

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 10 & under 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>   | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------|------------|--|------------------|-----------------------------------|
| 1           | 27.84       | 768                 | Bailey, Leigh | 10         | NC Aquatic Team Of Mecklenburg         | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 27.91       | 764                 | Oliaro, Mia   | 10         | NC YMCA of the Triangle Area Swim Team | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 28.29       | 737                 | Cruz, Agnes   | 10         | NC Greensboro Community YMCA           | 10/17/2015       | 2015 NC TYDE Andy Craver Autum    |
| 4           | 28.37       | 732                 | Chan, Chloe   | 10         | NC Raleigh Swimming Association        | 1/10/2016        | 2016 NC CAT Frozen Frenzy         |
| 5           | 28.41       | 729                 | Donlan, Molly | 10         | NC SwimMAC Carolina                    | 1/17/2016        | 2016 NC SwimMAC Novant Health     |

### Boys 10 & under 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|-----------------------------------|
| 1           | 26.54       | 839                 | Bradshaw, Lane    | 10         | NC SwimMAC Carolina            | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 26.73       | 827                 | Najera, Humberto  | 10         | NC SwimMAC Carolina            | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 27.01       | 809                 | Battaglini, Lucca | 10         | NC North Carolina Aquatic Club | 2/27/2016        | 2016 NCS SC AG Championships      |
| 4           | 27.05       | 806                 | Lloyd, Landon     | 10         | NC North Carolina Aquatic Club | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 27.24       | 794                 | Edwards, Jonathan | 10         | NC High Point Swim Club        | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 1:00.59     | 777                 | Pierce, Camila | 10         | NC Raleigh Swimming Association | 11/7/2015        | 2015 NC TAC TITANS Big Souther    |
| 2           | 1:00.73     | 772                 | Cotter, Keelan | 10         | NC TAC Titans                   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 1:01.00     | 762                 | Dry, Elena     | 10         | NC Marlins of Raleigh           | 12/13/2015       | 2015 NC WAVE TYR Fall States      |
| 4           | 1:01.26     | 753                 | Donlan, Molly  | 10         | NC SwimMAC Carolina             | 2/28/2016        | 2016 NCS SC AG Championships      |
| 5           | 1:01.31     | 751                 | Topp, Makenna  | 10         | NC SwimMAC Carolina             | 12/13/2015       | 2015 NC WAVE TYR Fall States      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 10 & under 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 57.76       | 857                 | Najera, Humberto  | 10         | NC SwimMAC Carolina             | 2/28/2016        | 2016 NCS SC AG Championships      |
| 2           | 58.62       | 827                 | Li, Andrew        | 10         | NC Raleigh Swimming Association | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 58.64       | 826                 | Bradshaw, Lane    | 10         | NC SwimMAC Carolina             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 59.30       | 804                 | Lloyd, Landon     | 10         | NC North Carolina Aquatic Club  | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 59.42       | 800                 | Edwards, Jonathan | 10         | NC High Point Swim Club         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|--|------------------|-----------------------------------|
| 1           | 2:10.52     | 791                 | Cotter, Keelan | 10         | NC TAC Titans                          | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:11.14     | 779                 | Dry, Elena     | 10         | NC Marlins of Raleigh                  | 12/12/2015       | 2015 NC WAVE TYR Fall States      |
| 3           | 2:12.33     | 757                 | Topp, Makenna  | 10         | NC SwimMAC Carolina                    | 12/12/2015       | 2015 NC WAVE TYR Fall States      |
| 4           | 2:12.43     | 755                 | Pierce, Camila | 10         | NC Raleigh Swimming Association        | 9/19/2015        | 2015 NC RSA Red Black Intrasqu    |
| 5           | 2:15.78     | 695                 | Oliaro, Mia    | 10         | NC YMCA of the Triangle Area Swim Team | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 10 & under 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 2:04.87     | 871                 | Najera, Humberto  | 10         | NC SwimMAC Carolina              | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 2:06.07     | 850                 | Li, Andrew        | 10         | NC Raleigh Swimming Association  | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:11.11     | 762                 | Edwards, Jonathan | 10         | NC High Point Swim Club          | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:11.60     | 754                 | Whelehan, Colin   | 10         | NC Triangle Aquatics Club Titans | 11/8/2015        | 2015 NC TAC TITANS Big Souther    |
| 5           | 2:11.75     | 751                 | Battaglini, Lucca | 10         | NC North Carolina Aquatic Club   | 2/27/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 10 & under 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1           | 5:39.15     | 881                 | Pierce, Camila   | 10         | NC Raleigh Swimming Association        | 11/6/2015        | 2015 NC TAC TITANS Big Souther    |
| 2           | 5:50.48     | 798                 | Cotter, Keelan   | 10         | NC TAC Titans                          | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 5:53.66     | 776                 | Topp, Makenna    | 10         | NC SwimMAC Carolina                    | 12/11/2015       | 2015 NC WAVE TYR Fall States      |
| 4           | 5:58.35     | 743                 | Jackson, Claire  | 10         | NC TAC Titans                          | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 6:08.25     | 676                 | Armand, Samantha | 10         | NC YMCA of the Triangle Area Swim Team | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 10 & under 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 5:34.55     | 862                 | Li, Andrew        | 10         | NC Raleigh Swimming Association  | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 5:34.71     | 861                 | Najera, Humberto  | 10         | NC SwimMAC Carolina              | 1/2/2016         | 2016 NC MAC IM Extreme Challen    |
| 3           | 5:48.23     | 773                 | Whelehan, Colin   | 10         | NC Triangle Aquatics Club Titans | 11/6/2015        | 2015 NC TAC TITANS Big Souther    |
| 4           | 5:49.13     | 767                 | Edwards, Jonathan | 10         | NC High Point Swim Club          | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 5:53.61     | 739                 | Marrujo, Max      | 10         | NC TAC Titans                    | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 50 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|--|------------------|-----------------------------------|
| 1           | 30.30       | 1061                | Smith, Breanna | 9          | NC YMCA of the Triangle Area Swim Team | 3/19/2016        | 2016 NC TAC TITANS Tar Heel St    |
| 2           | 32.10       | 768                 | Pierce, Camila | 10         | NC Raleigh Swimming Association        | 11/6/2015        | 2015 NC TAC TITANS Big Souther    |
| 3           | 32.44       | 745                 | Welsh, Lily    | 10         | NC YMCA of the Triangle Area Swim Team | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 32.60       | 734                 | Plaza, Sofia   | 10         | NC Aquatic Team Of Mecklenburg         | 2/27/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |       |     |               |    |    |                  |           |                                |
|---|-------|-----|---------------|----|----|------------------|-----------|--------------------------------|
| 5 | 32.72 | 726 | Topp, Makenna | 10 | NC | SwimMAC Carolina | 2/14/2016 | 2016 NC TYDE Valentine Qualifi |
|---|-------|-----|---------------|----|----|------------------|-----------|--------------------------------|

### Boys 10 & under 50 Backstroke Short Course Yards

| Rank | Time  | Power Points | Name              | Age | LSC / Club                       | Swim Date  | Meet                              |
|------|-------|--------------|-------------------|-----|----------------------------------|------------|-----------------------------------|
| 1    | 29.99 | 912          | Thompson, Will    | 10  | NC Aquatic Club of Chapel Hill   | 3/12/2016  | 2016 GA ESSZ Age Group Championsh |
| 2    | 30.24 | 896          | Battaglini, Lucca | 10  | NC North Carolina Aquatic Club   | 2/27/2016  | 2016 NCS SC AG Championships      |
| 3    | 31.29 | 828          | Najera, Humberto  | 10  | NC SwimMAC Carolina              | 12/13/2015 | 2015 NC WAVE TYR Fall States      |
| 4    | 31.41 | 821          | Whelehan, Colin   | 10  | NC Triangle Aquatics Club Titans | 11/7/2015  | 2015 NC TAC TITANS Big Souther    |
| 5    | 31.62 | 808          | Lloyd, Landon     | 10  | NC North Carolina Aquatic Club   | 2/27/2016  | 2016 NCS SC AG Championships      |
| 5    | 31.62 | 808          | Li, Andrew        | 10  | NC Raleigh Swimming Association  | 3/12/2016  | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 100 Backstroke Short Course Yards

| Rank | Time    | Power Points | Name           | Age | LSC / Club                             | Swim Date | Meet                              |
|------|---------|--------------|----------------|-----|--|-----------|-----------------------------------|
| 1    | 1:08.83 | 775          | Pierce, Camila | 10  | NC Raleigh Swimming Association        | 11/8/2015 | 2015 NC TAC TITANS Big Souther    |
| 2    | 1:08.93 | 772          | Welsh, Lily    | 10  | NC YMCA of the Triangle Area Swim Team | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 3    | 1:09.60 | 752          | Topp, Makenna  | 10  | NC SwimMAC Carolina                    | 2/13/2016 | 2016 NC TYDE Valentine Qualifi    |
| 4    | 1:09.89 | 744          | Oliaro, Mia    | 10  | NC YMCA of the Triangle Area Swim Team | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 5    | 1:10.12 | 737          | Donlan, Molly  | 10  | NC SwimMAC Carolina                    | 2/28/2016 | 2016 NCS SC AG Championships      |

### Boys 10 & under 100 Backstroke Short Course Yards

| Rank | Time    | Power Points | Name              | Age | LSC / Club                       | Swim Date  | Meet                              |
|------|---------|--------------|-------------------|-----|----------------------------------|------------|-----------------------------------|
| 1    | 1:06.22 | 855          | Najera, Humberto  | 10  | NC SwimMAC Carolina              | 12/12/2015 | 2015 NC WAVE TYR Fall States      |
| 2    | 1:06.43 | 848          | Thompson, Will    | 10  | NC Aquatic Club of Chapel Hill   | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 3    | 1:07.79 | 808          | Battaglini, Lucca | 10  | NC North Carolina Aquatic Club   | 12/12/2015 | 2015 NC WAVE TYR Fall States      |
| 4    | 1:07.87 | 806          | Whelehan, Colin   | 10  | NC Triangle Aquatics Club Titans | 11/8/2015  | 2015 NC TAC TITANS Big Souther    |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |            |    |    |                              |           |                                   |
|---|---------|-----|------------|----|----|------------------------------|-----------|-----------------------------------|
| 5 | 1:08.51 | 787 | Li, Andrew | 10 | NC | Raleigh Swimming Association | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
|---|---------|-----|------------|----|----|------------------------------|-----------|-----------------------------------|

### Girls 10 & under 50 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                     | Swim Date  | Meet                              |
|------|-------|--------------|----------------|-----|--------------------------------|------------|-----------------------------------|
| 1    | 33.71 | 881          | Cotter, Keelan | 10  | NC TAC Titans                  | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 2    | 34.79 | 982          | Rountree, Rori | 9   | NC Swim GSA                    | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 3    | 36.03 | 757          | Plaza, Sofia   | 10  | NC Aquatic Team Of Mecklenburg | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 4    | 36.15 | 750          | Druhan, Abby   | 10  | NC SwimMAC Carolina            | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 5    | 36.98 | 707          | Dry, Elena     | 10  | NC Marlins of Raleigh          | 12/12/2015 | 2015 NC WAVE TYR Fall States      |

### Boys 10 & under 50 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                       | Swim Date | Meet                              |
|------|-------|--------------|----------------|-----|----------------------------------|-----------|-----------------------------------|
| 1    | 34.78 | 831          | Bradshaw, Lane | 10  | NC SwimMAC Carolina              | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 35.04 | 816          | Setzer, Sean   | 10  | NC Waves Of Wilmington, Inc.     | 3/19/2016 | 2016 NC WOW ECSL Championship     |
| 3    | 35.89 | 769          | Masneri, David | 10  | NC Greensboro Community YMCA     | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 4    | 36.37 | 743          | Li, Andrew     | 10  | NC Raleigh Swimming Association  | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 5    | 36.60 | 731          | Dunlap, Willi  | 10  | NC Triangle Aquatics Club Titans | 9/19/2015 | 2015 NC TAC TITANS Blue vs Gre    |

### Girls 10 & under 100 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name           | Age | LSC / Club            | Swim Date  | Meet                              |
|------|---------|--------------|----------------|-----|-----------------------|------------|-----------------------------------|
| 1    | 1:13.14 | 893          | Cotter, Keelan | 10  | NC TAC Titans         | 3/11/2016  | 2016 GA ESSZ Age Group Championsh |
| 2    | 1:17.77 | 946          | Rountree, Rori | 9   | NC Swim GSA           | 3/11/2016  | 2016 GA ESSZ Age Group Championsh |
| 3    | 1:19.24 | 745          | Dry, Elena     | 10  | NC Marlins of Raleigh | 11/14/2015 | 2015 NC MOR Atlantic Informatio   |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |         |     |              |    |    |                             |           |                                   |
|---|---------|-----|--------------|----|----|-----------------------------|-----------|-----------------------------------|
| 4 | 1:21.62 | 690 | Druhan, Abby | 10 | NC | SwimMAC Carolina            | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 5 | 1:21.95 | 682 | Plaza, Sofia | 10 | NC | Aquatic Team Of Mecklenburg | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |

### Boys 10 & under 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 1:14.84     | 846                 | Bradshaw, Lane | 10         | NC SwimMAC Carolina             | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 1:18.41     | 758                 | Masneri, David | 10         | NC Greensboro Community YMCA    | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 1:19.05     | 743                 | Setzer, Sean   | 10         | NC Waves Of Wilmington, Inc.    | 1/30/2016        | 2016 NC BAC Battle At The Beac    |
| 4           | 1:20.01     | 720                 | Li, Andrew     | 10         | NC Raleigh Swimming Association | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 1:20.07     | 718                 | Mumford, Colin | 10         | NC SwimMAC Carolina             | 2/27/2016        | 2016 NCS SC AG Championships      |

### Girls 10 & under 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|--|------------------|--------------------------------|
| 1           | 30.59       | 775                 | Dry, Elena     | 10         | NC Marlins of Raleigh                  | 12/13/2015       | 2015 NC WAVE TYR Fall States   |
| 2           | 30.63       | 773                 | Oliaro, Mia    | 10         | NC YMCA of the Triangle Area Swim Team | 2/27/2016        | 2016 NCS SC AG Championships   |
| 3           | 30.72       | 767                 | Hegland, Kate  | 10         | NC North Carolina Aquatic Club         | 10/3/2015        | 2015 NC NCAC Quad Meet         |
| 4           | 30.83       | 760                 | Bailey, Leigh  | 10         | NC Aquatic Team Of Mecklenburg         | 2/27/2016        | 2016 NCS SC AG Championships   |
| 5           | 30.89       | 757                 | Pierce, Camila | 10         | NC Raleigh Swimming Association        | 11/7/2015        | 2015 NC TAC TITANS Big Souther |

### Boys 10 & under 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>       | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|-------------------------|------------------|-----------------------------------|
| 1           | 29.11       | 848                 | Najera, Humberto  | 10         | NC Unattached           | 10/17/2015       | 2015 NC SwimMAC Blue Orange In    |
| 2           | 29.67       | 811                 | Bradshaw, Lane    | 10         | NC SwimMAC Carolina     | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 29.74       | 806                 | Edwards, Jonathan | 10         | NC High Point Swim Club | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |       |     |                   |    |    |                             |           |                                |
|---|-------|-----|-------------------|----|----|-----------------------------|-----------|--------------------------------|
| 3 | 29.74 | 806 | Rock, Noah        | 10 | NC | Greensboro Community YMCA   | 9/19/2015 | 2015 NC GCY BTS YMCA Invitatio |
| 5 | 30.10 | 782 | Battaglini, Lucca | 10 | NC | North Carolina Aquatic Club | 2/27/2016 | 2016 NCS SC AG Championships   |

### Girls 10 & under 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|-----------------------------------|
| 1           | 1:07.26     | 809                 | Pierce, Camila    | 10         | NC Raleigh Swimming Association        | 11/8/2015        | 2015 NC TAC TITANS Big Souther    |
| 2           | 1:09.29     | 755                 | Dry, Elena        | 10         | NC Marlins of Raleigh                  | 1/9/2016         | 2016 NC CAT Frozen Frenzy         |
| 3           | 1:09.62     | 747                 | Ssengonzi, Rachel | 10         | NC Raleigh Swimming Association        | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:10.08     | 735                 | Cornell, Caitlyn  | 10         | NC SwimMAC Carolina                    | 2/28/2016        | 2016 NCS SC AG Championships      |
| 5           | 1:10.54     | 723                 | Oliaro, Mia       | 10         | NC YMCA of the Triangle Area Swim Team | 2/28/2016        | 2016 NCS SC AG Championships      |

### Boys 10 & under 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 1:04.96     | 857                 | Najera, Humberto  | 10         | NC SwimMAC Carolina             | 1/17/2016        | 2016 NC SwimMAC Novant Health     |
| 2           | 1:06.84     | 802                 | Edwards, Jonathan | 10         | NC High Point Swim Club         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 1:08.38     | 758                 | Li, Andrew        | 10         | NC Raleigh Swimming Association | 1/9/2016         | 2016 NC CAT Frozen Frenzy         |
| 4           | 1:08.84     | 745                 | Mumford, Colin    | 10         | NC SwimMAC Carolina             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 1:09.09     | 738                 | Cady, Alexii      | 10         | NC Marlins of Raleigh           | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 100 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|--|------------------|-----------------------------------|
| 1           | 1:08.39     | 822                 | Cotter, Keelan | 10         | NC TAC Titans                          | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 1:09.69     | 782                 | Dry, Elena     | 10         | NC Marlins of Raleigh                  | 1/10/2016        | 2016 NC CAT Frozen Frenzy         |
| 3           | 1:11.18     | 736                 | Pierce, Camila | 10         | NC Raleigh Swimming Association        | 9/5/2015         | 2015 NC AP RSA Hispanic Heritage  |
| 4           | 1:11.47     | 727                 | Welsh, Lily    | 10         | NC YMCA of the Triangle Area Swim Team | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |               |    |    |                             |           |                        |
|---|---------|-----|---------------|----|----|-----------------------------|-----------|------------------------|
| 5 | 1:11.94 | 713 | Hegland, Kate | 10 | NC | North Carolina Aquatic Club | 10/3/2015 | 2015 NC NCAC Quad Meet |
|---|---------|-----|---------------|----|----|-----------------------------|-----------|------------------------|

### Boys 10 & under 100 Individual Medley Short Course Yards

| Rank | Time    | Power Points | Name             | Age | LSC / Club                       | Swim Date | Meet                              |
|------|---------|--------------|------------------|-----|----------------------------------|-----------|-----------------------------------|
| 1    | 1:05.32 | 916          | Najera, Humberto | 10  | NC SwimMAC Carolina              | 2/27/2016 | 2016 NCS SC AG Championships      |
| 2    | 1:06.84 | 863          | Li, Andrew       | 10  | NC Raleigh Swimming Association  | 2/27/2016 | 2016 NCS SC AG Championships      |
| 3    | 1:08.53 | 806          | Bradshaw, Lane   | 10  | NC SwimMAC Carolina              | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 4    | 1:10.15 | 754          | Whelehan, Colin  | 10  | NC Triangle Aquatics Club Titans | 11/8/2015 | 2015 NC TAC TITANS Big Souther    |
| 5    | 1:11.25 | 719          | Mumford, Colin   | 10  | NC SwimMAC Carolina              | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |

### Girls 10 & under 200 Individual Medley Short Course Yards

| Rank | Time    | Power Points | Name           | Age | LSC / Club                             | Swim Date  | Meet                              |
|------|---------|--------------|----------------|-----|--|------------|-----------------------------------|
| 1    | 2:25.14 | 834          | Dry, Elena     | 10  | NC Marlins of Raleigh                  | 1/8/2016   | 2016 NC CAT Frozen Frenzy         |
| 2    | 2:26.57 | 814          | Pierce, Camila | 10  | NC Raleigh Swimming Association        | 11/7/2015  | 2015 NC TAC TITANS Big Souther    |
| 3    | 2:26.61 | 813          | Cotter, Keelan | 10  | NC TAC Titans                          | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 4    | 2:31.02 | 751          | Topp, Makenna  | 10  | NC SwimMAC Carolina                    | 12/11/2015 | 2015 NC WAVE TYR Fall States      |
| 5    | 2:32.31 | 733          | Welsh, Lily    | 10  | NC YMCA of the Triangle Area Swim Team | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |

### Boys 10 & under 200 Individual Medley Short Course Yards

| Rank | Time    | Power Points | Name              | Age | LSC / Club                      | Swim Date  | Meet                              |
|------|---------|--------------|-------------------|-----|---------------------------------|------------|-----------------------------------|
| 1    | 2:23.61 | 853          | Najera, Humberto  | 10  | NC SwimMAC Carolina             | 12/11/2015 | 2015 NC WAVE TYR Fall States      |
| 2    | 2:24.94 | 833          | Li, Andrew        | 10  | NC Raleigh Swimming Association | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 3    | 2:25.63 | 823          | Bradshaw, Lane    | 10  | NC SwimMAC Carolina             | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |
| 4    | 2:29.93 | 759          | Edwards, Jonathan | 10  | NC High Point Swim Club         | 3/13/2016  | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                 |    |    |                       |           |                                   |
|---|---------|-----|-----------------|----|----|-----------------------|-----------|-----------------------------------|
| 5 | 2:32.68 | 719 | Roberts, Topher | 10 | NC | Carolina Aquatic Team | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
|---|---------|-----|-----------------|----|----|-----------------------|-----------|-----------------------------------|

### Girls 11-12 50 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                             | Swim Date | Meet                              |
|------|-------|--------------|----------------|-----|--|-----------|-----------------------------------|
| 1    | 24.83 | 911          | Curzan, Claire | 11  | NC Raleigh Swimming Association        | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 24.91 | 819          | Horn, Ainsley  | 12  | NC TAC Titans                          | 2/27/2016 | 2016 NCS SC AG Championships      |
| 3    | 25.27 | 789          | Carson, Katie  | 12  | NC YMCA of the Triangle Area Swim Team | 12/5/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 4    | 25.32 | 784          | Yandle, Ava    | 12  | NC SwimMAC Carolina                    | 3/18/2016 | 2016 NC SwimMAC Tar Heel State    |
| 5    | 25.36 | 781          | Burke, Lily    | 12  | NC SwimMAC Carolina                    | 1/17/2016 | 2016 NC SwimMAC Novant Health     |

### Boys 11-12 50 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name            | Age | LSC / Club                             | Swim Date | Meet                              |
|------|-------|--------------|-----------------|-----|--|-----------|-----------------------------------|
| 1    | 23.14 | 897          | Smyre, Alex     | 12  | NC Raleigh Swimming Association        | 11/8/2015 | 2015 NC TAC TITANS Big Souther    |
| 2    | 23.72 | 851          | Brewer, Brayden | 12  | NC SwimMAC Carolina                    | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 3    | 23.77 | 848          | Nowacek, Jack   | 12  | NC East Carolina Aquatics              | 11/8/2015 | 2015 NC TAC TITANS Big Souther    |
| 4    | 24.16 | 817          | Hoover, Sam     | 12  | NC North Carolina Aquatic Club         | 2/27/2016 | 2016 NCS SC AG Championships      |
| 5    | 24.18 | 816          | Prucha, Ben     | 12  | NC YMCA of the Triangle Area Swim Team | 12/5/2015 | 2015 NC AP YOTA-TYR Capital Class |

### Girls 11-12 100 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                      | Swim Date | Meet                              |
|------|-------|--------------|----------------|-----|---------------------------------|-----------|-----------------------------------|
| 1    | 53.85 | 829          | Yandle, Ava    | 12  | NC SwimMAC Carolina             | 3/20/2016 | 2016 NC SwimMAC Tar Heel State    |
| 2    | 54.68 | 793          | Burke, Lily    | 12  | NC SwimMAC Carolina             | 12/6/2015 | 2015 GSC Holiday Classic          |
| 3    | 54.79 | 788          | Horn, Ainsley  | 12  | NC TAC Titans                   | 2/28/2016 | 2016 NCS SC AG Championships      |
| 4    | 54.81 | 881          | Curzan, Claire | 11  | NC Raleigh Swimming Association | 3/12/2016 | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |       |     |                |    |    |                               |            |                                |
|---|-------|-----|----------------|----|----|-------------------------------|------------|--------------------------------|
| 5 | 54.85 | 880 | Jackson, Sarah | 11 | NC | Triangle Aquatics Club Titans | 12/12/2015 | 2015 NC TAC TITANS TYR Blizzar |
|---|-------|-----|----------------|----|----|-------------------------------|------------|--------------------------------|

### Boys 11-12 100 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name             | Age | LSC / Club                      | Swim Date  | Meet                              |
|------|-------|--------------|------------------|-----|---------------------------------|------------|-----------------------------------|
| 1    | 50.30 | 912          | Smyre, Alex      | 12  | NC Raleigh Swimming Association | 10/25/2015 | 2015 NC MOR Kickoff Meet          |
| 2    | 52.08 | 836          | Brewer, Brayden  | 12  | NC SwimMAC Carolina             | 3/20/2016  | 2016 NC SwimMAC Tar Heel State    |
| 3    | 52.23 | 830          | Haughey, Braeden | 12  | NC TAC Titans                   | 3/12/2016  | 2016 GA ESSZ Age Group Championsh |
| 4    | 52.59 | 814          | Nowacek, Jack    | 12  | NC East Carolina Aquatics       | 11/7/2015  | 2015 NC TAC TITANS Big Souther    |
| 5    | 52.65 | 812          | Bunger, Joe      | 12  | NC Raleigh Swimming Association | 5/28/2016  | 2016 NC National Black Heritag    |

### Girls 11-12 200 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name             | Age | LSC / Club                                  | Swim Date  | Meet                           |
|------|---------|--------------|------------------|-----|---|------------|--------------------------------|
| 1    | 1:57.77 | 805          | Tart, Bethany    | 12  | NC East Carolina Aquatics                   | 2/26/2016  | 2016 NCS SC AG Championships   |
| 2    | 1:58.21 | 911          | Jackson, Sarah   | 11  | NC Triangle Aquatics Club Titans            | 12/13/2015 | 2015 NC TAC TITANS TYR Blizzar |
| 3    | 1:59.87 | 759          | Burke, Lily      | 12  | NC SwimMAC Carolina                         | 12/4/2015  | 2015 GSC Holiday Classic       |
| 4    | 2:00.47 | 745          | Pham, Jacquelyn  | 12  | NC TAC Titans                               | 2/26/2016  | 2016 NCS SC AG Championships   |
| 5    | 2:00.77 | 739          | Alexander, Reece | 12  | NC YMCA of Northwest North Carolina Riptyde | 2/26/2016  | 2016 NCS SC AG Championships   |

### Boys 11-12 200 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name             | Age | LSC / Club                      | Swim Date  | Meet                              |
|------|---------|--------------|------------------|-----|---------------------------------|------------|-----------------------------------|
| 1    | 1:52.35 | 855          | Smyre, Alex      | 12  | NC Raleigh Swimming Association | 10/24/2015 | 2015 NC MOR Kickoff Meet          |
| 2    | 1:52.85 | 844          | Haughey, Braeden | 12  | NC TAC Titans                   | 3/11/2016  | 2016 GA ESSZ Age Group Championsh |
| 3    | 1:55.07 | 796          | Riley, Nick      | 12  | NC Raleigh Swimming Association | 2/26/2016  | 2016 NCS SC AG Championships      |
| 4    | 1:55.38 | 790          | Bunger, Joe      | 12  | NC Raleigh Swimming Association | 3/11/2016  | 2016 GA ESSZ Age Group Championsh |
| 5    | 1:55.75 | 782          | Barker, Will     | 12  | NC East Carolina Aquatics       | 2/26/2016  | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 11-12 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|-----------------------------------|
| 1           | 5:21.53     | 734                 | Jackson, Sarah      | 12         | NC TAC Titans                               | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 5:22.82     | 723                 | Grimsrud, Lauren    | 12         | NC Raleigh Swimming Association             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 5:23.25     | 720                 | Alexander, Reece    | 12         | NC YMCA of Northwest North Carolina Riptyde | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 5:24.09     | 713                 | Knorr, Emily        | 12         | NC Rowan Aquatic Club - YMCA                | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 5:26.02     | 697                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina                         | 3/18/2016        | 2016 NC SwimMAC Tar Heel State    |

### Boys 11-12 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 5:04.30     | 830                 | Haughey, Braeden  | 12         | NC TAC Titans                    | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 5:05.80     | 818                 | Riley, Nick       | 12         | NC Raleigh Swimming Association  | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 5:10.91     | 778                 | Payne, Mitchell   | 12         | NC Triangle Aquatics Club Titans | 11/6/2015        | 2015 NC TAC TITANS Big Souther    |
| 4           | 5:12.29     | 768                 | Tobul, Tommy      | 12         | NC Marlins of Raleigh            | 12/11/2015       | 2015 NC WAVE TYR Fall States      |
| 5           | 5:12.41     | 767                 | Duracinsky, Jacob | 12         | NC Marlins of Raleigh            | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 11-12 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i>                  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1           | 11:20.11    | 720                 | Ciancanelli, Makayla | 12         | NC Granite Falls Swim Club Makos   | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 11:25.10    | 701                 | McDevitt, Elizabeth  | 12         | NC Alamance County Community Y/BAC | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 11:30.29    | 800                 | Hastings, Emma       | 11         | NC East Carolina Aquatics          | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 11:36.07    | 662                 | Grimsrud, Lauren     | 12         | NC Raleigh Swimming Association    | 2/13/2016        | 2016 NC RSA Cupid Cuts            |
| 5           | 11:36.81    | 659                 | Knorr, Emily         | 12         | NC Rowan Aquatic Club - YMCA       | 11/13/2015       | 2015 NC RACY Phyllis Steimel I    |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 11-12 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1           | 10:39.95    | 826                 | McGovern, Camden | 12         | NC YMCA of the Triangle Area Swim Team | 3/30/2016        | 2016 NASA Showcase Classic        |
| 2           | 10:40.11    | 826                 | Riley, Nick      | 12         | NC Raleigh Swimming Association        | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 10:50.31    | 787                 | Payne, Mitchell  | 12         | NC Triangle Aquatics Club Titans       | 12/11/2015       | 2015 NC TAC TITANS TYR Blizzar    |
| 4           | 11:10.15    | 714                 | Miller, Brandon  | 12         | NC Rocky Mount Family YMCA             | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 11:13.78    | 701                 | Keough, Patrick  | 12         | NC Raleigh Swimming Association        | 4/17/2016        | 2016 NC RSA Distance Meet         |

### Girls 11-12 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i>                  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1           | 18:33.36    | 776                 | Morgan, Sydney       | 12         | NC North Carolina Aquatic Club     | 11/1/2015        | 2015 NC NCAC Mile Meet            |
| 2           | 18:35.30    | 772                 | Knorr, Emily         | 12         | NC Rowan Aquatic Club - YMCA       | 3/4/2016         | 2016 NC GYSSA League Champions    |
| 3           | 18:46.60    | 747                 | Ciancanelli, Makayla | 12         | NC Granite Falls Swim Club Makos   | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 18:50.61    | 738                 | Grimsrud, Lauren     | 12         | NC Raleigh Swimming Association    | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 19:05.58    | 706                 | McDevitt, Elizabeth  | 12         | NC Alamance County Community Y/BAC | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 11-12 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1           | 17:50.79    | 828                 | Riley, Nick      | 12         | NC Raleigh Swimming Association        | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 17:56.40    | 817                 | Ringenbach, Bode | 12         | NC Marlins of Raleigh                  | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 18:22.75    | 764                 | McGovern, Camden | 12         | NC YMCA of the Triangle Area Swim Team | 3/20/2016        | 2016 NC TAC TITANS Tar Heel St    |
| 4           | 18:35.07    | 740                 | Miller, Brandon  | 12         | NC Rocky Mount Family YMCA             | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

