



NCS TIKI TIME NEWSLETTER

#NCSWIKIWIKI

THURSDAY - AUGUST 1, 2019

MA' I KA'I
(MAH-ee-KAH-ee)

Hawaiian for
"I am fine"



**THE HELPFUL HAWAIIAN'S
WORD OF THE DAY**

Four NCS swimmers achieved cuts for FUTURES during the Thursday evening finals session at the Southern Zone Championships to increase the North Carolina team lead in the 5-day competition. Susan Mumford (16), Alex Wilhelm (17), Jenna Jacobs (14) and Matthew Shanahan (16) all attained new Futures cuts this evening. Mumford and Wilhelm's new cuts came in the 200m Backstroke, while Jacobs' new cut was in the 100m Free. Shanahan achieved the Futures cut in the 15-18 Boys 400m IM which he won dropping more than two seconds from his prelims time. Jacobs and Mumford also won their events. Other winners included Nicole Zettel (12) who won the 50m Backstroke in a personal best of 31.63. Ellery Eward (12) was victorious in her 100m Free with a final time of 1:00.46. With just two days remaining in the Zone competition, the North Carolina swimmers are over 120 points ahead of Florida and Georgia who are themselves only separated by 2.5 points. The 200 Medley and Free relays are still left to be swum and there are quite a few events left in the meet.

NC SWIMMING 11-12 BOYS

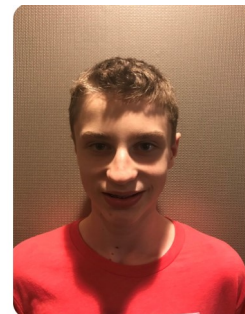
HAWAIIAN NAMES PROVIDED (LOOSELY TRANSLATED)!



GORA NONA



JAN



EMMERELA



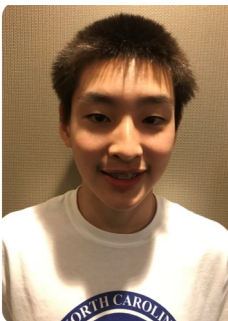
'A' OLE ALOHA



L'OHULE



ONA



LEI PANA PANA PUA



KAEI



EELY ELI 'A'

THURSDAY ZONE MEET RESULTS

EVENT	PL	PRELIMS	PL	FINALS	EVENT	PL	PRELIMS	PL	FINALS
33-Girls 15-18 200m Back	1	Susan Mumford-2:23.26	1	Mumford-2:20.16 (FUT)	44-Boys 11-12 100m Free	4	Max Osman-59.41	4	Osman-59.02
	4	Hanani Dona-2:26.92	4	Dona-2:27.78		5	Darren Liu-1:00.02	6	Liu-59.99
34-Boys 15-18 200m Back	3	Alex Wilhelm-2:13.22	3	Wilhelm-2:11.49 (FUT)		16	John Kroll-1:01.40		
	9	Matthew Shanahan-2:16.24				21	Granger Bartee-1:02.37		
	11	Hamlin Tracy-Williams-2:17.17				39	Ethan Emerton-1:05.43		
	13	Samuel Reiger-2:18.36			45-Girls 15-18 400m IM	3	Kyra Dalbo-5:15.70	3	Dalbo-5:12.79
	14	Brody Carroll-2:19.24				4	Michaela Teachey-5:19.03	5	Teachey-5:14.09
35-Girls 13-14 200m Back	8	Sydney Sanders-2:28.88	7	Sanders-2:27.02		5	MaKayla Ciancanelli-5:20.39	2	Ciancanelli-5:11.75
	10	Jordan Marley-2:29.71			46-Boys 15-18 400m IM	1	Matthew Shanahan-4:44.50	1	Shanahan-4:42.24 (FUT)
36-Boys 13-14 200m Back	3	Colin Whelehan-2:15.79	3	Whelehan-2:13.68		3	Alex Wilhelm-4:46.86	3	Wilhelm-4:45.78
	5	Max Marrujo-2:16.57	4	Marrujo-2:14.08		9	Lucas Grigat-4:55.37		
	7	Lucas Battaglini-2:19.29	6	Battaglini-2:16.78	47-Girls 13-14 400m IM	2	Sydney Sanders-5:10.88	2	Sanders-5:07.70
37-Girls 11-12 50m Back	1	Nicole Zettel-32.35	1	Zettel-31.63		9	Katherine Ivanov-5:20.23		
	5	Taylor Cureton-33.15	6	Cureton-32.69		14	Jordan Marley-5:23.89		
	7	Sydney Holfelder-33.66	4	Holfelder-32.60	48-Boys 13-14 400m IM	2	Willi Dunlap-4:47.46	2	Dunlap-4:45.62
	8	Kathryn Monville-33.69	7	Monville-33.49		5	Max Marrujo-4:52.33	7	Marrujo-4:53.76
38-Boys 11-12 50m Back	2	Granger Bartee-31.37	3	Bartee-30.93		11	Lane Bradshaw-4:57.79		
	5	Goran Cindric-31.72	4	Cindric-31.02	49-Girls 11-12 400 FR REL	1	Eward (1:00.65)		4:05.13
	8	Ethan Emerton-32.18	8	Emerton-32.42			Zettel (1:00.63)		
	11	John Kroll-32.64					Whelehan (1:02.17)		
	19	Aidan Allen-33.25					Monville (1:01.68)		
39-Girls 15-18 100m Free	10	Ede Kosik-1:01.29			50-Boys 11-12 400 FR REL	2	Osman (59.27)		4:00.53
	16	Isabella Anton-1:01.93					Kroll (1:01.28)		
	17	Isabella Gaskey-1:01.98					Bartee (1:00.96)		
	33	Susan Mumford-1:03.76					Liu (59.02)		
40-Boys 15-18 100m Free	4	Graham Hohnbaum-54.98	4	Hohnbaum-54.79	51-Girls 13-14 400 FR REL	5	Dichak (1:01.49)		4:04.11
	13	Samuel Reiger-56.81					Ivanov (1:01.98)		
	15	Lucas Grigat-56.93					Sikes (1:01.19)		
	21	Hamlin Williams-Tracy-57.15					Jacobs (59.45)		
	28	Logan McLuskie-57.55			52-Boys 13-14 400 FR REL	1	Battaglini (55.48)		3:40.90
41-Girls 13-14 100m Free	1	Jenna Jacobs-59.55	1	Jacobs-59.38 (FUT)			Keen (56.11)		
	21	Sarah Dichak-1:02.09					Bradshaw (55.97)		
	30	Katherine Sikes-1:02.64					Lloyd (53.34)		
	41	Lauren Patterson-1:03.83			53-Girls 15-18 400 FR REL	3	Dona (1:00.28)		4:04.12
	50	Mary Shanahan-1:05.29					Gaskey (1:01.24)		
42-Boys 13-14 100m Free	4	Landon Lloyd-54.69	4	Lloyd-54.36			Anton (1:01.26)		
	13	Lucca Battaglini-56.14					Kosik (1:01.34)		
	16	Troy Keen-56.33			54-Boys 15-18 400 FR REL	3	Hohnbaum (55.51)		3:42.51
	23	Lane Bradshaw-56.87					Reiger (55.53)		
	25	Kian Constantine-57.13					Grigat (55.57)		
43-Girls 11-12 100m Free	1	Ellery Eward-1:01.02	1	Eward-1:00.46			Shanahan (55.90)		
	2	Meredith Whelehan-1:01.58	2	Whelehan-1:00.60					
	6	Kathryn Monville-1:02.88	6	Monville-1:02.59					
	13	Clarke Neace-1:03.68							
	22	Reagan Rainey-1:04.70							
	28	Taylor Cureton-1:05.37							

TEAM SCORES AS OF EVENT 54

RANK	LSC	POINTS
1	NORTH CAROLINA	554.5
2	FLORIDA	434.5
3	GEORGIA	432
4	SOUTH CAROLINA	243
5	SOUTH TEXAS	231
6	NORTH TEXAS	224
7	SOUTHEASTERN	140.5
8	FLORIDA GOLD COAST	109.5
9	WEST VIRGINIA	108
10	KENTUCKY	94
11	BORDER	45
12	MISSISSIPPI	26
13	WEST TEXAS	16

FRIDAY, AUGUST 2 — ZONE TEAM ITINERARY

6:30AM — WAKE-UP CALLS
 6:50-7:20AM — BREAKFAST AT HOTEL
 RED T-SHIRT/"HAWAIIAN PUNCH"
 7:30 AM — SHUTTLE 1 DEPARTS (11-12s/13-14G)
 7:45 AM — SHUTTLE 2 DEPARTS (13-14B/15-18s)
 8-8:30 AM — WARM-UP
 9:00AM — PRELIMS BEGIN
 12:36 PM — SESSION ENDS; EVERYONE TO HOTEL
 11-1PM — LUNCH
 1-3:45PM — REST
 TBA — TEAM MEETING
 TBA — 2 SHUTTLE RUNS TO POOL (ALL)
 4:00-5:00 PM — FINALS WARM-UP
 5:30PM — FINALS BEGIN
 7:50PM — FINALS CONCLUDE
 8 PM — 2 SHUTTLE RUNS TO HOTEL
 8:20PM — DINNER AT HOTEL/DAILY WRAP
 9:00PM — IN ROOMS

FRIDAY FINALS EVENT ORDER

GIRLS	EVENT	BOYS
55	11-12 100m BACK	56
57	13-14 100m BACK	58
59	15-18 100m BACK	60
61	11-12 100m BREAST	62
63	13-14 100m BREAST	64
65	15-18 100m BREAST	66
AWARDS BREAK — 15 MINS		
67	13-14 400m FREE	68
69	15-18 400m FREE	70

* 200m MEDLEY RELAYS will be swum at the end of the evening finals session.

