

#### 2014 8 & Under Winter Snowflake Invitational

Hosted by MARLINS OF RALEIGH SWIM TEAM January 25-26, 2014

Ravenscroft School-A.E. Finley Athletic Center 7409 Falls of the Neuse Rd, Raleigh, NC 27615

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

SANCTION #NC14041



MEET DIRECTOR	MEET ENTRY COORDINATOR
Cara Cameron	Pam Rocque
4900 Waters Edge Drive, Suite 200	mormeets@gmail.com
Raleigh, NC 27606	
(919) 851-3000	Admin Official
Coachcara45@aol.com	Pam Rocque
MEET REFEREE	MEET MARSHALL
Wade Martin wmartin144@nc.rr.com	Stephen Spangler

#### **FACILITY**:

Ravenscroft is a six-lane, 25yd pool, with non-turbulent lane ropes and permanently mounted starting blocks. The minimum depth at the start end of the pool is 12 feet. The competition course has not been certified in accordance with 104.2.2C(4). An automatic timing system and computerized results will be used. 25yd events will start from the blocks. Spectator seating is available in the balcony.

#### NOTES:

- 1) NO FOOD OR DRINK ALLOWED ON DECK. However, swimmers may have a plastic bottle for water.
- 2) NO TOBACCO USE IS ALLOWED IN ANY PART OF THE BUILDING OR ON CAMPUS.
- 3) NO ONE ASSOCIATED WITH THE MEET IS ALLOWED ON THE TRACK OR FOOTBALL FIELD.

#### **MEET FORMAT**:

This is a timed final Age Group meet. Depending on the size of the meet, breaks may be scheduled (5-10min maximum per break) between events at the discretion of the Meet Referee and the Meet Director.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00am	9:00am	8 & Under Girls
2	Saturday	12noon	1:00pm	8 & Under Boys
3	Sunday	8:00am	9:00am	8 & Under Girls
4	Sunday	12noon	1:00pm	8 & Under Boys

MOR reserves the right to combine sessions if necessary.

## DEADLINE AND MEETING SUMMARY:

Day/Date	Time	For	Location
Sat/Sun Jan. 25-26	8:30am	Officials Meeting	Hospitality Room
Saturday, Jan. 25	8:50am	Coaches Meeting	Hospitality Room
Sat/Sun Jan. 25-26	12:30pm	Officials Meeting	Hospitality Room

#### SAFETY:

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their athletes at all times. NO running or horseplay will be tolerated.

#### **RACING STARTS:**

Any swimmer entered in the meet, who is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer legal guardian to ensure compliance with this requirement.

#### RULES:

This meet will be conducted in accordance with USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated. All events are timed finals.

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, locker rooms or behind the starting areas.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

#### DISABILITIES:

MOR welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit MOR¢ ability to accommodate all requests.

#### **CLASSIFICATION**:

8 & Under Timed Final Meet.

#### **ELIGIBILITY**:

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to the meet entry deadline and be no older than 8 years of age on the Saturday, January 25, 2014. The swimmers age on the first day of the meet will determine their age for the whole competition.

#### ENTRIES:

Submit entries using Hy-Tek cl2 format. Email is the preferred method of sending entries, however disks are acceptable. The Hy-Tek order of events file can be found on the NCS website at <a href="www.ncswim.org">www.ncswim.org</a> or coaches may email Pam Rocque at <a href="mormeets@gmail.com">mormeets@gmail.com</a> to receive a copy. Entries submitted after the entry deadline should be emailed to the Meet Director. New entry <a href="files">files</a> will not be accepted after the meet entry deadline, however new entries via Word files may be accepted at the discretion of the Meet Director.

#### ENTRY LIMITS:

Swimmers may not enter more than four (4) events per day. Swimmers who are entered in more than four events will be automatically dropped from the event(s) that put them over the limit. No refunds will be given for incorrect entries.

**ENTRY DEADLINE**: Completed meet entries on Hy-Tek, Team Unify or similar team management software are due by Wednesday, January 15, 2014. Entries will not be accepted without a completed Summary Sheet and payment of entry fees. Late entries, including adding additional events or switching events, may be accepted by the Meet Director but may not be seeded. Double entry fees will be charged for all late or changed entries after the entry deadline. Telephone and fax entries will not be accepted. Please direct all entry correspondence to both the Meet Director and the Meet Entry Coordinator (see first page for contact information). Include your club name, and the swimmer/events in question. All clubs should receive a confirmation of the receipt of their entry. If you do not get a confirmation within 48 hours of emailing your entry, please contact us at (919) 851-3000.

#### **ENTRY FEES:**

Please make checks payable to: Marlins Of Raleigh Swim Team (MOR)		
NCS Individual Event	\$3.50 per event	
Out-of-state Individual Event	\$4.00 per event	
Relays	\$8.00 per relay	
NCS Travel Fund	\$3.00 per swimmer	
Facility Surcharge	\$10.00 per swimmer	

Entry fees must accompany entry and are non-refundable.

SEEDING:

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

**SCRATCHES**:

There are no penalties for scratching pre-seeded events at the block.

SCORING:

No team or individual scoring will be kept.

AWARDS:

EVENTS	AGE GROUP	AWARD	PLACE
Individual Events	7-8 year olds	Ribbons	1 <sup>st</sup> -6 <sup>th</sup>
	6 & Unders	Ribbons	1 <sup>st</sup> -6 <sup>th</sup>
Relays	8 & Unders	Ribbons	1 <sup>st</sup> -3 <sup>rd</sup>

#### MAIL ENTRY & FEES TO:

#### MOR SNOWFLAKE MEET

4900 Waters Edge Drive; Suite 200

Raleigh, NC 27606

Email Entries To: mormeets@gmail.com (Pam Rocque) Coachcara45@aol.com (Cara Cameron)

Please note that there will be no entries accepted without a hard copy.

