

2016 SC AG Champs

ESTIMATED START TIMES (subject to change)

Session		Pools		Warm Up Session 1	Warm Up Session 2	Specific Warm Up	Meet Starts	Relays Start ABOUT	Dist. Frees Start ABOUT	Extra 11-12 Exhib. Heats ABOUT
1	Thursday	Girls WEST Boys EAST		OPEN			5:30	7:15	5:30	End of session 8:00
2	Friday Prelims	EAST		7-8 AM		8-8:20 AM	8:30	---	---	---
3	Friday Afternoons	EAST	<i>ABOUT</i>	12-12:30 PM		12:30-12:50 PM	1:00	3:15	---	---
4	Friday Finals	EAST	<i>ABOUT</i>	OPEN			5:30	6:45	---	End of session 8:00
5	Saturday Prelims	EAST Boys' 500FR and 400MR WEST		7-8 AM		8-8:20 AM	8:30	8:30/11:45	11:00	---
6	Saturday Afternoons	11-12 EAST Boys' 500 FR WEST 10&U WEST	<i>ABOUT</i>	10&U 12:15-12:45 PM	11-12 12:45-1:15 PM		1:15	1:15/3:15	3:15 (g) 3:30 (b)	---
7	Saturday Finals	EAST	<i>ABOUT</i>	OPEN			5:30	7:00	---	---
8	Sunday Prelims	EAST Boys' 1650 WEST		7-8 AM		8-8:20 AM	8:30	8:30	10:45 (g) 11:00 (b)	---
9	Sunday Afternoons	11-12 EAST 10&U WEST	<i>ABOUT</i>	10&U 12:45-1:15 PM	11-12 1:15-1:45 PM		1:45	1:45/3:30	---	---
10	Sunday Finals	EAST	<i>ABOUT</i>				5:30	---	---	---

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