



Swimmers • Parents • Coaches • Officials

# SWIMPOSIUM

Greensboro Coliseum • Greensboro Aquatic Center • April 14, 2013

## Clinic Schedule - Sunday, April 14, 2013

Swimmers	Parents	Coaches	Officials
Registration 8:30 - 9:00 Events Center Lobby	Registration 8:30 - 9:00 Events Center Lobby	Registration 8:30 - 9:00 Events Center Lobby	Registration 8:30 - 9:00 Events Center Lobby
<b>Four Pillars of Success</b> 9:00 - 10:15 DAVE THOMAS Meeting Room 2	<b>College Recruiting</b> 9:00 - 10:15 JIM RICHARDSON Meeting Room 4A	<b>Registration/Certification</b> 9:00 - 10:15 SUZANNE HEATH & BARB FRITH Meeting Room 1	<b>Safe Sport</b> 9:00 - 10:15 PRAESIDIUM, INC. Meeting Room 3
Break 10:15 - 10:30	Break 10:15 - 10:30	Break 10:15 - 10:30	Break 10:15 - 10:30
<b>Swimming Opportunities Camps/Open Water/Other</b> 10:30 - 11:30 JONATHAN WATSON Room 2	<b>What is USAS/NCS?</b> What can swimming do for you? 10:30 - 11:45 DAVE THOMAS Meeting Room 4A	<b>Safe Sport</b> 10:30 - 11:45 PRAESIDIUM, INC. Meeting Room 3	<b>Rules Interpretation</b> 10:30 - 11:45 JIM SHEEHAN Meeting Room 1
Clinic participants lunch 11:30 - 12:00 (ON YOUR OWN)	Lunch Break 11:45 - 12:45 (ON YOUR OWN)	Lunch Break 11:45 - 12:45 (ON YOUR OWN)	Lunch Break 11:45 - 12:45 (ON YOUR OWN)
<b>Meet &amp; Greet and Photos</b> 12:00 - 1:00 OLYMPIC ATHLETES Greensboro Aquatic Center Mezzanine	<b>Safe Sport</b> 12:45 - 2:00 PRAESIDIUM, INC. Meeting Room 3	<b>College Swimming</b> 12:45 - 2:00 JIM RICHARDSON Meeting Room 4A	<b>Meet Protocols</b> 12:45 - 2:00 JIM SHEEHAN Meeting Room 1
<b>Clinic with Peter Vanderkaay and Claire Donahue</b> 1:00 - 4:00 Greensboro Aquatic Center and Meeting Room 2	Break 2:00 - 2:15	Break 2:00 - 2:15	Break 2:00 - 2:15
<b>SWIMS and Times</b> 2:15 - 3:30 SUZANNE HEATH Meeting Room 4A	<b>SWIMS and Times</b> 2:15 - 3:30 SUZANNE HEATH Meeting Room 4A	<b>Swimmer Retention</b> 2:15 - 3:30 DAVE THOMAS Meeting Room 3	<b>Certifications/Recruiting</b> 2:15 - 3:30 JIM SHEEHAN Meeting Room 1

Visit [www.ncswim.org](http://www.ncswim.org) to download and print a Parking Pass.

The North Carolina Swimming **SWIMPOSIUM** clinics will be held at the **Greensboro Coliseum Special Events Center**. There will be separate sessions for Swimmers, Parents, Coaches, and Officials. See the chart above for times and meeting rooms.

**FITTER & FASTER TOURS** will also be conducting a **Swimming Clinic** with Olympians Peter Vanderkaay and Claire Donahue at the **Greensboro Aquatic Center** in the afternoon. Part of the clinic will be in the water and part will be demonstrations and a video presentation in Meeting Room 2 at the Special Events Center next door to the Aquatic Center.