



**NATIONAL DUAL MEET
MAC VS DYNAMO
NOVEMBER 10-11, 2007**

Sanction: Hold under sanction of USA Swimming, issued by North Carolina Swimming, Inc.
Sanction # NC07099

Host: Mecklenburg Aquatic Club

Facility: Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
(704) 846-5335

The MAC Swim Center is a 30,000 square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. In the 10-lane 25 yard competition course, pool depth ranges from 6 to 12 feet with lanes that are 8-foot wide. Up to 11 lanes will be available for continuous warm-up and warm-down. The facility also features a Colorado 5000 system and 10-lane scoreboard. There is bleacher seating for 600 competitors and spectators.

Schedule: SATURDAY
Warm-up 12:00-1:20pm
Timed Finals 1:30PM

SUNDAY
Warm-ups 9:00-10:20AM
Timed Finals 10:30AM

Format: All events will be conducted on a timed final basis. Dynamo will be in ODD lanes and MAC will be in EVEN lanes.

Eligibility: All swimmers must be registered with USA Swimming. Any age is eligible. Each team may select the criteria for selection for their respective team.

Entry Limits: Swimmers are limited to 7 individual events for the weekend, no more than 4 per day. A team may enter up to 5 relays but only 3 may score.

Rules: This meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Official Handbook and NCS Safety Program, except where Rules therein are optional and exceptions are stated.

Warm-up: In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

During the competition, there will be lanes available for continuous warm-up/warm-down. There is to be no diving or horseplay in this area.

Entry Forms: Entries can be submitted on a 3.5" disk generated by HY-TEK Team Manager AND/OR emailed. All computer entries must be accompanied by a hard copy of the entire entry. Please list each swimmer's age as of November 10, 2007.

All entries, manual or computer generated, must include the following forms:

1. Official Hy-Tek Summary Sheet
2. Payment of Fees

Fees: \$20 per swimmer.
Please make check payable to the Mecklenburg Aquatic Club.

Entries: Send entries in by **Tuesday, October 30, 2007.**
Please mail hard copy and check to:

Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
Attention: National Dual Meet Director

Email entries to Russ Kasl at rkasl@justswimmac.org.

Scoring: Individual events: 11-9-8-7-6-5-4-3-2-1 points. Relays: 22-18-16-14-12 points.

Officials: MAC welcomes and encourages the assistance of certified officials from visiting teams. To volunteer, please contact the Meet Director by telephone or the Meet Referee once you arrive.

Meet

Management: Meet Director: Laura Glanton
Meet Referee: Dick Van Halsema
Meet Marshall: Russ Kasl

Hospitality &

Concessions: There will be hospitality room open to all coaches, officials, and volunteers. Refreshments will be available at the concession stand.

Release: USA Swimming, North Carolina Swimming Inc., Charlotte Latin School and Mecklenburg Aquatic Club and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Attachments: Order of Events.

Information: For more information, contact Russ Kasl at 704-846-5335, ext. 106 or email at rkasl@justswimmac.org.

National Dual Meet

November 10-11, 2007

Saturday Session- November 10, 2007

Warm-up 12:00-1:20pm Start 1:30pm

Girls	Event	Boys
1	400 IM	2
3	100 Backstroke	4
5	200 Butterfly	6
7	100 Freestyle	8
9	200 Breaststroke	10
11	500 Freestyle	12
	10 MINUTE BREAK	
13	400 Freestyle Relay	14

Sunday Session- November 11, 2007

Warm-up 9:00-10:20pm Start 10:30pm

Girls	Event	Boys
15	200 Freestyle	16
17	100 Breaststroke	18
19	100 Butterfly	20
21	200 Backstroke	22
23	50 Freestyle	24
25	200 IM	26
27	1000 Freestyle	28
	10 MINUTE BREAK	
29	400 Medley Relay	30