5    19:04.01    684    Lockhart, Austin    12    NC    Aquatic Team Of Mecklenburg    1/15/2016    2016 NC TAC TITANS Polar Plung

### Girls 11-12 50 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 27.53       | 898                 | Hook, Charlotte | 12         | NC TAC Titans                   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 27.55       | 896                 | Yandle, Ava     | 12         | NC SwimMAC Carolina             | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 27.76       | 878                 | Pham, Jacquelyn | 12         | NC TAC Titans                   | 2/28/2016        | 2016 NCS SC AG Championships      |
| 4           | 28.11       | 952                 | Clark, Abby     | 11         | NC TAC Titans                   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 28.15       | 948                 | Curzan, Claire  | 11         | NC Raleigh Swimming Association | 2/28/2016        | 2016 NCS SC AG Championships      |

### Boys 11-12 50 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 26.14       | 952                 | Nelson, Baylor  | 12         | NC SwimMAC Carolina             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 26.71       | 906                 | Barker, Will    | 12         | NC East Carolina Aquatics       | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 26.97       | 885                 | Tobul, Tommy    | 12         | NC Marlins of Raleigh           | 11/14/2015       | 2015 NC MOR Atlantic Invitatio    |
| 4           | 26.98       | 884                 | Brewer, Brayden | 12         | NC SwimMAC Carolina             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 27.63       | 833                 | Bunger, Joe     | 12         | NC Raleigh Swimming Association | 1/9/2016         | 2016 NC CAT Frozen Frenzy         |

### Girls 11-12 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 58.58       | 888                 | Yandle, Ava     | 12         | NC SwimMAC Carolina             | 3/19/2016        | 2016 NC SwimMAC Tar Heel State |
| 2           | 59.55       | 850                 | Hook, Charlotte | 12         | NC TAC Titans                   | 2/27/2016        | 2016 NCS SC AG Championships   |
| 3           | 59.59       | 979                 | Clark, Abby     | 11         | NC TAC Titans                   | 2/27/2016        | 2016 NCS SC AG Championships   |
| 4           | 59.61       | 848                 | Nordstrom, Mia  | 12         | NC Marlins of Raleigh           | 10/3/2015        | 2015 NC NCAC Quad Meet         |
| 5           | 59.75       | 973                 | Curzan, Claire  | 11         | NC Raleigh Swimming Association | 2/27/2016        | 2016 NCS SC AG Championships   |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 11-12 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 56.92       | 904                 | Bunger, Joe      | 12         | NC Raleigh Swimming Association | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 57.48       | 882                 | Barker, Will     | 12         | NC East Carolina Aquatics       | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 58.04       | 862                 | Haughey, Braeden | 12         | NC TAC Titans                   | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 58.08       | 860                 | Nelson, Baylor   | 12         | NC SwimMAC Carolina             | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 58.56       | 842                 | Adams, Nathan    | 12         | NC SwimMAC Carolina             | 3/19/2016        | 2016 NC SwimMAC Tar Heel State    |

### Girls 11-12 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 2:09.32     | 963                 | Clark, Abby         | 11         | NC TAC Titans                    | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:09.56     | 826                 | Hollowell, Sarah    | 12         | NC Raleigh Swimming Association  | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:09.71     | 824                 | Zhang, Jolene       | 12         | NC TAC Titans                    | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:10.62     | 809                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina              | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 2:11.62     | 793                 | Pham, Jacquelyn     | 12         | NC Triangle Aquatics Club Titans | 12/12/2015       | 2015 NC TAC TITANS TYR Blizzar    |

### Boys 11-12 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 2:06.04     | 846                 | Bunger, Joe      | 12         | NC Raleigh Swimming Association | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:07.95     | 813                 | Tars, Robert     | 12         | NC Greensboro Community YMCA    | 3/20/2016        | 2016 SC YSSC USRY Championship    |
| 3           | 2:07.97     | 812                 | Haughey, Braeden | 12         | NC TAC Titans                   | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:07.98     | 812                 | Barker, Will     | 12         | NC East Carolina Aquatics       | 2/26/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |              |    |    |   |           |                              |
|---|---------|-----|--------------|----|----|---|-----------|------------------------------|
| 5 | 2:08.58 | 802 | Holder, Nate | 12 | NC | YMCA of Northwest North Carolina<br>Riptyde | 2/26/2016 | 2016 NCS SC AG Championships |
|---|---------|-----|--------------|----|----|---|-----------|------------------------------|

### Girls 11-12 50 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name                | Age | LSC / Club                      | Swim Date | Meet                              |
|------|-------|--------------|---------------------|-----|---------------------------------|-----------|-----------------------------------|
| 1    | 30.73 | 880          | Ricciardi, Carolina | 12  | NC SwimMAC Carolina             | 3/12/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 30.87 | 871          | Hook, Charlotte     | 12  | NC TAC Titans                   | 2/26/2016 | 2016 NCS SC AG Championships      |
| 3    | 31.10 | 856          | Murtagh, Liza       | 12  | NC Waves Of Wilmington, Inc.    | 2/26/2016 | 2016 NCS SC AG Championships      |
| 4    | 31.78 | 812          | Hood, Jenna         | 12  | NC Raleigh Swimming Association | 3/12/2016 | 2016 GA ESSZ Age Group Championsh |
| 5    | 32.12 | 790          | Zhang, Jolene       | 12  | NC TAC Titans                   | 2/26/2016 | 2016 NCS SC AG Championships      |

### Boys 11-12 50 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                     | Swim Date | Meet                              |
|------|-------|--------------|----------------|-----|--------------------------------|-----------|-----------------------------------|
| 1    | 29.11 | 941          | Kim, Stephen   | 12  | NC SwimMAC Carolina            | 2/26/2016 | 2016 NCS SC AG Championships      |
| 2    | 30.25 | 859          | Kroll, Matthew | 12  | NC SwimMAC Carolina            | 3/12/2016 | 2016 GA ESSZ Age Group Championsh |
| 3    | 30.97 | 809          | Abaqueta, Cam  | 12  | NC SwimMAC Carolina            | 3/12/2016 | 2016 GA ESSZ Age Group Championsh |
| 4    | 31.02 | 806          | Nowacek, Jack  | 12  | NC East Carolina Aquatics      | 12/6/2015 | 2015 NC STAR Triad Tropic         |
| 5    | 31.10 | 800          | Hoover, Sam    | 12  | NC North Carolina Aquatic Club | 2/26/2016 | 2016 NCS SC AG Championships      |

### Girls 11-12 100 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name                | Age | LSC / Club                      | Swim Date | Meet                              |
|------|---------|--------------|---------------------|-----|---------------------------------|-----------|-----------------------------------|
| 1    | 1:08.13 | 817          | Ricciardi, Carolina | 12  | NC SwimMAC Carolina             | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 1:08.84 | 796          | Murtagh, Liza       | 12  | NC Waves Of Wilmington, Inc.    | 2/27/2016 | 2016 NCS SC AG Championships      |
| 3    | 1:09.70 | 771          | Hook, Charlotte     | 12  | NC TAC Titans                   | 2/27/2016 | 2016 NCS SC AG Championships      |
| 4    | 1:09.78 | 768          | Zhang, Jolene       | 12  | NC TAC Titans                   | 2/27/2016 | 2016 NCS SC AG Championships      |
| 5    | 1:10.96 | 734          | Hood, Jenna         | 12  | NC Raleigh Swimming Association | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 11-12 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>         | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|---------------------------|------------------|-----------------------------------|
| 1           | 1:02.82     | 953                 | Kim, Stephen   | 12         | NC SwimMAC Carolina       | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 1:06.41     | 840                 | Kroll, Matthew | 12         | NC SwimMAC Carolina       | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 1:06.55     | 835                 | Abaqueta, Cam  | 12         | NC SwimMAC Carolina       | 2/27/2016        | 2016 NCS SC AG Championships      |
| 4           | 1:07.88     | 795                 | Nowacek, Jack  | 12         | NC East Carolina Aquatics | 12/5/2015        | 2015 NC STAR Triad Tropic         |
| 5           | 1:07.98     | 792                 | Lee, Hyoseon   | 12         | NC New Wave Swim Team     | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 11-12 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|--------------------------------|------------------|-----------------------------------|
| 1           | 2:29.71     | 785                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina            | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:30.06     | 781                 | Murtagh, Liza       | 12         | NC Waves Of Wilmington, Inc.   | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 2:30.24     | 778                 | Zhang, Jolene       | 12         | NC TAC Titans                  | 2/28/2016        | 2016 NCS SC AG Championships      |
| 4           | 2:31.93     | 756                 | Hook, Charlotte     | 12         | NC TAC Titans                  | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 2:34.14     | 850                 | Oxriker, Anne Gray  | 11         | NC Aquatic Team Of Mecklenburg | 2/28/2016        | 2016 NCS SC AG Championships      |

### Boys 11-12 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1           | 2:19.11     | 917                 | Kim, Stephen     | 12         | NC SwimMAC Carolina                    | 12/5/2015        | 2015 GSC Holiday Classic          |
| 2           | 2:23.57     | 857                 | Kroll, Matthew   | 12         | NC SwimMAC Carolina                    | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 3           | 2:24.02     | 851                 | McGovern, Camden | 12         | NC YMCA of the Triangle Area Swim Team | 4/1/2016         | 2016 NASA Showcase Classic        |
| 4           | 2:24.62     | 843                 | Abaqueta, Cam    | 12         | NC SwimMAC Carolina                    | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 5           | 2:28.06     | 798                 | Lee, Hyoseon     | 12         | NC New Wave Swim Team                  | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 11-12 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 25.96       | 977                 | Curzan, Claire     | 11         | NC Raleigh Swimming Association  | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 26.17       | 889                 | Yandle, Ava        | 12         | NC SwimMAC Carolina              | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 26.89       | 836                 | Menkhaus, Madeline | 12         | NC SwimMAC Carolina              | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 27.10       | 820                 | Pham, Jacquelyn    | 12         | NC Triangle Aquatics Club Titans | 12/12/2015       | 2015 NC TAC TITANS TYR Blizzar    |
| 5           | 27.43       | 797                 | Browning, Jordan   | 12         | NC SwimMAC Carolina              | 2/27/2016        | 2016 NCS SC AG Championships      |

### Boys 11-12 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|-----------------------------------|
| 1           | 25.31       | 914                 | Nelson, Baylor  | 12         | NC SwimMAC Carolina                         | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 26.24       | 838                 | Brewer, Brayden | 12         | NC SwimMAC Carolina                         | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 26.27       | 836                 | Nowacek, Jack   | 12         | NC East Carolina Aquatics                   | 12/5/2015        | 2015 NC STAR Triad Tropic         |
| 4           | 26.32       | 832                 | Holder, Nate    | 12         | NC YMCA of Northwest North Carolina Riptyde | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 26.51       | 817                 | Bunger, Joe     | 12         | NC Raleigh Swimming Association             | 2/27/2016        | 2016 NCS SC AG Championships      |

### Girls 11-12 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 57.33       | 991                 | Curzan, Claire     | 11         | NC Raleigh Swimming Association | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 58.27       | 864                 | Menkhaus, Madeline | 12         | NC SwimMAC Carolina             | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 3           | 58.30       | 863                 | Yandle, Ava        | 12         | NC SwimMAC Carolina             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 59.36       | 829                 | Pham, Jacquelyn    | 12         | NC TAC Titans                   | 2/26/2016        | 2016 NCS SC AG Championships      |
| 5           | 59.46       | 825                 | Hook, Charlotte    | 12         | NC TAC Titans                   | 2/26/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 11-12 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|---|------------------|-----------------------------------|
| 1           | 56.08       | 900                 | Nelson, Baylor | 12         | NC SwimMAC Carolina                         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 56.44       | 887                 | Holder, Nate   | 12         | NC YMCA of Northwest North Carolina Riptyde | 2/26/2016        | 2016 NCS SC AG Championships      |
| 3           | 56.63       | 880                 | Smyre, Alex    | 12         | NC Raleigh Swimming Association             | 9/19/2015        | 2015 NC RSA Red Black Intrasqu    |
| 4           | 57.05       | 865                 | Bunger, Joe    | 12         | NC Raleigh Swimming Association             | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 57.51       | 848                 | Nowacek, Jack  | 12         | NC East Carolina Aquatics                   | 12/6/2015        | 2015 NC STAR Triad Tropic         |

### Girls 11-12 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|-----------------------------------|
| 1           | 2:09.68     | 866                 | Menkhaus, Madeline | 12         | NC SwimMAC Carolina                    | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 2           | 2:13.90     | 808                 | Yandle, Ava        | 12         | NC SwimMAC Carolina                    | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:15.97     | 780                 | Pham, Jacquelyn    | 12         | NC TAC Titans                          | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:18.42     | 748                 | Tapper, Abbie      | 12         | NC YMCA of the Triangle Area Swim Team | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 2:18.53     | 873                 | Pierce, Camila     | 11         | NC Raleigh Swimming Association        | 2/27/2016        | 2016 NCS SC AG Championships      |

### Boys 11-12 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------------|
| 1           | 2:06.44     | 892                 | Nelson, Baylor   | 12         | NC SwimMAC Carolina                         | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:09.63     | 842                 | Holder, Nate     | 12         | NC YMCA of Northwest North Carolina Riptyde | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:12.15     | 804                 | Keough, Patrick  | 12         | NC Raleigh Swimming Association             | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:12.78     | 794                 | Ringenbach, Bode | 12         | NC Marlins of Raleigh                       | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

5      2:15.73            914      Sleater, Patrick                      11    NC    Asheville Swim Club                      2/27/2016    2016 NCS SC AG Championships

### Girls 11-12 100 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1           | 1:00.35     | 883                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina              | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 1:00.45     | 879                 | Yandle, Ava         | 12         | NC SwimMAC Carolina              | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 1:01.70     | 933                 | Curzan, Claire      | 11         | NC Raleigh Swimming Association  | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:01.99     | 820                 | Burke, Lily         | 12         | NC SwimMAC Carolina              | 1/18/2016        | 2016 NC SwimMAC Novant Health     |
| 4           | 1:01.99     | 820                 | Pham, Jacquelyn     | 12         | NC Triangle Aquatics Club Titans | 12/12/2015       | 2015 NC TAC TITANS TYR Blizzar    |

### Boys 11-12 100 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                 | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|-----------------------------------|------------------|-----------------------------------|
| 1           | 58.34       | 893                 | Kim, Stephen   | 12         | NC SwimMAC Carolina               | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 59.37       | 850                 | Bunger, Joe    | 12         | NC Raleigh Swimming Association   | 2/26/2016        | 2016 NCS SC AG Championships      |
| 3           | 59.42       | 848                 | Nelson, Baylor | 12         | NC SwimMAC Carolina               | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:01.33     | 770                 | Tobul, Tommy   | 12         | NC Marlins of Raleigh             | 10/3/2015        | 2015 NC NCAC Quad Meet            |
| 5           | 1:01.41     | 766                 | Johnson, Aj    | 12         | NC YMCA of Western North Carolina | 3/20/2016        | 2016 SC YSSC USRY Championship    |

### Girls 11-12 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>   | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|---------------------|------------------|-----------------------------------|
| 1           | 2:07.95     | 884                 | Hook, Charlotte     | 12         | NC TAC Titans       | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:10.51     | 838                 | Yandle, Ava         | 12         | NC SwimMAC Carolina | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:13.34     | 789                 | Zhang, Jolene       | 12         | NC TAC Titans       | 2/28/2016        | 2016 NCS SC AG Championships      |
| 4           | 2:14.85     | 763                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina | 2/28/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                |    |    |                              |           |                                   |
|---|---------|-----|----------------|----|----|------------------------------|-----------|-----------------------------------|
| 5 | 2:15.47 | 874 | Curzan, Claire | 11 | NC | Raleigh Swimming Association | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
|---|---------|-----|----------------|----|----|------------------------------|-----------|-----------------------------------|

