

North Carolina ZONE TEAM



in
TUPELO



SATURDAY, AUGUST 8, 2015

NCS ZONE TEAM NEWSLETTER — ISSUE FIVE.

SATURDAY, AUGUST 8 ITINERARY

6:40am—Wake-up and breakfast in the lobby
7:15am — First van departs with 11-12 200 IM'ers, Megan and John.
7:45am — Second SUVs depart with 13-14 200 IM'ers, Connor and Alex.
8:15am — Final vans departing with remaining 28 athletes, coaches, manager and chaperones
9am – Prelims begin
12:30pm — approximate end of morning session
12-1:00pm — Lunch at hotel
3:40pm—Vans depart hotel for finals warm-up
4:00-5:15pm — Finals warm up
5:30pm — Finals Begin

SATURDAY EVENT ORDER

73-74 11-12 200m IM
 75-76 13-14 200m IM
 77-78 15-18 200m IM
 79-80 11-12 50m Free
 81-82 13-14 50m Free
 83-84 15-18 50m Free
 86-86 11-12 50m Fly
 87-88 13-14 200m Fly
 89-90 15-18 200m Fly

200m Free Relays will swim in Finals.

Reminders:

1– Black caps for prelims; Pink caps for finals.
 2– Black TCB t-shirt is today's shirt.
 3 - Continue to stay hydrated today. Bring water bottles—drink water and Gatorade frequently.
 4—MOJO AWARDS yesterday went to **Sam Jones and Emme Nelson** who will present today's MOJO AWARD this evening.

TOP SWIMS FRIDAY

26 final swims on Friday evening made Friday one of the NCS team's biggest accomplishments of the meet thus far. With a razor-thin margin separating the top-3 LSC's, our coaching staff knew that this evening's finals would set up the big finale yet to come. NCS swimmers swam extremely well in both individual and relay efforts. The team score going into the final day is probably one of the closest scores in Zone Meet history which dates back to 1980. NCS last won the meet in 2001 and has won five times over the 35 years of this meet.

OMG! NCIITWI

OH MY GOSH! NORTH CAROLINA IS IN IT TO WIN IT

In one of the most amazing nights in Zone history, North Carolina swimmers lit up the scoreboard as they strove to keep the meet championship within reach and keep it within reach they did! The final meet day on Saturday will show who wants the meet victory the most as three LSCs—Florida, Georgia and North Carolina remain focused on the hunt. And now let's see which LSC in the immortal words of Elvis Presley is ready to TAKE CARE OF BUSINESS!

CURRENT TEAM SCORES

1	Florida	625.5
2	Georgia	609
3	North Carolina	602.5
4	Southeastern	435
5	Florida Gold Cst	306.5
6	South Texas	246.5
7	Kentucky	211
8	North Texas	167
9	South Carolina	152
10	West Texas	62
11	Mississippi	36
12	Louisiana	30
13	West Virginia	7

The lead see-sawed all evening during Friday finals and the following NCS athletes finished in the top-8 of their events:

11-12 Girls 100m Backstroke

5th—I. Pennington-1:09.39

11-12 Boys 100m Backstroke

1st—Jake Thakur-1:04.30
 2nd—Wesley Barnett-1:05.33

13-14 Girls 100m Backstroke

3rd—Amy Dragelin-1:06.34
 7th—Maddy Flickinger-1:07.68

13-14 Boys 100m Backstroke

8th—Thomas Hamlet-1:02.13

15-18 Girls 100m Backstroke

6th—Sinclair Larson-1:06.49
 8th—Diana Dale-1:07.01

11-12 Girls 100m Breast

3rd—Isabella Gaskey-1:17.61

11-12 Boys 100m Breast

5th—Tim Connery-1:16.40
 6th—Stephen Kim-1:16.41

13-14 Girls 100m Breast

1st—Emme Nelson-1:12.39
 7th—M. Flickinger-1:17.07

13-14 Boys 100m Breast

5th—Tren Oliver-1:10.13
 7th—Scott Lyons-1:10.50

15-18 Girls 100m Breast

5th—Caroline Forsyth-1:16.08

15-18 Boys 100m Breast

2nd—Danny Dilks-1:06.49

11-12 Girls 100m Free

2nd—Amanda Ray-59.91
 3rd—Caroline Pape-1:01.32

11-12 Boys 100m Free

5th—Wesley Barnett-59.62
 6th—Jacks Nowacek--1:00.07

13-14 Girls 400m Free

7th—Faith Hefner-4:31.95

13-14 Boys 400m Free

2nd—Ross Dant-4:08.11
 3rd—Cothalee Watko-4:11.93

15-18 Boys 400m Free

2nd—Avery Gambill-4:11.69

200m MEDLEY RELAYS

3rd—11-12 Girls—2:07.13
 Carlson, Gaskey, Ray, Pape

3rd—11-12 Boys—2:00.39
 Barnett, Connery, Thakur, Nowacek

2nd—13-14 Girls—2:01.90
 Dragelin, Nelson, Hoffman, Clayton-Luce

3rd—13-14 Boys—1:52.10
 Hamlet, Oliver, Lyons, Walker

4th—15-18 Girls—2:02.77
 Dale, Forsyth, Larson, Baker

7th—15-18 Boys—1:51.81
 Jones, Dilks, Rigsbee, Epler

64 points were added to the NCS total for relays during Friday finals while both Georgia and Florida scored 78 points in the relays each. If NCS is going to pull ahead on the final day, the team will have to rally for the 200m Free Relays to be swum in the evening session.

Due to the travel schedule requiring an early wake up on Sunday morning to return to the Nashville airport, the final wrap-up issue will be emailed on Monday with lots of photos and of course the final results from the meet and top individual finishes by North Carolina athletes. Good luck to everyone during Saturday preliminaries and evening finals.

Saturday Preliminary Events

Event 73—11-12 Girls 200m IM

Amanda Ray
Mia Nordstrom
Sophie Boulware
Isabella Gaskey
Alayna Carlson

Event 74 — 11-12 Boys 200m IM

Wesley Barnett
Jake Thakur
Christopher Ghim
Jackson Nowacek
Stephen Kim

Event 75 — 13-14 Girls 200m IM

Madison Duracinsky
Madelyn Flickinger
Emme Nelson
Dakota Topp
Amy Dragelin

Event 76 — 13-14 Boys 200m IM

Scott Lyons
Ross Dant
Ethan Knorr
Cothalee Watko
Thomas Hamlet

Event 77 — 15-18 Girls 200m IM

Sinclair Larson
Diana Dale

Caroline Forsyth
Anne Whitsel
Stephanie Grandin
Sadie Schumann
Alexandria Baker
Emma Wennborg

Event 78 — 15-18 Boys 200m IM

Danny Dilks
Benjamin Riggs
Robbie Epler

Event 79 — 11-12 Girls 50m Free

Isabella Gaskey
Caroline Pape
Alayna Carlson
Elan Booker
Isabel Pennington
Sophie Boulware

Event 80 — 11-12 Boys 50m Free

Timothy Connery
Jackson Nowacek
Wesley Barnett
Tommy Tobul
Baylor Nelson

Event 81 — 13-14 Girls 50m Free

Emme Nelson
Sophia Clayton-Luce
Dakota Topp

Event 82 — 13-14 Boys 50m Free

Jack Walker
Michael Ivy
Tren Oliver

Event 83 — 15-18 Girls 50m Free

Caroline Forsyth
Sadie Schumann
Lexie Baker
Anne Whitsel
Diana Dale
Emma Wennborg

Event 84 — 15-18 Boys 50m Free

Robbie Epler
Benjamin Riggs
Avery Gambill
Joshua Rigsbee
Matthew Jaynes

Event 85 — 11-12 Girls 50m Fly

Amanda Ray
Caroline Pape
Isabel Pennington
Alayna Carlson
Elan Booker
Sophie Boulware
Mia Nordstrom

Event 86 — 11-12 Boys 50m Fly

Jake Thakur
Tommy Tobul
Baylor Nelson
Timothy Connery
Stephen Kim

Event 87 — 13-14 Girls 200m Fly

Amanda Hoffman
Faith Hefner
Madison Duracinsky

Event 88 — 13-14 Boys 200m Fly

Cothalee Watko
Ethan Knorr
Scott Lyons

Event 89 — 15-18 Girls 200m Fly

Anne Whitsel
Lexie Baker

Event 90 — 15-18 Boys 200m Fly

Matthew Jaynes
Robert Hudgens
Sam Jones



15-18 GIRLS ZONE TEAM MEMBERS
AND 3 PHOTO BOMBERS!