

Safe Sport Training: Step-by-Step

Step 1: Go to <https://www.usaswimming.org/Home/safe-sport>



QUICK LINKS

- [Club Tool Kit](#)
- [SafeSport Code for the U.S. Olympic and Paralympic Movements](#)
- [Complete a Background Check](#)
- [Deal with a Safe Sport Concern](#)
- [Impact Award Nomination Form](#)
- [List of Individuals Suspended or Ineligible -- Specific Date](#)
- [List of Individuals Permanently Suspended or Ineligible for Membership](#)

Step 2: Scroll down to “TAKE A SAFE SPORT COURSE” and select:

- Free Safe Sport Training for Minor Athletes (if you are 17 or younger)
- Athlete Protection Training (if you are 18 or older)
- Safe Sport for Parents (if you are a parent)

TAKE A SAFE SPORT COURSE



FREE SAFE SPORT TRAINING FOR MINOR ATHLETES



ATHLETE PROTECTION TRAINING



BULLYING PREVENTION



SAFE SPORT FOR PARENTS

Step 3: Once you selected the correct tab, read the information page and then click on the link that applies to you (either for USA Swimming Members or Non-USA Swimming Members)

FREE SAFE SPORT TRAINING FOR MINOR ATHLETES

Safe Sport for Minor Athletes Online Course

This course is designed for athletes 12-17 years old and will cover:

1. The basics of Safe Sport,
2. Understanding the three types of boundaries, and
3. What to do if you or someone you know is being harmed.

Parents and coaches can use the facilitation guide in the course to open up a conversation about Safe Sport and healthy boundaries. Preview the facilitation guide below.

Adult athletes of USA Swimming must take the full Athlete Protection Training.

USA SWIMMING MEMBERS may access the course via www.usaswimming.org/learn

NON-MEMBERS may access the course via learn.usaswimming.org

For teams interested in further Safe Sport education and engagement, please visit www.usaswimming.org/toolkit.

Questions about the training should be directed to Maggie Vail at mvail@usaswimming.org.

RELATED



ATHLETE PROTECTION TRAINING



BULLYING PREVENTION



Step 4, for MEMBERS: The link you clicked will take you to another web page. Once on that web page, scroll down to the Member Portal and enter you Last Name, First Name, and Birthdate; then click “Search.” When your name shows up below, click the continue button to the right of your name to go to the next page. Once there, check the box next to the statement “I verify that by checking this box I have parental consent to take this course” and click “Go To Learn”

MEMBER PORTAL

As a member of USA Swimming, you MUST ALWAYS enter LEARN through the member portal. This ensures that you will receive credit for things like the Athlete Protection Training and USADA's Coach's Advantage Tutorial, as well as receive free or discounted courses.

Please follow these steps to access the system:

1. Enter your last name, first name, and DOB in the boxes below and click "SEARCH." This will verify your membership.
2. Click on "CONTINUE" to access the LEARN site.

PARAMETERS

Last Name

First Name

Birthdate

SEARCH

Step 4, for NON-MEMBERS: The link you clicked will take you to another web page. Once on that page, click “Register” to move to the next page. Once there, click “Create Account” on the right side of the page to move to the next page (the screen shown below). Now, enter the information that this form prompts you to

The screenshot shows the 'REGISTER' page on the USA Swimming Learn website. The header includes the USA Swimming logo and the word 'LEARN' in large white letters. To the right of the header are 'LOGIN' and 'REGISTER' buttons. The main content area is titled 'REGISTER' and contains a form with the following fields: 'First Name' (text input), 'Last Name' (text input), 'Birthdate' (text input with a placeholder 'MM/DD/YYYY'), 'Email' (text input), 'Password' (text input with a strength indicator icon), 'LSC' (dropdown menu with 'Select LSC' as the current selection), and 'Club Name' (dropdown menu with 'Select Club' as the current selection).

