

U.S. Paralympics Swimming

# FREE INTRO PARA SWIM CLINIC



## FREE INTRO PARA SWIM CLINIC FOR ATHLETES, COACHES & PARENTS:

**Sunday, September 8, 2019**

Clovis North High School Pool, 2770 E. International Ave., Fresno, CA

Registration 9:30 a.m. | Classroom 10am-12noon

Lunch provided 12-1pm | Pool Session 1– 3:00 p.m.

This event is supported and sponsored by U.S. Paralympics Swimming with the help of Clovis Swim Club



- Learn about the classification process
- How to coach and adapt to specific sport class needs
- Pool demonstrations, including stroke, start and turn options
- Drills and skills in and out of the pool
- How to adapt training concepts to fit different sport class needs
- What opportunities exist within U.S. Paralympics Swimming

To register to attend this event, please visit:

<https://www.signupgenius.com/go/60b0948aba929a2fa7-clovis1>

For information, resources and further information on U.S. Paralympics, please visit:

<https://www.teamusa.org/US-Paralympics/Sports/Swimming/Camps-and-Clinics>