

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer complained of chest pain, he was responsive and seemed fine. He was monitored in the locker room for a few minutes and then went to shower. Coach then left the locker room and sent a teammate into monitor swimmer. When the athlete walked into the locker room swimmer had collapsed and was unresponsive. CPR was given until the paramedics and police arrived at which time they took over. Swimmer was taken to Condell Hospital in Libertyville and was pronounced dead at 945pm on 11/17/16.	
Male	VA - Virginia Swimming	Meet - Walking	Locker Room	Swimmer fell in the locker room, injuring his lower back. He vomited and could not remember if he hit his head.	The swimmer was taken to the hospital with a chaperone by ambulance with neck immobilized. It was determined that he had broken his coccyx.
Female	OH - Ohio Swimming	Meet - Walking	Gym	Swimmer was walking backwards with her arm behind her back. She tripped over a towel and fell backwards. Parents took to urgent care and have notified us that swimmer broke her arm in 2 places below the elbow.	Forearm broken in 2 places.
Female	SN - Sierra Nevada Swimming	Practice - Dry Land	Gym	When athlete was in dryland drill, she tried to catch a basketball, ball struck her finger. And her left hand pinkie was dislocated and fractured.	athlete's left hand pinkie was dislocated and fractured.
Female		Other Swim Lessons	Other Lobby stairs	Fell walking up lobby stairs	
Male	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Swimmer was turning on Butterfly and touched on a short stroke putting him very close to the wall. When swimmer went to turn, shoulder popped out of joint.	
Male	IL - Illinois Swimming	Meet - Competition	Team Area	Mother transported swimmer to hospital. Mother also provided bandages at time of injury. Hospital diagnosis is a fractured radial head.	Radial head fracture
Male	MI - Michigan Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was attempting to exit the pool, and yelled for the Coach. Upon initial assessment, the Coach discovered that the swimmer was unable to move his arm, the Coach assisted with stabilizing the arm. During the stabilization, the break in the swimmer's forearm was discovered, and another Coach entered the water to keep the swimmer calm and still. Another Coach called 911 and assisted with stabilization of the arm. The first Coach informed the swimmer's father of the emergency, and he informed us that his son had just been cleared by his doctor to return to normal swimming activity.	Fracture visible but did not break skin. Did not lose consciousness.
Female	AZ - Arizona Swimming	Practice - Dry Land	Outside Venue		radial head fracture
Female	NJ - New Jersey Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Fell in spectator area	Slipped and fell, broke ankle
Female	NE - New England Swimming	Meet - Warm-up	Water - Lane Lines	Fractured and sprained her "pinkie"	Hit another swimmer during warm-up; when seen initially on site, ice was administered. She then went to the doctor's office for an x-ray the same day. An injection was given on June 29 at the venue's medical compound.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Bottom	swimmer jumped into the pool and broke her right 5th Metatarsal, distal	swimmer jumped into the pool on the shallow end, as they do every practice and landed on her foot funny...it had initially hurt, but she wanted to finish practice. I watched it over the next few days for bruising and iced it daily, as we thought she had just landed funny...on 2/20 I noticed substantial bruising on the bottom of her foot, she didn't complain of pain, so we went to the Dr. on Monday, February 22nd, where they took an XRay and confirmed a fracture of her 5th right distal metatarsal.
Male	PC - Pacific Swimming	Practice - Other	Locker Room	slipped exiting the locker room	swimmer complained about pain in finger, released to parent at pool. Swimmer did not practice. Parent emailed coach next day, informing coach of broken finger.
Male	SC - South Carolina Swimming	Practice - Other	Other Outside baseball fields		
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	broke finger when ran into another swimmer	broken finger
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Outside Venue	Athlete tripped while going down the stairs in front of our practice facility. Her dad was already waiting in the parking lot so she did not seek treatment from the pool staff.	At the time of injury, her dad took her to Walgreens to get crutches and made an appt with an ortho for the following Monday where they discovered that it was broken.
Male	SE - Southeastern Swimming	Meet - Warm-up	Deck	Athlete has brittle bone disease. He was walking & placed his hand on the the rail. His arm was twisted and broke.	
Female	PC - Pacific Swimming	Meet - Competition	Other pool	bilateral shoulder tear	inflammation causing pressure on nerve
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	bumped hands with another swimmer as they were swimmer	
Male	OH - Ohio Swimming	Meet - Warm-up	Stairs	Official was rounding up timers from the stands, and on the way back to the deck to conduct the timers meeting, slipped on the stairs to the deck.	At the time of the fall, the official did not think he was seriously injured. Only after seeing the doctor and having a MRI was damage confirmed, including the latissimus dorsi was torn from the right humerus, the right labrum was torn, and a right bicep tendon was damaged, which requires surgery to repair.
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Other shallow	Jumped into the pool for warmups and foot landed weird on bottom of the pool- shallow end small bump on right foot pinky toe side	Ice pack was given mom decided to take to closest urgent car x rays showed foot was broken
Female	SR - Snake River Swimming	Swimjitsu - Entering / Exiting Pool	Deck		
Female	VA - Virginia Swimming	Practice - Dry Land	Other Dryland Training Facility	Swimmer miss handled catching a medicine ball that was thrown to her.	Fracture of a bone in swimmers finger.
Female	IN - Indiana Swimming	Practice - Other	Water - Lane Lines	Struck lane line near start end of pool while performing transition from fly to back stroke	
Male	IN - Indiana Swimming	Other Ice Skating	Other Ice Rink	Had a team function at the Indiana State Fairgrounds where we were ice skating. Athlete had a patron run into him, twist his ankle, and fell.	Left ankle fracture
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	A kickboard was thrown towards him. It it the water, popped back up and hit him in the nose, breaking his nose.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Two swimmers collided and struck heads, the injured struck against another swimmer pushing off the wall after a turn.	
Female	NI - Niagara Swimming	Practice - Other	Other swimming in lane	kicked in the nose by other swimmer	kick in the nose caused nose bleed and bruise on the nose bridge
Female		Meet - Warm Down	Hallway	Fall from seizure	Bloody nose/seizure
Male	NI - Niagara Swimming	Other Meet/Locker room after conclusion of session	Locker Room	Swimmer was changing in the locker room after the meet ended, lost his balance and hit his head on a bench. He came to me on deck for assistance with his team mate	Swimmer was speaking clearly, had a small bump on his Right Forehead from the fall.
Male	KY - Kentucky Swimming	Practice - Other	Water - Turn End	Swimmer was swimming in lane two and cut his right hand on the wall. Tile on the underside of the gutter overhang caused the cut.	
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	Other swimmer entered water improperly, landing on swimmer's ankle.	
Male	AZ - Arizona Swimming	Meet - Warm Down	Other water, warm down tank	He was kicked in the face in the warm up pool finals/Saturday night. Broke his goggles and cut beneath his eye. He also got a bruise on the back of his head from where he hit the lane lane. He swam on the relay without goggles but did not swim on Sunday due to the incident.	He was kicked in the face in the warm up pool finals/Saturday night. Broke his goggles and cut beneath his eye. He also got a bruise on the back of his head from where he hit the lane lane. He swam on the relay without goggles but did not swim on Sunday due to the incident.
Female	SE - Southeastern Swimming	Practice - Other	Other In the pool	The incident occurred during swim practice when she was swimming butterfly and felt a sudden pain in her shoulder. Shortly after she saw an orthopedic, then finally was diagnosed with a torn Labrum.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	AK - Alaska Swimming	Practice - Entering / Exiting Pool	Water - Side	Two athletes were transitioning from one lane to another. They were racing to get into the other lane first and as the coach redirected them they jumped into the lane. They collided causing the athlete to hit the wall with his back and head. He was immediately put in a head splint, backboarded, and EMS and parents were called. After review from EMS, parents opted to refuse transport and take him to be seen on their own.	
Female	OR - Oregon Swimming	Practice - Dry Land	Other Spin Room	Foot slipped off pedal and got caught between the spin pedal and wheel.	Sent her with mom; We told her to take her to urgent care
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer was swimming backstroke in lane 4. As he was coming in for a finish he thought the wall was further out and ran into the wall with the top of his head. He felt pain but no dizziness.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Locker Room	Her finger was smashed in the door of the locker room.	
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was working with trainers at Exos Center doing drylands and weight lifting. She was doing a military pushup and felt a pop in her shoulder. She continued to do all of the workout and then told Coach at swim practice that is right after drylands. She went to the orthopedic who said she could not swim for two weeks and put her in a sling to remove pressure from the joint. Basically from the shoulder hanging. After two weeks was evaluated and the issue has not been resolved and athlete is still experiencing pain.	
Male	NC - North Carolina Swimming	Practice - Other	Water - Side	Athlete was swimming and goggles slipped off eyes and he could not see. He stated he thought he had one more stroke until he reached the wall but instead ran face first into the wall.	Athlete had a superficial cut under his bottom lip (from biting his lip) and his two front teeth were chipped.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	The swimmer was practicing somersaults for backstroke flip turns. She hit her head on the bottom of the pool when practicing in the shallow end.	The swimmer hit the top of head on the bottom of the pool when practicing somersault for backstroke flip turns.
Male	IN - Indiana Swimming	Other Before Dry Land but after Swimming	Deck	Prior to going to the gym for dry land portion of practice athlete had gotten on the diving board and then was asked to get down from the diving board by coaches. When he stepped down from the diving board he slipped and struck his head on the step of the diving board.	Athlete sustained a cut to the back of his head.
Male	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Fell and landed on wrist	
Male	MR - Metropolitan Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped and fell on pool deck. Bumped back of his head. Sat up on his own and was seated with parent while coach looked for ice pack. Swimmer got changed and was taken home to his parents by another parent. Swimmer was then taken to the hospital by his parent and diagnosed with a concussion.	
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Bumped head on wall during backstroke finish	
Male		Practice - Other	Starting Blocks	Was walking on pool deck and slipped and fell backwards, hitting his head on the bottom area near the step of the starting block.	
Male	WY - Wyoming Swimming	Practice - Other	Other corner of the shallow end	The swimmer hit his head on a corner of the shallow end wall as he was swimming backstroke. He continued swimming afterward.	
Male	NE - New England Swimming	Meet - Walking	Starting Blocks	After about 30 minutes he got out of the pool and stated that he was feeling dizzy and his head hurt where he hit his head.	The athlete was feeling dizzy and his head hurt where he hit it.
Male		Meet - Competition	Locker Room	Someone had placed wedge on a chair, then as swimmer was walking by it fell on top of his foot. Was taken to ER for x-rays -- negative.	
Female	VA - Virginia Swimming	Meet - Competition	Locker Room	Slipped in locker room.	Fell and hurt wrist - swollen, red and painful. Mother indicated that she is taking him for an x-ray.
Female	VA - Virginia Swimming	Meet - Competition	Water - Start End	swam into wall during swim. jammed elbow. swimmer stated could not feel arm. mother was taking to urgent care.	ice packs applied. mother stating taking to urgent care
Female	VA - Virginia Swimming	Meet - Walking	Deck	Walking back from pool in non competition area. Swimmer slipped and struck left knee. Dislocated knee cap laterally. EMS called and iced and splinted knee	
Male	PV - Potomac Valley Swimming	Meet - Competition	Starting Blocks	Swimmer next to injured individual with false start. Injured swimmer attempted to hold onto starting block and flipped over wrists. Came out of water with complaint of both wrists hurting. Went with family transport to urgent care and declined ambulance to hospital. Later determined broke both wrists.	
Female	NC - North Carolina Swimming	Other walking into facility	Outside Venue	Parent was walking into the facility caring treats for the swimmers and slipped on ice and fell and broke her elbow.	Coach helped parent by trying to put ice on the injury but it hurt too much. She also called her husband who came and took her to Urgent Care. Nobody was around her when it happened so there are no witnesses, but several parents were driving in at the time and were able to also help. I am listing one witness - although she did not see parent slip she was only a couple of minutes behind.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	While doing a freestyle relay during practice, this swimmer was finishing to the wall and was hit on the left side on back when another swimmer dove into the water to swim his portion of the relay.	Swimmer who finished to the wall, was hit by another swimmer who dove off the block too early. He was hit on the left upper side of his back under the shoulder blade area.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	dislocated knee during the final push off of the 100 fly race. She said she has had a history of dislocating the same knee	dislocated during race
Female	AZ - Arizona Swimming	Other Traveling home from Finals Session	Other 24th St & Indian School	The injured party was traveling home from the finals session of the Candy Cane Classic when she was involved in a hit & run auto accident at the corner of 24th Street and Indian School Road in Phoenix, AZ. The injured party was stopped at a traffic light when an unknown vehicle rear ended the injured party's vehicle. The unknown vehicle then made a u-turn and drove away. Police were called. No immediate medical attention was needed. Phoenix PD notified the injured party that a 2nd crash had occurred two blocks away with a vehicle matching the description of the one given by the injured party that hit her. The driver of the unknown vehicle got out of his vehicle after the 2nd crash and fled the scene. Phx PD believe the driver/vehicle in the 2nd crash is the same driver who caused the crash with the injured party.	The injured party was scene on 12/12/16 at Goodyear Chiropractic by Dr Woolf. After xrays it was determined that the injured party sustained significant swelling and some tearing of the ligaments in her cervicle spine and had limited mobility of her neck and back. The injured party was also experiencing a level 8 on the pain scale in her neck and back. It was recommended by Dr Woolf that to rehabilitate the injury, the injured party would need therapy three times a week for an undetermined amount of time. As of this writing, the injured party has visited Dr Woolf three times.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	While practicing backstroke finishes swimmers hand went between gutter and pool deck and head hit gutter.	Not sure if swimmer has concussion. Initially she cried then was in the locker room laughing.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer fell and bumped his head after exiting the pool at the end of practice. Was not witnessed by coach, but heard. Coach observed a responsive and aware athlete. Asked athlete if they were alright, and the athlete responded YES. Coach checked athletes head, and noticed a large bump. Coach made sure athletes parents were notified before athlete left practice. Parents contacted coaches that athlete was going to the hospital just to be safe. Parents emails coaches the next morning that athlete is showing concussion symptoms. Athlete unable to practice until concussion symptoms have ceased	Athlete was taken to hospital by parents. Failed concussion test at the hospital.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	When finishing the race into the wall suffered a potential right elbow injury (dislocation or fracture unknown) - was able to exit pool and walk away unassisted	potential sprain/fracture/dislocation - exact diagnosis unknown
Female	WI - Wisconsin Swimming	Practice - Dry Land	Bleachers - Spectator's	Swimmer had placed her bag and equipment on the bleachers. As she was getting ready to get in the pool she stepped down off of the first bench she slipped and dislocated her knee, after which she fell on the ground.	
Male	CT - Connecticut Swimming	Practice - Entering / Exiting Pool	Water - Turn End	The swimmer was sitting on the side of the pool and did a sitting dive into the pool in the low end of the pool and hit the top of head on the bottom of pool.	There was a split on the top of head that required staples at the ER.
Female	LA - Louisiana Swimming	Practice - Dry Land	Gym	Swimmer was doing box jumps and the set of boxes slipped forward and she fell back, landing directly on her tail bone.	
Female	MR - Metropolitan Swimming	Meet - Watching / Observing	Deck	athlete was squatting cheering on teammates and went to stand up when leg slipped and something "popped" in her knee	according to athlete, "occasionally things sound like they are cracking, overall, hurts."

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Female		Practice - Dry Land	Deck	Fell and hit head/ankle	
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Athlete slipped in the locker room and hit her head on the sink.	There was a cut above the eye on the eyelid.
Female	NT - North Texas Swimming	Meet - Competition	Outside Venue	Fell over parking cement barrier near handicap spot in back of building in parking lot.	Broken shoulder taken to hospital by ambulance
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End	The swimmer was jumped on by another athlete. I looked over and she was crying. She was about two feet from the wall. She scooted herself towards the wall as I approached her. I asked her what happened and she told me that one of the other girls jumped on her back. The other swimmer had not seen her and had run from outside the pool and landed on her back. She was rushing to get back in the pool as it was under 38 degrees outside that night. I called over another coach to help assess. The other coach and I tried to calm her down by encouraging her to stay still and take deep breaths. She remained still as I performed a secondary assessment. Her pain was a 10 on a scale of 1-10. We notified the parents. When asked if anything else hurt, she let me know that her left leg had pain. Her head and neck were not injured. I asked her if she thought she was capable of getting out of the pool on her own. She said no. We proceeded to call 911 and extricate her from the water on a backboard. WE immediately covered her with towels and a sleeping bag to prevent hypothermia. WE then carried her to the lifeguard room to continue to monitor her and keep her warm until EMS arrived. 911 arrived approximately 10 minutes after the accident occurred. By this time her pain was a 7 out of 10. They assessed her and decided to transport her to Sutter Roseville for additional care.	
Male	MD - Maryland Swimming	Meet - Warm-up	Other Started in pool & then on bleachers	Swimmer complained to teammates of feeling funny & shaky. Mother was in stands & saw something was wrong. She sent a swim teammate for help. Swimmer was sitting on bleacher. He was unable to follow commands, face was pale, hands shook when held by me but were not visibly shaking. Could not tell me his name just kept repeating "ya" to every command. Pulse 140 Respiration's 14. Pupils dilated.	Swimmer had a similar incident in June this year according to Mom. He has been under the care of a Pediatric Neurologist.
Female	FL - Florida Swimming	Meet - Competition	Water - Start End	Raweerat (Pearl) got done with her event, sat down and complained about her side hurting. Eventually she laid down and became very weak. A nurse practitioner arrived on scene before I (lifeguard) did -- when I (lifeguard) arrived on scene I checked and maintained vitals until EMS arrived. I (lifeguard) went through primary and secondary surveys and found that there were no other problems except for her breathing (directly from the facility incident report). Meet Ref -- When I was notified of a swimmer down behind the blocks approximately lane 4. I went to check on the swimmer, I found a unresponsive female behind the blocks -- a timer had notified me that they had phone 911. I rushed back to the starters area to contact the life guards -- during that same period, the lane 1 timer, notified me that she was a nurse practitioner and offered assistance. I went back to the injured athlete and maintained the scene -- her father arrived from the stands about 5-8 minutes after the incident happened, as well as her coach. The father tried to wake her by tapping her foot, approximately 5 minutes later EMS arrived -- she was conscious at that time, visibly upset or shaken (crying) at this point. EMS took the athlete away.	
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	During competition, swimmer pushed herself too hard. Dizzy, nauseous, altered LOC.	Dizzy, nauseous, altered LOC.
Female		Other parking garage curb	Outside Venue	Tripped off curb. Impact to mouth and knee.	
Male	CA - So. California Swimming	Other Meet- swimmer check-in	Other balcony/deck, above pool area	while waiting in line to check-in, swimmer fainted, fell to the ground, hit his head, chin	swimmer hit head on concrete, laceration to chin, cut inside of mouth w/swelling, LOC, disoriented.
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer was feeling nauseous and sick; Swimmer went to the bathroom; After approximately 5-7 minutes, coach went to check on him. Found swimmer unconscious on locker room floor. Coach contacted pool staff who then contacted 911.	Found unconsciousness on floor; Treated for shock while EMTs arrived
Male	CT - Connecticut Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete was sitting on the bleachers with his hands and knees tucked into his shirt rocking back and forth on a seating bench. The athlete lost balance and fell head first to the deck with nothing to break his fall. A substantial gash was present above his left eye.	Substantial gash above left eye. Appeared to be completely through to skull.
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Bottom		Swimmer was swimming underwater for distance and blacked out. She was removed from the pool and CPR was administered. EMS was called and arrived within 3 minutes. Swimmer regained conscious prior to the EMS arrival. She has shown no signs of permanent damage and has returned to swimming practice since her accident.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Swimmer slipped getting out of the pool at the completion of her heat and struck the side of her head above and slightly behind her left ear.	Swimmer advised that she slipped getting out of the the pool after completing her race heat and struck her head on an unknown object. Swimmer waited until after finishing her next event before reporting this incident.
Female	GA - Georgia Swimming	Practice - Dry Land	Other Field	Ran into a teammate while playing two-hand touch football and fell to the ground.	Didn't feel dizzy until she got home from practice.
Female	VA - Virginia Swimming	Meet - Competition	Water - Start End	The athlete was completing the last 50yds of her 200 yd Breast when she felt a pop in her right knee. Pain 8-9/10 while swimming to the finish. Crying at the finish. Stating she is unable to move the injured extremity.	
Male	NC - North Carolina Swimming	Meet - Warm-up	Water - Turn End	Ran into wall on backstroke	
Male	SN - Sierra Nevada Swimming	Meet - Warm-up	Water - Start End	Swimmer was warming up in the competition pool. He was kicked in the head twice by another swimmer.	Complained of a headache shortly after the incident.
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was pushed down by another swimmer when trying to catch a ball while on deck. Swimmer landed on his elbow bruised it.	
Female	ST - South Texas Swimming	Practice - Other	Deck	Athlete was walking back from the bathroom and caught her toe in insulating tarp on deck. Athlete then fell, bending her toe backwards.	
Male	NT - North Texas Swimming	Practice - Other	Other Jumping from Bleachers to Deck	Swimmer jumped down from the bleachers' wall/railing down onto the pool deck and twisted his ankle.	
Male	SE - Southeastern Swimming	Meet - Competition	Water - Start End	Swimmer struck right hand on finish wall during backstroke finish during his backstroke competition event.	Swimmer had a small area of swelling on right hand after the hit on the wall, will more than likely bruise.
Male	MS - Mississippi Swimming	Practice - Dry Land	Outside Venue	Was doing a team relay race during drylands and hurt arm/wrist when trying to break his fall while running backwards. He subsequently tried to get in and warm up to try and make it through practice, but found his arm hurt too badly and had it examined the next day.	
Male	PN - Pacific Northwest Swimming	Meet - Walking	Locker Room	Formerly injured right arm was accidentally shut in locker room door and appeared to have fractured the arm due to the displacement. Mother transported to local emergency room for further treatment.	Local assessment of injury pointed to fracture of arm.
Female	NC - North Carolina Swimming	Meet - Competition	Starting Blocks	Athlete was on the starting block, and after taking her mark, the starter asked the field "to stand". While attempting to stand and retain her balance on the block, she pulled back on the block. The stress from pulling back apparently broke both of her wrists.	Two fractured wrists. Athlete requested ice after the swim (and being assisted out of pool as she could not climb out on her own), but was treated elsewhere.
Male	OH - Ohio Swimming	Meet - Walking	Hallway	Swimmer was entering the hallway to get his goggles and the door shut on his toe.	Swimmer's toe was cut and it was bleeding. Life Guards cleaned it and put a band aid on it.

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Male	MN - Minnesota Swimming	Practice - Other	Locker Room	Swimmer #1 and a friend (Swimmer #2) were holding a conversation in the locker room. Swimmer #3 approached, interrupting the conversation and a few words were exchanged by Swimmers 2 & 3. According to Swimmer 3's account, he was frustrated by what Swimmer 2 said to him, so Swimmer 3 mistakenly grabbed Swimmer 1 around the neck with one arm and tossed him to the ground thinking it was Swimmer 2 (according to Swimmer 3's account, he didn't have his glasses on at the time and has very poor eyesight without them). Swimmer 1 bumped his head on the floor when he hit the floor. Swimmer 3 exclaimed, "I didn't mean to do it!".	Upon exiting the locker room, Swimmer 1 told his mom about the incident and complained that he felt nauseous and confused. Neither of them alerted the coaching staff at that time. They went directly to urgent care where a concussion test was performed by a medical professional. (No head scans with medical equipment were done). According to the mom, the medical professional said, "It could be a mild concussion". Swimmer 1 attended school the next day. Both boys (& a parent for each boy) were interviewed separately by a coach the following day and the details here are a combination of the accounts that were given to the coach by the boys on 12/6/16.
Male	AZ - Arizona Swimming	Practice - Dry Land	Other Outdoor Field	Slipped on the grass and hit his head on teammates leg	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	During practice the swimmer had an epileptic seizure lasting 3-5 minutes. The coach jumped into the water and then the life guard on duty jumped in.	According to the Urgent Care center, there was no aspiration or other injury.
Female	MR - Metropolitan Swimming	Practice - Other	Other water, circle swimming	Swimmer was circle swimming in lane and struck another swimmer against wrist.	Swimmer complained that her finger hurt after smacking against another swimmer's wrist. Swimmer's knuckle was swollen and ice was applied. After going to the doctor parent informed coaches that there was an avulsion fracture.
Male	SE - Southeastern Swimming	Meet - Walking	Bleachers - Spectator's	Stepped off step with foot onto wet floor, slipped, fell backwards and hit of head on second cement step.	Athlete is a Hemophiliac. Applied Ice Pack to head. Given phone number and address of Northeast MS Medical Center if needed.
Female		Meet - Competition	Water - Start End	Breathing difficulty at the end of the race 1650 freestyle. Could not move, reaction to chloramines	Respiratory problem due to humidity and circulation chloramines.
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	While swimming Backstroke swimmer turned and went to do a flip turn off the wall and another athlete pushed up from the bottom of the pool and both collided.	This was a UNLV Invite, Trainer from her college team reviewed and attended to Swimmer. This was during warm up Friday AM.
Female	VA - Virginia Swimming	Meet - Warm Down	Other Water - Warm-Up Pool	Swimmer went under lane line and flipped head forward and then back. She hit her head on the edge of the stairs that are in the dive well.	Swimmer did not report incident to facility staff. Her mother was on deck and requested ice. When I talked to her, the mother indicated that the swimmer had previously had two concussions. She was not concerned that this injury was severe, even though she indicated that the swimmer's vision was impacted and that the swimmer was dizzy. I told the mother that she needed EMS to have the swimmer evaluated, but the mother refused because her daughter was done swimming for the day, so she was leaving with her.
Male	NC - North Carolina Swimming	Meet - Walking	Deck	Swimmer fell on his face, without catching himself. He said he had been talking to his mom in the stands when he stepped backward to see her better. He slipped and fell. It is possible that he was running on deck.	An oral surgeon who happened to be in the facility said he would need stitches in his lip. Parent and grandparent came down from the stands to help.
Male	GU - Gulf Swimming	Meet - Warm Down	Water - Turn End	Per athlete statement: While I was warming down, I had just pushed off of the wall and another person swimming butterfly was passing somebody so he was on the wrong side of the pool. I pushed off and we collided. I didn't think much of it but it seems like ever since then, everything has been off. I felt kind of weird going up on the blocks in my final (12/2/2016) last night and I thought it might just be hunger, so I left early after my race and got something to eat but it didn't seem to help. Had trouble sleeping last night (12/2/2016). Came to warm up this morning feeling a bit nauseous. Couldn't find time to talk to before the race in case he thought I should declare a false start. Swam my race and just felt nauseous with a few dry heaves every now and then (one of them during my race). So instead of hanging around at the meet I thought it would be good to go home and get some rest. My whole family has had a cold going on, so it is hard to tell if I am getting sick, but as of right now, no fever.	Felt light headed during race (12/2/16, 12/3/16) Did not think much of incident. Did not seek first aid/medical treatment. Swimmer notified his parents after incident.
Female	SN - Sierra Nevada Swimming	Meet - Competition	Starting Blocks		
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	While finishing a backstroke race, swimmer struck the wall with her head.	Swimmer showed symptoms of a concussion including dizziness, light headedness, and confusion.
Female	IL - Illinois Swimming	Meet - Competition	Water - Turn End	Warming up in the shallow end of the pool and was practicing a bucket turn and hit her head. Bump and swelling occurred at area of impact.	
Female		Meet - Competition	Bleachers - Athlete's	Swimmer finished the 800 relay and felt lightheaded dizzy and was pale in color. Swimmer walked towards team's bleacher section where the athlete laid down and other swimmers called for help. Responders assisted promptly and swimmer was given oxygen and rested until able to sit up straight. Oxygen was administered by an Parent of the swimmer was notified and came down with the swimmer. A wheelchair was provided and responders and father took her out of the facility. It was recommended to the parent to take the athlete to a ER/clinic for further review.	
Female		Meet - Entering / Pool	Starting Blocks	Dove off starting block, and did something to her knee. Was in a lot of pain. We applied ice.	Unknown as to what happened. It was a non contact/impact knee injury that occurred as she jumped off blocks.
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Start End	Lanes ropes were removed for dive practice and swimmer was finishing up a backstroke set. Swam into the wall and hit his head on the wall.	Headache
Female	NM - New Mexico Swimming	Practice - Other	Water - Start End	Swimmer hit the concrete wall when finishing her length of backstroke. This was not observed by the coach, and the swimmer did not exhibit any discomfort. She did not tell the parent that night either. The next day she vomited at school, and when taken to the doctor was diagnosed with a mild concussion.	
Male	SD - South Dakota Swimming	Practice - Other	Water - Lane Lines	Swimmer struck hand on lane line, causing significant bruising, pain and swelling	Swimmer did seek medical attention. Initial Xray did not indicate any fractures, however Specialist and Radiologist not available. Status of injury could change upon their review
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer was swimming when she was hit on the head by another swimmer. When she got to side of pool she notified the coach of the hit and that it really hurt	The swimmer said her head hurt and that she felt a little dizzy
Female	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Deck		
Male	NC - North Carolina Swimming	Practice - Other	Deck	Came to practice feeling poorly. Swimmer said that he was having trouble breathing and stated that he was cold. The lifeguard called 911, we wrapped swimmer in towels even though he was really warm to touch. EMS took over when they arrived, then took swimmer to the hospital.	
Female	NC - North Carolina Swimming	Practice - Other	Other middle of pool	Swimming and ran into swimmer swimming on the wrong side of the lane	
Female	LE - Lake Erie Swimming	Practice - Other	Deck	Swimmer got out of the pool holding her chest and coughing. She took two puffs of her inhaler and the lifeguard approached and asked if she was okay. Swimmer shook her head no. No parents were present. The coach monitored while 911 was called. Father arrived on scene with squad present. Staff turned over care to father.	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was swimming a 200 pace 50 free and ran into the wall at the finish with his head. He did not touch the wall with his arms to slow him down.	Swimmer hit the wall hard with the top of his head. He was dizzy after the accident and his head hurt. He was fully aware of things around him.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer was the first one in the lane and was on her way back from the first lap and around middle of the 50m lane. They were supposed to swim on their right hand side. One boy and 3 following up him swam on their left-hand side without being noticed by the coach. Swimmer was turning back into water after breathing when she got hit on the nose bridge part and eyes with goggles on. She got nose-bleeding and lost vision immediately and couldn't open eyes for at least 5mins. Her lane was next to the wall of the pool. She tried to cross the lane and hung on the wall after the collision. Another boy on the deck helped her get out of water after she could open her eyes. After she cleaned up the blood, she was told to go back into the water and stop being weak even without being questioned what had happened. She refused and called home. When I got her in the swimming pool it was almost 8:00lock at night. We didn't get a chance to go to the urgent care. As a parent we did think about the concussion but don't have experience about sports injuries especially concussion. I only observed the night after the collision to make sure she didn't have nausea and vomiting. I treated those dizzy and headache as the side effect of the collision and didn't pay enough attention to it until she slept more than 15hours on the 3rd day after collision. She went to see her pediatrician on the following Monday (May 23rd). We were told that she got concussion and lost her balance. Her eyes and face was swollen for one week. Her top teeth was painful when she tried to eat or chew.	As the collision was played well down and swimmer worried about that she would be punished for not showing up in the swimming. She went back to swimming on that Thursday and Friday for very little time because of the strong headache. She got blackout multiple times a day for three weeks after the collision. Her vision dropped from -3.00 to -5.00. She lost her balance for more than 2 months. After the visit to her doctor, we followed up all the instructions for her recovery. The doctor ordered many tests due to the slow recovery and eyes blackout issues.
Female	VA - Virginia Swimming	Practice - Other	Water - Lane Lines	Swimmer was kicked in the face while trying to go around another swimmer	Swimmer was showing signs of a concussion so I advised her mother to take her to the doctor to get checked out
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Back stroke flags were not in place. Athlete struck the wall head and thumb first.	On-site care was not given. Parent was not notified. Athlete tried to "walk it off" not knowing the severity of the injury.
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Two swimmers collided during practice head to head	
Male	GU - Gulf Swimming	Practice - Other	Team Area	I was assisting swimmers with putting on the rubber straps on the swim paddles and some of the younger boys 10 - 11 years of age were playing away from the pool deck some "tag." One of the swimmers was running and slipped on a puddle that was made from the rain of the morning. I did not see him fall but when I turned around he was on the floor holding his elbow.	It seems that when he fell he landed on his elbow and mentioned his wrist hurt. He was a high pain tolerance and while waiting for his mom the pain remained consistent and one could notice swelling on the arm.
Female	UT - Utah Swimming	Practice - Other	Water - Start End	Continued swimming into wall during low pace 50 Free Sprint drill work.	Minor mark from striking side of pool, complained about dizziness and was immediately removed from practice and was asked to follow up with family doctor.
Female	MA - Middle Atlantic Swimming	Practice - Dry Land	Gym		Dislocated Elbow - Fractured Wrist
Female	CO - Colorado Swimming	Practice - Other	Starting Blocks	The athlete was doing a practice start and entered at a steep angle. She put her arms out to stop herself from hitting the bottom of the pool and broke her wrist.	She broke her Radius.
Male	ST - South Texas Swimming	Other ON Deck - during warm-up while practice was being explained	Deck		Swimmer fainted and was unresponsive for a few seconds, quickly became responsive again. EMS was called and coaching staff let EMS take over the situation.
Female	KY - Kentucky Swimming	Meet - Competition	Water - Turn End	Swimmer was swimming the 200 free. There was a bulkhead that had space between lanes and when she turned, her foot got caught between the bulkhead. As a result, she fractured her foot.	Fractured ankle/foot. She was not taken to the hospital at the meet, but was taken to the doctor the next day. It was x-rayed and determined to be fractured.
Male	PC - Pacific Swimming	Practice - Other	Deck	swimmer was exiting pool after practice and ran his foot into metal brace of lifeguard stand. His pinky toe was cut and bleeding	deep cut to fold of pinky toe
Female	OH - Ohio Swimming	Practice - Other	Water - Turn End	trying to pass another swimmer she was hit on the bridge of her nose	showed no signs but due to the fact of where she was hit her mother was asked to come and pick her up at which time she did say that she felt a little dizzy.
Male	CA - So. California Swimming	Practice - Dry Land	Other Outside Pool/Grass	The team had finished dryland and were going to benches to cut birthday cake for swimmer. He stepped wrong, twisted his foot and later notified he had fractured it by his mother. He will be out 6 weeks with cast.	Fractured left foot. Will be out 6 weeks with cast.
Male	SC - South Carolina Swimming	Practice - Other	Water - Turn End	Swimmer ran into another swimmer coming out of a flip turn.	Another swimmer was sprinting to the wall, swimmer flipped in the middle of the wall, pushed off and ran into the other swimmer's shoulder
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer swam behind another swimmer to pass him, and the other swimmer's foot hit injured swimmer's hand.	Swimmer got it x-rayed and there is a small fracture.
Female	FL - Florida Swimming	Meet - Warm Down	Water - Start End	Swimmer collided with another athlete in the warm up/down pool. She struck her head.	Swimmer came to me to ask if she could skip her 200 IM as she collided with another athlete in warm up/warm down. She said her head hurt and wanted to rest a bit. Nothing else was said. Swimmer traveled home without complaint. Mom wrote this morning that she was keeping swimmer from school as her head still hurt. She has an appointment with a concussion specialist at Jacksonville Orthopedic Institute on Tuesday morning.
Male	ND - North Dakota Swimming	Meet - Competition	Water - Turn End	Hit his nose on the wall doing a flip turn	2 stitches on his nose
Male	CA - So. California Swimming	Meet - Warm-up	Water - Lane Lines	Athlete was swimming freestyle and the athlete in front of him stopped and then started again with a breaststroke kick striking him in the face with his kick.	Pain in nose area. Headache began immediately and a "blanking" feeling, then some dizziness. After warm-up headache reoccurred with the same dizziness feeling.
Male	NE - New England Swimming	Meet - Competition	Deck	Injured was working as an official - felt dizzy sat down on a bench, became very pale and unresponsive verbally and physically. Life guards were called, 911 was called, pool area was cleared.	Official was transported to Newport RI Hospital by the Middletown Fire Rescue squad and was alert when leaving the pool facility. Official's DOB is unknown, but his age is 72
Female	GA - Georgia Swimming	Practice - Dry Land	Gym	She was jumping over the hurdle from sitting position on the box and her left foot hit the hurdle and she fell over taking the hurdle down with her. The trainer came over. He tried to get her to move it. She couldn't. He told her when she could get up and try moving it around. When she tried to stand up she was dizzy and felt faint. She laid back down until time to go home. Her ankle was already swelling up. When she got home it was the size of a baseball. Others were all there as well as everyone else on the team who was there on Friday morning.	She was jumping over the hurdle from sitting position on the box and her left foot hit the hurdle and she fell over taking the hurdle down with her. The trainer came over. He tried to get her to move it. She couldn't. He told her when she could get up and try moving it around. When she tried to stand up she was dizzy and felt faint. She laid back down until time to come home. Her ankle was already swelling up. When she got home it was the size of a baseball. Others were all there as well as everyone else on the team who was there on Friday morning.
Female	AD - Adirondack Swimming	Meet - Watching / Observing	Hallway	Ice had spilled from a cooler onto the floor in the hallway. Parent did not see the spill. Adults attempted to contain the ice while getting a custodian to clean it up. Parent slipped and fell.	Parent stated she had pain and swelling in her wrist.
Female		Meet - Competition	Water - Turn End	Swimmer says she whacked her rt heel on the pool edge on a flip turn. It hurt. When she got out it was bleeding	2 cm horizontal laceration, gaping, over achilles insertion at heel- rt heel
Female	IN - Indiana Swimming	Meet - Competition	Bleachers - Spectator's	Patient spectator was walking along deck to new seating area that had wet areas and slipped and fell backwards with R knee behind her. The patient did hit her head on the pool deck but did not lose consciousness per witnesses. Patient was complaining of right knee pain, back pain and pain to back of her head. Witnesses had her lie still until medical had arrived, including multiple off duty firefighters already at event. After an initial evaluation, I determined she needed transport to the Hospital. 911 was called immediately. Bargersville Community Fire Department arrived and took over patient care. Patient transported to St. Francis South Campus.	Patient hit her head on the tile deck. No open wound or swelling was noted but some mild tenderness on touch. Patient was a little confused only briefly. Patient was also complaining of lower back pain around the belt line. Our staff did not move the patient as that was left that to local fire department. Patient was complaining of right knee pain. When patient fell her right foot slipped and went back under her right thigh. Patient was complaining of pain in the right knee joint, she had feeling and movement of the foot but tenderness around the joint. Iced was placed on her right knee while waiting for Fire Department.
Female	IL - Illinois Swimming	Meet - Walking	Water - Turn End	Fell and hit her jaw/lip/teeth	Attended to by onsite pediatric dentist who gave parents recommendation/directions
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	While swimming with a snorkel and head down swimmer struck hand/wrist on the end of the wall as he finished his set.	Swimmer fractured scapoid bone in left wrist

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer had been in the water for over an hour of practice. During our kick set he stopped at the wall and said he was having issues breathing. I asked him to get out. He then proceeded to tell me he was allergic to peanuts and thinks he's having a reaction. I asked him where his Epi Pen was. He went to his bag, but he didn't have it with him. I looked at him and could see his left eye was swelling and he was having very shortness of breath. I then took him as well as another parent into the parking lot. While out there we found a parent who had an extra Epi Pen on them. Ethan then took the Epi Pen he still didn't feel well so we ran him across the street to Urgent Care where they took him in.	Swollen eye and shortness of breath.
Male	SN - Sierra Nevada Swimming	Practice - Other	Water - Turn End	Swimmer was swimming butterfly and his goggles came off. He swam into the wall and hit his chin on the gutter, which caused bleeding.	Swimmer hit his chin on the gutter of the pool. Swimmer was taken to the hospital by his mother. The cut required three stitches.
Female	SE - Southeastern Swimming	Swimjitsu - Dry Land	Deck	Swimmer was starting legs swings (warm-up activity) and kick a white board. Swimmer sustained a large cut on the bottom of her foot.	The injury was initially put on ice until the blood began to pool and her mother was contacted (parent was sitting on the LTS deck with her son at a swim lesson). When severity was realized, the SGIS trainer applied pressure with gauze and wrapped. Athlete's father came and took her to an urgent care clinic.
Female	MR - Metropolitan Swimming	Practice - Other	Stairs	Athlete was walking down stairs to stretch, slipped and fell on her shoulder.	Throbbing and sharp pain to right shoulder
Female	NE - New England Swimming	Practice - Other	Deck	After a 20-minute swim, swimmer exited the pool to write her yardage on the white board. While approaching the board, the swimmer apparently lost consciousness and went to the ground. She did not hit her head. Coaches and lifeguards reacted and by the time they got to her she was alert again. EMS was called and they were going to transport her to the hospital but upon Mom's arrival, the family opted to take the swimmer to the near-by urgent care facility.	Her fall did not injure her head or other parts of her body. We are in possession of the accident report from the City of Dover and can email upon request.
