Nomad Dual Meet JANUARY 8TH, 2011

LOCATION: NOMAD AQUATICS AND FITNESS 11202 HARRIS RD. HUNTERSVILLE, N.C. 28078

Teams attending: NOMAD, TEAM GREENVILLE

DATE/TIME: Saturday, January 8th, 2011

Warm-ups begin at 11:00AM and the meet starts at 12:00PM

Coaches meeting in hospitality room located behind warm pool at 10:45am Officials meeting in hospitality room located behind warm pool at 11:30am

FACILITY: Competition 25 yd. pool, 10 lanes wide.

Depth is 6 ft. equipped with non-turbulent 8 foot wide lane lines with built-in/permanent starting blocks. An IST electronic timing system with ten-line scoreboard will be used. Stopwatches/backup buttons will be used for backup times.

1500 sq.ft locker rooms are provided for athletes.

Spectator seating for 500. Spectators to bring their tents and chairs.

Visit www.nomadaquatic.com to view the facility.

This pool is not certified by USA swimming

WARM-UPS: Warm-ups begin at 11:00am. Warm-ups will be conducted according to the NCS Safety Program and shall be supervised.

Warm-up/team lanes will be provided at the pool.

First 30 min.will be circle swim only. Lanes 1,10 pace lanes and lanes 2-9 race starts from start end of pool, one way swim only, exit from opposite end of pool.

RULES: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and the NCS Safety Program, except where the rules therein are optional and exceptions are herein stated.

SANCTION: Sanctioned Status: Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction # NC11024.

CLASSIFICATION: Age Group Dual meet. USA swimming sanctioned meet.

ELIGIBILITY: All swimmers must be current members in good standing of the Blue Ridge Swim League and Team Greenville to be eligible to swim in this meet. All swimmers must be registered with USA Swimming Inc.

SAFETY: The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times.

Nomad Aquatics and Fitness welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Nomad Aquatics and Fitness ability to accommodate all requests.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RELEASE STATEMENT: "USA Swimming, Inc., North Carolina Swimming,Inc., and Nomad Aquatics and Fitness shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."

ENTRIES: Entries must be submitted using HY–TEK Team Manager. Entries should be e-mailed to: **tqueen98423@roadrunner.com**List ages of swimmers as of January 8th, 2011

ENTRY LIMIT: Swimmers may enter a maximum of three (3) individual events and two (2) relay events. Late entries may be accepted at the discretion of the Meet Director and will not be seeded.

ENTRY DEADLINE: All entries must be received no later than 6:00 pm Dec.30th 2010. Late entries may be accepted at the discretion of the meet director.Late entry fees may be double the listed amount and at the Meet Director's discretion. There will be no "on deck" registration.

SEND ENTRIES TO: tqueen98423@roadrunner.com **ENTRY FEES** Fees will be \$10.00 per swimmer. Make check payable to: **Nomad Aquatics and Fitness** Entry fees are non-refundable.

AWARDS: Ribbons will be given **1st** thru **6th** place for **individual events** and **1st** thru **3rd** place for **relay events**.

SCORING – Meet will not be scored.

MEET DIRECTOR/ENTRY COORDINATIOR: Missy Hubbard-704-949-1543 or missy@nomadaquatic.com

MEET REFEREE: Bill Vey

MEET MARSHALL: Missy Hubbard

"All coaches and officials on deck must be registered and certified with USA Swimming.

Meet Management will require all coaches and officials to show proof of certification / registration.

Coaches and officials shall prominently display their registration cards while on deck."

BLUE RIDGE SWIM LEAGUE

Order of Events

Girls Event #	Event	Boys Event #
1	8-Under 100 Free Relay	2
3	10-Under 200 Free Relay	4
5	11-12 200 Free Relay	6
7	13-14 200 Free Relay	8
9	Senior 200 Free Relay	10
11	10-Under 100M	12
13	11-12 100 IM	14
15	13-14 200 IM	16
17	Senior 200 IM	18
19	8-Under 25 Free	20
21	10-Under 50 Free	22
23	11-12 50 Free	24
25	13-14 100 Free	26
27	Senior 100 Free	28
29	8-Under 25 Breast	30
31	10-Under 50 Breast	32
33	11-12 50 Breast	34
35	13-14 100 Breast	36
37	Senior 100 Breast	38
39	8-Under 25 Back	40
41	10-Under 50 Back	42
43	11-12 50 Back	44
45	13-14 100 Back	46
47	Senior 100 Back	48
49	8-under 25 Fly	50
51	10-Under 50 Fly	52
53	11-12 50 Fly	54
55	13-14 100 Fly	56
57	Senior 100 Fly	58
59	8-Under 100 Medley Relay	60
61	10-Under 200 Medley Relay	62
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66
67	Senior 200 Medley Relay	68