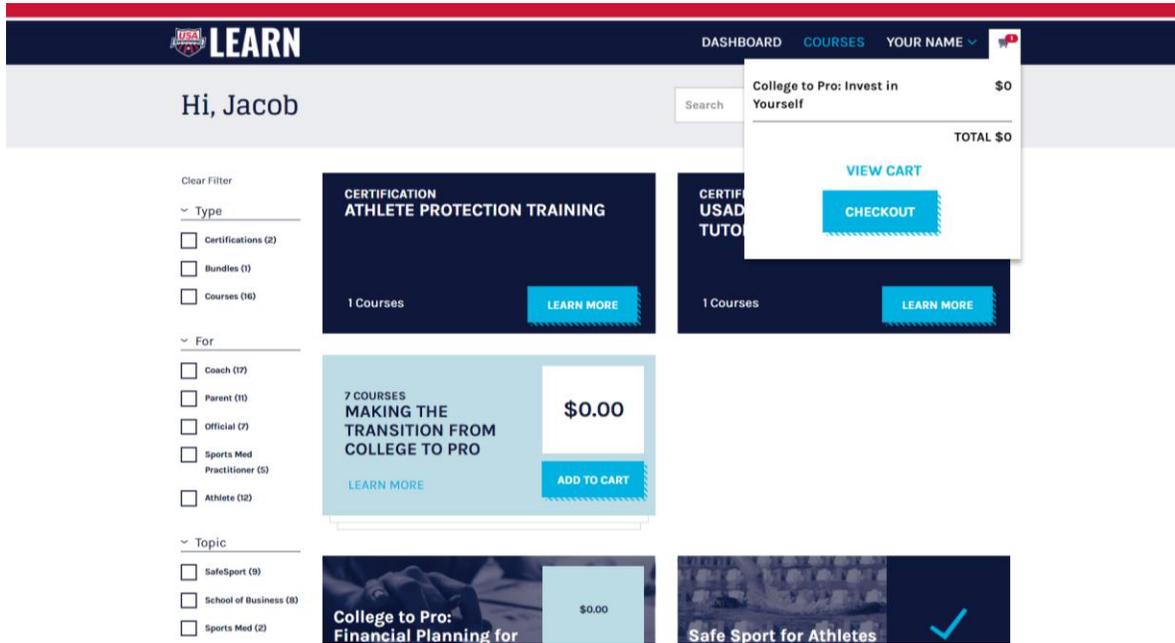
Step 5, for BOTH: You will end up at the USA Swimming Learn page, on the Dashboard. What you need to do now is click the “Courses” button in the top right corner of the web page. This will take you to the courses directory (shown below) where you can select courses. Once on this page, identify which course you need to be taking, for:

- 17 and Under Athletes, take “Safe Sport for Athletes”
- 18 and Older Athletes, take “Athlete Protection Training: Core Course”
- Parents, take “Safe Sport for Swim Parents”

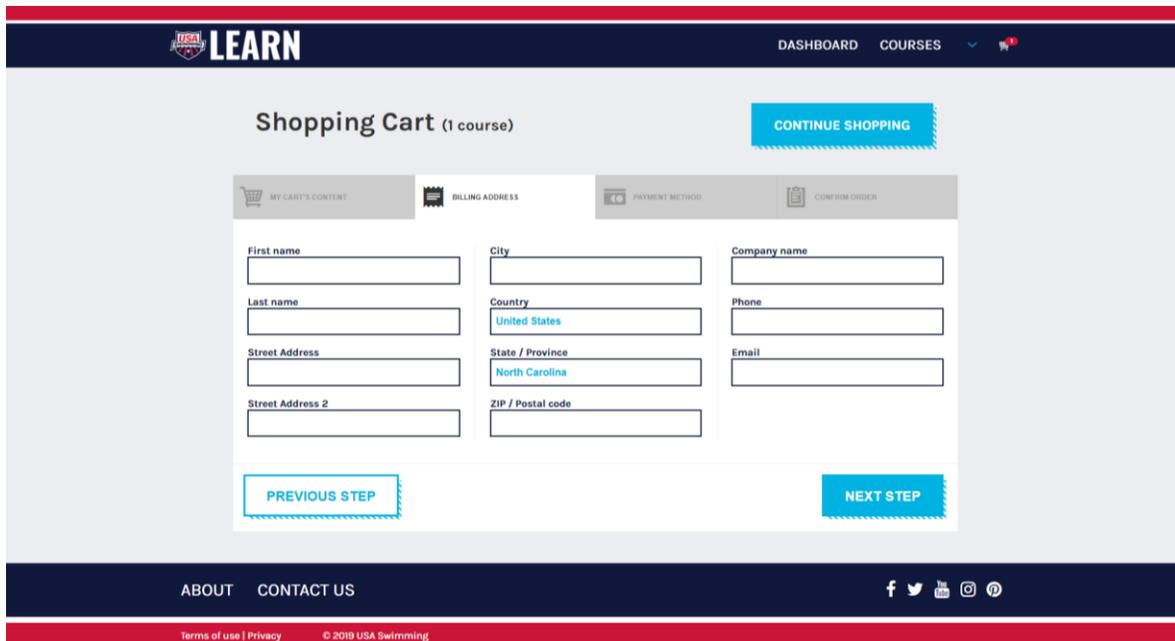
Once you’ve found the course(s) you’re going to take, press the “Add to Cart” button that’s in the box with your chosen course