### Boys 11-12 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                 | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|----------------|------------|-----------------------------------|------------------|-----------------------------------|
| 1           | 2:06.08     | 869                 | Kim, Stephen   | 12         | NC SwimMAC Carolina               | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:08.42     | 825                 | Bunger, Joe    | 12         | NC Raleigh Swimming Association   | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 2:09.46     | 805                 | Johnson, Aj    | 12         | NC YMCA of Western North Carolina | 3/19/2016        | 2016 SC YSSC USRY Championship    |
| 4           | 2:10.62     | 784                 | Nelson, Baylor | 12         | NC SwimMAC Carolina               | 2/28/2016        | 2016 NCS SC AG Championships      |
| 5           | 2:11.23     | 773                 | Riley, Nick    | 12         | NC Raleigh Swimming Association   | 2/28/2016        | 2016 NCS SC AG Championships      |

### Girls 11-12 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>   | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|---------------------|------------|---------------------|------------------|-----------------------------------|
| 1           | 4:38.75     | 840                 | Hook, Charlotte     | 12         | NC TAC Titans       | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 4:41.08     | 822                 | Menkhaus, Madeline  | 12         | NC SwimMAC Carolina | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 3           | 4:41.81     | 816                 | Yandle, Ava         | 12         | NC SwimMAC Carolina | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 4:44.78     | 793                 | Ricciardi, Carolina | 12         | NC SwimMAC Carolina | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 4:48.09     | 768                 | Browning, Jordan    | 12         | NC SwimMAC Carolina | 7/23/2016        | 2016 NC SwimMAC Short Course S    |

### Boys 11-12 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1           | 4:28.91     | 885                 | Kim, Stephen     | 12         | NC SwimMAC Carolina                    | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 4:34.25     | 840                 | Bunger, Joe      | 12         | NC Raleigh Swimming Association        | 2/25/2016        | 2016 NCS SC AG Championships      |
| 3           | 4:34.90     | 835                 | McGovern, Camden | 12         | NC YMCA of the Triangle Area Swim Team | 2/25/2016        | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |             |    |    |                                |           |                              |
|---|---------|-----|-------------|----|----|--------------------------------|-----------|------------------------------|
| 4 | 4:35.23 | 832 | Riley, Nick | 12 | NC | Raleigh Swimming Association   | 2/25/2016 | 2016 NCS SC AG Championships |
| 5 | 4:35.73 | 828 | Johnson, Aj | 12 | NC | YMCA of Western North Carolina | 2/25/2016 | 2016 NCS SC AG Championships |

### Girls 13-14 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                         | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------------|
| 1           | 23.48       | 866                 | Baric, Maria       | 14         | NC<br>YMCA of the Triangle Area Swim Team | 7/31/2016        | 2016 FL YCF SC Splash YMCA D      |
| 2           | 24.15       | 800                 | Nelson, Emme       | 14         | NC<br>SwimMAC Carolina                    | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 24.18       | 798                 | Accordino, Allycat | 14         | NC<br>Sailfish Aquatics                   | 2/27/2016        | 2016 NCS SC AG Championships      |
| 4           | 24.22       | 794                 | Medlin, Lauren     | 14         | NC<br>YMCA of the Triangle Area Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 5           | 24.26       | 790                 | Flickinger, Maddy  | 14         | NC<br>SwimMAC Carolina                    | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 13-14 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                         | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|-----------------------------------|
| 1           | 21.19       | 908                 | Ivy, Michael    | 14         | NC<br>Raleigh Swimming Association        | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 21.24       | 903                 | Walker, Jack    | 14         | NC<br>New South Swimming                  | 12/4/2015        | 2015 NC NSS Winter Invitationa    |
| 3           | 21.52       | 877                 | Henderson, Noah | 14         | NC<br>Unattached                          | 2/11/2016        | 2016 3A State NCHSAA Champions    |
| 4           | 21.65       | 865                 | Poelke, Boyd    | 14         | NC<br>SwimMAC Carolina                    | 3/18/2016        | 2016 NC SwimMAC Tar Heel State    |
| 5           | 22.09       | 824                 | Brown, Taye     | 14         | NC<br>YMCA of the Triangle Area Swim Team | 3/30/2016        | 2016 NASA Showcase Classic        |

### Girls 13-14 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|------------------------|------------------|-----------------------------------|
| 1           | 51.09       | 868                 | Bartis, Olwyn   | 14         | NC<br>SwimMAC Carolina | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 51.59       | 842                 | Francis, Sophie | 14         | NC<br>SwimMAC Carolina | 3/19/2016        | 2016 NC SwimMAC Tar Heel State    |
| 3           | 52.35       | 804                 | Harris, Chloe   | 14         | NC<br>SwimMAC Carolina | 3/13/2016        | 2016 GA ESSZ Age Group            |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

| Rank | Time  | Power Points | Name           | Age | LSC | Club                                | Swim Date | Meet                                     |
|------|-------|--------------|----------------|-----|-----|-------------------------------------|-----------|--|
| 4    | 52.49 | 797          | Morgan, Brooke | 14  | NC  | YMCA of the Triangle Area Swim Team | 4/1/2016  | Championsh<br>2016 NASA Showcase Classic |
| 5    | 52.50 | 796          | Burns, Hannah  | 14  | NC  | Sandhills Sand Sharks               | 2/28/2016 | 2016 NCS SC AG Championships             |

### Boys 13-14 100 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name            | Age | LSC | Club                         | Swim Date | Meet                              |
|------|-------|--------------|-----------------|-----|-----|------------------------------|-----------|-----------------------------------|
| 1    | 46.50 | 904          | Poelke, Boyd    | 14  | NC  | SwimMAC Carolina             | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 47.03 | 877          | Ivy, Michael    | 14  | NC  | Raleigh Swimming Association | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 3    | 47.37 | 859          | Henderson, Noah | 14  | NC  | Star Aquatics                | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 4    | 47.56 | 850          | Walker, Jack    | 14  | NC  | New South Swimming           | 12/6/2015 | 2015 NC NSS Winter Invitationa    |
| 5    | 48.48 | 803          | Forst, Preston  | 14  | NC  | Greensboro Community YMCA    | 4/8/2016  | 2016 NC AP YMCA National Champs   |

### Girls 13-14 200 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name          | Age | LSC | Club                                       | Swim Date | Meet                              |
|------|---------|--------------|---------------|-----|-----|--|-----------|-----------------------------------|
| 1    | 1:49.61 | 887          | Bartis, Olwyn | 14  | NC  | SwimMAC Carolina                           | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 2    | 1:50.27 | 869          | Hefner, Faith | 14  | NC  | Hickory Foundation YMCA Seahorse Swim Team | 12/4/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 3    | 1:51.67 | 872          | Ray, Amanda   | 13  | NC  | New Wave Swim Team                         | 3/17/2016 | 2016 NCSA Spring Championship     |
| 4    | 1:51.87 | 826          | Haney, Kenna  | 14  | NC  | New Wave Swim Team                         | 2/26/2016 | 2016 NCS SC AG Championships      |
| 5    | 1:53.10 | 794          | Topp, Dakota  | 14  | NC  | SwimMAC Carolina                           | 12/4/2015 | 2015 GSC Holiday Classic          |

### Boys 13-14 200 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name            | Age | LSC | Club                                       | Swim Date | Meet                              |
|------|---------|--------------|-----------------|-----|-----|--|-----------|-----------------------------------|
| 1    | 1:43.02 | 876          | Dant, Ross      | 14  | NC  | Hickory Foundation YMCA Seahorse Swim Team | 12/4/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 2    | 1:43.55 | 862          | Henderson, Noah | 14  | NC  | Star Aquatics                              | 2/26/2016 | 2016 NCS SC AG Championships      |
| 3    | 1:43.82 | 855          | Ivy, Michael    | 14  | NC  | Raleigh Swimming Association               | 2/26/2016 | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |         |     |               |    |    |                    |           |                                   |
|---|---------|-----|---------------|----|----|--------------------|-----------|-----------------------------------|
| 4 | 1:44.56 | 836 | Walker, Jack  | 14 | NC | New South Swimming | 12/5/2015 | 2015 NC NSS Winter Invitationa    |
| 5 | 1:45.11 | 822 | Lowe, Kenneth | 14 | NC | SwimMAC Carolina   | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |

### Girls 13-14 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------------|
| 1           | 4:57.02     | 821                 | Bartis, Olwyn    | 14         | NC SwimMAC Carolina                           | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 4:59.56     | 841                 | Ray, Amanda      | 13         | NC New Wave Swim Team                         | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 4:59.98     | 791                 | Hefner, Faith    | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 4           | 5:00.41     | 787                 | Haney, Kenna     | 14         | NC New Wave Swim Team                         | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 5:03.25     | 759                 | Crouse, Caroline | 14         | NC Marlins of Raleigh                         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 13-14 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------------|
| 1           | 4:34.40     | 896                 | Dant, Ross       | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 2           | 4:46.17     | 784                 | McRea, Micah     | 14         | NC Catawba Valley Aquatic Club                | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 4:46.88     | 778                 | Pritchard, Gator | 14         | NC Carolina Aquatic Team                      | 2/27/2016        | 2016 NCS SC AG Championships      |
| 4           | 4:47.17     | 775                 | Hamlet, Thomas   | 14         | NC High Point Swim Club                       | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 4:47.77     | 770                 | Whipple, Zack    | 14         | NC SwimMAC Carolina                           | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 13-14 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------------|
| 1           | 10:10.04    | 850                 | Bartis, Olwyn    | 14         | NC SwimMAC Carolina                           | 3/10/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 10:17.98    | 814                 | Haney, Kenna     | 14         | NC New Wave Swim Team                         | 2/25/2016        | 2016 NCS SC AG Championships      |
| 3           | 10:21.40    | 799                 | Hefner, Faith    | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 11/20/2015       | 2015 SC PALM Thanksgiving Turk    |
| 4           | 10:25.99    | 778                 | Bauer, Madeleine | 14         | NC Asheville Swim Club                        | 11/13/2015       | 2015 VA HOKI November Invitati    |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |          |     |                    |    |    |                           |           |                              |
|---|----------|-----|--------------------|----|----|---------------------------|-----------|------------------------------|
| 5 | 10:26.58 | 776 | Campbell, Mckenzie | 14 | NC | Greensboro Community YMCA | 2/25/2016 | 2016 NCS SC AG Championships |
|---|----------|-----|--------------------|----|----|---------------------------|-----------|------------------------------|

### Boys 13-14 1000 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name           | Age | LSC / Club                                    | Swim Date | Meet                              |
|------|---------|--------------|----------------|-----|---|-----------|-----------------------------------|
| 1    | 9:27.41 | 922          | Dant, Ross     | 14  | NC Hickory Foundation YMCA Seahorse Swim Team | 12/4/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 2    | 9:48.04 | 922          | Cairns, Zac    | 13  | NC North Carolina Aquatic Club                | 2/25/2016 | 2016 NCS SC AG Championships      |
| 3    | 9:50.53 | 814          | Whipple, Zack  | 14  | NC SwimMAC Carolina                           | 3/10/2016 | 2016 GA ESSZ Age Group Championsh |
| 4    | 9:55.43 | 792          | Lloyd, Owen    | 14  | NC North Carolina Aquatic Club                | 2/25/2016 | 2016 NCS SC AG Championships      |
| 5    | 9:58.36 | 778          | Hamlet, Thomas | 14  | NC High Point Swim Club                       | 2/25/2016 | 2016 NCS SC AG Championships      |

### Girls 13-14 1650 Freestyle Short Course Yards

| Rank | Time     | Power Points | Name             | Age | LSC / Club                                    | Swim Date | Meet                              |
|------|----------|--------------|------------------|-----|---|-----------|-----------------------------------|
| 1    | 17:03.72 | 837          | Hefner, Faith    | 14  | NC Hickory Foundation YMCA Seahorse Swim Team | 12/6/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 2    | 17:18.15 | 842          | Ray, Amanda      | 13  | NC New Wave Swim Team                         | 2/28/2016 | 2016 NCS SC AG Championships      |
| 3    | 17:18.32 | 798          | Crouse, Caroline | 14  | NC Marlins of Raleigh                         | 2/28/2016 | 2016 NCS SC AG Championships      |
| 4    | 17:19.55 | 795          | Haney, Kenna     | 14  | NC New Wave Swim Team                         | 12/5/2015 | 2015 NC STAR Triad Tropic         |
| 5    | 17:25.56 | 779          | Sutter, Olivia   | 14  | NC YMCA of Western North Carolina             | 2/28/2016 | 2016 NCS SC AG Championships      |

### Boys 13-14 1650 Freestyle Short Course Yards

| Rank | Time     | Power Points | Name           | Age | LSC / Club                                    | Swim Date | Meet                              |
|------|----------|--------------|----------------|-----|---|-----------|-----------------------------------|
| 1    | 15:30.25 | 957          | Dant, Ross     | 14  | NC Hickory Foundation YMCA Seahorse Swim Team | 12/6/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 2    | 16:18.52 | 836          | Hamlet, Thomas | 14  | NC High Point Swim Club                       | 2/28/2016 | 2016 NCS SC AG Championships      |
| 3    | 16:25.54 | 898          | Cairns, Zac    | 13  | NC North Carolina Aquatic Club                | 2/28/2016 | 2016 NCS SC AG Championships      |
| 4    | 16:27.22 | 815          | Whipple, Zack  | 14  | NC SwimMAC Carolina                           | 3/13/2016 | 2016 GA ESSZ Age Group Championsh |
| 5    | 16:32.33 | 802          | Lloyd, Owen    | 14  | NC North Carolina Aquatic Club                | 2/28/2016 | 2016 NCS SC AG Championships      |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 13-14 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------------|
| 1           | 55.80       | 895                 | Flickinger, Maddy  | 14         | NC SwimMAC Carolina                         | 3/19/2016        | 2016 NC SwimMAC Tar Heel State    |
| 2           | 56.03       | 885                 | Merritt, Kensley   | 14         | NC SwimMAC Carolina                         | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 3           | 57.61       | 815                 | Strickland, Rachel | 14         | NC Unattached                               | 2/11/2016        | 2016 3A State NCHSAA Champions    |
| 4           | 57.70       | 872                 | Pennington, Isabel | 13         | NC YMCA of Northwest North Carolina Riptyde | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 57.71       | 811                 | Nelson, Emme       | 14         | NC SwimMAC Carolina                         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 13-14 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|-----------------------------------|
| 1           | 52.45       | 879                 | Ivy, Michael    | 14         | NC Raleigh Swimming Association               | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 52.48       | 878                 | Hamlet, Thomas  | 14         | NC High Point Swim Club                       | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 52.63       | 871                 | Dant, Ross      | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 4           | 53.52       | 831                 | Henderson, Noah | 14         | NC Star Aquatics                              | 2/27/2016        | 2016 NCS SC AG Championships      |
| 5           | 53.73       | 915                 | Thakur, Jake    | 13         | NC SwimMAC Carolina                           | 7/23/2016        | 2016 NC SwimMAC Short Course S    |

### Girls 13-14 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------------|
| 1           | 1:59.08     | 917                 | Flickinger, Maddy  | 14         | NC SwimMAC Carolina                           | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 2           | 2:04.08     | 823                 | Strickland, Rachel | 14         | NC Marlins of Raleigh                         | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 2:04.60     | 813                 | Hefner, Faith      | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/6/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 4           | 2:05.36     | 845                 | Arens, Abby        | 13         | NC Marlins of Raleigh                         | 2/28/2016        | 2016 NCS SC AG Championships      |
| 5           | 2:05.44     | 844                 | Pennington, Isabel | 13         | NC YMCA of Northwest North Carolina           | 2/28/2016        | 2016 NCS SC AG Championships      |

# NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

Riptyde

## Boys 13-14 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|-----------------------------------|
| 1           | 1:53.55     | 871                 | Dant, Ross      | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/6/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 2           | 1:55.66     | 826                 | Hamlet, Thomas  | 14         | NC High Point Swim Club                       | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 1:55.74     | 824                 | Henderson, Noah | 14         | NC Star Aquatics                              | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:57.16     | 794                 | Cotter, Colin   | 14         | NC TAC Titans                                 | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 1:57.55     | 786                 | Monahan, Conall | 14         | NC SwimMAC Carolina                           | 7/23/2016        | 2016 NC SwimMAC Short Course S    |

## Girls 13-14 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|-----------------------------------|
| 1           | 1:01.79     | 974                 | Arens, Abby      | 13         | NC Marlins of Raleigh          | 3/4/2016         | 2016 SE Southern Premier          |
| 2           | 1:03.30     | 887                 | McCauley, Ashley | 14         | NC Marlins of Raleigh          | 12/11/2015       | 2015 Speedo Winter Jr. Champio    |
| 3           | 1:03.31     | 887                 | Nelson, Emme     | 14         | NC SwimMAC Carolina            | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:04.28     | 888                 | Whitmire, Liza   | 13         | NC Aquatic Team Of Mecklenburg | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 1:04.88     | 832                 | Divoky, Brenna   | 14         | NC Waves Of Wilmington, Inc.   | 2/26/2016        | 2016 NCS SC AG Championships      |

## Boys 13-14 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|-----------------------------------|
| 1           | 59.17       | 888                 | Lyons, Scott    | 14         | NC SwimMAC Carolina                    | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 59.98       | 857                 | Foulkes, T'lez  | 14         | NC North Carolina Aquatic Club         | 2/26/2016        | 2016 NCS SC AG Championships      |
| 3           | 1:00.47     | 926                 | Baldwin, Daniel | 13         | NC New Wave Swim Team                  | 2/26/2016        | 2016 NCS SC AG Championships      |
| 4           | 1:01.25     | 809                 | Duckworth, Ben  | 14         | NC Unattached                          | 2/15/2016        | 2016 NCISAA 1A2A State Champio    |
| 5           | 1:01.38     | 892                 | Becker, Perry   | 13         | NC YMCA of the Triangle Area Swim Team | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 13-14 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--------------------|------------------|-----------------------------------|
| 1           | 2:12.59     | 943                 | McCauley, Ashley   | 14         | NC                | Marlins of Raleigh | 12/12/2015       | 2015 Speedo Winter Jr. Champio    |
| 2           | 2:14.89     | 937                 | Arens, Abby        | 13         | NC                | Marlins of Raleigh | 12/12/2015       | 2015 Speedo Winter Jr. Champio    |
| 3           | 2:16.95     | 875                 | Crouse, Caroline   | 14         | NC                | Marlins of Raleigh | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:17.22     | 871                 | Nelson, Emme       | 14         | NC                | SwimMAC Carolina   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 2:19.81     | 861                 | Mangaoang, Desirae | 13         | NC                | SwimMAC Carolina   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 13-14 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|-------------------|--------------------|------------------|-----------------------------------|
| 1           | 2:10.09     | 868                 | Duckworth, Ben   | 14         | NC                | SwimMAC Carolina   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 2:11.09     | 913                 | Baldwin, Daniel  | 13         | NC                | New Wave Swim Team | 2/27/2016        | 2016 NCS SC AG Championships      |
| 3           | 2:13.77     | 809                 | Enriquez, Edward | 14         | NC                | Sailfish Aquatics  | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:13.92     | 807                 | Wahlers, Ryan    | 14         | NC                | TAC Titans         | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 2:14.16     | 865                 | Connery, Tim     | 13         | NC                | SwimMAC Carolina   | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 13-14 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |                           | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|-------------------|---------------------------|------------------|-----------------------------------|
| 1           | 55.75       | 865                 | Vannote, Ellie     | 14         | NC                | SwimMAC Carolina          | 7/23/2016        | 2016 NC SwimMAC Short Course S    |
| 2           | 55.87       | 907                 | Arens, Abby        | 13         | NC                | Marlins of Raleigh        | 2/26/2016        | 2016 NCS SC AG Championships      |
| 3           | 56.15       | 849                 | Bartis, Olwyn      | 14         | NC                | SwimMAC Carolina          | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 56.28       | 891                 | Ray, Amanda        | 13         | NC                | New Wave Swim Team        | 2/26/2016        | 2016 NCS SC AG Championships      |
| 5           | 56.87       | 820                 | Campbell, Mckenzie | 14         | NC                | Greensboro Community YMCA | 4/5/2016         | 2016 NC AP YMCA National Champs   |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 13-14 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--------------------|------------------|-----------------------------------|
| 1           | 49.70       | 971                 | Henderson, Noah   | 14         | NC                | Unattached         | 2/11/2016        | 2016 3A State NCHSAA Champions    |
| 2           | 51.21       | 900                 | Poelke, Boyd      | 14         | NC                | SwimMAC Carolina   | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 51.77       | 874                 | Lyons, Scott      | 14         | NC                | SwimMAC Carolina   | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 52.15       | 856                 | Kring, Jaden      | 14         | NC                | Marlins of Raleigh | 12/5/2015        | 2015 NC NSS Winter Invitationa    |
| 5           | 52.78       | 828                 | Shelstad, Michael | 14         | NC                | SwimMAC Carolina   | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

### Girls 13-14 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--|------------------|-----------------------------------|
| 1           | 2:02.03     | 870                 | Worden, Ashley     | 14         | NC                | Marlins of Raleigh                         | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 2:02.25     | 867                 | Campbell, Mckenzie | 14         | NC                | Greensboro Community YMCA                  | 4/8/2016         | 2016 NC AP YMCA National Champs   |
| 3           | 2:03.26     | 899                 | Ray, Amanda        | 13         | NC                | New Wave Swim Team                         | 3/16/2016        | 2016 NCSA Spring Championship     |
| 4           | 2:04.36     | 831                 | Hefner, Faith      | 14         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 5           | 2:05.98     | 854                 | Arens, Abby        | 13         | NC                | Marlins of Raleigh                         | 2/27/2016        | 2016 NCS SC AG Championships      |

### Boys 13-14 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--|------------------|-----------------------------------|
| 1           | 1:53.33     | 898                 | Henderson, Noah | 14         | NC                | Star Aquatics                              | 2/27/2016        | 2016 NCS SC AG Championships      |
| 2           | 1:53.99     | 884                 | Kring, Jaden    | 14         | NC                | Marlins of Raleigh                         | 12/6/2015        | 2015 NC NSS Winter Invitationa    |
| 3           | 1:55.09     | 862                 | Whipple, Zack   | 14         | NC                | SwimMAC Carolina                           | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 1:55.31     | 857                 | Dant, Ross      | 14         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 5           | 1:56.24     | 839                 | Poelke, Boyd    | 14         | NC                | SwimMAC Carolina                           | 3/12/2016        | 2016 GA ESSZ Age Group Championsh |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Girls 13-14 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|-----------------------------------|
| 1           | 2:04.24     | 859                 | McCauley, Ashley | 14         | NC Marlins of Raleigh          | 12/10/2015       | 2015 Speedo Winter Jr. Champio    |
| 2           | 2:04.85     | 900                 | Arens, Abby      | 13         | NC Marlins of Raleigh          | 3/5/2016         | 2016 SE Southern Premier          |
| 3           | 2:05.50     | 834                 | Nelson, Emme     | 14         | NC SwimMAC Carolina            | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 4           | 2:06.18     | 820                 | Merry, Anneliese | 14         | NC North Carolina Aquatic Club | 2/28/2016        | 2016 NCS SC AG Championships      |
| 5           | 2:06.70     | 809                 | Crouse, Caroline | 14         | NC Marlins of Raleigh          | 2/28/2016        | 2016 NCS SC AG Championships      |

### Boys 13-14 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|-----------------------------------|
| 1           | 1:56.18     | 866                 | Henderson, Noah | 14         | NC Star Aquatics                       | 3/13/2016        | 2016 GA ESSZ Age Group Championsh |
| 2           | 1:58.83     | 806                 | McRea, Micah    | 14         | NC Catawba Valley Aquatic Club         | 2/28/2016        | 2016 NCS SC AG Championships      |
| 3           | 1:58.94     | 804                 | Lyons, Scott    | 14         | NC SwimMAC Carolina                    | 2/28/2016        | 2016 NCS SC AG Championships      |
| 4           | 1:58.98     | 803                 | Kring, Jaden    | 14         | NC Marlins of Raleigh                  | 12/4/2015        | 2015 NC NSS Winter Invitationa    |
| 5           | 1:59.07     | 801                 | Curlee, Mitch   | 14         | NC YMCA of the Triangle Area Swim Team | 3/31/2016        | 2016 NASA Showcase Classic        |

### Girls 13-14 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|-----------------------------------|
| 1           | 4:22.16     | 904                 | Arens, Abby      | 13         | NC Marlins of Raleigh          | 3/4/2016         | 2016 SE Southern Premier          |
| 2           | 4:24.73     | 832                 | Crouse, Caroline | 14         | NC Marlins of Raleigh          | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 3           | 4:24.94     | 830                 | McCauley, Ashley | 14         | NC Marlins of Raleigh          | 12/11/2015       | 2015 Speedo Winter Jr. Champio    |
| 4           | 4:27.44     | 808                 | Merry, Anneliese | 14         | NC North Carolina Aquatic Club | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |
| 5           | 4:28.84     | 795                 | Nelson, Emme     | 14         | NC SwimMAC Carolina            | 3/11/2016        | 2016 GA ESSZ Age Group Championsh |

### Boys 13-14 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Swim Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                 |    |    |  |           |                                   |
|---|---------|-----|-----------------|----|----|--|-----------|-----------------------------------|
| 1 | 4:03.54 | 903 | Dant, Ross      | 14 | NC | Hickory Foundation YMCA Seahorse Swim Team | 12/4/2015 | 2015 NC AP YOTA-TYR Capital Class |
| 2 | 4:12.66 | 812 | Whipple, Zack   | 14 | NC | SwimMAC Carolina                           | 3/11/2016 | 2016 GA ESSZ Age Group Championsh |
| 3 | 4:13.38 | 805 | Zheng, Andrew   | 14 | NC | North Carolina Aquatic Club                | 2/26/2016 | 2016 NCS SC AG Championships      |
| 4 | 4:13.50 | 804 | Monahan, Conall | 14 | NC | SwimMAC Carolina                           | 7/23/2016 | 2016 NC SwimMAC Short Course S    |
| 5 | 4:13.74 | 801 | McRea, Micah    | 14 | NC | Catawba Valley Aquatic Club                | 3/18/2016 | 2016 NC ATOM BRSL Championship    |

### Girls 15-16 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i>         | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------------|------------|---------------------------|------------------|--------------------------------|
| 1           | 22.64       | 917                 | Countie, Grace       | 16         | NC Marlins of Raleigh     | 3/5/2016         | 2016 SE Southern Premier       |
| 2           | 23.28       | 852                 | Torres, Svea         | 16         | NC East Carolina Aquatics | 3/24/2016        | 2016 NC ECA 50 Freestyle Chall |
| 3           | 23.38       | 842                 | Kohut, Jordan        | 16         | NC Unattached             | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 4           | 23.52       | 828                 | Hauder, Caroline     | 16         | NC SwimMAC Carolina       | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 5           | 23.63       | 820                 | Clayton-Luce, Sophie | 15         | NC Unattached             | 2/11/2016        | 2016 4A State NCHSAA State Cha |

### Boys 15-16 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>        | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------|------------------|--------------------------------|
| 1           | 20.57       | 876                 | Chan, Will       | 16         | NC SwimMAC Carolina      | 3/4/2016         | 2016 SE Southern Premier       |
| 2           | 20.65       | 868                 | Bathory, Levente | 16         | NC Enfinity Aquatic Club | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 20.91       | 842                 | Shelstad, John   | 16         | NC SwimMAC Carolina      | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 21.03       | 831                 | Burhans, Tucker  | 16         | NC Enfinity Aquatic Club | 12/12/2015       | 2015 VA Swim and Tri Winter Ch |
| 5           | 21.14       | 872                 | Walker, Jack     | 15         | NC SwimMAC Carolina      | 7/26/2016        | 2016 NC Queens Royals SCY Dual |

### Girls 15-16 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 49.53       | 902                 | Countie, Grace   | 16         | NC Marlins of Raleigh | 3/6/2016         | 2016 SE Southern Premier       |
| 2           | 50.49       | 851                 | Hauder, Caroline | 16         | NC SwimMAC Carolina   | 3/19/2016        | 2016 NC SwimMAC Tar Heel State |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |       |     |                      |    |    |                        |           |                                |
|---|-------|-----|----------------------|----|----|------------------------|-----------|--------------------------------|
| 3 | 50.73 | 839 | Lindner, Sophie      | 16 | NC | SwimMAC Carolina       | 7/26/2016 | 2016 NC Queens Royals SCY Dual |
| 4 | 50.83 | 839 | Corbi, Katie         | 15 | NC | SwimMAC Carolina       | 3/19/2016 | 2016 NC SwimMAC Tar Heel State |
| 5 | 51.20 | 820 | Clayton-Luce, Sophie | 15 | NC | New Wave Swim Team     | 3/12/2016 | 2016 NC STARTarheel States     |
| 5 | 51.20 | 814 | Torres, Svea         | 16 | NC | East Carolina Aquatics | 3/20/2016 | 2016 NC WOW ECSL Championship  |

### Boys 15-16 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>        | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------|------------------|--------------------------------|
| 1           | 44.81       | 898                 | Bathory, Levente | 16         | NC Enfinity Aquatic Club | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 2           | 45.45       | 864                 | Messenger, Jack  | 16         | NC Unattached            | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 3           | 45.60       | 856                 | Shelstad, John   | 16         | NC SwimMAC Carolina      | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 45.89       | 841                 | Burhans, Tucker  | 16         | NC Enfinity Aquatic Club | 12/13/2015       | 2015 VA Swim and Tri Winter Ch |
| 5           | 46.28       | 820                 | Hertweck, Graham | 16         | NC Unattached            | 2/11/2016        | 2016 4A State NCHSAA State Cha |

### Girls 15-16 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|---------------------------------|
| 1           | 1:47.70     | 897                 | Homovich, Madison | 15         | NC Marlins of Raleigh                         | 12/11/2015       | 2015 Speedo Winter Jr. Champio  |
| 2           | 1:48.42     | 877                 | Menkhaus, Julia   | 15         | NC SwimMAC Carolina                           | 12/9/2015        | 2015 Speedo Winter Jr. Champio  |
| 3           | 1:48.70     | 857                 | Durak, Anna       | 16         | NC Hickory Foundation YMCA Seahorse Swim Team | 4/6/2016         | 2016 NC AP YMCA National Champs |
| 4           | 1:48.89     | 865                 | Pozder, Ana       | 15         | NC Triangle Aquatics Club Titans              | 11/7/2015        | 2015 NC TAC TITANS Big Souther  |
| 5           | 1:49.00     | 849                 | Poole, Julia      | 16         | NC Triangle Aquatics Club Titans              | 11/7/2015        | 2015 NC TAC TITANS Big Souther  |

### Boys 15-16 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>        | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|--------------------------|------------------|--------------------------------|
| 1           | 1:38.71     | 868                 | Bathory, Levente   | 16         | NC Enfinity Aquatic Club | 3/4/2016         | 2016 SE Southern Premier       |
| 2           | 1:40.84     | 811                 | Johnson, Luke      | 16         | NC SwimMAC Carolina      | 3/4/2016         | 2016 SE Southern Premier       |
| 3           | 1:40.93     | 808                 | Pfuhl, Christopher | 16         | NC Unattached            | 2/11/2016        | 2016 4A State NCHSAA State Cha |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |         |     |                 |    |    |                    |           |                                |
|---|---------|-----|-----------------|----|----|--------------------|-----------|--------------------------------|
| 4 | 1:41.14 | 803 | Gambill, Avery  | 16 | NC | Unattached         | 2/11/2016 | 2016 4A State NCHSAA State Cha |
| 5 | 1:41.78 | 786 | Kawaguchi, Rhys | 16 | NC | Marlins of Raleigh | 3/4/2016  | 2016 SE Southern Premier       |

### Girls 15-16 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--|------------------|-----------------------------------|
| 1           | 4:44.55     | 927                 | Homovich, Madison  | 15         | NC                | Marlins of Raleigh                         | 12/10/2015       | 2015 Speedo Winter Jr. Champio    |
| 2           | 4:46.43     | 885                 | Peterson, Emmaline | 16         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 12/5/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 3           | 4:46.77     | 903                 | Pozder, Ana        | 15         | NC                | Triangle Aquatics Club Titans              | 12/10/2015       | 2015 Speedo Winter Jr. Champio    |
| 4           | 4:50.44     | 843                 | Durak, Anna        | 16         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 4/7/2016         | 2016 NC AP YMCA National Champs   |
| 5           | 4:51.80     | 828                 | Poole, Julia       | 16         | NC                | TAC Titans                                 | 2/20/2016        | 2016 NC SC Senior Champs          |

### Boys 15-16 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--|------------------|---------------------------------|
| 1           | 4:28.25     | 904                 | Dant, Ross      | 15         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 4/7/2016         | 2016 NC AP YMCA National Champs |
| 2           | 4:29.10     | 857                 | Frith, Patrick  | 16         | NC                | New South Swimming                         | 2/20/2016        | 2016 NC SC Senior Champs        |
| 3           | 4:32.66     | 822                 | Johnson, Luke   | 16         | NC                | SwimMAC Carolina                           | 3/19/2016        | 2016 NC SwimMAC Tar Heel State  |
| 4           | 4:33.22     | 816                 | Gambill, Avery  | 16         | NC                | Unattached                                 | 2/11/2016        | 2016 4A State NCHSAA State Cha  |
| 5           | 4:35.30     | 796                 | Kawaguchi, Rhys | 16         | NC                | Unattached                                 | 2/11/2016        | 2016 4A State NCHSAA State Cha  |

### Girls 15-16 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--|------------------|-----------------------------------|
| 1           | 9:39.09     | 976                 | Homovich, Madison  | 15         | NC                | Marlins of Raleigh                         | 2/18/2016        | 2016 NC SC Senior Champs          |
| 2           | 9:47.64     | 904                 | Peterson, Emmaline | 16         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 12/4/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 3           | 9:59.28     | 849                 | Pozder, Ana        | 16         | NC                | TAC Titans                                 | 2/18/2016        | 2016 NC SC Senior Champs          |
| 4           | 10:11.25    | 794                 | Soleo, Lauren      | 16         | NC                | YMCA of the Triangle Area Swim Team        | 4/4/2016         | 2016 NC AP YMCA National Champs   |
| 5           | 10:13.45    | 784                 | Pruden, Mary       | 16         | NC                | New Wave Swim Team                         | 2/18/2016        | 2016 NC SC Senior Champs          |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 15-16 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|---------------------------------|
| 1           | 9:08.53     | 959                 | Dant, Ross        | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 4/4/2016         | 2016 NC AP YMCA National Champs |
| 2           | 9:17.19     | 871                 | Frith, Patrick    | 16         | NC New South Swimming                         | 2/18/2016        | 2016 NC SC Senior Champs        |
| 3           | 9:26.78     | 870                 | Bretzmann, Thomas | 15         | NC North Carolina Aquatic Club                | 2/18/2016        | 2016 NC SC Senior Champs        |
| 4           | 9:32.43     | 843                 | Hudgens, Alan     | 15         | NC New South Swimming                         | 2/18/2016        | 2016 NC SC Senior Champs        |
| 5           | 9:37.64     | 774                 | Moran, Smith      | 16         | NC Marlins of Raleigh                         | 3/20/2016        | 2016 NC TAC TITANS Tar Heel St  |

### Girls 15-16 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------------|
| 1           | 16:06.79    | 967                 | Homovich, Madison  | 15         | NC Marlins of Raleigh                         | 2/21/2016        | 2016 NC SC Senior Champs          |
| 2           | 16:11.79    | 943                 | Peterson, Emmaline | 16         | NC Hickory Foundation YMCA Seahorse Swim Team | 12/6/2015        | 2015 NC AP YOTA-TYR Capital Class |
| 3           | 16:33.32    | 892                 | Pozder, Ana        | 15         | NC Triangle Aquatics Club Titans              | 12/12/2015       | 2015 Speedo Winter Jr. Champio    |
| 4           | 16:48.34    | 851                 | Kriegler, Abby     | 15         | NC Asheville Swim Club                        | 2/21/2016        | 2016 NC SC Senior Champs          |
| 5           | 16:48.99    | 849                 | Soleo, Lauren      | 15         | NC YMCA of the Triangle Area Swim Team        | 12/12/2015       | 2015 Speedo Winter Jr. Champio    |

### Boys 15-16 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|---------------------------------|
| 1           | 15:12.68    | 952                 | Dant, Ross        | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 4/8/2016         | 2016 NC AP YMCA National Champs |
| 2           | 15:34.61    | 861                 | Frith, Patrick    | 16         | NC New South Swimming                         | 2/21/2016        | 2016 NC SC Senior Champs        |
| 3           | 15:50.81    | 854                 | Bretzmann, Thomas | 15         | NC North Carolina Aquatic Club                | 2/21/2016        | 2016 NC SC Senior Champs        |
| 4           | 15:55.29    | 843                 | Hudgens, Alan     | 15         | NC New South Swimming                         | 2/21/2016        | 2016 NC SC Senior Champs        |
| 5           | 16:07.45    | 812                 | Watko, Cothalee   | 15         | NC Raleigh Swimming Association               | 2/21/2016        | 2016 NC SC Senior Champs        |

### Girls 15-16 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>   | <i>Swim Date</i> | <i>Meet</i>              |
|-------------|-------------|---------------------|-----------------|------------|---------------------|------------------|--------------------------|
| 1           | 53.62       | 958                 | Menkhaus, Julia | 16         | NC SwimMAC Carolina | 3/6/2016         | 2016 SE Southern Premier |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |       |     |                |    |    |                                     |           |                                 |
|---|-------|-----|----------------|----|----|-------------------------------------|-----------|---------------------------------|
| 2 | 53.99 | 940 | Moore, Kate    | 16 | NC | Unattached                          | 2/11/2016 | 2016 4A State NCHSAA State Cha  |
| 3 | 54.42 | 921 | Kohut, Jordan  | 16 | NC | YMCA of the Triangle Area Swim Team | 4/6/2016  | 2016 NC AP YMCA National Champs |
| 4 | 54.46 | 919 | Countie, Grace | 16 | NC | Marlins of Raleigh                  | 3/6/2016  | 2016 SE Southern Premier        |
| 5 | 54.83 | 902 | Morrison, Kat  | 16 | NC | Unattached                          | 2/13/2016 | 2016 1A2A State NCHSAA Champi   |

### Boys 15-16 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 49.38       | 968                 | Healy, John      | 15         | NC TAC Titans                          | 3/16/2016        | 2016 FL Dolfin Junior National |
| 2           | 49.63       | 903                 | Dyck, Brandon    | 16         | NC YMCA of the Triangle Area Swim Team | 7/31/2016        | 2016 FL YCF SC Splash YMCA D   |
| 3           | 50.18       | 877                 | Bathory, Levente | 16         | NC Enfinity Aquatic Club               | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 50.68       | 907                 | Barone, Kyle     | 15         | NC Enfinity Aquatic Club               | 3/6/2016         | 2016 SE Southern Premier       |
| 5           | 50.93       | 841                 | Eruchalu, Ikenna | 16         | NC SwimMAC Carolina                    | 12/11/2015       | 2015 Speedo Winter Jr. Champio |

### Girls 15-16 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|--------------------------------|
| 1           | 1:57.07     | 929                 | Moore, Kate       | 16         | NC Triangle Aquatics Club Titans | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 2           | 1:57.60     | 919                 | Hauder, Caroline  | 16         | NC SwimMAC Carolina              | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 1:57.76     | 916                 | Menkhaus, Julia   | 16         | NC SwimMAC Carolina              | 3/4/2016         | 2016 SE Southern Premier       |
| 4           | 1:57.93     | 917                 | Homovich, Madison | 15         | NC Marlins of Raleigh            | 2/21/2016        | 2016 NC SC Senior Champs       |
| 5           | 1:58.70     | 902                 | Lindner, Sophie   | 15         | NC SwimMAC Carolina              | 12/12/2015       | 2015 Speedo Winter Jr. Champio |

### Boys 15-16 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>   | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|---------------|------------|--|------------------|--------------------------------|
| 1           | 1:46.38     | 990                 | Healy, John   | 15         | NC Triangle Aquatics Club Titans       | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 2           | 1:49.90     | 911                 | Brown, Zach   | 15         | NC Marlins of Raleigh                  | 3/4/2016         | 2016 SE Southern Premier       |
| 3           | 1:50.24     | 848                 | Dyck, Brandon | 16         | NC YMCA of the Triangle Area Swim Team | 7/31/2016        | 2016 FL YCF SC Splash YMCA D   |
| 4           | 1:50.50     | 897                 | Edwards, Max  | 15         | NC Enfinity Aquatic Club               | 3/4/2016         | 2016 SE Southern Premier       |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |            |    |    |  |          |                                       |
|---|---------|-----|------------|----|----|--|----------|---------------------------------------|
| 5 | 1:50.65 | 894 | Dant, Ross | 15 | NC | Hickory Foundation YMCA Seahorse Swim Team | 4/5/2016 | 2016 NC AP YMCA Nationals Time Trials |
|---|---------|-----|------------|----|----|--|----------|---------------------------------------|

### Girls 15-16 100 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name             | Age | LSC / Club            | Swim Date  | Meet                           |
|------|---------|--------------|------------------|-----|-----------------------|------------|--------------------------------|
| 1    | 1:01.13 | 935          | Hauder, Caroline | 16  | NC SwimMAC Carolina   | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 1:01.64 | 916          | Higgs, Albury    | 16  | NC SwimMAC Carolina   | 3/4/2016   | 2016 SE Southern Premier       |
| 3    | 1:01.92 | 906          | Donahue, Jane    | 16  | NC SwimMAC Carolina   | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 4    | 1:01.94 | 929          | Higgs, Lilly     | 15  | NC SwimMAC Carolina   | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 5    | 1:02.36 | 914          | McCauley, Ashley | 15  | NC Marlins of Raleigh | 3/4/2016   | 2016 SE Southern Premier       |

### Boys 15-16 100 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name           | Age | LSC / Club                     | Swim Date  | Meet                           |
|------|-------|--------------|----------------|-----|--------------------------------|------------|--------------------------------|
| 1    | 53.99 | 1025         | Chan, Will     | 15  | NC SwimMAC Carolina            | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 56.41 | 898          | Zucker, Colson | 16  | NC SwimMAC Carolina            | 3/4/2016   | 2016 SE Southern Premier       |
| 3    | 57.12 | 899          | Rauch, Jacob   | 15  | NC Aquatic Team Of Mecklenburg | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 4    | 57.22 | 866          | Johnson, Luke  | 16  | NC SwimMAC Carolina            | 3/4/2016   | 2016 SE Southern Premier       |
| 5    | 57.31 | 862          | Shelstad, John | 16  | NC SwimMAC Carolina            | 3/4/2016   | 2016 SE Southern Premier       |

### Girls 15-16 200 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name             | Age | LSC / Club                       | Swim Date  | Meet                           |
|------|---------|--------------|------------------|-----|----------------------------------|------------|--------------------------------|
| 1    | 2:13.99 | 891          | Poole, Julia     | 16  | NC Triangle Aquatics Club Titans | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 2:14.06 | 890          | Higgs, Albury    | 16  | NC SwimMAC Carolina              | 3/6/2016   | 2016 SE Southern Premier       |
| 3    | 2:14.39 | 915          | McCauley, Ashley | 15  | NC Marlins of Raleigh            | 2/20/2016  | 2016 NC SC Senior Champs       |
| 4    | 2:14.59 | 882          | Hauder, Caroline | 16  | NC SwimMAC Carolina              | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 5    | 2:14.65 | 881          | Donahue, Jane    | 16  | NC SwimMAC Carolina              | 12/12/2015 | 2015 Speedo Winter Jr. Champio |

### Boys 15-16 200 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name          | Age | LSC / Club          | Swim Date  | Meet                           |
|------|---------|--------------|---------------|-----|---------------------|------------|--------------------------------|
| 1    | 1:58.93 | 985          | Chan, Will    | 15  | NC SwimMAC Carolina | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 2:02.99 | 901          | Johnson, Luke | 16  | NC SwimMAC Carolina | 3/6/2016   | 2016 SE Southern Premier       |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                |    |    |                    |           |                                |
|---|---------|-----|----------------|----|----|--------------------|-----------|--------------------------------|
| 3 | 2:04.11 | 882 | Frith, Patrick | 16 | NC | New South Swimming | 3/13/2016 | 2016 NC STARTarheel States     |
| 4 | 2:04.63 | 873 | Zucker, Colson | 16 | NC | SwimMAC Carolina   | 12/5/2015 | 2015 NC NSS Winter Invitationa |
| 5 | 2:05.30 | 862 | Dalbo, Connor  | 16 | NC | TAC Titans         | 3/16/2016 | 2016 FL Dolfin Junior National |

### Girls 15-16 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 54.12       | 888                 | Menkhaus, Julia   | 16         | NC                | Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 2           | 54.45       | 874                 | High, Madeline    | 16         | NC                | Marlins of Raleigh | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 54.59       | 886                 | Lindner, Sophie   | 15         | NC                | SwimMAC Carolina   | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 54.75       | 879                 | Carter, Olivia    | 15         | NC                | TAC Titans         | 3/18/2016        | 2016 FL Dolfin Junior National |
| 5           | 55.03       | 868                 | Homovich, Madison | 15         | NC                | Marlins of Raleigh | 3/6/2016         | 2016 SE Southern Premier       |

### Boys 15-16 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 49.14       | 937                 | Brown, Zach      | 15         | NC                | Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 2           | 49.58       | 855                 | Eruchalu, Ikenna | 16         | NC                | Unattached         | 2/15/2016        | 2016 NCISAA 3A State Champions |
| 3           | 49.60       | 854                 | Frith, Patrick   | 16         | NC                | New South Swimming | 2/19/2016        | 2016 NC SC Senior Champs       |
| 4           | 50.16       | 888                 | Healy, John      | 15         | NC                | Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 5           | 50.41       | 815                 | Dwyer, Peter     | 16         | NC                | Unattached         | 2/11/2016        | 2016 3A State NCHSAA Champions |

### Girls 15-16 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--|------------------|---------------------------------|
| 1           | 1:58.28     | 911                 | Menkhaus, Julia   | 15         | NC                | SwimMAC Carolina                           | 12/12/2015       | 2015 Speedo Winter Jr. Champio  |
| 2           | 1:58.63     | 905                 | Carter, Olivia    | 15         | NC                | TAC Titans                                 | 3/19/2016        | 2016 FL Dolfin Junior National  |
| 3           | 1:59.09     | 897                 | Homovich, Madison | 15         | NC                | Marlins of Raleigh                         | 12/12/2015       | 2015 Speedo Winter Jr. Champio  |
| 4           | 1:59.88     | 877                 | Durak, Anna       | 16         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 4/8/2016         | 2016 NC AP YMCA National Champs |
| 5           | 2:02.02     | 847                 | Pozder, Ana       | 15         | NC                | Triangle Aquatics Club Titans              | 12/12/2015       | 2015 Speedo Winter Jr. Champio  |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 15-16 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|----------------------------------|------------------|--------------------------------|
| 1           | 1:47.73     | 954                 | Brown, Zach    | 15         | NC Marlins of Raleigh            | 3/5/2016         | 2016 SE Southern Premier       |
| 2           | 1:50.38     | 868                 | Lucht, Stephen | 16         | NC Marlins of Raleigh            | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 1:51.21     | 850                 | Mahoney, Sam   | 16         | NC SwimMAC Carolina              | 3/19/2016        | 2016 NC SwimMAC Tar Heel State |
| 4           | 1:51.43     | 846                 | Frith, Patrick | 16         | NC New South Swimming            | 3/12/2016        | 2016 NC STARTarheel States     |
| 5           | 1:51.45     | 875                 | Healy, John    | 15         | NC Triangle Aquatics Club Titans | 12/12/2015       | 2015 Speedo Winter Jr. Champio |

