

SOUTHERN ZONE AGE GROUP CHAMPIONSHIP PSYCHE SHEET (2015-2018) – FEMALE EVENTS

Events	AUG 4-8, 2015 (TUPELO, MS)			AUG 2-6, 2016 (CARY, NC)			AUG 1-5, 2017 (TUPELO, MS)			JUL 31-AUG 4, 2018 (MIDLAND, TX)		
11-12	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	27.05	28.18	28.85	27.48	27.97	28.64	27.40	27.97	28.55	27.14	27.98	28.87
100m FR	59.08	1:01.46	1:02.56	59.54	1:00.75	1:01.58	59.64	1:00.21	1:01.78	58.50	59.86	1:02.37
200m FR	2:11.47	2:13.43	2:16.25	2:08.56	2:10.57	2:14.01	2:07.76	2:10.69	2:15.92	2:06.65	2:12.03	2:15.72
400m FR	4:33.71	4:40.02	4:43.55	4:31.62	4:38.26	4:40.00	4:31.11	4:39.87	4:43.40	4:31.94	4:42.28	4:48.64
50m BK	31.10	31.88	32.78	31.00	31.53	32.46	30.96	31.24	32.78	31.10	32.05	32.69
100m BK	1:07.69	1:09.20	1:11.44	1:06.03	1:07.60	1:09.54	1:06.88	1:08.56	1:10.84	1:05.28	1:08.15	1:11.29
50m BR	34.46	36.47	37.72	35.61	35.84	37.25	34.37	35.70	36.68	34.82	35.79	37.17
100m BR	1:17.03	1:18.80	1:21.78	1:16.29	1:18.34	1:21.58	1:14.54	1:16.97	1:20.18	1:15.03	1:18.61	1:20.53
50m FL	28.07	30.37	30.77	28.35	30.25	30.69	29.16	29.72	30.65	28.93	29.77	30.67
100m FL	1:03.51	1:05.56	1:08.60	1:03.30	1:06.66	1:09.00	1:04.57	1:06.10	1:07.97	1:04.27	1:06.86	1:08.93
200m IM	2:27.33	2:30.74	2:35.03	2:25.40	2:27.29	2:33.13	2:24.20	2:28.57	2:33.11	2:25.34	2:30.39	2:32.25
200m MR	2:03.41	2:09.20	2:11.12	2:04.95	2:07.12	2:12.35	2:04.08	2:07.72	2:11.71	2:04.21	2:07.13	2:13.87
400m MR	4:32.06	4:44.37	4:48.17	4:29.83	4:39.97	4:46.91	4:32.41	4:39.78	4:50.53	4:32.29	4:44.51	5:00.95
200m F.R.	1:50.81	1:54.61	1:55.47	1:52.91	1:54.49	1:58.31	1:51.53	1:55.97	1:57.01	1:50.78	1:54.85	1:59.91
400m F.R.	4:04.29	4:13.44	4:19.42	4:04.19	4:08.74	4:20.49	4:02.48	4:11.24	4:16.17	4:01.84	4:09.73	4:21.45
200 MxMR							2:00.43	2:01.98	2:10.37			
200 MxF.R.										1:48.58	1:51.01	1:54.02
13-14	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	26.68	27.26	27.83	26.71	27.22	27.67	27.07	27.45	27.94	26.83	27.44	28.26
100m FR	58.33	58.97	1:00.32	58.31	1:00.06	1:00.94	59.07	59.72	1:00.92	58.20	59.58	1:00.32
200m FR	2:06.10	2:08.56	2:10.16	2:07.18	2:08.31	2:10.18	2:08.91	2:07.40	2:11.78	2:06.20	2:08.73	2:11.12
400m FR	4:25.11	4:29.38	4:34.66	4:26.85	4:31.36	4:35.19	4:29.18	4:34.70	4:40.50	4:26.48	4:32.58	4:37.52