The screenshot shows the 'COURSES' page on the USA Swimming Learn website. The header includes the USA Swimming logo and the word 'LEARN' in large white letters. To the right of the header are 'DASHBOARD' and 'COURSES' buttons. The main content area is titled 'COURSES' and features a grid of course cards. On the left side, there is a 'Clear Filter' section with three filter categories: 'Type' (Certifications (2), Bundles (1), Courses (6)), 'For' (Coach (7), Parent (1), Official (7), Sports Med Practitioner (5), Athlete (12)), and 'Topic' (SafeSport (9), School of Business (8), Sports Med (2)). The course cards are: 1. 'CERTIFICATION ATHLETE PROTECTION TRAINING' (1 Course, LEARN MORE button). 2. 'CERTIFICATION USADA COACH'S ADVANTAGE TUTORIAL' (1 Course, LEARN MORE button). 3. '7 COURSES MAKING THE TRANSITION FROM COLLEGE TO PRO' (\$0.00, ADD TO CART button). 4. 'College to Pro: Financial Planning for Today and Tomorrow' (\$0.00, ADD TO CART button). 5. 'Safe Sport for Athletes' (DONE button).

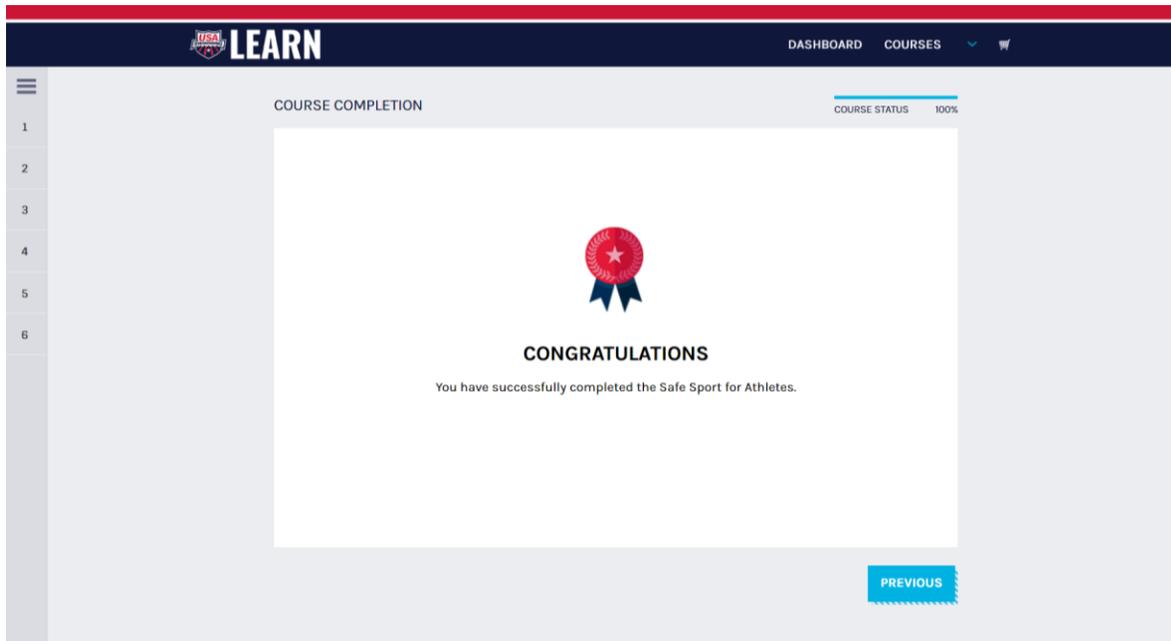
Step 6: After you've selected your course, a pop-up will appear in the top right corner. In that pop-up, there is a "Checkout" button, press it. If the pop-up disappears, click the little shopping cart in the top right corner next to your name, and then click the "Checkout" button



Step 7: Now, you should be at the checkout page. You MUST fill out the Billing Address section, and the Confirm Order section. Once all of that is done, click "Place Order: on the Confirm Order section. On the next screen it takes you to, click "Dashboard" to take you back to the Dashboard. Your Dashboard should now have a box for the course you just ordered



Step 8: Click the box on your Dashboard for your chosen course(s) and begin working through them until completion. Once completed, congratulations! You have helped make NC and USA Swimming a safer place.



Any Questions? Contact:

USA Swimming Learn learn@usaswimming.org

Maggie Vail mvail@usaswimming.org

Coby Ockert coby.ockert@gmail.com

Rebecca Landre safetychair@ncswim.org / rebeccalandre@gmail.com