mitchell, Elodie	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	2:39.53	574	Teague, Helena	14	NC Unattached	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:28.16	591	Hill, Aidan	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
2	2:30.49	555	Heisig, Charlie	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
3	2:33.17	514	Constantine, Kian	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	2:47.30	317	Ayres, Maxwell	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	2:55.07	222	Hawkins, Kyle	14	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:26.55	776	Bloom, Taylor	14	NC TAC Titans	11/9/2019	2020 Pro Series - Greensboro
2	2:32.30	680	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro
3	2:33.37	662	Dry, Elena	14	NC TAC Titans	12/5/2019	2019 U.S. Open TT
4	2:33.66	657	Kozubowski, Caroline	14	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
5	2:40.49	550	Mast, Alexis	14	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:32.46	547	Eischeid, Benjamin	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
2	2:33.65	528	Ayres, Maxwell	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	2:36.40	484	Keleher, Michael	14	NC Granite Falls Swim Club Makos	11/2/2019	2019 NC SGSA Senior Elite LC M
4	2:37.99	459	Delcambre, Avery	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	2:39.08	443	Stoner, Reese	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:00.52	848	Cotter, Keelan	14	NC Unattached	3/6/2020	2020 Sectional - Cary
2	5:17.93	713	Wilhelm, Kiley	14	NC SwimMAC Carolina	11/8/2019	2020 Pro Series - Greensboro
3	5:20.64	692	Dalton, Mary Bonner	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	5:29.65	626	Druhan, Abby	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	5:30.22	622	Donlan, Molly	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:02.97	724	Ayers, Alex	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
2	5:05.81	701	Wimberly, Jacob	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
3	5:07.99	683	Delmar, Ben	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat
4	5:11.15	658	Stoner, Reese	14	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	5:11.58	655	Keen, Troy	14	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	25.33	962	Curzan, Claire	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	27.27	790	Horn, Caitlin	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
3	27.44	776	Wozny, Makenna	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	27.50	770	Gendzel, Maya	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	27.71	753	Razewski, Morgan	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	24.34	861	Bacon, Tate	15	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
2	24.84	819	Harris, Tiesyn	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
3	25.88	734	Noble, Ross	15	NC YMCA of the Triangle Area Swim Team	12/10/2019	Long Course Time Trials Jrs Ea
4	26.19	709	Hardy, Ryan	15	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	26.79	662	Engel, Connor	15	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.21	915	Curzan, Claire	15	NC TAC Titans	11/7/2019	2020 Pro Series - Greensboro
2	59.59	761	Morris, Taylor	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary
3	59.86	750	Horn, Caitlin	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
4	1:00.16	737	Razewski, Morgan	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
5	1:00.34	729	Wozny, Makenna	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	52.93	887	Bacon, Tate	15	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
2	54.31	825	Thornhill, Kwame	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	57.63	682	McKinney, Ian	15	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	57.86	672	Hardy, Ryan	15	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
5	59.21	617	Quaresma, David	15	NC Granite Falls Swim Club Makos	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:02.27	903	Curzan, Claire	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	2:03.93	863	Razewski, Morgan	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	2:06.20	810	Hook, Charlotte	15	NC TAC Titans	11/8/2019	2020 Pro Series - Greensboro
4	2:06.86	794	Hastings, Emma	15	NC East Carolina Aquatics	3/6/2020	2020 Sectional - Cary
5	2:07.97	769	Wozny, Makenna	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:56.15	873	Haughey, Braeden	15	NC TAC Titans	12/6/2019	2019 U.S. Open
2	1:58.96	808	Bacon, Tate	15	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
3	1:58.98	808	Thornhill, Kwame	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
4	2:00.27	779	Sleater, Patrick	15	NC Smoky Mountain Aquatic Club	3/6/2020	2020 Sectional - Cary
5	2:07.42	626	Stepanian, Andrew	15	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:19.75	880	Razewski, Morgan	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	4:23.64	834	Hastings, Emma	15	NC East Carolina Aquatics	3/7/2020	2020 Sectional - Cary
3	4:31.04	751	Wozny, Makenna	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	4:34.80	710	Chignell, Katie	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	4:36.39	694	Neil, Sarah Gray	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:00.95	908	Haughey, Braeden	15	NC TAC Titans	11/7/2019	2020 Pro Series - Greensboro
2	4:08.99	820	Russell, Kellen	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
3	4:13.01	778	Sleater, Patrick	15	NC Smoky Mountain Aquatic Club	3/7/2020	2020 Sectional - Cary
4	4:14.52	762	Adley, Logan	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	4:19.33	713	Williams, Keith	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:57.50	844	Razewski, Morgan	15	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:26.92	887	Haughey, Braeden	15	NC TAC Titans	11/9/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Backstroke Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:00.73	1023	Curzan, Claire	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	1:02.37	956	Hook, Charlotte	15	NC TAC Titans	12/6/2019	2019 U.S. Open
