

2014 Short Course Qualifier Hosted by the MARLINS OF RALEIGH SWIM TEAM February 7-9, 2014 Raymond A. Bryan Pool - Goldsboro Family YMCA 1105 Parkway Drive, Goldsboro, NC

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. SANCTION #NC14045



MEET DIRECTOR	MEET ENTRY COORDINATOR
Cara Cameron	Pam Rocque
<u>coachcara45@aol.com</u>	4900 Waters Edge Drive, Suite 200
	Raleigh, NC 27606
	(919)851-3000
	mormeets@gmail.com
	Administrative Official:
	Pam Rocque
MEET REFEREE	MEET MARSHALL
Wade Martin	Shawn Blaine
wmartin144@nc.rr.com	stb0301@earthlink.net

FACILITY: The Raymond A. Bryan pool is a 50-meter pool with a bulkhead dividing two 25yd courses of eight (8) lanes each. On the competition course, the eight lanes have non-turbulent lane ropes, Paragon starting blocks, a digital scoreboard, and a Colorado Timing System. Computer results will be used. There is a four-lane therapy pool adjacent to the 50m pool that will be available for continuous warm-up/down in addition to the extra 8-lane course. Spectator seating for 450 is available in the balcony area. Chairs are not allowed to block the walkways according to fire code regulations nor are they allowed to remain in place overnight. Spectators are not allowed on the pool deck. Please notify parents of this rule that applies to all parents who are not active meet volunteers, USA Swimming registered athletes, current USA Swimming registered officials, and coaches may be on deck. The competition pool has not been certified in accordance with USA Swimming 104.2.2C(4).

MEET FORMAT: This is a timed final Age Group meet. Each swimmer must provide his/her own timer and counter for the 500 free and 1650 Free. The 500 free, 1650 free, and 400 IM will be deck-seeded, require a positive check-in and will be swum slowest to fastest. Check-in will be required 30 minutes before the start of the session. The NCS Scratch Rule is in effect during this meet

If the meet should need to have warm-ups changed to an earlier or later time, all coaches will be notified on or before Monday, Feb. 3, 2014.

WARM-UP SCHEDULE

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00pm	5:00pm	All age groups
2	Saturday	7:30am	8:15am	10 & Unders
3	Saturday	Not before 11:30am	Not before 12:30pm	11-12
4	Saturday	Not before 3:40pm	Not before 4:40pm	13-18
5	Sunday	7:30am	8:15am	10 & Unders
6	Sunday	Not before 11:00am	Not before 12:00N	11-12
7	Sunday	Not before 3:05pm	Not before 4:00pm	13-18

The Marlins of Raleigh meet management reserves the right to combine/alter sessions if timelines warrant. Notification will be given by Monday, February 3 by email to the coach who sends in the entry.

DEADLINE AND MEETING SUMMARY:

Day/Date	Time	For	Location
Tuesday, Jan. 28		Entry Deadline	
Friday, Feb. 7	4:30pm	Officials Meeting	Hospitality Area
Friday, Feb. 7	3:50pm**before warm ups	Coaches Meeting	By Timers Table
Saturday, Feb. 8	8:00am	Coaches Meeting	By Timers Table
Sat/Sun, Feb. 8-9	Start of warm-ups for each session	Officials Meeting	Hospitality Area

- **SAFETY:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their athletes at all times. NO running or horseplay will be tolerated. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. NO blocking of fire exits, which includes doorways and passages, is allowed. Coaches must carry their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming.
- **RACING STARTS**: Any swimmer entered in the meet, who is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer splegal guardian to ensure compliance with this requirement.
- **RULES:** This meet will be conducted in accordance with USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated. All events are timed finals.

MOR welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit **MOR**¢ ability to accommodate all requests.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms, or behind the starting areas.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas in not appropriate and is prohibited.

Coaches of athletes attempting an intermediate qualifying time in an event must notify the Meet Referee prior to the start of the event in question and must provide 3 timers PLUS a final timer for the 400 and above. The timers MUST not erase the final time until the Meet Referee and Meet Director have seen all three watches.

- **CLASSIFICATION**: All 14 & Under swimmers cannot swim an event in which they are qualified for the NCS 14 & Under Age Group Championships and all 15 & Overs cannot swim an event in which they are qualified for the NCS Senior Championships. Swimmers age 11-12 who have achieved the 2014 Age Group Sectional qualifying time for the 200 Back, 200 Breast, 200 Fly or 400 IM are ineligible to swim those events in this meet. Swimmers 10&U who have qualified for the 2014 Age Group Sectionals in the 500yd Free are ineligible to swim that event in this meet. If a swimmer ages up between SCQ and 14-Under Championships and has the lower age 14-u Time Standards, please contact pam Rocque at mormeets@gmail.com to sign the swimmer up in the higher age group
- **ELIGIBILITY**: All swimmers must be registered with USA Swimming, Inc. prior to the meet entry deadline. Please list the swimmers age as of the first day of the meet (Feb. 7, 2014) and this age will determine their age for the whole competition. Any swimmer who is aging up between the qualifier and the 14 and Under Age Group Championships can enter events in the new age group. Please contact Pam Rocque at <u>mormeets@gmail.com</u> to find out how to enter these athletes.

