



Promoting Excellence by Providing Resources to Support and Empower the North Carolina Swimming Community

MEETING MINUTES

Fall House of Delegates

Sunday, October 11, 2015, 1:00 PM

NC State, Talley Student Union, Coastal Ballroom

1. Call to Order – Dave Olack
 - a. Meeting was called to order at 1:10 PM
2. Roll Call – Lisa Olack
 - a. Per registration as attached; 60 votes
3. Reading, correction and adoption of minutes – Lisa Olack
 - a. **MOTION: Approve April 12, 2015, HOD minutes - PASSED**
4. Officer Reports
 - a. Welcome – Dave Olack
 - i. Athlete forum had approximately 20 athletes and went well; coaches forum also went well; Swimposium, April 23, 2016, in conjunction with select camp, Carolina Crown Challenge, and HOD-any suggestions please forward to Dave.
 - ii. Congratulated lifetime members awarded at USAS; Suzanne Heath, Kathy McKee, and Wayne Shulby
 - iii. Congratulated Phillips 66 awardees from last night's awards banquet; Trish Martin and Colleen Gillan
 - b. Senior Committee – Jay Dodson
 - i. Reported on athlete development-see attachments
 - c. Age Group – Kathy McKee
 - i. Marketing plans for Swim Today and Swim Jitsu; 2 kits for Swim Today-one on recruiting the other on retention
 - ii. Progressions for Athlete Development-The committee is working on a document for progressions for Athlete development. They have gone to people that have expertise in nutrition, psychological skills, etc. Kathy will forward as soon as it is available.
 - iii. David Benzel workshop-motivation for swimmers comes from within but coaches can help nurture; power point of the workshop is available through Kathy
 - iv. Zone coach – JP Merchant; Manager – Amy Faulk
 - v. 14 & Under LC champ meet template was revised; start Thursday's session one hour earlier; no 10 minutes break before mile; 12 & under distance-no score, all will swim
 - d. Finance – Jon Fox/Carl Labonge
 - i. Balance Sheet-in very good shape; Wells Fargo endowment down 1% but still in performing very well

- ii. Income Statement-zone over budget due to location (Tupelo, MS) and the addition of zone open water
 - iii. Carl reported that we use a general budgeting process however, he would like ideas that will help the LSC and require funding appropriately; see the appropriate chair, Jon, or Carl
- 5. Elections – Wayne Shulby
 - a. The following were elected: Administrative Vice Chair – Trish Martin; Age Group Vice Chair – Kathy McKee; Treasurer – Jon Fox; Safe Sport/Safety Coordinator – JP Merchant; Member/Registration Coordinator – Suzanne Heath; NCS Zone Board of Review – Joel Black, Kevin Thornton, Erika Braun; Sarah Holman moves up to Senior Coach Representative-nominations for Junior Coach Representative from the floor-Jon Jolley nominated and elected; 21 current members on the board with 3 athletes-we need 2 more athletes; athletes elected-2 at large athletes-Patrick Frith and Alan Hudgens
- 6. Legislation – Wayne Shulby
 - a. See attached legislative changes
- 7. Committee Reports
 - a. Club Development-Trish Martin
 - i. Deadline for applications extended through Friday, October 16, 2015. Any suggested changes to the program forward to Trish
 - b. Camps – Jonathan Watson
 - i. IMX-January 23-24, 2016, GAC, 11-13 year olds
 - ii. Swimposium-April 23, 2016, GAC, Select Camp (14 and under) and Carolina Crown Challenge (15-18 year olds)
 - c. Technical Committee – Kevin Thornton
 - i. LC meet calendar was reviewed and approved at yesterday's technical meeting; no bids for senior champs in July-see Jay Dodson
 - ii. Time standards for the LC 14 and under champ meets have been tightened
 - d. Membership – Barb Frith/Suzanne Heath
 - i. Use deck pass – real time; no official membership cards will be distributed this year-available through OTS; club portals-Barb has logins for all clubs
 - ii. Suzanne reported on Scholastic All American (SAA)-1,925 total athletes achieved this honor with North Carolina coming in at the top with 119; time standards for next year will be the Winter Junior National cuts and those athletes achieving a 4.0 AND a national title will receive special recognition
 - e. Senior Development Committee – Paul Silver
 - i. May have 4 future meets; 1400 swimmers already qualified for trials, estimated that 2000 will be in attendance; tickets for trials going fast with all day tickets available until October 13 at which time 4 day groupings will be available
 - f. Communications – Ronnie Roach
 - i. Web site has been compromised; email outage – problem resolved
 - ii. New site goal-November 1, 2015 – it will be mobile responsive
 - iii. Social media-facebook with multiple authors; instagram plus an athlete instagram; twitter
 - iv. Team list from SWIMS
 - v. Each tab will have one static page with one news feed per page; “sticky” page-articles will stay on website longer; banner ads along top of website

- vi. By 12/31/15, communication calendar which will go to twitter and facebook automatically
- 8. Old Business
 - a. None
- 9. New Business
 - a. NCS Hall of Fame-Trish Martin
 - i. Trish relayed Hill Carrow's report that the Hall of Fame which began in 1985 for 6 years will be resurrected and the kick off will be during the national masters meet on Friday, April 29, 2016; this date was chosen based on having an audience at the event and expecting 600 swimmers; Trish Martin will be the point of contact; focus will be on the swimming community and all aquatic sports; a physical presence is in the works with the coliseum and GAC open to potentially house it.
 - b. Raffle winners – Brad Herndon and JP Merchant
- 10. Schedule
 - a. Swimposium – Saturday, April 23, 2016, GAC
 - b. Spring 2016 House of Delegates – Sunday, April 24, 2016, GAC
- 11. Adjournment
 - a. Meeting was adjourned at 2:22 PM
- 12. References/Attachments
 - a. Check-in Register
 - b. Senior Reports
 - c. Balance Sheet
 - d. Income Statement
 - e. Fantastic 4
 - f. IMX
 - g. LC Meet Calendar
 - h. 2016 Qualifying Times
 - i. Legislation
 - j. Slate of Nominations