#### Final entry must:

- 1) Include check payable to MOR for correct entry fees
- 2) Include properly completed Summary Form
- 3) Be received by the meet entry deadline
- 4) Not be sent in a manner requiring a signature for delivery.

#### **WARM-UPS**:

In accordance with USA Swimming guidelines there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Meet Marshalls will ensure that all clubs, coaches and swimmers follow the warm-up procedure. There may be two warm-up periods during each session. This will be determined once entry numbers are received. If two warm-up periods are held, each will be 25 minutes in length and allow clubs to dive in their assigned lanes during their warm-up period. This information will be communicated to clubs attending the week of the meet. **Meet management reserves the right to change warm-up times according to the number of entries.** There is no diving allowed from the shallow end of the pool. Relay swimmers will start in the water at the shallow end of the pool.

**HOSPITALITY**:

Hospitality will be available for all coaches, officials and meet volunteers.

**CREDENTIALS**:

All coaches and officials on deck must be registered and certified with USA Swimming. Meet management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall display their registration cards prominently at all times while on deck. There will be a general coaches meeting on Saturday at the start of both sessions and at any other time at the discretion of the Meet Referee. Meet management requests that at least one coach from a staff attend all coaches meetings.

**CONCESSIONS** 

AND APPAREL:

MOR will provide concessions in the lobby and team dealer Kast-a-way Swimwear will provide swimming apparel items.

RELEASE

STATEMENT:

USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and Ravenscroft School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

OFFICIALS:

MOR welcomes any officials who would like to assist at this meet. Available officials should contact the Meet Referee if willing to assist.

PARKING:

Parking will be available in the main lot in front of the Finley Center and to the right of the Upper School building. Please do not park on grass or in un-marked spots.

The REST OF THE BUILDING IS OFF LIMITS. Please do not go on TRACK OR FIELD!

# ENTRY SUMMARY SHEET 2014 MOR 8&UNDER WINTER SNOWFLAKE INVITATIONAL SWIM MEET JANUARY 25-26, 2014

Use this form for a summary of entry fees.

AGE GROUP	NO. OF ATHLETES	PER ATHLETE FEES \$13 per athlete [\$3 NCS + \$10 Facility]	ENTRY FEE NC athletes \$3.50/event Out-of state \$4.00/event	NO. OF RELAYS	RELAY FEES \$8.00/relay	TOTAL ENTRY FEES
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#### **TOTAL FEES**

Return this summary sheet with entry fees, official rosters and entry forms to:

#### MOR SNOWFLAKE MEET 4900 WATERS EDGE DRIVE; SUITE 200 RALEIGH, NC 27606

USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and Ravenscroft School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature (Coach):	
Head Coach:	
Approximate number of coaches who will be in attendance:	
Club:	Club Code:
Club Address:	
Work Phone:	
E-Mail:	

Please supply an address in which we can contact the appropriate coach in case of changes or in the case of needing more information:

#### ORDER OF EVENTS Saturday, January 25, 2014 SESSION 1

Warm-up: 8:00AM Meet Starts: 9:00AM

GIRLS EVENT #	EVENTS	
1	8&U 100yd Free Relay	
3	8&U 200yd Freestyle	
5	6&U 25yd Freestyle	
7	7-8 25yd Freestyle	
9	6&U 25yd Backstroke	
11	7-8 25yd Backstroke	
13	7-8 100yd Backstroke	
15	6&U 25yd Breaststroke	<i>''</i> ///////////////////////////////////
17	7-8 25yd Breaststroke	
19	8&U 100yd IM	
21	6&U 25yd Butterfly	
23	7-8 25yd Butterfly	
25	7-8 100yd Butterfly	

### Saturday, January 25, 2014 SESSION 2

Warm-up: 12:00noon Meet Starts: 1:00PM

EVENTS	BOYS EVENT #
8&U 100yd Free Relay	2
8&U 200yd Freestyle	4
6&U 25yd Freestyle	6
7-8 25yd Freestyle	8
6&U 25yd Backstroke	10
7-8 25yd Backstroke	12
7-8 100yd Backstroke	14
6&U 25yd Breaststroke	16
7-8 25yd Breaststroke	18
8&U 100yd IM	20
6&U 25yd Butterfly	22
7-8 25yd Butterfly	24
7-8 100yd Butterfly	26

#### ORDER OF EVENTS Sunday, January 26, 2014 SESSION 1

Warm-up: 8:00AM Meet Starts: 9:00AM

GIRLS EVENT #	EVENTS	
27	8&U 100yd Medley Relay	
29	7-8 200yd IM	
31	6&U 50yd Freestyle	
33	7-8 50yd Freestyle	
35	6&U 50yd Backstroke	
37	7-8 50yd Backstroke	
39	6&U 50yd Breaststroke	
41	7-8 50yd Breaststroke	
43	6&U 50yd Butterfly	
45	7-8 50yd Butterfly	
47	8&U 100yd Freestyle	
49	7-8 100yd Breaststroke	

### Sunday, January 26, 2014 SESSION 2

Warm-up: 12:00noon Meet Starts: 1:00PM

EVENTS	BOYS EVENT #
8&U 100yd Medley Relay	28
7-8 200yd IM	30
6&U 50yd Freestyle	32
7-8 50yd Freestyle	34
6&U 50yd Backstroke	36
7-8 50yd Backstroke	38
6&U 50yd Breaststroke	40
7-8 50yd Breaststroke	42
6&U 50yd Butterfly	44
7-8 50yd Butterfly	46
8&U 100yd Freestyle	48
7-8 100yd Breaststroke	50