3	1:03.13	926	Razewski, Morgan	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	1:04.86	858	Wilhelm, Kiley	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	1:05.15	847	Morris, Taylor	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.44	901	Bacon, Tate	15	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
2	1:00.44	861	Noble, Ross	15	NC YMCA of the Triangle Area Swim Team	12/10/2019	Long Course Time Trials Jrs Ea
3	1:01.71	812	Thornhill, Kwame	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	1:06.51	634	Giffel, Ian	15	NC Granite Falls Swim Club Makos	11/2/2019	2019 NC SGSA Senior Elite LC M
5	1:07.17	610	Hitchcock, Drew	15	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:13.80	946	Curzan, Claire	15	NC TAC Titans	11/8/2019	2020 Pro Series - Greensboro
2	2:21.56	817	Morris, Taylor	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary
3	2:23.22	790	Razewski, Morgan	15	NC SwimMAC Carolina	11/8/2019	2020 Pro Series - Greensboro
4	2:23.93	779	Pierce, Camila	15	NC Raleigh Swimming Association	3/8/2020	2020 Sectional - Cary
5	2:24.53	769	Sanders, Sydney	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:07.62	911	Haughey, Braeden	15	NC TAC Titans	11/8/2019	2020 Pro Series - Greensboro
2	2:11.73	833	Noble, Ross	15	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
3	2:13.59	799	Bacon, Tate	15	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
4	2:14.09	790	Wang, Oliver	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	2:16.14	753	Whelehan, Colin	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:11.39	892	Rainey, Grace	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
2	1:17.40	712	Dry, Elena	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	1:17.90	698	Wozny, Makenna	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
4	1:18.00	695	Sanders, Sydney	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
5	1:19.22	660	Kudela, Katie	15	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:05.70	945	Lee, Henry	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	1:15.38	633	Kelty, Sean	15	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
3	1:15.96	615	Bundy, Samuel	15	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	1:18.92	528	Stepanian, Andrew	15	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
5	1:19.31	517	Engel, Connor	15	NC Team Charlotte Swimming	8/22/2020	2020 NC SAC - TEAM DUAL

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:35.94	865	Rainey, Grace	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	2:44.50	751	Sanders, Sydney	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
3	2:46.06	730	Dry, Elena	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	2:46.36	727	Boehlke, Eva	15	NC North Carolina Aquatic Club	3/7/2020	2020 Sectional - Cary
5	2:47.86	707	Bloom, Taylor	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:25.75	867	Lee, Henry	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	2:33.48	758	Valliere, Tucker	15	NC Smoky Mountain Aquatic Club	3/7/2020	2020 Sectional - Cary
3	2:47.47	571	Stepanian, Andrew	15	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
4	2:51.87	514	Frye, Robby	15	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	58.00	1025	Curzan, Claire	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	1:01.60	893	Wilhelm, Kiley	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	1:02.11	874	Hook, Charlotte	15	NC TAC Titans	11/9/2019	2020 Pro Series - Greensboro
4	1:03.25	834	Bloom, Taylor	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	1:03.95	809	Rainey, Grace	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.66	851	Bacon, Tate	15	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	58.12	832	Russell, Kellen	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	59.76	766	Lee, Henry	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	1:00.83	723	McKinney, Ian	15	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:02.13	672	Bundy, Samuel	15	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:10.10	974	Hook, Charlotte	15	NC TAC Titans	11/7/2019	2020 Pro Series - Greensboro
2	2:18.47	845	Bloom, Taylor	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
3	2:23.38	771	Burgess, Stefanie	15	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
4	2:24.21	759	Rainey, Grace	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	2:24.31	758	Wilhelm, Kiley	15	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:12.05	783	Russell, Kellen	15	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	2:15.68	720	Frye, Robby	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
3	2:16.06	713	Bacon, Tate	15	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
4	2:16.07	713	Hitchcock, Drew	15	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
5	2:16.45	707	Cook, Alex	15	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:15.27	955	Hook, Charlotte	15	NC TAC Titans	12/5/2019	2019 U.S. Open
2	2:19.52	877	Wilhelm, Kiley	15	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
3	2:22.74	819	Rainey, Grace	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
4	2:23.85	799	Bloom, Taylor	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	2:27.62	734	Sanders, Sydney	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:12.95	806	Lee, Henry	15	NC TAC Titans	3/8/2020	2020 Sectional - Cary
2	2:14.14	783	Thornhill, Kwame	15	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	2:15.22	762	Noble, Ross	15	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M
4	2:21.46	644	Hitchcock, Drew	15	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash
5	2:26.01	564	Kelty, Sean	15	NC Hickory Foundation YMCA Seahorse Swim Team	8/9/2020	2020 NC YSST Summer Splash