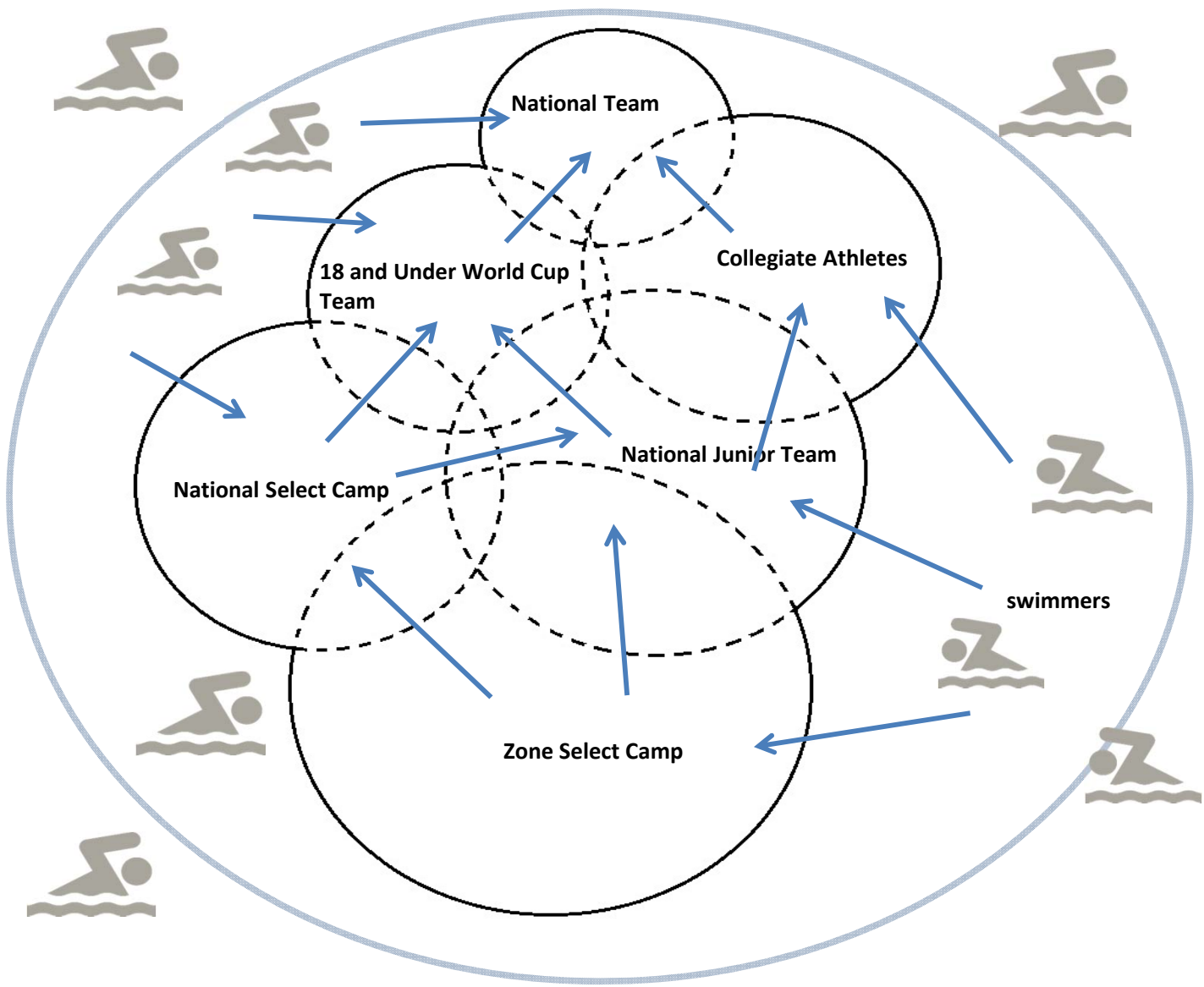
	A	B	C	D	E	F	G	H	I
1	Club Code	Club Name	Club Type	# of Members	# of Votes	Representative	Representative	Representative	Athlete Representative
2	ASC	Asheville Swim Club	Club	55	3				
3	ASTF	Fayetteville Area Swim Team	Club	104	3				
4	ATOM	Aquatic Team of Mecklenburg	Club	100	3	Shaynah Kleber			
5	BAC	Brunswick Aquatic Club	Club	79	3				
6	BAD	Badfish Aquatics	Club	59	3				
7	BDA	Blue Dolphin Aquatics	Club	5	1				
8	BHRC	Brevard Health & Racquet	Club	19	2				
9	CAST	Capital Area Swim Team	Club	28	3				
10	CCAC	Cherokee County Aquatic Club	Club	52	3				
11	CFAC	Cape Fear Aquatic Club	Club	61	3				
12	CVAC	Catawba Valley Aquatic Club	Club	84	3				
13	DU	Duke University	Club	22	1				
14	CAT	Carolina Aquatic Team	Club	189	3	Josh Weaver	Cole Dutton	Chris Pierson	
15	EAC	Enfinity Aquatic Club	Club	84	3				
16	ECA	East Carolina Aquatics	Club	484	3	Casey Charles			
17	ECU	East Carolina University	Club	16	3				
18	FAST	FAST Swim Team	Club	5	1				
19	FISH	Fort Bragg Fighting Fish	Club	4	1				
20	GCY	Greensboro Community YMCA	Club	265	3	Brad Herndon	Cynthia Shannon	Todd Webber	
21	GFSC	Granite Falls Swim Club	Club	131	3				
22	GG	Gaston Gators	Club	121	3				
23	GOLD	Goldsboro YMCA	Club	202	3				

	A	B	C	D	E	F	G	H	I
24	GWA	Gardner Webb Aquatics	Club	13	2				
25	GYW	Gateway YWCA	Club	72	3				
26	HAC	Hillsborough Aquatci Club	Club	95	3				
27	HCAC	Harnett County Aquatic Club	Club	33	3				
28	HPSC	High Point Swim Club	Club	250	3	Kiki Farmer			
29	LENR	Swim Lenoir	Club	56	3				
30	LOY	J Smith Young YMCA Sting Rays	Club	67	3				
31	LTNC	Lifetime Fitness NC	Club	56	3				
32	MAC	SwimMac Carolina	Club	900	3	Kimi Davidson	John Fedena		
33	MHAC	Mars Hill College Swim Team	Club	23	2				
34	MOR	Marlins of Raleigh	Club	611	3	Jonathan Watson	Cara Cameron	Nick Wakotten	
35	MSA	Mecklenburg Swim Assoc	Club	360	3				
36	MSC	Morganton Swim Club	Club	82	3				
37	NCAC	North Carolna Aquatic Club	Club	380	3	Ronnie Roach	Sean Quinn	Stephanie Toth	Claire DeSelm
38	WOLF	NC State Wolfpack	Club	24	3				
39	NMA	NOMAD	Club	236	3	Tom Dougherty			
40	NSS	New South Swimming	Club	110	3	Steve Romito	Barb Frith		Jack Walker
41	NUMA	New Millenium Aquatics	Club	23	2				
42	PAC	N. Piedmont Aquatics	Club	56	3				
43	PAST	Pinehurst Area Swim Team	Club	19	2				
44	QCD	Queen City Dolphins	Club	75	3	Rodney Sellars			
45	QU	Queens University	Club	27	2				
46	RACY	Rowan YMCA	Club	57	3				