### Girls 15-16 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 1:58.85     | 931                 | Hauder, Caroline  | 16         | NC Unattached         | 2/11/2016        | 2016 3A State NCHSAA Champions |
| 2           | 1:59.76     | 911                 | Poole, Julia      | 16         | NC Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 3           | 2:02.06     | 876                 | Homovich, Madison | 15         | NC Marlins of Raleigh | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 2:02.29     | 858                 | Higgs, Albury     | 16         | NC SwimMAC Carolina   | 3/5/2016         | 2016 SE Southern Premier       |
| 5           | 2:02.53     | 853                 | Menkhaus, Julia   | 16         | NC SwimMAC Carolina   | 3/5/2016         | 2016 SE Southern Premier       |

### Boys 15-16 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 1:49.86     | 901                 | Chan, Will     | 16         | NC Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 2           | 1:52.10     | 894                 | Brown, Zach    | 15         | NC Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 3           | 1:52.55     | 837                 | Lucht, Stephen | 16         | NC Marlins of Raleigh | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 4           | 1:52.72     | 833                 | Shelstad, John | 16         | NC SwimMAC Carolina   | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 5           | 1:52.90     | 829                 | Johnson, Luke  | 16         | NC Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |

### Girls 15-16 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 4:13.88     | 919                 | Homovich, Madison | 15         | NC Marlins of Raleigh | 2/19/2016        | 2016 NC SC Senior Champs       |
| 2           | 4:15.04     | 889                 | Menkhaus, Julia   | 16         | NC SwimMAC Carolina   | 7/26/2016        | 2016 NC Queens Royals SCY Dual |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                  |    |    |                               |            |                                |
|---|---------|-----|------------------|----|----|-------------------------------|------------|--------------------------------|
| 3 | 4:16.28 | 877 | Moore, Kate      | 16 | NC | Triangle Aquatics Club Titans | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 4 | 4:16.30 | 877 | Hauder, Caroline | 16 | NC | SwimMAC Carolina              | 7/26/2016  | 2016 NC Queens Royals SCY Dual |
| 5 | 4:18.58 | 856 | Poole, Julia     | 16 | NC | Triangle Aquatics Club Titans | 12/11/2015 | 2015 Speedo Winter Jr. Champio |

### Boys 15-16 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|----------------|------------|-------------------|--|------------------|---------------------------------|
| 1           | 3:58.03     | 906                 | Brown, Zach    | 15         | NC                | Marlins of Raleigh                         | 3/4/2016         | 2016 SE Southern Premier        |
| 2           | 3:58.09     | 856                 | Johnson, Luke  | 16         | NC                | SwimMAC Carolina                           | 3/4/2016         | 2016 SE Southern Premier        |
| 3           | 3:58.54     | 901                 | Dant, Ross     | 15         | NC                | Hickory Foundation YMCA Seahorse Swim Team | 4/6/2016         | 2016 NC AP YMCA National Champs |
| 4           | 3:58.79     | 898                 | Ren, Jordan    | 15         | NC                | North Carolina Aquatic Club                | 2/19/2016        | 2016 NC SC Senior Champs        |
| 5           | 3:58.94     | 847                 | Lucht, Stephen | 16         | NC                | Marlins of Raleigh                         | 12/11/2015       | 2015 Speedo Winter Jr. Champio  |

### Girls 17-18 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |                  | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|-------------------|------------------|------------------|--------------------------------|
| 1           | 22.42       | 925                 | Hess, Maddie       | 18         | NC                | Unattached       | 2/18/2016        | 2016 ACC Women's Championship  |
| 2           | 22.48       | 919                 | Marsh, Alyssa      | 18         | NC                | SwimMAC Carolina | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 22.73       | 893                 | Caldwell, Courtney | 18         | NC                | Unattached       | 2/18/2016        | 2016 ACC Women's Championship  |
| 4           | 22.84       | 882                 | Brown, Erika       | 17         | NC                | Unattached       | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 5           | 22.86       | 880                 | Lappin, Christina  | 17         | NC                | SwimMAC Carolina | 12/10/2015       | 2015 Speedo Winter Jr. Champio |

### Boys 17-18 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                  | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|------------------|------------------|--------------------------------|
| 1           | 20.44       | 847                 | Tate, Sean      | 18         | NC                | Unattached       | 2/25/2016        | 2016 ACC Men's Championship    |
| 2           | 20.48       | 843                 | Weaver, Graham  | 18         | NC                | SwimMAC Carolina | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 20.80       | 811                 | Carson, Alex    | 18         | NC                | Unattached       | 2/17/2016        | 2016 SEC Swimming & Diving Cha |
| 4           | 20.88       | 819                 | Murray, Jeffrey | 17         | NC                | SwimMAC Carolina | 3/19/2016        | 2016 NC SwimMAC Tar Heel State |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |       |     |                 |    |    |                             |            |                           |
|---|-------|-----|-----------------|----|----|-----------------------------|------------|---------------------------|
| 5 | 20.90 | 817 | Macmillan, Will | 17 | NC | North Carolina Aquatic Club | 12/12/2015 | 2015 PV NCAP Invitational |
|---|-------|-----|-----------------|----|----|-----------------------------|------------|---------------------------|

### Girls 17-18 100 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name               | Age | LSC / Club          | Swim Date  | Meet                           |
|------|-------|--------------|--------------------|-----|---------------------|------------|--------------------------------|
| 1    | 48.77 | 928          | Marsh, Alyssa      | 18  | NC SwimMAC Carolina | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 48.94 | 919          | Brown, Erika       | 17  | NC SwimMAC Carolina | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 3    | 48.95 | 918          | Caldwell, Courtney | 18  | NC Unattached       | 2/20/2016  | 2016 ACC Women's Championship  |
| 4    | 49.67 | 879          | Lappin, Christina  | 17  | NC SwimMAC Carolina | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
| 5    | 49.93 | 866          | Hess, Maddie       | 18  | NC Unattached       | 2/20/2016  | 2016 ACC Women's Championship  |

### Boys 17-18 100 Freestyle Short Course Yards

| Rank | Time  | Power Points | Name            | Age | LSC / Club                             | Swim Date  | Meet                              |
|------|-------|--------------|-----------------|-----|--|------------|-----------------------------------|
| 1    | 44.42 | 867          | Tate, Sean      | 18  | NC Unattached                          | 2/27/2016  | 2016 ACC Men's Championship       |
| 2    | 44.61 | 857          | Macmillan, Will | 18  | NC North Carolina Aquatic Club         | 2/21/2016  | 2016 NC SC Senior Champs          |
| 3    | 45.46 | 811          | Weaver, Graham  | 18  | NC SwimMAC Carolina                    | 12/12/2015 | 2015 Speedo Winter Jr. Champio    |
| 4    | 45.54 | 807          | Onol, Atalay    | 18  | NC YMCA of the Triangle Area Swim Team | 12/6/2015  | 2015 NC AP YOTA-TYR Capital Class |
| 5    | 45.88 | 789          | Carson, Alex    | 18  | NC Unattached                          | 2/20/2016  | 2016 SEC Swimming & Diving Cha    |

### Girls 17-18 200 Freestyle Short Course Yards

| Rank | Time    | Power Points | Name              | Age | LSC / Club              | Swim Date  | Meet                           |
|------|---------|--------------|-------------------|-----|-------------------------|------------|--------------------------------|
| 1    | 1:45.32 | 951          | Brown, Erika      | 17  | NC SwimMAC Carolina     | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 1:46.10 | 919          | Merritt, Jessica  | 18  | NC SwimMAC Carolina     | 3/4/2016   | 2016 SE Southern Premier       |
| 3    | 1:46.92 | 896          | Fields, Zhada     | 18  | NC Unattached           | 2/6/2016   | 2016 Carolina College Invitati |
| 4    | 1:47.28 | 896          | Marsh, Virginia   | 17  | NC High Point Swim Club | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 5    | 1:48.60 | 859          | Lappin, Christina | 17  | NC SwimMAC Carolina     | 12/11/2015 | 2015 Speedo Winter Jr. Champio |

### Boys 17-18 200 Freestyle Short Course Yards

| Rank | Time | Power Points | Name | Age | LSC / Club | Swim Date | Meet |
|------|------|--------------|------|-----|------------|-----------|------|
|------|------|--------------|------|-----|------------|-----------|------|

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |         |     |                 |    |    |                             |            |                                |
|---|---------|-----|-----------------|----|----|-----------------------------|------------|--------------------------------|
| 1 | 1:34.70 | 949 | Ress, Justin    | 18 | NC | Unattached                  | 2/26/2016  | 2016 ACC Men's Championship    |
| 2 | 1:36.03 | 911 | Macmillan, Will | 18 | NC | North Carolina Aquatic Club | 2/19/2016  | 2016 NC SC Senior Champs       |
| 3 | 1:37.83 | 861 | Tate, Sean      | 18 | NC | Unattached                  | 2/26/2016  | 2016 ACC Men's Championship    |
| 4 | 1:38.37 | 846 | Gordon, Tom     | 18 | NC | Unattached                  | 3/17/2016  | NCAA DIII Championships        |
| 5 | 1:39.14 | 825 | Weaver, Graham  | 18 | NC | SwimMAC Carolina            | 12/11/2015 | 2015 Speedo Winter Jr. Champio |

### Girls 17-18 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 4:48.82     | 848                 | Fields, Zhada     | 18         | NC                | Unattached         | 2/5/2016         | 2016 Carolina College Invitati |
| 2           | 4:50.91     | 838                 | Rubendall, Brooke | 17         | NC                | Marlins of Raleigh | 2/20/2016        | 2016 NC SC Senior Champs       |
| 3           | 4:51.54     | 820                 | Joram, Meghan     | 18         | NC                | Unattached         | 12/4/2015        | Princeton Swimming 'Big Al' Op |
| 4           | 4:51.92     | 816                 | Postoll, Becca    | 18         | NC                | Unattached         | 10/31/2015       | Michigan-UVA-Penn St Tri Meet  |
| 5           | 4:52.84     | 806                 | Tacik, Morgan     | 18         | NC                | Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |

### Boys 17-18 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |                  | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-------------------|------------------|------------------|--------------------------------|
| 1           | 4:24.64     | 863                 | Murray, Nathan | 18         | NC                | SwimMAC Carolina | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 2           | 4:26.92     | 840                 | Gordon, Tom    | 18         | NC                | Unattached       | 3/16/2016        | NCAA DIII Championships        |
| 3           | 4:31.30     | 797                 | Poff, John     | 18         | NC                | Unattached       | 11/19/2015       | 2015 Janis Dowd Nike Cup       |
| 4           | 4:31.46     | 795                 | Ress, Justin   | 18         | NC                | Unattached       | 10/2/2015        | 4th Annual All-NC Invitational |
| 5           | 4:31.71     | 793                 | Cairns, Noah   | 18         | NC                | Unattached       | 11/19/2015       | 2015 Janis Dowd Nike Cup       |

### Girls 17-18 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |  | <i>Swim Date</i> | <i>Meet</i>                     |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--|------------------|---------------------------------|
| 1           | 10:02.84    | 833                 | Tacik, Morgan     | 18         | NC                | YMCA of Northwest North Carolina Riptyde | 4/4/2016         | 2016 NC AP YMCA National Champs |
| 2           | 10:06.04    | 818                 | Rubendall, Brooke | 17         | NC                | Marlins of Raleigh                       | 2/18/2016        | 2016 NC SC Senior Champs        |
| 3           | 10:10.46    | 797                 | Giamber, Sarah    | 18         | NC                | Marlins of Raleigh                       | 2/18/2016        | 2016 NC SC Senior Champs        |
| 4           | 10:14.30    | 780                 | Joram, Meghan     | 18         | NC                | Unattached                               | 10/24/2015       | Bucknell vs Pitt                |
| 5           | 10:23.35    | 740                 | Long, Camille     | 17         | NC                | YMCA of Western North Carolina           | 4/4/2016         | 2016 NC AP YMCA National Champs |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

### Boys 17-18 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 9:21.88     | 831                 | Murray, Nathan     | 18         | NC SwimMAC Carolina   | 7/26/2016        | 2016 NC Queens Royals SCY Dual |
| 2           | 9:22.57     | 828                 | Cairns, Noah       | 18         | NC Unattached         | 11/13/2015       | UT vs UNC                      |
| 3           | 9:27.17     | 806                 | Johnson, Luke      | 17         | NC SwimMAC Carolina   | 7/26/2016        | 2016 NC Queens Royals SCY Dual |
| 4           | 9:31.61     | 785                 | Youngblood, Weston | 17         | NC SwimMAC Carolina   | 2/18/2016        | 2016 NC SC Senior Champs       |
| 5           | 9:32.11     | 783                 | Cobb, Collier      | 17         | NC Marlins of Raleigh | 2/18/2016        | 2016 NC SC Senior Champs       |

### Girls 17-18 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 16:43.11    | 856                 | Joram, Meghan     | 18         | NC Unattached                               | 12/6/2015        | Princeton Swimming 'Big Al' Op |
| 2           | 16:59.04    | 813                 | Giamber, Sarah    | 18         | NC Marlins of Raleigh                       | 2/21/2016        | 2016 NC SC Senior Champs       |
| 3           | 17:13.87    | 774                 | Rubendall, Brooke | 17         | NC Marlins of Raleigh                       | 2/21/2016        | 2016 NC SC Senior Champs       |
| 4           | 17:18.69    | 761                 | Tacik, Morgan     | 17         | NC YMCA of Northwest North Carolina Riptyde | 10/30/2015       | 2015 NC GCY Fall Spooktacular  |
| 5           | 17:26.81    | 740                 | Martin, Cara      | 17         | NC Marlins of Raleigh                       | 2/21/2016        | 2016 NC SC Senior Champs       |

### Boys 17-18 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>   | <i>Swim Date</i> | <i>Meet</i>              |
|-------------|-------------|---------------------|--------------------|------------|---------------------|------------------|--------------------------|
| 1           | 15:21.57    | 880                 | Cairns, Noah       | 18         | NC Unattached       | 11/21/2015       | 2015 Janis Dowd Nike Cup |
| 2           | 15:27.81    | 864                 | Gordon, Tom        | 18         | NC Unattached       | 3/19/2016        | NCAA DIII Championships  |
| 3           | 15:42.30    | 827                 | Poff, John         | 18         | NC Unattached       | 11/21/2015       | 2015 Janis Dowd Nike Cup |
| 4           | 15:57.15    | 799                 | Youngblood, Weston | 17         | NC SwimMAC Carolina | 2/21/2016        | 2016 NC SC Senior Champs |
| 5           | 16:02.97    | 785                 | Li, Daniel         | 17         | NC SwimMAC Carolina | 2/21/2016        | 2016 NC SC Senior Champs |

