Body Structure NCS PAN PRINTS 2017 ZONE TEAM NEWSLETTER-ISSUE 5. AUG 6, 2017 #doggonefast

Final Night Swims End The Dog Days Of Summer

—Tupelo, MS. The North Carolina Swimming Zone Team finished the 5-day competition in Tupelo in 3rd Place. The team had held steady all week in the third position in the overall team scoring with Georgia and Florida LSCs taking the top 2 positions.

Highlights of the final evening included a first place finish by Garrett Boone (14) in the 50m Freestyle [24.43] and a win by Madeline Menkhaus (13) in the 200m Butterfly [2:20.79]. Both swims eclipsed the cut for the summer Futures meet.

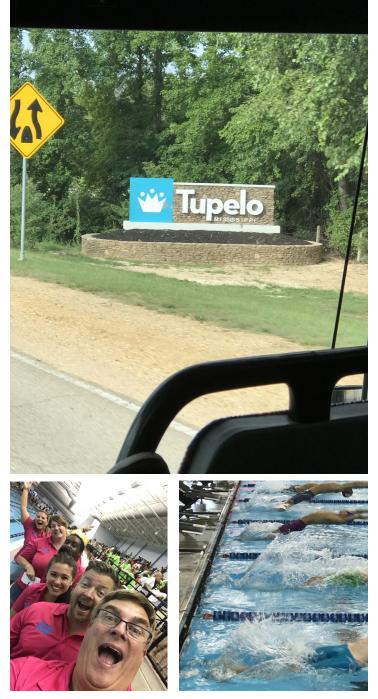
In the 200m Freestyle Relay event, the 13-14 Boys Relay team of Garrett Boone, Sam Hoover, Ryan Silver, and Matthew Kroll was the only gold medal winner for NCS finishing in a time of 1:39.33. Boone, who led off the relay, achieved the Winter Junior National qualifying time in his leg of the race.

Madeline Menkhaus (13) was named the 13-14 Girls High Point winner of the meet in the evening awards ceremony and the NCS team received an award for their third place overall finish.

Additional cuts for Futures were attained by Baylor Nelson (14) in the 200 IM (2:12.34) who took 2nd place; Elena Dry (12) in the 200 IM (2:25.71) who also finished 2nd; and Amaya Hanley (14) in the 200 IM (2:25.90), 3rd place.

The NCS Zone Team had an amazing week in Tupelo and will depart at 7:30am Sunday for the return home to North Carolina. On behalf of the 2017 Staff, we want to thank all of the athletes who spent the past week learning to operate as TEAM NC. Our hotel has been very accommodating of our meals and meetings. Mrs. Beverly and her team of meal preparers have been first rate catering most of the dinner meals at the team hotel. Our bus driver, James, has been fantastic and got our swimmers back and forth to and from the pool in flawless precision. The team chaperones have been attentive, helpful and extremely giving of their time and efforts throughout the week.

The NCS ZONE TEAM is a special place to be for this time in a swimmer's career and wherever you head to next we hope all the swimmers will carry good memories from their time spent as part of our team NC. Good luck to everyone as you pursue your dreams moving forward.



SUNDAY AUGUST 6, 2017 ITINERARY

APPAREL TODAY:	YOUR CHOICE!
6:00-7:00am:	Breakfast at Hotel
7:00-7:25am:	Room Checks
7:30am:	Hotel Departure
12:30pm:	GOAL: ATLANTA!
5:30pm:	GOAL: CHARLOTTE!
6:00pm:	GOAL: CONCORD MILLS
8:30pm:	GOAL: TAC



FROM SATURDAY, AUG 5, 2017

EVENT 77—11-12 GIRLS 200 IM 2nd Place—Elena Dry, 2:25.71 7th Place—Grace Rainey, 2:31.74

EVENT 78—11-12 BOYS 200 IM 3rd Place — Lane Bradshaw, 2:26.23 5th Place — Andrew Li, 2:27.51

EVENT 79 — 13-14 GIRLS 200 IM 4th Place — Hanani Dona, 2:26.49 3rd Place — Amaya Hanley, 2:25.90 5th Place — Madeline Menkhaus, 2:27.61

EVENT 80 — 13-14 BOYS 200 IM 2nd Place — Baylor Nelson, 2:12.34 5th Place — Ryan Silver, 2:16.41

EVENT 81 — 15-18 GIRLS 200 IM 7th Place — Ashton Gasper, 2:30.06 4th Place — Ellie Marquardt, 2:28.31