	A	B	C	D	E	F	G	H	I
47	RCST	Rutherford County Swim Team	Club	36	3				
48	RMY	Rocky Mount YMCA	Club	62	3	Yvonne Wilkins			
49	RSA	Raleigh Swimming Assoc.	Club	324	3	Megan Onstott	Jack Roney		
50	STAT	Stingray Aquatics	Club	165	3				
51	SAC	Sharks Aquatic Club	Club	54	3	Saxon Simpson			
52	SAIL	Sailfish Aquatics	Club	262	3				
53	SFSC	Swim Fanatics Swim Club	Club	75	3				
54	SGSA	Swim GSA	Club	231	3	Ashley Cox			
55	SMAC	Smoky Mountain Aquatic Club	Club	88	3				
56	SQID	Sanford Squids	Club	56	3				
57	SSS	Sandhills Sandsharks	Club	122	3				
58	STAR	Star Aquatics	Club	238	3	Jay Dodson	Ed Gomez		
59	TAC	TAC Titans	Club	713	3	Raz Cuparencu	Jamie Saffer		Julia Poole
60	TEAM	Team Charlotte	Club	70	3	Scott Olsen			
61	TRY	Twin Rivers YMCA	Club	50	3				
62	TYDE	Northwest RipTYDE YMCA	Club	380	3	Nathan Durrell			
63	UA	Ultra Aquatics	Club	1	1				
64	UN	Unattached	Club	415					
65	UNC	Univ. of North Carolina	Club	4	1				
66	VACB	Vance Aquatic Club	Club	31	3				
67	WA	Wingate Aquatics	Club	49	3				
68	WAKE	NMyWake Aquatics	Club	45	3				
69	WAVE	New Wave Swim Team	Club	420	3	Melissa Lower	Ed Lower	Iva Benov	

	A	B	C	D	E	F	G	H	I
70	WBST	Wilson Barracudas	Club	56	3				
71	WNCY	Western NC YMCA	Club	166	3	Kirk Hamplemann	Brian Tremml		
72	WOW	Waves of Wilmington	Club	207	3	JP Merchant			
73	WST	Watauga Swim Team	Org	58	3				
74	XA	Xcell Aquatics	Club	49	3				
75	YBAC	Alamance YMCA	Club	51	3	David McDevitt			
76	YOTA	YMCA of the Triangle	Club	678	3	John Newell	Drew Oberg	Tom Hazelett	
77	YOTS	YMCA of the Sandhills	Club	27	2				
78	YSST	Hickory YMCA	Club	120	3	Susan Hefner			Faith Hefner
79									
80									
81									
82	Board	Dave Olack			1	X			
83		Trish Martin			1	X			
84		JP Merchant			1				
85		Jay Dodson			1				
86		Kathy McKee			1	X			
87		Carl Labonge			1	X			
88		Lisa Olack			1	X			
89		Jon Fox			1	X			
90		Joel Black			1	X			
91		Jon Jolley			1	X			
92		Sarah Holman			1	X			
93		Connor Rammacher			1				
94		Clair DeSelm			1				
95		Chip Peterson			1				
96		Erika Braun			1				
97		Seth Maslowski			1				
98		Melody Squires			1				

	A	B	C	D	E	F	G	H	I
99		Kevin Thornton			1	X			
100		Suzanne Heath			1	X			
101		Todd Webber			1				
102		Rodney Sellars			1				
103		John Roy			1	X			
104		David Marsh			1				
105		Paul Silver			1	X			
106		Brandon Drawz			1				
107					234	38	12	6	4



Elite Athlete Programming Flowchart





USA Swimming National Team

Developmental Athlete Programming Strategies: 2016 Quadrennial

USA Swimming has long offered a spectrum of teams and camps to serve elite developmental athletes. One common debate in establishing a talent identification system is: Quantity versus Quality. Should pipelines be designed to “cast the net over” every possible athlete or should resources be targeted for athletes with the best chance of succeeding? Elite athletes can be identified younger than 18 years old, but no policy or guideline can identify every athlete with elite potential. In reality, “pipelines” are flawed, since they cannot be 100% accurate. One of the strengths of USA Swimming lies in the autonomy and freedom that coaches have in training their athletes; clubs are not solely dependent on programming to reach the highest levels and attempting to make them reliant restricts the identification process.

Many variables characterize the different constituent groups that comprise elite developmental athletes in our sport such as age, performance metrics, event, and experience. Elite athletes develop and mature at different stages of their careers that are difficult to predict. In the 2016 quad the USA Swimming National Team offers three strategies for identifying and servicing 18-and-under elite athletes. Below is a philosophical outline of those services. The over-arching concept of these programs is to nurture and develop the USA Swimming National Team culture of sportsmanship and excellence.

Strategy 1 *Be inclusive to all athletes who perform at the highest level*

National Junior Team

Athletes can qualify for the National Junior Team at any USA Swimming sanctioned or FINA approved meet, allowing coaches to select the best meet for their athletes and teams to compete in. This broad selection criteria casts a large net in an effort to identify athletes who achieve one of the top six 18-and-under times in Olympic events from January to September.

Strategy 2 *Select a group of Elite Athletes based on their performance under pressure*

World Junior Championship Team/Junior Pan Pacific Championship Team

This travel team identifies a smaller group of athletes (20-26 men and 20-26 women) who qualify by performing on a competitive stage with the best athletes in the country. From year to year, this team will be selected based on the fastest times from the results of a selection meet or meets. By being selected at these high level meets, athletes demonstrate their ability to perform under pressure, while still allowing the coaches flexibility in selecting their taper meet for their teams.

Strategy 3 *Identify athletes who are competitive on the international stage*

18 and Under World Cup Team

In an effort to identify athletes that are competitive on an international level, this team is selected based on world rankings at the end of the long course season in September. To qualify, women must have a time that is top 50 in the world and men must have a time that is top 75 in the world. The team is limited to the 10 highest world ranked men and the 10 highest world ranked women.

North Carolina Swimming Balance Sheet
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September 30, 2015

Bank of America

	<u>9/30/2015</u>	<u>9/30/2014</u>	<u>9/30/2013</u>	<u>9/30/2012</u>	<u>12/30/2011</u>
Main	\$239,881.08	\$220,640.52	\$146,995.25	\$221,897.51	\$262,841.13
Travel Fund	\$199,375.70	\$154,939.04	\$111,785.10	\$75,921.50	\$121,094.94
Petty Cash	\$3,137.18	\$1,401.53	\$977.76	\$2,471.76	\$777.48
CD (Liquid)	\$100,232.41	\$100,184.22	\$100,074.63		
CD	\$50,101.39	<u>\$50,073.55</u>	<u>\$50,019.02</u>	<u>\$20,896.25</u>	<u>\$20,859.24</u>
TOTAL	\$592,727.76	\$527,238.86	\$409,851.76	\$321,187.02	\$405,572.79

<u>Wells Fargo</u>	\$1,103,675.49	\$1,115,924.10	\$1,020,179.29	\$945,216.67	\$861,307.84
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North Carolina Swimming
Profit & Loss Statement
September 30, 2015

