

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 10 & under 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|-------------------------------|
| 1 | 31.36 | 786 | Hood, Jenna | 10 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 31.72 | 764 | Horn, Ainsley | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 31.73 | 763 | Preisach, Ella | 10 | NC Harnett County Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 32.00 | 746 | Curzan, Claire | 10 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 32.03 | 744 | Pham, Jacquelyn | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|---------------------|------------------|-----------------------------------|
| 1 | 29.50 | 897 | Cotter, Michael | 10 | NC Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 2 | 29.66 | 888 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 3 | 30.02 | 867 | Hoover, Sam | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 30.48 | 842 | Greeley, David | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 30.50 | 840 | Weaver, Ryan | 10 | NC Duke Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|---------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1 | 1:11.22 | 709 | Grande, Isabella | 10 | NC Marlins of Raleigh | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 2 | 1:11.73 | 694 | Hollowell, Sarah | 10 | NC Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:11.84 | 691 | Grimsrud, Lauren | 10 | NC New Wave Swim Team | 6/13/2014 | 2014 NC ECA Beach Invitational |
| 4 | 1:11.85 | 690 | Ricciardi, Carolina | 10 | NC SwimMAC Carolina | 5/30/2014 | 2014 SC 5th Annual YSSC LC Summer |
| 5 | 1:12.41 | 673 | Pham, Jacquelyn | 10 | NC Triangle Aquatics Club Titans | 6/13/2014 | 2014 NC TAC Triangle Classic |

Boys 10 & under 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 52.07 | 0 | Allemeier, Noah | 10 | NC North Mecklenburg Aquatics, Inc | 6/21/2014 | 2014 NC QCD Long Course Invite |
| 2 | 1:05.64 | 872 | Hoover, Sam | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |

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LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-------------------|----|----|-------------------------------|-----------|-----------------------------------|
| 3 | 1:05.81 | 866 | Pishko, Jacob | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:05.93 | 863 | Nelson, Baylor | 10 | NC | SwimMAC Carolina | 5/30/2014 | 2014 SC 5th Annual YSSC LC Summer |
| 5 | 1:06.53 | 845 | Duracinsky, Jacob | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------|-------------|--------------------------------|
| 1 | 2:32.41 | 737 | Hollowell, Sarah | 10 | NC | Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:32.66 | 733 | Pham, Jacquelyn | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:33.58 | 719 | Grande, Isabella | 10 | NC | Marlins of Raleigh | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 4 | 2:34.43 | 706 | Grimsrud, Lauren | 10 | NC | New Wave Swim Team | 6/13/2014 | 2014 NC ECA Beach Invitational |
| 5 | 2:34.94 | 698 | Zettel, Brooke | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|-------------------|------------|-------------------|-------------------------------|-------------|-----------------------------------|
| 1 | 2:19.78 | 914 | Nelson, Baylor | 10 | NC | SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 2:21.19 | 891 | Pishko, Jacob | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:22.95 | 863 | Cotter, Michael | 10 | NC | Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 4 | 2:26.67 | 806 | Barker, Will | 10 | NC | East Carolina Aquatics | 5/2/2014 | 2014 NC GOLD Long Course Open |
| 5 | 2:27.21 | 797 | Duracinsky, Jacob | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|------------------------------|-------------|--------------------------------|
| 1 | 5:24.12 | 729 | Hollowell, Sarah | 10 | NC | Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 5:25.79 | 716 | Grande, Isabella | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 5:27.43 | 704 | Grimsrud, Lauren | 10 | NC | New Wave Swim Team | 6/13/2014 | 2014 NC ECA Beach Invitational |
| 4 | 5:27.70 | 702 | Quinn, Addy | 10 | NC | East Carolina Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 5:27.94 | 700 | Hastings, Emma | 10 | NC | East Carolina Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |

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LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 10 & under 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 4:53.30 | 945 | Pishko, Jacob | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 5:06.48 | 847 | Barker, Will | 10 | NC East Carolina Aquatics | 5/2/2014 | 2014 NC GOLD Long Course Open |
| 3 | 5:08.98 | 829 | Duracinsky, Jacob | 10 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 5:13.55 | 797 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 5 | 5:19.68 | 754 | Sleater, Patrick | 10 | NC Asheville Swim Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 50 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|--|
| 1 | 36.08 | 833 | Zettel, Brooke | 10 | NC Marlins of Raleigh | 6/19/2014 | 2014 PV UMAC Black & Red LC Invitational |
| 2 | 36.54 | 806 | Schoppa, Maura | 10 | NC Greensboro Swimming Assoc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 36.68 | 798 | Clark, Abby | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 36.71 | 796 | Hollowell, Sarah | 10 | NC Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 37.32 | 760 | Pham, Jacquelyn | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 50 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1 | 34.66 | 896 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 34.83 | 887 | Greeley, David | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 35.13 | 870 | Barker, Will | 10 | NC East Carolina Aquatics | 5/2/2014 | 2014 NC GOLD Long Course Open |
| 4 | 35.86 | 829 | Pishko, Jacob | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 36.27 | 807 | Duracinsky, Jacob | 10 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|-----------------------|------------------|-----------------------------|
| 1 | 1:18.34 | 818 | Zettel, Brooke | 10 | NC Marlins of Raleigh | 6/19/2014 | 2014 PV UMAC Black & Red LC |

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LSC: NC For Dates 9/1/2013 - 8/31/2014

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|---------------------|-----|----------------------------------|-----------|---|
| 2 | 1:19.70 | 782 | Hollowell, Sarah | 10 | NC Raleigh Swimming Association | 7/17/2014 | Invitational 2014 NC 14 & Under Long Cours |
| 3 | 1:20.12 | 771 | Pluska, Olivia | 10 | NC Marlins of Raleigh | 7/11/2014 | 2014 NC MOR LC Eastern Qualifi |
| 4 | 1:20.17 | 770 | Ricciardi, Carolina | 10 | NC SwimMAC Carolina | 5/30/2014 | 2014 SC 5th Annual YSSC LC Summer |
| 5 | 1:20.79 | 754 | Hook, Charlotte | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 100 Backstroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|-------------------|-----|----------------------------------|-----------|-----------------------------------|
| 1 | 1:16.00 | 876 | Pishko, Jacob | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 1:16.48 | 863 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 5/30/2014 | 2014 SC 5th Annual YSSC LC Summer |
| 3 | 1:16.53 | 862 | Greeley, David | 10 | NC Unattached | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 4 | 1:17.80 | 829 | Cotter, Michael | 10 | NC Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 5 | 1:18.13 | 821 | Duracinsky, Jacob | 10 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 50 Breaststroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|-------|--------------|------------------|-----|--|-----------|-------------------------------|
| 1 | 39.89 | 833 | Zhang, Jolene | 10 | NC Triangle Aquatics Club Titans | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 2 | 41.42 | 763 | Hood, Jenna | 10 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 41.74 | 748 | Lehning, Caitlin | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 42.40 | 718 | Preisach, Ella | 10 | NC Harnett County Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 43.18 | 684 | O'Connor, Brynn | 10 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 50 Breaststroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|-------|--------------|----------------|-----|------------------------------------|-----------|-----------------------------------|
| 1 | 39.27 | 879 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 39.60 | 863 | Hoover, Sam | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 39.91 | 847 | Greeley, David | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 40.45 | 821 | Kroll, Matthew | 10 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |

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LSC: NC For Dates 9/1/2013 - 8/31/2014

5 40.91 799 Ding, Michael 10 NC Triangle Aquatics Club Titans 7/17/2014 2014 NC 14 & Under Long Cours

Girls 10 & under 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|-------------------------------|
| 1 | 1:26.05 | 861 | Zhang, Jolene | 10 | NC Triangle Aquatics Club Titans | 5/2/2014 | 2014 NC TAC TITANS Cinco de M |
| 2 | 1:32.21 | 733 | Lehning, Caitlin | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:32.73 | 723 | Murtagh, Liza | 10 | NC Waves Of Wilmington, Inc. | 5/2/2014 | 2014 NC TAC TITANS Cinco de M |
| 4 | 1:33.74 | 702 | Schoppa, Maura | 10 | NC Greensboro Swimming Assoc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:34.21 | 693 | Hook, Charlotte | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 1:26.99 | 855 | Hoover, Sam | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 1:28.10 | 832 | Greeley, David | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:29.93 | 793 | Cotter, Michael | 10 | NC Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 4 | 1:30.41 | 783 | Kroll, Matthew | 10 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:31.70 | 756 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |

Girls 10 & under 50 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|-------------------------------|
| 1 | 33.84 | 815 | Hood, Jenna | 10 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 33.95 | 809 | Zettel, Brooke | 10 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 34.09 | 801 | Pham, Jacquelyn | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 34.17 | 797 | Preisach, Ella | 10 | NC Harnett County Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 34.77 | 764 | Curzan, Claire | 10 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 50 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

