

# 2014 NC Open Water Championships

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## Updates for 2014:

Most of our race is similar to last year. Things to note:

- One miler is intended for non-club swimmers (Wounded Warrior race; entry fees go to foundation)
- ALL participants will be covered by USA Swimming's insurance policy this year. Non-club swimmers need to purchase single event membership (see meet information or send them to our website: sandshark.org as the Open Water page has the documentation on it). **THIS INCLUDES ALL BUDDY SWIMMERS.** All swimmers will go through recon, including buddies, so they need to email the meet director their name, event (400 or 800) and birthdate for entry into meet manager in addition to sending application to Barb Frith. Buddies do not pay event fee; just single event membership for USA Swimming.
- Any parents/others wanting to swim as competitors (not buddies) need to do the single event membership and then register for their event via FSSeries.com.
- **If you need hotel rooms, contact hotels immediately.** Comfort Inn 9901 215-5500) still has some rooms. The US Open starts on Monday, the 9<sup>th</sup>—while most rooms won't be reserved until that Sunday, many of the advance workers will be coming in earlier.
- **Poseidon Award**—enter participant in appropriate age group event AND in 10,000. Meet Director will add to additional races. Putting them in the 10,000 lets us know numbers and who to flag for the race.
- **Relays—**are the 10, 800 M race. We will pull fastest swimmers; just enter teams w/o names.

Website: [Sandshark website](#)