<u>Account</u>	<u>Name</u>	<u>2015 Actual</u>	<u>2015 Budget</u>	<u>2014 Actual</u>	<u>2014 Budget</u>	<u>2013 Actual</u>	<u>2013 Budget</u>	<u>2012 Actual</u>	<u>2012 Budget</u>
301	Banquet	\$3,680.24	\$2,576.00	\$4,040.60	\$2,538.00	\$3,022.51	\$2,500.00	\$4,616.98	\$2,500.00
305	Camps	\$21,400.00	\$12,985.00	\$22,271.23	\$12,793.00	\$22,950.00	\$19,500.00	\$17,690.00	\$19,500.00
317	Entry Fees	\$105,798.20	\$79,419.00	\$100,543.66	\$77,862.00	\$88,315.27	\$76,335.00	\$45,914.44	\$53,000.00
325	Endowment		\$10,000.00		\$11,692.00		\$8,000.00	\$8,000.00	\$6,500.00
340	Select Camp	\$18,560.00	\$19,000.00	\$23,590.00	\$19,041.00	\$17,600.00	\$18,760.00	\$18,760.00	\$16,500.00
353	Zone Team	\$39,825.00	\$21,635.00	\$24,000.00	\$21,315.00	\$22,800.00	\$21,000.00	\$19,000.00	\$22,900.00
370	Registration	\$701,258.96	\$632,400.00	\$582,681.40	\$593,426.00	\$578,035.50	\$559,414.00	\$161,191.50	\$469,440.00
375	Sanction Fees	\$4,348.61	\$1,751.00	\$1,591.00	\$1,726.00	\$1,432.61	\$1,700.00	\$817.31	\$1,500.00
395	Miscellaneous*		\$5,000.00		\$4,000.00	\$8,348.44	\$1,000.00	\$500.00	\$3,500.00
	TOTAL INCOME	\$894,871.01	\$784,766.00	\$758,717.89	\$744,393.00	\$742,504.33	\$708,209.00	\$276,490.23	\$595,340.00
401	Banquet	\$13,366.77	\$12,500.00	\$4,515.42	\$12,500.00	\$7,910.96	\$12,500.00	\$6,171.86	\$13,000.00
405	Camps	\$31,294.63	\$19,500.00	\$27,998.75	\$24,431.00	\$29,937.34	\$21,000.00	\$15,614.16	\$19,000.00
410	Web Page	\$2,775.70	\$1,000.00	\$357.40	\$1,000.00		\$1,000.00	\$1,000.00	\$500.00
415	Coaches' Education	\$500.00	\$3,500.00		\$3,500.00	\$2,470.00	\$3,500.00	\$500.00	\$3,500.00
425	Contingency*	\$12,968.18	\$7,500.00	\$10,598.72	\$7,500.00	\$8,417.53	\$7,500.00		\$10,000.00
430	Convention/LSC Meetings	\$17,357.23	\$20,500.00	\$25,483.38	\$20,500.00	\$17,166.12	\$20,500.00	\$4,265.21	\$17,000.00
438	Office Expenses	\$4,229.91	\$2,000.00	\$3,549.50	\$1,500.00	\$7,438.17	\$5,000.00	\$1,710.06	\$7,000.00
444	Officials' Expenses	\$9,038.94	\$13,500.00	\$6,813.83	\$12,000.00	\$8,026.60	\$11,400.00	\$5,020.59	\$6,800.00
449	Select Camp	\$22,643.45	\$19,000.00	\$24,052.89	\$18,600.00	\$17,409.08	\$18,600.00	\$17,665.62	\$20,000.00
453	Zones	\$72,900.73	\$42,000.00	\$61,508.82	\$39,000.00	\$44,425.80	\$39,000.00	\$29,402.12	\$42,000.00
460	Club Support	\$13,167.25	\$13,500.00	\$11,334.00	\$13,500.00	\$9,267.28	\$13,500.00	\$7,625.05	\$18,500.00
470	USA Swimming Registration	\$587,153.00	\$530,000.00	\$465,228.00	\$498,716.00	\$507,138.00	\$470,133.00	\$182,311.30	\$383,730.00
473	Registration/Administration	\$65,985.84	\$76,833.00	\$61,531.51	\$74,235.00	\$67,495.24	\$71,724.00	\$47,691.04	\$58,100.00
495	Miscellaneous	\$3,348.46	\$5,000.00	\$5,000.00	\$5,000.00	\$43.00	\$1,500.00	\$556.00	\$1,500.00
	Team Incentives	\$4,814.00	\$10,000.00		\$10,000.00		\$10,000.00		
	Diversity Workshops		\$1,550.00		\$1,550.00		\$1,550.00		
	Training		\$360.00		\$360.00		\$360.00		
	Safety	\$1,225.96	\$1,300.00		\$500.00	\$837.39	\$500.00		
	TOTAL EXPENSES	\$862,770.05	\$779,543.00	\$707,972.22	\$744,392.00	\$727,982.51	\$709,267.00	\$319,533.01	\$600,630.00
	Travel Fund								
389	Travel (Meet Income)	\$111,788.00	\$102,624.00	\$128,397.91	\$100,612.00	\$102,610.06	\$98,639.00		\$66,659.00
489	Travel (Athlete Funding)	\$80,054.91	\$85,000.00	\$63,256.00	\$72,500.00	\$58,556.00	\$62,500.00		\$111,859.99

nCS Fantastic Four

IMX CAMP

WHO: Camp for the Top-20 IMX Scorers in the 11, 12, and 13 year old single age groups boys and girls from Long Course 2015.

WHERE: Greensboro Aquatic Center

WHEN: January 23-24, 2016 (Sat/Sun)

COST: \$160 per participant

Applications available for selected athletes starting October 31 at ncswim.org. May the Force Field be with You at this camp!



SELECT CAMP

WHO: Camp for the Top-5 finishers at the NCS Age Group Championship Meet in each event conducted for 10&U, 11-12 and 13-14 athletes. Top-5 NCS athletes in the 10&U 500yd Free and 11-12 1000yd Free at the 14&U Age Group Sectional Championship.

WHERE: Greensboro Aquatic Center

WHEN: April 23-24, 2016 (Sat/Sun)

COST: \$160 per participant

Golden tickets presented at Championship meets to athletes selected.



CAROLINA CROWN

WHO: Top ranked 15-18 year olds from North and South Carolina are selected and compete in a single-day, quad meet format long course. Athletes are selected from performances conducted between Sept. 1, 2015-March 14, 2016.

WHEN: Saturday, April 23, 2016

WHERE: Greensboro Aquatic Center

COST: \$65 per participant

Selections announced late March, 2016. It's not a stretch to make it if you work hard!



SOUTHERN ZONE MEET

WHERE: The NCS Zone Team will be on fire when the Southern Zone Championships come to Cary at the Triangle Aquatic Center in 2016.

