



# NCZONE RANGERS

**2014 ZONE  
SWIM TEAM**

THURSDAY, JULY 31, 2014

2014 North Carolina Zone Team

ISSUE FOUR

San Antonio, Texas

## Zone Rangers set sights on 3rd; Healy makes JR cut



The NCS Zone Rangers moved a few points closer to neighboring LSC Southeastern tonight with outstanding swims by our athletes. We had 20 swims in tonight's finals while Southeastern had 19. Only Georgia (24) and Florida (23) had more swims. At the end of the individual events on Thursday night, NCS had pulled to within 12 points of SES.

**John Healy**, 2:07.37 achieved the Junior National cut in the 200m Backstroke and was 2nd overall.

**Olivia Carter**, 14, won the 200m Back becoming our second Zone Champion of the meet!

### TEAM SCORES AFTER THURSDAY

1—	GEORGIA	495
2—	FLORIDA	443
3—	SOUTHEASTERN	335
4—	NORTH CAROLINA	306
5—	FLORIDA GOLD COAST	260
6—	SOUTH TEXAS	136
7—	KENTUCKY	134
8—	SOUTH CAROLINA	62
9—	LOUISIANA	49
10—	NORTH TEXAS	31
11—	MISSISSIPPI	20
12—	BORDER	13
13—	WEST TEXAS	9

## NCS Zone Team Friday Schedule

### Friday Schedule—August 1, 2014

- 6:00am:** Wake-up Calls to all rooms
- 6:00-6:45am:** Breakfast in the lobby.
- 6:45am:** Vans depart. Blue t-shirts.
- 7:15am-8:45am:** Warm-ups. Backstrokers in competition outdoor pool (Lane 3 from 8-8:30am); all others in indoor 50M.
- 9:00am:** Meet starts.
- 9:15am:** Late van will leave from hotel with additional 13 and over athletes who are only swimming the 400m Free.
- 10:30am:** Two vans depart back to hotel with anyone who does not have an event after 13-14 Boys 100 Breast.
- 11:30am:** One van returns to hotel after 13-14 Girls 400 Free concludes at 11:15am.
- 1:00pm:** Lunch served at the hotel. Last swimmers depart pool on two vans.
- 3:20pm:** All swimmers meet in the lobby.

**3:30pm:** ALL vans depart for pool.

**4:00pm:** Warm-ups begin.

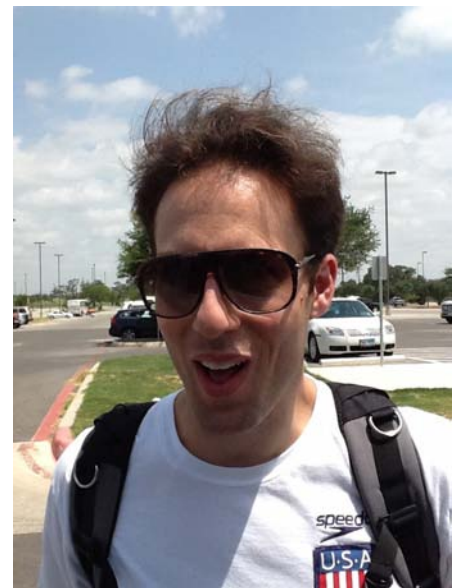
**5:00pm:** Parade line-up.

**5:30pm:** Finals begin.

**TBApm:** ALL Return to hotel.

**8:15pm:** Dinner and TEAM MEETING at the hotel.

**10pm:** Lights out.



Olympic Gold Medalist from 2008, Garrett Weber-Gale, stops by the Zone Meet to make awards presentations to the athletes on Thursday evening. Weber-Gale was the first American to break 48 seconds in the 100m Free.

# Thursday Finalists

## EVENT 29 — 15-18 Girls 200m Back

2nd — Madison Holland 2:20.14

4th — Erin McCullagh 2:22.28

5th — Cassie Ward 2:22.28

6th — Mia Morrell 2:24.21

## EVENT 30 — 15-18 Boys 200m Back

4th — Connor Blandford 2:10.65

5th — Gavin McCulloch 2:10.86

8th — Nathan Greeley 2:13.61

## EVENT 31 — 13-14 Girls 200m Back

1st — Olivia Carter 2:20.45

## EVENT 32 — 13-14 Boys 200m Back

2nd — John Healy 2:07.37

## EVENT 33 — 11-12 Girls 50m Back

4th — Isabel Pennington 31.81

7th — Alina Stout 32.43

## EVENT 36 — 15-18 Boys 100m Free

6th — Michael Wohl 53.42

## EVENT 38 — 13-14 Boys 100m Free

5th — Tucker Burhans 54.79

## EVENT 39 — 15-18 Girls 400m IM

2nd — Mia Morrell 5:06.51

## EVENT 40 — 15-18 Boys 400m IM

4th — Connor Blandford 4:39.04

7th — Jacob Queen 4:43.97

## EVENT 41 — 13-14 Girls 400m IM

2nd — Sophia Cherkez 5:05.54

3rd — Ana Pozder 5:05.63

6th — Uma Knaven 5:10.47p

## EVENT 42 — 13-14 Boys 400m IM

8th — Jordan Ren 4:52.43



# Thursday Night Relays

11-12 Girls 400m Free Relay — Event 43 — <b>THIRD</b>			11-12 Boys 400m Free Relay — Event 44 — <b>TENTH</b>		
Athletes	50 Split	100 Split	Athletes	50 Split	100 Split
Stout, Alina	28.95	1:02.91	Moore, Michael	29.21	1:01.73
Pennington, Isabel	29.60	1:02.47	Duckworth, Ben	30.75	1:04.22
Flickinger, Madelyn	29.45	1:02.42	Johnson, Bryson	30.42	1:05.94
Hall, Darcy	28.57	1:00.46	Whipple, Zackary	29.16	1:01.79
13-14 Girls 400m Free Relay — Event 45 — <b>FOURTH</b>			13-14 Boys 400m Free Relay — Event 46 — <b>THIRD</b>		
Athletes	50 Split	100 Split	Athletes	50 Split	100 Split
Durak, Anna	28.67	59.80	Healy, John	26.68	55.52
Forsyth, Caroline	29.34	1:01.84	Payne, Davis	27.12	55.98
Pozder, Ana	28.96	1:00.20	Fenwick, Ben	26.51	55.11
Lowe, Heidi	28.44	1:00.01	Burhans, Tucker	25.55	53.76
15-18 Girls 400m Free Relay — Event 47 — <b>SEVENTH</b>			15-18 Boys 400m Free Relay — Event 48 — <b>SEVENTH</b>		
Athletes	50 Split	100 Split	Athletes	50 Split	100 Split
Morrell, Mia	29.25	1:00.26	Wohl, Michael	25.97	53.83
Butkowski, Ashlyn	26.67	1:00.54	Slater, Joshua	25.87	54.83
Holland, Madison	29.63	1:02.16	Greeley, Nathan	25.46	55.25
Quintero, Dominique	27.99	59.46	McGugen, Henry	25.43	55.32



# Let the awards begin







Awards presentations are held throughout finals. NCS racked up several Silver Medal relay finishes on Day 2 as well as several top-3 finishes during the first two days of competition. Top-3 finishers on Day 3 included: Olivia Carter (1-200 Back); Madison Holland (2-200 Back); John Healy (2-200 Back); Sophia Cherkez (2-400 IM); Mia Morrell (2-400 IM); Ana Pozder (3-400 IM); NCS 11-12 Girls (3-400 Free Relay); NCS 13-14 Boys (400 Free Relay).