800m FR	9:06.83	9:18.43	9:27.48	9:13.30	9:17.02	9:24.75	9:22.69	9:34.03	9:38.51	9:16.03	9:24.74	9:39.76
100m BK	1:05.81	1:06.45	1:08.14	1:04.72	1:06.09	1:08.08	1:05.63	1:06.66	1:09.26	1:06.02	1:07.22	1:08.39
200m BK	2:19.92	2:23.92	2:25.87	2:19.74	2:23.23	2:24.78	2:20.92	2:23.68	2:26.93	2:21.23	2:26.82	2:29.20
100m BR	1:12.39	1:15.63	1:18.32	1:14.07	1:15.90	1:17.56	1:14.44	1:15.55	1:17.77	1:15.19	1:17.09	1:18.86
200m BR	2:38.22	2:42.72	2:47.18	2:40.87	2:43.80	2:47.83	2:39.35	2:43.54	2:48.62	2:42.80	2:46.96	2:49.49
100m FL	1:04.64	1:05.19	1:06.13	1:02.67	1:05.24	1:06.67	1:02.68	1:04.87	1:06.47	1:03.18	1:04.87	1:06.55
200m FL	2:22.07	2:24.16	2:27.15	2:17.87	2:24.61	2:28.68	2:20.79	2:25.74	2:29.82	2:21.95	2:25.30	2:30.15
200m IM	2:21.57	2:24.36	2:29.33	2:21.86	2:27.11	2:28.43	2:23.99	2:26.49	2:29.51	2:26.70	2:27.85	2:30.38
400m IM	5:00.85	5:04.66	5:15.50	5:01.04	5:08.40	5:15.22	5:09.40	5:12.46	5:20.86	5:08.00	5:12.45	5:19.00
200m MR	2:01.83	2:03.70	2:06.71	2:00.62	2:02.63	2:07.04	2:00.78	2:03.89	2:09.45	2:02.14	2:03.50	2:07.12
400m MR	4:26.24	4:32.60	4:38.13	4:28.54	4:35.98	4:44.41	4:24.53	4:33.52	4:39.40	4:29.04	4:31.17	4:41.38
200m F.R.	1:48.79	1:50.84	1:52.17	1:49.12	1:50.11	1:54.21	1:49.01	1:50.85	1:54.82	1:49.79	1:51.38	1:53.31
400m F.R.	3:58.91	4:03.62	4:08.22	3:59.35	4:02.98	4:07.94	3:56.68	4:01.98	4:07.89	3:59.11	4:02.39	4:15.13
200 MxMR							1:53.51	1:58.09	2:00.98			
200 MxF.R.										1:43.42	1:45.15	1:47.50
15-18	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	26.41	26.98	27.81	27.17	28.13	28.20	27.04	27.44	28.32	27.41	27.87	28.28
100m FR	57.82	58.95	1:00.09	59.20	1:00.40	1:00.95	58.50	59.62	1:00.61	58.88	1:00.28	1:01.63
200m FR	2:06.03	2:07.28	2:09.16	2:05.97	2:09.67	2:11.43	2:05.21	2:08.62	2:10.33	2:07.37	2:10.02	2:12.31
400m FR	4:26.45	4:30.04	4:39.10	4:27.49	4:34.53	4:36.97	4:23.94	4:34.25	4:35.57	4:28.66	4:37.27	4:40.69
800m FR	9:13.65	9:30.57	9:35.72	9:08.14	9:26.77	9:34.32	9:08.36	9:17.02	9:30.48	9:14.21	9:34.49	9:50.60
100m BK	1:04.22	1:05.95	1:07.52	1:06.13	1:08.34	1:09.14	1:05.99	1:07.51	1:09.27	1:04.16	1:07.09	1:08.44
200m BK	2:19.51	2:22.69	2:25.72	2:22.68	2:26.40	2:27.39	2:20.03	2:25.16	2:27.43	2:19.30	2:22.82	2:27.91