WHEN: August 2-6, 2016

WHO: Top-8 athletes in 11-12, 13-14 and 15-18 age groups selected from times swum through NCS long course championships.





The 2016 IMX Camp will take place at the Greensboro Aquatic Center (GAC) on January 23-24, 2016. The cost of the 2-day camp will be \$160 per athlete attending. A complete application and camp outline will be available by Oct. 31, 2015 at www.ncswim.org. Below is a listing of the top-20 girls (age 11, 12 and 13) who were selected based on their IMX long course IMX rankings during 2015. Five additional alternates are listed below and will be invited should any of the top-20 automatic swimmers decline so the camp has 20 athletes present in each age group. The deadline to apply will be November 10, 2015. In the meantime, please email Camp Coordinator, Jonathan Watson at 01silversurfer@bellsouth.net by October 25 with your intent to participate or decline.

TOP-RANKED NCS GIRLS BY IMX SCORE			
#	11 YEAR OLDS	12 YEAR OLDS	13 YEAR OLDS
1	Hook, Charlotte (4163) – TAC	Nordstrom, Mia (3737) – MOR	Arens, Abby (4700) – MOR
2	Zhang, Jolene (3920) – TAC	Morgan, Sydney (3499) – NCAC	Crouse, Caroline (4261) – MOR
3	Browning, Jordan (3699) – SwimMAC	Jones, Morgan (3492) – SwimGSA	Hall, Darcy (4248) – RSA
4	Hollowell, Sarah (3658) – RSA	Davis, Laura (3486) – SwimMAC	Flickinger, Maddy (4246) – SwimMAC
5	Haroldson, Olivia (3422) – MOR	Ally, Emily (3441) – GCY	Merry, Anneliese (4136) – NCAC
6	Dona, Hanani (3373) – SwimMAC	Boulware, Sophie (3411) – MOR	Campbell, Mckenzie (4062) – GCY
7	Schoppa, Maura (3255) – SwimGSA	Burke, Lily (3405) – SwimMAC	Vannote, Ellie (4055) – SwimMAC
8	Anton, Isabella (3159) – SwimMAC	Zettel, Brooke (3290) – MOR	Turcanu, Nina (4015) – YSST
9	Alexander, Reece (3120) – TYDE	Pham, Jacquelyn (3289) – TAC	Turner, Haley (3764) – MOR
10	Grande, Isabella (3073) – MOR	Gaskey, Izza (3275) – SwimMAC	Dichak, Victoria (3705) – SwimMAC
11	Groce, April (3044) – RSA	Mumford, Susan (3275) – SwimMAC	Harris, Chloe (3697) – SwimMAC
12	Denson, Bethany (2944) – GCY	Woody, Sophia (3213) – ASC	Pozder, Ema (3677) – TAC
13	Curzan, Claire (2930) – NCAC	Rauch, Katie (3173) – ATOM	Mangaoang, Desirae (3670) – SwimMAC
14	Bartis, Rowan (2849) – SwimMAC	Smith, Corina (3145) – MOR	Stout, Alina (3645) – SwimMAC
15	Clark, Abby (2846) – TAC	Ricciardi, Carolina (3142) – SwimMAC	Pinnix, Omega (3594) – GCY
16	Jackson, Sarah (2828) – TAC	Yandle, Ava (3113) – SwimMAC	Cera, Adrianna (3584) – MOR
17	Campbell, Emily (2817) – MOR	Pape, Caroline (3080) – TYDE	Francis, Sophie (3568) – SwimMAC
18	Strout, Jennifer (2774) – TAC	Grotjohn, Kennedy (3080) – TAC	Lamoreux, Jordan (3535) – NMA
19	Speerschneider, Kate (2750) – YOTA	Russell, Claire (2968) – SwimMAC	Merritt, Kensley (3420) – SwimMAC
20	Szabo, Nicole (2734) – MOR	Carson, Megan (2925) – YOTA	Guo, Vivian (3415) – RSA
ALT	Behringer, Ashley (2706) – HAC	Said, Nisma (2923) – TAC	Peters, Evelyn (3380) – SwimMAC
ALT	Wilson, Peyton (2688) – GCY	Grimsrud, Lauren (2902) – WAVE	Morgan, Brooke (3364) – YOTA
ALT	Horn, Caitlin (2651) – NMA	Chen, Helen (2878) – RSA	Lichtenberger, Chloe (3238) – SwimMAC
ALT	Ivanov, Gabby (2651) – YWNC	Arwood, Fiona (2821) – YWNC	Joyce, Genna (3186) – MOR
ALT	McDevitt, Elizabeth (2647) – YBAC	Hartis, Sydney (2815) – MOR	Barnette, Isabella (3171) – MOR



The 2016 IMX Camp will take place at the Greensboro Aquatic Center (GAC) on January 23-24, 2016. The cost of the 2-day camp will be \$160 per athlete attending. A complete application and camp outline will be available by Oct. 31, 2015 at www.ncswim.org. Below is a listing of the top-20 boys (age 11, 12 and 13) who were selected based on their IMX long course IMX rankings during 2015. Five additional alternates are listed below and will be invited should any of the top-20 automatic swimmers decline so the camp has 20 athletes present in each age group. The deadline to apply will be November 10, 2015. In the meantime, please email Camp Coordinator, Jonathan Watson at 01silversurfer@bellsouth.net by October 25 with your intent to participate or decline.