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LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|-------|-----|----------------|----|----|-------------------------------|-----------|-----------------------------------|
| 1 | 30.90 | 986 | Nelson, Baylor | 10 | NC | SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 32.97 | 858 | Weaver, Ryan | 10 | NC | Duke Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 33.00 | 856 | Hoover, Sam | 10 | NC | Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 33.55 | 824 | Pishko, Jacob | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 33.92 | 802 | Volpe, Michael | 10 | NC | Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------|------------------|-------------------------------|
| 1 | 1:17.30 | 805 | Zettel, Brooke | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 1:19.81 | 747 | Pham, Jacquelyn | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:20.79 | 725 | Hook, Charlotte | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:20.85 | 892 | Pierce, Camila | 9 | NC | Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:20.85 | 723 | Hollowell, Sarah | 10 | NC | Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 10 & under 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--------------------------------|------------------|-----------------------------------|
| 1 | 1:10.25 | 970 | Nelson, Baylor | 10 | NC | SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 1:15.27 | 838 | Pishko, Jacob | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:16.12 | 816 | Cotter, Michael | 10 | NC | Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 4 | 1:18.12 | 766 | Weaver, Ryan | 10 | NC | Duke Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:18.24 | 763 | Soule, Will | 10 | NC | YMCA of Western North Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 10 & under 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------|------------------|-------------------------------|
| 1 | 2:51.06 | 774 | Zhang, Jolene | 10 | NC | Triangle Aquatics Club Titans | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 2 | 2:51.19 | 772 | Zettel, Brooke | 10 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:53.43 | 745 | Hollowell, Sarah | 10 | NC | Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:54.12 | 737 | Pham, Jacquelyn | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:56.06 | 713 | Hook, Charlotte | 10 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

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|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1 | 2:38.90 | 917 | Nelson, Baylor | 10 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 2 | 2:41.88 | 876 | Hoover, Sam | 10 | NC Unattached | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:42.21 | 872 | Duracinsky, Jacob | 10 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:42.58 | 867 | Pishko, Jacob | 10 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:42.76 | 864 | Cotter, Michael | 10 | NC Unattached | 6/13/2014 | 2014 NC TAC Triangle Classic |

Girls 11-12 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------------|
| 1 | 28.23 | 829 | Hall, Darcy | 12 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 28.60 | 801 | Harris, Chloe | 12 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 3 | 28.93 | 852 | Pape, Caroline | 11 | NC YMCA of Northwest North Carolina Riptyde | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 29.08 | 766 | Flickinger, Maddy | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 29.18 | 834 | Pennington, Isabel | 11 | NC Gateway YWCA Seadragons | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Boys 11-12 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1 | 27.17 | 852 | Foulkes, T'lez | 12 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 27.75 | 812 | Henderson, Noah | 12 | NC Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 3 | 27.82 | 808 | Ivy, Michael | 12 | NC Raleigh Swimming Association | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 4 | 28.02 | 794 | O'Connor, Ry | 12 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 28.51 | 761 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

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Girls 11-12 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|--|------------------|--------------------------------|
| 1 | 1:00.62 | 861 | Hall, Darcy | 12 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:02.63 | 783 | Harris, Chloe | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:02.77 | 777 | Stout, Alina | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:02.98 | 873 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 1:03.27 | 758 | Morgan, Brooke | 12 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1 | 59.07 | 863 | Ivy, Michael | 12 | NC Raleigh Swimming Association | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 2 | 1:00.26 | 819 | Oliver, Tren | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 3 | 1:01.18 | 786 | O'Connor, Ry | 12 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:01.20 | 785 | Foulkes, T'lez | 12 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:01.64 | 769 | Henderson, Noah | 12 | NC Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |

Girls 11-12 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|----------------------------|------------------|--------------------------------|
| 1 | 2:10.83 | 870 | Hall, Darcy | 12 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 2:15.66 | 893 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:16.12 | 764 | Crouse, Caroline | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:16.44 | 877 | Pennington, Isabel | 11 | NC Gateway YWCA Seadragons | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:17.48 | 738 | Harris, Chloe | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 11-12 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 2:13.16 | 775 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:13.72 | 765 | Ivy, Michael | 12 | NC Raleigh Swimming Association | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 3 | 2:14.03 | 759 | Henderson, Noah | 12 | NC Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 4 | 2:15.07 | 740 | Diacumakos, Noah | 12 | NC Triangle Aquatics Club Titans | 5/2/2014 | 2014 NC TAC TITANS Cinco de M |
| 5 | 2:15.10 | 740 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 11-12 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1 | 4:44.70 | 889 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 4:46.26 | 760 | Sutter, Olivia | 12 | NC YMCA of Western North Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 4:47.39 | 863 | Woody, Sophia | 11 | NC Asheville Swim Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 4:48.66 | 737 | Turcanu, Nina | 12 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 4:49.02 | 848 | Pennington, Isabel | 11 | NC Gateway YWCA Seadragons | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 4:39.85 | 788 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 4:40.84 | 780 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 4:44.05 | 752 | Cairns, Zac | 12 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 4:49.09 | 710 | Hering, Tanner | 12 | NC Greensboro Swimming Assoc | 6/13/2014 | 2014 SE TNAQ June Invitational |
| 5 | 4:50.46 | 699 | Svendsen, Hugh | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|----------|-----|--------------------|----|----|--------------------------------|-----------|-----------------------------------|
| 1 | 9:48.14 | 961 | Woody, Sophia | 11 | NC | Asheville Swim Club | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 2 | 10:13.44 | 715 | Sutter, Olivia | 12 | NC | YMCA of Western North Carolina | 5/23/2014 | 2014 NC AP YWNC HULA Invitational |
| 3 | 10:21.57 | 819 | Pennington, Isabel | 11 | NC | Gateway YWCA Seadragons | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 4 | 10:24.86 | 669 | Black, Erynn | 12 | NC | SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 5 | 10:28.35 | 656 | Hall, Darcy | 12 | NC | New Wave Swim Team | 5/2/2014 | 2014 NC STAR Long Days of Summ |

Boys 11-12 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 10:02.34 | 734 | Guthrie, Wyatt | 12 | NC Greensboro Swimming Assoc | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 2 | 10:04.96 | 886 | Cairns, Zac | 11 | NC North Carolina Aquatic Club | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet |
| 3 | 10:05.73 | 720 | Wahlers, Ryan | 12 | NC Triangle Aquatics Club Titans | 5/18/2014 | 2014 NC TAC TITANS May Distanc |
| 4 | 10:06.54 | 717 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 5/18/2014 | 2014 NC TAC TITANS May Distanc |
| 5 | 10:12.62 | 693 | Oliver, Tren | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |

Girls 11-12 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|-------------------------------|
| 1 | 18:58.15 | 985 | Woody, Sophia | 11 | NC Asheville Swim Club | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 2 | 20:11.27 | 673 | Muma, Samantha | 12 | NC Unattached | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |
| 3 | 20:24.37 | 647 | Reeve, Lyndsey | 12 | NC East Carolina Aquatics | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |
| 4 | 20:25.66 | 801 | Nordstrom, Mia | 11 | NC YMCA of the Triangle Area Swim Team | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |
| 5 | 21:27.05 | 529 | Cornea, Andreea | 12 | NC YMCA of the Triangle Area Swim Team | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |

Boys 11-12 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|--|------------------|------------------------------|
| 1 | 19:29.12 | 957 | Baker, Jay | 11 | NC YMCA of the Triangle Area Swim Team | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|----------|-----|------------------|----|----|--------------------|-----------|--------------------------------|
| 2 | 19:44.43 | 929 | Hughes, Connor | 11 | NC | New Wave Swim Team | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |
| 3 | 20:06.69 | 654 | Pritchard, Gator | 12 | NC | Duke Aquatics | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 4 | 20:11.84 | 879 | Carter, Jared | 11 | NC | New Wave Swim Team | 6/27/2014 | 2014 NC YOTA Summer Splash 2 |
| 5 | 21:05.80 | 550 | Forst, Preston | 12 | NC | Star Aquatics | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Girls 11-12 50 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------|------------------|--------------------------------|
| 1 | 31.81 | 992 | Pennington, Isabel | 11 | NC Gateway YWCA Seadragons | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 32.43 | 847 | Stout, Alina | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 33.08 | 800 | Merritt, Kensley | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 33.34 | 782 | Flickinger, Maddy | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 33.57 | 766 | Tucker, Avery | 12 | NC N. Piedmont Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 50 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 31.85 | 824 | Henderson, Noah | 12 | NC Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 2 | 32.10 | 807 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 32.56 | 940 | Thakur, Jake | 11 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 32.60 | 938 | Connery, Timothy | 11 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 32.96 | 914 | Powe, Harrison | 11 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|----------------------------|------------------|--------------------------------|
| 1 | 1:09.14 | 961 | Pennington, Isabel | 11 | NC Gateway YWCA Seadragons | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:10.09 | 820 | Stout, Alina | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 1:10.77 | 798 | Turner, Haley | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-------------------|----|----|------------------|-----------|--------------------------------|
| 4 | 1:11.02 | 790 | Black, Erynn | 12 | NC | SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 5 | 1:11.29 | 782 | Flickinger, Maddy | 12 | NC | SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 1:07.20 | 869 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:08.73 | 984 | Thakur, Jake | 11 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:09.54 | 795 | Baldwin, Daniel | 12 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:10.28 | 772 | Wiltsey, Kevin | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:11.67 | 729 | Svendsen, Hugh | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-----------------------------|------------------|-----------------------------------|
| 1 | 2:31.97 | 811 | Stout, Alina | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:33.01 | 796 | Black, Erynn | 12 | NC SwimMAC Carolina | 5/30/2014 | 2014 SC 5th Annual YSSC LC Summer |
| 3 | 2:33.46 | 790 | Turner, Haley | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:35.43 | 763 | Hicks, Julie | 12 | NC N. Piedmont Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:38.13 | 727 | Merritt, Kensley | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 2:31.83 | 793 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 5/18/2014 | 2014 NC TAC TITANS May Distanc |
| 2 | 2:33.08 | 957 | Thakur, Jake | 11 | NC Triangle Aquatics Club Titans | 5/18/2014 | 2014 NC TAC TITANS May Distanc |
| 3 | 2:33.30 | 772 | Baldwin, Daniel | 12 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:34.48 | 755 | Hollowell, John | 12 | NC Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:35.03 | 747 | Svendsen, Hugh | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 11-12 50 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 34.66 | 903 | Arens, Abby | 12 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 36.08 | 822 | Crouse, Caroline | 12 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 36.17 | 816 | Lamoreux, Jordan | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 36.36 | 806 | Flickinger, Maddy | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 36.71 | 786 | Divoky, Brenna | 12 | NC Waves Of Wilmington, Inc. | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 50 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 33.36 | 931 | Duckworth, Ben | 12 | NC North Mecklenburg Aquatics, Inc | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 35.68 | 788 | Foulkes, T'lez | 12 | NC North Carolina Aquatic Club | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet |
| 3 | 36.70 | 728 | Monahan, Conall | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 36.94 | 714 | Enriquez, Edward | 12 | NC Sailfish Aquatics | 6/20/2014 | 2014 GA Edwin C. Cuttino Memorial |
| 5 | 37.76 | 858 | Nowacek, Jack | 11 | NC East Carolina Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 1:13.89 | 932 | Arens, Abby | 12 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:18.43 | 813 | Crouse, Caroline | 12 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 1:19.58 | 783 | Divoky, Brenna | 12 | NC Waves Of Wilmington, Inc. | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:20.57 | 758 | Lamoreux, Jordan | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:20.61 | 757 | Flickinger, Maddy | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 11-12 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 1:12.89 | 943 | Duckworth, Ben | 12 | NC North Mecklenburg Aquatics, Inc | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:17.86 | 808 | Enriquez, Edward | 12 | NC Sailfish Aquatics | 6/20/2014 | 2014 GA Edwin C. Cuttino Memorial |
| 3 | 1:19.29 | 770 | Oliver, Tren | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 4 | 1:20.08 | 750 | Foulkes, T'lez | 12 | NC North Carolina Aquatic Club | 6/26/2014 | 2014 FL BSS TYR Summer Classic |
| 5 | 1:21.88 | 704 | Marquardt, Jack | 12 | NC Aquatic Team Of Mecklenburg | 6/13/2014 | 2014 NC HPSC Furniture City In |

Girls 11-12 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 2:47.51 | 844 | McCauley, Ashley | 12 | NC Marlins of Raleigh | 11/23/2013 | 2013 NC MOR Long Course Sr. Ci |
| 2 | 2:50.02 | 816 | Arens, Abby | 12 | NC Marlins of Raleigh | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet |
| 3 | 2:53.33 | 778 | Campbell, Mckenzie | 12 | NC Greensboro Community YMCA | 6/13/2014 | 2014 NC HPSC Furniture City In |
| 4 | 2:53.69 | 774 | Lamoreux, Jordan | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:54.37 | 766 | Divoky, Brenna | 12 | NC Waves Of Wilmington, Inc. | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 2:44.18 | 888 | Duckworth, Ben | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:50.30 | 819 | Marquardt, Jack | 12 | NC Aquatic Team Of Mecklenburg | 6/13/2014 | 2014 NC HPSC Furniture City In |
| 3 | 2:54.56 | 771 | Ganesan, Aravind | 12 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:55.13 | 765 | Enriquez, Edward | 12 | NC Sailfish Aquatics | 6/20/2014 | 2014 GA Edwin C. Cuttino Memorial |
| 5 | 2:55.92 | 927 | Simmons, Victor | 11 | NC Aquatic Team Of Mecklenburg | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 50 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|-------|-----|---------------|----|----|--------------------------|-----------|--------------------------------|
| 1 | 29.56 | 876 | Stout, Alina | 12 | NC | SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 30.16 | 837 | Arens, Abby | 12 | NC | Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 30.28 | 829 | Hall, Darcy | 12 | NC | New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 30.46 | 818 | Harris, Chloe | 12 | NC | SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 5 | 30.55 | 812 | Tucker, Avery | 12 | NC | N. Piedmont Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 50 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 29.14 | 873 | Henderson, Noah | 12 | NC Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 2 | 29.59 | 840 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 30.43 | 921 | Nelson, Baylor | 11 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 30.74 | 760 | Wiltsey, Kevin | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 30.87 | 891 | Thakur, Jake | 11 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 11-12 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|------------------------------|------------------|-----------------------------------|
| 1 | 1:06.46 | 852 | Vannote, Ellie | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:08.32 | 799 | Arens, Abby | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:08.35 | 898 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:08.65 | 790 | Campbell, Mckenzie | 12 | NC Greensboro Community YMCA | 4/5/2014 | 2014 NC AP GCY-TYDE LC Time Trial |
| 5 | 1:08.87 | 784 | Stout, Alina | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|---------------------|------------------|--------------------------------|
| 1 | 1:04.49 | 882 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:05.72 | 844 | Wiltsey, Kevin | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-----------------|----|----|-------------------------------------|-----------|--------------------------------|
| 3 | 1:06.92 | 807 | Henderson, Noah | 12 | NC | Star Aquatics | 5/2/2014 | 2014 NC STAR Long Days of Summ |
| 4 | 1:08.21 | 767 | Moore, Mikey | 12 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:08.36 | 927 | Baker, Jay | 11 | NC | YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 11-12 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|-------------------------------|
| 1 | 2:28.50 | 995 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:30.20 | 838 | Vannote, Ellie | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:35.74 | 772 | Crouse, Caroline | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:36.39 | 764 | Turner, Haley | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:39.04 | 875 | Boulware, Sophie | 11 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 11-12 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|--|------------------|-----------------------------------|
| 1 | 2:25.31 | 886 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:28.39 | 1047 | Baker, Jay | 11 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:33.80 | 773 | Wiltsey, Kevin | 12 | NC SwimMAC Carolina | 6/13/2014 | 2014 MD NBAC Long Course Champion |
| 4 | 2:41.36 | 883 | Cairns, Zac | 11 | NC North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 5 | 2:43.40 | 651 | Wombacher, Rio | 12 | NC Raleigh Swimming Association | 6/13/2014 | 2014 NC YOTA Summer Splash 1 |

Girls 11-12 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|--------------------------------|
| 1 | 2:29.70 | 844 | Hall, Darcy | 12 | NC New Wave Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 2:31.39 | 818 | Arens, Abby | 12 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 2:33.27 | 790 | Crouse, Caroline | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:34.16 | 777 | Vannote, Ellie | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

5 2:34.21 776 McCauley, Ashley 12 NC Marlins of Raleigh 11/23/2013 2013 NC MOR Long Course Sr. Ci

Boys 11-12 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 2:27.77 | 839 | Moore, Mikey | 12 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 2:29.49 | 811 | Whipple, Zack | 12 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 2:30.24 | 799 | Duckworth, Ben | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:30.57 | 794 | Wiltsey, Kevin | 12 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:31.42 | 780 | Oliver, Tren | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |

Girls 11-12 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|---------------|------------|---|------------------|--------------------------------|
| 1 | 5:22.55 | 820 | Arens, Abby | 12 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 5:30.54 | 767 | Turcanu, Nina | 12 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 5:32.51 | 905 | Ray, Amanda | 11 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 5:32.57 | 753 | Hall, Darcy | 12 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 5:35.93 | 732 | Black, Erynn | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |

Boys 11-12 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1 | 5:20.34 | 1014 | Baker, Jay | 11 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 5:24.22 | 800 | Oliver, Tren | 12 | NC SwimMAC Carolina | 5/9/2014 | 2014 NC NSS Long Course Invita |
| 3 | 5:25.70 | 790 | Duckworth, Ben | 12 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 5:27.44 | 778 | Baldwin, Daniel | 12 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 5:27.79 | 775 | Diacumakos, Noah | 12 | NC Triangle Aquatics Club Titans | 5/2/2014 | 2014 NC TAC TITANS Cinco de M |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 13-14 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------------|------------|-----------------------|------------------|--------------------------------|
| 1 | 27.04 | 845 | Countie, Grace | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 27.28 | 824 | Hauder, Caroline | 14 | NC SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 27.39 | 855 | Clayton-Luce, Sophie | 13 | NC New Wave Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 27.55 | 801 | Lowe, Heidi | 14 | NC SwimMAC Carolina | 8/2/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 27.62 | 795 | Schoonhagen, Emily | 14 | NC Star Aquatics | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Boys 13-14 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 24.63 | 881 | Bathory, Levente | 14 | NC Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 24.70 | 875 | Burhans, Tucker | 14 | NC Enfinity Aquatic Club | 8/2/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 25.05 | 847 | Dale, Samuel | 14 | NC Star Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 25.60 | 802 | Payne, Davis | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 25.82 | 784 | Rauch, Jacob | 14 | NC Aquatic Team Of Mecklenburg | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 13-14 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------------|------------|---|------------------|-----------------------------------|
| 1 | 59.01 | 869 | Clayton-Luce, Sophie | 13 | NC New Wave Swim Team | 7/29/2014 | 2014 FL Southern Zone Senior LC C |
| 2 | 59.46 | 814 | Lindner, Sophie | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 59.50 | 847 | Perez, Sophie | 13 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 59.67 | 805 | Menkhaus, Julia | 14 | NC SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 59.80 | 799 | Durak, Anna | 14 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/31/2014 | 2014 ST AAAA Southern Zones Ch |