100m BR	1:13.59	1:15.13	1:17.83	1:14.87	1:18.35	1:19.96	1:14.03	1:17.93	1:20.22	1:11.99	1:16.84	1:19.90
200m BR	2:38.40	2:40.86	2:47.49	2:42.74	2:47.37	2:52.53	2:40.18	2:52.16	2:54.70	2:38.45	2:48.40	2:53.81
100m FL	1:03.05	1:04.64	1:05.92	1:03.85	1:04.77	1:07.03	1:03.59	1:05.08	1:06.19	1:03.05	1:05.45	1:06.72
200m FL	2:21.60	2:23.78	2:27.15	2:20.13	2:24.87	2:30.96	2:20.41	2:23.87	2:29.91	2:19.82	2:26.78	2:30.29
200m IM	2:21.99	2:24.07	2:27.41	2:26.88	2:27.19	2:30.38	2:25.44	2:28.31	2:30.84	2:23.24	2:27.23	2:32.36
400m IM	5:03.01	5:12.30	5:17.89	5:03.48	5:12.31	5:22.55	5:09.94	5:16.26	5:22.39	5:06.67	5:14.11	5:23.17
200m MR	1:59.98	2:02.77	2:06.54	2:02.76	2:05.46	2:07.81	2:03.31	2:06.07	2:08.79	2:00.85	2:05.46	2:16.06
400m MR	4:24.51	4:30.55	4:36.09	4:28.92	4:37.28	4:41.64	4:31.52	4:33.90	4:42.27	4:24.68	4:34.47	4:53.81
200m F.R.	1:48.17	1:51.69	1:53.01	1:50.93	1:52.44	1:54.41	1:49.33	1:52.11	1:54.77	1:49.96	1:52.36	1:58.10
400m F.R.	3:56.66	4:03.61	4:06.12	4:00.16	4:06.38	4:09.00	3:57.64	4:07.03	4:10.50	3:58.82	4:04.79	4:21.05
200 MxMR							1:53.37	1:57.67	2:00.70			
200 MxF.R.										1:42.15	1:45.38	1:52.32

SOUTHERN ZONE AGE GROUP CHAMPIONSHIP PSYCHE SHEET (2015-2018) – MALE EVENTS

Events	AUG 4-8, 2015 (TUPELO, MS)			AUG 2-6, 2016 (CARY, NC)			AUG 1-5, 2017 (TUPELO, MS)			JUL 31-AUG 4, 2018 (MIDLAND, TX)		
11-12	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	25.93	27.32	27.79	26.35	27.27	27.73	26.28	26.83	27.74	25.59	27.16	27.42
100m FR	57.22	58.18	1:00.99	58.27	58.94	59.76	57.56	58.90	1:00.48	56.56	59.28	59.53
200m FR	2:05.76	2:11.19	2:12.85	2:05.69	2:08.94	2:10.99	2:04.30	2:10.46	2:12.22	2:03.53	2:07.03	2:11.26
400m FR	4:27.62	4:34.46	4:37.08	4:22.97	4:32.59	4:35.17	4:20.61	4:35.46	4:36.18	4:23.13	4:30.81	4:39.76
50m BK	30.58	31.17	31.95	30.24	31.03	31.88	29.45	30.50	32.00	30.95	31.29	32.05
100m BK	1:04.30	1:05.94	1:09.32	1:04.30	1:05.98	1:08.52	1:03.68	1:06.61	1:09.22	1:06.58	1:08.08	1:09.89
50m BR	33.42	34.72	35.84	33.33	33.90	34.71	32.41	34.38	35.70	34.06	34.64	36.32
100m BR	1:14.40	1:15.39	1:18.45	1:13.07	1:13.96	1:16.52	1:10.01	1:15.00	1:18.43	1:13.76	1:15.39	1:19.51
50m FL	28.18	28.85	29.77	28.00	29.39	29.77	28.25	29.74	30.32	28.02	28.82	29.79