TOP-RANKED NCS BOYS BY IMX SCORE			
#	11 YEAR OLDS	12 YEAR OLDS	13 YEAR OLDS
1	Greeley, David (4138) – NCAC	Thakur, Jake (4347) – TAC	Whipple, Zack (4852) – SwimMAC
2	Duracinsky, Jacob (3957) – MOR	Barnett, Wesley (4081) – SwimMAC	Cairns, Zac (4388) – NCAC
3	Haughey, Braeden (3808) – TAC	Ghim, Christopher (3950) – TAC	Baldwin, Daniel (4222) – WAVE
4	Soule, Will (3708) – ASC	Thompson, Brian (3806) – TAC	Georges, Dylan (4097) – NCAC
5	Kroll, Matthew (3685) – NMA	Silver, Ryan (3718) – MOR	Poteat, Max (3944) – NCAC
6	Miller, Brandon (3550) – RMY	Strukelj, Theo (3711) – NCAC	Duckworth, Ben (3943) – NMA
7	Willis, Gabe (3414) – NCAC	Baker, Jay (3707) – YOTA	Wiltsey, Kevin (3900) – SwimMAC
8	Zucker, Logan (3392) – SwimMAC	Connery, Timothy (3690) – NMA	Monahan, Conall (3895) – SwimMAC
9	Abaqueta, Cam (3250) – SwimMAC	Nelson, Baylor (3615) – SwimMAC	Marquardt, Jack (3879) – ATOM
10	Hoffman, Gregory (3201) – SwimMAC	Simmons, Victor (3613) – ATOM	Pritchard, Gator (3817) – DUKE
11	Riley, Nick (3175) – RSA	Chapman, JJ (3575) – MOR	Gehrig, John (3627) – SwimMAC
12	Sleater, Patrick (3147) – ASC	Hughes, Connor (3553) – WAVE	Lowe, Kenneth (3554) – SwimMAC
13	Johnson, AJ (3028) – YWNC	Kim, Stephen (3525) – SwimMAC	Wombacher, Rio (3511) – RSA
14	Cameron, Ian (3001) – NCAC	Nowacek, Jack (3504) – ECA	Lloyd, Owen (3495) – NCAC
15	Vasudevan, Srikanth (2972) – TAC	Hollowell, John (3453) – RSA	Forst, Preston (3367) – UN
16	Jao, Nathan (2931) – TYDE	Wyatt, Trevor (3422) – TYDE	Atkinson, Ike (3279) – SwimMAC
17	Lee, Hyoseon (2873) – WAVE	Payne, Mitchell (3372) – TAC	Guthrie, Wyatt (3238) – SwimGSA
18	Volpe, Michael (2871) – NCAC	Cotter, Michael (3332) – TAC	Svendsen, Hugh (3195) – SwimMAC
19	McGovern, Camden (2824) – YOTA	Qaqish, Danny (3275) – NCAC	Carter, Jared (3108) – WAVE
20	Congiusta, Matthew (2769) – YOTA	Griffey, Alex (3255) – SwimMAC	Vess, John (3019) – YWNC
ALT	Lim, Alex (2670) – NCAC	Benton, Jack (3232) – YOTA	Davis, Jackson (2864) – SwimMAC
ALT	Chang, Austin (2610) – NCAC	Boone, Garrett (3186) – ATOM	Nario, Austin (2797) – TYDE
ALT	Jong, Ethan (2572) – NCAC	Keaney, Reilly (3175) – SwimGSA	Barker, Christopher (2794) – WAVE
ALT	Taylor, Mason (2524) – MOR	Navarro, Josh (3138) – TAC	Donnelly, Jason (2398) – MOR
ALT	Thornhill, Kwame (2429) – SwimMAC	Powe, Harrison (3119) – NMA	Graham, Sam (2387) – TYDE



2016 LCM NCS Meet Schedule Template

<u>Date</u>	<u>Meet Bids</u>	<u>Location</u>	<u>Type of Meet</u>	<u>Requested Meets</u>	<u>Other Dates</u>
Apr 15-17	STAR Friday Night Races 4/15 only	GAC, Greensboro, NC	TF - AG/Sr - Ind-\$2, Facility-\$15, Other-\$5		Arena Pro Series April 14-16 Mesa, AZ
April 23	Carolina Crown NCS / SCS All-Star Meet	GAC, Greensboro, NC	Closed		
April 22-24	House of Delegates	Greensboro, NC	Closed Week End		
	GCY Friday Night Spring - April 22 Only - CLOSED "A" designate	GAC, Greensboro, NC	TF - AG/Sr - Ind-\$4, Relay-\$10, Facility-\$18, Parking		
April 29- May 1	Swim Mac 11&U - 4/30 only	Charlotte Latin, Charlotte, NC	TF - 11&U / Ind-\$5, Facility-\$15		
	NCAC Quad Meet 4/30-5/1 only	UNC-Chapel Hill, Chapel Hill, NC	TF - AG/Sr - Ind-\$5, Relay-\$10, Facility-\$15		
	GOLD Long Course Invite	Goldsboro YMCA, Goldsboro, NC	TF - AG/Sr - Ind-\$2.50, Facility-\$5		
May 6-8	2015 Swim Mac Spring Splash - 5/7-8 only	Charlotte Latin, Charlotte, NC	TF - AG/Sr - Ind-\$5, Relay-\$15, Facility-\$15		
	Tac Titans Cinco de Mayo	TAC, Cary, NC	TF-P/F - AG/Sr - Ind-TF \$6 / P/F \$8, Relay-\$14, Facility-\$12, LSC-\$3		



2016 LCM NCS Meet Schedule Template

	SGSA Mother's Day Special - May 6-7 Only	GAC, Greensboro, NC	TF - AG/Sr - Ind-\$5, Relay-\$12, Facility-\$12, LSC-\$3		
13-15	Swim Mac Arena Series Aren Pro Series May 12-15	MCAC, Charlotte, NC	Pro Series		Arena Pro Series May 12-15 TBA
	STAR Long Days of Summer - Quad - Closed	GAC, Greensboro, NC	TF - AG/Sr - Ind-\$3.50, Facility-\$15, Other \$5-\$10		
	Gaston Gator Amazing Meet - CLOSED	Huntersville AC, Huntersville, NC	TF - AG/Sr - Ind-\$5, Relay-\$10, Facility-\$15		
20-22	Swim Mac Saturday Night Fever - 5/21 Only - Closed	Charlotte Latin, Charlotte, NC	TF - AG/Sr - Ind-\$5, Facility-\$15		
	TAC Jr Titans Open May 22 Only	TAC, Cary, NC	TF - AG/Sr - Ind-\$6, Relay-\$14, Facility-\$12, LSC-\$3		
	NCAC Meet on the Hill	UNC-Chapel Hill, Chapel Hill, NC	P/F - AG/Sr - Ind-\$5, Relay-\$10, Facility-\$15		
	YBAC Spring Invite	GAC, Greensboro, NC	TF - AG/Sr - Ind-\$4, Facility-\$15, Parking		
	ECA Dual Meet 0 Closed - 5/21-22 only	Sports Center, Morehead City, NC	TF - AG/Sr - Ind-\$3, Relay-\$8, Facility-\$10		
27-29	2016 WNCY HULA Invite - CLOSED Y	Asheville Rec Park Pool, Asheville, NC	TF - AG/Sr - Ind-\$3.50, Relay-\$8, Facility-\$12		



2016 LCM NCS Meet Schedule Template

June 3-5			Closed Week End Open Water Champion- ships		Arena Pro Series Santa Clara, CA + Indy, IN June 2-5 + Open Water Zones Ft Myers Beach, FL
Closed Date	Swim Mac Olympic Trial Prep Event - CLOSED / 6/4 ONLY	Charlotte Latin, Charlotte, NC	TF - Sr/Open - Ind-\$5, Facility-\$15		
10-12	HPSC Furniture City	High Point City Lake Park, High Point, NC	TF-P/F - AG/Sr - Ind-\$4, Relay-\$12, Facility-\$LSC		
	GCY Prelim/Finals/TT	GAC, Greensboro, NC	PF/TT - AG/Sr -Ind-\$6, Relay-\$12, Facility-\$18, Parking		
	2016 SAC Summer Open	Shelby City Park Pool, Shelby, NC	TF - AG/Sr - Ind-\$4.50, Facility-\$15, LSC-\$3		
17-19	YSST 10th Annual Bob Pratt	Hickory Foundation, Hickory, NC	TF - AG/Sr - Ind-\$3, relay- \$10, Facility-\$15		
	MOR State Games - 6/18- 19 ONLY	Optimist/Pullen Park, Raleigh, NC	TF - AG/Sr/Open - \$50 per swimmer		
	TAC Titans TYR Triangle Classic	TAC, Cary, NC	TF-P/F - AG/Sr - Ind-TF \$6 / P/F \$8, Relay- \$14,Facility-\$12,LSC-\$3		
	ECA Beach Invite	Sports Center, Moorehead City, NC	TF - AG/SR - Ind-\$3.50, Relay-\$8, Facility-\$12		
24-26	61st Eastern Invitational	GAC, Greensboro, NC	TF / PF - AG/Sr - Ind-\$6, Relay-\$12, Facility-\$15, LSC-\$3, Parking		Olympic Trials June 26 – July 3 Omaha, Nebraska



2016 LCM NCS Meet Schedule Template

July 1-3					Para Olympics June 30 - July 2 Charlotte, NC
8-10	MOR Long Course Qualifier	Optimist Park, Raleigh, NC	TF - AG/Sr?Open - Ind-\$4.50, Facility-\$15	At Least 2 Qualifier Meets	
	Tac Titans July Qualifier - July 9 Only	TAC, Cary, NC	TF / Other - Ag/Sr - Ind-\$6, \$10, Facility-\$12, LSC-\$3		
	TAC Jr Titans Open July 10 Only - Short Course	TAC, Cary, NC	TF - AG/Sr - Ind-\$5, Relay-\$12, Facility-\$12, LSC-\$3		
	2016 SAC Last Chance Qualifier	Shelby City Park Pool, Shelby, NC	TF - AG/Sr - Ind-\$4.50, Facility-\$15, LSC-\$3		
15-17	TAC Titans - AG Champs	TAC, Cary, NC	TF / PF - AG - Ind + Relay + Facility + LSC = LSC Charges	NCS 14 and Under AG Champs	Senior Sectionals July 14-17 GAC Greensboro, NC
22-24				NCS Senior Champs	
Closed Date	Swim Mac Intrasquad - Short Course Yards - CLOSED-7/23 ONLY	Charlotte Latin, Charlotte, NC	TF - 14U - Ind-\$5, Facility-\$10		
Closed Date	Swim Mac 12&U - LCM Closed-7/23 ONLY	Charlotte Latin, Charlotte, NC	TF - AG - Ind-\$5, Relay-\$15, Facility-\$15		
29-31	HPSC Tar Heel State	High Point City Lake Park, High Point, NC	TF-P/F - AG/Sr - Ind-\$4, Relay-\$12, Facility-\$LSC		
	Sailfish Aquatics Summer Splash Invitational	Huntersville AC, Huntersville, NC	TF - P/F- AG/Sr - Ind-\$5, Relay-\$10, Facility-\$18		
	NCAC Tar Heel State Meet	UNC-Chapel Hill, Chapel Hill, NC	P/F - AG/Sr - Ind-\$5, Relay-\$10, Facility-\$15		



2016 LCM NCS Meet Schedule Template

Aug 5-7					US Open Aug 2-6 + Futures Aug 4-7 + Olympic Games – Swimming dates- Aug 6-13, RioD, BRA + Speedo Jr Nationals Aug 8-12
12-14					
19-21					
26-28					Jr Pan Pac Champs Aug 24-28 Kihei, HI
September FPP					USAS Convention Sept 18-25 Atlanta, GA

THURSDAY			NOON WARM UP	TF 130 pm		
FEMALE	LC	SC	EVENT	SC	LC	MALE
1	10:20.99	11:29.39*	13-14 800 FR	11:08.89*	10:04.99	2
3	6:11.39	5:20.69*	11-12 400 IM	5:20.39*	6:08.26	4
5	NQT	NQT	13-14 800 FRR	NQT	NQT	6

FRIDAY	13-14		7AM W-UP	PRE 830 AM		
FEMALE	LC	SC	EVENT	SC	LC	MALE
7	2:20.89*	2:01.19*	200 FR	1:56.99*	2:15.29	8
9	1:25.39	1:13.39*	100BR	1:09.59*	1:21.79	10
11	1:12.59*	1:02.79*	100FL	59.89*	1:10.29*	12
13	5:40.59	4:50.39*	400IM	4:43.49*	5:30.39	14
			10' BREAK			
15	NQT	NQT	400 FRR	NQT	NQT	16

SATURDAY	13-14		7AM W-UP	PRE 830 AM		
FEMALE	LC	SC	EVENT	SC	LC	MALE
19	2:42.39	2:21.29*	200 FL	2:14.89*	2:38.19	20
21	29.79*	25.59*	50 FR	24.29*	28.39	22
23	3:03.99	2:38.29*	200 BR	2:31.49*	2:58.59	24
25	1:15.19*	1:03.39*	100 BK	1:00.59*	1:12.69	26
27	4:58.39	5:26.39*	400 FR	5:16.19*	4:48.09*	28
			10' BREAK			

29	NQT	NQT	400 MR	NQT	NQT	30
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SUNDAY	13-14		7AM W-UP	PRE 830 AM		
FEMALE	LC	SC	EVENT	SC	LC	MALE
35	1:04.49*	55.79*	100 FR	53.19*	1:01.99*	36
37	2:42.19	2:15.89*	200 BK	2:11.49*	2:35.89	38
39	2:40.49*	2:18.19*	200 IM	2:10.99*	2:33.09*	40
			10' BREAK			
33	19:48.09	19:21.69	1500 FR	18:40.79	19:22.59	34

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FRIDAY						
FEMALE	LC	SC	EVENT	SC	LC	MALE
43	31.39*	27.39*	11-12 50 FR	26.99*	30.79*	44
45	35.99	31.49*	10&U 50 FR	31.49*	36.29	46
47	1:19.09*	1:08.19*	11-12 100 FL	1:09.89*	1:18.99*	48
49	1:38.69	1:25.79*	10&U 100 FL	1:25.79*	1:38.69	50
51	41.49	35.69*	11-12 50 BR	36.69*	42.49*	52
53	48.29	41.49*	10&U 50 BR	43.09*	49.69	54
55	5:19.69	5:50.99*	11-12 400 FR	5:52.69*	5:23.69	56
57	5:54.29	6:27.49*	10&U 400 FR	6:24.29*	5:51.49	58
59	NQT	NQT	11-12 400 FRR	NQT	NQT	60
17	2:53.19	2:29.09*	11-12 200 BK	2:25.89*	2:52.79	18

