

NOMAD FALL OPEN INVITE OCT. 10, 2009

**FACILITY: NOMAD AQUATICS AND FITNESS
11202 HARRIS RD.
HUNTERSVILLE, NC 28078
704-949-1555
HOSTED BY: NOMAD AQUADEVILS**

FACILITY: Competition Pool with 10 lanes, depth is 6 ft. equipped with non-turbulent 8' wide lanes with built-in permanent starting blocks. An IST electronic timing system with ten-lane scoreboard will be used. Stopwatches/backup buttons will be used for backup times. 1500 sq.ft locker rooms are provided for athletes. Spectator seating for 500. Spectators to bring their tents and chairs. **Visit to view the facility log in @ www.nomadaquatic.com**

**WARM-UPS :FIRST SESSION 8:00AM- MEET BEGINS 9:00AM
SECOND SESSION WARM-UPS 3:00PM- MEET BEGINS 4:00PM
COACHES BRIEFINGS @ 7:45 AM AND 2:45 PM
IN HOSPITALITY ROOM LOCATED BEHIND WARM POOL.
OFFICIALS BRIEFINGS @ 8:15 AM AND 3:15 PM
IN HOSPITALITY ROOM LOCATED BEHIND WARM POOL.**

RULES: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and the NCS Safety Program, except where the rules therein are optional and Exceptions are herein stated.

SANCTION: Sanctioned Status: Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction #NC09096

CLASSIFICATION: 1 DAY TIMED FINALS MEET.
OPEN TO ALL TEAMS/NOT A CLOSED LEAGUE MEET.

ELIGIBILITY: THIS IS AN OPEN MEET. ALL SWIMMERS MUST BE PROPERLY REGISTERED WITH USA SWIMMING

SAFETY: The North Carolina Swimming Safety Guidelines will be in effect for this meet. Coaches are advised to supervise their swimmers at all times. No running or horseplay will be tolerated.

RELEASE STATEMENT: "USA Swimming, Inc., North Carolina Swimming, Inc., and Nomad Aquatics and Fitness shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."

ENTRIES: Entries must be submitted using HY-TEK Team Manager. Entries should be mailed to missy@nomadaquatic.com by 6:00 pm Oct. 1st. List ages of swimmers as of OCT. 10TH, 2009.

ENTRY LIMIT: Swimmers may enter a maximum of three (5) individual events and two (2) relay events. Late Entries may be accepted at the discretion of the Meet Director and will not be seeded.

**ALL 12 UNDERS TO SWIM IN MORNING SESSION ONLY
- TO KEEP MEET WITHIN THE 4 HOUR RULE.**

ENTRY DEADLINE: All entries must be received no later than 6:00pm Thur Oct. 1st, 2009. Late entries may be accepted at the discretion of the meet director. Late entry fees may be double the listed amount and at the meet director's discretion.

There will be no "on deck" registration.

SEND ENTRIES TO : missy@nomadaquatic.com

ENTRY FEES Fees will be:

\$2.50 ind. events

\$8.00 relay events

\$7.00 surcharge

Make check payable to:

Nomad Aquatics and Fitness

Entry fees are non-refundable.

AWARDS: Ribbons will be given **1st thru 8th** place for **individual events** and **1st thru 3rd** place for **relay events**.

SCORING –This meet will not be scored.

MEET DIRECTOR: Missy Hubbard-704-949-1543 or missy@nomadaquatic.com

MEET REFEREE: Lou Mondelli

MEET MARSHALL: Missy Hubbard

HOSPITALITY WILL BE PROVIDED FOR COACHES AND OFFICIALS.

SPECTATOR SEATING: PARENTS TO BRING THEIR OWN CHAIRS.

"All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck."

NOMAD FALL OPEN

SAT. OCT.10th, 2009

ALL 12 UNDERS TO SWIM IN MORNING SESSION ONLY.

1ST SESSION WARMUP 8:00AM-MEET @ 9:00AM

1	400IM	2
3	200 FR	4
5	100 BR	6
7	200 BK	8
9	100 FLY	10
11	50 FREE	12
13	200 M.REL	14

2ND SESSION WARM-UP 3:00PM-MEET@4:00-PM

15	500 FREE	16
17	100 FREE	18
19	200 BR	20
21	100 BK	22
23	200 FLY	24
25	200 IM	26
27	200 F.REL.	28

IN REGARDS TO THE 4 HOUR RULE

ALL 12 AND UNDERS TO SWIM IN MORNING SESSION ONLY.

SWIMMERS MAY SWIM 5 IND. EVENTS PLUS RELAYS
OPEN TO ALL ATHLETES REGISTERED WITH US SWIMMING.
SPECIAL EMPHASIS ON 13-OLDER SWIMMERS.

Ind. Events \$2.50

Rel. Events \$8.00

Swimmer Surcharge \$7.00

Ind. Events _____

Rel. Events _____

Swimmer Surcharge _____

TOTAL DUE _____