100m FL	1:02.20	1:04.69	1:07.12	1:03.13	1:03.89	1:06.98	1:03.02	1:05.20	1:07.08	1:01.78	1:04.73	1:06.79
200m IM	2:19.41	2:24.39	2:29.36	2:20.39	2:24.68	2:27.77	2:21.61	2:27.43	2:30.55	2:21.34	2:29.62	2:31.32
200m MR	1:59.60	2:04.67	2:06.37	1:59.30	2:04.43	2:09.53	2:00.22	2:02.32	2:11.99	2:00.41	2:05.02	2:09.78
400m MR	4:26.68	4:35.11	4:41.36	4:23.75	4:31.18	4:45.70	4:21.90	4:31.51	4:52.93	4:26.06	4:39.03	4:49.93
200m F.R.	1:46.48	1:50.64	1:55.47	1:47.25	1:51.12	1:54.59	1:48.58	1:50.50	1:55.94	1:47.31	1:51.64	1:56.73
400m F.R.	3:57.59	4:07.09	4:11.91	3:54.86	4:04.42	4:12.86	3:58.44	4:02.68	4:17.70	3:56.27	4:06.34	4:12.63
200 MxMR							2:00.43	2:01.98	2:10.37			
200 MxF.R.										1:48.58	1:51.01	1:54.02
13-14	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	24.25	24.52	25.44	24.80	25.17	25.87	24.43	25.02	25.59	24.57	25.25	25.65
100m FR	53.11	53.89	55.81	53.33	55.23	56.29	53.79	55.16	55.92	54.09	54.84	55.41
200m FR	1:55.33	1:59.93	2:01.45	1:57.36	2:00.33	2:01.36	1:57.49	1:59.46	2:01.23	1:56.74	2:00.12	2:01.49
400m FR	4:07.93	4:13.44	4:19.91	4:10.65	4:15.71	4:18.93	4:13.88	4:15.96	4:19.69	4:06.76	4:15.89	4:23.50
1500m FR	16:19.58	16:49.68	17:02.10	16:48.73	16:54.05	17:02.84	16:40.08	16:58.23	17:13.49	16:27.11	16:54.72	17:21.96
100m BK	59.02	1:01.04	1:02.93	59.95	1:01.46	1:03.27	58.86	1:01.63	1:02.38	1:01.16	1:02.21	1:03.64
200m BK	2:09.14	2:10.61	2:15.68	2:09.58	2:15.12	2:16.87	2:10.34	2:11.17	2:15.76	2:11.98	2:15.56	2:19.71
100m BR	1:07.51	1:10.03	1:12.45	1:07.96	1:09.34	1:10.90	1:07.70	1:08.45	1:11.46	1:07.97	1:09.88	1:11.68
200m BR	2:28.21	2:32.35	2:36.47	2:26.88	2:30.67	2:36.39	2:25.47	2:31.07	2:36.43	2:28.77	2:32.16	2:36.98
100m FL	57.44	59.14	1:00.66	58.24	59.10	1:00.40	57.63	59.73	1:00.88	58.73	1:00.15	1:01.07
200m FL	2:10.11	2:13.08	2:15.19	2:09.92	2:12.53	2:16.07	2:10.00	2:13.85	2:17.45	2:08.60	2:13.54	2:19.02
200m IM	2:14.61	2:16.26	2:28.17	2:13.23	2:15.85	2:18.21	2:12.03	2:15.78	2:18.46	2:14.40	2:17.00	2:19.92
400m IM	4:40.83	4:47.15	4:54.12	4:46.94	4:49.40	4:52.16	4:44.69	4:46.72	4:54.73	4:48.09	4:54.91	4:59.51
200m MR	1:51.20	1:52.38	1:56.51	1:50.91	1:53.74	1:57.28	1:50.67	1:54.81	1:57.78	1:52.09	1:52.67	2:00.29
400m MR	4:06.66	4:08.75	4:13.78	4:03.98	4:10.23	4:15.88	4:02.71	4:09.97	4:18.53	4:04.89	4:08.20	4:21.55
