

GENERAL: CAMPS & ZONE TEAM GENERAL POLICIES

Purpose: The following policies are meant to provide guidance and continuity for coaches and NCS personnel in planning and managing various NCS-sponsored camps and zone teams.

Budget Guidelines: The table below includes budget guidelines for managing NCS camps and zone teams. Athlete fees may vary from year to year based on location, transportation expenses and other variables. Weekend camps are generally self-funding and rely primarily on athlete fees to cover most expenses. Zone meets often involve air or bus travel and week-long hotel expenses. Funding for zone meets is provided by athlete fees, the NCS travel fund reimbursement, and additional funds from NCS as needed.

	Athlete Fee	# Athletes	# Coaches <i>Includes H Coach and Mgr.</i>	# Chaperones <i>Must be USAS member</i>	Staff Stipend (includes mileage) <i>Head Coach & Manager/Staff Total</i>		NCS Travel Fund Reimbursement per athlete**	Outfitting Budget Maximum Per Athlete/Coach***
IMX Camp	\$160	120-130	8	4 - 6	\$300/\$175	\$1650		\$50
Select Camp	\$160	120-140	8	4 - 6	\$300/\$175	\$1650		\$50
Zone Team	\$525	48-54*	8	4 - 6	\$400/\$250	\$2300	\$200	\$90
OW Select Camp	\$260	24	4	2 - 4	\$300/\$175	\$ 900		\$50
OW Zone Team	\$500	32	6	2 - 4	\$300/\$175	\$1300	\$150	\$70

* Zone team may add up to six disability athletes which may necessitate an additional coach with disability experience.

**Zone Teams receive a reimbursement from the travel fund that goes directly to the team budget (not to the athlete or the athlete's club).

***Outfitting budget includes all apparel, swim caps, bags and accessory items that are purchased. It does not include free goods provided by sponsor.

The Staff: The table includes the number of coaches and chaperones for each event. The coaching staff is selected by the Head Coach and Manager of each event. All coaches must be NCS member coaches. Adult chaperones may also be selected by the Head Coach and Manager. Chaperones are unpaid volunteers but are required to be members of USA Swimming. Chaperones are not paid a stipend or mileage expenses but as members of the NCS camp or zone team staff are provided with lodging, team transportation, and team meals.

As members of the NCS camp or zone team staff, coaches are provided with lodging, team transportation, and team meals. In addition, in lieu of mileage or other personal expenses, a coaching stipend will be paid by NCS to camp and zone team coaching staffs according to the above schedule.

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Team Outfitting: Team outfitting is an important part of the camp and zone team experience. It not only builds unity and camaraderie, but helps identify and control large groups of young athletes. Team apparel, swim caps, bags, hats and other accessory items are sometimes purchased or may be provided by sponsors. Spending limits on team outfitting are based on historical spending and do not include free goods provided by sponsors.

Safe Sport: Safety is a primary and ongoing concern during the camp or zone team experience. Each athlete and parent must read and sign the NCS Team Travel Policy as part of the registration process. NCS camps and teams may require the completion of other Code of Conduct forms, Medical Forms, Insurance Forms, and Dietary Forms to ensure the safety of all team members. In addition, an athlete's club or event host may also require signed agreements/waivers/release statements, unrelated to NC Swimming, as a condition of participation.