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:01.07	807	Hook, Charlotte	15	NC TAC Titans	11/8/2019	2020 Pro Series - Greensboro
2	5:08.00	753	Wilhelm, Kiley	15	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	5:10.73	731	Boehlke, Eva	15	NC North Carolina Aquatic Club	3/6/2020	2020 Sectional - Cary
4	5:11.90	722	Stolberg, Emma	15	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
5	5:12.60	717	Rainey, Grace	15	NC SwimMAC Carolina	11/8/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:27.63	939	Haughey, Braeden	15	NC TAC Titans	12/6/2019	2019 U.S. Open
2	4:41.68	811	Russell, Kellen	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	4:44.20	789	Dunlap, Willi	15	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	4:54.38	702	Valliere, Tucker	15	NC Smoky Mountain Aquatic Club	3/6/2020	2020 Sectional - Cary
5	4:57.22	679	Noble, Ross	15	NC YMCA of the Triangle Area Swim Team	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.54	851	Ivan, Teresa	16	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
2	26.85	824	Sowards, Elizabeth	16	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
3	27.41	776	Hicks, Hailey	16	NC YMCA of the Triangle Area Swim Team	12/10/2019	Long Course Time Trials Jrs Ea
4	27.44	773	Baric, Elizabeth	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	27.53	765	Schoppa, Maura	16	NC Swim GSA	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	23.82	872	Hoover, Sam	16	NC North Carolina Aquatic Club	1/18/2020	2020 Pro Series - Knoxville
2	23.91	864	Boone, Garrett	16	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
3	24.10	848	Abaqueta, Cam	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	24.15	844	Weaver, Ryan	16	NC Carolina Aquatic Team	3/7/2020	2020 Sectional - Cary
5	24.43	820	Duracinsky, Jacob	16	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	55.36	943	Gorbenko, Anastasya	16	NC Team Elite	2/7/2020	2020 FNN Golden Tour
2	58.31	806	Zettel, Brooke	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
3	58.46	800	Smith, Madeline	16	NC East Carolina Aquatics	3/8/2020	2020 Sectional - Cary
4	58.50	798	Sowards, Elizabeth	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	58.98	776	Ivan, Teresa	16	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	51.68	895	Cotter, Michael	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
2	51.72	893	Hoover, Sam	16	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville
3	53.05	832	Boone, Garrett	16	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
3	53.05	832	Abaqueta, Cam	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	53.64	805	Lockhart, Austin	16	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:04.71	826	Zettel, Brooke	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	2:07.99	750	Smith, Madeline	16	NC East Carolina Aquatics	3/6/2020	2020 Sectional - Cary
3	2:10.26	699	Knorr, Emily	16	NC Mecklenburg Swim Association	11/8/2019	2020 Pro Series - Greensboro
4	2:10.90	686	Yandle, Ava	16	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
5	2:11.30	677	Yoder, Kylie	16	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:51.56	929	Cotter, Michael	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	1:52.66	902	Hoover, Sam	16	NC North Carolina Aquatic Club	1/17/2020	2020 Pro Series - Knoxville
3	1:55.88	826	Haughey, Braeden	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	1:56.56	810	Nelson, Baylor	16	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
5	1:57.23	794	Boone, Garrett	16	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:18.41	862	Hook, Charlotte	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	4:25.76	777	Zettel, Brooke	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
3	4:29.54	735	Eaker, Summer	16	NC SwimMAC Carolina	11/7/2019	2020 Pro Series - Greensboro
4	4:29.87	731	Knorr, Emily	16	NC Mecklenburg Swim Association	11/7/2019	2020 Pro Series - Greensboro
5	4:32.96	698	Ciancanelli, Makayla	16	NC Granite Falls Swim Club Makos	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 400 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	3:59.05	895	Zucker, Logan	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	4:00.69	877	Cotter, Michael	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
3	4:04.40	836	Haughey, Braeden	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	4:04.53	834	Norris, Lance	16	NC Unattached	11/7/2019	2020 Pro Series - Greensboro
5	4:11.36	761	Miller, Brandon	16	NC North Carolina Aquatic Club	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	9:12.64	750	Eaker, Summer	16	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro
2	9:44.96	596	Jaynes, Hope	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
3	9:46.57	589	Dalbo, Kyra	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
4	10:03.94	513	Inscore, Janie	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
5	10:22.33	437	Tant, Hallie	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:23.24	842	Zucker, Logan	16	NC SwimMAC Carolina	1/16/2020	2020 Pro Series - Knoxville
2	8:28.84	812	Miller, Brandon	16	NC North Carolina Aquatic Club	1/16/2020	2020 Pro Series - Knoxville
3	8:37.25	768	Bretzmann, Peter	16	NC North Carolina Aquatic Club	1/16/2020	2020 Pro Series - Knoxville
4	8:54.88	679	Perkins, Tull	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
5	9:42.34	462	Miley, Kian	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:18.54	828	Knorr, Emily	16	NC Mecklenburg Swim Association	11/6/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	15:53.60	879	Haughey, Braeden	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
2	15:56.63	871	Zucker, Logan	16	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	15:57.27	869	Norris, Lance	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