### Girls 17-18 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> | <i>Swim Date</i> | <i>Meet</i>                   |
|-------------|-------------|---------------------|--------------------|------------|-------------------|------------------|-------------------------------|
| 1           | 52.26       | 1022                | Caldwell, Courtney | 18         | NC Unattached     | 2/19/2016        | 2016 ACC Women's Championship |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |       |     |                   |    |    |                           |            |                                 |
|---|-------|-----|-------------------|----|----|---------------------------|------------|---------------------------------|
| 2 | 53.11 | 981 | Hess, Maddie      | 18 | NC | Unattached                | 2/19/2016  | 2016 ACC Women's Championship   |
| 3 | 53.99 | 940 | Marsh, Alyssa     | 18 | NC | SwimMAC Carolina          | 3/6/2016   | 2016 SE Southern Premier        |
| 4 | 54.15 | 933 | Sigmon, Heather   | 17 | NC | Greensboro Community YMCA | 4/6/2016   | 2016 NC AP YMCA National Champs |
| 5 | 54.40 | 921 | Nelson, Stephanie | 17 | NC | SwimMAC Carolina          | 12/10/2015 | 2015 Speedo Winter Jr. Champio  |

### Boys 17-18 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                             | <i>Swim Date</i> | <i>Meet</i>                 |
|-------------|-------------|---------------------|-----------------|------------|-------------------|-----------------------------|------------------|-----------------------------|
| 1           | 47.41       | 962                 | St George, Max  | 18         | NC                | Unattached                  | 2/26/2016        | 2016 ACC Men's Championship |
| 2           | 48.49       | 908                 | Macmillan, Will | 18         | NC                | North Carolina Aquatic Club | 2/20/2016        | 2016 NC SC Senior Champs    |
| 3           | 48.73       | 897                 | Silver, Tyler   | 18         | NC                | Marlins of Raleigh          | 3/6/2016         | 2016 SE Southern Premier    |
| 4           | 49.12       | 878                 | Murray, Nathan  | 18         | NC                | SwimMAC Carolina            | 3/6/2016         | 2016 SE Southern Premier    |
| 5           | 49.58       | 856                 | Countie, Will   | 18         | NC                | Marlins of Raleigh          | 3/6/2016         | 2016 SE Southern Premier    |

### Girls 17-18 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 1:56.10     | 937                 | Hess, Maddie      | 18         | NC                | Unattached         | 2/20/2016        | 2016 ACC Women's Championship  |
| 2           | 1:56.86     | 922                 | Nelson, Stephanie | 18         | NC                | SwimMAC Carolina   | 7/26/2016        | 2016 NC Queens Royals SCY Dual |
| 3           | 1:57.05     | 918                 | Baker, Kathleen   | 18         | NC                | Unattached         | 10/15/2015       | Cal MWSwim and Dive vs Utah 10 |
| 4           | 1:58.78     | 884                 | Marsh, Alyssa     | 18         | NC                | SwimMAC Carolina   | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 5           | 1:58.95     | 883                 | Rubendall, Brooke | 17         | NC                | Marlins of Raleigh | 3/19/2016        | 2016 NC TAC TITANS Tar Heel St |

### Boys 17-18 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 1:40.57     | 1047                | Ress, Justin   | 18         | NC                | Unattached         | 2/27/2016        | 2016 ACC Men's Championship    |
| 2           | 1:44.13     | 962                 | Murray, Nathan | 18         | NC                | SwimMAC Carolina   | 12/12/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 1:44.17     | 961                 | St George, Max | 18         | NC                | Unattached         | 2/27/2016        | 2016 ACC Men's Championship    |
| 4           | 1:45.73     | 925                 | Silver, Tyler  | 18         | NC                | Marlins of Raleigh | 3/19/2016        | 2016 NC TAC TITANS Tar Heel St |

# NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                    |    |    |                                     |            |                                |
|---|---------|-----|--------------------|----|----|-------------------------------------|------------|--------------------------------|
| 5 | 1:47.09 | 900 | Hollinshead, Henry | 17 | NC | YMCA of the Triangle Area Swim Team | 12/12/2015 | 2015 Speedo Winter Jr. Champio |
|---|---------|-----|--------------------|----|----|-------------------------------------|------------|--------------------------------|

## Girls 17-18 100 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name               | Age | LSC / Club          | Swim Date  | Meet                           |
|------|---------|--------------|--------------------|-----|---------------------|------------|--------------------------------|
| 1    | 1:02.41 | 868          | Carr, Annie        | 17  | NC Badfish Aquatics | 12/11/2015 | 2015 Speedo Winter Jr. Champio |
| 2    | 1:02.57 | 862          | Murch Elliot, Cape | 18  | NC SwimMAC Carolina | 3/4/2016   | 2016 SE Southern Premier       |
| 3    | 1:02.75 | 856          | Arwood, Alyssa     | 18  | NC Unattached       | 2/19/2016  | 2016 ACC Women's Championship  |
| 4    | 1:03.02 | 847          | Stranick, Sara     | 18  | NC Unattached       | 12/5/2015  | UGA Fall Invitational 2015     |
| 5    | 1:03.16 | 842          | Dupay, Meghan      | 18  | NC SwimMAC Carolina | 3/4/2016   | 2016 SE Southern Premier       |

## Boys 17-18 100 Breaststroke Short Course Yards

| Rank | Time  | Power Points | Name              | Age | LSC / Club                     | Swim Date  | Meet                           |
|------|-------|--------------|-------------------|-----|--------------------------------|------------|--------------------------------|
| 1    | 53.85 | 943          | Howard, Judd      | 18  | NC Unattached                  | 2/26/2016  | 2016 ACC Men's Championship    |
| 2    | 54.73 | 907          | Graber, Daniel    | 18  | NC Unattached                  | 2/6/2016   | 2016 Carolina College Invitati |
| 3    | 56.19 | 872          | Blandford, Connor | 17  | NC Marlins of Raleigh          | 3/4/2016   | 2016 SE Southern Premier       |
| 4    | 56.23 | 846          | Neil, Paul        | 18  | NC Enfinity Aquatic Club       | 12/11/2015 | 2015 Speedo Winter Juniors SC  |
| 5    | 56.44 | 837          | Macmillan, Will   | 18  | NC North Carolina Aquatic Club | 3/19/2016  | 2016 NC TAC TITANS Tar Heel St |

## Girls 17-18 200 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name                 | Age | LSC / Club          | Swim Date  | Meet                           |
|------|---------|--------------|----------------------|-----|---------------------|------------|--------------------------------|
| 1    | 2:16.52 | 838          | Stranick, Sara       | 18  | NC Unattached       | 12/6/2015  | UGA Fall Invitational 2015     |
| 2    | 2:17.04 | 830          | Poole, Julia         | 17  | NC TAC Titans       | 3/16/2016  | 2016 FL Dolfin Junior National |
| 3    | 2:18.01 | 815          | Dupay, Meghan        | 18  | NC SwimMAC Carolina | 3/6/2016   | 2016 SE Southern Premier       |
| 4    | 2:18.94 | 800          | Atkinson, Sarah Jane | 17  | NC SwimMAC Carolina | 7/26/2016  | 2016 NC Queens Royals SCY Dual |
| 5    | 2:18.97 | 800          | Murch Elliot, Cape   | 18  | NC SwimMAC Carolina | 12/12/2015 | 2015 Speedo Winter Jr. Champio |

## Boys 17-18 200 Breaststroke Short Course Yards

| Rank | Time    | Power Points | Name         | Age | LSC / Club    | Swim Date | Meet                        |
|------|---------|--------------|--------------|-----|---------------|-----------|-----------------------------|
| 1    | 1:57.17 | 938          | Howard, Judd | 18  | NC Unattached | 2/27/2016 | 2016 ACC Men's Championship |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

|   |         |     |                   |    |    |                             |            |                                  |
|---|---------|-----|-------------------|----|----|-----------------------------|------------|----------------------------------|
| 2 | 2:01.24 | 867 | Graber, Daniel    | 18 | NC | Unattached                  | 2/7/2016   | 2016 Carolina College Invitati   |
| 3 | 2:02.11 | 890 | Mintz, Jordan     | 17 | NC | Harnett County Aquatic Club | 3/19/2016  | 2016 NC WOW ECSL<br>Championship |
| 4 | 2:03.07 | 874 | Blandford, Connor | 17 | NC | Marlins of Raleigh          | 12/12/2015 | 2015 Speedo Winter Jr. Champio   |
| 5 | 2:03.59 | 865 | Conklin, Justin   | 17 | NC | SwimMAC Carolina            | 12/12/2015 | 2015 Speedo Winter Jr. Champio   |

### Girls 17-18 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i> |                  | <i>Swim Date</i> | <i>Meet</i>                      |
|-------------|-------------|---------------------|---------------------|------------|-------------------|------------------|------------------|----------------------------------|
| 1           | 52.95       | 922                 | Marsh, Alyssa       | 18         | NC                | SwimMAC Carolina | 12/11/2015       | 2015 Speedo Winter Jr. Champio   |
| 2           | 53.68       | 892                 | Lappin, Christina   | 17         | NC                | SwimMAC Carolina | 12/11/2015       | 2015 Speedo Winter Jr. Champio   |
| 3           | 55.01       | 837                 | Kammeyer, Carolyn   | 17         | NC                | Unattached       | 2/11/2016        | 2016 4A State NCHSAA State Cha   |
| 4           | 55.22       | 829                 | Souther, Lexi       | 17         | NC                | Unattached       | 2/13/2016        | 2016 1A2A State NCHSAA<br>Champi |
| 5           | 55.23       | 828                 | Hylinski, Charlotte | 17         | NC                | Unattached       | 2/11/2016        | 2016 4A State NCHSAA State Cha   |

### Boys 17-18 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                             | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|-----------------------------|------------------|--------------------------------|
| 1           | 47.11       | 944                 | Burkett, Jon    | 18         | NC                | Unattached                  | 3/6/2016         | Last Chance NCAA Qualifier 201 |
| 2           | 47.97       | 906                 | Macmillan, Will | 17         | NC                | North Carolina Aquatic Club | 12/11/2015       | 2015 PV NCAP Invitational      |
| 3           | 49.05       | 847                 | Smith, Jack     | 18         | NC                | Unattached                  | 11/20/2015       | 2015 Georgia Tech Fall Invitat |
| 4           | 49.30       | 835                 | Silver, Tyler   | 18         | NC                | Marlins of Raleigh          | 3/6/2016         | 2016 SE Southern Premier       |
| 5           | 49.49       | 831                 | Cobb, Collier   | 17         | NC                | Marlins of Raleigh          | 12/11/2015       | 2015 Speedo Winter Jr. Champio |

### Girls 17-18 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |   | <i>Swim Date</i> | <i>Meet</i>                        |
|-------------|-------------|---------------------|-------------------|------------|-------------------|---|------------------|------------------------------------|
| 1           | 1:59.37     | 880                 | Soule, Mary O     | 17         | NC                | Asheville Swim Club                         | 2/20/2016        | 2016 NC SC Senior Champs           |
| 2           | 1:59.91     | 871                 | Lappin, Christina | 17         | NC                | SwimMAC Carolina                            | 3/5/2016         | 2016 SE Southern Premier           |
| 3           | 1:59.93     | 871                 | Mack, Andi        | 18         | NC                | Unattached                                  | 2/7/2016         | 2016 Carolina College Invitati     |
| 4           | 2:00.99     | 852                 | Tacik, Morgan     | 18         | NC                | YMCA of Northwest North Carolina<br>Riptyde | 4/8/2016         | 2016 NC AP YMCA National<br>Champs |
| 5           | 2:01.51     | 843                 | Cohee, Lindsey    | 17         | NC                | Unattached                                  | 7/26/2016        | 2016 NC Queens Royals SCY          |

## NCS Top Five SC Times by age group 9/01/16

LSC: NC For Dates 9/1/2015 - 8/31/2016

Dual

### Boys 17-18 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 1:45.05     | 942                 | Macmillan, Will | 18         | NC North Carolina Aquatic Club         | 2/20/2016        | 2016 NC SC Senior Champs       |
| 2           | 1:47.89     | 880                 | Hering, Clay    | 18         | NC Swim GSA                            | 3/16/2016        | 2016 NCSA Spring Championship  |
| 3           | 1:48.78     | 875                 | Boyd, Dylan     | 17         | NC YMCA of the Triangle Area Swim Team | 7/31/2016        | 2016 FL YCF SC Splash YMCA D   |
| 4           | 1:49.02     | 856                 | Smith, Jack     | 18         | NC Unattached                          | 11/21/2015       | 2015 Georgia Tech Fall Invitat |
| 5           | 1:49.04     | 870                 | Lucht, Stephen  | 17         | NC Marlins of Raleigh                  | 3/5/2016         | 2016 SE Southern Premier       |

### Girls 17-18 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>     | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 1:59.95     | 904                 | Merritt, Jessica  | 17         | NC Unattached         | 2/11/2016        | 2016 4A State NCHSAA State Cha |
| 2           | 2:01.13     | 880                 | Poole, Julia      | 17         | NC TAC Titans         | 3/16/2016        | 2016 FL Dolfin Junior National |
| 3           | 2:03.80     | 824                 | Stranick, Sara    | 18         | NC Unattached         | 12/4/2015        | UGA Fall Invitational 2015     |
| 4           | 2:04.03     | 820                 | Rubendall, Brooke | 17         | NC Marlins of Raleigh | 12/10/2015       | 2015 Speedo Winter Jr. Champio |
| 5           | 2:04.11     | 818                 | Dupay, Meghan     | 18         | NC SwimMAC Carolina   | 3/5/2016         | 2016 SE Southern Premier       |

### Boys 17-18 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 1:43.73     | 1006                | Ress, Justin      | 18         | NC Unattached                  | 2/25/2016        | 2016 ACC Men's Championship    |
| 2           | 1:47.39     | 913                 | Macmillan, Will   | 18         | NC North Carolina Aquatic Club | 2/21/2016        | 2016 NC SC Senior Champs       |
| 3           | 1:48.08     | 896                 | Smith, Jack       | 18         | NC Unattached                  | 11/19/2015       | 2015 Georgia Tech Fall Invitat |
| 4           | 1:48.44     | 887                 | Howard, Judd      | 18         | NC Unattached                  | 2/25/2016        | 2016 ACC Men's Championship    |
| 5           | 1:49.08     | 909                 | Blandford, Connor | 17         | NC Marlins of Raleigh          | 12/10/2015       | 2015 Speedo Winter Jr. Champio |

### Girls 17-18 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>      | <i>Swim Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|----------------|------------|------------------------|------------------|----------------------------|
| 1           | 4:15.64     | 883                 | Soule, Mary O  | 17         | NC Asheville Swim Club | 2/19/2016        | 2016 NC SC Senior Champs   |
| 2           | 4:18.48     | 857                 | Stranick, Sara | 18         | NC Unattached          | 12/5/2015        | UGA Fall Invitational 2015 |

## NCS Top Five SC Times by age group 9/01/16

**LSC: NC For Dates 9/1/2015 - 8/31/2016**

|   |         |     |                   |    |    |                    |           |                                |
|---|---------|-----|-------------------|----|----|--------------------|-----------|--------------------------------|
| 3 | 4:19.75 | 845 | Rubendall, Brooke | 17 | NC | Marlins of Raleigh | 2/19/2016 | 2016 NC SC Senior Champs       |
| 4 | 4:22.35 | 821 | Baker, Kathleen   | 18 | NC | Unattached         | 10/9/2015 | California at WSU              |
| 5 | 4:22.43 | 821 | Poole, Julia      | 17 | NC | TAC Titans         | 3/18/2016 | 2016 FL Dolfin Junior National |

### Boys 17-18 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>              | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 3:53.23     | 879                 | Murray, Nathan    | 18         | NC SwimMAC Carolina            | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 2           | 3:54.23     | 886                 | Blandford, Connor | 17         | NC Marlins of Raleigh          | 12/11/2015       | 2015 Speedo Winter Jr. Champio |
| 3           | 3:57.30     | 854                 | Lucht, Stephen    | 17         | NC Marlins of Raleigh          | 3/4/2016         | 2016 SE Southern Premier       |
| 4           | 3:58.29     | 843                 | Macmillan, Will   | 17         | NC North Carolina Aquatic Club | 1/15/2016        | 2016 NC SGSA January Jump Star |
| 5           | 3:59.06     | 835                 | Conklin, Justin   | 17         | NC SwimMAC Carolina            | 12/11/2015       | 2015 Speedo Winter Jr. Champio |