200m F.R.	1:39.21	1:40.93	1:45.48	1:40.84	1:42.40	1:45.38	1:39.33	1:41.56	1:44.88	1:39.44	1:41.74	1:45.74
400m F.R.	3:39.74	3:43.11	3:51.02	3:40.43	3:45.23	3:50.70	3:38.75	3:43.34	3:50.63	3:38.69	3:46.58	3:55.08
200 MxMR							1:53.51	1:58.09	2:00.98			
200 MxF.R.										1:43.42	1:45.15	1:47.50
15-18	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th	1 st	4 th	8 th
50m FR	24.10	24.52	25.07	23.99	24.81	25.65	24.25	24.67	25.45	24.78	25.16	25.40
100m FR	52.89	53.82	54.61	52.38	53.83	55.70	53.21	53.86	55.09	53.81	54.50	55.31
200m FR	1:57.01	1:59.14	1:59.47	1:54.89	1:58.62	2:00.96	1:56.96	1:58.32	2:00.21	1:57.81	1:58.60	2:01.33
400m FR	4:10.42	4:13.83	4:18.41	4:07.79	4:13.42	4:16.79	4:08.75	4:15.44	4:18.71	4:10.20	4:18.70	4:23.87
1500m FR	16:19.58	16:49.68	17:02.10	16:22.48	16:42.86	17:07.65	16:25.93	16:52.58	17:25.17	16:27.08	17:04.13	17:22.82
100m BK	58.60	1:00.40	1:02.17	58.72	1:01.33	1:02.70	57.96	1:01.08	1:03.19	1:00.98	1:01.90	1:02.55
200m BK	2:08.58	2:13.52	2:15.25	2:07.23	2:11.40	2:16.71	2:06.73	2:12.86	2:16.88	2:10.86	2:14.66	2:17.20
100m BR	1:06.29	1:07.69	1:09.70	1:06.89	1:08.05	1:10.37	1:06.91	1:07.99	1:09.73	1:08.28	1:10.73	1:12.98
200m BR	2:25.58	2:27.80	2:30.60	2:25.11	2:27.70	2:30.68	2:26.66	2:28.05	2:34.84	2:29.26	2:34.79	2:41.23
100m FL	56.42	57.90	58.99	57.81	58.82	59.47	57.48	58.35	59.35	57.77	58.78	1:00.38
200m FL	2:08.82	2:10.95	2:13.23	2:09.72	2:12.32	2:16.16	2:08.71	2:11.11	2:16.68	2:10.21	2:14.30	2:15.13
200m IM	2:09.29	2:11.37	2:15.98	2:08.47	2:12.86	2:14.78	2:10.63	2:12.75	2:17.16	2:12.08	2:16.59	2:19.41
400m IM	4:41.91	4:44.01	4:50.37	4:34.24	4:41.59	4:46.83	4:37.71	4:48.81	4:52.44	4:43.46	4:47.52	4:57.75
200m MR	1:48.23	1:50.78	1:52.16	1:50.14	1:51.95	1:55.54	1:48.84	1:51.52	1:56.19	1:50.22	1:53.21	2:02.39
400m MR	3:58.63	4:03.44	4:08.69	4:00.98	4:06.79	4:12.89	4:01.56	4:06.94	4:16.06	4:03.65	4:08.38	4:31.35
200m F.R.	1:37.24	1:38.73	1:42.14	1:38.97	1:41.40	1:42.83	1:36.82	1:40.73	1:42.64	1:39.15	1:40.07	1:50.22
400m F.R.	3:35.91	3:39.44	3:43.14	3:36.21	3:40.22	3:46.32	3:35.93	3:41.31	3:48.74	3:36.38	3:40.63	3:59.94
200 MxMR							1:53.37	1:57.67	2:00.70			
200 MxF.R.										1:42.15	1:45.38	1:52.32