4	16:25.79	799	Bretzmann, Peter	16	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.21	865	Sowards, Elizabeth	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	1:05.52	814	Ivan, Teresa	16	NC Unattached	11/9/2019	2020 PS - Greensboro TT
3	1:06.05	794	Yandle, Ava	16	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
4	1:06.18	789	Menkhaus, Madeline	16	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
5	1:07.58	737	Smith, Madeline	16	NC East Carolina Aquatics	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.84	910	Abaqueta, Cam	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	57.95	906	Nelson, Baylor	16	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
3	58.40	887	Haughey, Braeden	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	59.92	826	Miller, Brandon	16	NC North Carolina Aquatic Club	1/18/2020	2020 Pro Series - Knoxville
5	1:00.44	805	Bunger, Joe	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:19.15	837	Ivan, Teresa	16	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro
2	2:19.31	835	Sowards, Elizabeth	16	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	2:21.71	795	Yandle, Ava	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:23.42	768	Menkhaus, Madeline	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	2:28.45	688	Banks, Madie	16	NC Raleigh Swimming Association	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:05.47	907	Miller, Brandon	16	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville
2	2:05.86	900	Nelson, Baylor	16	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	2:08.78	844	Boone, Garrett	16	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro
4	2:12.25	779	Silver, Ryan	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
5	2:12.88	767	Abaqueta, Cam	16	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:10.98	890	Hamblin, Kaylee	16	NC Mecklenburg Swim Association	1/17/2020	2020 Pro Series - Knoxville
2	1:12.74	836	Fadely, Jenna	16	NC Fin Aquatic Swim Team	11/7/2019	2020 Pro Series - Greensboro
3	1:14.06	796	Zettel, Brooke	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	1:15.87	743	Kudela, Caroline	16	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
5	1:16.34	729	Newman, Anna	16	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:04.98	924	Hoover, Sam	16	NC North Carolina Aquatic Club	1/17/2020	2020 Pro Series - Knoxville
2	1:05.86	894	Ringenbach, Bode	16	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
3	1:06.10	886	Abaqueta, Cam	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
4	1:07.44	841	Drake, Patrick	16	NC Raleigh Swimming Association	3/6/2020	2020 Sectional - Cary
5	1:07.73	831	Kim, Stephen	16	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:38.35	829	Zettel, Brooke	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	2:42.72	771	Fadely, Jenna	16	NC Fin Aquatic Swim Team	11/9/2019	2020 Pro Series - Greensboro
3	2:45.57	733	Morgan, Sydney	16	NC Unattached	11/2/2019	2019 NC SGSA Senior Elite LC M
4	2:46.53	721	Simpson, Leah	16	NC Carolina Aquatic Team	3/7/2020	2020 Sectional - Cary
5	2:47.31	711	Lahiff, Julie	16	NC New Wave Swim Team	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:24.47	878	Ringenbach, Bode	16	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
2	2:28.06	826	Maycock, Julian	16	NC Swim GSA	11/9/2019	2020 Pro Series - Greensboro
3	2:28.70	817	Drake, Patrick	16	NC Raleigh Swimming Association	3/7/2020	2020 Sectional - Cary
4	2:29.14	811	Bretzmann, Peter	16	NC North Carolina Aquatic Club	11/9/2019	2020 Pro Series - Greensboro
5	2:29.60	805	Perkins, Tull	16	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.88	936	Hook, Charlotte	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	1:01.11	891	Menkhaus, Madeline	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	1:01.37	882	Sowards, Elizabeth	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
4	1:02.44	843	Zettel, Brooke	16	NC TAC Titans	11/9/2019	2020 Pro Series - Greensboro
5	1:04.21	781	Bilden, Lindy	16	NC North Carolina Aquatic Club	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.22	877	Boone, Garrett	16	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
2	57.62	818	Prucha, John	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	57.80	810	Nelson, Baylor	16	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
4	58.13	797	Exum, Russell	16	NC East Carolina Aquatics	3/6/2020	2020 Sectional - Cary
5	58.20	794	Abaqueta, Cam	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.55	979	Hook, Charlotte	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	2:14.40	904	Menkhaus, Madeline	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
3	2:25.26	741	Campbell, Emily	16	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
4	2:25.35	739	Dalbo, Kyra	16	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
5	2:26.59	721	Morgan, Sydney	16	NC Unattached	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.00	794	Nelson, Baylor	16	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	2:09.10	792	Ringenbach, Bode	16	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
3	2:09.63	783	Prucha, John	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	2:09.78	780	Dyke, Thor	16	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	2:11.85	743	Silver, Ryan	16	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:15.26	949	Hook, Charlotte	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
2	2:21.26	839	Zettel, Brooke	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
3	2:24.76	777	Menkhaus, Madeline	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:26.39	749	Sowards, Elizabeth	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	2:26.54	747	Yoder, Kylie	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:04.68	970	Nelson, Baylor	16	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
2	2:06.77	925	Cotter, Michael	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary
3	2:10.74	843	Ringenbach, Bode	16	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
4	2:11.60	826	Bretzmann, Peter	16	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville
5	2:12.48	808	Haughey, Braeden	16	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:47.72	910	Hook, Charlotte	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	5:07.28	752	Yoder, Kylie	16	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
3	5:09.89	732	Lahiff, Julie	16	NC New Wave Swim Team	3/6/2020	2020 Sectional - Cary
4	5:13.69	703	Pena, Karsen	16	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
5	5:14.80	694	Dalbo, Kyra	16	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:24.99	947	Haughey, Braeden	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
2	4:27.36	925	Nelson, Baylor	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	4:27.45	924	Norris, Lance	16	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	4:33.32	870	Zucker, Logan	16	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
5	4:33.99	864	Miller, Brandon	16	NC North Carolina Aquatic Club	1/17/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	25.62	924	Flynn, Lindsay	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
2	27.41	767	Gschwind, Olivia	17	NC New Wave Swim Team	3/7/2020	2020 Sectional - Cary
3	27.58	752	Ray, Amanda	17	NC New Wave Swim Team	3/7/2020	2020 Sectional - Cary
4	27.93	723	Mangaoang, Desirae	17	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	28.48	677	Hohm, Anneliese	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	23.83	840	Davis, Jackson	17	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
2	24.33	798	Prucha, Ben	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
3	24.47	786	Stroud, Mitchell	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	24.69	767	Pollard, Jackson	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	24.70	767	Starbuck, Jason	17	NC Raleigh Swimming Association	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.93	866	Flynn, Lindsay	17	NC Unattached	11/8/2019	2020 PS - Greensboro TT
2	59.00	772	Rauch, Katie	17	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
3	59.33	758	Whitmire, Liza	17	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
4	59.41	754	Arens, Abby	17	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
5	1:00.31	715	Barton, Sarah	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	53.08	796	Satterfield, Shaw	17	NC YMCA of the Triangle Area Swim Team	12/10/2019	Long Course Time Trials Jrs Ea
2	54.41	737	Das, Avijit	17	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
3	54.55	730	Prucha, Ben	17	NC TAC Titans	3/8/2020	2020 Sectional - Cary
4	54.62	727	Stroud, Mitchell	17	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	54.66	726	Davis, Jackson	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:04.86	822	Ray, Amanda	17	NC New Wave Swim Team	12/6/2019	2019 U.S. Open
2	2:05.86	799	Crouse, Caroline	17	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
3	2:07.82	754	Carson, Megan	17	NC YMCA of the Triangle Area Swim Team	1/10/2020	2020 NJ Jim Wood Memorial Invitation
4	2:08.00	750	Carson, Katie	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	2:08.47	739	Barton, Sarah	17	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:55.99	793	Meehan, Jack	17	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro
2	1:56.35	784	Stroud, Mitchell	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	1:56.84	773	Gehrig, John	17	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
4	1:59.42	715	Das, Avijit	17	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
5	2:00.11	700	Satterfield, Shaw	17	NC YMCA of the Triangle Area Swim Team	11/8/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:19.62	846	Ray, Amanda	17	NC New Wave Swim Team	12/5/2019	2019 U.S. Open
2	4:25.97	774	Crouse, Caroline	17	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
3	4:27.99	751	Rauch, Katie	17	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
4	4:28.00	751	Carson, Megan	17	NC YMCA of the Triangle Area Swim Team	1/11/2020	2020 NJ Jim Wood Memorial Invitation
5	4:33.68	689	Boulware, Sophie	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:06.29	793	Gehrig, John	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
2	4:07.69	778	Meehan, Jack	17	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
3	4:08.20	772	Moore, Michael	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
4	4:11.99	732	Stroud, Mitchell	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	4:13.06	721	Monahan, Conall	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	9:13.10	741	Carson, Megan	17	NC YMCA of the Triangle Area Swim Team	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	9:07.88	608	Brodnick, Seth	17	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat
2	9:14.92	575	Russell, Ben	17	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:37.57	774	Ray, Amanda	17	NC New Wave Swim Team	11/6/2019	2020 Pro Series - Greensboro
2	18:04.55	706	Carson, Megan	17	NC YMCA of the Triangle Area Swim Team	1/12/2020	2020 NJ Jim Wood Memorial Invitation

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 1500 Freestyle Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	16:53.32	716	Carter, Jared	17	NC YMCA of the Triangle Area Swim Team	11/6/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.76	882	Whitmire, Liza	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
2	1:03.90	877	Rauch, Katie	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
3	1:05.17	828	Cunningham, Victoria	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	1:06.92	762	Mumford, Susan	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
5	1:07.04	757	Barton, Sarah	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.22	815	Moore, Michael	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