Female	OH - Ohio Swimming	Practice - Other	Deck	Swimmer dismissed herself from set and sat on bench on pool deck. Began to lose consciousness, eyes rolling back, unable to support weight and shaking. Swimmer stopped shaking, replied "I can't breathe." Swimmer was not able to respond or support her own weight.	
Female	PN - Pacific Northwest Swimming	Other Start of Year Picnic	Outside Venue	Swimmer was hit with a stick by another swimmer at our start of year picnic after a disagreement between the two swimmers. Swimmer's parents then brought swimmer to the hospital to be evaluated. There was visible bruising on swimmer's forearms from being struck with the stick. swimmer's parents were present for the incident.	Visible bruising from being struck by a stick.
Male	PC - Pacific Swimming	Practice - Other	Outside Venue	While waiting for practice to start, some swimmers were running around. Swimmer tripped, fell, and scraped his knee and hurt his right wrist on the radius side.	Scraped knee. Not sure what the exact injury to the wrist turned out to be.
Male	PC - Pacific Swimming	Meet - Competition	Water - Turn End	Swimmer swimming back stroke, hit rear of head on wall on turn. Athlete felt dizzy, forgot what happened. After many minutes, he appeared to be confused. He was able to verbalize to staff.	
Male	MV - Missouri Valley Swimming	Meet - Warm-up	Water - Start End	The swimmer was coming out of the water when he caught the gutter with his toes and started pulling up. He slipped with pulling out of the pool, hitting his right shin on the gutter hard. The blow split his shin skin and gave him a sizable goose egg on his shin.	
Male	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Deck	Patient was walking back from locker room when he felt a pop and had extreme pain in his right foot.	Right foot fifth metatarsal
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Two swimmers collided. Coach has been told swimmer cannot return to pool w/out concussion clearance by doctor.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Two swimmers collided	
Female	MR - Metropolitan Swimming	Meet - Walking	Hallway	While getting swimmers from Gym staging site spectator was running in the hallway and slipped on the floor. Carpets were deployed but the foot that slipped was off the carpet.	When she fell she made a split pulling a muscle in her inner thigh.
Female	CA - So. California Swimming	Practice - Other	Water - Side		
Female	GU - Gulf Swimming	Meet - Competition	Water - Turn End	Athlete was approaching the 75 mark of a 200 free and it became apparent to some parents on the end that she was unable to breathe. One mom pulled her out of the water.	Swimmer was pulled from the pool and taken outside to a chair. Asthma medications were administered and water was given. Mom thought she was better and so they were attempting to get her to her mom's car when her poor breathing escalated again so an ambulance was called.
Female	CA - So. California Swimming	Meet - Walking	Deck	WHILE SWIMMER WAS LEAVING VENUE, SOMEONE WALKING THE OTHER WAY RAN OVER SWIMMER'S FOOT WITH CART.	CUT AROUND 2ND TOE NAIL ON RIGHT FOOT
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Swimmer had been nursing an injured shoulder, with PT guidance. She was swimming in an away meet and doing fine, but during the last race, 50 Breaststroke, her shoulder started bothering her significantly.	Possible sprain or soft-tissue injury.
Female		Practice - Entering / Exiting Pool	Deck	Swimmer cut her foot while standing on pool deck. After giving her first aid - I thought she sliced her foot somehow on a sharp piece of time. After leaving practice it was still bothering her. Her mom took her to MedCheck where they discovered a small piece of tile in her foot. Doctor took it out and she is no longer in pain.	
Female	CA - So. California Swimming	Meet - Entering / Pool	Water - Start End	Athlete entered warm-up pool to warm up for race. When athlete entered pool, the outside side of her right foot struck the bottom of the pool. Athlete warmed up for race for approximately 15 minutes before exiting pool in pain and seeking help from coach. Facility staff, lifeguards, and meet staff were not notified at the time of the incident. EMS was not called. Athlete's parent took athlete to the hospital.	Athlete is complaining of pain in right foot.
Female					
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	Practice is from 6:00 - 8:00PM with the first 30 min of dryland and the rest is swimming. During the warm up of swim practice the swimmer caught my eye and was showing signs of pain she realized she dislocated her shoulder she was at the deep end after a few moments she or it popped back in and the Assistant Coach (female) and I was able to assist her out she called her mom.	During the time we were waiting for her mom I asked if this had happened before and she said yes two weeks ago at school when someone pumped into her. This was the first that I heard of that incident I realized why she missed a few days of practice I had no prior knowledge of her dislocations. I told her that she needs to see a doctor/specialist to better understand the incidents. She was still in pain after it popped back in. I have not been given any further details
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Practice is from 6:00 - 8:00PM with the first 30 min of dryland and the rest is swimming. During the warm up of swim practice the swimmer caught my eye and was showing signs of pain she realized she dislocated her shoulder she was at the deep end after a few moments she or it popped back in and Coach was able to assist her out she called her mom. During the time we were waiting for her mom I asked if this had happened before and she said yes two weeks ago at school when someone pumped into her. This was the first that I heard of that incident I realized why she missed a few days of practice I had no prior knowledge of her dislocations. I told her that she needs to see a doctor/specialist to better understand the incidents	During warm up. She was still in pain after it popped back in. I have not been given any further details
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	Athlete exited the pool from warm up and complained about not being able to breathe, her tongue swelling, and a tingling feeling in her fingers. EMS was called to the facility. EMS suspected the cause was an allergic reaction. The swimmer was taken to the local hospital.	
Male	IL - Illinois Swimming	Practice - Other	Deck		
Female	MA - Middle Atlantic Swimming	Practice - Other	Locker Room	small puncture in left hand, the wound did not stop bleeding for 30 to 35 minutes. As per Swimmer, injury occurred at school around 2:00 PM, went to the nurse's office and bandage was applied. Prior to swim practice swimmer was in locker room and removed bandage and reopened the wound.	wound was cleaned, elevating the arm stopped the bleeding. Parent was called and picked up the swimmer. Since bleeding had continued for 35 mins, parent was advised to consult doctor.
Male	CO - Colorado Swimming	Practice - Dry Land	Outside Venue	The athlete performed an unweighted side lunge and felt a pop in his knee as he pressed up.	Initial doctor visit diagnosed a possible tear of the meniscus
Male	IL - Illinois Swimming	Practice - Other	Water - Bottom	Pushed off the wall in streamline backstroke at the shallow end of the pool. After pushing off, struck right foot on the bottom of the pool when starting kick.	After kicking foot on the bottom of the pool, right hip began hurting. It was uncomfortable to move.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CO - Colorado Swimming	Practice - Other	Water - Start End	Bleeding wouldn't stop for several hours after the incident	Was hit in the nose by another swimmer as they were swimming into the start end of the pool
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Lifting herself out of pool via backstroke bars, struck her forehead on the backstroke bars. Caused swelling on front, middle of forehead	Swelling on forehead. Administered ice pack. Talked to mother after incident. Suggested she go to hospital.
Male	IL - Illinois Swimming	Practice - Other	Locker Room	resulted by contact from a park district swim lesson participant also in locker room to change	approximately 1 inch cut on forehead. no signs of concussion
Male	OH - Ohio Swimming	Meet - Competition	Deck	Swimmer was injured while walking on the pool deck. Witnesses said he slipped and fell on his tailbone, then to his elbows, and his head hit a metal standard (pole) that separates spectators from the pool deck.	The athlete was conscious, breathing, had a pulse, wasn't bleeding, and had no signs of a broken bone. Swimmer did not recall hitting his head when he fell. EMS was called and the meet was halted. When EMS arrived they assessed the swimmer and determined that he didn't have a concussion. The meet referee informed the Worthington Swim Coach that the swimmer not remembering hitting his head was a sign of a concussion. Meet Ref filled out an Ohio Swimming Inc. Concussion Report and informed the Worthington Swim Coach that the swimmer would need to have a doctor fill out an Ohio Swimming Inc. Return to Play form before Peter could return to participation.
Female	OH - Ohio Swimming	Meet - Warm-up	Water - Start End	The injured swimmer was swimming towards the start end of the pool while another swimmer was beginning a backstroke start in the water at the start end. The injured swimmer was landed on by the start end swimmer when she executed her backstroke start.	Athlete said she had pain in her shoulders, neck, and had a headache. The meet referee noted the headache as a symptom of a concussion and filled out an Ohio Swimming Inc. Concussion Report. The Worthington Swim Coach was notified that the athlete would need to be cleared by a doctor before she would be able to return to participation.
Female	OR - Oregon Swimming	Other walking down bleachers at a meet	Bleachers - Spectator's	Swimmer was walking down the stairs between seating areas of bleachers at the end of her session of a swim meet. She slipped and landed on her ankle, and then stepped on it with her other foot.	The swimmer had completed her session of the meet and was preparing to leave when the accident occurred. She left with her parent, and many hours later, they decided to visit the emergency department. My understanding was there were no broken bones, but a sprain. I was not informed of the injury until much later last night, and I was informed of the trip to the hospital this morning.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete hit chin when jumping in pool. I got swimmers out of pool and had them sit down while I'll help clean blood off chin and assess the injury. checked to make sure her teeth were okay. The chin was only thing bleeding. After cleaning blood off, chin stopped bleeding. Placed a bandaids on the chin. Then took the athlete to her mother and explained what happened and what I did to assess and clean up injury. I advised that they keep an eye on her throughout the evening and double check the chin several times. The mother did not seem very worried about the situation When speaking to her	Chin cut was not deep. Stopped bleeding after being cleaned off with gauze pad. No loose teeth or mouth injury
Male	MR - Metropolitan Swimming	Practice - Other	Water - Side	Swimmer was going into his turn where he collided with another swimmer head on, his goggles were pushed into his nose and eye sockets. Swimmer stopped and was complaining of nose pain, headache, dizziness and slight nausea. He was removed from the pool, evaluated and then brought to a doctor by his mother.	Swollen nose, two small cuts on the nose.
Male	HI - Hawaiian Swimming	Practice - Dry Land	Bleachers - Athlete's	Stretch cordz stretched beyond capacity by two boys waiting for practice, stretch cordz came off pole and snapped back to catch swimmer on cheek (who wasn't one of the boys).	
Female	MI - Michigan Swimming	Practice - Other	Water - Lane Lines	Practicing Breaststroke was kicked on top of head and a second occurrence kick in the jaw.	Didn't complain until kicked in the jaw. Coaches asked Parent to watch for signs and symptoms of concussion, and to get her checked out by an MD.
Female	WI - Wisconsin Swimming	Practice - Dry Land	Gym	The athlete had giant shoelace loops on her shoe. We were finished with practice, she turned to side to walk, her foot got caught in the shoelace and she fell to the ground.	
Female		Practice - Dry Land	Gym		
Male	CA - So. California Swimming	Other Pulling covers	Deck	While pulling covers, the rope snapped causing the swimmer to fall backwards and his head hit the concrete (deck).	Swimmer fell backwards hitting back of head on deck
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	Per swimmers own explanation, during crawl stroke drill ("Zippers") swimmer did not stay on water surface, but pushed off wall downward on turn end and pulled both arms to side.	Pain in front of head, just above forehead. Skin unbroken.
Male	GA - Georgia Swimming	Practice - Other	Water - Turn End	Cut heel on tile in pool	
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Athlete was kicked in side of head by another athlete doing breaststroke kick in the adjacent lane.	Athlete was dizzy and complained of a headache.
Female	SC - South Carolina Swimming	Practice - Other	Other In the middle of the lane	Swimmer was swimming fly when another swimmer passed and hit her wrist. She said that she had previously broke that wrist and it hadn't healed all the way.	
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Running on asphalt path and tripped.	Scraped hands and shin. Wrist hurt (he was squeezing it a lot).
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Playing basketball during dryland, 2 athletes wrestling for ball. Swimmer fell/flew into the pole supporting hoop.	Hit head on pole
Male	OR - Oregon Swimming	Other Driving to Competition	Outside Venue	Traveling to the competition by car, on I84, in the early morning; the conditions were wet and raining. Driver lost control on the vehicle and it collided into the median three times, about three miles from the competition. An Ambulance transported the driver where he was tested for internal injuries and treated for multiple abrasions and contusions.	Symptoms of a concussion Minor cuts above the right knee, and forehead Sprained Knee & Fingers of the right hand Shortness of breath cause by bruised right lung Bruising in the chest and stomach area
Female		Meet - Competition	Starting Blocks	Athlete injured right ankle at Event 31 at Lane 7 on 10/29. Athlete competed in the meet after the incident. Incident reported on 10/30/2016 prior after the morning session prior to the afternoon session.	
Female	NJ - New Jersey Swimming	Meet - Competition	Other Bumped head on block	Exiting the pool bumped head on blocks	
Female	LA - Louisiana Swimming	Meet - Walking	Deck	Passed out due to low blood sugar	
Female	IL - Illinois Swimming	Meet - Competition	Bleachers - Spectator's		
Female	IL - Illinois Swimming	Meet - Competition	Deck	Showing a proper pullout for breast stroke and feet lost balance.	
Male		Meet - Watching / Observing	Outside Venue	The parent was feeling that his blood pressure is high. He asked for a Beta Blocker. I called EMS. His Blood pressure was 211/185. EMS rushed him to the hospital	Heart rate was 125 and BP was 215/185. He was complaining of not feeling well and he kind of new what he was going through. Someone called EMS and they came checked and recorded his HR and BP and took him to the hospital. We don't know what hospital.
Female	NT - North Texas Swimming	Meet - Walking	Deck	Swimmer slipped on deck behind the blocks before start of warmup and fell.	Salter-Harris II on the right radius
Female	AZ - Arizona Swimming	Practice - Dry Land	Deck	The swimmer slipped and fell while performing box jumps during dry land.	Mild fracture of the elbow. Currently in a sling and visiting an orthopedist on 10/28/2016 to review x-rays.
Male	GA - Georgia Swimming	Practice - Other	Other concrete area	While participating in dry land, swimmer was changing directions on a lateral agility drill. He was distracted and rolled his ankle.	
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Swimmer ran into the wall while doing backstroke, hitting his head. He did not see the flags as he approached the wall.	Swimmer has headache.
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Start End	cut heal on side of pool	cut heal of foot on side of pool.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	VA - Virginia Swimming	Meet - Competition	Other Bathroom Door	Swimmer closed her left hand in the bathroom door while trying to pass the door behind her.	Cut left pointer/middle finger
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Kicking streamline underwater; hit underneath the bulkhead	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer informed coaches Sunday that a warm-up incident occurred during Saturdays session. Swimmer hit wrists with another athlete during scheduled team warm-up. Swimmer informed parent that it didn't hurt to bad during the meet. Wrapped and iced wrist Saturday night. Pain worsened over night and swelling was noticeable as per parent information, swimmer was given ice Sunday morning before warm-up, wrist was wrapped in ace bandage athlete brought with her, and swimmer removed from remainder of meet. No immediate witnesses to injury.	Swimmer informed coaches Sunday that a warm-up incident occurred during Saturdays session. Swimmer hit wrists with another athlete during scheduled team warm-up. Swimmer informed parent that it didn't hurt to bad during the meet. Wrapped and iced wrist Saturday night. Pain worsened over night and swelling was noticeable as per parent information, swimmer was given ice Sunday morning before warm-up, wrist was wrapped in ace bandage athlete brought with her, and swimmer removed from remainder of meet.
Male	AD - Adirondack Swimming	Meet - Warm Down	Other warm down pool	Child was in the warm down pool when another swimmer jumped in and landed feet first on his head.	Describes pain in the back of his neck. Swimmer was advised to go to ER.
Male	AD - Adirondack Swimming	Meet - Warm-up	Water - Start End	Starts warm-up. He hit his head on the bottom of the pool after diving into the water.	Left forehead, mild discoloration and swelling. Complained of being dizzy. Gave mom ice and advised to seek medical exam. Mom taking for medical evaluation.
Male	IL - Illinois Swimming	Practice - Dry Land	Other Weight Room Area	Doing "box jumps", with two coaches in the area. Swimmer jumped up on the box and lost his balance, falling backward. He used his left hand to break his fall.	
Male	LE - Lake Erie Swimming	Meet - Walking	Outside Venue	Gentleman tripped on curb going up to pool.	Split chin, upper lip, broke upper dentures
Female	SC - South Carolina Swimming	Meet - Competition	Outside Venue	Fell off monkey bars on facility play ground - broke left arm	Broke left arm
Male	MI - Michigan Swimming	Meet - Warm-up	Water - Turn End	Swimmer during warm up swim missed judged distance to turn wall and ran full speed into it causing a possible concussion.	
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Lane Lines	During the warm up the athlete received a kick to the head by another warming up in the same lane.	Swimmer swam during the Saturday session of the meet. In the evening the athletes mother emailed coaches that she would take the athlete to see M.D. the following day.
Male		Meet - Competition	Water - Start End	Swimmer dove off of the block and hit his head on the bottom of the pool.	
Female	MI - Michigan Swimming	Meet - Watching / Observing	Water - Side	Swimmer was on side of pool watching next heat when she was knocked accidentally and fell mouth first into side pool ladder chipping front tooth.	
Female	GA - Georgia Swimming	Practice - Other	Water - Turn End	Swimmer hit her head on the wall while performing backstroke turn. Flags had been set up too close to wall after construction had finished (first night back at pool after lengthy construction project).	Swimmer stated she would get dizzy if she focused on one certain point for too long.
Male	IA - Iowa Swimming	Practice - Other	Deck	While walking behind the lane, the coach in question slipped forward on a hand paddle causing injury.	The coach slipped on a hand paddle while walking on the pool deck.
Male	GA - Georgia Swimming	Other team campout	Outside Venue	playing ultimate, tripped on horseshoe ring.	not sure if it's fractured. going for x-rays
Male	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Athlete was swimming into the wall/middle of the lane on a backstroke to breaststroke turn and collided with another swimmer as they dropped down into their push off, hitting the tops of their heads	Athlete had a headache and bump on head after the incident.
Male	WT - West Texas Swimming	Practice - Dry Land	Other Courtyard		
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Other Warm-down area	misjudged distance on backstroke flags and hit head on wall. Neck hurt.	
Female	PN - Pacific Northwest Swimming	Meet - Competition	Deck	slipped on deck. braced fall with arm and injured left wrist.	waiting to hear if fractured
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Swimmer's goggles fell off on the start. She had her eyes closed as she approached the turn and subsequently slammed her face / nose into the wall at the turn end.	
Female	GU - Gulf Swimming	Practice - Other	Deck	Swimmer fell on the deck and hit her chin	
Female	GU - Gulf Swimming	Other During practice	Water - Start End	While working on backstroke starts the touch pad fell off the wall onto her foot	
Female	KY - Kentucky Swimming	Practice - Other	Water - Lane Lines	The swimmer lost consciousness coming out of the turn while swimming. She managed to get out on the surface of the water and she was laid on her back on the lain line.	No body injuries. The swimmer lost consciousness during practice.
Male	FL - Florida Swimming	Meet - Competition	Outside Venue	Exiting the water during an open water event, while running for the finish, rolled his ankle and fractured his fibula. He did not realize at the time that the injury was as serious as it is. He iced the ankle and was able to walk on it. When pain continued, he went to the doctor after getting home from the event.	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	pushed off the wall, knee popped	possible ligament strain
Male	CO - Colorado Swimming	Meet - Watching / Observing	Hallway	Sister of swimmer accidentally opened the door over his right foot cutting the skin open to cause bleeding. Dad and staff member brought him over to the concessions stand and applied gauze and tape to control bleeding, Dad transported swimmer to Urgent Care where the cut was sutured.	Family returned to meet for the pm session to watch older sister swim. Swimmer reported to his coach that he is fine.
Male	MD - Maryland Swimming	Other Workshop - Chicago	Other hotel, Chicago	Official contracted a severe allergic reaction sometime on Friday during the opening session of the workshop. Self requested to go to ER. Hotel staff called ambulance and he was transported to local ER, treated with Benadryl and steroids and returned back to workshop same night.	
Female	MD - Maryland Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete was near bleachers with team, slipped on the deck, fell and hit her head, elbow, hip, sustained back pain, slight dizziness and head hit bleachers as she fell. Meet official reported athlete did not lose consciousness.	
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Turn End	Hit heel on wall at flip turn and split heel open.	
Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	The team was playing a land version game similar to Sharks and Minnows. Two participants weren't paying attention and accidentally ran into each other. They basically butted heads.	During a dryland game, two swimmers collided and hit heads. One stated that he was fine, with a bump noticed on his forehead. The other, stated she was dizzy immediately after the collision. Her parents were on site and immediately took her home, so no first aid was administered on site. Later that evening, she informed her parents she felt nauseous. Her parents called the trauma nurse associated with their insurance company, who suggested they take her to the Emergency Room. They took her to the ER at Levine Children's Hospital (1000 Blythe Blvd; Charlotte, NC; 28203; (704) 381-2000. The ER doctor performed a battery of tests to determine if she suffered a concussion. His conclusion was that she did not. I called her parents for a follow up on 10/14/16 and was informed that she didn't suffer any other symptoms and is fine.
Male	MD - Maryland Swimming	Practice - Other	Other		
Male	IL - Illinois Swimming	Practice - Other	Locker Room	cut the inside of his toe on a border tile	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male		Meet - Walking	Deck	Checked in with Coach and then went to bleacher side of pool to set his stuff down as instructed. Swimmer had just put his stuff down and was headed to his coach. He took maybe 3 steps and ended up slipping on the wet pool deck in front of the bleachers. It was obvious when he landed that he broke his arm. Father took him to the car while mom told the coach what happened and that we were leaving. After the trip to ER mom stopped by and informed both coaches what the hospital said. They asked for hospital documentation to be emailed to them.	It was obvious based on the bend in his arm that the bone was broken. Grabbed him and went straight to ER in just his swimsuit. Both his ulna and his radius were broken. Hospital doctor tried to set it with no luck. Sent home in splint and referred to an orthopedic surgeon. Seen at Childrens Bone and Spine on 10/10/2016. Surgery scheduled for 10/12/2016 at St Rose Siena. 2-3 month recovery.
Female	NT - North Texas Swimming	Practice - Dry Land	Other Running	Athlete has a history of seizures and we were prepared for an event like this one. Had a seizure during team run by the pool. Was assisted to ground by teammate and I was able to stabilize her as the seizure started. Lifeguards and parent were notified and outside to provide assistance within a couple minutes. Her mother gave her pre planned anti seizure medication as the seizure continued. After 4 minutes EMS was contacted and arrived on scene within a few minutes. The took over and the seizure ceased as they loaded her into the ambulance with her mother and went to the local hospital.	Pre-existing condition
Male	WI - Wisconsin Swimming	Meet - Watching / Observing	Gym	Athlete was jumping on trampoline during a break at an NCAA meet (Auburn vs. WI) that the Lake Country senior team was observing as a team activity. Athlete did not "stick" the landing on his dismount.	Badly bruised heel. Vary painful. X-Rays were negative.
Male	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Other steps into hot tub	Swimmer was walking into the hot tub and caught his foot on the first step, and fell into the ledge and hit the entry safety wall with his head. Cut above right eye, about 3/4 long, 4 stitches at the E.R.	Cut above right eye, about 3/4 long, 4 stitches at the E.R.
Male	MD - Maryland Swimming	Practice - Dry Land	Bleachers - Athlete's	Swimmer was doing box jumps and his toes slipped off the edge and he made contact with the edge of the bleacher with his left shin.	
Female	GU - Gulf Swimming	Practice - Other	Locker Room	Exiting visitor locker room and bottom of the door caught her toe nail	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Wearing fins and on his back he was kicking and hit his head on the wall	
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	Touch pad fell off wall and cut swimmer's foot	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Lane Lines	Swimmer was kicking and kicked either the lane line or another swimmer. He felt his knee pop. Swimmer got to the side of the pool and climbed out and alerted the coach.	Swimmer was asked if he wanted treatment. He accepted ice, declined help leaving the deck/pool. He was able to walk (not easily) under his own power. Swimmer was taken to an orthopedic the same day. His parents alerted the team on 10/10 of the severity of the injury.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	RAN INTO WALL WITH HEAD ON FIRST BREASTSTROKE TURN	
Female	CA - So. California Swimming	Meet - Warm Down	Other middle of the pool		
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Injured swimmer ran into another swimmer when pushing off the wall. Injured swimmer went second in the lane and left the wall too soon and was kicked on the top of the forehead by the first swimmer in the lane.	Dizziness and injured swimmer began to get sleepy when getting assessed for concussion.
Female	HI - Hawaiian Swimming	Practice - Other	Water - Turn End	Swimmer hit the back of her ankle on the bulk head while doing a flip turn towards the end of practice. She got out of pool and stated she hit her ankle on bulk head, she did not complain of pain and was walking normally. Coach explained she should put some ice on it when she got home.	Two days after incident, Mother text messaged stating the swimmer's ankle (achilles) was hurting and she was having problems walking. She texted she might take her to doctor.
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Swimmer before Dryland was working on Pull up bars hands slipped and fell back and hit her head	Swimmer could not remember the accident or how she got to the pool
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	misjudged backstroke flip turn and ran into wall head first	
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Misjudged wall for backstroke finish...	Since It was a Head injury we followed concussion guidelines
Female	ST - South Texas Swimming	Practice - Other	Water - Turn End	Hand slipped and chin of athlete contacted the edge of the wall.	Was informed that athlete received several stitches on underside of chin.
Female	PN - Pacific Northwest Swimming	Practice - Dry Land	Other Covered patio area	Twisted Ankle.	Sprain/small tare around ankle.
Female	UT - Utah Swimming	Practice - Other	Starting Blocks	While working dive progression, swimmer sits to get her feet to the front edge of the blocks. She slipped getting up from sitting position to standing. She slid down on her the back of her legs as her feet slipped out from under her.	
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Went in for a backstroke finish at the turn in. Hit his head on his lunge forward	Speaking slowly. Has headache. Slow to respond to stimulus and questions. Shaky while walking
Female	CC - Central California Swimming	Meet - Competition	Other water - no specific	shoulder starting hurting during meet. Took three weeks off to rest. Started back and shoulder started hurting immediately. Went to doctor and are waiting for MRI to learn more	shoulder is hurting consistently throughout the day, waiting for diagnosis
Female	IN - Indiana Swimming	Other practice starts	Water - Start End	Swimmer practicing starts, dove too deep and scraped nose on bottom of pool resulting in a cut on the top of nose. Swimmer existed water and lifeguard assisted with paper towels to bloody nose with ice pack on top, then mother in stands came and helped swimmer get clothes on over suit. Parent said they were taking swimmer to emergency room to be checked out.	Swimmer practicing starts, dove too deep and scraped nose on bottom of pool resulting in a cut on the top of nose. Swimmer existed water and lifeguard assisted with paper towels to bloody nose with ice pack on top, then mother in stands came and helped swimmer get clothes on over suit. Parent said they were taking swimmer to emergency room to be checked out.
Female	SN - Sierra Nevada Swimming	Meet - Competition	Water - Turn End	Hit head on the wall during backstroke race.	Dizziness and blurred vision
Female	OH - Ohio Swimming	Other Bathroom Break	Locker Room	Fell on waxed tile that was very slippery	Fell on tile during a bathroom break. Broke radius at wrist/growth plate. Was assessed by coach and was determined to be injured severely enough to need immediate attention. Taken immediately to parent and parent took immediately to urgent care for xrays.
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End	We were practicing starts. The swimmer dove off the side, when he was returning to the wall he felt his knee cap pop out of place. This has happened to him before. There was no collision with anyone else or contact with anything other than the water	knee cap was out of place
Female	LE - Lake Erie Swimming	Practice - Dry Land	Deck	Swimmer was standing on the bulkhead of the pool before practice, she stepped down off the bulkhead onto the pool deck to get a drink of water. Swimmer miss judged her footing and landed on the toes of her right foot, her right foot was flexed she did not landed flat footed.	
Female	NC - North Carolina Swimming	Practice - Dry Land	Team Area	Skipping during activation and fell	
Male	NI - Niagara Swimming	Practice - Other	Deck	Athlete was exiting the locker room and entering the balcony stairway, when the door slammed on his finger	Athletes finger was cut, broken and had 5 stitches
Male	NI - Niagara Swimming	Practice - Dry Land	Deck	After practice had ended, swimmer was passing through a door which separates the deck from the spectator area. The door shut on the swimmer's hand (specifically his finger).	Swimmer's finger was shut in door. The finger suffered a deep laceration and bruised quickly. Upon visiting an urgent care facility, it was determined that the swimmer's finger was also broken.
Male	KY - Kentucky Swimming	Practice - Entering / Exiting Pool	Water - Start End	The swimmer dove in to start practice and without hitting anything he dislocated his right shoulder.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Bottom	A team mate dove on top of swimmer while she was under water and caused her goggles to slice her eyelid.	5 stitches
Female	WI - Wisconsin Swimming	Practice - Other	Bleachers - Spectator's	While walking down the stairs in the bleachers, she mis-stepped and rolled her ankle on one of the steps.	Appearance of swelling and possible sprain and/or fracture.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	FL - Florida Swimming	Meet - Entering / Pool	Water - Start End	Swimmer jumped in the pool for warm ups with the team. He struck the bottom of pool and immediately complained of foot pain. Coach asked what happened and determined that it would have been hard to break his foot by jumping in 6 feet of water. Swimmer swam another 100 and again complained of pain. Coach had him see a lifeguard and apply ice on his foot. Upon his mother's arrival he was taken away to the ER where it was determined that he broke his foot.	
Male	WI - Wisconsin Swimming	Practice - Other	Water - Side	Swimmer injured toe while playing game in the deep end of the pool. Game involves jumping in feet first in deep end of pool (8 foot depth).	Parent notified coach on Sunday after the incident on Thursday. Swimmer was taken to Urgent Care the evening of the injury and diagnosed with sprained toe.
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Another swimmer coming off a turn ran his kickboard into swimmer's face during the action of the turn	Got struck in the goggles and has cut below his eye. Said he was fine but sent home with mom to go to doctor.
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	During a practice dive set one swimmer dove onto another swimmer approximately 8 feet from the wall. Swimmer struck was underwater and was hit on the right shoulder by diving swimmer.	Injured right shoulder. Emergency room physician determined no broken bones.
Female	WT - West Texas Swimming	Practice - Other	Halfway	Was running in the halls before practice, slipped and hit her chin on the ground. small laceration on bottom chin. Treated and cleaned onsite for bleeding. Required stitches from medical facility.	small cut. Otherwise unharmed during on the scene assessment.
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Side	knee pain during practice - pre existing condition	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End		
Female	VA - Virginia Swimming	Meet - Warm-up	Other Warm up pool		
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Swimmer was wearing fins while swimming back stroke. She mis-judged the wall, tilted head back and hit her forehead against the wall on her finish.	
Male	SE - Southeastern Swimming	Practice - Dry Land	Deck	injured party stepped on a piece of dryland equipment, tripped and fell receiving injury to his arm.	Athlete fell after trip and broke arm on the pool deck
Female	GU - Gulf Swimming	Swimjitsu - Entering / Exiting Pool	Gym	Swimmer hit her head on a weight bar while changing stations during dry land practice in the weight room.	Parents were on site to assist with care along with staff and first responders.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer hit head on the wall during backstroke finish.	Swimmer experienced 10 minutes of dizziness followed by head throbbing/headache. Swimmer's mom is a nurse, familiar with the concussion protocol and will monitor and determine next steps.
Female	ST - South Texas Swimming	Meet - Competition	Halfway	Over-heated, lost consciousness. Regained consciousness.	
Female	MA - Middle Atlantic Swimming	Practice - Dry Land	Other outside athletic field	athlete jumped up on the way off the field and landed with her leg straight. she went down and held her knee. coach stabilized her leg. emergency services was contacted. coach monitored athlete until EMT arrival.	athlete complained of pain on her knee and just below her knee cap.
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Stuck head coming in on backstroke	small bump with some scraping at top of head
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer had entered the water and was struck in the head by another swimmer's chin who did not see him as he was entering the water	Small cut on left side of head above hairline.
Male	NI - Niagara Swimming	Practice - Dry Land	Outside Venue	Injured party participated in running exercise during dryland. Activity took place at a school yard, on surface similar to astro turf, under coach supervision. Injured party fell and afterwards stated he tripped over his feet. The incident did not involve other children who participated in the same activity.	Injured party fell, came to rest on the ground, and at first was quiet before calling out in pain and expressing intense pain. Supervising coach called ambulance. Injured party's mother, a medical doctor herself, was at the indoor pool area and came to see what happened. Medics arrived and checked the injury. Preliminary diagnosis appears to be dislocated shoulder. Injured party was transported to Strong Memorial Hospital in Rochester, NY.
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer stuck his hand into the suit dryer as it was still moving, slicing finger open pretty wide. Was required to go to emergency room.	Slice of finger from one side to the other. Bleeding really good.
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Outside Venue	Child had just finished practice and left the venue to walk across the street to the Elementary School Campus that is within the Upper School Campus of the Bolles School because he had forgotten a shirt. When he was walking back to leave with Mom there was a snake on the sidewalk he was on that he didnt see until he was upon it at which time the snake jumped at him and bit him on the right index finger. He said the snake was black with yellow lines. Snake did not appear to venomous but Bolles Security was called as was 911 where the EMT's came out checked him out. His vitals were fine and said he was not in much pain. Mom and Dad opted to take him themselves to the hospital. Child go up and walked unassisted.	Child had just finished practice and left the venue to walk across the street to the Elementary School Campus that is within the Upper School Campus of the Bolles School because he had forgotten a shirt. When he was walking back to leave with Mom there was a snake on the sidewalk he was on that he didnt see until he was upon it at which time the snake jumped at him and bit him on the right index finger. He said the snake was black with yellow lines. Snake did not appear to venomous but Bolles Security was called as was 911 where the EMT's came out checked him out. His vitals were fine and said he was not in much pain. Mom and Dad opted to take him themselves to the hospital. Child go up and walked unassisted.
Male	MA - Middle Atlantic Swimming	Practice - Dry Land	Halfway	Athlete was performing sit-ups and leaned back too far and struck the blunt end of a metal door with his head. The swimmer experienced dizziness. The athlete became flush / red in the face and also expressed signs of nausea however did not vomit.	I asked the athlete not to swim and to contact a parent. The athlete spoke to the parent and I explained on the phone what happened to the athlete and the symptoms that I witnessed and recommended that the athlete receive medical attention. The parent arrived in about twenty minutes and I made sure that the athlete got into the parent's vehicle. I am unsure if the athlete was taken to get medical attention and haven't received a word or email about the situation any further.
Female	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Athlete was coming into the wall for a turn and collided with an athlete leaving the wall from a turn.	Athlete complained of a headache
Female	GU - Gulf Swimming	Swimjitsu - Other	Water - Side	On Sunday 8/28/2016, Our coach received a text message from the parent of a swimmer stating that during the team party her daughter hit her head. When they got home the swimmer told her mom that she had hit her head. Her mom took her to the ER and she got 4 staples in her head.	
Male	IN - Indiana Swimming	Practice - Other	Water - Start End	Swimmer struck his head finishing in to the wall on backstroke. He complained of a headache and slight dizziness. He sat on the edge of the pool until his dizziness subsided. He did not have any tingling sensations or sharp pain. He was able to walk to the bleachers to retrieve his clothing. He called his mom and she picked him up. Swimmer's parents reported that they took him to the emergency room the following day after he came home from school and still had a headache. He was diagnosed with a concussion by the emergency room physician. He has a follow-up appointment.	Swimmer was taken to the emergency room the next day. His parents reported that he came home from school with a headache and they took him to be checked out. The E.R. doctor diagnosed a concussion.
Female	IN - Indiana Swimming	Practice - Other	Other pull-up bars	Athlete fell from pull-up bars. Landed with both arms behind her.	Complained of pain in both arms. Evaluated by trainer and recommended to have it looked at. Taken by Mom to Med-Check for x-rays. Bi-lateral buckle fracture in wrists. Evaluated and treated by orthopaedic doctor 9/9/2016. Both arms in casts for next 3 weeks.
Female	IN - Indiana Swimming	Practice - Dry Land	Gym	Athlete was descending the stairs and slipped, rolling her ankle.	
Male	NC - North Carolina Swimming	Practice - Other	Outside Venue	Three groups on the team were playing ultimate frisbee for practice. Two swimmers were going for the disc, did not see each other, and collided. Swimmer in this report fell on both wrists after collision.	Swimmer's father picked him up and took him to Carolina Ortho. Both wrists are fractured, however the left is significantly worse. Will have casts on both of them.
Female	CO - Colorado Swimming	Practice - Other	Other while swimming	Swimmer complained of some shoulder pain. After talking with us I thought we submitted this report? Cannot find any paperwork or emails however. Swimmer continued to swim and went to therapy.	Pain in shoulder while swimming.
Male	MV - Missouri Valley Swimming	Other Team Hotel for Zone Meet	Other Hotel Room	Swimmer's mother reported that the swimmer had been hit on the foot by the hotel door. He sat out warm ups and then swam his events throughout the meet with no issues reported. When we got back, mom emailed that he had a stress fracture.	
Male	SN - Sierra Nevada Swimming	Meet - Competition	Water - Turn End	Jammed his arm while approaching the wall.	Swimmer swam into the wall and dislocated his shoulder on impact.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	WT - West Virginia Swimming	Practice - Entering / Exiting Pool	Deck	As swimmer was getting out of the pool, she slipped and fell, hitting her head on the deck and cutting her finger on the bleachers.	Swimmer developed symptoms of a concussion over the next 24 hours.
Female	AK - Alaska Swimming	Meet - Warm-up	Water - Start End	Kicked by swimmer in warm up lane	
Female	CA - So. California Swimming	Other pool set up	Deck	Lifting team white board used for communications, sliced finger on loose metal frame.	Care was administered by staff at facility...bleeding was uncontrolled after several attempts to apply pressure. Staff advised that she go to ER.
Female	WY - Wyoming Swimming	Meet - Warm-up	Starting Blocks	swimmer fell off the block into the water and hit her head/elbows on bottom of pool during warmups	
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer was swimming a backstroke set and ran her head into the wall. It hurt enough to end training for the day.	A list of concussion symptoms was given to the parents. Swimmer was seen by the school trainer prior to practice on Thursday. Trainer requested medical clearance by a doctor before returning to training.
Female	FL - Florida Swimming	Practice - Other	Deck		FELT NAUSEOUS AND DIZZINESS AFTER SWIM PRACTICE.
Male	MS - Mississippi Swimming	Other Hotel at zones	Outside Venue	Sliped and fell into door cracking tooth	
Male	PC - Pacific Swimming	Other During breakfast with team prior to session 3 of meet	Other Hotel	Swimmer was in line for breakfast with travel Western Zone team and passed out. Team Manager was talking to him during incident. Swimmer was released to parent to take to hospital.	
Female	PC - Pacific Swimming	Meet - Competition	Team Area	Swimmer advised coach she was dizzy. She was brought to the team area, given water and a banana. Team manager was observing swimmer and she became unresponsive. Team manager did a sternum rub on her twice and swimmer was still unresponsive. Coach called to the team area, team manager had lifeguard call 911 and parent called. Parent released swimmer to parent for further medical follow-up after treatment on site.	
Female	HI - Hawaiian Swimming	Practice - Other	Water - Start End	Swimming freestyle into the wall and hit her face	Goose egg bump on forehead when swimming into wall with goggles full of water
Female	ST - South Texas Swimming	Meet - Competition	Water - Start End		
Male	PC - Pacific Swimming	Meet - Competition	Deck	Kid fell off and cut his eyelid against cooler.	
Female	MR - Metropolitan Swimming	Meet - Warm-up	Starting Blocks		
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Turn End	The swimmer the hit her in the back of the neck was swimming butterfly and did not see the swimmer she accidentally hit on the back of the neck.	severe headaches,dizziness when turning head
Male	CC - Central California Swimming	Meet - Competition	Starting Blocks	On blocks to start went down to hold to start ankle gave out and swimmer fell into water.	
Male	LE - Lake Erie Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer fell hit his head on deck	Swimmer fell on deck. Hit his on the deck. Father was told to get him check out as soon as possible
Female		Meet - Watching / Observing	Bleachers - Spectator's	Stepping down from bleachers, missed step, right leg slipped into gap between 2 sets of bleachers	
Female	NI - Niagara Swimming	Practice - Other	Water - Lane Lines	Swimmer was hit in the nose by a swimmer in another lane doing a fly drill. His hand hit the swimmer's nose.	Small cut on the bridge of her nose from her goggles. Nose was slightly swollen and was bleeding badly. The x-rays showed it was fractured.
Female	SD - South Dakota Swimming	Practice - Other	Water - Side	Athlete had a seizure in water.	
Male	AZ - Arizona Swimming	Meet - Warm-up	Locker Room	Scorpion was in swim bag in locker room.	