In order to swim the over-distance events, 12 and under swimmers must have achieved the following time standards:

TO SWIM:	MUST HAVE ACHIEVED:
11-12 200 Fly	11-12 BB in the 100 Fly
11-12 200 Back	11-12 BB in the 100 Back
11-12 200 Breast	11-12 BB in the 100 Breast
11-12 400 IM	11-12 BB in the 200 IM
11-12 1650 Free	11-12 BB in the 500 Free
10&Under 500 Free	10&U BB in the 200 Free

NOTE: Coaches must supply proof of times on a hard copy by the <u>entry due date</u> for each of the above events entered.

- **ENTRIES**: Please email entries using Hy-Tek Team Manager or Team Unify software. The Hy-Tek order of events file can be found on the NCS website at <u>www.ncswim.org</u> or coaches may email Pam Rocque at <u>mormeets@gmail.com</u> to receive a copy. Late entries may be accepted at the discretion of the Meet Director. Entries submitted after the entry deadline should be emailed to the Meet Director. New entry <u>files</u> will not be accepted at the discretion of the Meet Director. New entry <u>files</u> will not be accepted at the discretion of the Meet Director. New entry <u>files</u> may be accepted at the discretion of the Meet Director.
- **ENTRY LIMITS**: Swimmers may not enter more than four (4) events per day. Swimmers who are entered in more than four events will be automatically dropped from the event(s) that put them over the limit. No refunds will be given for incorrect entries.

ENTRY DEADLINE: Completed meet entries on Hy-Tek, Team Unify or similar team management software are due by Tuesday, January 28, 2014 at 9:00pm. Entries will not be accepted without a completed Summary Sheet and payment of entry fees. Late entries, including adding additional events or switching events, may be accepted by the Meet Director but may not be seeded. Double entry fees will be charged for all late or changed entries after the entry deadline. Telephone and fax entries will not be accepted. Please direct all entry correspondence to both the Meet Director and the Meet Entry Coordinator (see first page for contact information). Include your club name, and the swimmer/events in question. All clubs should receive a confirmation of the receipt of their entry. If you do not get a confirmation within 48 hours of emailing your entry, please contact us at (919) 851-3000.

ENTRY FEES:

Please make checks payable to: Marlins Of Raleigh (MOR)		
NCS Individual Event \$3.50 per event		
NCS Travel Fund \$3.00 per swimmer		
Facility Surcharge \$10.00 per swimmer		
Entry fees must accompany entry and are non-refundable.		

SEEDING: The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

<u>SCRATCHES</u>: There are no penalties for scratching pre-seeded events at the block.

<u>SCORING</u>: No team or individual scoring will be kept.

AWARDS:

EVENTS	AGE GROUP	AWARD	PLACE
Individual Events	All age groups	Ribbons	1 st - 8 th Place

MAIL ENTRY & FEES TO:

MOR SCQ MEET

4900 Waters Edge Drive; Suite 200 Raleigh, NC 27606

Email Entries To:mormeets@gmail.com
coachcara45@aol.com(Pam Rocque)
(Cara Cameron)Please note that there will be no entries accepted without a hard copy.

Final entry must:

- 1) Include check payable to MOR for correct entry fees
- 2) Include properly completed Summary Form
- 3) Be received by the meet entry deadline
- 4) Not be sent in a manner requiring a signature for delivery.

WARM-UPS:

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Meet Marshalls will ensure that all clubs, coaches, and swimmers follow the warm-up procedure. This information will be communicated to clubs attending the week of the meet. **Meet management reserves the right to change warm-up times according to the number of entries. The first 30 minutes of each warm-up period will be for general warmup with the last 15 minutes used for diving from the block-end of the course.**

HOSPITALITY: Hospitality will be available for all coaches, officials and meet volunteers provided by the Marlins of Raleigh Swim Team and various generous supporters.

<u>CREDENTIALS</u>: All coaches and officials on deck must be registered and certified with USA Swimming. Meet management will require all coaches and officials to show proof of certification/registration and coaches shall display their registration cards prominently at all times while on deck. All clubs are requested to have at least one coach present at all announced coaches meetings.

