



Swimmers • Parents • Coaches • Officials

SWIMPOSIUM

Greensboro Coliseum • Greensboro Aquatic Center • April 14, 2013

Clinic Schedule - Sunday, April 14, 2013

| Swimmers | Parents | Coaches | Officials |
|---|--|---|--|
| Registration 8:30 - 9:00 Events Center Lobby | Registration 8:30 - 9:00 Events Center Lobby | Registration 8:30 - 9:00 Events Center Lobby | Registration 8:30 - 9:00 Events Center Lobby |
| Four Pillars of Success 9:00 - 10:15 DAVE THOMAS Meeting Room 1 | College Recruiting 9:00 - 10:15 JIM RICHARDSON Meeting Room 4A | Registration/Certification 9:00 - 10:15 SUZANNE HEATH & BARB FRITH Meeting Room 2 | Safe Sport 9:00 - 10:15 SARAH PHARR Meeting Room 3 |
| Break 10:15 - 10:30 | Break 10:15 - 10:30 | Break 10:15 - 10:30 | Break 10:15 - 10:30 |
| Swimming Opportunities Camps/Open Water/Other 10:30 - 11:30 JONATHAN WATSON Room 1 | What is USAS/NCS? What can swimming do for you? 10:30 - 11:45 DAVE THOMAS Meeting Room 4A | Safe Sport 10:30 - 11:45 SARAH PHARR Meeting Room 3 | Rules Interpretation 10:30 - 11:45 JIM SHEEHAN Meeting Room 2 |
| Clinic participants lunch 11:30 - 12:00 (ON YOUR OWN) | Lunch Break 11:45 - 12:45 (ON YOUR OWN) | Lunch Break 11:45 - 12:45 (ON YOUR OWN) | Lunch Break 11:45 - 12:45 (ON YOUR OWN) |
| Meet & Greet and Photos 12:00 - 1:00 OLYMPIC ATHLETES Special Events Center Lobby | Safe Sport 12:45 - 2:00 SARAH PHARR Meeting Room 3 | College Swimming 12:45 - 2:00 JIM RICHARDSON Meeting Room 4A | Meet Protocols 12:45 - 2:00 JIM SHEEHAN Meeting Room 2 |
| Clinic with Peter Vanderkaay and Claire Donahue 1:00 - 4:00 Greensboro Aquatic Center and Meeting Room 1 | Break 2:00 - 2:15 | Break 2:00 - 2:15 | Break 2:00 - 2:15 |
| | SWIMS and Times 2:15 - 3:30 SUZANNE HEATH Meeting Room 4A | Swimmer Retention 2:15 - 3:30 DAVE THOMAS Meeting Room 3 | Certifications/Recruiting 2:15 - 3:30 JIM SHEEHAN Meeting Room 2 |

Visit www.ncswim.org to download and print a Parking Pass.

The North Carolina Swimming **SWIMPOSIUM** clinics will be held at the **Greensboro Coliseum Special Events Center**. There will be separate sessions for Swimmers, Parents, Coaches, and Officials. See the chart above for times and meeting rooms.

FITTER & FASTER TOURS will also be conducting a **Swimming Clinic** with Olympians Peter Vanderkaay and Claire Donahue at the **Greensboro Aquatic Center** in the afternoon. Part of the clinic will be in the water and part will be demonstrations and a video presentation in Meeting Room 1 at the Special Events Center next door to the Aquatic Center.