



Advanced Para Swimming Clinic

ASCA World Clinic

Provided by ASCA in conjunction with U.S. Paralympics Swimming

Tuesday, September 4th

1:00 – 5:00 p.m.

Anaheim, California

2-hour classroom session and 2-hour pool session with Paralympians

Register through ASCA World Clinic at:

<https://swimmingcoach.org/2018-asca-world-clinic-registration/>

ASCA Cost \$ 50.00

Clinic focus:

- Current World Para Swimming classification process
 - How to adapt a pool workout
- How to adapt training concepts to fit different sport class and disability needs
 - How to adapt a seasonal plan for a Para swimmer
- Pool demonstrations, including stroke, start and turn options for different sport classes and disabilities

For information, resources and how to register to attend this event, please visit:

<https://swimmingcoach.org/2018-asca-world-clinic-registration/>