Boys 13-14 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|-------|-----|------------------|----|----|-------------------------------|-----------|--------------------------------|
| 1 | 54.07 | 890 | Bathory, Levente | 14 | NC | Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 54.75 | 860 | Burhans, Tucker | 14 | NC | Enfinity Aquatic Club | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 55.52 | 826 | Healy, John | 14 | NC | Triangle Aquatics Club Titans | 7/31/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 55.89 | 810 | Pigg, Hunter | 14 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 55.96 | 807 | Payne, Davis | 14 | NC | Triangle Aquatics Club Titans | 7/18/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|-----------------------------------|
| 1 | 2:03.18 | 931 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 8/27/2014 | 2014 Jr Pan Pacific Championships |
| 2 | 2:04.49 | 900 | Medlin, Sam | 14 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 2:06.29 | 883 | Perez, Sophie | 13 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:06.32 | 856 | Menkhaus, Julia | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:06.92 | 842 | Pozder, Ana | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 1:56.21 | 927 | Bathory, Levente | 14 | NC Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 1:59.69 | 847 | Payne, Davis | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:00.48 | 830 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 2:01.27 | 923 | Fenwick, Ben | 13 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:01.68 | 914 | Watko, Cothalee | 13 | NC Raleigh Swimming Association | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 13-14 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-------------------------------|
| 1 | 4:12.30 | 1001 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 4:24.98 | 850 | Pozder, Ana | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|--------------------|----|----|--|-----------|--------------------------------|
| 3 | 4:25.84 | 840 | Medlin, Sam | 14 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 4:25.98 | 862 | Perez, Sophie | 13 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 4:27.33 | 823 | Peterson, Emmaline | 14 | NC | Hickory Foundation YMCA Seahorse Swim Team | 5/15/2014 | 2014 Charlotte Grand Prix |

Boys 13-14 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------|-------------|--------------------------------|
| 1 | 4:12.26 | 872 | Bathory, Levente | 14 | NC | Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 4:14.49 | 849 | Payne, Davis | 14 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 4:16.41 | 924 | Fenwick, Ben | 13 | NC | SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 4:20.39 | 882 | Watko, Cothalee | 13 | NC | Raleigh Swimming Association | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 4:21.60 | 775 | Ren, Jordan | 14 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--|-------------|-------------------------------|
| 1 | 8:36.82 | 1014 | Homovich, Madison | 14 | NC | North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 9:06.52 | 855 | Soleo, Lauren | 14 | NC | YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 9:06.77 | 880 | Perez, Sophie | 13 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 9:07.74 | 849 | Peterson, Emmaline | 14 | NC | Hickory Foundation YMCA Seahorse Swim Team | 5/15/2014 | 2014 Charlotte Grand Prix |
| 5 | 9:11.41 | 830 | Pozder, Ana | 14 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--|-------------|-------------------------------|
| 1 | 8:49.87 | 832 | Payne, Davis | 14 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 8:57.22 | 795 | Ren, Jordan | 14 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 9:02.01 | 771 | Kawaguchi, Rhys | 14 | NC | Marlins of Raleigh | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet |
| 4 | 9:04.27 | 855 | Dant, Ross | 13 | NC | Hickory Foundation YMCA Seahorse Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

5 9:05.24 850 Knorr, Ethan 13 NC Rowan Aquatic Club - YMCA 7/17/2014 2014 NC 14 & Under Long Cours

Girls 13-14 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1 | 16:32.95 | 1003 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 17:12.54 | 894 | Peterson, Emmaline | 14 | NC Hickory Foundation YMCA Seahorse Swim Team | 5/15/2014 | 2014 Charlotte Grand Prix |
| 3 | 17:20.22 | 874 | Pozder, Ana | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 17:26.06 | 859 | Soleo, Lauren | 14 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 17:40.81 | 857 | Kriegler, Abby | 13 | NC Asheville Swim Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|--------------------------------|
| 1 | 16:50.01 | 839 | Payne, Davis | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 17:08.82 | 795 | Hudgens, Alan | 14 | NC New South Swimming | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 17:11.40 | 868 | Watko, Cothalee | 13 | NC Raleigh Swimming Association | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 17:13.85 | 862 | Dant, Ross | 13 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 17:15.23 | 780 | Ren, Jordan | 14 | NC North Carolina Aquatic Club | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 13-14 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 1:04.09 | 934 | Menkhaus, Julia | 14 | NC SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 2 | 1:05.82 | 867 | Morrison, Kat | 14 | NC Star Aquatics | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 1:06.12 | 856 | Hauder, Caroline | 14 | NC SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 1:06.42 | 844 | Henry, Ellie | 14 | NC Sandhills Sand Sharks | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:06.48 | 842 | Baker, Lexie | 14 | NC North Mecklenburg Aquatics, Inc | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 13-14 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1 | 58.73 | 992 | Bathory, Levente | 14 | NC Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 59.94 | 944 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 1:02.87 | 831 | Dyck, Brandon | 14 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:03.80 | 796 | Rauch, Jacob | 14 | NC Aquatic Team Of Mecklenburg | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:03.95 | 790 | Perelli, Teddy | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|-----------------------------------|
| 1 | 2:20.45 | 867 | Carter, Olivia | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 2:22.45 | 869 | Perez, Sophie | 13 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:23.62 | 816 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 2:24.55 | 801 | Pruden, Mary | 14 | NC New Wave Swim Team | 7/29/2014 | 2014 FL Southern Zone Senior LC C |
| 5 | 2:25.27 | 789 | Henry, Ellie | 14 | NC Sandhills Sand Sharks | 7/29/2014 | 2014 FL Southern Zone Senior LC C |

Boys 13-14 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1 | 2:07.37 | 971 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 2:09.96 | 922 | Bathory, Levente | 14 | NC Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:14.63 | 835 | Dyck, Brandon | 14 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 2:16.82 | 796 | Perelli, Teddy | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:18.20 | 771 | Ren, Jordan | 14 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 13-14 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|-------------------------------|
| 1 | 1:12.42 | 925 | McCauley, Ashley | 13 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 1:12.78 | 910 | Hauder, Caroline | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:14.36 | 863 | Donahue, Jane | 14 | NC North Mecklenburg Aquatics, Inc | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 1:15.38 | 833 | Forsyth, Caroline | 14 | NC Watauga County Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:16.04 | 817 | Higgs, Lilly | 13 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1 | 1:09.27 | 874 | Rauch, Jacob | 14 | NC Aquatic Team Of Mecklenburg | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 1:09.96 | 851 | Sept, Connor | 14 | NC Duke Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 1:11.57 | 800 | Ren, Jordan | 14 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:12.34 | 775 | McIntyre, Richard | 14 | NC YMCA of the Triangle Area Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:13.17 | 750 | Johnson, Luke | 14 | NC SwimMAC Carolina | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Girls 13-14 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 2:35.35 | 915 | McCauley, Ashley | 13 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:40.15 | 842 | Forsyth, Caroline | 14 | NC Watauga County Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 2:42.60 | 810 | Donahue, Jane | 14 | NC North Mecklenburg Aquatics, Inc | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 2:43.32 | 800 | Hauder, Caroline | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:46.26 | 762 | Higgs, Albury | 14 | NC SwimMAC Carolina | 12/15/2013 | 2013 NC GSA Winter Juniors LC |

