

General – Team Travel Policy

The USA Swimming Minor Athlete Abuse Prevention Policy in full is in effect for this team travel event. Specifically, for NCS team travel trips:

a. During team travel, when doing room checks two-deep leadership (two Applicable Adults should be present) and observable and interruptible environments must be maintained.

Team Managers and Chaperones who travel with the club or LSC must be USA Swimming members in good standing.

b. Unrelated non-athlete Applicable Adults must not share a hotel room, other sleeping arrangement or overnight lodging location with an athlete.

Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age.

c. Meetings during team travel must be conducted consistent with the One-on-One Interactions section of this Policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual's hotel room or other overnight sleeping location.

All USA Swimming athlete and non-athlete members are subject to the USA Swimming Code of Conduct.

Below are the team travel policies adopted by North Carolina Swimming in addition to MAAPP. Agreement with these and all USA Swimming and NC Swimming rules and policies shall be indicated by signature of all swimmers and parents of swimmers who participate in NCS team travel events.

- 1) MAAPP and the NC Swimming Travel Policy are in effect for all NC Swimming team travel trips.
- 2) Meet/travel eligibility is determined by:
 - a) Qualifying for meet time standards;
 - b) Code of Conduct; and,
 - c) Final approval to attendance is at the discretion of the coach.
- 3) Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check and taken the Athlete Protection Training.
- 4) Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete).
- 5) Athletes should not ride alone in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior written parental permission is given.
- 6) Aside from a supervised team room provided for relaxation and recreation, the propriety of athletes and staff shall be supported by maintaining no mixing of different gender athletes visiting behind closed doors. Therefore, there will be no male athletes in female athletes' rooms and no female athletes in male athletes' rooms (unless the other athlete is a sibling or spouse of that particular athlete).
- 7) Curfews shall be established by the coach/chaperone each day of the trip.

General – Team Travel Policy

- 8) Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
- 9) When visiting public places such as shopping malls, movie theatres, etc., swimmers will stay in groups of no less than three persons. 12 & under athletes will be accompanied by a coach/chaperone.
- 10) The coach/chaperone shall make a written report of Team Travel Policy or Code of Conduct violations to the Head Coach and parent or legal guardian of any affected minor athlete. Furthermore, at the discretion of the coach, violation of MAAPP, the Team Travel Policy, or Code of Conduct may render expulsion from event and immediate departure at the parent's expense.
- 11) Further safety considerations:
 - a) Must wear seat belts and remain seated in vehicles.
- 12) Further behavior considerations:
 - a) Respect the privacy of each other;
 - b) Be quiet and respect the rights of teammates and others in hotel;
 - c) Be prompt and on time; and,
 - d) Respect travel vehicles.
- 13) Further financial considerations:
 - a) No room service without permission;
 - b) Swimmers responsible for all hotel charges which include, but not limited to room rate and incidental charges;
 - c) Swimmer responsible for any damages or thievery at hotel.
 - d) Swimmer responsible for daily expenses included, but not limited to gas and food.
- 14) Each coach may establish rules of conduct beyond those rules stated herein and those stated in any other manner. Swimmers are to abide by the rules established by their coach as rules established by NCS. I agree to follow the coach's rules and instruction, and to abide by any consequences as issued by the coach.
- 15) All team members, team staff, and parents of minors are apprised in writing of this Travel Policy. A signature on this document constitutes unconditional agreement to comply with the stipulations.

I agree to abide by all terms of the NCS Swimming Team Travel Policy.

Signature of Swimmer: _____ Date: _____

My swimmer and I have read and understand the agreement and agree to abide by the Travel Policy.

Signature of Parent/Guardian: _____ Date: _____