Female	IA - Iowa Swimming	Other Meet - Resting between events	Bleachers - Athlete's	Athlete was sitting on deck with legs bent. She twisted her torso and began rising to her feet. While moving to a standing position her right knee "tightened up and then tweaked and locked up".	Right knee, minimal pain while bent, but pained when attempting to straighten or bear weight.
Female	NE - New England Swimming	Meet - Competition	Other Getting out of the pool	Swimmer said her knee was bothering her on 7/29/ On Saturday, 7/30, while getting out of the teaching pool Swimmer said she felt a "pop" in her knee.	Taken to hospital ER by swimmer's mother.
Female	CA - So. California Swimming	Meet - Walking	Outside Venue	Felt Weark, Fell while walking - laceration back of head - was outside of venue, was waking up a hill to get inside of venue	Swimmer said she felt a "pop" and felt pain when trying the straighten out her knee.
Female	CA - So. California Swimming	Meet - Competition	Outside Venue	Felt wear, fell while walking - laceration back of head - was outside of venue. was walking uphill to get inside of venue.	Laceration on back of head
Male	VA - Virginia Swimming	Meet - Competition	Water - Start End	Swimmer hit his head on the end of the race course at the finish of the butterfly race.	
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	While swimming backstroke swimmer struck head on the end wall	
				athlete rolled her ankle doing basic jogging.	
				on May 23rd athlete had x-ray that was negative.	
Female	ME - Maine Swimming	Practice - Dry Land	Other playing field	On June 21st athlete had MRI that revealed significant soft tissue damage.	
Male	GA - Georgia Swimming	Meet - Competition	Water - Turn End	Swimmer was in the middle of the 100M butterfly when they came to a complete stop. Swimmer appeared to have suffered a seizure, stopped moving and began to sink. 911 was called immediately. The athlete was pulled from the water by the lifeguard and the athlete's father who is also a USA swim coach. Upon removal from the pool, the individual was non-responsive with pupils fixed and no pulse. A nearby coach began performing chest compressions. Several rounds of CPR and mouth breaths were administered. Swimmer eventually regained consciousness and an oxygen mask was applied after chest compressions. Swimmer then aspirated after the oxygen mask was applied. Mask was subsequently removed, athlete was cleaned off and mask cleaned and reapplied. EMT's arrived as the swimmer was regaining consciousness. The individual was loaded onto a gurney and taken to a nearby hospital for further evaluation. The individual appeared to have been stabilized when being removed from the facility.	Athlete lost consciousness while swimming the butterfly. Athlete was removed from the pool whereby CPR and mouth breaths were administered. Swimmer regained consciousness and was taken from the facility by ambulance to a local hospital.
Female	IN - Indiana Swimming	Practice - Other	Water - Lane Lines	Athlete was warming up and her right hand caught the lane line.	broken bone in right hand
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Turn End	Swimmer kicked in head, right side (temple/side of eye) during warmups. Foot to head contact.	ice applied to affected area to reduce swelling. swimmer complained of nausea, dizziness, sensitivity to light, and displayed some confusion. Parents on site and elected to take to family doctor. Athlete withdrawn from weekend's remaining events
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Athlete stubbed toe on bottom of metal locker room door. Door cut the top of the pinky toe at the nail, and created a laceration that required stitches. Parents were contacted and took athlete to ER for treatment.	Cut at the toe nail to the top of the pinky toe

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Swimmer was in lane 1 and appeared to have an asthma attack. Swimmer was able to swim to the side and get out of the water.	
Male	OR - Oregon Swimming	Other Swim a Thon	Water - Start End	Nosebleed	Swimmer's nose just started bleeding and it wouldn't stop. Held direct pressure and ice for 40 minutes
Female	CA - So. California Swimming	Practice - Other	Other in the water	While playing toypedo, one swimmer accidentally breaststroke kicked the injured athlete in the mouth, nose, forehead area.	Face is in extreme pain. Numbness in upper lip area. Tingling throughout body. Says she felt her neck bend backward when kicked.
Female	SR - Snake River Swimming	Practice - Dry Land	Deck	Slipped off balance ball after completing an exercise on it and landed on left arm.	Swimmer had pain from shoulder to finger tips
Female	IN - Indiana Swimming	Practice - Other	Locker Room	Swimmer ran into a wall and cut open her forehead when the power went out in the school.	1.5 cut on forehead just off to the left side of her nose above her left eye.
Female	NJ - New Jersey Swimming	Practice - Other	Bleachers - Athlete's	Passed put on bench and fell hitting head and chipping tooth	Fell off bleacher after blacking out and landed hitting head and chipping tooth.
Female	CT - Connecticut Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was on the start block in lane 1. She adjusted her back foot and slipped off start block. Coach was at the block supervising starts and lifeguard on duty, was standing at lane one by the ladder. This is athlete's 2 year swimming with the team. She has competed in several meets at the High School pool along with pools within our League division. She has competed in Trials for our division and always starts from the block.	exited the pool unassisted. Her head was stabilized and pressure put on wound until paramedics arrived.
Male	AM - Allegheny Mtn Swimming	Meet - Watching / Observing	Other Administration table	During a sanctioned swim meet, on 7/10/2016, I was operating the timing system console when I became overheated and blacked out. While I was disoriented, it was determined by an official that is a licensed physician that the paramedics be called and taken to the hospital to be treated for dehydration.	I was taken to Forbes Regional Hospital in Monroeville, PA
Female	MI - Michigan Swimming	Meet - Walking	Hallway	Athlete was walking in the hallway without shoes on & slipped & fell hitting chin on floor when falling	Small cut on underside of chin - 1cm in length
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	she was doing a flip turn and ran into the wall	
Male	GU - Gulf Swimming	Meet - Competition	Starting Blocks	Swimmer dove in during a relay and hit head on the bottom of the pool.	Hit head on bottom of the pool. Upper back pain and blood nose. Fuzzy vision
Female	KY - Kentucky Swimming	Practice - Other	Deck	I was walking the deck looking at the storm coming from the east to see if I need to get my swimmers out. I ran into a bench with my shin. I busted it open and got a bad bruise. Convenient Care couldn't stitch it because it was deep but the flap of skin was already damaged. They put strips to pull it together. They took a XRAY because of the sign of the swelling.	
Female	CO - Colorado Swimming	Meet - Walking	Water - Start End	From the CMAC Accident Report Form- swimmer was by the meet table when she fell and hit her head.	
Female	MV - Missouri Valley Swimming	Practice - Other	Other On sidewalk during dry land run	Ice bag was given to swimmer.	Swimmer fell and hit the right side of her head. She left with her parents and went to the hospital to be examined.
Female	MV - Missouri Valley Swimming	Practice - Other	Other On sidewalk during dry land run	Swimmer was completing a dry land run on sidewalk through neighborhood surrounding pool. A dog being walked on a leash bit her on her left hip. The bite caused an open wound, drawing blood.	The bite occurred on swimmer's left hip. It was bleeding. First Aid was given. Parent called, and swimmer was taken to doctor.
Male	OR - Oregon Swimming	Meet - Competition	Starting Blocks	Swimmer was on #1 start block at the ready for the start when the start block broke off within the blocks base plate. Swimmer and start block fell into the pool.	Swimmer complained of pain in left hand and the left side of his back. Hand was swelling and two large abrasions on his left lower back was observed.
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	While getting back in the pool after retrieving a pool buoy, athlete slipped on buoy he placed on gutter and landed on the hook that holds the lane rope to the wall.	Hook of lane rope scraped and punctured athlete's upper leg. Taken to Urgent Care by parent and had to have stitches.
Male	WI - Wisconsin Swimming	Meet - Walking	Outside Venue	a spectator watching his grandchildren participate in the meet, and he was walking with a cane to the bathroom on a sidewalk outside of the facility alone. He lost his balance and fell onto the sidewalk. He sustained an injury/abrasion to his head and the left arm. A meet attendee approached the front desk worker and said they were in need of a bandaid for someone who had fallen on the sidewalk. Upon arrival the front desk employee decided to hold c-spine for the possible head/neck/spine injury and help to stop the bleeding. A spectator called 911. Spectator was transported in the ambulance to Froederdt Hospital.	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	Athlete was swimming 200 backstroke and had difficulty breathing and exited the pool after 100 m.	He is also a coach and was very dehydrated, as it was the last day of a very long meet.
Female	MR - Metropolitan Swimming	Meet - Competition	Locker Room	Swimmer was walking in the locker room and fainted due to pain from severe mental cramps	swimmer experienced temporary loss of vision and temporary inability to move legs
Male	OH - Ohio Swimming	Meet - Warm-up	Water - Start End	Hit his head while climbing out of the pool during warm-ups. Swimmer then passed out.	Passed out. Suspected head neck or back injury.
Male	IN - Indiana Swimming	Meet - Competition	Bleachers - Athlete's		Swimmer had just finished event, was awake but short of breath, not answering questions, holding head. 911 was called, then swimmer said they have anxiety attacks. Parents were not present at the meet. Coach was notified.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer hit his head at the turn end doing backstroke. Miscalculated his stroke.	
Female	GA - Georgia Swimming	Other Leaving hotel to come to the meet; working as an official	Other Hotel Curb	Stepped off curb and rolled ankle. Reported to medical room at the met and evaluated by a physician. Icd and compressed; placed in a ace wrap and brace. Refereed for x-rays. x-rays showed distal fibular fracture	
Male	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Tripped and fell catching his fall with the right arm	Possible fracture of radial head; he was instructed to compress, ice, and follow up with his physician when he gets home tomorrow. X-rays were not requested at the time of the evaluation.
Female	MV - Missouri Valley Swimming	Practice - Other	Deck	Swimmer sat down while practice was taking place. After about 5 minutes she collapsed and was laying on the ground. Another coach ran to assist her, she was pretty non responsive and was taking very shallow breaths. EMS was called and they took her to Wesley Medical Center to be further evaluated.	
Female	ST - South Texas Swimming	Practice - Other	Other mid pool	A swimmer swam up the wrong side of the lane and collided into athlete head on.	Swimmer has been diagnosed with a concussion by a doctor
Female	CA - So. California Swimming	Other 4th of July Parade - Team Event	Other Parade route	Swimmer was walking along the side of the team float and the trailer tire ran over part of her foot. Police officer and paramedic talked to Swimmer and looked at her foot. They offered a ride to the hospital. Instead the mother took her to an urgent care which was closed and then took her to the emergency room.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Swimmer was in the cut out on the North end of the pool. A coach near by witnessed and saw swimmer doing a backstroke sprint toward the north end. He hit his head on the pool ledge. The boys mother saw it and she took him out of the water and put ice on his head.	
Female	FL - Florida Swimming	Meet - Warm-up	Water - Start End	The swimmer was swimming in lane one when she pushed off the wall she had an approximately 1 inch long laceration to her left big toe – cut on the plate holding the touchpad	
Female	CA - So. California Swimming	Practice - Other	Team Area	Swimmer was involved in T-Bone accident day before felt okay during warm up the next morning and during practice swimmer felt dizzy, body numb and incoherent of questions. Coach took initiative to aid the swimmer by sitting her down, asking her basic questions. Swimmer's parents were called and notified and parents picked her up.	Swimmer felt dizzy, body numb and incoherent of questions from Coaching staff
Female	IN - Indiana Swimming	Practice - Dry Land	Bleachers - Spectator's	Swimmer was doing jumps in dryland and missed the mat she was jumping onto, falling backward and bracing herself with her right wrist and left elbow.	Swimmer fractured left humerus
Male	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Hit his head on the wall during a flip turn	No visible symptom other than pain

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Athlete was run into by another swimmer coming off of a turn wall	small cut above eye right where goggles press against face
Female	IN - Indiana Swimming	Other Training trip activity	Other On the beach	During a team activity on training trip, Athlete was struck in the head by an object resulting in a laceration requiring medical treatment and stitches.	Laceration to the forehead
Male	CO - Colorado Swimming	Practice - Other	Deck	Was putting away lap lanes and slipped and fell as the roller for the lap lanes struck my ankle shin area.	
Female	OH - Ohio Swimming	Practice - Other	Stairs	Slipped walking down the stairs	Jammed shoulder elbow and wrist when falling.
Male	MT - Montana Swimming	Practice - Dry Land	Gym	Was holding a weight at chest level. The weight slipped and the injured party reacted to catch the weight and the end of his right middle finger was smashed by the weight. when it cam in contact with the floor	Following the incident, the end of the right middle finger was bleeding from a cut. It bruised and swelled nearly immediately.
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Deck	athlete was in distress with severe stomach pain. fear was potential appendicitis. Coach and family took to local hospital to be evaluated. Everything checked out clear. Athlete returned to competition next morning.	athlete was in a lot of pain and very distressed
Male		Meet - Competition	Deck	Slipped after getting out of water after breaststroke race, when he went to stand up he hit his head on the diving board base	Small bump under hair on top of forehead
Male	KY - Kentucky Swimming	Practice - Other	Water - Bottom	The swimmer was walking on the bottom of the pool holding weights. Lost consciousness. A team mate brought him to the surface. The swimmer regained consciousness once on the surface. The swimmer climbed out of the pool on his own power.	The swimmer was walking on the bottom of the pool holding weights. Lost consciousness. A team mate brought him to the surface. The swimmer regained consciousness once on the surface. The swimmer climbed out of the pool on his own power.
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Deck	skinned her knee/may need stitches	
Male	NT - North Texas Swimming	Other Before practice	Locker Room	Cut/sliced big toe on right foot coming out of bathroom on door.	Cut big toe on right foot opening the bathroom door in the locker room.
Male	MI - Michigan Swimming	Practice - Other	Water - Start End	Swimmer swam into the wall during practice and hit his teeth on the wall. The impact chipped two of his upper front teeth.	
Male	OH - Ohio Swimming	Practice - Other	Stairs	either tripped or slipped on top step and fell landing on elbow and bumping his head. Lifeguards were notified and took care of him. Called 911 and ems took him to children's hospital liberty.	Possible concussion and either bruise, sprain or fracture on arm/elbow area. Not sure at this point.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was swimming an IM set at practice yesterday morning and hit her head on the wall when coming in for backstroke. She did not experience symptoms at practice, but when she got home, she got a strong headache. She was dizzy and nauseous and had some blurred vision. Her mother took her Childrens Hospital to get her checked. They have told her to stay out of the water until symptoms are gone.	The incident was not reported to coaches at practice. Swimmer was taken to the hospital after practice when symptoms started.
Female	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove into the pool and hit her head on the bottom. Parents took her to the doctor, and she was diagnosed with a concussion.	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer misjudged freestyle flip turn and foot struck side of pool at turn end.	
Male	IN - Indiana Swimming	Practice - Dry Land	Hallway	Swimmer tripped and fell catching himself with his arm. He complained of pain in wrist and forearm.	Parents opted to get the arm checked and possible x-ray.
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Athlete was swimming butterfly and miscounted strokes going into the wall, resulting in hitting the top of her head on the wall.	Athlete did not think the injury was severe at the time of occurrence and continued to practice. Athlete did not feel well at her next practice and was sent to be assessed by an athletic trainer. Athlete was showing symptoms of a mild concussion and has not participated in another practice as of 6/21/2016.
Female	UT - Utah Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing bleacher lunge, lost her balance and fell. Landed on her left wrist and her backside.	Wrist appeared to start swelling and show signs of bruising.
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Start End	The swimmer was doing backstroke in the pool, did not see the flags and hit the head on the wall.	The swimmer had a headache after the incident
Male	MN - Minnesota Swimming	Practice - Other	Water - Start End	Swimmer swam into the wall with the back of his head.	Slight bump on back of head but returned to workout after he seemed ok and he requested to get back in
Female	AZ - Arizona Swimming	Other Team Trip	Other Ocean	Did not contact the ocean floor, wave hit her in the head	
Female		Meet - Entering / Pool	Deck	While standing on the deck, he started to have intense itching and noticed that his feet were turning blue & purple. His fingers become swollen and itchy. He said he was on his knees on the blue deck surface. He had a rash, was itching, and swollen.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Hit head on wall	
Male	NT - North Texas Swimming	Practice - Other	Other deck/office	Coach was providing care CPR/AED for a swimmer. After the paramedics took over for Coach and provided care to the swimmer, Coach showed signs of shock. After further observation, Coach was taken by ambulance to Baylor Grapevine Hospital where he has been admitted and is receiving care.	
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Athlete was in the locker room preparing to get dressed following practice. He was going to sit down on a bench when it fell over on his foot. The bench was not secured or anchored to the floor or wall.	Athlete was given ice and parents were notified. He was assisted out to his car and was taken to a clinic for an X-Ray.
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Start End	Shoulder injury on butterfly turn	
Male	CA - So. California Swimming	Meet - Competition	Other getting out of pool	Getting out of pool hit head on diving board	Swimmer had tears in his eyes
Male	PN - Pacific Northwest Swimming	Meet - Walking	Hallway	Swimmer slipped on wet floor and fell.	Bruise and abrasion on shoulder and back.
Female	NT - North Texas Swimming	Other just finished practice warm-up	Water - Start End	Approximately 15 minutes into swim practice, swimmer was found unconscious at the bottom of the pool. Rescue was made, 911 was called, CPR was administered till the EMS took over.	swimmer was not responsive.
Male	IA - Iowa Swimming	Practice - Other	Water - Start End	Swimmer was hit in head with water bottle.	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	Swimming backstroke and hit the forearm on edge of pool	injury to right forearm
Female	SC - South Carolina Swimming	Practice - Dry Land	Other baseball field	climbing fence onto baseball field, land and twisted ankle	
Male	NC - North Carolina Swimming	Meet - Competition	Deck	Swimmer jumping up and down in area behind starting blocks in preparation for an event. Swimmer struck head on pole holding awning over shade behind starting area. Concussion protocol followed.	We followed concussion protocol.
Male	MT - Montana Swimming	Meet - Competition	Starting Blocks	Clipped previous fractured ankle on starting ledge of starting block	Pain on recently healed right ankle
Female	NT - North Texas Swimming	Meet - Watching / Observing	Bleachers - Athlete's	she was sitting between bleacher seats. When she tried to stand up, her foot was caught under the bleacher seat in front of her and she wrenched her knee.	severe strain to her knee, seemed to be in mild shock
Female	IL - Illinois Swimming	Meet - Competition	Bleachers - Athlete's	After warm ups, the coach said she got out of the pool complaining her chest was tight and she was short of breath. She took 2 puffs of her inhaler, but didn't get better. Coach took her to ice rink for cooler, less humid air. Eventually she worsened, and her parents took her to hospital/ER-Centennial Medical Center	symptoms of an asthma attack

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MT - Montana Swimming	Meet - Competition	Water - Start End	400 IM Swimmer Heat 3 Lane 3. Head struck wall in the transition from backstroke to breast stroke.	Swimmers head was sore and stopped racing at approximately 12:15p. Swimmer threw up following the blow. Swimmer said head does not hurt. Recommended seeing a physician. Given water and ice pack for head.
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Turn End	A pole fell into the water and hit swimmer on the forehead.	
Female	IN - Indiana Swimming	Meet - Competition	Deck	Swimmer exited the water after competing and was lightheaded, felt dizzy, body was shaking and had difficulty standing	Swimmer exited the water after competing and was lightheaded, felt dizzy, body was shaking and had difficulty standing
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Turn End	During warm-ups, a teammate accidentally kicked swimmer in the left hand. He did not notice the extent of the kick till he made the turn at the next end of the lane.	
Male	NJ - New Jersey Swimming	Practice - Other	Other	Athlete complain of chest pain and lightheadedness, exhibited difficulty breathing	Chest Pains, no visible injury no prior injury, light headed, breathing difficulty, heart rate normal
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	finished into bulkhead at end of pool and stuck crown of head.	
Female	NJ - New Jersey Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped running up some steps and fell.	Swimmer received a gash to her right temple and some scrapes to her knees and chest.
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	The swimmer was swimming backstroke and ran into the wall head first while performing a finish.	Slight dizziness, headache.
Female	SD - South Dakota Swimming	Other preparing to leave for dryland	Other driveway	I was loading equipment into my car for dryland practice and decided to see if the ab roller would work on concrete. I pulled too hard and face planted into the concrete. I decided not to take it to dryland...	I was wearing a cap with a visor so my forehead and nose was protected, but I hit my mouth hard and had a deep abrasion on my philtrum. I had my dentist check it a week later for damage to my right front tooth. So far it is ok.
Female	WI - Wisconsin Swimming	Practice - Other	Deck	While athlete was assisting in removing lane lines from storage reel, wheel of reel went over her right foot and lacerated the area between the third and fourth digit.	While athlete was assisting in removing lane lines from storage reel, wheel of reel went over her right foot and lacerated the area between the third and fourth digit.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke to the turn end of the pool. The backstroke flags were not set correctly at the facility. The swimmer used their normal backstroke count and turned over to complete his flip turn. Because the backstroke flags were set too close to the wall, the swimmer turned and flipped and hit his face on the wall.	Multiple scratches and cuts on face. The bulkhead is metal so collision caused cuts. After being dismissed to parents, swimmer was taken to doctor the next day. Was told he had a broken nose.
Female		Practice - Other	Water - Turn End	Kicked on back during a set.	Bruise on back near kidney
Male	LE - Lake Erie Swimming	Practice - Dry Land	Gym	dropped a weight on his finger	
Male	UT - Utah Swimming	Practice - Other	Hallway	Athlete was walking to the bathroom and slipped on the floor and hit his head on the concrete.	Wooziness, dilated eyes, later the athlete experience vomiting.
Female	GU - Gulf Swimming	Practice - Dry Land	Deck	Swimmer was doing some dryland drills and tripped. She fell backwards and hit the back of her head on the deck.	
Male	CA - So. California Swimming	Meet - Warm Down	Water - Turn End	swimmer did a flip turn and ran into another swimmer after he pushed off the wall	swimmer had a bump on his head after bumping into another swimmer
Male	FL - Florida Swimming	Meet - Warm-up	Other WATER WARM UP POOL	SWIMMER WAS WARMING UP IN THE WARM UP POOL WHEN ANOTHER SWIMMER ACCIDENTALLY COLLIDED WITH HIM, PUSHING HIS GOGGLES DOWN UNDER HIS EYE AND CUTTING HIS RIGHT CHEEK. HE WAS TREATED AT THE SCENE, THEN TRANSPORTED BY AMBULANCE TO ARNOLD PALMER CHILDREN'S HOSPITAL FOR CONTINUED TREATMENT. HE WAS RELEASED FROM THE HOSPITAL THE SAME EVENING.	
Male	NJ - New Jersey Swimming	Meet - Competition	Deck	During a competition (GPAC Spring Classic Long Course Meet), swimmer was sitting in his team area. He was sprayed with water that was contaminated with peanuts and he developed an allergic reaction. His coach gave him benadryl and paramedics were called as a precaution. He was taken to a local hospital.	Paramedics were called once his throat started to swell and he began to develop hives
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	During swim, pain in shoulder started with tingling to elbow and hurts through shoulder.	After treatment from the lifeguard, her mother took her to the ER at Heart of the Rockies Medical Center (HRRMC). Swimmer returned to the meet with her arm in a sling.
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Athlete did start into the water on south end and hit temple and nose on the bottom of the pool	Nose and forehead swollen
Female	NI - Niagara Swimming	Meet - Competition	Other Water - middle of the pool	Swimmer was swimming the 50 meter free. The next heat then had started from the other end and they did not notice that swimmer continued for another 50 and the girl who went off the starting blocks swam and then both girls collided in the middle of the pool. The girl who dove off the blocks continued her swim, while the girl who did the extra swimming was told to climb out to the side by her coach.	
Male	SE - Southeastern Swimming	Meet - Entering / Pool	Water - Bottom	Tripped fell in water hit head on bottom	Felt Dizzy and head hurt.
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete performed a forward dive into the pool, returned to the wall, assisted with the removal of a lane line, and then began complaining of discomfort in his back.	The muscles surrounding the scapula became very tense, and the position of the scapula became awkward, with the medial border (?) protruding from the back.
Female	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Athlete struck wall with head while swimming backstroke, backstroke flags were not present over the lane.	Head struck wall, complained of small headache directly after impact but nothing long-lasting, sat out of pool with ice pack, coach received phone confirmation from athlete's mother that she was okay to continue swimming.
Male	ST - South Texas Swimming	Practice - Other	Deck		
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Head bumped into the wall during a backstroke to breaststroke transition.	
Male	VA - Virginia Swimming	Practice - Other	Water - Start End	Swimmer hit his head on the wall finishing up a fast 25 back sprint.	We provided him with ice. There was no visible bump not redness. I told mom to keep an eye on him and check for headache. If it is gets worse she should call her ped. Doctor.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End		
				Team was conducting hill runs under Coach supervision. Injured party was running downhill by baseball field, tried to slow down, but hit the ledge of a sidewalk and tripped. In the course of this, she hit the wall of a dugout and then fell to her knees. Visible injuries included bruised, swollen lower lip and two scraped, bleeding, swollen knees.	
				Mother was called and parents came to the pool to pick up injured party.	
				An older teammate helped injured party and applied bandages and ice packs. Coach tested injured party's eyes with flashlight for possible concussion-related reactions.	
Female	NI - Niagara Swimming	Practice - Dry Land	Outside Venue	Parents took injured party home and cleaned her scrapes, applied more ice, provided Advil for pain, and generally observed her. No further medical treatment was deemed necessary at that time.	
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Sliced off top layer of skin on left hand, index finger on side of the block	
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	Kicked in head by another swimmer on an underwater turn	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CA - So. California Swimming	Swimjitsu - Dry Land	Outside Venue	During Dry Land the kids were running around the baseball field. This was about 6:50 p.m. on Tuesday June 7th 2016. On the Opposite end of the field the swimmer and another athlete were running together. The boys came upon a Open gate and the other athlete grab or hung on the gate door and swung it, the gate door swung back and the swimmer ran into it with his fore head. He had a small bump on his head. He went to the lifeguards who checked on him and released him. His parents were notified and they came to pick him up. He did not complain about being dizzy or head ache or blurred vision to the life guards. The other athlete said it was not intentional.	
Female	IL - Illinois Swimming	Practice - Dry Land	Hallway	Athlete was believed to ingested food that she was allergic too. She did not have any known allergy prior to today. Athlete was transported to the hospital by paramedics.	
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Deck	Slipped and fell into pool hitting her knee on the gutter.	
Female		Meet - Watching / Observing	Team Area	Felt dizzy, weak, looked pale, started shaking and could hardly talk.	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Other High School Mezzanine	While doing sit-ups with a medicine ball and partner, the athlete was struck in the face with the medicine ball and the back of his head struck the concrete.	
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Athlete fractured both heels on the bottom of the pool while entering for the start of practice	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	High winds blew the backstroke flags closer to the wall and while swimming backstroke swimmer crashed head first into the wall	
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	At 0700 swimmer unintentionally kicked in back of head by swimmer in front of her while doing backstroke in warm-ups. Then kicked in head again when approaching wall by another swimmer doing breaststroke kick.	Swimmer reports feeling like "things are spinning".
Male	GU - Gulf Swimming	Meet - Warm-up	Other Cool Down Pool	The boy was dipping his head into the water while kneeling on deck and when he flung his head back out of water, he hit head on another swimmer. Other swimmer was not hurt.	There was a small cut on the back of his head with some slight bleeding.
Female	NE - New England Swimming	Meet - Competition	Deck	She said she didn't feel well and then slumped back on the bench and her arm was shaking and somewhat unresponsive.	
Male	NE - New England Swimming	Meet - Walking	Deck	Athlete has chronic knee issues, another swimmer caused him to slip and he hit his knee.	
Male		Meet - Walking	Bleachers - Athlete's	Cut bottom of L big toe - avulsed pad of toe. Area cleaned with antiseptic, steri-strip bandage applied.	
Male	ST - South Texas Swimming	Meet - Warm-up	Stairs	left leg bruised on the backside all the way down the hamstring walking down the stairs to finals warm up.	left leg bruised on the backside all the way down the hamstring walking down the stairs to finals warm up.
Female	NE - New England Swimming	Meet - Competition	Water - Start End	hit head on wall from backstroke due to goggle being filled with water	evaluated for Concussion but was ok
Female		Other walking on deck	Deck	The lady looked unusual. She could not keep her head up and kept falling down. She had a couple of big bruises on her legs. Coach escorted her to the swim office and let meet staff know.	
Male	FL - Florida Swimming	Practice - Dry Land	Other Football Field	Possible broken arm while playing frisbee as part of dryland	
Male	NJ - New Jersey Swimming	Meet - Competition	Deck	Swimmer was standing behind blocks lane 7 near the wall after swimming 400 Free. He became disoriented fell, hit head, and started shaking.	
Female	NE - New England Swimming	Practice - Dry Land	Outside Venue	While playing Ultimate Frisbee with the team outside in a grassy area of the college campus, swimmer lost her footing and twisted her knee. Her left knee dislocated. She had experienced such a dislocation in the past playing field hockey.	We immobilized the swimmer's knee and contacted her father and mother. Her mother came to the facility to transport her to receive additional care. Prior to leaving the facility, she chose to extend her leg to bring the knee back into it's joint. She chose to rest at home prior to the injury and did not seek emergency medical care. She has a doctor's visit planned for Monday 6/6/16 for follow-up care.
Male	ST - South Texas Swimming	Practice - Other	Deck	slipped and fell while doing assisted swimming, landing on back and hitting head on floor. Laceration to back of head. Checked on site by parent (ER Doctor). Did not go to clinic.	
Male	AD - Adirondack Swimming	Practice - Other	Locker Room	Swimmer walked into the locker room, slipped, fell and gouged his right leg open on the corner of a mirror hanging on the wall. It was pretty ugly looking, so we headed straight to urgent care. They couldn't stitch it as there was too much tissue missing, so they glued and steri stripped it closed.	Cut was pretty ugly looking, so they headed straight to urgent care. They couldn't stitch it as there was too much tissue missing, so they glued and steri stripped it closed.
Male	SI - San Diego-Imperial Swimming	Practice - Entering / Exiting Pool	Outside Venue	Swimmer was playing outside the pool after practice and climbed on a lamp post. The metal box above the base of the light pole came apart and the swimmer fell cutting his upper thigh with a puncture wound on the corner of the metal. The wound was about 2 inches long and about a half an inch deep.	A cut about 2 inches long and 1/2 inch deep
Female		Practice - Dry Land	Other Walkway outside of pool facility	Athlete was walking to the facility's track for our dryland practice and she fell while walking. She was with two other swimmers about 5 minutes behind the rest of the team. Upon arriving to the track, Athlete was walking on her own but with a limp. I sat her down to examine the foot and told her to immobilize with, keep it straight, and somewhat elevated. She reached out to her mother who came to meet us and decided it would be best to take her to Dedham Associates Urgent Care to have them examine the foot. A few hours later we were notified that her left foot was fractured.	The left foot was fractured.
Female	FL - Florida Swimming	Other Meeting	Team Area	Swimmer lost consciousness during a meeting between the Gator Swim Club Coach and swimmer while discussing the potential return to GSC.	Swimmer lost consciousness during a meeting between head coach and her. She fainted before exited the meeting area. Swimmer had mentioned to coach the pre-existing
Male	NJ - New Jersey Swimming	Practice - Dry Land	Other Track		At approximately 7:15pm while running on the track swimmer finished running and fell down from exhaustion. He was breathing a little heavy and advised that he was feeling a little dizzy and had some tingling. I got his water container and had him drink from it. It didn't seem to help that much when he consumed from his container so I carried him down to the pool in case he needed to be cooled by the pool waters. The lifeguards immediately assisted me when we entered the pool. The lifeguards then called campus security who in turn called the police/emt. His mother was contacted at approximately 7:25pm and was en route with her husband. The swimmer's mother sent another parent that was a nurse in the area to tend to the swimmer. He was provided with extra fluids and an ice pack at the discretion of the nurse. Branchburg police arrived on scene at approximately 7:30pm, followed by the swimmer's parents at 7:38 pm. EMS arrived on scene and transported the swimmer to Somerset County Hospital. The swimmer was responsive and answered all questions asked to him during the whole time.
Male	ST - South Texas Swimming	Practice - Other	Water - Turn End	Swimmer was struck in the temple by another athlete's foot, during a flip turn.	Swimmer was struck in the temple by another athlete's foot, during a flip turn.
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Starting Blocks	The swimmer did a start off of the starting blocks however went to deep and hit the bottom of the pool. Swimmers hands hit to bottom first then the head hit the hands and the neck bent backward.	The swimmer did a start off of the starting blocks however went to deep and hit the bottom of the pool. Swimmers hands hit to bottom first then the head hit the hands and the neck bent backward. When the swimmer came up he looked a little confused and seemed to have suffered a mild concussion. He sat out the rest of practice.
Female	CT - Connecticut Swimming	Practice - Other	Water - Lane Lines	Kicked in head during swim practice accidentally by a teammate swimmer.	Kicked in head while practicing with team. Pain in head where kick occurred. No visible abrasions. Suggested doctor examination.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimming backstroke and miscounted bumped head.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MW - Midwestern Swimming	Practice - Other	Water - Turn End	at about 1720, swimmer was noticed by his coach rubbing his head at the wall, after completing a length of backstroke. Coach asked what was wrong, and swimmer stated he had run into the wall headfirst. After looking at swimmer (eyes, etc), coach had swimmer swim an easy 50. He seemed OK, so he was allowed to proceed with practice. Less than ten minutes later, swimmer said he still had headache. Swimmer was removed from water, parents were notified, and swimmer was observed until parent arrived. Parent was made aware of the need to keep an eye on the swimmer that evening/night, and swimmer was made aware of the need to use his stroke count from the flags while swimming backstroke. NO ONE APPARENTLY SAW THE ACCIDENT OCCUR.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer was attempting a backstroke drill when he ran head first into the wall	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	swimming backstroke, did not know stroke count and bumped head into wall- miscounted strokes, do not hold arm above head when finishing to the wall	Bumped top of head when swimming backstroke- miscounted strokes when finishing to the wall.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit head diving off starting block in competition.	Hit head diving off starting block in competition.
Male	CA - So. California Swimming	Meet - Competition	Other Behind starting blocks	Athlete fell out of a chair and hit his head on the pool deck.	Athlete fell out of a chair and hit his head on the pool deck. On-site lifeguard performed basic assessment. Recommendation: athlete be checked out for concussion by medical professional. Released to father.
Male	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Tighting lane ropes and then wrench flew off and hit him above the eye.	Most likely needs stitches.
Female	LE - Lake Erie Swimming	Meet - Competition	Water - Side	Loss of ability to move legs after swimming during prelims they felt after rolling them. It happened again during finals and the life guard had to pull her out of the water during the race because she lost ability to move her legs.	
Male	LE - Lake Erie Swimming	Meet - Competition	Water - Side	Swimmer was competing the 100 meter freestyle. During the event he noted numbness and inability to move 4th and 5th digits and experienced numbness	Numbness of left 4th and 5th digits, good pulse, good cap refill, full range of motion of shoulder and elbow. No strength in hand.
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	swam head on into teammate..both heads hit, swimming freestyle	swimmers collided in mid pool swimming Freestyle. Had swimmer get out as precaution, complained of headache and tightness in neck
Male	MR - Metropolitan Swimming	Practice - Other	Water - Start End	In between sets and toward the beginning of the workout, he was accidentally hit in the forehead with a water bottle. One swimmer was holding the water bottle in his hand, moved it under the water while the injured swimmer was coming up quickly toward the surface. Unfortunately, the end of the water bottle forcefully hit his forehead. He immediately got out of the water.	Coach and lifeguard treated the bump on his head with ice packs while he sat down. The first assessment was that it was a bump on the head that could end up bruising. After he was still not feeling well after two ice packs he wanted to get it checked out at the hospital, so he got dressed and the coach took him to the ER a few blocks away. They were seen by the triage nurse and then a doctor and the first assessment was that it was most likely a concussion. The coach stayed with him through this portion until his dad got there.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	The swimmer was swimming a kicking portion of a warm up on his back. While turning at the wall, he ran into the wall with his left hairline above his left eye. He then got a 1 inch diameter "goose egg" at his hairline.	
Female	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	The swimmer's arm was hit by another swimmer's arm while warming up for practice in the water. This swimmer was swimming backstroke and the other swimmer was swimming freestyle. I saw no marks or redness where the swimmer said she was hurt, but I had her get out to get ice and ask her parents if she should get examined by a doctor. The swimmer did end up going to the hospital with her parent.	According to the swimmer's verbal report to me, the doctors could not find anything wrong, but suggested the muscle might be bruised.
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was swimming too close to other swimmer and the fin of latter swimmer slipped off and simultaneously hit former swimmer in eye.	
Male		Practice - Dry Land	Outside Venue	Jammed left pinky finger playing kickball during dryland	Jammed finger.
Male	NI - Niagara Swimming	Practice - Other	Water - Start End	Swimmer attempted to perform a freestyle flip turn and misjudged his distance to the wall. As a result, he hit the top of his head on the wall (underwater).	Swimmer sustained a contusion on top of his head with some swelling. There was no loss of consciousness, no open wound, no bleeding, no bruising, and no deformity. Swimmer states some dizziness and was kept out of practice for treatment, monitoring and until parent arrival for practice pickup. Ice was applied to top of his head.
Female	IL - Illinois Swimming	Practice - Other	Deck	Athlete slipped on floor while making a turn on the start side of the pool	Athlete was dizzy and slow to respond to questions, but did respond with correct answers
Female	MD - Maryland Swimming	Practice - Other	Deck	Practice set consisted of mixed laps/dry land in which swimmer swam laps, then got out of the water to do dryland. This set consisted of squats. The squat was modified in that swimmer squated while holding ball in hand at chest level, then squated a second time touching ball to deck, then stood up and raised ball up above head and over the feet. Swimmer's hands were wet and hands went back too far during this particular squat, and ball slipped out of hands onto head. The medicine ball was 8 to 10 lbs.	Head ache lasted approximately two weeks. Doctor returned to swimming after five days of headache free with no suggestions for reduced activity. Returned to full 75 min practice only to have headache return for another week. My point - doctors need to be educated about swimming and concussions!!!
Female	NC - North Carolina Swimming	Practice - Other	Other Water mid-pool	Swimmer claims to have bumped heads with another swimmer, however no other swimmer acknowledged bumping heads nor spoke up to inform coach	The swimmer claims to have had previous concussions therefore was very sensitive to bumping her head
Female	IL - Illinois Swimming	Practice - Other	Water - Side	Trouble catching breath during an intense set. She has vasovagal syncope and it's believed that's what happened. She had trouble breathing and was too dizzy to sit up.	
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	swimmer fell while running on field and fell on wrist trying to break her fall.	
Female	OR - Oregon Swimming	Meet - Warm Down	Deck	Swimmer was using stairs to exit warmup/warmdown pool and tripped/fell, injuring her knee.	
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	head on collision in the middle of pool non circle swimming incident	
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Hallway	Swimmer rolled her ankle walking down the hallway to attend dry-land practice.	Swimmer has expressed pain in the side of her foot and her ankle. There was no initial swelling.
Male	CT - Connecticut Swimming	Other After warm up	Deck	Personal folding chair fell on his big toe - sliced it open	
Female	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Turn End	Swimmer was warming up in the warm up pool at the Naval Academy before her 200 Backstroke. They didn't have flags and she forgot she was in the short course pool and hit her head.	Later that day she suffered from headache and nausea. Her mom took her to ER. Confirmed concussion. She went to her family doctor then to concussion specialist. She is out of swimming for a few weeks and only back at school part time.
Male	MN - Minnesota Swimming	Meet - Warm-up	Other UNDERWATER LIGHT	WHILE DOING A FLIP TURN UNDERWATER SWIMMER CUT THE SIDE OF HIS LEFT FOOT	
Female	MN - Minnesota Swimming	Practice - Dry Land	Team Area	RUNNING & HURT RT QUAD LEG	RT QUAD STRAIN
Female	MN - Minnesota Swimming	Practice - Dry Land	Team Area	PLAYING AN AGILITY DRYLAND GAME, SWIMMER TRIPPED AND LANDED ON HER BIG TOE, CONTINUED TO DO DRYLAND AND SWIM PRACTICE	SWIMMER DIDN'T THINK SHE REALLY HURT IT WHEN IT HAPPENED. NEXT MORNING IT WAS SWOLLEN AND BRUISED
Male	IL - Illinois Swimming	Meet - Competition	Bleachers - Athlete's	Coach slipped on the deck and while trying to avoid a swimmer placed his hand down and it slipped out from under him and he hit his head on the corner of the bleachers.	Coach's glasses created a cut under and over the inside of his L eye due to the coach falling and hitting the corner on the bleachers.
Female	OH - Ohio Swimming	Meet - Competition	Water - Start End	Breathing emergency. She had trouble breathing after the completion of her race. Staff helped her to try to relax and get her breathing under control until paramedics arrived. They checked her out and her mom decided to transport her herself to the hospital to get her checked out.	Breathing emergency. Staff worked to help her relax until the paramedics could arrive.
