USA Swimming Disability Committee and the Club Development Division PRESENT:

"Working with Swimmers with a Disability?"

(This Workshop is for Coaches!)

<u>What:</u> Coaching and Leadership Workshop Dealing with Topics Common during a workout . practice- or meet events.

When: January 17-19, 2014 ***Workshop event will be on the 18th all day.

Where: Olympic Training Center, Colorado Springs, CO - USOC

<u>Who:</u> ONE Coach from Each LSC (<u>if you know of more than one coach wishing to come</u>. <u>please contact Randy Julian with USA Swimming for consideration</u>)

Deadline to respond: December 23, 2013 by the end of the Business day. (see Randy Julian's contact below)

<u>Who should attend?</u> Please select/appoint/invite a coach in your LSC. Head Coaches or Assistant coaches are eligible. USA Swimming invites a Coach from your LSC to attend <u>a one day</u> leadership workshop in Colorado Springs, CO. at the USOC and the USA Swimming Headquarters

<u>What is the purpose?</u> To gain skills with how to run a practice, how to create inclusion in your team/meets and at the LSC level. Drills and skills. Understanding of the relationship with USA Swimming and the US Paralympic/USOC run events. DEAF Swimming and other opportunities. We will focus on your unique issues and what you can do to help each other. Potential topics include:

- 1. Financial challenges
- 2. Athlete speakers
- 3. Athlete performance
- 4. Challenges
- Coaches discussion and Round Table . Bring your questions

- **6.** Communication for Swimmers and Parents
- **7.** Providing services: disability
- **8.** Planning practices
- 9. USA Swimming Mentor Program

Your LSC or the Coaches Swim program will be asked to schedule and pay for your transportation to Colorado Springs, CO. *** The Coach or LSC will make their own travel arrangements to COS.

Once arriving in Colorado Springs — *USA Swimming will cover the transportation from the COS Airport to the USOC Training Center Round trip. USA Swimming will cover the hosing for 2 nights and meals.* ***All meals will be at the USOC Training Center Dining Hall which is well known for GREAT tasting. VERY Healthy meals. USA Swimming will provide the educational Materials. meeting location will be at the Dirks Room at USA Swimming Headquarters which is located at the USOC.

Make you Plans NOW for the best Airfare rates. Fly in as early or as late as you wish on Friday the 17th and plan for your departure on the 19th as early as you wish. You must check out of the Dorms by 930am Sunday morning. We look forward to seeing you next Month.

Please forward the Coaches Name, Coaches email and the Coaches phone number when you know the LSC Representation to:

Randy Julian . USA Swimming Staff

rjulian@usaswimming.org

719-866-3578 (desk) and 719-440-2421 (mobile)

This will be a GREAT workshop experience and the USA Swimming Disability Committee is looking forward to meeting you.

- GO USA SWIMMING!