EVENT 82 — 15-18 BOYS 200 IM 6th Place — Jack Meehan, 2:14.21

EVENT 84 — 11-12 BOYS 50 FREE 4th Place — Lane Bradshaw, 26.83 5th Place — Landon Lloyd, 27.06

EVENT 85 — 13-14 GIRLS 50 FREE 5th Place — Bethany Tart, 27.51

EVENT 86 — 13-14 BOYS 50 FREE 1st Place — Garrett Boone, 24.43 5th Place — Sam Hoover, 25.12

EVENT 89 — 11-12 GIRLS 50 FLY 2nd Place — Kate Hegland, 29.41 5th Place — Elena Dry, 29.89

EVENT 90 — 11-12 BOYS 50 FLY 2nd Place — Noah Rock, 28.85 4th Place — Lane Bradshaw, 29.74

EVENT 91 — 13-14 GIRLS 200 FLY 1st Place — Madeline Menkhaus, 2:20.79 8th Place — Amaya Hanley, 2:29.64

EVENT 92 - 13-14 BOYS 200 FLY

5th Place — Nate Holder, 2:15.22 6th Place — Baylor Nelson, 2:16.94 7th Place — Tommy Tobul, 2:18.71

EVENT 93 — 15-18 GIRLS 200 FLY 8th Place — Victoria Dichak, 2:29.30

200m Freestyle Relays Saturday Night

Event 95

11-12 Girls 200m Free Relay—3rd Place Elena Dry 28.22 Taylor Morris 28.04

i aytor i torris	20.01
Kate Hegland	28.57
Grace Rainey	28.25
Final Time Ó	1:53.08

Event 96

11-12 Boys 200m Free Relay—5th Place Landon Lloyd 27.46

Tyler Flickinger	28.39
Colin Whelehan	28.71
Lane Bradshaw	27.46
Final Time	1:52.02

Event 97

13-14 Girls 200m Free Relay — 3rd Place

Bethany Tart	27.46
Anneliese Hohm	27.20
Amaya Hanley	28.08
Hanani Dona	27.19
Final Time	1:49.93

Event 98

13-14 Boys 200m Free Relay—1st Place				
Garrett Boone	24.29			
Sam Hoover	24.32			
Ryan Silver	25.55			
Matthew Kroll	25.17			
Final Time	1:39.33			

Event 99

15-18 Girls 200m Free Relay—7th Place

Elle Marquarul	27.79
Lawson Brantley	28.29
Hannalee Ellison	30.00
Ashton Gasper	28.48
Final Time	1:54.56

Event 100

15-18 Boys 200m Free Relay—5th Place

Trey Adkins25.28Jack Meehan24.83Jack Marquardt25.42Victor Simmons25.55Final Time1:41.08



1105 POINTS 946POINTS 825 POINTS 614 POINTS 295 POINTS 295 POINTS 140 POINTS 108 POINTS 82 POINTS 79 POINTS 53 POINTS 34 POINTS







FINAL TEAM SCORES FOLLOWING SATURDAY EVENTS

IGEORGIA 2FLORIDA	
3-NORTH CAROLINA	
4—SOUTHEASTERN 5—KENTUCKY	
6SOUTH TEXAS 7FLORIDA GOLD COAST	
8-SOUTH CAROLINA 9-NORTH TEXAS	
10—WEST VIRGINIA 11—WEST TEXAS	
12-LOUISIANA	
13MISSISSIPPI	

2017 SOUTHERN ZONE CHAMPIONSHIP TEAM - 11-12 BOYS



2017 SOUTHERN ZONE CHAMPIONSHIP TEAM - 11-12 GIRLS



2017 SOUTHERN ZONE CHAMPIONSHIP TEAM - 13-14 BOYS













Garrett Boone

Eric Cantrell Nate Holder

Laura Davis

Sam Hoover

Matthew Kroll

Baylor Nelson 2017 SOUTHERN ZONE CHAMPIONSHIP TEAM - 13-14 GIRLS

Madeline Menkhaus



Ryan Silver



Tommy Tobul

Anne G. Oxrider

Bethany Tart

Trey Adkins

Abigail Clark



Hanani Dona

Jack Marguardt

Amaya Hanley



Anneliese Hohm

Jack Meehan





2017 SOUTHERN ZONE CHAMPIONSHIP TEAM – 15-18 GIRLS















Lawson Brantlev

Hannalee Ellison Victoria Dichak

Ashton Gasper

Brynn Jewell

Ellie Marquardt

Anna Dacier

MANY THANKS TO OUR COACHES



MANY THANKS TO OUR CHAPERONES



THANKS ALSO TO MISS BEVERLY & BUS DRIVER JAMES





