



AQUA March Block Party

Hosted by: Aquaventure Riptides

Saturday and Sunday, March 8-9, 2025

Held at Aquaventure Aquatics Campus, 214-A Beacon Dr., Winterville, NC 28590

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC25052

MEET DIRECTOR	MEET ENTRY COORDINATOR
Mike Godwin 252-931-8081 mgodwin@aquaventurenc.com	Mike Godwin 214A Beacon Drive, Winterville, NC 28590 252-931-8081 mgodwin@aquaventurenc.com
MEET REFEREE	MEET MARSHALL
Matt Lundin mlundinatc@gmail.com	Sarah Briley aquarisingtides@gmail.com Chris Starbuck piraternmedic@gmail.com

**FACILITY and
HOST TEAM
REQUIREMENTS**

AQUA has discussed specific health and safety procedures with the venue management. At this time, the facility and AQUA RIPTIDES have no additional requirements. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet.

**SPECTATOR
LIMITATIONS
and
PROTOCOLS**

There will be in person spectator viewing. Spectators will use restrooms in the lobby area. Locker rooms are strictly for use by athletes. There will be no charge for spectator viewing of this event.

FACILITY Pool: 25 yards, 8 lanes with non-turbulent lane ropes. Each lane is 6 feet wide. Depth at starting end of pool is 5 feet and 3 ½ feet at the turn end with Paddock Starting Platforms, Atlantis Start System. All starts from the turn end, including relay starts, must begin from within the pool. Timing system will include touch pads and two timers per lane, each operating both a button and a watch. Deck changing is prohibited in the facility. AQUA will ensure the correct competition course dimensions. There will be no medical support available during the meet outside of trained facility staff. The competition course has not been certified in accordance with 104.2.2C(4).

Dive Tank: 20 yards, 5 lanes, ranging from 9 feet to 12 feet. The Dive Tank will be open for continuous warm up/down. There is no diving allowed in the dive tank.

LOCKER ROOMS/ CHANGING *Locker rooms will be available for use by athletes only. Deck changing is prohibited. Restrooms will be monitored by Aquaventure Staff and space maximums will be observed. Locker rooms and restrooms will be routinely sanitized throughout this event.*

MEET FORMAT This is a timed final Age Group/Senior Open, pre-seeded meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	1:00 PM	2:00 PM	All Ages
2	Sunday	9:00 AM	10:00 AM	All Ages

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday, February 26, 2025	Midnight	Entry Deadline
Thursday, March 5, 2025	7:00 PM	Coaches Meeting (Virtual)
Saturday, March 8, 2025, Sunday, March 9, 2025	1:30 PM, 9:30 AM	Officials Meeting
Saturday, March 8, 2025, Sunday, March 9, 2025	1:45 PM, 9:45 AM	Timer Briefings

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

**TECHNICAL SUIT BAN
FOR 12&U's**

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race. Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. All Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

AQUA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit AQUA's ability to accommodate all requests.

ENTRIES

ENTRIES will not be accepted before Monday, February 3, 2025 at 8:00 AM and not after Wednesday, February 26, 2025 at midnight.

Submit entries in HY3 zip file via email to mgodwin@aquaventurenc.com. A completed and signed Entry Summary Sheet (included in the announcement) must accompany entries and payment in full must be received by the Meet Entry Coordinator prior to meet start time. A swimmer's age on the first day of the meet will determine their age for the entire meet. Riptides entries will be entered first then accept teams/entries in the order received until the four/eight-hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including their alternates must be listed and pay the NCS Travel Fund surcharge.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 3 individual events plus 1 relay per day and a total of 6 individual events and 2 relays for the meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: Aquaventure; All fees are non-refundable	
Individual Event	\$5.00 per event; see NCS rules for any restrictions
Relay Event	\$12.00 per relay team entry
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$12.00 per swimmer
Late Entry Fee	Up to double the IE fees listed

SEEDING	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.
SCRATCHES	There will be no penalty for scratching pre-seeded events at the block.
SCORING	No individual or team scoring will be kept.
AWARDS	Heat winners will receive awards.
RESULTS	At the conclusion of the meet, results and Hy-tek back-ups will be sent via email.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. Aquaventure Riptides welcomes and encourages anyone willing to volunteer. Volunteering Officials MUST contact the Meet Referee via email by <u>March 5, 2025</u> . All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. An officials meeting will be held 30 minutes prior to the start of each session, and all assigned officials are strongly encouraged to complete an individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should bring the appropriate equipment to carry out your responsibilities.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area, located in the kitchen adjacent to the dive tank, which is open to all coaches and officials. Refreshments and light snacks will also be available for sale at the Front Desk.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, the dive tank will be available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Aquaventure Aquatics Campus, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Saturday, March 8, 2025

Warm-up: 1:00pm; Meet Start: 2:00pm

Girls/Women	Event	Boys/Men
1	10 & Under 200 Medley Relay	2
3	11-18 200 Yard Medley Relay	4
7	Open 100 Fly	8
5	10 & Under 50 Fly	6
9	Open 200 Freestyle	10
	-10 Minute Break-	
11	Open 200 IM	12
13	10 & Under 50 Backstroke	14
15	Open 100 Backstroke	16
17	10 & Under 50 Freestyle	18
19	11-18 100 Freestyle	20

Sunday, March 9, 2025

Warm-up: 9:00am; Meet Start: 10:00am

Girls/Women	Event	Boys/Men
21	10 & Under 100 Free	22
23	Open 500 Freestyle	24
25	10 & Under 50 Breaststroke	26
27	Open 100 Breaststroke	28
	-10 Minute Break-	
29	10 & Under 50 Butterfly	30

Girls/Women	Event	Boys/Men
31	Open 100 Butterfly	32
33	10 & Under 100 Backstroke	34
35	Open 200 Backstroke	36
37	10 & Under 200 Free Relay	38
39	11-18 200 Free Relay	40

**AQUA March Block Party
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to: Aquaventure)
ATTN: Mike Godwin

214-A Beacon Dr.
Winterville, NC 28590
Email to: mgodwin@aquaventurenc.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$5.00 per event	
Relay Entries		\$12.00 per team	
Swimmers (Travel Fund & Facility Surcharge)		\$15.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Aquaventure Riptides Swim Team, Aquaventure Aquatic Campus, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE