

**NC SR LC Championships, Sanction #: NC18095 NC18095TT**  
**Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 0 Seconds / Back +15 Seconds / Chase -20

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 800 Freestyle	56	7 u	05:00 PM	_____
Finals	2 Men 800 Freestyle	58	8 u	06:12 PM	_____
	Break: 10 Minutes:				
Finals	3 Women 800 Freestyle Relay	18	3 u	07:38 PM	_____
Finals	4 Men 800 Freestyle Relay	17	3 u	08:06 PM	_____
	Swimmers Counts for Warm-ups: 114	=====	=====		
	Entry / Heat Totals:	149	21		
	Finish Time			08:32 PM	_____

**NC SR LC Championships, Sanction #: NC18095 NC18095TT****Session Report**

Session: 2 Friday Preliminaries

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds / Chase -20

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	5 Women 200 Freestyle	151	19	09:00 AM	_____
Prelims	6 Men 200 Freestyle	149	19	09:38 AM	_____
Prelims	7 Women 100 Breaststroke	107	14	10:11 AM	_____
Prelims	8 Men 100 Breaststroke	82	11	10:25 AM	_____
Prelims	9 Women 100 Butterfly	157	20	10:35 AM	_____
Prelims	10 Men 100 Butterfly	148	19	10:52 AM	_____
Prelims	11 Women 400 IM	79	10 u	11:06 AM	_____
Prelims	12 Men 400 IM	92	12 u	11:57 AM	_____
	Swimmers Counts for Warm-ups: 545	=====	=====		
	Entry / Heat Totals:	965	124		
	Finish Time			12:53 PM	_____

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**Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 120 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	5 Women 200 Freestyle	24	3 u	06:00 PM	_____
Finals	6 Men 200 Freestyle	24	3 u	06:13 PM	_____
Finals	7 Women 100 Breaststroke	24	3 u	06:25 PM	_____
Finals	8 Men 100 Breaststroke	24	3 u	06:34 PM	_____
Finals	9 Women 100 Butterfly	24	3 u	06:44 PM	_____
Finals	10 Men 100 Butterfly	24	3 u	06:53 PM	_____
Finals	11 Women 400 IM	24	3 u	07:02 PM	_____
Finals	12 Men 400 IM	24	3 u	07:24 PM	_____
	Break: 10 Minutes:				
Finals	13 Women 400 Freestyle Relay	24	3 u	07:54 PM	_____
Finals	14 Men 400 Freestyle Relay	25	4 u	08:13 PM	_____
	Swimmers Counts for Warm-ups: 151	=====	=====		
	Entry / Heat Totals:	241	31		
	Finish Time			08:37 PM	_____

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Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 7 Seconds / Back +5 Seconds / Chase -27

Round	Event	Entries	Heats	Starts at	
Prelims	15 Women 200 Butterfly	57	8	09:00 AM	_____
Prelims	16 Men 200 Butterfly	77	10	09:18 AM	_____
Prelims	17 Women 50 Freestyle	211	27	09:38 AM	_____
Prelims	18 Men 50 Freestyle	176	22	09:55 AM	_____
Prelims	19 Women 200 Breaststroke	97	13	10:07 AM	_____
Prelims	20 Men 200 Breaststroke	78	10	10:41 AM	_____
Prelims	21 Women 100 Backstroke	165	21	11:04 AM	_____
Prelims	22 Men 100 Backstroke	118	15	11:25 AM	_____
Prelims	23 Women 400 Freestyle	92	12 u	11:38 AM	_____
Prelims	24 Men 400 Freestyle	114	15 u	12:30 PM	_____
	Swimmers Counts for Warm-ups: 616	=====	=====		
	Entry / Heat Totals:	1,185	153		
	Finish Time			01:32 PM	_____

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**Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Women 200 Butterfly	24	3 u	06:00 PM	_____
Finals	16 Men 200 Butterfly	24	3 u	06:14 PM	_____
Finals	17 Women 50 Freestyle	24	3 u	06:26 PM	_____
Finals	18 Men 50 Freestyle	24	3 u	06:34 PM	_____
Finals	19 Women 200 Breaststroke	24	3 u	06:41 PM	_____
Finals	20 Men 200 Breaststroke	24	3 u	06:55 PM	_____
Finals	21 Women 100 Backstroke	24	3 u	07:08 PM	_____
Finals	22 Men 100 Backstroke	24	3 u	07:18 PM	_____
Finals	23 Women 400 Freestyle	24	3 u	07:28 PM	_____
Finals	24 Men 400 Freestyle	24	3 u	07:48 PM	_____
	Swimmers Counts for Warm-ups: 189	=====	=====		
	Entry / Heat Totals:	240	30		
	Finish Time			08:06 PM	_____

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**Session Report**

Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +5 Seconds / Chase -20

Round	Event	Entries	Heats	Starts at	
Prelims	25 Women 100 Freestyle	206	26	09:00 AM	_____
Prelims	26 Men 100 Freestyle	192	24	09:20 AM	_____
Prelims	29 Women 200 Backstroke	123	16	09:35 AM	_____
Prelims	28 Men 200 Backstroke	86	11	10:12 AM	_____
Prelims	31 Women 200 IM	153	20	10:35 AM	_____
Prelims	32 Men 200 IM	163	21	11:20 AM	_____
	Break: 10 Minutes:				
Finals-S	33 Women 400 Medley Relay	16	2 u	12:13 PM	_____
Finals-S	34 Men 400 Medley Relay	19	3 u	12:23 PM	_____
	Break: 10 Minutes:				
Finals-S	27 Women 1500 Freestyle	23	3 u	12:47 PM	_____
Finals-S	30 Men 1500 Freestyle	36	5 u	01:41 PM	_____
	Swimmers Counts for Warm-ups: 574	=====	=====		
	Entry / Heat Totals:	1,017	131		
	Finish Time			03:07 PM	_____

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**Session Report**

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Women 100 Freestyle	24	3 u	05:30 PM	_____
Finals	26 Men 100 Freestyle	24	3 u	05:39 PM	_____
Finals-1	27 Women 1500 Freestyle	8	1 u	05:48 PM	_____
Finals	28 Men 200 Backstroke	24	3 u	06:09 PM	_____
Finals	29 Women 200 Backstroke	24	3 u	06:22 PM	_____
Finals-1	30 Men 1500 Freestyle	8	1 u	06:36 PM	_____
Finals	31 Women 200 IM	24	3 u	06:55 PM	_____
Finals	32 Men 200 IM	24	3 u	07:09 PM	_____
	Break: 10 Minutes:				
Finals-1	33 Women 400 Medley Relay	8	1 u	07:31 PM	_____
Finals-1	34 Men 400 Medley Relay	8	1 u	07:38 PM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	176	22		
	Finish Time			07:45 PM	_____