SATURDAY						
FEMALE	LC	SC	EVENT	SC	LC	MALE
61	2:55.89	2:32.99*	10&U 200 FR	2:32.29*	2:54.29	62
63	2:30.99	2:09.89*	11-12 200 FR	2:10.09*	2:29.19*	64
65	1:47.09	1:31.89*	10&U 100 BR	1:33.79*	1:49.09	66
67	1:32.49*	1:18.09*	11-12 100 BR	1:19.89*	1:33.29	68
69	1:33.49	1:20.09*	10&U 100 BK	1:20.99*	1:33.79	70
71	1:18.79*	1:08.39*	11-12 100 BK	1:08.59*	1:19.49*	72
73	NQT	NQT	10&U 200 MR	NQT	NQT	74
75	NQT	NQT	11-12 400 MR	NQT	NQT	76
31	2:54.99	2:31.59*	11-12 200 FL	2:30.19*	2:53.29	32

SUNDAY						
FEMALE	LC	SC	EVENT	SC	LC	MALE
77	43.19	36.09*	10&U 50 BK	37.19*	42.69	78
79	37.09*	31.59*	11-12 50 BK	31.89*	37.49*	80
81	3:20.59	2:54.19	10&U 200 IM	2:54.19*	3:20.59	82
83	2:50.69	2:26.19*	11-12 200 IM	2:26.49*	2:51.09*	84
85	41.49	36.29*	10&U 50 FL	36.69*	41.39	86
87	34.19*	29.89*	11-12 50 FL	30.59*	34.49*	88

89	1:19.99	1:10.29*	10&U 100 FR	1:10.29*	1:20.89	90
91	1:09.29*	59.69*	11-12 100 FR	59.09*	1:08.49*	92
93	NQT	NQT	10&U 200 FRR	NQT	NQT	94
95	NQT	NQT	11-12 200 FRR	NQT	NQT	96
41	3:15.19	2:48.59*	11-12 200 BR	2:44.19*	3:12.79	42

To be Considered by the
House of Delegates
Fall 2015

R-01

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Change the sanctioning due date for Quad meets to be within 30 days of the meet instead of 60 days.

Rationale: Make Quad Meets consistent with Closed, Dual, and Tri

Submitted by: Sean Quinn

Recommendation: *(Office Use Only)*

Effective Date: Immediate

203.3. APPLICATION PROCEDURE

.1 Meets - For swim meets other than closed, dual, ~~or tri~~ or quad meets, prior scheduling approval is required except as provided in Article 202. As soon as possible after scheduling approval, and at least sixty (60) days before the meet, the meet host must submit to the Senior Vice Chair or his designee:

- A. Completed sanction request with forms for the following NCS Officers, Chair, or his/her designee: Senior Vice Chair, Age Vice Chair, Technical Planning Chair.
- B. Meet announcement Sheet. See Article 206 for required information.
- C. Order of Events.
- D. Appropriate Fees. **See Article 202.**
- E. Any additional information required by the Senior Vice Chair or designee.

Note: Meet hosts should submit the meet sanction request IMMEDIATELY after the meet has been scheduled by the NCS House of Delegates or Board of Directors.

.2 Closed, Dual, ~~and Tri~~ or Quad Meets – A completed sanction request, description of the nature and format of the meet, name of the meet referee, any additional information required by the Senior Vice Chair or designee and required fees, if any, shall be submitted to the Senior Vice Chair or designee at least thirty (30) days before the meet.

.3 The Senior Vice Chair or designee shall consider the request promptly and, if approved will issue a sanction.

.4 The sanctioning process should be completed within thirty (30) days.

To be Considered by the
House of Delegates
Fall 2015

R-02

ACTIONS: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Revise 212.5.1H. Camp Reimbursement to conform to the policy currently in effect.

Rationale: The two documents do not agree

Submitted by: Bill Martin

Recommendation: *(Office Use Only)*

Effective Date: Immediately

212.5 ALLOCATION OF FUNDS

.1

H. Camp Reimbursement

1. National Select Camp: two hundred dollars (\$200)

2. National Open Water Select Camp: two Hundred Dollars (\$200);

3. Zone Select Camp: one hundred dollars (\$100)

and 4. Zone Diversity Select Camp: ~~one~~ two hundred dollars (\$~~100~~ 200)

To be Considered by the
House of Delegates
Fall 2015

R-03

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Allow BOD to approve meets on protected dates that do not detract from the protected event

Rationale: Holding the Carolina Crown meet on Saturday evening of HOD/Swimposium weekend will not detract from attendance at HOD, but could enhance participation.

Submitted by: BOD

Recommendation: *(Office Use Only)*

Effective Date: Immediate

*****REQUIRES 90% APPROVAL*****

ARTICLE 205: AWARD OF DATES

205.1. SCHEDULING

- .3 A protected date is a date where no additional NCS sanctioned meets open to a particular level of swimmer may be subsequently added to the schedule. Saturday and Sunday of any weekend for the following events on the scheduled NCS calendar will be protected dates for which no meets shall be sanctioned or approved except as noted.

1. Regularly scheduled HOD meetings
2. NCS SC 14 and Under and Senior Championships Meets
3. NCS LC 14 and Under and Senior Championships Meets
4. NCS Open Water Championships

Closed championships are exempt. Meets may be awarded on the dates of events 2 or 3 for swimmers who are ineligible to compete in the protected meet.

The BOD may approve meets on protected weekends that do not detract from attendance at the protected event.

In the year of Olympic Trials, a meet may be sanctioned with the support of the National Team Director during the protected date of the Open Water Championships as long as the meet is designed and sanctioned to provide a beneficial opportunity to swimmers participating in or are nearly qualified for the selection meet (minimum of Summer Junior National time standard).

To be Considered by the
House of Delegates
Fall 2015

R-04

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Change Time Std for OT Qualifying Meet on OW weekend in OT Year.

Rationale: Summer Juniors has gotten a lot faster since the rule was added. The Winter Junior stds are faster than the Summer Junior stds when this rule was passed.

Submitted by: Sarah Holman

Recommendation: *(Office Use Only)*

Effective Date: Immediate

*****REQUIRES 90% APPROVAL*****

ARTICLE 205: AWARD OF DATES

205.1. SCHEDULING

- .3 A protected date is a date where no additional NCS sanctioned meets open to a particular level of swimmer may be subsequently added to the schedule. Saturday and Sunday of any weekend for the following events on the scheduled NCS calendar will be protected dates for which no meets shall be sanctioned or approved except as noted.

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4. NCS Open Water Championships

Closed championships are exempt. Meets may be awarded on the dates of events 2 or 3 for swimmers who are ineligible to compete in the protected meet.

In the year of Olympic Trials, a meet may be sanctioned with the support of the National Team Director during the protected date of the Open Water Championships as long as the meet is designed and sanctioned to provide a beneficial opportunity to swimmers participating in or are nearly qualified for the selection meet (minimum of Summer-Winter Junior National-time standards).