Male	MN - Minnesota Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Fell of bleachers	Fell off bleachers, hyper extended wrist when falling to catch himself. Abrasion to knee as well
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	WHILE COMPETING IN 200 FREE, SWIMMER STOPPED AND USED LANE LINE TO REACH TURN END OF POOL AND GOT OUT.	LIFE GUARD AND HIS PARENTS WHO WERE VOLUNTEERING AT THE TIME ATTENDED TO HIM. COMPLAINED COULDN'T CATCH HIS BREATH AND LUNGS WERE BURNING.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NE - New England Swimming	Meet - Walking	Deck	Slipped and fell on deck	Fell on right side of face. Right eye swollen and bruising
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Left upper front tooth knocked out due to being kicked by another swimmer.	
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	JUMPING UP FOR BALL NEXT TO TEAMMATE, HE CAME DOWN ON TEAMMATES FOOT AND ROLLED HIS OWN ANKLE	POSSIBLE FRACTURE IN ANKLE. SENDING FOR X-RAY PER ATHLETIC TRAINERS RECOMMENDATION
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool		Other Swimmers were climbing out of the pool and he got an elbow to the face Got struck in the face which caused a severe nose bleed	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer reported to her coach that she felt dizzy. Coach told her to exit water and sit down. Swimmer said that she hit her head on a wall. She was instructed to sit out for the rest of practice. Swimmer was able to walk to the locker room to use the restroom; she reportedly vomited.	
Male	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Twisted foot on botton of pool	Hit bottom of pool and twisted foot. Protruding bone
Male	SN - Sierra Nevada Swimming	Practice - Dry Land	Gym	Athlete was performing pull-ups and bar gave way. Fell backwards and hit head on ground.	Long headache. Athlete returned to practice next day and performed regular functions.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the nose going into a turn, as another swimmer was coming off the wall.	Swimmer had broken her nose 2 times in the past and will be checking to make sure this was not re-broken.
Male	IL - Illinois Swimming	Practice - Other	Other Middle of the swim lane	swimming backstroke and bumped head into another swimmer's head	swimming backstroke and bumped head into another swimmer's head
Male	IL - Illinois Swimming	Practice - Other	Other middle of the swim lane	swimming backstroke and bumped head into another swimmer's head	swimming backstroke and bumped head into another swimmer's head
Male	SI - San Diego-Imperial Swimming	Other pulling pool covers	Deck	While pulling the pool covers on the 20 yard pool in bare feet; after practice; the coach slipped on the lip of the pool hitting his lower back and elbow on the edge of the pool.	
Male	MS - Mississippi Swimming	Meet - Watching / Observing	Locker Room	The athlete got his left middle finger tip stuck in between the locker room door and frame. Ice and pressure was applied with elevation to slow the bleeding down.	After going to the ER (Baton Rouge), X-rays were taken and medicine was given for the pain. The ER physicians wanted us to have it evaluated by an Orthopedic due to crush/open fracture to his finger tip. We met with his Pediatrician this morning (Meridian, MS) and will meet with an Orthopedic doctor tomorrow. The finger is still bleeding and is considered a crush injury.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	while flipping foot got stuck between end of the bulkhead and the wall	
Female	PC - Pacific Swimming	Other Meet- Take down Facilities	Deck	While loading table to put away, table slipped out of her husbands hand and struck her foot.	Her foot swelled and was and she was in pain.
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	Did start from block and on take off something "popped" at the back of his knee	At take off from blocks for event felt something pop behind the knee. Couldn't put any pressure on leg
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	reinjured shoulder grabbing the leg of the tent when a strong dust devil rolled through the facility	swelling in the hands, shooting pain in shoulder
Male	GU - Gulf Swimming	Meet - Warm-up	Deck	Jumped into pool, hit top of left foot on pool bottom	
Male		Other Spectator	Other Spectator		
Male	NE - New England Swimming	Practice - Entering / Exiting Pool	Locker Room	Boys were fooling around in the lockerroom and swimmer's finger got caught on another swimmer. Broken pinky finger on left hand.	We were not aware of the accident until we received a phone call the next day from the mother explaining what had happened. No malicious intent was indicated by mother, swimmer or other party involved.
Male	IL - Illinois Swimming	Practice - Other	Other Shallow end of pool	He was working on somersaults in the shallow end of the pool during the end of practice. He was arching his back and not tucking his head while practicing his somersaults. Hit the top of his head on the bottom of the pool while mastering his somersault.	He hit the top of his head on the bottom of the pool while working on somersaults at the end of practice in the shallow end of the pool
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit his head on the wall.	Hit top of head.
Male	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	Athlete was catching a tent in the high wind when a 2nd tent hit him in the face	injury to face area. cut on lip and loose tooth
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Hit head on wall at turn end during 100 Free event. Goggles had fallen off during her dive.	Coach did not see injury occur, nor was it reported by anyone on deck. CROC meet manager informed us that parent had applied ice, indicated that it did not appear to be serious but parent was taking swimmer to be checked out at medical facility (name not known).
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Strained shoulder getting out of the water at the conclusion of her race	feels she pulled a muscle
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	During 400 yard run outside pool facility swimmer tripped and tried to catch himself and injured his arm.	
Female	KY - Kentucky Swimming	Practice - Other	Water - Start End	Coach felt light headed. Sat on starting block. Passed out. Fell in water. Hit right side of face on lane line causing abrasions.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer as both athletes left the wall at the same time by mistake.	Swimmer told coach she was feeling dizzy and nauseous
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Male	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor and got a 10 day antibiotic treatment. Baby Rattlesnake bite on right foot small toe.
Male	AZ - Arizona Swimming	Practice - Other	Deck	Baby Rattlesnake bite walking on the deck.	Is still in ICU till at least Saturday May 14th.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Did see a doctor, medication was given.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor and was treated with Bactrim and antibiotic ointment. Mild case.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor for treatment and given a 10 day antibiotic. Told to use pain reliever and warm compresses.
Male	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house.	Hot tub rash

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AD - Adirondack Swimming	Practice - Other	Deck	Swimmers was walking out of locker room when her knee just gave out. The adults on the pool deck were next to her so they caught her before she completely fell. Swimmer went to ER that evening, ortho the next morning and ortho admitted her for additional tests.	Swimmer went to ER that evening, ortho the next morning and ortho admitted her for additional tests. She has been in the hospital since
Male	MI - Michigan Swimming	Meet - Warm-up	Other Water passing another swimmer	Swimmer kicked another one of the swimmers and broke his foot.	
Female	HI - Hawaiian Swimming	Practice - Other	Water - Start End	Swam backstroke into wall hit head.	
Male		Practice - Entering / Exiting Pool	Deck	Athlete slipped on pool deck while switching lanes.	Athlete had a bump and small bruise on the back of his head.
Male	AR - Arkansas Swimming	Meet - Watching / Observing	Deck	Parent slipped and fell on deck. Other spectators helped him up and myself and facilities director spoke to him right after it happened. He told us he was fine and was up walking around and refused to any assistance or to give us any information to fill out a report of occurrence. We received an email from his wife on April 26th informing us she took him to the ER later that morning and he had injured his back. She asked if we would file this report at this time.	He was seen by at St. Vincent Infirmary ER and he did a chest x-ray were a fracture to his L9 rib was confirmed
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer was setting up dryland and was struck in the right shoulder by another swimmer with an 8 lb. medicine ball.	Trainer at HS looked at the injury, suggested going to orthopedic doctor, possible scapular injury.
Male	OZ - Ozark Swimming	Practice - Other	Water - Turn End	Swimmer was approaching a backstroke turn and miscalculated his approach. He hit his head and arm on the wall. Two coaches witnessed the impact. It did not appear severe. The Swimmer was rubbing his head as one Coach approached to check on him. Coach checked to see where he was hurting. The swimmer was rubbing his head. He said his head was sore from the impact. Coach asked him if he was dizzy or unable to move to the ladder. Swimmer indicated he was not dizzy and that the only thing that hurt was his head. When specifically asked swimmer indicated that his neck was not in pain and that his hands and feet did not sting or were numb. Coach directed him to walk along the wall to the ladder in order to exit the pool once the soreness subsided he felt ready. Swimmer exited the pool by the ladder. He did not seem unsteady, confused, or disoriented. Coach directed the swimmer to sit down on a nearby bench. Coach checked the swimmer to see where it hurt and to see if he seemed dazed or confused. The swimmer answered all questions clearly and seemed to have no problems communicating with Coach. When asked the swimmer indicated the side of his head was stinging. When asked the swimmer indicated he had never had a previous concussion, but had been hit on the head at school earlier that day. This was the first time the swimmer had mentioned the previous injury. Coach told the swimmer he would be sent home, since he had a prior injury to the head earlier that day and it was risky for him to continue swimming unless cleared. Coach continued to check the swimmer for signs of a concussion. When specifically asked the swimmer denied being dizzy. When specifically asked the swimmer said the lights were bothering his eyes. Coach helped the swimmer gather his equipment and escorted him to the lockerroom so he could contact his parents with his cell phone. Coach gave the swimmer a cold compress from medical gear kept at the pool. The swimmer called his mother using his cell phone, and Coach spoke with her. Coach told her her son had hit his head during a turn and that her son had indicated that he had been hit in the head at school earlier that day. The swimmer's mother indicated that she was outside in the parking lot and told Coach to send her son outside to the car. Coach told her he would be sending her son out with his assistant Coach. Coach left the locker room in order to allow the swimmer to change into his street clothes in private. The swimmer exited the locker room and the Assistant Coach followed the swimmer to his mother's car. The Swimmer's mother told of his condition and everything he had said up to that point, and was asked to keep an eye on her son and to let Coach know how he is doing later that night. Then the swimmer left with his mother.	Swimmer did not appear dizzy, disorientated, or confused throughout his interactions with the Coach. He did indicate a sensitivity to lights after Coach asked him specifically if the lights hurt his eyes. He indicated he felt like he hit the top of his head on the wall, but felt pain on the side of his head. From the Coach and Assistant Coach's position on the deck, it was unclear if the swimmer had turned his head at impact so neither could determine if the swimmer had in fact hit the side of his head where the pain was.
Female		Practice - Other	Water - Turn End	Swimmer ran into the wall doing a flip turn and injured her head and neck, but the coaches did not hear about the injury until three days later.	
Female	NI - Niagara Swimming	Practice - Other	Deck	Possible Seizure	Possible Seizure
Female	AR - Arkansas Swimming	Other Walking into the meet	Outside Venue	Spectator suddenly felt ill and passed out. They had her lie down on a couch in the lobby and called 911. She said her back had been hurting her previously and EMT recommended they take her to the ER. Her husband arrived and he also wanted her taken to ER.	
Female	UT - Utah Swimming	Meet - Competition	Water - Start End	Athlete had a previous knee injury from Nov. 2015 (had surgery to repair tendons in Dec. 2015). She had been cleared by her doctor to compete; this was her first meet since the injury. While competing in the 100m Back event, she felt her knee hyperextend and felt sudden pain in her knee. This happened during her swim and not from a turn off the wall; she was not wearing a medical brace during competition.	
Female	UT - Utah Swimming	Meet - Competition	Water - Start End	Due to event scheduling, the athlete competed in the 50m Free and 200m Fly back-to-back. She only had about a 3 minute break to recover. During the last 50m of the 200m Fly, she experienced a terrible headache and became dizzy. Athlete reports that while she did not lose consciousness, she was seeing dark spots in her vision. She finished the race, crawled out of the pool, and sat down on deck. Her parents helped her walk to First Aid. Fifteen minutes later, her head still hurt and she was still slightly dizzy.	
Female	FL - Florida Swimming	Meet - Competition	Starting Blocks	When the swimmer got out of the pool, she was crying and did not feel good. Her family brought her back to their seating area where she explained she felt weak, faint and tingling throughout her body. She started having shortness of breath and shivering. A nurse came and stayed with her until the paramedics arrived.	The swimmer was tingling, shivering, having a hard time breathing and unable to walk once she was moved to her family's seating area.
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Turn End	she hit her head on the wall as she was finishing her back stroke	
Male	IL - Illinois Swimming	Practice - Other	Water - Side	Swimmer removed his goggles and bumped his forehead into the wall.	
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer fell and hit his head in the showers in between dryland and getting in for the water portion. I was notified that he fell by another swimmer and I was going to the locker room when the swimmer came out and appeared a little off. I had him sit down and got a ice pack for his head. After about 10 minutes he said his head hurt and I had him call his mom and I told her what happened, he never got in the water. I put another ice pack on him and told the parents of another athlete (his ride home) what happened. He was starting to get a slight lump on the back of his head.	Swimmer fell and hit his head in the showers in between dryland and getting in for the water portion. I was notified that he fell by another swimmer and I was going to the locker room when the swimmer came out and appeared a little off. I had him sit down and got a ice pack for his head. After about 10 minutes he said his head hurt and I had him call his mom and I told her what happened, he never got in the water. I put another ice pack on him and told the parents of another athlete (his ride home) what happened. He was starting to get a slight lump on the back of his head.
Female	MD - Maryland Swimming	Practice - Other	Water - Start End	Athlete had severe hyperventilation and was struggling to stay conscious.	respiratory distress. struggling to remain conscious was unsure if she was having a seizure or abrupt body movements were result of difficulty breathing.
Male	OR - Oregon Swimming	Practice - Other	Other midpool	swimmer was swimming Breaststroke during practice warm-ups, and he ran into a backstroker coming the other way.	Head bonk mid-pool.
Male	LE - Lake Erie Swimming	Practice - Other	Water - Side	swimmer was putting on a pair of fins and hit his chin on the wall and obtained a cut	
Female	PN - Pacific Northwest Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Cut finger on pool cover eyelet.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Lane Lines	Swimmer bumped into other swimmer. Coach was not notified until next day.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MD - Maryland Swimming	Practice - Other	Water - Start End	AS swimmer was waiting instruction in the water during practice a water bottle slipped of the starting block and hit him in the head. He sustained a cut on the top of his head.	Cut to top of head that required a staple.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Lane Lines	Bumped with another swimmers body.	
Female		Meet - Competition	Deck	Athlete walking to quickly on deck, and slipped on deck	Slip on pool deck
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing step up exercises and stepped down onto the ground rather than the concrete slab. Uneven surface caused her to roll her ankle.	Immediately after incident, swimmer was told to take off shoe/sock and elevate ankle. No signs of bruising or swelling. Swimmer felt able to participate in pool practice but focused on pulling only. Informed parent when she was picked up and recommended icing the area.
Female		Practice - Other	Water - Turn End	Kicked in head	
Male	SR - Snake River Swimming	Meet - Competition	Deck		
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Start End	Athlete was helping to Coach / Instruct younger swimmers. They were working on jumping and diving from starting blocks. athlete got too close as one boy jumped into the water. Their heads collided and both seemed to be fine according to athlete who did not report what happened to supervisor or coach present. She then went through a 2nd session we has set up and to all there seemed fine. (no one noticed anything in actions or appearance of athlete) When she arrived home her mother noticed a bump on forehead and bruising around eye and after talking with athlete decided to take her to the emergency center at Ohio Valley Hospital / 25 Heckel Rd / Kennedy Twp. / Pa 15136. Drs there examined her and did a CT Scan and said it showed no fractures, but suggested follow up with family Dr or AGH Concussion Clinic. Calling Dr next day his office referred them onto concussion clinic, where she was examined on 5-2-16.AGH (Allegheny General Hospital) Concussion Clinic 1307 Federal St , 2nd Floor Pittsburgh PA 15212 They have recommended no physical activity for a week and then have a follow up at that time. Again no one new of injury till after she went home, one girl, fellow team mate and helper saw it and asked her if they were ok and athlete said yes no problems. The boy was and is fine. We have talked to parents and he has no visible signs and did not complain of any problems.	These were not evident at practice - showed up after heading home when mother noticed. The boy involved had no marks - symptoms - problems. His parents were aware but no marks or problems and he is fine.
Male	GA - Georgia Swimming	Practice - Other	Water - Start End	During warm down after practice the injured swimmer was struck by another swimmer who pushed off the block backstroke. The injured swimmer was struck in the head with the shoulder/shoulder blade of the oncoming swimmer. The injured swimmer immediately lost strength in his legs and arms, dropped to the pool bottom, unable to swim up, motioned for help, and was quickly brought to the surface by two team mates to rest on the wall. The injured swimmer was conscious throughout and complained of tingling/weakness in hands and feet. He propped himself onto the pool edge with his arms until life guards back boarded him out of the pool. 911 was called. Parents were called, the swimmer was evaluated by EMS, and transported by ambulance to a nearby hospital emergency room.	The injured swimmer complained of tingling and weakness in his arms and legs, but he could move both feet, hands, and fingers on command. But as the minutes passed he experienced increasing pain in his arms at the slightest touch or movement of them. After 45 minutes, swimmer said he had a headache. Parents notified and encouraged to seek medical attention. The following day, he said the headache was gone.
Male	OR - Oregon Swimming	Practice - Other	Other midpool	Head bonk mid pool.	
Male	NE - New England Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Cut on heel after tripping over the Lifeguard Chair and hitting foot on the bleacher.	Slice on heel
Female		Meet - Competition	Deck	After race swimmer was walking to mother when she had attack	Paramedics call swimmer transported to Kaiser Downey
Male		Meet - Competition	Water - Turn End	During backstroke turn swimmer hit arm and head on wall	
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End		Swimmer finished 800 freestyle race in lane 10 near start box. She was holding on to the gutter of the pool at the start end with her head above water. She began breathing heavily and rapidly. Approximately 30 seconds later her arms suddenly relaxed and her head slipped under water. She was immediately pulled to the surface by the meet referee and starter. Life guards were summoned and EMS called. Mother was present as her airway was secured and lifted to the pool deck. There was no evidence of aspiration of water. She was responsive and breathing slowing. On the Paramedics arrived and assumed care 15 minutes after incident began. Transported by parents to hospital ER for further care and evaluation.
Female	MR - Metropolitan Swimming	Meet - Competition	Deck	Subject Complained of chest pains after finishing a 200 Meter Breaststroke race.	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Deck		
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Jumped into water and hit bottom with pointed toes. And hurt foot.	Hit foot and after jumping in and twisted foot. There was some swelling.
Male	LA - Louisiana Swimming	Practice - Other	Deck	Swimmer? was walking up to the pool deck slipped by the block and hit his head on the step of the starting block. The right side of swimmer's head was cut open and he is possibly in need of stitches.	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke. She miss her stroke count in backstroke and bumped her head against wall at the corner of the pool which is carved.	Athlete complained about struck against wall and she had pain.
Male	MN - Minnesota Swimming	Practice - Dry Land	Gym	Athletes do dryland every night and this night, doing situps, the athlete hit his head on the floor pretty hard.	Doing situps, he struck his head on the gym floor. During warmup in the pool, his head started throbbing and he started feeling really hot. I went through concussion protocol with him, and he didn't swim the rest of practice. He also took the next night off of swimming since his head still hurt.
Female	PC - Pacific Swimming	Practice - Other	Water - Side	While swimming backstroke, swimmer swim into the wall and hit her head. She did not tell the coaching staff during the practice and she continued swimming through the workout. When she came to afternoon practice, she said she felt "dizzy." We recommended that she not participate in that practice, and she make an appointment to see her doctor.	
Female	PC - Pacific Swimming	Practice - Other	Locker Room	swimmer hit her hand against the wall of the locker room. She cut the back of her hand on a piece of tile.	
Male	WY - Wyoming Swimming	Practice - Other	Water - Lane Lines	The athlete who was injured swam over another athlete who was swimming more toward the bottom of the pool. When the other athlete came up for a breath his head struck the injured athlete in the chin.	Athlete had a cut and swollen lip on the inside and right side of his mouth.
Female	FL - Florida Swimming	Practice - Other	Water - Lane Lines	Normal practice and young 10 yr boys foot hit other swimmer in head. Parent said that she thought it gave her daughter a concussion so she to her to the hospital. Coach on deck said it was an accident.	Mother thinks concussion, no official diagnosis as of 10:13pm on 4/27/16. Hospital says Concussion - no LOC with 2 days rest
Female	NJ - New Jersey Swimming	Practice - Other	Water - Start End	Hit head on another swimmer off wall	
Female	LE - Lake Erie Swimming	Practice - Other	Other water- ran into another swimmer	swimmer bumped heads with another swimmer	swimmer was removed from water. Ice applied, parent contacted. Swimmer stated she had previously had a concussion. She felt a little light headed and nauseous.
Male	IL - Illinois Swimming	Practice - Other	Other Middle	Another Swimmer was swimming on wrong side and ran into athlete	
Female		Practice - Other	Other Water middle	Was supposed to be swimming on the other side of the lane but forgot and ran into teammate	
Male		Swimjitsu - Entering / Exiting Pool	Water - Start End	The athlete stopped during a set and indicated that he "couldn't feel the right side of his body." His speech was slurred and he couldn't stand on his own. We called 911 immediately.	N/A

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MI - Michigan Swimming	Practice - Dry Land	Deck	Doing push-ups in dryland, lost control of user body and fell down face first.	
Male	IA - Iowa Swimming	Practice - Other	Water - Side	Athlete was struck in the groin area	
Female	AK - Alaska Swimming	Practice - Other	Water - Bottom	swimmer hit and chipped her front teeth while doing a surface dive during a water polo game. She hit her tooth on the bottom of the pool.	
Female	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Side	swimmer slipped in the gutter and fell into the pool, hitting her ankle on the side of the pool as she fell in.	
Male	WI - Wisconsin Swimming	Practice - Other	Bleachers - Athlete's	Walking on the bleachers and wet shoe slipped. Athlete fell and landed on his side and says he heard his rib crack	
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	Swimmer hit his face on a shower handle in the boys locker room.	small cut above the left eyebrow
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	Swimmer 1 hit heads with another swimmer while they were both swimming backstroke. The other swimmer was in the prior heat and swam a 100 instead of a 50 in a long course pool. The officials did not see that the swimmer continued on and started the next heat, swimmer 1's heat.	No other symptoms were observed besides some pain from hitting his head
Female	MN - Minnesota Swimming	Practice - Other	Locker Room	Door opened over her toe when she was entering the locker room. She pulled the door open. Went to ER for stitches	
Male	VA - Virginia Swimming	Practice - Other	Starting Blocks	Swimmer 1 was underwater and another athlete did a backstroke start without seeing him, both swimmers made head to head contact. Swimmer 1 received a concussion	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	The swimmer hit her head on the wall while turning	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	The swimmer hit her head on the wall while turning	
Male	LA - Louisiana Swimming	Practice - Other	Deck	Swimmer was hit in face with a medicine ball during an exercise.	
Female	CA - So. California Swimming	Meet - Competition	Water - Lane Lines		
Male	NC - North Carolina Swimming	Other Meet - In Shower	Locker Room	Swimmer slipped in the shower room within the Men's General Locker Room and cut left knee.	
Female	MI - Michigan Swimming	Practice - Other	Water - Turn End	Swimmer kicked in head by another swimmer while turning off the wall. Complained of dizziness and head throbbing. Minor bloody nose (which swimmer addressed with tissue while in locker room). As a precaution with head injury, mom was called to pick her up and take her home, which took place promptly.	I called to follow up with the swimmers mom on 4/24. She said her daughter missed a few days of practice due to a cold, not the swim related injury. Mom said her daughter has recovered from her swim related head injury. No signs of a concussion. She will be back at practice on Monday, 4/25.
Female	FL - Florida Swimming	Meet - Watching / Observing	Deck	Official was walking down the side of the pool when she slipped and fell. She landed on her right wrist/ thumb area of her hand. She headed directly to the hospital.	Unknown. She headed directly to the hospital.
Male	UT - Utah Swimming	Practice - Other	Locker Room	Athlete had soap in his eye and was being led into the showers. He slipped, fell, and his knee went through the wall, causing multiple lacerations.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer was doing a start and working on butterfly and his shoulder popped.	Swimmer dove in and was starting to swim butterfly and his shoulder popped out.
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Other Door to pool lobby	Athlete was entering the facility and another child shut the lobby door and athlete's finger got shut in the door	Mother has taken her daughter to urgent care to see if her finger is broken.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimmer hit his head on the gutter during his practice warm-up. The gutter is stainless steel. At the time of the occurrence, the backstroke flags were not in place.	
Male	PC - Pacific Swimming	Other Locker room	Locker Room	Swimmer 1 was leaving locker room when athlete 2 came in to go on bathroom break as athlete 2 walking in he tried to touch the head of athlete 1 then as athlete 1 ducked to try to avoid athlete 2s hand he hit the corner of the door lock with his forehead opening a cut that need 6 stitches when athlete 1 was brought to the ER. George Ward was informed with a phone call that the father is filling out the report	Athlete 1 was brought to Kiser emergency room Redwood City and received 6 Stiches and requires doctors follow up.
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Deck	Playing a game and the swimmer hit her chin against the side of the deck.	Laceration on the bottom of the chin from the impact with the deck.
Male	UT - Utah Swimming	Practice - Other	Water - Side	Athlete was playing around with another swimmer who is autistic, and the autistic swimmer grabbed athlete around the neck and squeezed it.	Athlete was having trouble breathing in and out smoothly. His breaths were very unstable.
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Head is hurting.	
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Side	Swimmer was practicing butterfly set, during that she ran into her left hand and bent it backwards.	
Male	NC - North Carolina Swimming	Practice - Other	Deck	A door was opened on to the athletes right foot when walking through the double doors to the pool. The athlete's foot was cut when the door struck it.	
Female	GU - Gulf Swimming	Meet - Competition	Deck	Arms and legs shaking, rapid breathing, loss of consciousness (very brief)	
Female	GA - Georgia Swimming	Practice - Dry Land	Other Flat rock park - field	While standing up after completing flutter kicks on the grass, athlete rolled over on her ankle	5th metatarsal fracture
Female	OH - Ohio Swimming	Meet - Warm-up	Deck	Slipped while walking across deck	
Male	CA - So. California Swimming	Practice - Other	Other water, swimming in lane		Athlete is on seizure medication.
Male	IL - Illinois Swimming	Practice - Other	Bleachers - Spectator's	Went to see darkness under bleachers and when he went to come out he hit his head on the edge of the bleachers. His father was standing with him when incident occurred. Only witness.	Small cut just past hairline towards forehead. Less than a half inch wide
Male	WI - Wisconsin Swimming	Practice - Dry Land	Stairs	Tweaked knee while hopping on stairs.	Knee hurts after running stairs.
Male		Meet - Warm-up	Deck	The swimmer was sitting on the bleachers and stood up, not knowing there was a metal bar running along the wall. The swimmer hit the top of his head on the bar. There was no bruising or cuts	The swimmer presented with no apparent bruising or cuts. He was looked over and provided with ice and offered to go see a doctor both mother and coach denied further treatment
Male	AZ - Arizona Swimming	Practice - Other	Other Middle of pool	Two swimmers ran into each other while swimming. One was swimming freestyle, the other swimming backstroke. The injured athlete initiated the contact when striking the other with his paddle. Both athletes stopped but it is possible the two bumped heads. Both athletes seemed fine but injured party has experienced headaches daily since	Injured athlete went to local urgent care and his primary care Dr and was told he might have a slight concussion. He is experiencing regular headaches.
Female		Meet - Competition	Water - Start End	Hit head on bottom upon entry dive for IM race. Hit head again at wall during fly to back transition.	
Female	SC - South Carolina Swimming	Meet - Warm Down	Water - Start End	Head to head collision in swim lane during warm up	
Male	NJ - New Jersey Swimming	Practice - Other	Locker Room	Athlete hit his head after slipping on a sandal in the showed	
Female	OZ - Ozark Swimming	Practice - Other	Water - Start End	swimmer was swimming backstroke and her arm hit in the gutter as she finished and her head struck the wall at the same time.	Received notification from parent the day following the incident and parent was advised to keep swimmer home from practice that evening. They have spoken with their doctor and will keep her home for a couple days to monitor her symptoms. I was informed that she is doing better each day.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Swimmer went to Dr one week after and has a torn quad from running. Swimmer did not tell coaches until one week after incident that she felt pain.	torn quad and fascia
Female	CA - So. California Swimming	Other PRACTICE-WATER	Water - Start End	STUNG BY A BEE OR MIGHT HAVE CUT LIP ON BRACES	INJURED TONGUE OR INNER LIP
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Other Deck - Gutter	swimmer injured her foot while entering the pool stepping from the deck onto the gutter.	The mother did take swimmer to the doctor and resulted in a diagnosis of a fracture.
Female	FG - Florida Gold Coast Swimming	Practice - Other	Deck	athlete tripped and fell on her left arm	Fractured two bones in arm near wrist
Male		Practice - Other	Other Not identified as swimmer did not tell me he hit the wall.	Swimmer came up to me (coach) said that his arm hurt and was tight. Told kid to stretch the arm and see how it feels. Swimmer said arm felt better and he could swim, swimmer finished the practice without any complaints of his arm. After practice swimmer said his arm was a little sore. I told the swimmer to ice it that night to help the soreness. Swimmer did not tell me that he hit his elbow/arm on the wall. Day after incident parent notified me that he fractured his growth plate.	Growth Plate fracture in elbow according to parents.
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Swimmers were playing soccer. Swimmer ran up to get the ball, lost her footing and fell on her back. Swimmer immediately got back up, holding her back, doubled over. She needed a second to catch her breath. Upon interview, she said that she had the wind knocked out of her and sat down. After a while she tried getting back up to play again but stated that running hurt her back and so sat back down for the remainder of dryland (10 min).	No visible bruising, swelling, or sign of injury.
Female	PV - Potomac Valley Swimming	Practice - Other	Other TURNING AT THE WALL	HIT HEADS WITH ANOTHER SWIMMER WHILE SHE WAS ENTERING INTO FREESTYLE TURN AND OTHER SWIMMER WAS LEAVING WALL.	LIFEGUARDS TREATED A SMALL CUT ABOVE SWIMMERS EYE/EYEBROW, AND WAS RELEASED TO PARENT. PARENT TOOK SWIMMER TO DOCTOR FOLLOWING DAY AND WAS DIAGNOSED WITH A MILD CONCUSSION.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	swimmer was accidentally kicked in the face during practice by another member of the team. She was struck in the eye.	
Male	CT - Connecticut Swimming	Practice - Other	Locker Room	Swimmer slipped in the locker room and injured his foot. He was released to the care of his parents.	Foot swelled at the point of the incident. Coaches were informed later that doctor's diagnosis was a fracture.
Female	CA - So. California Swimming	Meet - Competition	Other exiting the pool after finish of race.	Was exiting the pool after her race.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Dove into water from block to deep and hit head on bottom	
Male	CA - So. California Swimming	Meet - Competition	Other Snack Bar	At the snack bar and hot water container/urn used for coffee was on the counter. He turned and his face touched the container and burned him	Quarter sized red raised swelling on right side of face by eye and cheek on Right Side
Female	AK - Alaska Swimming	Meet - Competition	Water - Start End	During a swimming competition swimmer was competing in a race as she approached the wall she had both her arms extended, and by doing that hit the wall and hyperextended her arm which created her injury	
Female	OZ - Ozark Swimming	Practice - Other	Water - Start End	In completing her 100 backstroke swim, swimmer miss-counted and ran head first into the wall of the pool.	
Female	MA - Middle Atlantic Swimming	Other Team Elite Fantasy Camp	Water - Start End	Victim was performing a flip turn during Fantasy Camp and hit her heel on a rough spot on the wall, cutting her left heel. The cut was approximately the width of the heel, and seemed deep enough to require stitches. It was recommended she see a doctor, which she did.	After hitting her heel on the wall, victim exited the pool and pressure was applied to the cut to stop the bleeding. As the cut seemed deep enough to require stitches, it was suggested she see a doctor. Victim's parent took her to Carolinas HealthCare System Urgent Care - Arboretum; 7810 Providence Rd #102; Charlotte, NC 28226; (704)543-6636. Victim was treated by Dr., who administered 6 stitches. Victim was instructed to use crutches for 3 days and to avoid swimming. She has a followup appointment scheduled for Tuesday, 12 April 2016.
Female	VA - Virginia Swimming	Practice - Dry Land	Other Fitness Facility	Lifted a kettle bell to walk to other end of facility.	
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was getting out of the pool and slipped bumping his chin on the side of the pool, cutting it.	
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Swimmer pushed sideways off of side of pool, ran into wheelchair access lift.	3/8 inch cut high in forehead. Left side
Female	NT - North Texas Swimming	Practice - Other	Water - Side	Swimmer swam head first into her.	Swelling on right side of the face. Swelling increased over next 2 days.
Male	MS - Mississippi Swimming	Practice - Other	Deck	The swimmer slipped and upon landing busted chin.	
Female	CA - So. California Swimming	Practice - Dry Land	Other Basketball court	Two swimmers were playing a game that has the same hold as a thumb war game. But instead of a thumb war game, they were pushing and pulling each other and one of the swimmers pushed athlete to hard and she fell.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	climbing out of the pool and chipped his front left tooth in the deep end against the ledge	chipped left tooth on the bottom right side of tooth. The chipped portion is close to the center line of top jaw.
Female	SE - Southeastern Swimming	Other Before Practice, onsite	Outside Venue		Athlete was running outside, slipped and rolled ankle
Female	SR - Snake River Swimming	Meet - Walking	Hallway	Walking in flip flops on tile floor. Slipped and fell on her knee.	Could not straighten knee at time of accident. Did move to bench and was able to move, but not straighten. Able to wiggle toes and put some pressure on leg as she left. Doc on-site said possible soft tissue damage.
Male	GA - Georgia Swimming	Practice - Other	Locker Room	Athlete and some swimmers were playing in the bathroom and he hit his head on the sink.	Swimmer's Coach, said that he was informed that swimmer had to have 4 stitches and swimmer's parents paid a \$75 copay at an urgent care place.
Female	HI - Hawaiian Swimming	Meet - Warm-up	Deck	Victim was walking back to her team tent when she kicked over and stepped on a ceramic Starbucks coffee mug. After stepping on the mug, it shattered and lacerated the bottom of her left foot.	After removing left over shards, the lifeguard bandaged the wound.
Male	PV - Potomac Valley Swimming	Meet - Watching / Observing	Team Area	Coach began seizing while sitting up in his chair. The swimmer next to him guided him to the ground on his back. He continued seizing for a few minutes. Foamed at mouth. Eyes rolled back. Seizure ended after about 3 minutes. He took slow, heavy, steady breaths for about 5 minutes before becoming responsive. EMT showed up about 5 minutes in. Fast response. They worked on him in the ambulance and took him to Chipperham Hospital. His wife was called and we are told she met him at the hospital. The coaches from MA graciously scooped up coach's swimmer and are taking care of her for the rest of the meet.	
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was participating in a game outside for dyland, much akin to tag. She said she was not paying attention to where she was going and walked into a tree. She struck the side of her head on the tree and sat down. I asked what had happened, as I did not see. She said she was trying to tag someone and as she turned, she hit her head on the tree. I asked if she was OK, she said yes. We brought her into the lifeguard room and got her ice for her head. The lifeguard checked her out, asked if she was feeling dizzy, nauseated, confused, sick, and checked to see if her pupils were dilated. I called her mother and informed her of the situation. She came to talk to J and me and it seemed everything was OK. She sat out and iced for about 15 minutes, then said she was feeling well enough to swim. She swam the rest of practice (about 45 minutes) and said her head was just a little sore where she hit it.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Hurt shoulder while doing plank exercise.	
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Stairs	I have a narrative from the athlete that can be submitted. She hit her mouth on the stairs from the cool down pool. She did not realize she had chipped it until she was in the locker room and did not inform me, her coach, until several days afterwards and her mom had already scheduled it to have it repaired.	I have a narrative from the athlete. No injury report was given nor witnesses. The swimmer did not realize she chipped her tooth till later and she was embarrassed to say anything until several days later. After checking I asked her to write a narrative which she did on March 10th. Parents also submitted a paper copy of dental charges already paid.
Female	AK - Alaska Swimming	Practice - Dry Land	Deck	Athlete was attempting to catch a 11# medicine ball and was unable to do so before striking her in the face.	At the time of the incident the athlete was asymptomatic of head injury other than her left front tooth. Parents were notified. Athlete displayed symptoms of slurred speech and nausea approximately 12 hrs after incident, while with parents. Athlete is receiving medical care.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	At the end of practice, athlete was walking towards the shallow end of the pool along with most of the other swimmers. She bent over to pick up her water bottle at the end of lane one when someone bumped into her from behind causing her to fall into the pool. She hit the edge of the pool on her way in. She struck her left side jawbone, her chest, and left knee.	She is scraped (looks like road rash) on the left side of her jaw and chest where her skin skid against the edge of the pool. There is a small cut on her knee.
Male	GA - Georgia Swimming	Other National Junior Team Camp	Other Bathroom/Shower of Dorms	Slipped exiting the shower at Colorado Springs OTC dorms. Injured left knee in fall.	Evaluated by OTC Athletic Trainers, team doctors, and therapists at OTC. X rays at OTC. Sent back to the team with crutches and a brace with directions to get an MRI back home.
Male	OR - Oregon Swimming	Practice - Other	Stairs	Tripped while walking down the stairs to start the swimmers dryland activities.	
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	An athlete did a backstroke stroke without looking behind them and hit her in the head	Cut on her eyelid, required three stitches
Male		Other showering	Other dorm bathroom	Athlete was exiting shower and slipped. He had pain as a result of his fall during which he twisted his knee in different directions. He was on the 2nd floor and had to go back downstairs and to the end of the hall. He contacted Mitch Dalton who contacted me to come see the patient. I was transporting someone to the local emergency room when I was called so medical staff from the OTC saw the patient prior to me. When I arrived in his room, he was calm and sitting up with ice on his knee. He had initially been dizzy and maybe a little faint feeling. He denied hitting his head and denied LOC. Initial vitals signs were 100/70, P 62, O2 sat 98% He has swelling that began almost immediately and tenderness along medial aspect of his knee. By exam we are suspicious MCL vs ACL tear. Xray in the OTC clinic showed no fracture. He was placed in he immobilizer brace and on crutches. He was given care instructions and a prescription for pain medication. This could end up requiring MRI and even surgical treatment at home There were no witnesses to the incident.	
Male	ND - North Dakota Swimming	Meet - Competition	Water - Lane Lines	Jammed/strained right index finger during race. No other athlete involved.	Recommended athlete get finger checked by medical after meet to evaluate if broken.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End		While performing a backstroke flip turn in practice (with flags up), swimmer struck the right side of his head. No concussion symptoms, except bump just above & behind rt.ear. Athlete not allowed to return to practice. Advised parent to restrict child's activity to rest and watch for any signs or symptoms, and contact physician.
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer hit head on turn end of wall during a backstroke set. Swimmer was asked if she was OK. Swimmer stated that her head was hurting but she wanted to continue to swim practice.	Swimmer complained of headache. Swimmer was asked if she wanted to get out and swimmer insisted she was OK and kept swimming practice. Swimmer got out at out towards end of practice with about 15 mins. left. As swimmer was leaving practice it was recommended that she go see a doctor for precautionary reasons, just to be checked out for possible further injury. Swimmer went to emergency room and was diagnosed with mild concussion.
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	swimmer felt sharp pain in back and then during push pace warm up Coach brought him to first. Pain was sharp in shoulder blade. Pain started with arms extended.	
Male	CA - So. California Swimming	Other Walking in between events	Bleachers - Athlete's	Slipped on metal bleachers and fell down to the bottom hitting forehead, back, arm, and cut left foot	
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End		While exiting the pool, swimmer cut toe on side of pool where a metal cover was placed over a missing tile
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	The deck was slippery due to water. The area slipped on was abnormally slippery.	Treated by Sports Medicine Personnel
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Ran into another swimmer and crashed head to head	Goggle broke on impact and may have made the scrape on his eye area.
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	During warm ups of practice on March 25, 2016 at 5:40pm swimmer was performing a Flip turn and cut the bottom of her foot on a metal tile protector.	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was doing backstroke drill with hands at their side and bumped their head into the wall.	
Female	NI - Niagara Swimming	Practice - Other	Water - Turn End	Swimmer's left arm (forearm) struck pool's deep end bulkhead wall while swimming on her back.	Swimmer's left arm (forearm) struck the pool's deep end bulkhead wall while swimming on her back. No open wound. No discoloration. No deformity. No neurological deficits. Minor swelling just below elbow (appr. 2) Swimmer is able to move elbow, wrist and left hand fingers but complains of some pain when she does left arm extension and moving left pinky little finger and left ring finger.
Female	IE - Inland Empire Swimming	Other Stretching on Bench	Bleachers - Spectator's	Swimmer fainted while stretching on bench and hit head.	Concussion and abrasions from the pool deck on arm and knee. Swimmer was stretching on bench when she became dizzy and fell off of bench striking head on pool deck.
Female	MI - Michigan Swimming	Meet - Competition	Outside Venue	Swimmer swam at the 13 & Over State Meet Thursday-Sunday competing in 3 relays and 6 individual events. Swimmer competed in the 100 Fly and 500 Free on Friday. She made it back to Finals in the 500 Free. After competing in the 500 Free, swimmer complained of shortness of breath, she also complained that her lungs and throat were burning. Friday evening she came back and competed in the 500 Free. Friday night after the finals she continued to complain about not being able to breathe, her lungs and throat continued to burn. She also started to cough. On Saturday she came back and competed in the morning. Afterwards she went back to her hotel to rest. Her symptoms then continued to get worse. It is at that point that her parents took her to the Emergency Room at St. Joseph Mercy.	At the hospital they checked out her vitals, then gave her a breathing treatment. They diagnosed her with acute pneumonitis due to chemical fumes. She then went back to her room to rest. She felt better on Sunday Her parents allowed her to compete. She made it back to Finals. Her breathing was better than it had been on Friday and Saturday. As of Monday March 21st, 2016 she to cough a little bit. Her lungs and throat are still burning.
Male	MD - Maryland Swimming	Practice - Dry Land	Outside Venue	Slipped and fell hitting is knee against some gravel.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MI - Michigan Swimming	Meet - Competition	Deck	ATHLETE EXPERIENCED REDUCED BREATHING CAPACITY DUE TO POOR AIR QUALITY.	
Male	HI - Hawaiian Swimming	Practice - Other	Deck	Slipped on wet deck and hit back of head.	Did not see any signs of concussion. Small (1/2 inch) scrape where swelling was on back of head.
Female	MI - Michigan Swimming	Meet - Warm Down	Water - Side	Swimmer was at the 13 & Over State Meet competing all 3 days. On Friday she competed in the 13-14 Girls 400 Medley Relay. Swimmer competed in her event and felt fine afterwards. She did not experience any symptoms. On Saturday swimmer competed in the 200 Breaststroke. Prior to her event swimmer was coughing while she warming up. After competing in the 200 Breaststroke she had a hard time breathing and was wheezing. Swimmer then went to warm down. She then swam 3 lengths in the warm down pool. She continued to cough and wheeze. She couldn't catch her breath. Her teammates then helped her out of the pool and took her to the hallway adjacent to the girls' locker room. Her symptoms continued to worsen. Her face and extremities started to numb. She was then taken out into the lobby where her parents met her. She was put on a nebulizer. The workers at the front desk then called 911. EMS arrived and they put her on oxygen. Her oxygen levels then returned to normal. She then went home with her parents. Later that evening her throat and lungs were burning. She also had a really bad headache. She did not return to competition on Sunday. As of Monday March 21st, 2016 swimmer is doing ok. She is not experiencing any more symptoms.	Coughing, wheezing, burning throat and lungs, tightness in chest, numbness in face and extremities, headache
Female	MI - Michigan Swimming	Meet - Entering / Pool	Deck	Swimmer was participating in the meet on Friday, Saturday, and Sunday. She was swimming in the Open Relays for GLT. On Friday she swam in the 400 Medley Relay, then on Saturday she swam in the 800 Free Relay. She said that she felt fine on both days. On Sunday, she arrived at 10am to get ready to participate in the 400 Free Relay. When she walked into the building, she felt tightness in her chest. Prior to warming up, swimmer took her inhaler. After taking her inhaler, swimmer felt really dizzy. She then collapsed to the ground with her teammates catching her. Several of her teammates attempted to take her out of the pool. They were told by one of the lifeguards to sit her down. Her teammates argued with the lifeguard that they needed to get her out of the pool because she couldn't breathe. By this time, her father was notified and rushed down onto the pool deck. Swimmer was then taken out into the lobby. The front desk workers then called 911. Symptoms: Headache, tightness in chest, disorientation, nausea, burning in throat and lungs, coughing Swimmer was given an albuterol treatment, then oxygen. EMS determined swimmer's oxygen level was back to 100%. She then went home. As of Monday March 21st, 2016 swimmer is doing ok. She is still experiencing some burning in her throat.	Headache, tightness in chest, disorientation, nausea, burning in throat and lungs, coughing
Male	MI - Michigan Swimming	Meet - Competition	Deck	Air quality continued to deteriorate throughout the championship meet. Shortness of breath, coughing, irritation of both eyes and lungs increased as the weekend continued.	air quality affected respiration
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Group was doing a shuttle run. Athlete tripped on his own foot and fell striking his arm and shoulder on the ground.	
Male	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Swimmer was walking around the corner of the pool near lane one to get to his lane for his race, he slipped and fell, and according to a witness, he landed on his bottom and his elbows, and then his head hit the ground. he was upset, but appeared otherwise uninjured. His mother and coach came over to assess him. His coach assessed him, decided he would sit out his race.	
Female	PV - Potomac Valley Swimming	Meet - Entering / Pool	Water - Start End	Swimmer hit head on bar when exiting pool during warm ups. She didn't see stars and did not feel dizzy. Swimmer did compete in meet and said head felt worse after competing.	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	during 100 i.m. swim athlete bumped his head at the wall while swimming backstroke before turning to breaststroke.	swimmer said he hit his head on the wall. He said he was a little dizzy. I accompanied swimmer to life guards and notified his father who took him. I explained to father we must have a release note from Emergency room saying swimmer is okay to come back to swim before he gets back into practice. Father understood.
Male	SC - South Carolina Swimming	Meet - Competition	Water - Start End	Swimmer was finishing the backstroke event. He "did not see the flags" and swam until he hit his head on the gutter, above the timing pad.	Swimmer exited the pool, after striking the top of his head on the gutter. He was disoriented, slurred speech, and blurred vision.
Female	FL - Florida Swimming	Meet - Warm Down	Locker Room	Swimmer Slipped in the locker room. Fell and hit her head. Split her head open, eyes rolled back, shaking seizure like and became unconscious Lifeguards took care of her and 911 was called. Taken to the hospital via ambulance	CAT scan was given at the hospital, 6 staples in her head and an overnight stay to be monitored.
Female	PC - Pacific Swimming	Meet - Entering / Pool	Water - Bottom	Sliding into pool to warm up; hit bottom of pool with foot	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer hit head during 1000 finish - finished race and then got out and told his coach - complained of headache - no other visible signs of injury	
Male	CA - So. California Swimming	Other event warm-up	Water - Start End	Struck head during backstroke finish at wall during warmup in warm-up pool	dizziness and pain at time of incident
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Ending up passing out on deck. Claimed her eyes went black a few times before she actually fell.	5 Seconds of Unconsciousness
Male	NC - North Carolina Swimming	Meet - Warm-up	Water - Turn End		
Male	IN - Indiana Swimming	Other on deck	Deck	Stood up on deck bleachers under tivo box and hit head on tivo box	cut on top of head
Female	AK - Alaska Swimming	Practice - Other	Other Water-at the blue	Two swimmers were in the same lane together. One swimmer was warming up for her test set swimming freestyle coming back on the left side of the lane (correct side for her) while the other was cooling down after her test set swimming backstroke on the left side of the lane (wrong side for her). The swimmers then collided head on at the blue line with the backstroker injuring the freestyle swimmer's nose with her head.	Swimmers struck head to nose. Injured swimmer's nose was heavily bleeding. A lifeguard then came over to assist her with the bleeding and gave her an ice pack to place on her nose for any swelling that would occur. Swimmer's nose was crooked and presumed fractured (after going to the hospital we found out that it was fractured). Swimmer's parents were called to pick her up while the lifeguards were filling out their incident report form. Once they were done filling out the form she was picked up by her parents.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Athlete's goggles broke and chose to swim without goggles. Athlete misjudged the wall finishing a set and bumped her head on the wall at finish.	I sat athlete out for observation and had her put ice on her bump. She complained of feeling a little sleepy, but the bump was feeling better. I informed her father of the head bump and asked her to be observed over the next 48 hours. If symptoms worsened she was to call 911 and or seek medical attention. Also, informed father that she couldn't return to practice without a medical clearance note from her doctor.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CO - Colorado Swimming	Meet - Competition	Deck	Coach has a 1.5 yr. history of "pseudo-seizures" Apparently at approx. 12:45pm she experienced her first seizure. As Meet Referee I had not been informed of this incident but was told later that it lasted approx. 15min at which time she slid from her chair to the deck and during the seizure did hit her head against the deck a few times. Once the seizure was over I was told that she informed the pool staff and her coworker not to call 911. Then at approx. 4:45pm during the last heat of the last race I was called over to her location where she was experiencing a second seizure. This was when I was made aware of the first seizure. I found the victim leaning back in her chair being supported by the pool staff having a mild seizure. Her right had was curled up and her body was mildly twitching. She was unresponsive but her airway was clear and she was breathing. I was told that they had called the victims father and that he informed them that they usually just keep her protected and safe from injury and let the seizure subside. I began getting concerned after about 15-20min when the seizure did not subside. I called her father to find out the typical length of her seizures and to discuss calling 911. He said that the seizures at most have lasted 15-20 min. in the past. He asked me not to call 911 and that he was on his way. It would take him approx. 25min to get to the pool. I told him if the seizure lasted too much longer I would consult with the pool staff as it is ultimately their decision to call 911. After approx. 20-25min and periods of the seizure seeming to get worse and then lightening up again, the pool staff decided to call 911. EMS arrived took transported her to their ambulance for assessment and called both of her parents. After about 15min. or so they decided to transport her to Lutheran Hospital. Both parents were notified. Her father actually arrived before the ambulance left the pool.	
Female		Meet - Competition	Water - Turn End	Swimmer was swimming backstroke and her goggles filled with water. As the swimmer went to turn, she could not see wall and hit her head on the wall. She completed the race and then complained that her head hurt.	
Male	IN - Indiana Swimming	Practice - Dry Land	Gym	During dryland in gym, bleachers fell on top of athlete	bleachers landed on swimmer's foot, were not sure if broken or sprained at the time
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Deck	Swimmer was entering the water from the deck at the turn end of the pool near the diving boards and cut his left foot as he entered the pool.	Pulsing Pain, EMS was not called, recommended to seek additional medical treatment
Male	CT - Connecticut Swimming	Other wheel chair flipped over on deck	Deck	Athlete's wheel chair flipped over backwards when his wheel got caught in the deck drainage gutter. Athlete hit his head. He was assisted back into his chair by Coach	The was not marks or bumps we applied ice as a precaution
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Lane Lines	head to head collision with another swimmer during a backstroke set	swimmer did not experience immediate symptoms until one week later, was diagnosed with concussion/trauma with associated body tremors, headaches and balance issues
Female	NC - North Carolina Swimming	Practice - Dry Land	Other Outside Dryland Practice	Victim collided with another teammate during dry land practice. They bumped heads doing a grapevine exercise on the outside field. The coach did not witness the incident, but learned of it from the victim.	The victim's coach did not witness the collision; however, questioned the victim after learning of the incident. The victim informed the coach that she was "in a little bit of pain." She stayed and completed the full water practice. The coach learned of the victim's concussion in an email from the father. After leaving the facility, the victim complained to her parents of dizziness, headache, and nausea. The day after the incident, the victim was taken to a sport's injury specialist, who diagnosed a concussion. The victim's parents said they believe the victim experienced a concussion "in the past," but did not see a doctor or establish a baseline. After this incident, the victim was limited to little or no activity, including swimming, and had a follow up appointment on 7 March 2016. As of 11 March 2016, the victim still is not cleared for physical activity. Another follow up appointment will be some time the week of 14 March 2016.
Male	CA - So. California Swimming	Meet - Competition	Deck	Asthma attack	Asthma attack
Female	WI - Wisconsin Swimming	Other End of year banquet	Outside Venue		
Male	MN - Minnesota Swimming	Practice - Dry Land	Deck		
Female	SR - Snake River Swimming	Practice - Dry Land	Deck	Athlete tried to stand after doing an exercise but couldn't when her knee locked and she could not put any weight on it.	
Female	IN - Indiana Swimming	Meet - Competition	Other Pool facility	Athlete suffered an asthma attack, burning of the mouth, burning eyes, swelling of the throat, stomach pain, headache, breathing problems from poor air/water quality. She required medical attention after the meet and was prescribed by her pediatrician.	Athlete competed in the Divisional meet Friday, Saturday and Sunday and was in the pool and air quality for the duration of the weekend. Her first sign was coughing, and trouble breathing that progressed to requiring follow-up.
Female	IA - Iowa Swimming	Practice - Other	Water - Turn End	A cracked tile in the gutter cut her elbow.	1/2 inch gash in her elbow
Female	AZ - Arizona Swimming	Practice - Other	Locker Room		Slipped in locker room and landed on face.
Male	UT - Utah Swimming	Practice - Other	Water - Lane Lines	Head-on collision with another swimmer. Head and nose were hit and goggles broken.	Swimmer suffered a small bump on his forehead and scratch on his nose.
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Turn End	Laceration on back of heel from striking pool wall during flip turn	Laceration on back of heel from striking pool wall during flip turn
Female	HI - Hawaiian Swimming	Meet - Competition	Deck	threw back out while coaching the swimmers, could not straighten up my back! In so much pain!	Threw my back out while squatting on deck while coaching swimmers
Male	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer was an underwater 25 and closed his eyes while doing so. Because of this he was not aware of where he was in the water and when he lifted his head he scraped and struck it against the wall as he was coming up.	He scrapped several areas on his face (nose, forehead, chin) and was bleeding a bit from them. Later on, I am told he said he had a bit of a headache.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimmer swam into another swimmer pushing off the wall.	
Female	MR - Metropolitan Swimming	Meet - Competition	Deck		
Female	MN - Minnesota Swimming	Practice - Other	Bleachers - Athlete's	Swimmer slipped on the bleachers when she was getting her things after practice. when she slipped she fell onto the pool deck where she landed on her wrist.	when I asked swimmer how she felt and what her wrist felt like she said that she felt fine and her wrist just felt sour and stiff. I did talk to her dad about it who stated that they would just ice it and give her some ibuprofen. when swimmer left the pool she seemed just fine.
Female	CO - Colorado Swimming	Practice - Dry Land	Deck	Ankle was injured during dryland portion of practice.	
Female	FL - Florida Swimming	Meet - Competition	Locker Room	Swimmer was moving fast through the locker room, making turns, trying to get to her heat about to start, slipped and fell in the locker room.	Swimmer was unable to compete on Sunday as she was not able to bend her leg. Long Center lifeguards should have an accident report on file.
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer at flip turn	
Male	OR - Oregon Swimming	Meet - Competition	Water - Turn End	During 200 individual medley as swimmer made turn during breast stroke leg he pushed off of the wall and his foot slipped into the gutter. He banged and scraped the top of his foot.	During 200 individual medley as swimmer made turn during breast stroke leg he pushed off of the wall and his foot slipped into the gutter. He banged and scraped the top of his foot.
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Swimming backstroke and had head tipped and hit head on the wall. Also hit hand/arm on wall/gutter.	Abrasion on hand. Bruise on head. Neurologist on premises. Performed regular exam for concussion. No neurological deficit; oriented; asymptomatic; no abnormalities
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Athlete had an Asthma attack due to poor air quality and poor air circulation. He was taken to the hospital after he swam his first event.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OZ - Ozark Swimming	Meet - Competition	Deck	Swimmer passes out after exiting the pool following her leg of the 400 Medley Relay.	
Female	MD - Maryland Swimming	Other Spectator	Bleachers - Spectator's	Spectator was having breathing issues throughout the meet due to poor air quality. Spectator took herself to the hospital that night. She was admitted, treated for the breathing issue, and released later that evening.	
Male	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	hit his chin on the bottom of the pool doing diving drills ("penguin dives")	
Female	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	hit her head on the bottom of the pool doing a diving drill ("penguin dives")	
Female	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	The group was doing diving drills ("penguin dives") and swimmer hit her head on the bottom of the pool.	
Male		Meet - Competition	Bleachers - Spectator's	At about 10.30 am the head of guest fell on his chest and he started to slip from his seat. The people sitting next to him held him up. husband of an official, called 911. 3 nurses and 1 MD who were at the premise looked after him, including his daughter. Staff of the local fire department and the paramedic of an ambulance examined him subsequently. He left the facility walking by himself attended by a friend.	His vitals were ok. is suffering from an underlying heart condition. The medical staff advised him to seek medical attention. It is unknown if he followed-through on this advice. He stated he recently had extensive tests done.
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	Slipped and hit his head on the shower	
Female	MV - Missouri Valley Swimming	Meet - Walking	Bleachers - Spectator's	An elderly woman fell while stepping up on the bleachers. She lost her balance, fell, and hit her head on the concrete.	
Female	PC - Pacific Swimming	Practice - Other	Other during swim practice	Swimmer has been experience discomfort in both shoulders from her training. She has experienced a bilateral shoulder injury from inflamed muscles swelling against the nerve and created serious discomfort. Swimmer has experienced this discomfort since November and did her best to train through it. After our winter competition in January the inflammation became too great and she had difficulty lifting her arms over her head and completing a swimming stroke pattern. She also has been experiencing athletic educed asthma during practice due to the air quality in our indoor pool. The temperature of the pool is over 83 degrees and the ambient air is 85. When we are doing any anaerobic threshold or overload (max HR training) she has experience trouble with her breathing and has to stop her training. We are not permitted to open any doors to allow for proper circulation.	Swimmer was out of the water for a week from February 1 -8 to help with the inflammation. She is seeing a therapist who has expressed the inflammation was so great that they cannot suggest any exercises at this time to help relax the shoulder. Her shoulders are still really tight and she is back in the water doing body position kick only.
Male	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped on the deck and injured his wrist trying to brace his fall	
Male	FL - Florida Swimming	Practice - Other	Outside Venue	Athlete was skipping, tripped, and fell into a concrete bench before practice.	The cut was deep enough that we suggested he go for an evaluation.
Female	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Start End	The incident happened at the beginning of regular practice. One of our coaches, was assisting others in athlete's age group by explaining warm-up and putting caps on, when she looked over and saw athlete crying. Athlete was holding her head and another swimmer was asking whether athlete was OK. Athlete told Coach that she had jumped into the water, because she had been ready to begin her warm-up routine, and as athlete was surfacing other swimmer jumped in and collided with athlete. Other swimmer stated she had not seen athlete underwater. Coach told athlete to get out of the water. Athlete reported pain in her head and neck. Athlete applied ice to her head and neck for about 20 minutes on the bench while Coach contacted athelte's mother to come pick athlete up. Athlete stated that she had a headache that she had not had prior to practice. When athelte's mother arrived, she took athlete to the locker room to change, so that athlete was not alone in the locker room. Neither athlete nor other swimmer could be more specific about where on athelte's head the contact had occurred, but it seemed that athlete was hit somewhere on the top portion of her head.	
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	Athlete's mother later reported that she took athlete in for an x-ray later that night and that the x-ray did not show any fractures.	
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	approaching wall, swimmer in front of her kicked her wrist	
Female	OR - Oregon Swimming	Meet - Warm-up	Water - Turn End	Swimmer reported that as she did 3rd turn in her leg of 400 freestyle relay, as her feet hit the wall she felt sharp pain in lower back. She completed length and was able to get out of the pool on her own. Her coach came to start end to see her and helped her get to a bench behind starting area. Coach left to get her ice and mom showed up at starting area. Once coach returned they placed ice on her lower back, she stood on her own and mom assisted her leaving pool deck as she walked on her own. Coach scratched her from her individual event and recommended she go to see a doctor. Mom agreed to scratch but decided to stay at pool to determine if she could swim relay or time trial. In the end mom decided to leave and check in with doctor as swimmer did not want to compete.	
Male	NE - New England Swimming	Practice - Other	Other mid pool	Swimmer collided with another swimmer. He Showed signs of concussion. He was sent to hospital for observation. He was released the same night.	
Male	NE - New England Swimming	Practice - Other	Water - Side	Swimmer had difficulty breathing	Athlete was brought to urgent care where two nebulizer treatments were given. He was then advised to go to ER for chest xray and EKG.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Was diving into the pool at the beginning of practice; struck her forehead/face on the bottom of the pool.	
Male	IN - Indiana Swimming	Meet - Warm Down	Water - Lane Lines	Patient fell into the pool from the edge, onto the lane line.	Approximate 2inch laceration/avulsion
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	The swimmer dove into the water, his goggles slipped and started to fill with water. The swimmer then started panicking and had trouble breathing. A lifeguard pulled him from the water. The swimmer blacked out and was taken immediately to the first aid room. EMS services were called.	The swimmer dove into the water, his goggles slipped and started to fill with water. The swimmer then started panicking and had trouble breathing. A lifeguard pulled him from the water. The swimmer blacked out and was taken immediately to the first aid room. EMS services were called.
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Finishing race; 100 freestyle; last touch to wall.	Possible hyperextension of elbow.
Female	LE - Lake Erie Swimming	Meet - Competition	Deck	The athlete hit eye on object before getting to blocks (by a bench) and lost sight in right eye.	No visible signs of swelling but could not focus or follow a finger with the affected eye.
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks		
Female	IA - Iowa Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Affected party was sitting in spectator seating when she vomited and felt light-headed. She walked to top of viewing area where she lost consciousness for about 30 seconds. Campus EMS was called, but she was awake when they arrived. EMS took vitals and cleared her to leave. Assumption is that she was simply severely ill.	No physical injury was incurred. Illness was treated by EMS and patient was cleared to leave premises.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	The swimmer dove into the water with his chin up and hit his throat when entering the water. Lifeguard helped him out of the water and he looked like he was going to faint so he was taken to the first aid room. EMS was called and assessed his condition. Mom did not want to have the child taken to hospital. Mom took the swimmer home.	
Male	GU - Gulf Swimming	Meet - Warm Down	Water - Turn End	He was swimming backstroke and collided into the wall.	Head hurts, possible concussion, states vision is impaired.
Female	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	Swimmer's tooth was chipped.	Bottom of tooth chipped when
Female	PC - Pacific Swimming	Practice - Dry Land	Deck	We were doing step ups on an agility box with one foot stationary on top of the box and the alternate foot lifting up for a "step up". We were doing the exercises :40 on and :20 off 4 rounds. ON the last round with about :03 left athlete stepped down rolling her ankle and spraining it. We were doing some short running sprints. Athlete's right foot slipped and she rolled over her ankle. We immediately immobilized the area and applied ice. Her mother picked her up and took her to see a doctor right away.	She rolled her ankle pretty bad and may have some tendon damage as well. The swelling is too great still to determine the extent of the damage. She has had X-rays and it is not broken. The doctors and therapist have expressed we will know more about the injury within the week after the swelling decreases.
Female	AZ - Arizona Swimming	Practice - Dry Land	Outside Venue		We are unsure yet if it is a sprain or fracture. X-rays will be taken on 2/24 to further assess the injury.
Female	NC - North Carolina Swimming	Practice - Other	Water - Side	Victim exited pool and stated her heart was racing, higher than normal, and that she had "a heartbeat in her throat." Victim drank water, rested 15 minutes on the bleacher, and stated there was no change in her racing heart. Victim's parents were in the parking lot and immediately notified.	Victim was taken to the CMC Steele Creek ER (13640 Steelecroft Pkwy, Charlotte, NC 28278; 704-512-5500), and was seen by a Dr. He did not witness an issue with her heart/pulse. The next day, the victim saw her pediatrician, at Rock Hill Pediatrics (704 Gold Hill Rd Ste. 207; Fort Mill, SC 29715; 803-802-5900). He referred the victim to a pediatric cardiologist at Levine Children's Specialty Center (Medical Center Plaza; 1001 Blythe Blvd, Ste 200-E; Charlotte, NC 28203; 704-381-8840). He did not determine a cause, and released victim to return to swimming effective 2/18/2016.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer dove into water and hit bottom of pool	Swimmer was fine at the time and finished his practice but pain went over to shoulder after a couple of days. Swimmer went to doctor a couple of days later.
Male	WI - Wisconsin Swimming	Other Waiting in the lobby	Other Lobby	Child fell off of a chair in the lobby and landed on his head	Gash to the head at the hairline
Male	WI - Wisconsin Swimming	Meet - Warm-up	Water - Turn End	During warm up one way sprints, swimmer hit the top of his head on the lifeguard chair support while exiting the pool at the turn end.	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	At the end of swimmer's race, swimmer lost control of breath and started to pass out. Swimmer remained conscious, but had difficulty breathing. Swimmer was given Oxygen by lifeguards, Fire and EMS were called, and the swimmer was taken to Children's Hospital in DC.	
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Start End	Backstroke start onto his head	
Male	SE - Southeastern Swimming	Meet - Competition	Water - Side		
Male	FG - Florida Gold Coast Swimming	Meet - Warm-up	Water - Turn End	As he was turning he slammed his foot on the side of the leg of the pool.	Compact injury to the heel of the foot and cut with stitches
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Hit hands with a swimming during a pull set with paddles.	Swelling and red around the area.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Victim was swimming backstroke due to a shoulder injury while her team was practicing a kick set. Victim was swimming one direction, while 2 swimmers were swimming breaststroke towards her from the other direction. One of these swimmers attempted to pass the other, kicking the victim in the right temple.	After being kicked in the right temple during practice, victim complained of dizziness and stated she'd had a concussion before. Her coach instructed her to sit on the bleacher. Victim applied ice to her temple for 15 minutes and was asked questions to determine if she was coherent. Her mother was contacted, informed of the injury, and took the victim home. Victim was taken to Novant Sports Medicine on 2/10/16 where it was determined she had a mild concussion. She had a concussion baseline from an injury last year. Victim missed a couple days of school, was unable to take tests for a week, is still restricted from any type of physical activity, and still complains of headaches. She has a follow up appointment at Novant Sports Medicine on 2/24/16.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines	Athlete was passing another swimmer & collided with swimmer coming from other direction. Swimmer stated he hit other swimmers shoulder.	Laceration under eye, eye was bloodshot/red.
Male	CA - So. California Swimming	Other before dry land	Deck	athlete jumped and when landed, twisted (rolled) ankle. Athlete heard a "pop"	ankle "popped" when landed
Male	MW - Midwestern Swimming	Practice - Other	Water - Side	Athlete was performing an open turn and was struck on the left side of the head by another swimmer doing butterfly stroke. Injured party stopped swimming and looked disoriented. Coach followed concussion protocol and removed injured party from practice.	After being struck, injured party stopped swimming and looked disoriented. Coach followed concussion protocol and removed injured party from practice.
Female	CA - So. California Swimming	Practice - Other	Water - Side	2 athlete's ran into each other head on head while training.	
Male	NJ - New Jersey Swimming	Practice - Other	Deck	Swimmers finished 100 fast from the blocks and had trouble breathing.	Swimmer continued to have trouble breathing. Couldn't get a deep enough breath for inhaler to be effective. Swimmer started to panic and hyperventilated.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimmer was executing a backstroke flip turn, flipped too close to wall and struck the bridge of her nose against wall.	Swimmer had slight headache and nose was bleeding slightly. Clinic reports slight crack in nose and referral to ENT.
Male	GA - Georgia Swimming	Practice - Other	Water - Side	No impact. Just back pain complaint.	No injury was observed. May be a pinched nerve.
Female		Other Preparing Food	Deck	Volunteer was cutting food, for the hospitality table, when she cut the tip of her ring finger on her left hand. 1/4 laceration noted to the left ring finger. Laceration was cleaned, bandaged, and elevated at the Norris Center. Volunteer was driven to Delnor Hospital by her husband for further evaluation and treatment. Volunteer was evaluated, treated, and released at Delnor Hospital. No stitches were required. Laceration was closed with a butterfly bandage. Volunteer returned to Norris Recreation Center after being released from Delnor Hospital.	
Female	IA - Iowa Swimming	Meet - Competition	Starting Blocks	Fell into the water when the Starter stood the heat up. Said that her left wrist hurt, but 'shook it off' to swim her last two events. Mother took her to doctors due to her continued pain. Her left radius is broken.	
Female		Meet - Competition	Locker Room	Swimmer described slipping on the girls locker room floor leading up to the deck. She caught her toe on the door. Pt states it was rusty and was concerned about tetanus. Pt described laceration as painful.	Injury cleaned, bandaged, and elevated at the pool. Father was in the stands and notified of injury. 9-1-1 contacted for further evaluation and treatment. St. Charles Fire Dept responded. Pt taken to Delnor Hospital for evaluation and treatment. Pt received five stitches and a tetanus injection. Pt was released from Delnor Hospital in the custody of her father.
Female	NJ - New Jersey Swimming	Meet - Warm Down	Other Collision while swimming		While swimmer was conducting meet warm up, she accidentally collided with another swimmer causing her goggles to press against her face and cut her eye. Lifeguards administered first aid immediately and the swimmers' parents decided to bring her to the hospital for further evaluation / precautionary measures.
Female		Meet - Watching / Observing	Water - Start End	While swimming finishing event 61 (100 free) hit the pad hard hyperextending her left elbow.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female		Other Outside Corpus Christi natatorium	Outside Venue	At approximately 09:00 parent was outside with some friends when she displayed unclear speech and her friends called 911. In a couple of minutes the ambulance took her to Christus Spohn Hospital.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer stopped mid 100 fly; hyperventilating; swallowed water.	
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Athletes were both running for the soccer ball during our dry land activity (soccer) they both met at the ball at around the same time. They ran into each other, injured athlete fell on his wrist and it is now swelling.	I am not sure what happened at this time. they are currently at the Hospital
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was performing a start and struck the bottom of the pool.	Athlete showed signs and symptoms of shock but did not lose consciousness.
Male	MD - Maryland Swimming	Practice - Other	Other Middle of the pool	One swimmer doing fly accidentally struck swimmer in the left eye with the back of his hand and swimmer was in the upper most position of his breaststroke. Perfect/unfortunate timing.	Upon being struck swimmer's goggles fell apart and came off but he still took a pretty good shot to the eye that produced a small cut on the outside of his left eye. His eyeball was immediately red and he began to swell up a bit.
Female	WI - Wisconsin Swimming	Practice - Other	Locker Room	Swimmer slipped in the locker room and hit her head. She pulled the emergency help cord and the life guard, went into help her. No one was in the locker room to witness her fall or saw her. Lifeguard found her laying on her side. We are unsure if she was conscious or not. Lifeguard summoned the emergency response protocol for the facility. An EMS person came to assist lifeguard. They braced and backboarded swimmer. Since we are in a hospital they admitted her to the ER. She was diagnosed with a concussion.	When I follows up with swimmer's guardian he told me she was diagnosed with a concussion.
Male	MN - Minnesota Swimming	Meet - Competition	Water - Start End	In transition from one backstroke heat to the next, the swimmer entering the pool inadvertently kicked the swimmer exiting the pool in the left eye. The kick caused a scratch on the cornea of the left eye of the swimmer exiting the pool.	Swimmer took ice pack from his lunch bag and held it to his eye. Some time later during the session, the swimmer notified the coach of the injury and asked to see his parents. Coach instructed the swimmer to see his parents immediately. Parents took swimmer to urgent care.
Female	OR - Oregon Swimming	Practice - Other	Deck	Swimmer arrived on deck getting ready to begin practice. While waiting for one squad to exit the water so her squad would enter the water she started a game of imaginary catch with an invisible ball. As she reached out for the ball she started to fall in a strange way. Once she hit the deck she immediately grabbed her knee. Frankly, it is unclear exactly when the knee cap came off her knee and wrapped itself over to the side of her leg.	Swimmer arrived on deck getting ready to begin practice. While waiting for one squad to exit the water so her squad would enter the water she started a game of imaginary catch with an invisible ball. As she reached out for the ball she started to fall in a strange way. Once she hit the deck she immediately grabbed her knee. Frankly, it is unclear exactly when the knee cap came off her knee and wrapped itself over to the side of her leg.
Male	WY - Wyoming Swimming	Other Meet Clean Up	Deck	Two parents were winding up lane ropes and the end of one swung around and hit injured party in the head.	Head was cut and bruised. Head was stitched at the hospital ER.
Female	MA - Middle Atlantic Swimming	Practice - Entering / Exiting Pool	Bleachers - Spectator's	Swimmer struck her right shin on the railing for the bleachers and was cut.	There was moderate bleeding.
Female	OZ - Ozark Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was kicked in the ribs by a passing swimmer's breaststroke kick	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines	Injured party was accidentally kicked in the head during practice during a kick set. When I spoke to her on the wall following the incident, she was very aware of everything and could recall all that happened. I asked her if she was feeling dizzy, she replied "Yes", and I also asked if she had any sensitivity to the light in the building, she replied "a little bit". I immediately removed her from the workout and advised her to get to an appointment with her doctor as soon as she can to get a diagnosis. An incident report as filled out at the club during the workout.	Injured party was on her back during a kick set in a streamlined position. She was coming up on the swimmer in front of her and the athlete accidentally kicked her in the back of the head.
Female	CA - So. California Swimming	Practice - Other	Other water-deep end	Swimmer did a 50 freestyle sprint without breathing when she was told by me the head coach not to do it because she can cause harm to herself plus I don't allow that type of training. After she finished swimming the 50 free her body went into shock due to the lack of oxygen. She was able to breath on her own and climb out of the water on her own and walk to the lifeguard office with the help of the lifeguards. Once in the lifeguard office she was given oxygen for ten minutes and then paramedics arrived and said she was fine but wanted her to go to the hospital to make sure everything was cleared by a doctor. Both of her parents were present in the lifeguard office to her and see what paramedics were doing to her. I as well. After paramedic talked to mother of swimmer to send her to the hospital they put her in the ambulance to take her to the hospital.	She held her breath knowing she's not supposed to do that.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	When trying to pass another swimmer near the turn end of the pool swimmer ran into another swimmer pushing off the wall. They hit heads	Red mark on forehead from impact
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	swimmer ran into another swimmer when he thought they were splitting the lane for practice instead of circle swimming.	
Female	FL - Florida Swimming	Practice - Dry Land	Deck	Athlete was running with her team around the pool deck as part of dry land and tripped, falling on her arm and side.	
Female	OR - Oregon Swimming	Meet - Walking	Deck	Athlete suffered scratching and cuts form the fall. She also hit her head and was transported to the hospital for observation.	Swimmer was always alert, but complained her head hurt.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Severely Sprained thumb	Potential fracture
Female	AD - Adirondack Swimming	Practice - Entering / Exiting Pool	Water - Turn End		As swimmers were entering the pool swimmer slipped and fell into water striking her left arm and back on edge of pool. Water is 4ft deep she came to rest leaning on edge of gutter flush with water. Emergency action plan activated. Swimmer placed on backboard until EMT arrived. Precautions taken due to spinal injury 2 years ago where rods were placed to align spine. X-ray revealed no injury other than contusion to back and arm. Swimmer returned to school next morning.
Female	MV - Missouri Valley Swimming	Other Walking	Other parking lot	Slipped on ice in the parking lot while coming into Natatorium for the swim meet.	
Male	ND - North Dakota Swimming	Practice - Entering / Exiting Pool	Water - Side	On 1-20-16 at approximately 2030 hours, athlete, age 10 was on the deck in the area of the deep end of the pool. The athlete slipped and his foot went into the gutter, striking a water spout and caused a laceration to his foot. Initial first aid was provided at the pool by a coach and the athlete was transported to Trinity ER by his mother. The athlete sustained a minor injury to his foot and was told to refrain from swimming until the injury is healed.	The athlete was seen in the ER at Trinity Hospital the night of the incident and followed up with a pediatrician on 1-25-16. He was told to refrain from swimming until the injury is healed.
Female	ST - South Texas Swimming	Practice - Other	Water - Turn End	Swimmer was hit in the head by a teammate while swimming. The teammate was swimming butterfly, and accidentally hit her in the head. Swimmer continued to swim for a few laps and then stopped. At that point I asked swimmer if she was ok. She said no. I asked her to exit the pool. She then began to describe her symptoms. After a few minutes, the symptoms did not go away, so we agreed to stop practice for the night. Swimmer then went to her mother, and told her what happened.	Swimmer felt like she had a headache, was dizzy, and felt nauseous. These symptoms following a hit to the head could be a concussion.
Female	MR - Metropolitan Swimming	Practice - Other	Water - Side	The athlete was kicked in the face while trying to pass another swimmer who was swimming breaststroke. When kicked, the athlete's goggles dug into the skin under their eye causing an abrasion.	When kicked, the athlete's goggles scrapped the skin away at the top of the cheek, under the eye to cause an abrasion. Athlete was take to City MD and told to stay out of the water for a week until the abrasion could scab.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	swimmer was doing backstroke and ran into wall headfirst on finish of set.	Swimmer hit wall complained of it hurting. Coach evaluated and watched swimmer. Talked about it and told swimmer to let know if it still hurt. Swimmer left after practice with headache and was still hurting the next day and seeing spots. Swimmers parents are taking to get checked out at hospital today.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Athlete was performing a workout when athlete stopped and came out on to the deck to catch her breath.	Lifeguard approached athlete. Once the lifeguard determined that the athlete was having a breathing emergency, the facilities emergency action plan was activated and EMS was summoned. Athlete was taken to Henry May Newhall Memorial Hospital.
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Deck	Walking with equipment bag to the pool and slipped. Hit the side of head on the pool deck.	
Female	PC - Pacific Swimming	Meet - Competition	Deck	Fell forward and hit my face into a canopy pole	
Female	LA - Louisiana Swimming	Practice - Entering / Exiting Pool	Deck	Slipped on pool deck while walking to the shallow end for practice.	
Female	NE - New England Swimming	Meet - Walking	Deck	Swimmer WAS WALKING ON DECK ANOTHER SWIMMER BUMPED IN TO HER. Swimmer FELL AND BOTH KNEES DISLOCATED. BOTH SWIMMER AND FATHER ACKNOWLEDGED Swimmer HAS HAD PREVIOUS DISLOCATIONS. Father INDICATED TO SAFETY MONITOR THAT THE DISLOCATION IS A HEREDITARY CONDITION.	Swimmer's RIGHT KNEE SEEMED MORE SWOLLEN THAN THE LEFT ONE. ICE WAS APPLIED WITHIN 10 MINUTES. SECURITY WAS CONTACTED AND EMTS WERE ONSITE WITHIN 15 MINUTES. WPI CALLED AN AMBULANCE AND THE CHILD WAS TAKEN TO THE NEARBY HOSPITAL. HER FATHER WAS PRESENT IN THE AMBULANCE.
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End	Swimmer collided head on with another swimmer during practice.	
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	swimmer was practicing dives over a lane line and hit her legs on the lane line	scrapes down both shins, abrasions to right & left leg
Female	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Bottom	At 7:30 Jan 21, 2016 at Shawnee Mission East Swimmer dove off a starting block , she dove to deep which made her hit her head on the bottom of the pool Swimmer came straight up to the surface of the water and began to cry from neck pain. We quickly yelled at her to not move, then did a slide in entry and They then put swimmer on a backboard, strapped her in and got her out of the water. The whole time swimmer was alert and correctly answering all of the questions. She complained of a little neck and forehead pain.	
Female	MA - Middle Atlantic Swimming	Other After practice	Locker Room	Slipped in the locker room and hit back of head.	Headache and dizziness following the fall. Possible concussion and was instructed to go directly to the doctor.
Female	VA - Virginia Swimming	Practice - Dry Land	Deck	was hit in the head with a medicine ball	
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Swimmer turned ankle while running on field during dryland training.	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	struck her head against end of the pool (bulk head and timing pad) at conclusion of backstroke race.	First Aid administered on site. Ambulance was called. Parents refused transport to hospital. Swimmer returned to meet and swam the following day.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer A was waiting at wall to go when swimmer B jumped into the water and landed on the swimmer A.	
Female	NM - New Mexico Swimming	Other Team Activity	Other bowling alley	During a team activity trip to a bowling alley during our meet in Phoenix, athlete stepped funny and dislocated her knee cap	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Stairs	Was playing with ball. Tripped or jumped off of last step on stairs and twisted ankle.	Parent took child to hospital ER and it was determined that it was fractured. This was confirmed by the mother.
Female	IN - Indiana Swimming	Meet - Watching / Observing	Hallway	An athlete's sibling was in the hallway outside the pool. She was run into by a spectator from another team and hit her head on the wall when she fell.	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Start End	Swimmer jumped into the pool feet first at the start end of the warm up pool and touch the bottom of the pool with her feet swimmer reported her right ankle rolled when she touched the pool causing pain.	No swelling noted at the time of the injury. Swimmers right foot was red and the swimmer reported pain.
Female	ST - South Texas Swimming	Meet - Warm-up	Other Warm-up Pool		Swimmer's knee was dislocated during warm-up for an event. This occurred to this swimmer in the past during the fall of 2015. During that time, the swimmer participated in a dry-land activity and injured her knee. This incident was reported to COPS by Coach of NTRO. Lifeguards did not provide care to the swimmer since the swimmer refused care that was offered (percom XXXX). A team mate provided her with ice and her knee relocated of its own. The swimmer left walking carefully.
Female	ST - South Texas Swimming	Meet - Warm-up	Other Warm-up Pool		*AMENDED* Swimmer's knee was dislocated during warm-up for an event. This occurred to this swimmer in the past during the fall of 2015. During that time, the swimmer participated in a dry-land activity and injured her knee. This incident was reported to COPS by Coach of NTRO. Lifeguards did not offer any care to the swimmer. A team mate provided her with ice and her knee relocated of its own. The swimmer left walking carefully.
Female	MW - Midwestern Swimming	Meet - Walking	Deck		
Female	OR - Oregon Swimming	Meet - Entering / Pool	Water - Start End		
Male	CA - So. California Swimming	Meet - Watching / Observing	Other Handicap entrance to facility	Flipped Wheelchair in handicap entrance in parking lot	He was confused and unable to give actual information
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Turn End	Jammed left thumb when coming into wall to touch	Swollen left thumb, can't move it. Possible fracture.
Male	GU - Gulf Swimming	Meet - Warm-up	Deck	Slipped and fell- hit back side of head	Bump on back of head
Female	NE - New England Swimming	Practice - Other	Deck	swimmers on deck away from pool receiving instruction. Swimmer approached coach saying that she felt dizzy. swimmer took another step towards coach and began to faint, coach held swimmer and guided her safely to floor using the wall to lean on	swimmer did not bump head and claims not to have been kicked but the swimmer was in and out of alertness. Identified coach and parents but unable to tell the correct day
Female	NJ - New Jersey Swimming	Other Sudden Breathing Problem	Deck	Suddenly had trouble breathing, sporadic deep breaths, shaking, trouble talking, dizziness	Suddenly had trouble breathing, sporadic deep breaths, shaking, trouble talking, dizziness
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Child jumped off side of pool and clunked athlete in the head with his foot	Possible concussion complain of headache

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
					After swimmer fell, I went to Coach of NCRC to inform her of the incident. The meet director was in the process of getting the meet ready and was not at that moment visible in the pool area. Coach directed swimmer to the lifeguard to get ice. I informed her that people had been slipping on the very wet hallway all weekend. (I found out later that the meet director was not informed by NCRC of swimmer having fell, nor me having filled out an incident report.) Shortly thereafter, someone haphazardly put down two rugs exiting to the wet hallway, but these rugs were not taped down and people were starting to trip on them. The hallway remained wet. Flow of traffic was still not diverted to the opposite, dry, carpeted hallway or any other corrective action taken by NCRC or HHSC until I filed an incident report with NCRC Head Coach at event 63, the point where swimmer said her wrist was really hurting. At this point, NCRC directed the Marshalls to divert the traffic and make sure kids exited the pool down the carpeted hallway, versus the other door leading out to the very wet hallway. However, it was a little too late, as the meet was almost over. I filed the incident report with the NCRC coaches Sunday evening, January 10, 2016, however, they have yet to enter it here into the system as of Wednesday, January 12, 2016. When I called USA Swimming and spoke with George Ward, he told me to file this report myself, to collect and itemize all medical bills. He added that NCRC should have filed by now and that USA Swimming would be looking for it. He added that if and when NCRC were to file their report, it would not negate this report and that USA Swimming is willing to help us in anyway possible. However, Mr. Ward strongly encouraged me to get word to NCRC to get their own version of the incident reported. In doing so through email, the head coach of NCRC, informed me that he wouldn't be back to Eden until Monday, January 18th, and that he would file then. At that point, I responded back that he should have reported it Sunday night/Monday morning and to please do so ASAP. Swimmer's TWST head coach also sent him a similar email, to please report it. After conversing with Mr. Ward, it is known that NCRC is negligent on several points: 1) not having notified the meet director that this incident happened when it did, 2) not filing the incident report with USA Swimming in a timely fashion, and 3) not filing it with Eden Jr/Sr High School in a timely fashion. I had a very nice conversation with the meet director and informed him that swimmer is doing well, and that I was sorry that this happened, but thanked him for his support and dedication to the sport. I am hopeful that NCRC files their report in short order. Swimmer's wrist is being attended to with rest and ice. Two EAST swim coaches stopped to ask swimmer if she was ok, but she didn't know their names. XXX, another swimmer from NCRC, also came over to ask swimmer if she was ok. I do not have his address.
Female	NI - Niagara Swimming	Meet - Warm-up	Hallway	After warm-ups, she was walking down a very wet, slippery, uncarpeted hallway when she slipped and fell down onto her left wrist, spraining it.	
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other dry land area	Swimmer was running during dry land fell backwards and hit her head.	
Female	PC - Pacific Swimming	Meet - Warm-up	Other in water	Swimmer was practicing her dive during warm up at the shallow end of the pool and reported that she hit her head on the bottom (lane 2 at the shallow end) she was using a _____ ace start lane.	
Female	CO - Colorado Swimming	Practice - Other	Deck	Stepping out of bleachers onto deck, slipped & fell backwards striking her head on the concrete deck.	Evaluated by myself and a nurse/parent for concussion and she was not presenting typical symptoms of concussion. Mom brought her to doctor the next day and official diagnosis was mild concussion.
Female	CO - Colorado Swimming	Meet - Entering / Pool	Starting Blocks	Athlete dove in the pool and hit her head on the bottom	
Female	WI - Wisconsin Swimming	Meet - Walking	Locker Room	Walking in Locker Room when she slipped on water going around corner and fell and possible fracture her right foot	possible fracture of left foot; told mother and mother took her to immediate Care; x-rays taken and mother will follow up with Dr on Monday
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	at the finish of her race, she felt a "pop" in her left knee. When she got out of pool, it hurt to walk	Felt a "pop" and hurt to put weight on her knee
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Swimmer was finishing her leg of the relay when she made contact with the wall injuring her left shoulder.	May have dislocated her left shoulder when she hit the wall with her hand. Severe pain,
Female	WI - Wisconsin Swimming	Meet - Warm-up	Deck	Swimmer hit elbow on deck, large swollen area on inside of the elbow	Swimmer slipped and fell on wet deck during warm UPS Parents were taking swimmer to local care facility
Male	IN - Indiana Swimming	Meet - Watching / Observing	Deck	The injured was officiating at the turn end of the pool when he started to not feel well. He left the bulkhead to sit down on the bleachers. He lost consciousness and fell forward, landing on his front side and striking his head on the ground.	He had a cut on his forehead that required stitches.
Female	WI - Wisconsin Swimming	Meet - Competition	Hallway	swimmer was exiting stairs and door was opened from other side into the big toe on right	
Male	PC - Pacific Swimming	Practice - Other	Other water- middle of pool	Swimmer ran into other swimmer and hit his goggles into his left eye socket causing a cut on his eye. Swimmer was showing signs of a possible concussion.	
Female	NI - Niagara Swimming	Practice - Other	Water - Turn End	Swimmers were in shallow end of the pool during a swim set. Parent of injured swimmer noticed that the injured swimmer was shaking with face in water and notified coach and lifeguard. Lifeguard went directly to the swimmer and lifted swimmer up so her face was out of water. Lifeguard, coach and parent lifted injured swimmer out of water and laid her on deck while protecting her head. A pullbuoy was placed under her head and towels were put on her to keep her warm. Injured swimmer was lethargic but responsive. 911 was called. Paramedics arrived and gave care to injured swimmer. Injured swimmer went to hospital in ambulance. Injured swimmer was released from hospital that evening, diagnosis ambiguous and medically restricted from swimming until further notice.	small cut in corner of eye from face hitting laneline
Male	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer during flip turn	
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Hands slipped while climbing out of pool, face hit gutter and she broke a tooth.	Tooth was broken
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	No accident precipitated the incident.	Swimmer began having shortness of breath and acute pain in chest while swimming.
Male	ND - North Dakota Swimming	Practice - Entering / Exiting Pool	Deck	athlete slipped while reentering the pool at the turn end and cut his foot between two toes.	
Male	PN - Pacific Northwest Swimming	Practice - Other	Deck	Slipped on ice while walking on deck. Hit hip, elbow, head.	
Male	IL - Illinois Swimming	Other	Other	FOUND UNCONSCIOUS IN BATHROOM	unconscious in bathroom
Female	MW - Midwestern Swimming	Practice - Other	Water - Start End	Swimmer was doing a flip-turn at the start end of the pool. She slammed her heel into the wall. She swam a 25 down to the turn end of the pool where she got out of the water and notified coach that she was bleeding. Wound was cleaned, wrapped and elevated.	Laceration was horizontal across the heel.
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer received injury to right eyebrow area caused by impact with backstroke flag pole.	Unable to determine any other injuries at this time.
Female	MIR - Metropolitan Swimming	Practice - Other	Water - Start End	Ran into another swimmer with head	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	Athlete was completing plyo squat jump exercises on elevated concrete area. During exercise, feet did not securely make it to top of elevated jump leading to contact with shin and corner of concrete. This resulted in laceration requiring emergency room and 15 stitches.	Note that coaches stated that they submitted this form the day of the event; however, there is no record on file at IN swimming or USA swimming. USA swimming recommended that form be resubmitted by parent. Coaches have been notified. Please re-initiate the process as billing is starting from medical treatment. Please contact as necessary for more information.
Female	IN - Indiana Swimming	Practice - Other	Water - Start End	Swimmer was doing Bobs in the pool, she slipped and her tooth hit the corner of the deck.	
Female	OR - Oregon Swimming	Other sitting on deck during practice	Deck	Swimmer has been dealing with health issues. She was sitting out of a set and began to have double vision/ loss of focus. Swimmer needed help sitting up and getting up off the pool deck. EMS was called and took over.	EMS and swimmers mother came. Mother gave swimmer medication to help with symptoms.
Male	MI - Michigan Swimming	Meet - Competition	Locker Room	Boys were rough playing around in the locker room. Swimmers back was scraped. Coach and parents brought boys back out on deck and counseled them both. Had them apologize and shake hands. Coach disciplined both boys during week of practice (no use of locker room).	
Male	MI - Michigan Swimming	Meet - Warm-up	Water - Bottom	Jumped in pool and twisted ankle	Spoke with father and coach. Both decided swimmer was fine and should continue meet. Swimmer also stated he was ok to swim. He continued meet with no issues.
Male	MI - Michigan Swimming	Meet - Competition	Team Area	Scraped knee on bench	Swimmer fine, continued meet
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Hit heels on back flip turn	Hit heels on back flip turn
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	Swimmer miscalculated the turn distant during back stroke turn. Bumped head on the wall in the pool. Suffered a little sting to right side of the head.	Swimmer felt a little sting to the right side of head. No bump.
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Bottom	Swimmer got toe stuck during flip turn	Toe Strained
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Turn End	Swimmer hit hand on wall	Sore arm
Male	PC - Pacific Swimming	Practice - Other	Water - Side	Athlete was practicing flip turns, misjudged wall, and whacked his heels onto the top edge of wall.	Back of heels are bruised
Male	KY - Kentucky Swimming	Practice - Other	Water - Turn End	Pushing off the wall swimmer hit his elbow on chipped tile and cut his elbow.	
Male	MA - Middle Atlantic Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Teammate was climbing out of pool at top of teammate's head hit injured in the face. No injury to teammate.	Teeth were knocked back, held in place by braces, bleeding from mouth of victim
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	This swimmer pushed off the wall from fly to back and felt her shoulder pop. She stopped swimming and scooted out of the shallow end using her other arm.	The swimmer sat still with ice on her shoulder and a towel. Her parent came to pick her up. Her coach helped her pack up her bag. The swimmer said she has felt this happen before and may have strained her shoulder at gymnastics earlier this week.
Male	WI - Wisconsin Swimming	Practice - Other	Other	This swimmer was in the shallow end when a teammate pushed off the bottom and landed on him, bumping his head.	The swimmer sat out with ice as staff checked for sign of concussion. There were none. After resting for awhile with ice and supervision the swimmer felt better he chose to return to practice.
Male	IN - Indiana Swimming	Practice - Other	Deck		
Male	SD - South Dakota Swimming	Meet - Warm-up	Starting Blocks	swimmer caught his left knee on the corner of the starting block after getting out of the water	
Female	SD - South Dakota Swimming	Meet - Warm-up	Starting Blocks	swimmer received a small cut on 3rd toe left foot	
Male	NE - New England Swimming	Meet - Competition	Water - Turn End		
Female	NE - New England Swimming	Meet - Competition	Starting Blocks		
Male	CA - So. California Swimming	Meet - Warm-up	Water - Lane Lines	Hit lane line with pinky finger of right hand in competition pool during warm up.	
Female	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer stubbed toes on bottom of pool	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer struck her head with another swimmer	Swimmer struck her head with another swimmer
Male	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	FINISHING FREESTYLE RACE, MISSED THE TOUCHPAD AND HIT THE GUTTER	right fore arm wrist area bruised
Male		Meet - Competition	Deck		Child cut foot but does not know what he cut it on. There were no witnesses to the event.
Male	VA - Virginia Swimming	Meet - Entering / Pool	Water - Start End	hit lower back on starting blocks	cleaned and applied bandage and ice
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Other While swimming	Slapped in face while swimming. cut on left eyelid. facility cleaned and bandaged.	
Male	MV - Missouri Valley Swimming	Practice - Other	Water - Lane Lines	Slammed hand into lane line.	
Female	IN - Indiana Swimming	Practice - Other	Starting Blocks	Athlete was on top of starting block preparing for a relay at the end of practice. Another athlete moved the wedge on top of her big toe and cut her.	Sizeable cut right on top of toe, which also broke athlete's toenail.
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Starting Blocks	Swimmer cut her left index finger when grabbing the block while practicing starts in Lane 6	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Other Was counter during 500	He was counting for an individual swimming the 500 FR and the lap counter wasn't screwed on tight and fell off onto right big toe. A little bruising but was able to walk	
Female	GU - Gulf Swimming	Practice - Other	Other Middle of lane	Kicked in face	
Male	IN - Indiana Swimming	Practice - Other	Starting Blocks	Hit/scraped shoulder while holding start - left shoulder	
Female	CA - So. California Swimming	Practice - Dry Land	Deck	Jammed finger into Medicine Ball during dryland	Accident was not "witnessed". Only after dryland did finger have light discomfort. She was able to bend and move finger after it was "jammed" and continued without saying anything. When it was time to get in the water, she let the coaches know what happened and she wanted to continue, but the coach made her wrap it before continuing with swim practice.
Male	NT - North Texas Swimming	Meet - Competition	Other Hospitality	Spilled Chili on leg	
Female	CO - Colorado Swimming	Practice - Other	Other Shower	Slice the back of her heel when she slipped in the locker room.	
Female		Practice - Other	Water - Start End	Swimmer accidentally hit by another swimmer and caused nose bleed	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Chronic shoulder tendonitis flared, causing pain, after swimming the 100 IM.	Pre-existing and known condition of shoulder tendonitis. (Contact phone number unknown for injured party.)
Female	IN - Indiana Swimming	Practice - Other	Locker Room	Athlete cut inside of foot in locker room	Inside of foot cut
Female	NT - North Texas Swimming	Meet - Competition	Water - Turn End	Swimmer stated she injured her knee during a turn, and subsequent push off of the wall. She further claimed there was a pop in her knee that severely agitated her injury.	Ice was provided to care for the injury. Swimmer and her mother refused additional care.
Female	NI - Niagara Swimming	Meet - Competition	Water - Turn End	Caught ankles in gutter on flip turn (to close to wall).	
Female	CA - So. California Swimming	Meet - Competition	Other Exiting pool	As swimmer stepped out of pool, scraped toe on right foot on edge of pool/deck. Skin scraped off	Top of toe scraped skin off
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer finished race and scraped left knee	
Female	CA - So. California Swimming	Meet - Walking	Deck	Swimmer was stung by a bee	Swimmer stung by a bee
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Swimmer pushed off the wall while another swimmer swam over him causing swimmer to bend his head down, pulling his neck.	Muscle pain, no numbness, tingling pain radiated down swimmers arms, no swelling
Female	KY - Kentucky Swimming	Meet - Warm Down	Other water swimming	Swimmer was swimming in warm up pool with an australian swimmer in the same lane. They were swimming opposite directions and collided. Swimmer suffered a laceration to her right forehead. Vertical laceration that went into subcutaneous tissue through eyebrow. She denied loss of consciousness, vision changes, headache. She remembers all of the events of the accident. She was taken to medical area at pool venue (short course world champs-Windsor Canada). She had no issues with balance. She tracked well had good convergence and no saccades or other abnormality on brief eye exam. her wound was then anesthetized with local injected anesthetic, irrigated with sterile saline and closed with sutures followed by derma bond and steri strips. She subsequently continued to have no signs of concussion and had no appreciable functional deficits, thus she returned to swim her race. Race was completed without issue.	Swimmer was swimming in warm up pool with an australian swimmer in the same lane. They were swimming opposite directions and collided. Swimmer suffered a laceration to her right forehead. Vertical laceration that went into subcutaneous tissue through eyebrow. She denied loss of consciousness, vision changes, headache. She remembers all of the events of the accident. She was taken to medical area at pool venue (short course world champs-Windsor Canada). She had no issues with balance. She tracked well had good convergence and no saccades or other abnormality on brief eye exam. her wound was then anesthetized with local injected anesthetic, irrigated with sterile saline and closed with sutures followed by derma bond and steri strips. She subsequently continued to have no signs of concussion and had no appreciable functional deficits, thus she returned to swim her race. Race was completed without issue.
Male	VA - Virginia Swimming	Meet - Competition	Water - Turn End	Leg got caught in bulk head during turn.	Left Leg calf with slight swelling and a small lump - size of quarter. Painful to touch the spot but no pain anywhere else. Able to stand and walk without pain.
Male	FL - Florida Swimming	Meet - Warm-up	Water - Start End	Swimmer was swimming in the pool when he got hit in the nose. He got out of the pool and sat on the wall in the deep end pool deck. Swimmer's coach approached my chair (lifeguard) and told me (lifeguard) swimmer's gushing nose bleed. I (lifeguard) tripled whistled and went over to swimmer to apply first aid. First aid was given with gauze pads and was informed to shower before entering pool. (this is directly from the facility incident report)	See above
Female	SN - Sierra Nevada Swimming	Meet - Entering / Pool	Water - Bottom	Athlete said: "I jumped into the pool quickly and when I jumped in I hit the bottom hard and my (right ankle) went sideways" (turned to he inside)	Athlete said she would call her parents and tell them about the injury. Father is a dr. Athlete refused further care except ice.
Male	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Flip turned and hit heel on metal wall in main tank	hit heel on metal wall
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks	Swimmer hit foot on the step of the diving block	R Foot - 2nd Toe. Abrasion from diving block
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines	Asthma Attack	Swimmer has a history of Asthma. Stopped warm up and moved from deck. Returned to activity and asthma symptoms worsened.
Male	NC - North Carolina Swimming	Meet - Walking	Bleachers - Athlete's	Athlete slipped going down the stairs and landed on his tail bone.	
Female	CT - Connecticut Swimming	Meet - Warm-up	Starting Blocks	hit toe on diving block causing laceration	Laceration on a toe on her R foot.
Female	MD - Maryland Swimming	Meet - Competition	Water - Turn End	Pt hit hand into wall and sliced her finger open. R ring finger	Injured finger upon contact with the wall.
Female	VA - Virginia Swimming	Meet - Warm-up	Water - Start End	Swimmer ran into the wall. Struck face while wearing goggles.	Pt was swimming and ran into the wall. She had a laceration from her goggles and some bruising and swelling at the point of contact. Pt stated she was fine once bandaged and coach was notified.
Male	VA - Virginia Swimming	Meet - Competition	Water - Turn End	Swimmer stated he cut his foot on the bulkhead when making his turn in the competition pool.	R foot laceration while swimming.
Male	NC - North Carolina Swimming	Meet - Warm Down	Water - Lane Lines	Swimmer made contact with another swimmer during warm down session.	Pt had small laceration below his L eye.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Lane Lines	Pt struck hand against the wall in the instructional pool.	R Middle finger with small abrasion following contact with the wall in instructional pool.
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Swimmer exited the pool with a cramp and trouble breathing.	Swimmer Exited the water after competition with a cramp in his L leg and was having trouble breathing.
Female	PV - Potomac Valley Swimming	Meet - Competition	Other Officials Table	Pt collapsed while standing. Reported tingling in L arm, Back, and both legs. 19 weeks pregnant with N/V lasting several weeks. Evaluated by EMS and returned to activity.	Pt collapsed while standing. Reported tingling in L arm, Back, and both legs. 19 weeks pregnant with N/V lasting several weeks. Evaluated by EMS and returned to activity.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	swimmer scratched leg on touch pad	scratched leg on touch pad
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Bee Sting	removed the stinger and ointment
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Turn End	She got hit in the face during warmup.	Bruise under her left eye.
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Gashed big toe climbing out of pool.	
Male	SC - South Carolina Swimming	Meet - Competition	Water - Turn End	During 11 & over 200 free event swimmer developed what appears to have been a cramp in his right thigh. Swim was a DNF. Guards assisted swimmer from water and applied ice to his thigh. Swimmer's mom was a volunteer with host team on deck and was present. She signed Univ of SC incident form and denied need for further medical treatment. She took him home. No visible signs of injury, limp etc. This form completed since Guards were involved in removal from water (at turn in, simply assisted him out) and they completed an incident report for the University	NA
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines	While warming up, swimmer apparently struck her left foot on the lane line cutting the outer edge of the foot just behind the little toe.	Upon being injured, swimmer proceeded to a safety marshal who brought her directly to the Safety Director.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck lane line with foot	
Female		Practice - Other	Deck	Swimmer was walking on the deck when she stepped on a piece of tile that inserted into her foot. It was removed and treated with basic first aide.	
Female	MD - Maryland Swimming	Practice - Other	Water - Start End	Teammate's elbow hit swimmer in cheek, then got kicked in the eye a few minutes later.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was walking on side of the pool when his foot slipped and got caught in between the deck and gutter of pool.	left inside ankle was red and bruised
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Side	Was exiting the pool and slipped back in striking side against edge of pool	Struck side against edge of wall, received an ice pack
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Lane Lines	Swimmer kicked the lane rope during breaststroke kicking and bent his pinky toe back	Toe hurts, stretched back too far
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Two swimmers accidentally ran into each other while on the wall in the shallow end of Lane 3. Swimmer 1 was under water pushing up to the wall and Swimmer 2 was on her back and swim right into swimmer 1's left eye area. The goggle's swimmer 1 had on caused a cut below her left eye.	
Male	LE - Lake Erie Swimming	Meet - Competition	Water - Side	scraped foot getting out of pool	
Male	LE - Lake Erie Swimming	Meet - Competition	Deck	asthma	parents notified
Female	LE - Lake Erie Swimming	Meet - Competition	Deck	scraped arm on starting block after getting out.	scraped arm on starting block getting out of pool
Male	LE - Lake Erie Swimming	Meet - Competition	Deck	scraped arm on starting blocks getting out of water	
Female	NT - North Texas Swimming	Practice - Other	Deck	The athlete was walking around the pool from the far end after doing a fast 25 from the blocks. The swimmer had just turned the corner to walk around the handicap lift at the block end, and slipped. When the swimmer fell, they scraped the inside of their forearm on part of the chair lift. Swimmer's arm was cleaned and wrapped up with gauze by Lifeguard.	Arm was scraped along a handicap lift on deck. Swimmer sustained a scrape/cut along the inside forearm from near the elbow to near the wrist.
Female	NI - Niagara Swimming	Practice - Other	Locker Room	Swimmer accidentally walked into the hand dryer in the locker room bathroom. She had a small laceration on the right side of her forehead.	
Female	OH - Ohio Swimming	Other unknown	Other unknown	Swimmer walked up to the lifeguard and indicated that her fingernail broke off. There was no evident blood and she was given a bandaid	
Male	OH - Ohio Swimming	Meet - Competition	Starting Blocks	Swimmer jumped off the block and hit his foot on the diving block.	The swimmer jumped off the block and hit his foot on the block. He experience a "sting" as described by his mother. He was given an ice pack, and told to elevate his foot. His mother said he would be staying and swimming other events.
Female	AK - Alaska Swimming	Practice - Other	Other Water-recreational pool	Struck in the mouth by another swimmer's elbow.	
Female	MN - Minnesota Swimming	Practice - Dry Land	Gym		
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	He hit his hand on the lane line	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Was swimming freestyle and struck head against wall on the turn head.	She said she felt dizzy so coaches did not let her get back in the water
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Lane Lines	Swimmer receive hard breaststroke kick to the back of her head	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was swimming freestyle in lane and hit finger on lane rope. Days earlier, she had slammed same finger in car door. Injury was re-aggravated after hitting the rope.	Seems that injury was simply re-aggravated and no further damage was caused by hitting the lane rope. Noticed bruising that she stated was already there, and no visible swelling at time of injury.
Female	CT - Connecticut Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer struck her head on the wall during backstroke, felt additional pain shortly after.	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	swimmer's goggles fell off so she couldn't see. As she came to the end of the race she hit her lip on the edge of the pool	
Female	MS - Mississippi Swimming	Practice - Other	Water - Start End	Ran into wall head first during backstroke flip turn.	
Female	MS - Mississippi Swimming	Meet - Warm-up	Water - Turn End	while doing a flip turn, hit the front of her forehead	Swimmer was more embarrassed per mother
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Start End	Swimmer was kicked in the face by a teammate during warm-up.	The skin beneath the right eye where his goggles contact the cheek/face was sliced, with an approximately dime-sized portion of skin lifted like a flap. The injury was not deep.
Male	MR - Metropolitan Swimming	Meet - Competition	Team Area		
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Scraped side of knee when exiting pool after her event.	Scraped side of knee when exiting pool after her event.
Male	IL - Illinois Swimming	Meet - Competition	Deck	Walking on the pool deck (behind lane 8) and bumped his head and right elbow on pool deck	
Female	AM - Allegheny Mtn Swimming	Other Meet - behind blocks awaiting race	Other behind starting blocks on pool deck	Swimmer was hit in the heel by someone when they walked by. Her skin was punctured by they other person's toenail.	Some bleeding on the back of the right heel.
Female	MV - Missouri Valley Swimming	Meet - Competition	Starting Blocks	Swimmer fell backwards and to the side while climbing onto the blocks getting ready for her race. She was on the ground for a few minutes and after calming down decided to continue and swim her race.	
Male	CO - Colorado Swimming	Meet - Competition	Locker Room	Slipped and fell puddle of water	
Female	IL - Illinois Swimming	Meet - Warm Down	Starting Blocks	Climbing out of the pool swimmer hit her teeth on the edge of the block, chipping both of her front teeth	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End		
Female	WI - Wisconsin Swimming	Meet - Entering / Pool	Water - Start End	complained of knee pain after she jumped off starting block, needed assistance exiting water.	Applied ice for the pain in her knee
Female	WI - Wisconsin Swimming	Meet - Warm-up	Water - Bottom	Practicing starts off the blocks and hit her head on the bottom of pool.	slight redness and possible bruising
Female	VA - Virginia Swimming	Practice - Other	Deck	Coach moved quickly away from the side of the deck to avoid getting splashed by swimmers practicing flip turns and slipped on the deck landing on her right hip.	See details above
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Asthma Attack	Shortness of Breath after race
Male	AK - Alaska Swimming	Practice - Entering / Exiting Pool	Deck	Slipped on deck and hit the back of his head	Swimmer hit his head on the deck and there is a possibility of a concussion. No signs have been exhibited. Swimmer rested for the remainder of the practice and indicated he feels fine. Parent came right away. Swimmer had been asked to not run or jump prior to accident.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Locker Room		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Locker Room	swimmer reported he was cut by a sharp piece of soap in the locker room.	
Male		Practice - Entering / Exiting Pool	Water - Turn End		
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer was swimming backstroke with fins and ran into wall head first.	Possible Concussion. Swimmer did not lose consciousness but was crying. Another swimmer went with her to the locker room to warm up and get dressed. Mother was called immediately.
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Swimmer was performing flip turn during warm-up and struck heels on wall.	Swimmer tender where heel struck wall--possible bruising.
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer was performing a freestyle flip turn and hit the top of their forehead against the wall.	
Female		Meet - Watching / Observing	Deck	Leg tightened up while standing	
Female		Meet - Competition	Water - Side		
Female		Meet - Competition	Water - Side	Struck finger on the wall of the pool	
Female		Meet - Competition	Water - Start End	Felt sharp pain in back of bicep/tricep area	
Female		Meet - Warm-up	Water - Start End	Kicked in the left shoulder	
Female		Meet - Warm-up	Water - Start End	Kicked while warming up	
Female		Practice - Other	Water - Lane Lines	Little finger was caught in lane line during practice	Possible fracture of little finger
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	Ran into other swimmer, bumped head.	
Male	NI - Niagara Swimming	Practice - Other	Water - Side	Swimmer was playing (jumping into the pool) before practice at the facility's free swim. He tried to fall backwards into the pool, slipped, and hit his lower back on the lower pool gutter. His mother was called and lifeguards administered care (ice pack, asked him to move head and back in different ways).	lower-middle back, near spine.
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer slipped and fell in the locker room on his right arm. We put bandaids and ice on.	
Female		Practice - Entering / Exiting Pool	Water - Side	While exiting pool, another swimmer elbowed injured swimmer in the nose.	Bloody nose
Male	ST - South Texas Swimming	Practice - Other	Water - Side	During practice swimmer jammed his ring finger when touching the foot of the swimmer in front of him.	
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Playing sharks and minnows and ran into a horizontal pole.	small knot on forehead - R side.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Other in water during race	swam race and shoulder hurt	chronic shoulder pain flare up after race.
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	Two swimmers collided during practice.	
Male	IL - Illinois Swimming	Practice - Other	Deck	Walking on deck towards the door to leave practice for the evening. Tripped over a stack of kickboards on the pool deck and fell on left arm.	Swimmer fell on left arm, near the elbow area after tripping over a stack of kickboards when exiting the deck area.
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	Two swimmers collided into each other.	
Female		Practice - Other	Water - Turn End		
Male		Other Walking near concessions	Other Near Concessions	Coming up near where the snack booth was and tripped over concrete.	Broken skin in palm of hand.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Diving off of block, left arm got caught on wire that holds flags. Wire way too low and close to the blocks.	Multiple cuts and abrasions on left arm.
Male	MD - Maryland Swimming	Meet - Competition	Water - Turn End	Hit top of head on bulkhead when turning.	Child had no nausea, headache or visual symptoms. No bump on head. Mother saw child immediately after incident.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Struck head at end of backstroke	
Male		Meet - Competition	Water - Turn End	During butterfly race hit face on wall - Nose does not appear to be broken, bruised.	
Female	CA - So. California Swimming	Meet - Warm-up	Other WATER-WHILE SWIMMING	SWIMMER WAS SWIMMING BEHIND ANOTHER SWIMMER DURING WARM-UP. THE FOOT OF THE ATHLETE IN FRONT OF THE INJURED SWIMMER STRUCK INJURED SWIMMER IN THE FOREHEAD.	HEAD STRIKE TO FOREHEAD BY ANOTHER SWIMMER'S FOOT. SWIMMER WAS SCRATCHED FROM EVENTS IN MEET. COACH AND PARENT ADVISED TO FOLLOW CONCUSSION PROTOCOL, INCLUDING MEDICAL CLEARANCE TO PRACTICE AND COMPETE IN THE FUTURE.
Male	MD - Maryland Swimming	Meet - Walking	Gym	Swimmer was walking through the gym; slipped and fell; hit his head and elbow on the ground. Swimmer was evaluated by coaches and safety coordinator and determined to be ok for competition.	
Male	MN - Minnesota Swimming	Meet - Walking	Team Area	Surface was slippery. Swimmer's feet came out from under him. He fell on his hip and hit the back of his head. He indicated no pain. An ice pack was used and a concussion assessment provided by team coach. His parent was informed and swimmer was monitored throughout the meet. He continued to express no pain and appeared to sustain no injury.	Witnessed by three team coaches.
Female	CO - Colorado Swimming	Meet - Competition	Starting Blocks	Slipped and hit her side on the starting block before entering the water; side cramp developed during swim.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Starting Blocks	performing start struck right foot on cross bar of starting block	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Side	cut toe on edge of pool deck (broken tile) when jumping in	bottom of right big toe cut
Male		Meet - Competition	Deck	She was lifting the lap counter and hit herself in the eye brow and above the brow.	The cut is under her eye brow but above her eye. She also has some swelling.
Male	PC - Pacific Swimming	Meet - Watching / Observing	Deck	Bumped head on tarps.	
Male	IL - Illinois Swimming	Practice - Other	Water - Side	The injured swimmers eye/goggle area made contact with another swimmers shoulder who was swimming in the opposite direction while swimming a lap during practice	Left eyelid area had bruising and a small scrape under the eye from goggles pushing against skin
Male	CA - So. California Swimming	Practice - Other	Water - Start End	While swimming dolphin kick with fins in streamline on back, swimmer struck the wall with his head	Swimmer reported having pain in the area of the top of the head where he struck the wall. No physical signs were present. Parent was present at practice. Coach talked to parent about watching for signs of possible concussion and to seek medical care if necessary.
Female	NI - Niagara Swimming	Practice - Other	Deck	Slipped on deck landed face down hitting goggles on the deck pushing them into the corner of her eye causing a small cut. Mother was present in stands when accident occurred.	Cut at corner of right eye caused by goggles
Male	AZ - Arizona Swimming	Practice - Dry Land	Outside Venue		
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End		
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Ran into other swimmer hitting heads	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Swam into other swimmer hitting heads	
Female	NI - Niagara Swimming	Meet - Warm-up	Deck	Coach slipped on standing water and bumped arm and leg into wall.	Had a minor scratch on her arm. Reported multiple times that she was fine.
Female		Meet - Competition	Water - Turn End	Athlete was swimming the backstroke, and when executing the turn struck her head against the wall.	Athlete was swimming the backstroke, and when executing the turn struck her head against the wall.
Female	IN - Indiana Swimming	Other Meet- exiting pool	Water - Start End	Upon exiting pool, swimmer stated she realized her big toe was hurting, then realized she was bleeding. Swimmer reported she was unsure what caused the injury. She also stated she thought she bumped it while exiting the pool.	
Female	SE - Southeastern Swimming	Other shower/changing	Locker Room	Swimmer's toe went into hole in tile floor	Left pointer toe went into hole in tile floor, the nail partially pulled off. Will probably lose most of nail
Female		Meet - Competition	Water - Start End	Athlete swallowed water half way through 100 fly race, panicked exiting water and felt dizzy and light headed	
Female	OH - Ohio Swimming	Other walking in locker room	Locker Room	athlete slipped on water in the locker room and caught herself with her left hand.	athlete felt pain and swelling throughout
Female	MI - Michigan Swimming	Meet - Warm-up	Water - Side	swimmer stated she was kicked on the right side of her head during warmup	
Female	MT - Montana Swimming	Meet - Competition	Water - Start End	Swimmer came in to the wall at the finish of a 50 Freestyle. She struck the wall at the finish and injured her elbow.	Hurts to fully extend or put weight pressure on the elbow.
Female	CA - So. California Swimming	Meet - Warm-up	Other water - within lane	hurt shoulder while warming up	
Female	CA - So. California Swimming	Practice - Other	Water - Start End		
Male	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Athlete cut bottom of foot on wall while turning. He reported to the LifeGuards who attended to and addressed the wound. He was able to finish the practice.	
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End	foot slipped on wall as other swimmers pushed into the wall at the end of a warm up lap	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines		Top of foot
Male	LE - Lake Erie Swimming	Practice - Other	Locker Room	Swimmer was entering a stall to change into clothes stepped on an exposed peice metal	Cut back/bottom of heel on right foot
Male		Meet - Warm-up	Starting Blocks	cut on foot on starting block preparing to practice starts	
Female	NE - New England Swimming	Practice - Other	Water - Side	Swimmer was doing get-outs on the side off the pool when her mouth made contact with the edge of the pool, resulting in a fat lip and small chip on her front tooth.	
Female	SD - South Dakota Swimming	Meet - Warm Down	Water - Start End	Getting out of pool (lane 3), cut her foot on bottom of touch pad.	Getting out of pool, cut her right foot from something on touch pad.
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	stepped on piece of plastic in bottom of lane 3 during warm-ups.	small cut on bottom of foot.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	WHILE EXITING POOL AFTER 50=FREE, FELT SHARP PAIN IN OUTSIDE LEFT SHOULDER	SWIMMER STATED IT FELT LIKE HE HAD "PULLED" SOMETHING--WAS GOING HOME TO ICE
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Head injury coming into the wall during 100 Back	
Female	MR - Metropolitan Swimming	Meet - Walking	Deck	While changing positions during training the official slipped and fell on the deck after coming around the start side, turn end of the pool.	When she fell she landed on her knee causing a small scrape and bruise. She was treated with ice and a bandage and then returned to her training session at her choice.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Other Upstairs door	Foot abrasion, outside, right foot.	
Female	PV - Potomac Valley Swimming	Meet - Entering / Pool	Outside Venue	Tripped on cement walk and landed head and left knee first	Road rash/burn and bump on head, bruise/swelling to knee
Female	GU - Gulf Swimming	Meet - Walking	Team Area	When she was opening the door it cut across her toe and was bleeding.	Gave her a bandaidd and an antiseptic wipe to cleanup her tow with.
Male	CA - So. California Swimming	Meet - Watching / Observing	Team Area	Athlete was throwing a water bottle in the air and catching it while standing near one of the doorways to the outside patio. A female spectator from the Sandpipers swim team was trying to walk through the door carrying deck chairs. The athlete claims the female shouted "That's enough water bottle flipping" and proceeded to hit him with the deck chair on the side of his stomach. The female admitted saying "That's enough water bottle flipping" but claims that she did not hit him with the chair and that it must have bumped him accidentally.	Small red mark on side of stomach that began to dissipate within the hour.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	During race, Event #76 50 Breast, his goggles filled up with water and he couldn't see the wall. He struck the his mouth on the wall. He chipped his tooth and had a swollen lip.	Chipped tooth, Swollen Lip
Female	LE - Lake Erie Swimming	Meet - Competition	Starting Blocks		
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	Athlete had asthma attack during race. Athlete exited the pool with help from a facility lifeguard. Athlete was administered oxygen by the facility lifeguard staff. EMS arrived and continued the oxygen treatment.	Athlete had asthma attack while in water.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Bottom	Athlete jumped into an area of the warm-up pool that had cones; 2 feet, 6 inches; and twisted his right ankle.	Athlete jumped into an area of the warm-up pool that had cones; 2 feet, 6 inches; and twisted his right ankle.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Athlete stopped at far end wall during race when he was unable to breathe. Athlete did not finish race. A stroke & turn official helped him out of the pool. Facility lifeguards responded and monitored him until the athlete's parents arrived.	Athlete had shortness of breath due to asthma.
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Fell while running on side walk	Scraped up hand
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	HIT FACE ON WALL DURING BACKSTROKE FLIP TURN	
Female	GU - Gulf Swimming	Meet - Walking	Locker Room	Got finger caught in bathroom door.	
Male	MN - Minnesota Swimming	Meet - Walking	Deck		
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck foot against gutter during flip turn.	Pain in inner left arch of foot
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Start End	Swimmer cut the inside of her lip when colliding with a teammates hand.	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Side	Swimmer complained of elbow pain during butterfly set. Left arm only. Ice was applied	
Male	FL - Florida Swimming	Other Waiting for swim practice to begin	Bleachers - Athlete's	Swimmer was playing on the bleachers before practice and fell, cut his ear cartilage and bumped his head.	His left ear cartilage was cut and he has a large bump behind his hear on the side of his head.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Hit foot on bottom	
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Swimmer and another swimmer collided near the turn wall. Swimmer's goggles were accidentally kicked into his eye socket. The goggles broke in the process, minor cut on his lower eye lid and scratched his eye.	Goggles minorly cut his eye and also scratched his eye to some extent.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimmer was practicing and felt dizzy during the set.	
Male	SD - South Dakota Swimming	Practice - Other	Water - Start End	Swimmer hit his left heel on gutter during a flip turn	
Female	PV - Potomac Valley Swimming	Practice - Dry Land	Outside Venue	Performing dry-land exercises just outside the pool deck and stepped on a piece of tile.	
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Athlete was struck in the face/eye, by another athlete during warm ups	
Female	IN - Indiana Swimming	Meet - Warm Down	Other diving well side	Athlete scrapped top of foot on the diving well edge	
Male	IN - Indiana Swimming	Meet - Competition	Water - Turn End	Athlete struck back of head against the turn end wall during the backstroke. Athlete then finished last 25 yards of competition	
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Athlete was struck in the face by another athlete's arm/hand during warmups.	
Female	OR - Oregon Swimming	Practice - Other	Deck	Swimmer was running towards the locker room to start practice and tipped on curb separating the sidewalk from the grass. Right ankle	Swimmer explained that her right ankle was hurting after she tripped. Rested for approximately 10 minutes then proceeded into the pool for practice. Felt much better after rest.
Female	CA - So. California Swimming	Practice - Dry Land	Other hand ball courts	Athlete was doing crunch passes with med ball with another athlete. ball was thrown to swimmer hitting her forehead and then the back of her head hit the ground	Pain in back of head where it hit the ground. No dizziness, not light headed, no nausea, no vomiting. A few tears, was able to answer questions, walk and turn head. Was more painful when walking than sitting
Male	IL - Illinois Swimming	Meet - Warm Down	Water - Start End	Swimmer came into the wall and jammed his finger on the touch pad. as he was finishing the race. No blood was found on pool deck. Gave Ice.	
Male	IL - Illinois Swimming	Meet - Competition	Water - Start End	Swimmer came into the wall and jammed his finger on the touch pad as he was finishing the race,	
Male	IL - Illinois Swimming	Other Practice - Warm Down	Water - Turn End	Athlete struck both ankles against pool gutter while performing backstroke flip turn in warm down.	No apparent bruising immediately following incident.
Female	OH - Ohio Swimming	Meet - Warm-up	Water - Start End	Swimmer was practicing an in water backstroke start. When she left the blocks she landed on top of another swimmer who was swimming towards her from the turn end of the lane.	Both swimmers were injured in the accident. Swimmer had a small bump on her cheek. The other swimmer was injured enough that she did not swim in the session.
Female	LE - Lake Erie Swimming	Meet - Competition	Deck	Volunteer was working in hospitality (while carrying drink tray) walked on deck and hit her shin below the knee. Has a history of surgeries on both knee's in the past, but her knee's looked ok. She was able to walk on her own to the hospitality room and then to her car.	Had large contusion to left shin, right below her knee.
Female	OR - Oregon Swimming	Meet - Watching / Observing	Bleachers - Spectator's	She slipped on wet concrete while exiting the spectator bleachers.	
Male	CA - So. California Swimming	Meet - Warm Down	Water - Start End	He was stung by a bee on his arm while warming up.	He was stung by a bee on his arm while warming up.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Upon finishing race dislocated elbow when reaching for wall.	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Cut toe getting out of pool at end of race, Lane 5	
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Got hit by a physio ball in thumb and fell onto R thumb	
Female	NT - North Texas Swimming	Meet - Competition	Water - Start End	Swam a 50 free and on finished bent her hand back and hurt her hand.	
Female	IL - Illinois Swimming	Practice - Other	Other Middle of the Pool	Athlete pushed off in streamline on her back from the wall in the middle of the lane. Ran into a swimmer swimming freestyle towards the deep end wall.	Bumped the top of her head when running into swimmer
Female	NE - New England Swimming	Meet - Competition	Water - Start End	While exiting the pool, swimmer scrapped big toe on the wall	
Female	UT - Utah Swimming	Meet - Competition	Water - Turn End	Swimmer had a previous knee injury and part-way through the event, the knee started hurting when bent.	
Female	SI - San Diego-Imperial Swimming	Practice - Other	Deck	Swimmer fell while taking a shower after the conclusion of practice and struck her wrist.	
Female	CA - So. California Swimming	Practice - Other	Deck	Swimmer fell while taking a shower after the conclusion of practice and struck her wrist.	
Male		Meet - Warm-up	Water - Lane Lines		
Male	OK - Oklahoma Swimming	Practice - Other	Water - Lane Lines	During the practice's warm up, the athlete was struck in the nose by a plastic lane line float after the lane divider cable snapped. The swimmer sustained a nose bleed, but no sign of abrasion or bruising was evident. The athlete did not finish the remainder of the swim practice, which was only 15-20 minutes in length due to a team function that night.	
Female	NI - Niagara Swimming	Practice - Other	Deck	swimmer was on deck, dribbling a ball the team had just used in the water. She slipped and hit the left side of her head and left hip.	slipped and fell on the deck as she was dribbling a ball they had just used in the water.
Female	LA - Louisiana Swimming	Practice - Other	Water - Start End	The athlete was swimming backstroke in practice and the back the athlete's head hit the wall of the pool. She was not sprinting and it did not seem like a hard hit. She did say "that hurt", but kept swimming. I asked if she was okay and she said "yes". The Athlete's mother sent me a text the next day asking me if I saw the incident because The Athlete had been up all night with a bad headache and she was going to bring her to the E.R. I then explained what happened.	The Athlete hit the back of her head while swimming back stroke into the wall of the pool during practice.
Female	NC - North Carolina Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer slipped while doing a start off the blocks and fell into the water and her knee banged the gutter	
Male	IN - Indiana Swimming	Practice - Other	Other Middle of Pool	Swimmer was struck into the nose by another swimmers hand coming from opposite direction.	Nose is tender, with a little bit of swelling. No bruise or coloration.
Male	FL - Florida Swimming	Practice - Other	Water - Start End	Jammed finger finishing into the wall.	
Male	IN - Indiana Swimming	Practice - Other	Deck	slipped on deck while walking to the bathroom. Fell on left wrist.	
Male				Performing body dolphins drills with arms at side ("wrigglers"). Per swimmers own explanation removed goggles and did drill with eyes closed. Did not state why he did so. Swimmer is on the Autism Spectrum (has Aspergers) and was having a bad day and earlier in practice told assistant coach he (the swimmer) was pushing the coach's buttons. Because of circumstances and lack of witnesses we are unsure if incident even occurred.	Minor bump. No redness etc.
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke and approaching the wall for a turn, looked back without an arm stretched and struck the wall with his forehead	Approximately 1 scrape on center of forehead

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	IN - Indiana Swimming	Other Before practice, on deck	Deck	She slipped on the deck just before practice started. She hit her head on the tile deck and stayed on the ground, crying. Coach had her sit up slowly, a parent who is a nurse assisted. Administered an ice pack and called her mother, who is a nurse, and picked her up shortly after.	Seemed dazed by her fall, and had a noticeable bump on the side of her head. Was not able to describe how she fell on the deck, but relaxed once she sat up and received an ice pack.
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete tripped and slipped when entering the pool in the deep end.	
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Locker Room	The athlete slipped when walking from the lockerroom out to the pool deck.	
Female		Practice - Other	Water - Turn End	Jammed fingers into wall	
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Running and fell on grass hitting head on the ground.	Head impact with ground - headache
Male	SE - Southeastern Swimming	Practice - Other	Outside Venue	Swimmer was playing tag outside with friends when he tripped and fell and scraped his knee and his left hand.	Swimmer tripped and has a small scrape on his right knee as well as on this left hand care wound was cleaned and bandaged by facility lifeguard.
Male	NJ - New Jersey Swimming	Practice - Other	Water - Side	Had trouble breathing	
Male	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Walking on deck- fell and hit back of head	
Female	MN - Minnesota Swimming	Meet - Competition	Bleachers - Spectator's	Walking down bleachers slipped, tumbled down, hit back of head and side of head on pool deck.	
Female		Meet - Warm-up	Water - Start End	Getting out of lane 4 while pulling self out of pool left knee cut small laceration	
Female	SE - Southeastern Swimming	Meet - Entering / Pool	Other		Athlete cut the bottom of left toe
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Lane Lines	Sprinting butterfly, hit hand on lane line. Swimmer had a deep scratch on hand.	Deep scratch and light scrape on thumb.
Male		Practice - Other	Water - Side		Aiden was doing a kick set and came up to me after he was experiencing shortness of breath. He was hyperventilating. I pulled him out of the pool and had him start deep breathing with me. After 10ish minutes, 8 noticed that he was improving, but not greatly. I asked if he had an inhaler, he told me that it was at home. I took him to the lifeguard station so he can get some oxygen. I called his mom so she was on the way with the inhaler. The lifeguards called EMS to check him out. Mom arrived with the inhaler and took him home.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Other In assigned Lane	Swimmer was swimming her 200 Breast in her assigned lane. She reported that she did feel pain as she was swimming. She was able to finish her event. When she exited the pool and put weight on her right leg she was unable to bare weight on the let.	Following swimmer having problems putting weight on her right leg, she was taken to the bleachers and Ice was administered. Her father and mother were present and notified. She keep ice on for 20 min and removed for 20 and reapplied. After the second application she reported that the knee was stiff but the pain had greatly reduced. She was still guarded with movement. Swimmer does have past history with injury to this same knee.
Female		Meet - Warm-up	Water - Side		
Female		Meet - Warm-up	Water - Lane Lines	Another swimmer pulled on leg and shoved her. Very crowded in the lane. Could have been multiple swimmers that pulled on her.	Knuckle swollen- right pinkie finger
Female	CO - Colorado Swimming	Practice - Other	Other water	kicking with fins	the parents said it was a sprain
Female	NT - North Texas Swimming	Meet - Warm-up	Starting Blocks		
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Ran into wall while doing butterfly. Got out and reported incident.	Reported head hurting and some dizziness. Had swimmer sit down and relax. Did basic concussion check. Reported head hurting but dizziness went away. Felt better after sitting for a while.
Female	MA - Middle Atlantic Swimming	Other After practice in locker room	Locker Room	Horseplay in the shower area and both swimmers involved were pushing a bit and one lost her balance. Swimmer slip and fell to the floor where she he her head on the left side near the back of the head.	
Male		Practice - Other	Water - Turn End	Ran into a teammate	Possible concussion. Not sure though
Male		Practice - Other	Outside Venue	Soccer ball kicked and hit him in the head.	hurts jaw and ear to open mouth
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete re-opened wound of previous injury from 10/21/2016, while exiting the pool.	Re-opened wound that occurred on 10/21/2016
Male		Practice - Other	Water - Side	Ran into wall doing backstroke.	
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Kicked in face by swimmer's breaststroke kick	Superficial swelling faded after 15 minutes ice.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Hallway	Fell down stairs, rolled ankle. Ice provided.	Rolled ankle. Movement appeared to be okay. Ice provided
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Water - Turn End		
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End		The swimmer was performing a backstroke to breaststroke flip turn on the shallow end of the pool, in 3 foot 6 inches of water, and scraped her forehead on the bottom of the pool.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Athlete upon completing lap scratch nose and face with own fingernail upon taking off cap and goggles	
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Athlete fell and scraped knee during drylands (running around building).	Athlete was running around the building and was accidentally tripped and fell, in the process scraping her knee slightly.
Female		Meet - Walking	Hallway	someone opened door on foot as athlete was coming in front of door	Cut between toes on left foot, middle toe and pointer toe.
Male	IL - Illinois Swimming	Meet - Walking	Hallway	Athlete complained of Headache Pain	
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Twisted ankle	
Male	AM - Allegheny Mtn Swimming	Meet - Walking	Deck	He fell into the pool. Per his father - he was not watching where he was walking.	No signs or symptoms of concussion, swimmer had a small bump on the back of his head. Swimmer was not allowed to re-enter the pool and mom was present during care being given. Parent was notified by coach that a Dr.'s note was required prior to returning to practice.
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer was kicking with a kick board and on the turn side the pool, while he was turning around stuck the back of his head on the side of the pool.	
Male	UT - Utah Swimming	Practice - Dry Land	Deck	As we were doing dryland, in the dryland set we did a three minute wall sit. It was raining and the swimmer lost his footing and slipped. When he feel he scrapped his arm. He was bleeding and gave him a band aid to put on the scrap that was bleeding.	
Male	IL - Illinois Swimming	Practice - Other	Other middle of the lane	The swimmer was completing a swim at the shallow end. He ran into a swimmer leaving the shallow end wall. The collision took place near the flags at the shallow end.	The swimmer hurt his nose after running into the swimmer who push off the wall at the shallow end of the pool.
Male	IL - Illinois Swimming	Practice - Other	Other middle of the lane	This swimmer pushed off the wall at the start of a 50 on the left side of the lane and ran into a swimmer completing his stroke into the wall at the shallow end of the pool. The collision took place near the shallow end flags.	This swimmer hurt the top of his head after running into the swimmer who was finishing to the wall at the shallow end of the pool.

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Male	PC - Pacific Swimming	Practice - Other	Other Grass Area	Was playing tag and fell on metal fence. Got gash on right forehead	
Male	WI - Wisconsin Swimming	Swimjitsu - Dry Land	Gym	Athlete tripped and fell backwards in the gym.	Fell backwards when he tripped backwards. There was no swelling or discoloration, just complaint of pain in the area.
Female	SC - South Carolina Swimming	Meet - Walking	Stairs	Athlete walking upstairs to use the restroom stumped her toe. Tripped on stairs and glided on top of toe.	The toe-nail got bent and ripped partially off toe.
Male	AD - Adirondack Swimming	Meet - Warm-up	Other In water	Hit in face with foot during meet warm-up. Tooth partially knocked out, applied ice.	
Female	LE - Lake Erie Swimming	Meet - Warm-up	Water - Start End	Swimmer was kicked in the neck during warm up	Sharp pain in right shoulder
Male	LE - Lake Erie Swimming	Meet - Competition	Deck	Atheletes toe caught on edge of lifeguard stand	Cut to toe
Female	MV - Missouri Valley Swimming	Meet - Walking	Locker Room	caught heel on door is her best guess. Unsure of which door the incident happened at.	see above
Male	SR - Snake River Swimming	Meet - Warm-up	Water - Side	during flip turn hit heels on deck edge	
Female	NE - New England Swimming	Other Spectator	Bleachers - Spectator's	Victim overheated and passed out a nearby spectator called 911	
Female	GU - Gulf Swimming	Meet - Walking	Deck	Walking on deck and kicked a corner with little toe.	
Female	IL - Illinois Swimming	Meet - Warm-up	Starting Blocks	was climbing onto block, slipped and fell off on to the deck, against side and into water	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	flip turn for backstroke. Hit head during turn of backstroke. Lifeguard assisted exit from pool and swimmer did not finish race.	No symptoms other than pain.
Female	MI - Michigan Swimming	Other Locker room leaving	Locker Room	Hit head on floor	Swimmer carrying bag out of locker room fell on way out door way.
Female		Other spectator	Bleachers - Spectator's	Spectator passed out in stands	spectator passed out
Male	CA - So. California Swimming	Meet - Walking	Team Area	Swimmer walked to the grass area after the race. He lie down, grabbed the chest and having a short of breath. One of parent called 911. EMT transported the swimmer to the hospital.	The swimmer was alerted and followed the instruction from the EMT. Sort of breath and difficult to breathing.
Male	NT - North Texas Swimming	Meet - Watching / Observing	Deck		Swimmer slipped on the bleachers and hit back and arm.
Male	NT - North Texas Swimming	Meet - Warm-up	Water - Turn End	Swimmer doing flip-turn and ran into another swimmer coming into the wall for a flip-turn.	
Male	IL - Illinois Swimming	Meet - Entering / Pool	Starting Blocks	swimmer was adjusting foot chock and it fell on his right foot	
Male	NI - Niagara Swimming	Practice - Other	Water - Turn End	Swimmer was swimming fast backstroke to the wall and miscounted his strokes, striking his head on the wall. He rubbed his head and finished the lap. He exited the pool then I spoke to him to asses the situation. He stated he "just lost count" he was coherent and did not show any sings of disorientation. He did not lose consciousness and was speaking clearly to me.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Exiting pool, foot slipped, fell back in. shoulder struck side of pool. Swimmer felt fine after 15 minutes. Father witnessed event as well as coaches.	
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmers were focused on small movements of the start, and the swimmer dove deeper than he expected, and his left arm crossed his body underwater.	Could be a slight sprain or stretched muscle. Swimmer was told to ice frequently tonight, up to 30 minutes at a time, and rest the joint. Tomorrow, he should move arm/shoulder lightly and carefully, so as not to re-injure the area.
Male	CA - So. California Swimming	Practice - Dry Land	Other grassy area outside of pool	Approximately 14 swimmers were playing a game of ultimate frisbee as a team building activity during dry-land. Swimmer was in the act of catching the frisbee when another swimmer tried to strip it from his hands jamming the hurt swimmer's thumb in the process.	Extreme discomfort Swimmer was complaining that his head hurt after he hit the wall so we pulled him from practice and had him put ice on his head. He never showed any other concussion symptoms beyond that his head hurt.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Working on backstroke swimmer misjudged the wall and hit his head.	The swimmer was bleeding from the nose.
Male	GA - Georgia Swimming	Practice - Dry Land	Other	Swimmer was hit in the face with a soccer ball which caused his nose to bleed and gave him a mild headache.	
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	Swimmer collided with another swimmer doing backstroke and bent his finger back.	
Female	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Athlete was dropping down for a push off and collided with another athlete swimming into the wall for a backstroke to breaststroke turn.	Athlete complained of a headache and sat out for the remainder of the practice
Female	MN - Minnesota Swimming	Meet - Competition	Bleachers - Athlete's	small cut on wrist from hitting wrist on bleacher	small cut on wrist
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Left hand hit another swimmer.	
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Was hit by the hand of another swimmer. Impact was to the left eye. Treated with ice.	
Female	NJ - New Jersey Swimming	Practice - Other	Water - Side	Swimmer hit head on wall in her freestyle	Small bump on forehead.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Hit right wrist on the pool wall when finishing a lap	No bruising or marks visible at end of practice. Exited water and was given an ice pack. Rested then reentered water and continued to practice
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Deck	athlete struck foot on tile while entering water from deck, causing pain and swelling.	
Female	FL - Florida Swimming	Practice - Other	Water - Turn End	Swimmer's forehead struck the wall	swimmer's forehead struck the wall
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	Ran into wall doing backstroke	Athlete was unable to finish race
Male	CO - Colorado Swimming	Practice - Other	Water - Start End	At approximately 7:25-7:30pmMST on October 17th, 2016, in between practice intervals for the evening's main set, the injured athlete and another athlete engaged in a brief water tussle. This occurred at the start end of the pool (shallow end) where swimmers were of height to stand up. Within seconds, the injured swimming removed himself from the water, holding the lower wrist/arm. The coach approached from one lane over, and when inquired as to how this had come about, he reported a sharp pain in the area as a result of the other swimmer holding down his arm and "bending the wrist all the way back." Precise timing of the incident was not directly witnessed a staff/coach on deck, but was witnessed by a couple fellow lanemates of both swimmers (aged 11-13).	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Starting Blocks	While doing a forward start from the blocks the athlete's arms were slipped forward (the pressure of the water during entry caused him to lose the streamline) in the water and he rolled (somersault forward) and struck forehead against the bottom of the pool.	Small scrape on nose, slight bruising around right eye
Female	VA - Virginia Swimming	Practice - Dry Land	Deck	Standing on pool deck, feet slipped, landed on side of left ankle/foot	Slight swelling & bruising around outside of ankle
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	swimmer hit her head during backstroke	
Female	PV - Potomac Valley Swimming	Practice - Dry Land	Gym	Doing pull-ups and twisted ankle on dismount	
Female	WI - Wisconsin Swimming	Meet - Warm-up	Deck	Teammate was putting hair in ponytail and whipped her head back and hit swimmer in the mouth. Braces cut her lip a bit, but her two front teeth were bent inwards.	Braces kept teeth from coming out. Parent said that the teeth were intact and root system okay.
Female	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Swimmer was completing a flip turn, cut bottom of foot on tiles on wall.	Cut bottom of left foot near big toe.
Female	SD - South Dakota Swimming	Meet - Walking	Stairs	athlete cut top of little toe by door going upstairs	
Male	SE - Southeastern Swimming	Practice - Other	Outside Venue	While playing outside with teammates before practice the injured athlete tripped and fell while running on concrete.	While outside the injured athlete was playing a game with teammates before practice began. While running on concrete the athlete tripped and fell, in the process scraping his knee and slightly twisting his ankle.
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Caught finger in lane line	
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Swimmer got a bloody nose after colliding into someone.	
Female	AD - Adirondack Swimming	Practice - Other	Water - Lane Lines		Swimmer hit the lane line. She continued to swim and did not notify the coach. It didn't really start to hurt until the next day.
Male	SN - Sierra Nevada Swimming	Meet - Warm-up	Starting Blocks	Waking around the block after climbing out of pool. Hit the block guard at base of block with ankle.	
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Hit the wall/gutter with his right foot while turning	
Female	PN - Pacific Northwest Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer bumped head when walking under the bleachers. Top of head was cut and bleeding. While receiving first aid from lifeguard, swimmer passed out. Paramedics were called and first aid given. Paramedics deemed her okay and sent home with parent.	Small cut on top of head, no stitches needed. Paramedics said the fainting was due to veso-vegas nerve
Male	MD - Maryland Swimming	Meet - Competition	Water - Turn End	Swam himself into Bulk Head	Assistant and head coach were on the scene immediately
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer struck the wall with his head	Hit top of head on wall during backstroke
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer hit his nose on the wall	Hit nose on the wall
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Streamlined off wall into incoming swimmer	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Coming into wall during warm up another swimmer streamlining hit her head/face	
Female	CA - So. California Swimming	Meet - Warm Down	Water - Start End	COLLIDED WITH ANOTHER SWIMMER. HIT HAND ON ANOTHER SWIMMER'S ARM/HAND WHEN INJURED SWIMMER WAS PUSHING OFF WALL AND OTHER SWIMMER WAS COMING INTO THE WALL.	LEFT PINKY (SMALLEST FINGER) BENT BACK IN CONTACT. POSSIBLE FRACTURE OR DISLOCATION.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	SWIMMER WAS PERFORMING A FLIP TURN AT THE WALL DURING WARM-UP. WHEN HE FLIPPED, HE HIT BOTH HIS HEELS ON TOP OF THE WALL.	HIT BOTH HEELS HARD ON TOP OF THE WALL WHEN TURNING
Male	MR - Metropolitan Swimming	Meet - Walking	Locker Room		
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Other From Locker room to pool deck	Swimmer was opening the door of the locker room to get onto the pool deck, when swimmer stubbed his toe on the door. He said his toe started bleeding right away. Swimmer walked to the coaches with another parent. Coaches started first aid. Coaches called mom down from the stands. Mom finished performing first aid.	Cut and bruise on swimmer's right big toe.
Male	CO - Colorado Swimming	Meet - Warm-up	Water - Start End	Swimmer was unaware of his injury until bleeding of right forearm was noticed by his team-mate after he exited the pool at the start end.	Right elbow has a superficial cut that is less than 1/8 of an inch in length.
Male	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Water - Start End	Scraped arm on block.	Scraped right forearm causing bleeding.
Male	CO - Colorado Swimming	Meet - Walking	Hallway	Opened door to deck on his foot, catching his left big toe, resulting in skin being pulled and cut.	
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Turn End	Hit heel on Bulkhead during flip turn	
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	She was running and slipped.	Swimmer cut her hand. She also sprained her calf (she found out today, the next day, that it was sprained).
Female	WY - Wyoming Swimming	Practice - Dry Land	Deck	Practicing with swimmers how to enter water feet first. Demonstrated on deck by jumping, both feet went out from under coach who landed on her elbows and back.	Large bruises on left elbow, right upper arm, and right palm at the base of the thumb
Female	WY - Wyoming Swimming	Practice - Other	Water - Start End	Another swimmer pushed off the wall backwards and struck the injured swimmer in the nose resulting in a bloody nose	Bloody nose, stopped bleeding within 2 minutes
Male	CA - So. California Swimming	Practice - Dry Land	Other grass field	Swimmer was struck in the face by a rubber ball, while participating in a group activity. The swimmers right eye was bloodshot and his vision blurred.	The swimmer was struck on his right eye by a fast moving rubber ball. He initially had difficulty opening his eye completely. The eye was red and bloodshot, and he said his vision was blurry in that one eye.
Male	MI - Michigan Swimming	Practice - Other	Water - Side	Watching a swim demonstration he turned around to go to his lane and slipped	
Female	NC - North Carolina Swimming	Practice - Dry Land	Deck	Team was doing medicine ball work. Another athlete missed a catch and the medicine ball struck the injured athlete in the head.	Slight headache and feeling light-headed. Initially pupils were somewhat dilated but went back to normal within 3-5 minutes time.
Male		Practice - Dry Land	Deck	TRX band ripped and fell backwards onto back. Did not hit head but fell hard.	
Female	LE - Lake Erie Swimming	Practice - Dry Land	Other Track	Athlete became hypoglycemic and hyperventilated plus shaking during intense dryland training.	
Male	LE - Lake Erie Swimming	Practice - Other	Other Wall by turn end OUT OF WATER	Athlete punched a wall and hurt knuckles. Cause for punching wall was due out of frustration from a personal issue.	
Female		Practice - Other	Water - Turn End	swimmer was doing a flipturn and scuffed foot on a tile.	
Female		Meet - Walking	Deck		
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	Athlete was running in the gym and tripped and fell into the a door head face first.	Athlete has a small cut on his right cheek bone with light swelling.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	LE - Lake Erie Swimming	Practice - Entering / Exiting Pool	Water - Turn End	While exiting the pool swimmer slipped on the edge and hit his elbow on the edge.	
Male	PV - Potomac Valley Swimming	Practice - Other	Locker Room	Fall on floor in mens locker room after slipping on water on floor. hit left side of head/forehead on floor	no dizziness or nausea He was the only person in locker room at the time so there are no witnesses to his fall
Female	MD - Maryland Swimming	Practice - Other	Water - Start End	Collided with another swimmer, right eye hit other swimmer's head, bruise and bloody	
Male	SD - South Dakota Swimming	Practice - Other	Water - Lane Lines	During practice today, swimmer collided with another swimmer resulting in a bloody nose.	Swimmers were following along the black lane line at the bottom of the pool in the same lane and collided.
Male	GU - Gulf Swimming CA - So. California	Practice - Other	Deck	Swimmer was going inside from the outdoor pool and his toe got stuck under the door - he cut his foot below the toenail	(Above)
Male	Swimming	Meet - Competition	Water - Start End	swimming 500 freestyle, chest became tight during the race, felt he could not breathe and stopped mid-race	
Male	LE - Lake Erie Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Swimmer stood up in bleachers and bumped his head on the concrete overhang above him.	Coach conducted concussion protocols and no sign or symptoms evident. Mom decided he would not swim his last event though.
Male	WI - Wisconsin Swimming	Other Locker room	Locker Room	Slipped and fell in the shower bumping his head	Slight bump
Male	LE - Lake Erie Swimming	Meet - Warm-up	Water - Turn End	Swimmer bumped his head on the bulkhead while warming up.	Swimmer bumped head on bulkhead, coach requested an ice pack.
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines	Hit hand on lane line. It was red with small bump.	Hit hand on lane line that caused small, red bump on knuckle. Swimmer was provided ice and the bump went away. Swimmer's hand was fine the next day with no bump, redness, or swelling.
Female	CO - Colorado Swimming	Meet - Competition	Water - Start End	Getting out of water at the end of a 50FR race, the athlete hit her head on the backstroke bar or corner of block (she does not remember). Got out on the side of the pool, felt off balance, head hurt right away. Walked to mom who saw blood around her ear. The swim cap had a cut in it on the right top of her head, once removed she had a cut about 3/4 on top of head.	Cut Crown of head - 3/4 cut on top of head the slowly stopped bleeding with pressure and ice pack application.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Locker Room	Slipped on wet floor. Abraided knee and strained wrist.	
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Jambled hand into at finish	
Female	NE - New England Swimming	Meet - Warm-up	Water - Turn End	during warm up swimmer was kicked in the face while attempting a flip turn at the wall and left eye was cut by her goggles. The swimmer ahead of her kicked her when leaving the wall.	left eye was cut on eyelid in 2 places, one in the center of the eyelid horizontally and a small cut vertically at the corner nearest the nose
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End		
Male	MA - Middle Atlantic Swimming	Meet - Watching / Observing	Deck	He was serving in the capacity of Safety Volunteer at the GPAC Oktoberfest A/BB/C swim meet (Sanction MA 1721 A). While awaiting the start of the next session, he slipped while walking on the pool deck. Spectator said that he was walking (normally, not running or rushing in any way) and his feet slipped out from under him. He fell to the ground, landing on his surgically repaired right knee. He was walking behind the starting blocks at the deep end pool at the Gloucester County Institute of Technology (Deptford, NJ) and getting ready to time a race (in an event for which swimmers had to provide their own timers).	Ice was applied, was able to walk and stand a bit right after it happened, but not without pain
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	was swimming 50 fly and hit head (nose/forehead) on bulkhead	hit forehead and nose swimming into bulkhead
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Other water--mid pool	head on collision with another swimmer	jarred the teeth and hit enough to cause large bruised, goose egg on other swimmer
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Other Water--middle of pool	2 swimmers collided head first during warm-up	there is a large goose-egg bruised, bump on the forehead
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Side	Hit in head during warm up	Hit in head by foot kicking
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Turn End	Kicked in wrist during warm up	
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Struck head against Diving Board stanchion when exiting the pool.	
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	collided with another swimmer during warm up	
Male	NE - New England Swimming	Meet - Walking	Deck	Slipped while running on deck to "catch his teammate" Mom asked him if he had his prescription goggles on when he was running and he said "no they were on my forehead". Hit his right cheek on the pool deck.	Red face, scrape on cheek
Female		Practice - Other	Other In water, mid-pool	Basic swim drill with tennis ball under chin; apparently she did it a little too long and received a friction/"rug" burn.	Burn was not noticed until she was at home. Care given by parent, who also notified team.
Female		Practice - Other	Water - Turn End		
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Back spasms	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	While swimming backstroke during warm up, the athlete ran into the wall.	The athlete struck the top of his head against the wall while swimming backstroke during warm up. He had no noticeable bumps but was upset and crying. The swimmer was given an ice pack from the lifeguard first aid station. The athlete's mom was at the facility during the accident. She felt that her son seemed fine. She was advised about concussion symptoms to be aware after the incident. She was also notified that a report of occurrence would be filled out in regard to the accident.
Female	IL - Illinois Swimming	Other Parent's Meeting	Other School Atrium	While running in the hall/atrium, swimmer slipped and fell on her side.	There were no eye witnesses before or during the incident. Everyone turned around after she fell. Parents took her home.
Male	GU - Gulf Swimming	Practice - Other	Water - Side	2 swimmers swam into each other while doing backstroke. This swimmer exhibited head injury.	
Male	MR - Metropolitan Swimming	Practice - Other	Bleachers - Athlete's	Swimmer had a panic attack while in the stands. But at the time swimmer had recently had a granola bar and was concerned that it could be an allergic reaction. A parent called an ambulance but it was not needed. Swimmer has no allergies. Swimmer calmed quickly. Then went home with his Nurse Practitioner mother.	Panic attack which calmed quickly, Went home with his Nurse Practitioner mother.
Female	CO - Colorado Swimming	Practice - Other	Water - Start End	Swimmer was was swimming freestyle into the wall while another boy swimmer was pushing off of the wall on his back. The back of his head hit her in the left goggle/eye. The goggles slipped down and scratched her cheekbone and gave her a black eye.	Described above. She received a scratch and bruise on her left cheekbone.
Female	AM - Allegheny Mtn Swimming	Other Driving to clinic	Other Interstate 76	In traffic and got hit from behind	
Male	HI - Hawaiian Swimming	Meet - Warm-up	Starting Blocks	Swimmer tried to hold himself back from a false start during practice warmups in the "sprint lane". He kneed himself in the eye (with goggles) as he hit the water falling in.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer did a flip turn hit wall a little off center. Small cut under toe nail	
Male	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer vomited on deck while awaiting his event. He stated he was not feeling ill prior and that he coughed, gagged then vomited.	
Female	MD - Maryland Swimming	Meet - Warm-up	Deck	Swimmer walked into pole.	bruised upper cheek bone just under left eye.
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Swimmer dived in for warm ups and caused an abrasion of her nose on bottom of pool.	bump noted on bridge of nose.
Female	IN - Indiana Swimming	Practice - Other	Bleachers - Spectator's		abrasion approx 3x2 inch to right anterior distal lower leg, redness approx 1x1 inch medial upper left thigh, c/o pain to right index finger no bruising swelling redness abrasion noted, redness approx 1x1 inch noted to right lateral back below shoulder blade patient immediately tearful and crying, patient given ice pack for leg and finger, patient easily calmed with father and LCA coach at patient side, patient rested approx. 15 minutes at fathers side and then entered the water for remainder of practice without further complaint.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Bottom	Swimmer was kick in the head with a fin. She reported pain in her head and back.	
Male	OH - Ohio Swimming	Practice - Dry Land	Outside Venue	The swimmer was playing Ultimate Frisbee during dryland and broke his arm.	
Female	OR - Oregon Swimming	Practice - Dry Land	Deck	Athlete was pushing herself up off the deck and felt something "pop" in her shoulder. Shoulder has been tight and painful ever since.	swimmer experienced immediate loss of motion, some range of motion has been regained, but soreness and pain remain.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Fell off block hit shin very hard	
Female	IN - Indiana Swimming	Other Lessons	Water - Side	The swimmers was on the wall and only had one hand on the edge. Her hand slipped and she couldn't touch to which the lifeguard grabbed her and pulled her to the wall.	no injury - lifeguard rescue
Female	AM - Allegheny Mtn Swimming	Other Traveling by car to conference	Other Interstate 76 Philadelphia	Passenger in a car that was rear ended will sitting in traffic	Sitting in backseat at an angle. Jammed my hip and knee against the back of the front seat.
Female	MD - Maryland Swimming	Meet - Competition	Water - Start End	Scrape of knee while entering pool	
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks	Scraped toe on entry into pool.	Minor abrasion right lateral toe
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks	Swimmer climbed up on starting block and scraped left big toe	Minor abrasion left big toe
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Didn't push off wall properly in streamline and hit head and hurt hand on bottom of pool	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Hit arm and bumped head on wall while swimming backstroke. Was given ice pack and medical attention by coaching staff after incident. Athlete went to basketball practice after leaving pool, and returned to swim practice the following day and appears fully recovered.	No formal injuries reported (bruising/bump/headache etc)
Female	AM - Allegheny Mtn Swimming	Other driving to a swim clinic	Outside Venue	Driving to a swim clinic in New Jersey and was rammed by a truck in traffic. Head and back aches.	
Female	VA - Virginia Swimming	Practice - Dry Land	Other Tidewater Performance	During warm up two swimmers ran into each other. Swimmer was hit in the head by the other swimmers elbow. She had a head ache and sat out the rest of the session. Swimmer did state she had the head ache before the practice.	
Male	GU - Gulf Swimming	Other Sitting in bleachers	Bleachers - Spectator's	Foot slipped in between bleachers. Applied ice. No noticing swelling.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	swimmer slipped near edge of pool and fell head over heels into the pool sticking the side.	Swimmer struck the edge of the pool on his right side just above his hip and originally had a hard time putting weight on it.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End		
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Deck	Slipped on the deck and hit his head.	Small bump on the back of his head
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Hit heel on pipe in lane	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer struck head during backstroke flip turn. Exited pool. Sat down then threw up	No bump that we can feel. Can't see any bruising but did vomit. Was able to exit pool on her own.
Female	NT - North Texas Swimming	Swimjitsu - Other	Water - Side	Bumped into another swimmer and hit her head.	
Male	ST - South Texas Swimming	Other On Deck	Outside Venue		
Male	NT - North Texas Swimming	Practice - Other	Deck	Swimmer was walking on the deck after practice, slipped on an exercise mat, fell on his side and hit the back of his head on the mat.	Swimmer hit the back of his head on an exercise mat walking over it after practice. No visible signs of the hit on the back of his head. Swimmer complained of it hurting, but that is all.
Female	IL - Illinois Swimming	Practice - Dry Land	Gym		
Female	SC - South Carolina Swimming	Meet - Competition	Water - Start End	swimmer stopped at 3rd 25 of 100 free, swimmer appeared distressed/anxious facility guard jumped in to assist this report is being filed because facility wrote a report	
Female	MT - Montana Swimming	Practice - Dry Land	Deck	While doing wall sits at the end of practice on Tuesday, 27 September, 2016, at approximately 1650, on the deck on the bleacher side of the swimming pool, the swimmer slipped and bumped the back of her head. There were no visible injuries (no blood, no skull deformities). The swimmer was warned before this dryland training not to shuffle her feet or move about during the 30 second segments. After the completion of the first 30 second, the swimmer was re-warned not to fidget or horseplay with the teammate next to her. Approximately 15 seconds into the second segment the swimmer began to engage in moving and twisting. The result was that she slipped from the seat position, fell approximately two feet to the deck's surface and bumped the back her head against the wall. The swimmer was checked for obvious injuries (blood, skull deformity, etc.) and then consoled as she cried. I informed swimmer to seek out parent and return. Swimmer did not return. I returned to practice with rest of the team.	
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	While doing backstroke, swimmer miscounted his strokes into the wall and bumped his head.	After bumping his head I asked swimmer to stop on the wall and continued to observe him to ensure he was not vomiting or showing other obvious signs of a concussion. After a period of time, swimmer continued swimming and did not complain about his head hurting again.
Female	CO - Colorado Swimming	Practice - Other	Locker Room	Athlete bumped against a corner in the locker room and ended up with a cut. The cut was created by the metal corner of a female hygiene product disposal box.	Details mostly in prior description. Cut was approximately 2 and a half inches in length with some but minimal depth.
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Push off wall on turn during 100 Fly twisted left ankle against the wall	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	The Athlete was performing dryland activities in a grassed area and slipped onto their back and hit their head. The athlete was assessed by the coach at the time of injury. The athlete was fully responsive and showed no serious signs of trauma. When asked for further care the athlete declined.	
Female	NC - North Carolina Swimming	Meet - Competition	Deck	Swimmer slipped on the deck and cut right big toe.	
Female	SC - South Carolina Swimming	Meet - Competition	Water - Start End	swimmer dove into the water and began bleeding profusely through the nose	
Male	SC - South Carolina Swimming	Meet - Competition	Water - Start End	Goggles came off the swimmer while swimming and his eyes began stinging.	After start the goggles came off the swimmers eyes and his eyes starting stinging while swimming.
Female	CC - Central California Swimming	Practice - Other	Water - Lane Lines	Swimmer got kicked in the face by another swimmer during the warm up	
Male	MW - Midwestern Swimming	Meet - Walking	Deck		Scrap on toe.
Female	MW - Midwestern Swimming	Meet - Walking	Deck	Shepards crook leaning against wall fell over, struck athlete on the forehead.	Bleeding, stopped with sterile gauze.
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	While participating in dryland, swimmer was doing bear crawls in the grass (on hands and feet, walking on all four). Swimmer placed hand wrong on the ground and says she overextended her elbow. She was taken to the lifeguard room where the coach checked to see if she could move her elbow and ice was applied for 10-15 min. She had range of motion in her arm but said it hurt when she moved it. Swimmer kicked on a board without using her arm for the remainder of in-water practice. Mom was notified at the time of the incident and took her home after practice.	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer went head first into the wall while swimming. She was conscious and aware with no visible signs of further damage. As a precaution we took her out, had a YMCA lifeguard assist and give ice. Her mother was on premises and notified immediately. We had swimmer sit out the remainder of practice. She complained that her head hurt as in a headache. We brought her to her mother to sit with in the bleachers rather than the pool deck. She left with her mother at the conclusion of practice.	No further action was needed as far as we know. Swimmer left with her mother in seemingly good spirits besides a headache. Her mom said she was going to keep an eye on her and bring her to Urgent Care/ER if she felt she needed it.
Male	OR - Oregon Swimming	Practice - Other	Locker Room	Swimmer was preparing to shower before practice and slipped on floor (soap?), hitting his head/eye on a corner of a bench. He came out on deck, complaining about his eye, and then we got the whole story.	The eye seemed bloodshot. He was rubbing his eye, which was irritated.
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	Athlete bumped their face with medicine ball and bit the inside of their mouth.	
Male	GU - Gulf Swimming	Practice - Other	Other swimming down the lane	He was swimming freestyle and accidentally hit another swimmer in the head. More or less jammed his thumb in a weird way.	It was possibly a sprain? He said the joint area around his thumb was bothering him.
Male	GU - Gulf Swimming	Practice - Other	Other swimming down the lane	He was swimming freestyle and accidentally hit another swimmer in the head. More or less jammed his thumb in a weird way.	It was possibly a sprain? He said the joint area around his thumb was bothering him.
Male	IL - Illinois Swimming	Practice - Other	Water - Side	Swimmer was accidentally kicked in the face by another swimmer. Required some icing in the pool office.	Pain from being kicked. Iced area for several minutes, and swimmer returned to the water. No bruises or headache. Chin and teeth a little sore right when it happened. No other concussion symptoms immediately noticed.
Male		Practice - Other	Water - Side	Was swimming past a corner where the pool extends into a diving well and struck knuckles on the corner of the side of the pool.	
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	Coach used his primary first aid kit right after the incident.	Minor cut-scratch
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks		swimmer hit goggle (which were on swimmer's face) on starting block when climbing out of the pool; goggle cut just below swimmer's right eye
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Hit heels on the top of the wall doing a flip turn.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	coming into the wall and ran into swimmer doing a turn	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Developed asthma attack during prolonged kick set. Removed herself from water and proceeded to take inhaled medication. Parents contacted and swimmer released to parent.	Self administered medication and swimmer released to parent. Swimmer was put on new medication in the recent past.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimmer was executing a turn and ran in to a team mate with his head	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	The swimmer jammed his foot on the wall ladder. He did not mention the situation till practice was nearly over. No swelling, however walking gingerly.	