Boys 13-14 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------|------------|--------------------------------|------------------|-------------------------------|
| 1 | 2:33.01 | 833 | Ren, Jordan | 14 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:33.43 | 827 | Rauch, Jacob | 14 | NC Aquatic Team Of Mecklenburg | 7/29/2014 | 2014 ST AAAA Southern Zones |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|---------------|-----|--------------------------------|-----------|-------------------------------------|
| 3 | 2:38.51 | 758 | Brauer, Beau | 14 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours Ch |
| 3 | 2:38.51 | 758 | Johnson, Luke | 14 | NC SwimMAC Carolina | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 5 | 2:38.94 | 752 | Sept, Connor | 14 | NC Duke Aquatics | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 100 Butterfly Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|-------------------|-----|----------------------------------|-----------|-----------------------------------|
| 1 | 1:02.87 | 909 | Homovich, Madison | 13 | NC North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 2 | 1:03.16 | 864 | Carter, Olivia | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 1:03.87 | 839 | Menkhaus, Julia | 14 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 1:04.55 | 815 | Watts, Charlotte | 14 | NC Raleigh Swimming Association | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 1:05.20 | 793 | Morrison, Kat | 14 | NC Star Aquatics | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Boys 13-14 100 Butterfly Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|------------------|-----|----------------------------------|------------|-----------------------------------|
| 1 | 57.61 | 933 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 2 | 58.26 | 906 | Pigg, Hunter | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 59.33 | 863 | Eruchalu, Ikenna | 14 | NC SwimMAC Carolina | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 4 | 1:00.09 | 832 | Silver, Chris | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 1:01.08 | 793 | Brown, Zach | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 200 Butterfly Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|-------------------|-----|--|-----------|-----------------------------------|
| 1 | 2:13.96 | 944 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:19.37 | 905 | Perez, Sophie | 13 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:19.51 | 903 | Carter, Olivia | 13 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:22.32 | 818 | Durak, Anna | 14 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 2:23.10 | 807 | Watts, Charlotte | 14 | NC Raleigh Swimming Association | 7/24/2014 | 2014 NC Senior LC Champs (HP |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 13-14 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|----------------------------------|------------------|-------------------------------|
| 1 | 2:10.53 | 887 | Pigg, Hunter | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:12.36 | 854 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 2:14.49 | 937 | Kring, Jaden | 13 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 2:15.09 | 927 | Watko, Cothalee | 13 | NC Raleigh Swimming Association | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:15.68 | 797 | Brown, Zach | 14 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 13-14 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|---------------------------------|
| 1 | 2:20.09 | 890 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:22.32 | 850 | Hauder, Caroline | 14 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 3 | 2:24.42 | 865 | McCauley, Ashley | 13 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 4 | 2:25.47 | 795 | Menkhaus, Julia | 14 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 5 | 2:26.39 | 779 | Pozder, Ana | 14 | NC Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|----------------------------------|------------------|--------------------------------|
| 1 | 2:14.42 | 874 | Bathory, Levente | 14 | NC Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 2:14.88 | 865 | Healy, John | 14 | NC Triangle Aquatics Club Titans | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 2:15.13 | 860 | Fenwick, Ben | 14 | NC SwimMAC Carolina | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 2:17.15 | 821 | Ren, Jordan | 14 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 5 | 2:17.86 | 807 | Rauch, Jacob | 14 | NC Aquatic Team Of Mecklenburg | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

Girls 13-14 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|---------------------------------|
| 1 | 4:49.83 | 935 | Homovich, Madison | 14 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 4:59.18 | 898 | McCauley, Ashley | 13 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Juniors Time Trials |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-----------------|----|----|--|-----------|--------------------------------|
| 3 | 5:02.75 | 830 | Pozder, Ana | 14 | NC | Triangle Aquatics Club Titans | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 4 | 5:05.54 | 808 | Cherkez, Sophia | 14 | NC | Hickory Foundation YMCA Seahorse Swim Team | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 5:06.04 | 804 | Knaven, Uma | 14 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Boys 13-14 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|--|-------------|-----------------------------------|
| 1 | 4:42.01 | 901 | Bathory, Levente | 14 | NC | Enfinity Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 2 | 4:48.79 | 842 | Ren, Jordan | 14 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC 14 & Under Long Cours |
| 3 | 4:56.03 | 871 | Knorr, Ethan | 13 | NC | Rowan Aquatic Club - YMCA | 4/5/2014 | 2014 NC AP GCY-TYDE LC Time Trial |
| 4 | 4:58.15 | 853 | Zheng, Andrew | 13 | NC | North Carolina Aquatic Club | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 5 | 4:58.53 | 850 | Dant, Ross | 13 | NC | Hickory Foundation YMCA Seahorse Swim Team | 7/17/2014 | 2014 NC 14 & Under Long Cours |

Girls 15-16 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|-------------------|------------|-------------------|--|-------------|--------------------------------|
| 1 | 26.33 | 869 | Marsh, Alyssa | 16 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 2 | 26.35 | 868 | McCullagh, Nora | 16 | NC | SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 3 | 26.48 | 856 | Brown, Rachel | 16 | NC | YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 26.56 | 849 | Merritt, Jessica | 16 | NC | SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 26.70 | 837 | Lappin, Christina | 16 | NC | North Mecklenburg Aquatics, Inc | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

Boys 15-16 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|-----------------------------|-------------|---------------------------------|
| 1 | 24.12 | 847 | Ress, Justin | 16 | NC | Marlins of Raleigh | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 2 | 24.38 | 825 | Weaver, Graham | 16 | NC | SwimMAC Carolina | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 3 | 24.41 | 822 | Powers, Ty | 16 | NC | Unattached | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 24.71 | 830 | Bathory, Levente | 15 | NC | Enfinity Aquatic Club | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 5 | 24.75 | 794 | Macmillan, Will | 16 | NC | North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 15-16 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|---------------------------------|
| 1 | 56.80 | 875 | Baker, Kathleen | 16 | NC SwimMAC Carolina | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 2 | 57.37 | 849 | McCullagh, Nora | 16 | NC SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 3 | 57.53 | 842 | Merritt, Jessica | 16 | NC SwimMAC Carolina | 7/18/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 57.56 | 840 | Lappin, Christina | 16 | NC North Mecklenburg Aquatics, Inc | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 5 | 57.61 | 838 | Marsh, Alyssa | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 15-16 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 51.92 | 884 | Ress, Justin | 16 | NC Marlins of Raleigh | 7/31/2014 | 2014 Summer Junior Nationals |
| 2 | 53.11 | 829 | Glavich, Jonathan | 16 | NC North Carolina Aquatic Club | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 3 | 53.83 | 797 | Powe, Padgett | 16 | NC North Mecklenburg Aquatics, Inc | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 53.93 | 792 | Cahan, Noah | 16 | NC SwimMAC Carolina | 7/29/2014 | 2014 FL Southern Zone Senior LC C |
| 5 | 54.16 | 782 | Weaver, Graham | 16 | NC SwimMAC Carolina | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 5 | 54.16 | 782 | Macmillan, Will | 16 | NC North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Girls 15-16 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1 | 2:00.61 | 925 | Baker, Kathleen | 16 | NC SwimMAC Carolina | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 2 | 2:03.02 | 866 | Merritt, Jessica | 16 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 2:03.96 | 844 | Lappin, Christina | 16 | NC North Mecklenburg Aquatics, Inc | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 2:04.87 | 822 | Brown, Rachel | 16 | NC YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 2:05.13 | 816 | Nusbaum, Jenny | 16 | NC YMCA of the Triangle Area Swim Team | 7/31/2014 | 2014 YMCA National Long Course |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 15-16 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|---------------------------------|
| 1 | 1:53.79 | 875 | Ress, Justin | 16 | NC Marlins of Raleigh | 8/1/2014 | 2014 Summer Junior Nationals |
| 2 | 1:54.71 | 853 | Glavich, Jonathan | 16 | NC North Carolina Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 1:55.52 | 834 | Macmillan, Will | 16 | NC North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 4 | 1:56.06 | 875 | Bathory, Levente | 15 | NC Enfinity Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 1:56.23 | 818 | Murray, Nathan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |

Girls 15-16 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1 | 4:25.92 | 775 | Tacik, Morgan | 16 | NC YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 2 | 4:26.65 | 800 | Peterson, Emmaline | 15 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 4:27.46 | 791 | Turcanu, Maria | 15 | NC Hickory Foundation YMCA Seahorse Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 4:27.70 | 788 | Butkowski, Ashlyn | 15 | NC Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 4:27.72 | 755 | Giamber, Sarah | 16 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Boys 15-16 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|---------------------------------|
| 1 | 4:02.33 | 858 | Murray, Nathan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 2 | 4:03.33 | 847 | Ress, Justin | 16 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 4:07.90 | 798 | Cobb, Collier | 16 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 4:08.26 | 794 | Glavich, Jonathan | 16 | NC North Carolina Aquatic Club | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 5 | 4:08.53 | 791 | Medins, Brandon | 16 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |

Girls 15-16 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|--------------------|----|----|--|-----------|--------------------------------|
| 1 | 9:04.26 | 809 | Peterson, Emmaline | 15 | NC | Hickory Foundation YMCA Seahorse Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 2 | 9:10.82 | 776 | Butkowski, Ashlyn | 15 | NC | Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 9:16.70 | 730 | Giamber, Sarah | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 9:17.53 | 742 | Long, Camille | 15 | NC | YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 9:19.02 | 735 | Kerns, Abby | 15 | NC | New South Swimming | 7/24/2014 | 2014 NC Senior LC Champs (HP |

Boys 15-16 800 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|-----------------|------------|-------------------|-------------------------------------|-------------|----------------------------------|
| 1 | 8:29.17 | 810 | Ress, Justin | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 2 | 8:35.86 | 775 | Cobb, Collier | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 8:39.38 | 757 | Hinman, Mazi | 16 | NC | Star Aquatics | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 8:42.85 | 739 | Medins, Brandon | 16 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 8:47.01 | 718 | Kawaguchi, Tosh | 16 | NC | Marlins of Raleigh | 6/19/2014 | 2014 GU TWST Senior Invitational |

Girls 15-16 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|--------------------|------------|-------------------|--|-------------|----------------------------------|
| 1 | 17:14.51 | 853 | Peterson, Emmaline | 15 | NC | Hickory Foundation YMCA Seahorse Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 2 | 17:18.56 | 828 | Giamber, Sarah | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 17:39.88 | 787 | Butkowski, Ashlyn | 15 | NC | Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 17:48.20 | 766 | Long, Camille | 15 | NC | YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 18:00.66 | 720 | Johnson, Meagan | 16 | NC | Marlins of Raleigh | 6/19/2014 | 2014 GU TWST Senior Invitational |

Boys 15-16 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|--------------|------------|-------------------|--------------------|-------------|--------------------------------|
| 1 | 16:14.77 | 826 | Ress, Justin | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|----------|-----|-----------------|----|----|-------------------------------------|-----------|--------------------------------|
| 2 | 16:15.98 | 823 | Hinman, Mazi | 16 | NC | Star Aquatics | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 16:24.03 | 803 | Cairns, Noah | 16 | NC | North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 4 | 16:32.89 | 782 | Cobb, Collier | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 16:33.65 | 780 | Medins, Brandon | 16 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |

Girls 15-16 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1 | 1:03.55 | 891 | Nelson, Stephanie | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 1:04.00 | 873 | Marsh, Alyssa | 16 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 3 | 1:04.55 | 852 | McCullagh, Nora | 16 | NC SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 1:04.62 | 867 | Souther, Lexi | 15 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 1:05.49 | 815 | Morrell, Mia | 16 | NC North Carolina Aquatic Club | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Boys 15-16 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--------------------------|------------------|---------------------------------|
| 1 | 58.35 | 889 | Countie, William | 16 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 58.50 | 883 | Murray, Nathan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 58.54 | 881 | Ress, Justin | 16 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 59.27 | 852 | Silver, Tyler | 16 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 5 | 59.66 | 892 | Bathory, Levente | 15 | NC Enfinity Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |

Girls 15-16 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 2:18.49 | 848 | Nelson, Stephanie | 16 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 2 | 2:19.78 | 827 | Marsh, Alyssa | 16 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 3 | 2:20.34 | 837 | Holland, Madison | 15 | NC North Mecklenburg Aquatics, Inc | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-----------------|----|----|-------------------------------|-----------|-------------------------------|
| 4 | 2:20.51 | 834 | McCullagh, Erin | 15 | NC | SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 5 | 2:21.27 | 822 | Moore, Kate | 15 | NC | Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

Boys 15-16 200 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|----------------------------------|
| 1 | 2:02.16 | 973 | Ress, Justin | 16 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 2 | 2:02.71 | 962 | Murray, Nathan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 2:09.01 | 839 | Glavich, Jonathan | 16 | NC North Carolina Aquatic Club | 8/1/2014 | 2014 NC NCAC Tar Heel States I |
| 4 | 2:09.56 | 829 | Kawaguchi, Tosh | 16 | NC Marlins of Raleigh | 6/19/2014 | 2014 GU TWST Senior Invitational |
| 5 | 2:10.09 | 819 | Silver, Tyler | 16 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Girls 15-16 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|---------------------|------------|------------------------------------|------------------|---------------------------------|
| 1 | 1:12.54 | 857 | Donahue, Jane | 15 | NC North Mecklenburg Aquatics, Inc | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 2 | 1:12.61 | 855 | Poole, Julia | 15 | NC Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 3 | 1:13.06 | 827 | Dupay, Meghan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 1:13.62 | 810 | McClanahan, Rozhina | 16 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 1:14.91 | 785 | Higgs, Albury | 15 | NC Unattached | 4/22/2014 | CARIFTA Swimming Championships |

Boys 15-16 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1 | 1:08.82 | 840 | Conklin, Justin | 15 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 2 | 1:08.95 | 836 | Blandford, Connor | 15 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 1:09.77 | 763 | Cairns, Noah | 16 | NC North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 3 | 1:09.77 | 763 | Bene, Jacques | 16 | NC Greensboro Swimming Assoc | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 5 | 1:09.96 | 757 | Hargrove, Joseph | 16 | NC Aquatic Team Of Mecklenburg | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 15-16 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|---------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 2:35.34 | 873 | Poole, Julia | 15 | NC Triangle Aquatics Club Titans | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:39.28 | 817 | Dupay, Meghan | 16 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 2:41.01 | 797 | Donahue, Jane | 15 | NC North Mecklenburg Aquatics, Inc | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 2:41.04 | 797 | Higgs, Albury | 15 | NC Unattached | 4/22/2014 | CARIFTA Swimming Championships |
| 5 | 2:41.65 | 785 | McClanahan, Rozhina | 16 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Boys 15-16 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|----------------------------------|
| 1 | 2:25.45 | 864 | Cairns, Noah | 16 | NC North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 2 | 2:27.42 | 843 | Conklin, Justin | 15 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 2:29.48 | 814 | Blandford, Connor | 15 | NC Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 4 | 2:31.19 | 790 | Johnson, Luke | 15 | NC SwimMAC Carolina | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 2:31.62 | 776 | Ress, Justin | 16 | NC Marlins of Raleigh | 6/19/2014 | 2014 GU TWST Senior Invitational |

Girls 15-16 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|------------------------------------|------------------|--------------------------------|
| 1 | 1:00.22 | 924 | Baker, Kathleen | 16 | NC SwimMAC Carolina | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 2 | 1:01.18 | 889 | Marsh, Alyssa | 16 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 3 | 1:01.74 | 869 | Kammeyer, Carolyn | 16 | NC Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 1:02.50 | 860 | Deselm, Claire | 15 | NC North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 5 | 1:02.81 | 830 | Lappin, Christina | 16 | NC North Mecklenburg Aquatics, Inc | 7/24/2014 | 2014 NC Senior LC Champs (HP |

Boys 15-16 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|-------|-----|-----------------|----|----|-----------------------------|------------|-----------------------------------|
| 1 | 56.55 | 863 | Macmillan, Will | 16 | NC | North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 57.62 | 853 | Downs, Bradley | 15 | NC | East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 57.77 | 812 | Bilden, Tom | 16 | NC | Duke Aquatics | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 4 | 57.83 | 844 | Bird, Alex | 15 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 57.91 | 806 | Hering, Clay | 16 | NC | Greensboro Swimming Assoc | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Girls 15-16 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|-------------------------|-------------------|------------|-------------------|---|-------------|-----------------------------------|
| 1 | 2:15.65 | 885 | Deselm, Claire | 16 | NC | North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:16.26 | 876 | Kammeyer, Carolyn | 16 | NC | Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 2:19.23 | 833 | Soule, Mary O | 15 | NC | YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 2:19.91 | 820 | Lappin, Christina | 16 | NC | North Mecklenburg Aquatics, Inc | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 2:20.83 | 806 | Tacik, Morgan | 16 | NC | YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |

Boys 15-16 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|-------------------------|-----------------|------------|-------------------|-----------------------------|-------------|--------------------------------------|
| 1 | 2:02.64 | 912 | Macmillan, Will | 16 | NC | North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 2 | 2:07.21 | 827 | Hering, Clay | 16 | NC | Greensboro Swimming Assoc | 8/5/2014 | 2014 IN NCSA Summer Swimming Cham |
| 3 | 2:08.99 | 794 | Hinman, Mazi | 16 | NC | Star Aquatics | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 2:09.84 | 823 | Downs, Bradley | 15 | NC | East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 2:10.70 | 764 | Cobb, Collier | 16 | NC | Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Girls 15-16 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|-------------------------|------------------|------------|-------------------|-------------------------------|-------------|-----------------------------------|
| 1 | 2:20.76 | 854 | Poole, Julia | 15 | NC | Triangle Aquatics Club Titans | 6/13/2014 | 2014 NC TAC Triangle Classic |
| 2 | 2:21.31 | 838 | Merritt, Jessica | 16 | NC | SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|-----------------|----|----|-----------------------------|-----------|---------------------------------|
| 3 | 2:22.13 | 824 | Dupay, Meghan | 16 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 4 | 2:23.31 | 803 | McCullagh, Nora | 16 | NC | SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 5 | 2:23.58 | 798 | Deselm, Claire | 16 | NC | North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |

Boys 15-16 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1 | 2:03.97 | 985 | Ress, Justin | 16 | NC | Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:10.28 | 860 | Blandford, Connor | 15 | NC | Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 3 | 2:11.00 | 838 | Glavich, Jonathan | 16 | NC | North Carolina Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 2:11.52 | 828 | Cairns, Noah | 16 | NC | North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 5 | 2:12.48 | 808 | Medins, Brandon | 16 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |

Girls 15-16 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--|------------------|--------------------------------|
| 1 | 4:58.02 | 826 | McCullagh, Nora | 16 | NC | SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 2 | 4:58.94 | 818 | Tacik, Morgan | 16 | NC | YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 4:59.02 | 824 | Poole, Julia | 15 | NC | Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 5:00.19 | 814 | Deselm, Claire | 15 | NC | North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 5 | 5:01.70 | 802 | Soule, Mary O | 15 | NC | YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |

Boys 15-16 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------------|------------|-------------------|-----------------------------|------------------|-----------------------------------|
| 1 | 4:26.47 | 933 | Ress, Justin | 16 | NC | Marlins of Raleigh | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 2 | 4:36.20 | 844 | Cairns, Noah | 16 | NC | North Carolina Aquatic Club | 1/17/2014 | 2014 ST TXLA Austin Grand Prix |
| 3 | 4:38.16 | 827 | Murray, Nathan | 16 | NC | SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals Time Trials |
| 4 | 4:39.04 | 835 | Blandford, Connor | 15 | NC | Marlins of Raleigh | 7/29/2014 | 2014 ST AAAA Southern Zones Ch |
| 5 | 4:39.29 | 817 | Glavich, Jonathan | 16 | NC | North Carolina Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 17-18 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|------------------------------|
| 1 | 25.82 | 906 | Labonge, Natalie | 18 | NC Greensboro Swimming Assoc | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 25.86 | 903 | McCullagh, Nora | 17 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 3 | 26.06 | 885 | Allen, Emily | 17 | NC North Mecklenburg Aquatics, Inc | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 26.72 | 826 | Roses, Maija | 18 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 26.81 | 819 | Postoll, Becca | 17 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 17-18 50 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1 | 22.20 | 981 | Powers, Paul | 18 | NC SwimMAC Carolina | 8/27/2014 | 2014 Jr Pan Pacific Championships |
| 2 | 23.26 | 888 | Johnson, Scott | 18 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 23.32 | 885 | Ellington, Colin | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 23.73 | 849 | Powers, Ty | 17 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 23.98 | 826 | Perdue, Philip | 18 | NC East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

Girls 17-18 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|------------------------------------|------------------|-----------------------------------|
| 1 | 56.27 | 897 | Labonge, Natalie | 18 | NC Greensboro Swimming Assoc | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 56.37 | 892 | Allen, Emily | 17 | NC North Mecklenburg Aquatics, Inc | 8/27/2014 | 2014 Jr Pan Pacific Championships |
| 3 | 56.96 | 865 | McCullagh, Nora | 17 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 4 | 57.17 | 855 | Postoll, Becca | 17 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals Time Trials |
| 5 | 57.68 | 832 | Baker, Kathleen | 17 | NC SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |

Boys 17-18 100 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------|------------|---------------------|------------------|-----------------------|
| 1 | 49.74 | 943 | Powers, Paul | 18 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|-------|-----|------------------|----|----|-------------------------------------|-----------|--------------------------------|
| 2 | 51.41 | 874 | Ellington, Colin | 17 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 51.49 | 859 | Johnson, Scott | 18 | NC | Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 51.57 | 856 | Perdue, Philip | 18 | NC | East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 52.43 | 826 | Long, Connor | 17 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Girls 17-18 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|---------------------------------|-------------|--------------------------------|
| 1 | 1:59.35 | 957 | Allen, Emily | 17 | NC | North Mecklenburg Aquatics, Inc | 8/6/2014 | 2014 Summer Nationals |
| 2 | 2:00.17 | 936 | Baker, Kathleen | 17 | NC | SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 3 | 2:02.58 | 877 | Moore, Hannah | 17 | NC | Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 2:03.14 | 863 | Postoll, Becca | 17 | NC | SwimMAC Carolina | 8/2/2014 | 2014 Summer Junior Nationals |
| 5 | 2:03.26 | 846 | Labonge, Natalie | 18 | NC | Greensboro Swimming Assoc | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 17-18 200 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|-------------|--------------------------------|
| 1 | 1:53.41 | 850 | Osada, Koya | 18 | NC | Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 1:53.66 | 847 | Ellington, Colin | 17 | NC | YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 1:54.00 | 836 | Perdue, Philip | 18 | NC | East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 1:54.20 | 834 | Poff, Trey | 17 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 5 | 1:54.94 | 817 | Weaver, Graham | 17 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |

Girls 17-18 400 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> | |
|-------------|-------------|---------------------|-----------------|------------|-------------------|--|-------------|--------------------------------|
| 1 | 4:11.05 | 950 | Moore, Hannah | 17 | NC | YMCA of the Triangle Area Swim Team | 8/17/2014 | 2014 Youth Olympic Games |
| 2 | 4:14.91 | 902 | Baker, Kathleen | 17 | NC | SwimMAC Carolina | 6/19/2014 | 2014 Santa Clara GP |
| 3 | 4:23.27 | 804 | Joram, Meghan | 17 | NC | YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 4 | 4:26.35 | 769 | Liu, Danielle | 17 | NC | Duke Aquatics | 7/17/2014 | 2014 NC GSA Speedo Champs |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|----------------|----|----|------------------|-----------|------------------------------------|
| 5 | 4:26.75 | 765 | Postoll, Becca | 17 | NC | SwimMAC Carolina | 7/10/2014 | Seri 2014 GA Bulldog Grand Slam |
|---|---------|-----|----------------|----|----|------------------|-----------|------------------------------------|

Boys 17-18 400 Freestyle Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|------------------|-----|--------------------------------|-----------|---------------------------------|
| 1 | 3:57.42 | 882 | Linker, Adam | 18 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 4:02.41 | 835 | Cairns, Noah | 17 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 3 | 4:04.49 | 812 | Poff, Trey | 17 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 4 | 4:04.52 | 803 | Bradshaw, Pierce | 18 | NC New South Swimming | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 5 | 4:06.94 | 786 | Heldman, Evan | 17 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |

Girls 17-18 800 Freestyle Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|------------------|-----|------------------------------------|-----------|--|
| 1 | 8:42.16 | 902 | Moore, Hannah | 17 | NC Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 2 | 9:10.79 | 753 | Liu, Danielle | 17 | NC Duke Aquatics | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 9:26.45 | 676 | Darmody, Kristie | 17 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 9:33.02 | 645 | Allen, Emily | 17 | NC North Mecklenburg Aquatics, Inc | 6/13/2014 | 2014 SE Bank of Tennessee Model City I |
| 5 | 9:34.90 | 636 | Andreini, Cami | 17 | NC Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

Boys 17-18 800 Freestyle Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|------------------|-----|---------------------------------|-----------|--------------------------------|
| 1 | 8:09.72 | 907 | Linker, Adam | 18 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 8:26.13 | 818 | Bradshaw, Pierce | 18 | NC New South Swimming | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 8:31.85 | 788 | Burt, Bailey | 18 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 8:32.57 | 784 | Hamilton, Alex | 18 | NC Wolfpack Elite | 5/15/2014 | 2014 Charlotte Grand Prix |
| 5 | 8:33.46 | 779 | McCulloch, Gavin | 17 | NC Raleigh Swimming Association | 7/24/2014 | 2014 NC Senior LC Champs (HP) |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 17-18 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|----------------------|------------|---|------------------|----------------------------------|
| 1 | 17:41.77 | 764 | Joram, Meghan | 17 | NC YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 2 | 18:15.92 | 679 | Strickland, Julianne | 18 | NC Raleigh Swimming Association | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 18:21.04 | 666 | Andreini, Cami | 17 | NC Triangle Aquatics Club Titans | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 4 | 18:24.15 | 659 | Boulo, Delaney | 18 | NC Marlins of Raleigh | 6/19/2014 | 2014 GU TWST Senior Invitational |
| 5 | 18:31.95 | 640 | Catella, Carly | 18 | NC Raleigh Swimming Association | 7/24/2014 | 2014 NC Senior LC Champs (HP |

Boys 17-18 1500 Freestyle Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|--------------------------------|
| 1 | 15:30.79 | 919 | Linker, Adam | 18 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 16:23.47 | 787 | Brakovec, Hunter | 17 | NC New South Swimming | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 3 | 16:27.92 | 776 | Craig, Steven | 17 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 16:28.17 | 775 | Bradshaw, Pierce | 18 | NC New South Swimming | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 16:31.10 | 768 | Hamilton, Alex | 18 | NC Wolfpack Elite | 5/15/2014 | 2014 Charlotte Grand Prix |

Girls 17-18 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1 | 1:00.35 | 1020 | Baker, Kathleen | 17 | NC SwimMAC Carolina | 8/21/2014 | 2014 Pan Pacific Championships |
| 2 | 1:03.28 | 901 | Moffitt, Hellen | 18 | NC North Carolina Aquatic Club | 5/15/2014 | 2014 Charlotte Grand Prix |
| 3 | 1:03.52 | 892 | Merritt, Heather | 18 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 1:04.32 | 861 | McCullagh, Nora | 17 | NC SwimMAC Carolina | 8/9/2014 | 2014 Summer Nationals |
| 5 | 1:04.41 | 857 | Postoll, Becca | 17 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |

Boys 17-18 100 Backstroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|--------------|------------|---------------------|------------------|---------------------------|
| 1 | 57.81 | 859 | Powers, Paul | 18 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 2 | 58.26 | 854 | Eudy, Jack | 17 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|-------|--------------|------------------|-----|--|-----------|--------------------------------|
| 3 | 58.40 | 835 | Osada, Koya | 18 | NC Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 58.77 | 833 | Campbell, Parker | 17 | NC Sharks Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 5 | 58.80 | 832 | Carson, Alex | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |

Girls 17-18 200 Backstroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|-----------------|-----|------------------------------------|-----------|-----------------------------------|
| 1 | 2:10.18 | 989 | Moore, Hannah | 17 | NC Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 2 | 2:10.42 | 985 | Baker, Kathleen | 17 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 3 | 2:16.45 | 882 | Allen, Emily | 17 | NC North Mecklenburg Aquatics, Inc | 8/27/2014 | 2014 Jr Pan Pacific Championships |
| 4 | 2:16.80 | 876 | Moffitt, Hellen | 18 | NC North Carolina Aquatic Club | 5/15/2014 | 2014 Charlotte Grand Prix |
| 5 | 2:18.67 | 845 | Postoll, Becca | 17 | NC SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |

Boys 17-18 200 Backstroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|------------------|-----|------------------------|-----------|--------------------------------|
| 1 | 2:03.62 | 889 | Osada, Koya | 18 | NC Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:07.03 | 834 | Campbell, Parker | 17 | NC Sharks Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 3 | 2:07.38 | 816 | Williams, Connor | 18 | NC Duke Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP) |
| 4 | 2:08.42 | 807 | Kawaguchi, Tosh | 17 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 5 | 2:08.97 | 785 | Wasberg, Craig | 18 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |

Girls 17-18 100 Breaststroke Long Course Meters

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|------|---------|--------------|----------------|-----|--|-----------|--------------------------------|
| 1 | 1:10.19 | 904 | Roses, Maija | 18 | NC SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 2 | 1:11.68 | 858 | Arwood, Alyssa | 17 | NC YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 1:11.81 | 854 | Ontjes, Olivia | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|------------------|----|----|------------------|-----------|------------------------------|
| 4 | 1:12.58 | 830 | Casazza, Caitlin | 18 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 1:12.97 | 819 | Stranick, Sara | 17 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 17-18 100 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|-----------------------------------|
| 1 | 1:05.88 | 849 | Yeh, Sean | 17 | NC New Wave Swim Team | 7/29/2014 | 2014 FL Southern Zone Senior LC C |
| 2 | 1:05.93 | 847 | Ellington, Colin | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 1:06.32 | 815 | Queen, Andrew | 18 | NC North Mecklenburg Aquatics, Inc | 5/15/2014 | 2014 Charlotte Grand Prix |
| 4 | 1:06.57 | 825 | Neil, Paul | 17 | NC Enfinity Aquatic Club | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 1:07.67 | 769 | Shaw, Dalton | 18 | NC East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |

Girls 17-18 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1 | 2:32.49 | 897 | Roses, Maija | 18 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:34.34 | 871 | Ontjes, Olivia | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 2:38.16 | 819 | Hu, Julie | 17 | NC North Carolina Aquatic Club | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 4 | 2:38.66 | 813 | Williams, Claire | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 2:39.14 | 806 | Stranick, Sara | 17 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 17-18 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1 | 2:21.52 | 882 | Lauffer, Brayden | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |
| 2 | 2:22.57 | 860 | Lechner, Luke | 18 | NC YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 3 | 2:22.84 | 857 | Hale, Conor | 18 | NC Marlins of Raleigh | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 2:24.74 | 829 | Shaw, Dalton | 18 | NC East Carolina Aquatics | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 2:25.95 | 811 | Queen, Andrew | 18 | NC North Mecklenburg Aquatics, Inc | 5/15/2014 | 2014 Charlotte Grand Prix |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Girls 17-18 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1 | 59.69 | 941 | Baker, Kathleen | 17 | NC SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 2 | 59.76 | 939 | Welshofer, Elsa | 18 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 1:00.33 | 918 | Casazza, Caitlin | 18 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 1:01.51 | 875 | Labonge, Natalie | 18 | NC Greensboro Swimming Assoc | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 1:02.00 | 857 | Moffitt, Hellen | 18 | NC North Carolina Aquatic Club | 5/15/2014 | 2014 Charlotte Grand Prix |

Boys 17-18 100 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|-----------------------|------------------|-----------------------------------|
| 1 | 53.56 | 938 | Josa, Matthew | 18 | NC Queens University | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 2 | 55.56 | 865 | Long, Connor | 17 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 55.57 | 865 | Johnson, Connor | 17 | NC New Wave Swim Team | 7/29/2014 | 2014 FL Southern Zone Senior LC C |
| 4 | 55.76 | 841 | Gomez, Tyler | 18 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 5 | 55.81 | 854 | Smith, Jack | 17 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Girls 17-18 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1 | 2:13.73 | 885 | Casazza, Caitlin | 18 | NC SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:14.17 | 878 | Welshofer, Elsa | 18 | NC SwimMAC Carolina | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 3 | 2:17.78 | 823 | Moore, Hannah | 17 | NC Unattached | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 2:17.84 | 822 | Joram, Meghan | 17 | NC YMCA of Northwest North Carolina Riptyde | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 2:21.22 | 771 | Moffitt, Hellen | 18 | NC North Carolina Aquatic Club | 5/15/2014 | 2014 Charlotte Grand Prix |

Boys 17-18 200 Butterfly Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

| | | | | | | | | |
|---|---------|-----|------------------|----|----|--------------------|-----------|---------------------------------|
| 1 | 2:01.65 | 894 | Osada, Koya | 18 | NC | Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:02.48 | 886 | Bilden, Tom | 17 | NC | Unattached | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 3 | 2:03.60 | 865 | Smith, Jack | 17 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 2:04.97 | 839 | Brakovec, Hunter | 17 | NC | New South Swimming | 7/24/2014 | 2014 NC Senior LC Champs (HP |
| 5 | 2:05.51 | 821 | Gomez, Tyler | 18 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Juniors Time Trials |

Girls 17-18 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|------------------|------------------------------|
| 1 | 2:13.17 | 986 | Baker, Kathleen | 17 | NC | SwimMAC Carolina | 5/15/2014 | 2014 Charlotte Grand Prix |
| 2 | 2:18.02 | 896 | Moore, Hannah | 17 | NC | YMCA of the Triangle Area Swim Team | 8/17/2014 | 2014 Youth Olympic Games |
| 3 | 2:18.57 | 875 | Roses, Maija | 18 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 2:19.54 | 868 | McCullagh, Nora | 17 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |
| 5 | 2:19.66 | 855 | Casazza, Caitlin | 18 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |

Boys 17-18 200 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|---------------|------------|-------------------|--------------------------------|------------------|--------------------------------|
| 1 | 2:04.73 | 909 | Osada, Koya | 18 | NC | Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 2:06.29 | 876 | Josa, Matthew | 18 | NC | Queens University | 12/15/2013 | 2013 NC GSA Winter Juniors LC |
| 3 | 2:08.64 | 839 | Cairns, Noah | 17 | NC | North Carolina Aquatic Club | 7/17/2014 | 2014 NC GSA Speedo Champs Seri |
| 4 | 2:08.91 | 821 | Lechner, Luke | 18 | NC | YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 2:08.98 | 832 | Smith, Jack | 17 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |

Girls 17-18 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-----------------|------------|-------------------|------------------|------------------|--------------------------------|
| 1 | 4:47.08 | 915 | Moore, Hannah | 17 | NC | Unattached | 5/15/2014 | 2014 Charlotte Grand Prix |
| 2 | 4:57.35 | 831 | Stranick, Sara | 17 | NC | SwimMAC Carolina | 7/30/2014 | 2014 Summer Junior Nationals |
| 3 | 4:58.71 | 820 | McCullagh, Nora | 17 | NC | SwimMAC Carolina | 8/6/2014 | 2014 Summer Nationals |
| 4 | 5:03.97 | 778 | Dupay, Ally | 18 | NC | SwimMAC Carolina | 6/26/2014 | 2014 NC GSA Eastern Invitation |
| 5 | 5:05.85 | 764 | Postoll, Becca | 17 | NC | SwimMAC Carolina | 7/10/2014 | 2014 GA Bulldog Grand Slam |

NCS Top Five LC Times by age group 9/1/14

LSC: NC For Dates 9/1/2013 - 8/31/2014

Boys 17-18 400 Individual Medley Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|------------------|------------|--|------------------|---------------------------------|
| 1 | 4:27.88 | 887 | Osada, Koya | 18 | NC Duke Aquatics | 7/30/2014 | 2014 Summer Junior Nationals |
| 2 | 4:29.30 | 874 | Cairns, Noah | 17 | NC North Carolina Aquatic Club | 7/30/2014 | 2014 Summer Juniors Time Trials |
| 3 | 4:29.36 | 874 | Linker, Adam | 18 | NC Marlins of Raleigh | 7/30/2014 | 2014 Summer Junior Nationals |
| 4 | 4:30.56 | 863 | Lechner, Luke | 18 | NC YMCA of Western North Carolina | 7/28/2014 | 2014 YMCA National Long Course |
| 5 | 4:34.82 | 824 | Lauffer, Brayden | 17 | NC YMCA of the Triangle Area Swim Team | 7/28/2014 | 2014 YMCA National Long Course |