<u>APPAREL</u>: Kast-a-way Swimwear will provide swimming apparel items during the meet.

<u>RELEASE</u> STATEMENT

- **<u>STATEMENT</u>**: USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and the Goldsboro Family YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- OFFICIALS: MOR welcomes any officials who would like to assist at this meet. Available officials should contact the Meet Referee if you are willing to volunteer to assist. An officials meeting will be conducted 30 minutes prior to the start of each session of the meet.

ORDER OF EVENTS

Friday, February 7, 2014 SESSION 1 <u>Warm-up</u>: 4:00pm <u>Meet Start</u>: 5:00pm

GIRLS EVENT #	EVENTS	BOYS EVENT #
1	13-18 400yd IM	2
3	11-12 200yd Butterfly	4
5	10&U 500yd Freestyle	6
7	11-12 500yd Freestyle	8
9	13-18 500yd Freestyle	10
11	11-12 200yd Breaststroke	12
13	11-12 200yd Backstroke	14

Saturday, February 8, 2014 SESSION 2 <u>Warm-up</u>: 7:30am <u>Meet Start</u>: 8:15am

GIRLS EVENT #	EVENTS	BOYS EVENT #
15	10&UNDER 200yd Freestyle	16
17	10&UNDER 100yd Backstroke	18
19	10&UNDER 50yd Breaststroke	20
21	10&UNDER 100yd Butterfly	22
23	10&UNDER 100yd IM	24
25	10&UNDER 50yd Freestyle	26

Saturday, February 8, 2014

SESSION 3

Warm-up: Not before 11:30am Meet Start: Not before 12:30 pm

GIRLS EVENT #	EVENTS	BOYS EVENT #
27	11-12 200yd Freestyle	28
29	11-12 50yd Breaststroke	30
31	11-12 100yd Backstroke	32
33	11-12 50yd Freestyle	34
35	11-12 100yd Butterfly	36
37	11-12 100yd IM	38

Saturday, February 8, 2014 SESSION 4 <u>Warm-up</u>: Not before 3:40pm <u>Meet Start</u>: Not before 4:40pm

GIRLS EVENT #	EVENTS	BOYS EVENT #
39	13-18 200yd Freestyle	40
41	13-18 100yd Breaststroke	42
43	13-18 200yd Backstroke	44
45	13-18 200yd Butterfly	46
4 <u>7</u>	13-18 50yd Freestyle	48

Sunday, February 9, 2014 SESSION 5 <u>Warm-up</u>: 7:30am <u>Meet Start</u>: 8:15am

GIRLS EVENT #	EVENTS	BOYS EVENT #
49	10&UNDER 100yd Freestyle	50
51	10&UNDER 50yd Butterfly	52
53	10&UNDER 100yd Breaststroke	54
55	10&UNDER 50yd Backstroke	56
57	10&UNDER 200yd IM	58

Sunday, February 9, 2014 SESSION 6

<u>Warm-up</u>: Not before 11:00am <u>Meet Start</u>: Not before 12noon

GIRLS EVENT #	EVENTS	BOYS EVENT #
59	11-12 200yd IM	60
61	11-12 50yd Backstroke	62
63	11-12 100yd Freestyle	64
65	11-12 50yd Butterfly	66
67	11-12 100yd Breaststroke	68
69	11-12 400yd IM	70

Sunday, February 9, 2014 SESSION 7 <u>Warm-up</u>: Not before 3:05pm <u>Meet Start</u>: Not before 4:00pm

GIRLS EVENT #	EVENTS	BOYS EVENT #	
71	13-18 200yd IM	72	
73	13-18 100yd Backstroke	74	
75	13-18 200yd Breaststroke	76	
77	13-18 100yd Freestyle	78	
79	13-18 100yd Butterfly	80	
81	11-18 1650yd Freestyle	82	

ENTRY SUMMARY SHEET 2014 SHORT COURSE QUALIFIER SWIM MEET FEBRUARY 7-9, 2014

Use this form for a summary of entry fees.

AGE GROUP NO. OF ATHLETES	/ //	PER ATHLETE FEES \$13 per athlete	NUMBER OF EVENTS	ENTRY FEE NC athletes \$3.50/event	TOTAL ENTRY	
	[\$3 NCS + \$10 Facility]		No almetes \$5.50/event	FEES		
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10&U BOYS					********	
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TOTAL FEES

Return this summary sheet with entry fees, official rosters, and entry forms to:

MOR SHORT COURSE QUALIFIER MEET 4900 WATERS EDGE DRIVE, SUITE 200 RALEIGH, NC 27606

USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and Goldsboro Family YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

E-Mail: _____

Please supply an address in which we can contact the appropriate coach in case of changes or in the case of needing more information: