



**AMERICAN HEBREW ACADEMY**  
The International Jewish College Prep Boarding School

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## **FOR IMMEDIATE RELEASE**

### **American Hebrew Academy hosts Olympic Gold Medalist Lenny Krayzelburg**

GREENSBORO – The American Hebrew Academy is proud to host four-time Olympic Gold medalist swimmer Lenny Krayzelburg on campus on September 17, 2015 from 11:30 am-12:15 pm.

Krayzelburg will tell his inspiring personal story of being a Ukrainian Jewish immigrant to the US who rose to fame as a swimmer. He is a member of the International Jewish Sports Hall of Fame, and has held five world swimming records. After his retirement from competitive athletics, he has been involved with teaching swimming and water safety across the country. His story includes his difficulties as a new immigrant, and how he overcame adversity to fulfill his own American Dream.

He will be telling his story at the American Hebrew Academy, the only international Jewish college prep boarding school in the world. At the Academy, Jewish students from all over the United States and the world study together. Over the past five years, the American Hebrew Academy has enjoyed a 25% increase in international enrollment, which has included numerous students from Russia and many other Russian speaking countries.

Krayzelburg was born in Odessa in the former Soviet Union. After spending his boyhood years in what is now the Ukraine, his family immigrated to the United States to escape Soviet Jewish anti-Semitism and the call of the Soviet army, settling in Los Angeles.

He is a four-time Olympic gold medalist in swimming from the 2000, and 2004 Olympic Games, the 1998 World Champion in 100m and 200m backstroke, 11-time United States National Champion, and has owned 5 world records in backstroke. In 2001, he was inducted into the Southern California Jewish Sports Hall of Fame and USC Hall of Fame. He is a member of International Jewish Hall of Fame and in May 2011 he was inducted into International Swimming Hall of Fame.

In 2005 after his swimming career was finished, Krayzelburg ventured into a new career as a business owner, starting the Lenny Krayzelburg Swim Academy, which partners with the Jewish Community Centers Association. Lenny also founded the Lenny Krayzelburg Foundation, a nonprofit organization that provides high-quality learn-to-swim programs for youth previously excluded from the sport due to social and economic barriers, and limited access to safe pools.

Media coverage is welcomed.

## **About the American Hebrew Academy**

The American Hebrew Academy is the only international Jewish college prep boarding school in the world. Since the Academy's founding in 2001, intellectually adventurous teenagers from 28 states and 35 countries have been inspired to pursue excellence in a one-of-a-kind academic environment.

The diverse culture, customs and values of Judaism challenge Academy students of all backgrounds to maximize their full academic, personal, and spiritual potential which serve as the foundation for lifelong learning, community service, and global engagement. Rigorous study, experiential learning, competitive athletics, creative arts, travel around the world, and leadership development are at the core of the Academy's holistic curriculum.

The American Hebrew Academy is an elite school with an internationally acclaimed faculty and staff, state-of-the-art facilities, the world's largest closed loop geothermal heating and cooling system, and a stunning 100-acre lakefront campus in Greensboro, North Carolina. Graduates are regularly admitted to prestigious colleges and universities and go on to positions of leadership in business, medicine, law, finance, social service, and the Jewish community in the United States, Israel and around the world.