

NOMAD TIME TRIAL MEET  
 NOMAD AQUATICS  
 FEB. 1<sup>ST</sup> 2014  
 NOMAD AQUATICS AND FITNESS  
 11202 HARRIS RD.  
 HUNTERSVILLE, NC 28078

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
**Sanction #NC14070**

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
MISSY HUBBARD 704-949-1542 <a href="mailto:missy@nomadaquatic.com">missy@nomadaquatic.com</a>	LEIGH BROWN 11202 Harris Rd. Huntersville, NC 28078 704-949-1555 <a href="mailto:leigh@nomadaquatic.com">leigh@nomadaquatic.com</a>
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
WENDY GOODWIN 10nisgirl@gmail.com	MISSY HUBBARD 704-949-1542 <a href="mailto:missy@nomadaquatic.com">missy@nomadaquatic.com</a>

**FACILITY**

The 25 yard x 25 meter competition pool with 10 lanes, depth is 6 ft. is equipped with non-turbulent 8' wide lane lines and built-in/permanent starting blocks. An IST electronic timing system with ten-line scoreboard will NOT be used. Stopwatches/backup buttons will be used for official times. 1500 sq.ft locker rooms are provided for athletes. Spectator seating for 500. Spectators to bring their tents and chairs. Visit [www.nomadaquatic.com](http://www.nomadaquatic.com) to view the facility. The competition course has not been certified in accordance with 104.2.2C(4).

**MEET FORMAT**

This is a Time Trials tri-meet in short course yards.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	12:00 noon	1:00pm	10-U,11-12,OPEN

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Monday, Jan. 27, 2014	6:00pm	Entry deadline: Nomad Time Trial Meet
Saturday, Feb. 1, 2014		Coaches meeting: 11:45am

<b>SAFETY</b>	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.
<b>RACING STARTS</b>	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>RULES</b>	<p>This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.</p>
<b>ELIGIBILITY</b>	All swimmers must be registered members of <b>Nomad Aquatics, Star Aquatics or Gaston Gators</b> , and registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.
<b>SWIMMERS WITH DISABILITIES</b>	<b>Nomad Aquatics</b> welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit <b>Nomad Aquatics</b> ability to accommodate all requests.
<b>ENTRIES</b>	Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. Entries received thereafter will be returned immediately.
<b>ENTRY LIMITATIONS</b>	Swimmers may swim a maximum of 5 individual events that day.
<b>ENTRY VERIFICATION</b>	<p>An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.</p> <p>The Meet Entry Coordinator must receive entries by Monday, Jan. 27, 2014</p>

**ENTRY DEADLINES** by 6:00pm.  
Late entries may be accepted at the discretion of the Meet Referee.

**ENTRY FEES**

Individual Event	
FLAT FEE	12.00/PER SWIMMER/INCLUDING TRAVEL FUND
NCS Travel Fund	(see above)
Late Entry Fee	Up to double the IE and relay fees listed

**SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.

**SCORING** Meet will not be scored.

<b>RESULTS</b>	Results will be posted on Nomad’s website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
<b>COACHES</b>	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting <b>Sat. Feb.1<sup>st</sup> at 10:45am in hospitality located behind the warm pool.</b> Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	There will be a need for officials. <b>Nomad Aquatics</b> welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official’s assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. <b>Official briefings will be held one hour prior to the start of each session in the hospitality area.</b>
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
<b>WARM-UP</b>	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in this area.
<b>WAIVER/RELEASE</b>	As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Nomad Aquatics, Nomad Aquatics and Fitness Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

## Order of Events

Saturday, Feb.1<sup>st</sup>

Warm-up: 12:00 noon

Meet Start: 1:00 pm

	Event	Boys/Men
1	OPEN 500 FREE	2
3	10-U 100IM	4
5	11-12 100IM	6
7	OPEN 200IM	8
9	10-U 50 FREE	10
11	11-12 50 FREE	12
13	OPEN 50 FREE	14
15	10-U 100 BK	16
17	11-12 100 BK	18
19	OPEN 100 BK	20
21	10-U 50 BR	22
23	11-12 50 BR	24
25	OPEN 100 BR	26
27	10- U 100 FLY	28
29	11-12 100 FLY	30
31	OPEN 100 FLY	32
33	10- U 100 FREE	34
35	11-12 100 FR	36
37	OPEN 100 FR	38
39	10-U 50 BK	40
41	11-12 50 BK	42
43	OPEN 200 BK	44
45	10-U 100 BR	46
47	11-12 100 BR	48
49	OPEN 200 BR	50
51	10-U 50 FLY	52
53	11-12 50 FLY	54
55	OPEN 200 FLY	56
57	10-U 200 FR	58
59	11-12 200 FR	60
61	OPEN 200 FR	62
63	12-U 200IM	64
65	OPEN 400IM	66