2	59.87	789	Meehan, Jack	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
3	1:00.02	783	Monahan, Conall	17	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	1:00.14	778	Ghim, Christopher	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	1:00.15	778	Barnett, Wes	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:16.84	876	Rauch, Katie	17	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro
2	2:19.69	828	Whitmire, Liza	17	NC Aquatic Team Of Mecklenburg	11/8/2019	2020 Pro Series - Greensboro
3	2:20.64	813	Mumford, Susan	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:23.39	768	Barton, Sarah	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	2:24.46	751	Cunningham, Victoria	17	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:03.54	902	Moore, Michael	17	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
2	2:05.54	863	Cotter, Colin	17	NC Marlins Of Raleigh	12/10/2019	Long Course Time Trials Jrs Ea
3	2:05.94	855	Monahan, Conall	17	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
4	2:07.95	816	Barnett, Wes	17	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
5	2:08.41	808	Baker, Jay	17	NC North Carolina Aquatic Club	11/8/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:09.57	924	Arens, Abby	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	1:11.68	858	Mangaoang, Desirae	17	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	1:12.99	818	Hamblin, Kaylee	17	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet
4	1:13.82	793	Joyce, Genna	17	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
5	1:15.02	757	Anderson, Sophie	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:05.88	849	Starbuck, Jason	17	NC Raleigh Swimming Association	3/6/2020	2020 Sectional - Cary
2	1:06.68	821	Meehan, Jack	17	NC Aquatic Team Of Mecklenburg	11/7/2019	2020 Pro Series - Greensboro
3	1:07.24	802	Becker, Perry	17	NC YMCA of the Triangle Area Swim Team	12/10/2019	Long Course Time Trials Jrs Ea
4	1:07.27	801	Tjandra, Davin	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	1:07.78	784	Keaney, Reilly	17	NC Swim GSA	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:32.04	903	Arens, Abby	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
2	2:35.56	855	Joyce, Genna	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
3	2:36.26	845	Mangaoang, Desirae	17	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
4	2:38.06	821	Anderson, Sophie	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	2:41.94	769	Davis, Laura	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:24.36	840	Monahan, Conall	17	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	2:24.89	833	Fortner, Luke	17	NC New Wave Swim Team	3/7/2020	2020 Sectional - Cary
3	2:26.29	812	Thompson, Brian	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	2:26.60	808	Keaney, Reilly	17	NC Swim GSA	3/7/2020	2020 Sectional - Cary
5	2:30.39	754	Maycock, Julian	17	NC Swim GSA	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:00.37	916	Arens, Abby	17	NC Marlins Of Raleigh	12/10/2019	Long Course Time Trials Jrs Ea
2	1:01.38	879	Ray, Amanda	17	NC New Wave Swim Team	3/6/2020	2020 Sectional - Cary
3	1:02.53	838	Crouse, Caroline	17	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
4	1:05.29	741	Boulware, Sophie	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
5	1:06.51	700	Knorr, Emily	17	NC Mecklenburg Swim Association	8/1/2020	2020 NC SAC - MSA Dual Meet

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.14	840	Ssengonzi, Jesse	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	57.37	788	Echols, Jeff	17	NC Enfinity Aquatic Club	11/9/2019	2020 Pro Series - Greensboro
3	58.07	759	Thomas, Cameron	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary
4	58.31	749	Silver, Ryan	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
5	58.54	740	Tan, Jc	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:14.56	872	Ray, Amanda	17	NC New Wave Swim Team	12/7/2019	2019 U.S. Open
2	2:15.46	859	Crouse, Caroline	17	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
3	2:18.05	819	Morgan, Sydney	17	NC Marlins Of Raleigh	12/10/2019	Long Course Time Trials Jrs Ea
4	2:20.00	789	Arens, Abby	17	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
5	2:25.95	701	Boulware, Sophie	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:08.07	782	Thomas, Cameron	17	NC TAC Titans	3/7/2020	2020 Sectional - Cary
2	2:09.03	764	Gehrig, John	17	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
3	2:11.01	729	Ssengonzi, Jesse	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
4	2:11.03	728	Dorsel, Andy	17	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	2:11.50	720	Silver, Ryan	17	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:15.91	935	Arens, Abby	17	NC Marlins Of Raleigh	12/10/2019	Long Course Time Trials Jrs Ea
2	2:21.14	839	Whitmire, Liza	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
3	2:24.31	783	Davis, Laura	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:24.62	777	Rauch, Katie	17	NC Aquatic Team Of Mecklenburg	11/9/2019	2020 Pro Series - Greensboro
5	2:24.78	774	Anderson, Sophie	17	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:07.58	860	Monahan, Conall	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
2	2:10.19	807	Moore, Michael	17	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
3	2:11.64	778	Gehrig, John	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:12.49	761	Thompson, Brian	17	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	2:12.72	756	Barnett, Wes	17	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:52.87	868	Arens, Abby	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	5:00.98	802	Davis, Laura	17	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
3	5:01.89	795	Morgan, Sydney	17	NC Marlins Of Raleigh	12/10/2019	Long Course Time Trials Jrs Ea
4	5:02.45	790	Grotjohn, Kennedy	17	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	5:02.98	786	Joyce, Genna	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:21.83	944	Moore, Michael	17	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	4:29.01	877	Monahan, Conall	17	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
3	4:37.24	802	Baker, Jay	17	NC North Carolina Aquatic Club	11/8/2019	2020 Pro Series - Greensboro
4	4:39.70	780	Bretzmann, Peter	17	NC North Carolina Aquatic Club	3/6/2020	2020 Sectional - Cary
5	4:40.06	777	Cairns, Zac	17	NC North Carolina Aquatic Club	1/17/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.10	881	Snyder, Sarah	18	NC Unattached	2/23/2020	2020 ACC Invite LC
2	26.54	842	Tighe, Olivia	18	NC Unattached	2/23/2020	2020 ACC Invite LC
3	26.56	840	Baric, Maria	18	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	27.25	781	Morgan, Brooke	18	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	28.40	684	Nelson, Emme	18	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	23.43	873	Torres, Trevor	18	NC East Carolina Aquatics	3/7/2020	2020 Sectional - Cary
2	23.74	847	Tuning, Jeffrey	18	NC New Wave Swim Team	3/7/2020	2020 Sectional - Cary
3	23.78	843	Gueiros, Pedro	18	NC Unattached	3/1/2020	2020 ACC LC Time Trials
4	23.97	827	Ivy, Michael	18	NC TAC Titans	3/7/2020	2020 Sectional - Cary
5	23.99	825	Kredich, Coleman	18	NC Unattached	3/1/2020	2020 ACC LC Time Trials

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.86	823	Berkoff, Katharine	18	NC NC State University	11/7/2019	2020 Pro Series - Greensboro
2	58.14	811	Giesler, Elle	18	NC NC State University	2/23/2020	2020 ACC Invite LC
3	58.45	797	Tighe, Olivia	18	NC Unattached	2/23/2020	2020 ACC Invite LC
4	58.98	773	Baric, Maria	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	59.09	768	Morgan, Brooke	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	51.21	872	Tapp, Hunter	18	NC NC State University	12/7/2019	2019 U.S. Open
2	52.12	830	Gueiros, Pedro	18	NC Unattached	3/1/2020	2020 ACC LC Time Trials
3	52.22	825	Poelke, Boyd	18	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	52.37	818	Ivy, Michael	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	53.84	751	Wickman, Carson	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:05.66	790	Crouse, Caroline	18	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	2:08.31	729	Morgan, Brooke	18	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	2:10.28	686	Francis, Sophie	18	NC Unattached	11/11/2019	2019 UCSD vs Cal Women's Meet
4	2:14.04	606	Smith, Janie	18	NC Unattached	10/11/2019	University of SC vs University
5	2:16.17	563	Muma, Samantha	18	NC Unattached	11/8/2019	LC - IU - TEXAS - LOUISVILL

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:51.32	901	Svendsen, Hugh	18	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
2	1:54.61	822	Hering, Tanner	18	NC Swim GSA	3/6/2020	2020 Sectional - Cary
3	1:54.97	813	Poelke, Boyd	18	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
4	1:55.61	798	Atkinson, Ike	18	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
5	1:57.23	761	Rzepecki, Jami	18	NC Unattached	11/22/2019	2019 Ohio State Fall Open Invi

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:22.53	800	Foley, Kay	18	NC NC State University	2/23/2020	2020 ACC Invite LC
2	4:25.08	771	Crouse, Caroline	18	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
3	4:39.82	614	Merritt, Kensley	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat
4	4:50.80	507	Taylor, Jackie	18	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invidat
5	4:55.52	464	Dichak, Victoria	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invidat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	3:55.98	898	Dant, Ross	18	NC NC State University	12/5/2019	2019 U.S. Open
2	4:04.49	804	Rzepecki, Jami	18	NC Unattached	11/21/2019	2019 Ohio State Fall Open Invi
3	4:06.80	779	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/18/2020	2020 Pro Series - Knoxville
4	4:06.81	779	Walker, Jack	18	NC Unattached	10/26/2019	2019 Wisconsin vs. Virginia
5	4:07.25	774	Atkinson, Ike	18	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:58.93	813	Marquardt, Ellie	18	NC Unattached	12/9/2019	PRINCETON SWIMMING BIG AL LCM

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:21.40	843	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/16/2020	2020 Pro Series - Knoxville
2	8:53.03	680	Atkinson, Ike	18	NC SwimMAC Carolina	1/16/2020	2020 Pro Series - Knoxville
3	9:11.32	592	Todd, Jack	18	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	15:40.36	894	Dant, Ross	18	NC NC State University	12/7/2019	2019 U.S. Open
2	15:57.42	851	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville
3	17:02.45	693	Atkinson, Ike	18	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:01.36	978	Berkoff, Katharine	18	NC NC State University	11/9/2019	2020 Pro Series - Greensboro
2	1:04.14	868	Ogle, Jodi	18	NC Unattached	3/1/2020	2020 ACC LC Time Trials
3	1:04.46	855	Flickinger, Maddy	18	NC NC State University	2/23/2020	2020 ACC Invite LC
4	1:05.99	796	Stout, Alina	18	NC SwimMAC Carolina	1/18/2020	2020 Pro Series - Knoxville
5	1:06.15	790	Baric, Maria	18	NC TAC Titans	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	55.49	956	Tapp, Hunter	18	NC NC State University	12/6/2019	2019 U.S. Open
2	58.63	825	Mumber, Samson	18	NC University Of North Carolina	2/23/2020	2020 ACC Invite LC
3	59.14	805	Tomlinson, Alex	18	NC TAC Titans	3/7/2020	2020 Sectional - Cary
4	59.50	790	Roche, Sam	18	NC Unattached	12/6/2019	2019 U.S. Open
5	1:01.33	718	Wilhelm, Alex	18	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:12.74	945	Berkoff, Katharine	18	NC NC State University	11/8/2019	2020 Pro Series - Greensboro
2	2:19.09	838	Ogle, Jodi	18	NC Unattached	3/1/2020	2020 ACC LC Time Trials
3	2:21.72	795	Stout, Alina	18	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
4	2:27.93	696	Guo, Vivian	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary
5	2:32.09	632	Taylor, Jackie	18	NC Marlins Of Raleigh	1/20/2020	2020 VA NOVA LC Winter Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.49	776	Svendsen, Hugh	18	NC SwimMAC Carolina	11/8/2019	2020 Pro Series - Greensboro
2	2:09.63	773	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/19/2020	2020 Pro Series - Knoxville
3	2:11.92	730	Wilhelm, Alex	18	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary
4	2:16.76	643	O'Neill, Trevor	18	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
5	2:17.41	631	Mumber, Samson	18	NC University Of North Carolina	2/23/2020	2020 ACC Invite LC

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:11.97	849	Nelson, Emme	18	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
2	1:12.00	848	Baric, Maria	18	NC TAC Titans	3/6/2020	2020 Sectional - Cary
3	1:13.03	817	Johnson, Reagan	18	NC Unattached	12/13/2019	Navy LC Invite 2019
4	1:16.17	723	Taylor, Jackie	18	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
5	1:18.65	651	Zhu, Caroline	18	NC TAC Titans	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.22	923	Mikuta, Reid	18	NC Swim GSA	12/6/2019	2019 U.S. Open
2	1:14.05	563	Lowe, Kenneth	18	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
3	1:17.59	458	Ryan, Gaige	18	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
4	1:26.32	228	Kuehnert, Samuel	18	NC Xcell Aquatics	11/2/2019	2019 NC SGSA Senior Elite LC M

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:34.24	873	Nelson, Emme	18	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	2:38.24	818	Park, Kayle	18	NC Unattached	2/23/2020	2020 ACC Invite LC
3	2:42.89	756	Taylor, Jackie	18	NC Marlins Of Raleigh	1/19/2020	2020 VA NOVA LC Winter Invitat
4	3:14.14	374	Scalise, Annabeth	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:18.51	920	Mikuta, Reid	18	NC Swim GSA	12/7/2019	2019 U.S. Open
2	2:44.96	549	Lowe, Kenneth	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.45	805	Crouse, Caroline	18	NC Marlins Of Raleigh	3/6/2020	2020 Sectional - Cary
2	1:04.73	761	Stout, Alina	18	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
3	1:04.91	754	Nelson, Emme	18	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary
4	1:05.46	735	Zhu, Caroline	18	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	1:06.24	709	Lange, Sophie	18	NC Carolina Aquatic Team	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	54.83	882	Poelke, Boyd	18	NC SwimMAC Carolina	12/10/2019	Long Course Time Trials Jrs Ea
2	57.11	784	Tuning, Jeffrey	18	NC New Wave Swim Team	3/6/2020	2020 Sectional - Cary
3	57.24	778	Roche, Sam	18	NC Unattached	12/6/2019	2019 U.S. Open
4	57.63	762	Tomlinson, Alex	18	NC TAC Titans	3/6/2020	2020 Sectional - Cary
5	57.65	761	Wang, Conner	18	NC East Carolina Aquatics	3/6/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:14.27	877	Crouse, Caroline	18	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
2	2:20.04	789	Vannote, Ellie	18	NC University Of North Carolina	2/23/2020	2020 ACC Invite LC
3	2:23.96	730	Lange, Sophie	18	NC Carolina Aquatic Team	3/7/2020	2020 Sectional - Cary
4	2:27.01	685	Harris, Chloe	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat
5	2:41.82	478	Martinson, Brynn	18	NC SwimMAC Carolina	1/19/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:03.98	850	Poelke, Boyd	18	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
2	2:08.68	763	Schneider, Ethan	18	NC SwimMAC Carolina	11/7/2019	2020 Pro Series - Greensboro
3	2:09.54	747	Parsons, Garreth	18	NC Marlins Of Raleigh	3/7/2020	2020 Sectional - Cary
4	2:11.38	714	Moore, Joseph	18	NC SwimMAC Carolina	3/7/2020	2020 Sectional - Cary
5	2:12.32	698	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/18/2020	2020 Pro Series - Knoxville

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:21.90	815	McCauley, Ashley	18	NC Unattached	11/24/2019	2019 UT Invite - Longcourse
2	2:22.31	807	Berkoff, Katharine	18	NC NC State University	11/9/2019	2020 Pro Series - Greensboro
3	2:22.95	796	Crouse, Caroline	18	NC Marlins Of Raleigh	3/8/2020	2020 Sectional - Cary
4	2:24.52	768	Nelson, Emme	18	NC SwimMAC Carolina	1/19/2020	2020 Pro Series - Knoxville
5	2:25.81	746	Baric, Maria	18	NC TAC Titans	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.26	814	Hering, Tanner	18	NC Swim GSA	11/9/2019	2020 Pro Series - Greensboro
2	2:12.21	755	Mikuta, Reid	18	NC Swim GSA	11/9/2019	2020 Pro Series - Greensboro
3	2:13.69	726	Lloyd, Owen	18	NC North Carolina Aquatic Club	11/9/2019	2020 Pro Series - Greensboro
4	2:18.93	626	Schneider, Ethan	18	NC SwimMAC Carolina	11/9/2019	2020 Pro Series - Greensboro
5	2:19.06	624	Davis, C.J.	18	NC SwimMAC Carolina	3/8/2020	2020 Sectional - Cary

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:07.57	750	Nelson, Emme	18	NC SwimMAC Carolina	1/17/2020	2020 Pro Series - Knoxville
2	5:08.33	744	Taylor, Jackie	18	NC Marlins Of Raleigh	1/18/2020	2020 VA NOVA LC Winter Invitat
3	5:13.92	701	Sutter, Olivia	18	NC YMCA of Western North Carolina	12/6/2019	2019 U.S. Open
4	5:43.74	487	Martinson, Brynn	18	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat
5	5:46.65	467	Scalise, Annabeth	18	NC SwimMAC Carolina	1/18/2020	2020 NC SwimMAC Novant Invitat

NCS Top Five LC Times as of 8/31/20**LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:33.59	835	Lloyd, Owen	18	NC North Carolina Aquatic Club	1/17/2020	2020 Pro Series - Knoxville
2	4:33.67	834	Rzepecki, Jami	18	NC Unattached	11/22/2019	2019 Ohio State Fall Open Invi
3	4:34.11	830	Dant, Ross	18	NC NC State University	12/6/2019	2019 U.S. Open
4	4:35.07	822	Kerr, Adam	18	NC University Of North Carolina	2/23/2020	2020 ACC Invite LC
5	4:39.69	780	Moore, Joseph	18	NC SwimMAC Carolina	3/6/2020	2020 Sectional - Cary