Male		Practice - Other	Deck	Slipped and hit chin. Small cut. Treated with ice.	
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Ran into ladder with top of head after the turn at the starting end of the pool	
Male	VA - Virginia Swimming	Practice - Other	Deck	Swimmer was rushing to get her equipment bag. It was raining, the ground was slick and she fell.	When asked if she hit her head she said not really. She had more pain in the hip.
Male	WI - Wisconsin Swimming	Practice - Other	Locker Room	Pinky toe nail came off	
Female	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer slipped as exiting pool and hit her chin, cutting it open.	
Female	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Hallway	Swimmer was in a wet suit and wearing wet Crocs speed walking through the hallway and slipped, fell back and hit her head.	
Female	NC - North Carolina Swimming	Practice - Dry Land	Other hiking trail	Athlete suffered from heat exhaustion while out on a team run. Athlete was brought to lifeguard room where there was AC and given water and cold packs. Mom was called and came to pick up athlete.	Athlete suffered from heat exhaustion while running outside. Athlete was brought to lifeguard room where there was AC. Athlete was given water/cold packs. Mother was called and came to pick up athlete.
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	The team was working on streamlines, and swimmer's right eye was struck by another swimmer.	
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Start End	Upon entering the pool, swimmer's chin struck the head of another swimmer who was in the pool	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Hallway	No one witness the actual fall but injured party stated she slipped in a puddle of water in the hallway outside of pool.	
Male	HI - Hawaiian Swimming	Meet - Competition	Water - Start End		Cleared up after 5-10 min O2 nasal canula setting 6.
Male	AZ - Arizona Swimming	Other Did not practice that day.	Other No accident - Stomach illness	Mother came in the office after coming straight from the doctor, to tell us that her son tested positive for Cryptosporidium, a microorganism that causes diarrhea.	Swimmer has been in the water for the past 4 weeks, following a 2 week team break the first 2 weeks of August.
Male	NT - North Texas Swimming	Practice - Other	Water - Side	Swimmer #1 entered the water feet first and bumped into swimmer #2's upper legs. Swimmer #2 reported slight discomfort in his legs, but was able to continue practicing.	There were no signs/symptoms of injury outside of athlete's profession of discomfort.
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	Athlete swam backstroke towards the wall, continued towards wall on back, and head struck the wall	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	At 7:25pm, just after sunset, swimmer was swimming backstroke and struck the wall with her head and wrist. She did not see the flags because they had blown out of her lane and she couldn't see the wire they were struck up on because of the low light outside.	Swimmer was taken out of the pool and assessed by lifeguards. She was in pain after striking the wall.
Male	HI - Hawaiian Swimming	Practice - Other	Other Water. Middle of lane.	Swimming fast freestyle 2 kids crossed over.	
Male	SN - Sierra Nevada Swimming	Practice - Dry Land	Gym	swimmer was running sprints. ran into wall trying to stop.	
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Outside Venue	Child was running with her group along the basketball court and hit her right brow on the foundation of the basketball hoop.	
Female	CA - So. California Swimming	Practice - Dry Land	Deck	while doing dry land athlete felt pain, soreness in lower, middle back area.	athlete felt pain, soreness in lower, middle back area.
Female	OK - Oklahoma Swimming	Practice - Other	Locker Room		none upon leaving facility
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Athlete was attempting to do a flip turn and the person in front was pushing off the wall and started kicking right away and the swimmer got kicked in the nose.	Athlete was kicked in the face, got a bloody nose and a head ache. Small bruise on the bridge of nose.
Female	OZ - Ozark Swimming	Practice - Other	Starting Blocks	Athlete's back foot slipped when attempting start of the block-athlete grabbed block while falling backwards bumping head	Swimmer slipped off the back of the starting block in lane three in the start of her 50 yard sprint. She slipped backwards when her back leg was pushing off. She tried to catch herself falling slowly backward and bumping her head. I instructed her to remain still and she did and a nurse assisted me in monitoring the swimmer. At no time did she show any of the warning signs one looks for. No nausea - No dizziness- No losing consciousness. The nurse is a friend of the swimmer's family - we both talked to the swimmer's mother. The nurse drove the swimmer to practice and home. As I stated we monitored the swimmer and she seemed to be fine---it was good to have a nurse there. Swimmer told me she would see me Monday at practice. She was walking on her own.
Male	CA - So. California Swimming	Other PRACTICE-WATER	Water - Turn End	swimmer was messing around in the water and hit his head on the wall.	swimmer hit back of head on wall
Male		Practice - Other	Locker Room		
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Locker Room	Swimmer was walking in locker room, slipped and hit head on the wall.	
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	The swimmer was jogging and placed her foot on the edge of the concrete sidewalk and grass. As her foot slipped off the edge, she hurt her knee an heard a loud pop.	Swimmer hurt her right knee.
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Group was playing a game outside called Red Rover. Two teams and one person from each team attempts to run through the line of the other team members. While running, the swimmer ran into the arms of two other athletes and fell backwards onto his back, hitting his head on the ground. He was examined by the coach and a bag of ice was put on his head. He sat out of the water for the first part of the practice in the water and left with his father after 20 minutes.	
Female	VA - Virginia Swimming	Practice - Other	Water - Side	At the conclusion of hard workout, athlete experienced a full body cramp. Hands were involuntarily clenched, eyelids were fluttery, and athlete was semi-coherent.	At the conclusion of hard workout, athlete experienced a full body cramp. Hands were involuntarily clenched, eyelids were fluttery, and athlete was semi-coherent.
Male	CO - Colorado Swimming	Practice - Other	Deck	Swimmer bumped into a cage protecting an alarm. the injury caused the swimmer to pass out and hit the deck, knocking his three front teeth to chip.	
Male	FL - Florida Swimming	Practice - Other	Water - Lane Lines	A swimmer dove off block into the reporting swimmers head as he was swimming back towards block	
Female	NT - North Texas Swimming	Practice - Other	Other Swimming lane.	Swimmer was holding her kick board underwater and it came up and hit her in the chin.	
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Bottom	Swimmer did a mid pool flip turn and went back towards the wall and hit her head on the bottom of the pool.	She did not feel well after so we sat out for a bit and then it didn't get better so I had her head home. Still had a headache when she left practice.
Male		Practice - Other	Bleachers - Spectator's	Athlete was walking down the bleachers to come meet the group before practice when he slipped on one of the stairs and fell. He has a large scrape and bruise on his lower back but did not complain about any other pain. He did not show any signs of concussion or other serious injury. He was given ice immediately, took some sips of water and then returned to practice approximately 15 minutes after the fall. No other pain/discomfort was reported.	
Male	IN - Indiana Swimming	Practice - Other	Other Collision in Pool		
Female	IN - Indiana Swimming	Practice - Other	Other middle of pool		
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	Swimmer was swimming breaststroke, as was the person in front of her. She was kicked in the finger. (Sorry for the delay reporting this. Coach thought I had filed this report previously, and I thought Coach had.)	She happened to have a PT apt. the next day (not related to swimming), and the PT informed everyone that the finger was "jammed, but there was no tendon involvement."
Female		Other swimming at beach after competition	Other hotel beach	Patient was swimming at beach when had pain on left axilla. Came up to hotel lobby and medical staff at hotel informed her it was a jelly fish sting and to put hot water, vinegar, and take Benadryl.	Patient was swimming at beach when had pain on left axilla. Came up to hotel lobby and medical staff at hotel informed her it was a jelly fish sting and to put hot water, vinegar, and take Benadryl. I spoke with local MD who agreed with above plan for jelly fish sting.
Female		Other swimming at beach after competition	Other hotel beach	Patient was swimming at beach when had pain on left side of neck. Came up to hotel lobby and medical staff at hotel informed her it was a jelly fish sting and to put hot water, vinegar, and take Benadryl.	Patient was swimming at beach when had pain on left side of neck. Came up to hotel lobby and medical staff at hotel informed her it was a jelly fish sting and to put hot water, vinegar, and take Benadryl. As the team physician I called our local contact and she also said hot water/shower, oral Benadryl, and topical vinegar. Urgent care if pain not controlled.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Other Clerk of course/hospitality room	Then kneeled down in pain	
Female	FL - Florida Swimming	Practice - Dry Land	Stairs	Fell running stadiums on last step.	
Male	FL - Florida Swimming	Practice - Dry Land	Outside Venue	During dryland, athlete ran on the artificial turf with out his running shoes and burned the bottom of his feet.	The bottoms of his feet are burned and have a few blisters. Coach made sure he quickly placed them in cool water once she hear what happened.
Female	FL - Florida Swimming	Other working on flip turns	Locker Room	Swimmer had a prior head injury that result in a concussion 3 weeks ago, injury occurred outside of practice. During practice athlete was practicing flip turns when she became nausea. Left pool to go to bathroom and start to projectile vomit. Pool staff was contacted and because parents could not be there immediately, rescue was called. EMT checked her out and released her to her parents upon arrival.	
Female	SR - Snake River Swimming	Other team outdoor activity	Outside Venue	Athlete was playing tag with teammates on/around some play equipment. Athlete raised up from a crouched position hitting her head on a bar. Athlete was "it" so others were running away from her.	The head showed no cut or bump at all.
Female		Practice - Other	Water - Side	Athlete struck her right hand against the ladder while in the village practice pool at the Rio Games. She was able to continue swimming. Was evaluated to be a sprain of her index finger and resolved in a few days without loss of time in the pool.	See above
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmers slipped through a side gutter and scrapped leg just below the knee.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Start End	Swimmer hit head on the wall at the 50 of the 100 fly.	No witnesses to the incident. She knew her name, where she was and wanted to continue swimming. We called her parents and she was picked up and taken home.
Female	CA - So. California Swimming	Other walking down bleachers	Bleachers - Athlete's	athlete was walking down the bleachers and rolled her ankle	athlete rolled ankle
Male	PC - Pacific Swimming	Practice - Other	Water - Side	The swimmer was kicked in the face which resulted in a black (left) eye.	Black eye.
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	The swimmer bumped his knee on the block getting out of the pool after his race.	Swelling on inside of knee.
Female	HI - Hawaiian Swimming	Meet - Walking	Other Walked into closing door going into pool while going to event	Walking into event, girl in front closing door while walking in, hit head.	Above swimmer's right eye little bump.
Female	PC - Pacific Swimming	Meet - Watching / Observing	Team Area	Playing outside another swimmer yanked her arm and her elbow popped.	Pulled elbow. Not sure if it dislocated, but it popped and hurt.
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Lane Lines	Swimmer started having trouble breathing during her race. Swimmer was moved from the pool area, coached to slow her breathing and given water. No EMS intervention needed. Swimmer returned to activity.	Swimmer started having trouble breathing during her race. Swimmer was moved from the pool area, coached to slow her breathing and given water. No EMS intervention needed. Swimmer returned to activity.
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Swimmer fainted, coaches caught her before falling on deck.	
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	She was taken out of the heat and given water and ice pack.	
Male	MD - Maryland Swimming	Meet - Competition	Other pool area	poor ventilation , by second day was had horrible cough difficulty breathing, continued to swim but not even close to optimum levels, had to scratch several events and limit exposure to pool area	nearly every time we go to a swim meet there, there is a problem with the ventilation, supposedly there was a broken air handler(again), it was not repaired while we were there, other dates of the same occurrence march/2016, feb 2016, dec/2016 , august 2015, march 2015
Female	MA - Middle Atlantic Swimming	Meet - Entering / Pool	Water - Turn End	On 8/8/2016 at about 4:15PM, swimmer was getting in for warm-ups at the University of Minnesota Pool for Junior Nationals on Day 1 of the meet. She jumped in feet first into the water, but rolled her left ankle in the process. It was a 7 foot depth where she got in the pool. Afterwards, she swam an uncharacteristic 100 smooth, where she appeared to not look normal as she was swimming. When she got back to the wall, I asked her how she was doing and she said she was not ok. That's when she explained to me that she rolled her ankle and that she couldn't move it in the process. I then pulled her out of the water and sat her on the bench. She started crying, so that prompted me to go get ice from the facility. From that point, I was instructed to go to the trainer and we stayed there for the duration of warmups and well into the finals session of the meet. The athletic trainer on site was very helpful and assisted by evaluating her ankle. She was then taped and asked to come back in the morning for a reassessment and follow-up after warm-ups. The swimmer was asked to come to the trainer as often as needed for an evaluation.	Visited with the University of Minnesota on-site trainer to assess swimmer's ankle injury. She was given ice and had her ankle wrapped on the day of the injury (8/8/2016). She was asked to come as often as needed for the duration of the meet.
Female	MN - Minnesota Swimming	Meet - Walking	Hallway	Walked into glass partition in back hallway area	Laceration on knee, sore nose
Female	VA - Virginia Swimming	Other playing miniature golf	Other In park where aquatic center is located	The 9-10 year old athletes had finished competing in the Eastern Zone Long Course Championship meet and took an outing to a nearby mini golf course in the park where the competition was being held. One of the athletes was swatting after a bee and accidentally hit swimmer in the head with the golf club.	
Male	MD - Maryland Swimming	Meet - Competition	Deck		Athlete started experiencing symptoms on Thursday, 8/4/2016. As the meet continued, the symptoms got worse and the athlete was unable to finish the meet due to the poor air quality.
Male	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer started experiencing respiratory distress. Shortness of breath as well as pale skin.	
Male	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer felt shortness of breath after he completed his events. Symptoms included shortness of breath, light headed, as well as pale skin.	
Female	WI - Wisconsin Swimming	Other Exiting the pool after competition. Slipped on bulkhead	Water - Start End	Foot slipped exiting the pool after competition. Her right arm scraped on the rough surface of the start end bulkhead	Scraped right forearm just below the elbow. 2" long by 1" wide
Male	PV - Potomac Valley Swimming	Meet - Competition	Other hotel		
Female	MR - Metropolitan Swimming	Meet - Warm-up	Water - Side	Swimmer had an allergic reaction during the meet due to an airborne allergy. Symptoms included pale skin and swelling of the throat and tongue.	
Female	MD - Maryland Swimming	Meet - Warm-up	Deck		
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Athlete finished too hard into the wall after his freestyle event and hurt his wrist.	
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Side	Flip turned during warm-up and struck ankle against the gutter.	
Female	SN - Sierra Nevada Swimming	Meet - Competition	Other during swim and after	Swimmer had an asthma attack during swim and it continued when she got out of the water.	
Male	CT - Connecticut Swimming	Other getting to seating area	Other team area on deck	Fell climbing up onto our seating area which was on the bulkhead at the far end of the pool.	
Female	AK - Alaska Swimming	Meet - Warm-up	Water - Lane Lines		
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Scrape on left side of head near eyebrow and slight bump/bruising where swimmer hit their head.	
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks	The block in lane one was crooked so I was off balance and it wiggled when I dove. My foot slipped and my left foot hurt immediately.	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	Swimmer had a broken pinkie toe prior to the meet. During her backstroke she bumped the pinkie toe. Ice was applied by her parent.	
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	Swimmer finished her race and lifted herself out of the pool where she then slipped and scraped her shin on the gutter.	Same as above
Male	NI - Niagara Swimming	Meet - Competition	Water - Turn End	While swimming, he approached the wall to complete a flip turn. When his feet were turning on the wall, he hit the top of the wall and the area between the gutter. He sprained his toe/ankle and a possible break. There is bruising along the big toe.	Same as above
Female	IN - Indiana Swimming	Meet - Competition	Water - Turn End	Did a flip turn and reopened cut on left big toe. Cust was small but bleeding frequently.	
Male	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Pushed while close to bleachers and hit his head on bleachers/ground.	Possibly concussion guest hit left side of head above ear.
Male	IN - Indiana Swimming	Meet - Walking	Bleachers - Athlete's	He slipped on the bleachers and cut his left knee.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male		Meet - Watching / Observing	Bleachers - Athlete's	Slipped on bleachers, caught leg on steps. Bruising just above knee and shin of left leg.	
Female	NC - North Carolina Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete was moving through the bleachers to her seat and the bleacher broke causing her to fall and become injured. After first aid was received, athlete continued to compete in swim meet.	Lifeguard cleaned cut, applied band-aid. Staff then removed blue seat from bleachers.
Female	IA - Iowa Swimming	Meet - Competition	Water - Start End	Swam her event, was exiting pool and lost grip with one hand, causing her to fall and strike her left wrist.	Swimmer struck her left wrist while exiting pool. Indicated pain, but no swelling or bruising was observed.
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Swimmer scraped their foot on the bottom of the pool	
Male	MD - Maryland Swimming	Meet - Warm Down	Starting Blocks	Swimmer scraped their leg against the block while they were practicing starts.	
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer misjudged his finish in the 100 backstroke and hit his head and hand on the wall and had to be helped out of the pool.	Swimmer was evaluated by the CAC staff and his coach. He did not exhibit any signs of a concussion and with permission from his mother was allowed to continue competition with the stipulation that if he was feeling unwell at all that he would be removed from further competition.
Female	IN - Indiana Swimming	Meet - Walking	Deck	Official was walking to relieve another official and she slipped. She did not fall, but her ankle and foot popped causing swelling.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Distressed and out of breath swimmer stopped at the wall.	
Male	MR - Metropolitan Swimming	Meet - Walking	Bleachers - Athlete's	Athlete struck his knee against the side of the bleachers and cut his knee open.	
Female	PC - Pacific Swimming	Meet - Competition	Outside Venue	Heat Exhaustion	Heat Exhaustion. 911 was called and assisted. She decided not to be transported to the hospital.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Abrassions on big and little toe on right foot.	Abrassions on big and little toe on right foot.
Female	IL - Illinois Swimming	Meet - Walking	Deck	Athlete had small laceration on the base of her pinky toe. Athlete did not know what caused the injury. Meet and Facility Staff walked the deck and did not find anything as a preventative measure.	Small Laceration, First Aid Administered by Facility Director and Lifeguard, released to parents
Female	LE - Lake Erie Swimming	Meet - Warm-up	Starting Blocks		
Male	MD - Maryland Swimming	Meet - Walking	Deck	Athlete was ruling generals and fell and hit his knee and his arm.	
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	At the beginning of the race there was a stand command given by the official and the swimmer slipped off the block and scraped his left inner forearm as he fell into the water.	scraped inner left arm from wrist to mid forearm
Female	CO - Colorado Swimming	Practice - Other	Water - Turn End	athlete going into turn hit by another athlete leaving the wall	Athlete was able to explain whole story of what happened. Athlete went to lifeguards immediately for treatment.
Female	CA - So. California Swimming	Meet - Competition	Deck	After Race - Respiratory distress - parent brought inhaler	Difficulty Breathing after Race
Male	CA - So. California Swimming	Meet - Walking	Outside Venue	walking through the gate between pools, struck right knee against the gate latch	
Male	CC - Central California Swimming	Meet - Competition	Bleachers - Spectator's	He fell off bleachers.	
Male	CA - So. California Swimming	Meet - Watching / Observing	Other Under bleachers	Playing under the bleachers, lifted his head and bumped it on the underside of the bleacher bench above.	swelling and small scratch on top of head
Female	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Fell at the last step coming down the bleachers.	Swelling on right knee
Female	MD - Maryland Swimming	Meet - Warm-up	Deck	Struck face against the deck while climbing out and chipped her tooth.	
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Deck	He got out of the pool. When he was walking he stepped on a drain cover and he cut/scrape his chin.	
Female	CA - So. California Swimming	Meet - Warm Down	Deck	Following her race the swimmer spoke with her coach and proceeded to the dive well to warm down. Swimmer felt dizzy and sore. She laid down on the deck and blacked out. Then went to the bathroom where she was assisted.	
Female	PC - Pacific Swimming	Other	Water - Start End	Athlete hit finger on gutter	
Male		Other leaving locker room	Locker Room	Fell over a concrete seat outside the men's locker room.	Contusions/scrapes to left shin and outer left arm.
Male	SD - South Dakota Swimming	Meet - Walking	Deck	Walking and stubbed his toe	Skin tore on big toe
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	Athlete hit her finger on the gutter and received a small cut. A Band-Aid was applied.	Small cut - Band-Aid placed on cut.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Start End	Slipped on step of block while stepping up for a dive. Her right foot was on top of the block and her left foot was on the step. When she slipped she fell into the gutter landing on her left hip and part of the lane line when hitting the pool, during a set involving a 25 from a dive. The other 3 swimmers in the pool were currently swimming and did not see her slip.	Small scrapes on her toe/foot and hip of her left leg. Her leg bruised the next day and was a little sore. She had movement of leg and was able to put weight on her leg and walk after the fall. The injury was discussed with parents upon pick up.
Male	PC - Pacific Swimming	Practice - Other	Other Middle of Lane	Swimmer was accidentally kicked in the eye by another swimmer doing dolphin kick during a kicking set.	Goggles cut below eye and small nick above eye. Minor swelling of eye area
Male	NT - North Texas Swimming	Practice - Other	Other Pool-swimming	Ripped pectoral muscle summer 2015. Re-irritated it today.	
Female		Meet - Warm-up	Bleachers - Spectator's	Had hand in stair/walkway of bleachers and another spectator accidentally stepped on hand fracturing and cutting finger.	
Female	GU - Gulf Swimming	Other practice meet	Water - Turn End	hit left heel during flip turn	scraped heel on her foot
Male	WI - Wisconsin Swimming	Meet - Competition	Bleachers - Athlete's	Coach slipped off the bleachers and hit his back against them. Complained of soreness and stiffness.	
Female	SC - South Carolina Swimming	Meet - Competition	Deck	Starting block track ledge fell on swimmer's foot/toe	Bruised foot/toe
Male	MV - Missouri Valley Swimming	Meet - Warm-up	Water - Start End	Scrapped right big toe on timing pad	Lane 2 Touch pad
Female	MV - Missouri Valley Swimming	Meet - Walking	Stairs	Shin and big toe on right leg and foot.	
Female	MS - Mississippi Swimming	Meet - Competition	Deck	scrape on left side leg below the knee. Tripped into bench behind the blocks.	
Female		Meet - Watching / Observing	Bleachers - Spectator's	person fainted	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MV - Missouri Valley Swimming	Meet - Competition	Starting Blocks	As the swimmer dove into the pool at the start, she felt her ankle give way. Swimmer had surgery on that (left) ankle approximately a year prior to the accident.	
Female	SE - Southeastern Swimming	Meet - Warm-up	Deck	Swimmer stepped onto the gutter of warm up pool. She slipped and fell backwards onto the deck. She landed on her left side of her tailbone.	
Male	AD - Adirondack Swimming	Meet - Competition	Water - Start End	Hit left hand on the bottom of the pool during the start of the 50m free.	
Female	SE - Southeastern Swimming	Meet - Warm-up	Water - Side	Two swimmers collided in water	
Female	VA - Virginia Swimming	Meet - Competition	Water - Start End	Complained of chest pains following race.	Staff did not provide care. It was a relatively short lived pain and athlete returned to activity.
Male	VA - Virginia Swimming	Meet - Entering / Pool	Starting Blocks	Struck head on diving board railing exiting the pool post-swim. No cut or bleeding.	Bumped head. No blood, no sign of concussion. Released to parent.
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Lane Lines	Cut toe on lane line while swimming	
Male	SE - Southeastern Swimming	Meet - Warm-up	Deck		Plastic Gutter on Deck gave way and caused cut to foot
Female	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	The athlete swam crooked and had a head-on collision with a bigger swimmer, who recovered and returned to practice. The athlete looked sleepy and dizzy, even after a rest with ice on her head. She was released from practice to go home with her father where she was to be watched for signs of concussion.	The CCISD Natatorium recently reduced our lanes from 16 to 11, which has resulted in more kids per lane, which is resulting in more collisions.
Female	PN - Pacific Northwest Swimming	Other unknown	Other 50 meter ramp	tripped	She was running up the 50 meter ramp, and tripped.
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	collided with a teammate	Swimmer was in practice and her and another swimmer collided. They were both okay. They continued swimming and one of her teammates told her that she was bleeding and to get out of the water.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Locker Room	cut finger turning off shower.	Cut between fingers right hand.
Female	MA - Middle Atlantic Swimming	Other walking into facility	Outside Venue	Fell off curb walking into facility	Right foot/ankle
Female	MA - Middle Atlantic Swimming	Other timer at a sanctioned meet	Deck	She was timing and stepped back to avoid splash and fell forward and hit her chin/face on the deck.	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was exiting the pool along with the other swimmers. Coach only saw swimmer fall backward. Hit head hard - other coaches including primary coach heard his head hit the deck. Saw signs of a very short - several seconds - seizure but according to the parent he's never had one before. Swimmer did become non-responsive for those several seconds. After a few moments, the swimmer became aware/ could get up on his own and did - coach had him sit on the bleacher and get ice on his head while the lifeguards filled out an incident report for the facility. Parent took swimmer from practice; as of later on that evening, the parent did not take the swimmer to the doctor/ER, but rather just took him home for rest.	There is only circumstantial evidence that the swimmer sustained a seizure - before or after the fall, so it is not marked as a symptom. There were several seconds when the swimmer was non-responsive, so unconsciousness is marked.
Female	OZ - Ozark Swimming	Meet - Competition	Water - Start End	Jammed right elbow when finishing.	Jammed right arm touching the wall to finish event
Female	NI - Niagara Swimming	Practice - Other	Water - Start End	Swimmer hit both heels doing a flip turn during practice.	
Male	CA - So. California Swimming	Other PRACTICE-WATER	Water - Turn End	while swimmer was practicing backstroke, he hit his head on the wall.	swimmer said he was fine, did not feel dizzy, no swelling a site area. Swimmer was given an ice pack
Male	SI - San Diego-Imperial Swimming	Practice - Entering / Exiting Pool	Water - Side	Jumped into the pool backwards and hit his chin in the edge.	
Female	Practice - Dry Land	Gym		Swimmer was doing box jumps, misjudged the jump, and hit her shin on the box.	
Female	OH - Ohio Swimming	Meet - Walking	Outside Venue	Swimmer was walking and rolled ankle and cut foot.	Swimmer came to meet staff asking for a band aid for cut toe.
Male	OH - Ohio Swimming	Meet - Walking	Deck	Swimmer finished his 50 meter butterfly and walked back to his coach. When he got to his coach, his ankle started hurting.	Swimmers ankle was hurting after race. Swimmer was given ice.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	struck head on backstroke finish	dizzy
Female	FG - Florida Gold Coast Swimming	Practice - Entering / Exiting Pool	Starting Blocks	While practicing relay starts during practice, another athlete false started and landed on top of the injured party causing bodily injury. Child said she was fine.	Injured party was hit in the head by another athlete who false started while practice their relay start in practice. Child said she felt fine.
Male	GA - Georgia Swimming	Practice - Other	Other water	Last practice of the season - Fun practice - kids were playing with greased up watermelon; kid lifted it out of the water and it slipped through his hands and hit him in the face, chipping a tooth.	
Female	FL - Florida Swimming	Meet - Warm-up	Water - Turn End	Athlete hit her heel on the gutter of the pool during warm ups. The lifeguards were notified and rendered basic first aid and her coach stated that her physician parents assumed follow up care.	I was not notified of this incident until the following day and athlete was no longer involved in the meet. I am unaware of any witnesses.
Female	PV - Potomac Valley Swimming	Meet - Competition	Starting Blocks	Athlete foot got caught on Bulkhead grating and received a laceration to her R foot	Athlete cut her foot on the bulkhead grating behind lane 6 just prior to her race.
Male	OK - Oklahoma Swimming	Practice - Other	Starting Blocks	When the athlete tried to hop onto the block, he missed his step and fell backward to the deck where his right hand caught the lane line turnbuckle.	Tore some of the skin on the middle finger of his right hand.
Male	IL - Illinois Swimming	Meet - Walking	Other Spa Area	Backed into steam nozzle in spa / locker area	Burned top layer of skin on right calf
Female		Meet - Competition	Water - Bottom	Swimmer swallowed water. She started coughing in the water and didn't finish her butterfly stroke. Lifeguard thought she was in distress and jumped in and retrieved her.	
Female		Meet - Competition	Deck		
Female		Practice - Entering / Exiting Pool	Deck	Athlete slipped on deck while getting out of the pool and fell on her tailbone. Coach asked if she was alright, she said she was fine. Athlete went to locker room and went home with parent.	
Female	MN - Minnesota Swimming	Meet - Walking	Locker Room	Right foot (big toe) got stuck under a locker room door - toe nail got caught and cut - some bruising under the nail bed.	
Female		Practice - Dry Land	Gym	Swimmer was having some chestwall/shoulder/trap pain. Did plank and significantly increased pain.	
Female	SC - South Carolina Swimming	Meet - Competition	Starting Blocks	Swimmer slipped while stretching at the blocks before her race. Both legs hit the metal edge of the cover behind the blocks. Her left shin was cut and bleeding. Her right shin was bruised.	
Male	KY - Kentucky Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer was walking down the bleachers when he slipped and fell. He hit the lower right side of his back on the bleacher.	Swimmer has a significant bruise and was unable to swim his event during the finals session during which the accident occurred. He also had to scratch his events on at prelims the next morning.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	leg slipped between bulkhead and deck	
Female	IN - Indiana Swimming	Practice - Other	Deck	Slipped, hit head and scraped finger. Concussion protocol was taken and no concussion symptoms were observed.	Scraped finger was treated with bandage
Male	UT - Utah Swimming	Meet - Competition	Water - Start End	Finished fly by hitting his goggles/face against the pad.	Pain in eye, right zygomatic arch
Male	ST - South Texas Swimming	Practice - Other	Deck	Swimmer was swimming and got a cramp. He got out of the pool to walk it off. When he was walking he stepped on a drain cover and he cut the bottom of his foot.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	During crossover turn, flipped and the was was right there. Did not finish race.	bumped head
Male	OR - Oregon Swimming	Meet - Competition	Water - Turn End	He was finishing backstroke and struck his hand on the wall. Bruised his right hand. Swimmer states flags are off on the finish side of the pool.	Bruised right hand
Female	IA - Iowa Swimming	Practice - Other	Other in lane	Head on collision between two swimmers in a lane.	Small cut under right eye, minor swelling under right eye.
Female	OH - Ohio Swimming	Meet - Warm-up	Water - Side	cut foot on tile in pool	
Female	OH - Ohio Swimming	Meet - Warm-up	Water - Bottom		
Female	IA - Iowa Swimming	Practice - Other	Other in-lane collision	swimmer collided head on with another swimmer	There were no apparent injuries after the incident. I suspect there may be some swelling the following day.
Male	IL - Illinois Swimming	Meet - Competition	Water - Turn End	Swimmer WAS DOING A FLIP TURN AND TURN INTO THE WALL AND HIT HIS HEAD ON THE GUTTER	Swimmer HAD A GIANT BUMP ON HIS FOREHEAD ABOVE HIS NOSE WITH A CUT. HE COMPLAINED OF DIZZINESS AND NOT FEELING WELL. WE CONSULTED WITH HIS MOM AND RECOMMENDED HE NOT SWIM THE REST OF THE MEET. HOWEVER, SHE SAID HE WAS FINE AND SHE INSISTED THAT HE CONTINUE TO SWIM AND GAVE US HER CONSENT.
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Swimmer was kicked by another swimmer in the mouth. It looked like his tooth went through his lip and he was bleeding from his mouth	Looked like the tooth went through his lip
Female	MI - Michigan Swimming	Meet - Warm-up	Water - Turn End	We were in lane 8 when athlete pushed off the wall into her streamline and collided into the feet of the preceding swimmer with her left pinkie finger. She got out of the pool and showed me her finger that had a small cut and was beginning to discolor. We proceeded to the First aid station to get a band aid and some ice to help with the swelling that was visible. athlete opted to try to swim her events to see how uncomfortable she would be. After 20 minutes of icing she felt she could make the most of the meet and swam her events. We returned to the first aid station to buddy tape her fingers together for stability and reduce her discomfort.	We were in lane 8 when athlete pushed off the wall into her streamline and collided into the feet of the preceding swimmer with her left pinkie finger. She got out of the pool and showed me her finger that had a small cut and was beginning to discolor. We proceeded to the First aid station to get a band aid and some ice to help with the swelling that was visible. athlete opted to try to swim her events to see how uncomfortable she would be. After 20 minutes of icing she felt she could make the most of the meet and swam her events. We returned to the first aid station to buddy tape her fingers together for stability and reduce her discomfort.
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	Swimmer hit her head at the finish of the 200 Backstroke. Felt Dizzy. She refused any ice/ treatment. She went home with her parents (mother is a nurse).	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	While performing turns, swimmer's foot slipped on the wall and his toe was cut by a lane rope.	Deep cut to third toe on left foot.
Female	UT - Utah Swimming	Meet - Warm-up	Bleachers - Spectator's	Spectator was looking out at the pool and didn't see the step down. She stepped off the step and fell on the right side of her back on the edge of the step. Her breath was knocked out of her and she couldn't get up until she caught it.	Injury was reported to personnel at Orem Fitness Center, who cared for the spectator, then completed their injury report and gave a copy to meet marshal.
Female	SC - South Carolina Swimming	Meet - Competition	Water - Turn End	Athlete was swimming the 100 backstroke. She hit her head on the wall at the turn. She was treated and assessed by a lifeguard at the facility. No immediate indications of a concussion. Was treated with ice.	
Male		Meet - Competition	Water - Side	Altercation between two swimmers resulting in a punch thrown and landed on one individual.	
Male	NI - Niagara Swimming	Meet - Competition	Water - Start End	Swimmer fell off block and into water	
Female	NE - New England Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete cut her back upper right thigh when sliding off the bench.	
Female	SD - South Dakota Swimming	Meet - Walking	Deck	Athlete's left great toe stubbed on pool deck.	Left great toe abrasion; ripped off the end of his toenail.
Male	SD - South Dakota Swimming	Meet - Walking	Other By the fence	Athlete's left great toe stubbed a fence post.	Left great toe abrasion; ripped off the end of his toenail.
Female	MI - Michigan Swimming	Meet - Competition	Water - Side	Asthma attack while swimming 100 fly	
Female	GU - Gulf Swimming	Meet - Competition	Deck	swimmer scratch her ankle getting out of the pool.	
Male	MI - Michigan Swimming	Meet - Warm-up	Water - Turn End	Jammed hand against wall.	
Female	IN - Indiana Swimming	Other Spectator	Bleachers - Spectator's	Spectator was struck by a foul baseball, from the neighboring baseball field, while seated in the spectator area.	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Athlete's right foot was sore after swimming a race.	
Female	SD - South Dakota Swimming	Meet - Walking	Other Camping area	Athlete was running in grass with out shoes and got a cut on the bottom of her left foot.	
Male	MW - Midwestern Swimming	Meet - Walking	Deck	Athlete had something poke his right heal and make a puncture.	
Female	MW - Midwestern Swimming	Meet - Walking	Deck	Athlete stubbed L great toe when walking on deck	
Female	OH - Ohio Swimming	Meet - Walking	Stairs	Fell walking up steps outside the facility	Left foot twisted when fell and hit against steps when she caught herself. Thought it was ok, but swelling / pain got worse
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	Athlete struck top of right foot on starting block at start of event	
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Was swimming backstroke and ran into the lane line. Hurt her right hand. Was given ice.	
Male	GU - Gulf Swimming	Meet - Competition	Water - Turn End	hit shoulder on bulkhead when jumping in for a relay start.	
Male	GA - Georgia Swimming	Meet - Warm Down	Starting Blocks	Slid into the starting block while approaching to practice a start in the warm up pool. Hit the step of the block with shin. Left Lower shin is bruised and swelling.	In between mid shin and ankle. Left leg. Slight discoloration to skin. Localized swelling
Male	KY - Kentucky Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Dove into pool from lane 4 at shallow. Pool Depth is 4'8. climbed out of pool and notified lifeguard that his neck was hurting. Lifeguard proceeded with dryland spinal and assisted by 2 other lifeguards on duty.	
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Swam into wall. Coach was explaining dolphin dives to the team when the swimmer decided to start doing them towards the wall. Swimmers goggles were not on and coach turned right as I heard a loud thunk. Swimmer hit her mouth on the pool deck while doing butterfly arms.	Chipped tooth. Could not find the broken off portion of the tooth.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Swimmer said he bumped his head against the wall while swimming on his back. The backstroke flags were in place correctly and the set the group was doing was the first set of the day which was a "200 easy". From what his father relayed to me on why he hit his head, he replied something to the context of "I was staring at my toes and forgot"	Swimmer as directed to exit the pool and call his parents, which he did. I asked him if he wanted a coach (over 18) to take him home to the care of his family, or to be taken to the hospital - he asked to be driven home. He was driven home at which time I called him twice to check on him and he said his brother was coming home. I then phoned his father and gave him the details. The parents have since communicated to me that he seems to be fine.
Male	SD - South Dakota Swimming	Meet - Competition	Water - Turn End	Athlete cut toe on pool wall.	
Male		Other Several days after competition	Other See below	Athlete reports res skin bumps involving ankles several days after competing at the 2016 Hungary Open Water World Cup event. They resolved in a few days without treatment.	Athlete reports res skin bumps involving ankles several days after competing at the 2016 Hungary Open Water World Cup event. They resolved in a few days.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female		Other Several days after competition	Other See below	Athlete reports several red skin bumps involving the elbow several days after competing at the 2016 Hungary Open Water World Cup event. They are not painful and resolved after a few days with use of hydrocortisone cream.	Athlete reports several red skin bumps involving the elbow several days after competing at the 2016 Hungary Open Water World Cup event. They are not painful and resolved after a few days with use of hydrocortisone cream.
Female		Other Several days after competition	Other See below	Athlete reports red skin bumps involving the left leg several days after competing at the 2016 Hungary Open Water World Cup event. They are not painful and are resolving.	Athlete reports red skin bumps involving the left leg several days after competing at the 2016 Hungary Open Water World Cup event. They are not painful and are resolving.
Female		Meet - Warm Down	Stairs	Slipped on stairs; hyperextended the right knee	
Female	CO - Colorado Swimming	Other Meet Administration	Stairs	Staff member ran into an athlete as she was handing him his credential following a race. She is a staff member who facilitates the doping control process at the event.	
Female	GA - Georgia Swimming	Meet - Competition	Other During Race	Sprained her finger during a race	See above
Female				Accident occurred during regular practice time at Penfield High School pool, in lane 1. Injured athlete had a head-on collision with another swimmer who had made a turn and chosen the wrong side to continue her swim. The other swimmer had no physical complaints, expressed her concerns for injured athlete, but was able to continue with her practice. Injured swimmer continued to the wall, appeared to panic a little bit when Coach inquired if she was alright, and got out of the pool.	At the point of the injured athlete's exiting the pool, Coach observed a little bit of hyperventilating but the injured athlete seemed lucid. She explained to Coach that she had heart rhythm issues and that there was a danger of her blacking out. When asked what she usually did in those situations, the injured athlete replied she must stay seated/not lie down. She explained she had a heart monitor that can help with this, but her monitor was at home. During these explanations, the injured athlete seemed to calm down. The head coach came over and checked on her as well. When the head coach walked away from the injured party, the injured athlete's eyelids fluttered. She asked, quite clearly, for her mother to be called and was able to provide the phone number. The injured athlete then began hyperventilating. The head coach returned to the injured athlete and provided a paper bag for her to breathe into, which the injured athlete did not do, or did not manage to do well. The injured athlete went in and out of calmer and more agitated states. She stated that her head hurt but that her problems were "definitely the heart." When the coaches considered calling 911, she clearly stated "please don't call." The coaches deferred the decision to call 911 only because the mother was clearly on her way and had been close by to begin with. The injured athlete's pulse was fluttering at the neck very fast. At one point, the head coach asked the injured athlete to tell her home address, to which the injured athlete replied with what probably was the correct address, but her speech was very slurred. This was in contrast to other moments when her speech seemed clear. The injured athlete's eyes alternated from normal to being half open, with an overall look of being close to fainting. Head coach observed the injured athlete's hands at one point, temporarily, forming claws, as if cramping. The injured athlete's older sister, who was at practice as well, got out of the water and helped care for the injured athlete. Her mother came. Her mother and her sister walked the injured athlete away from the pool. The injured athlete looked unsteady on her feet, holding her family's hands, but walked on her own. The family notified a doctor afterwards (who was a swim mother on the team and had walked in after the injured party had left).
Female	NI - Niagara Swimming	Practice - Other	Water - Lane Lines	swimmer complained of left knee pain getting out of both ends of the pool before diving back in. Swimmer felt like the knee "popped".	Swimmer felt knee "pop" while getting out of the pool.
Female	AM - Allegheny Mtn Swimming	Practice - Entering / Exiting Pool	Other Getting out of the water onto deck	Swimmer was opening the door without shoes, while walking through a loose piece of metal caught his left toe and sliced side of foot.	
Male	CA - So. California Swimming	Meet - Walking	Other Entering pool deck from outside.	Completing a freestyle turn and bumped into another swimmer as she was pushing off the wall. The other swimmer was swimming down the middle of the lane towards the wall.	Bumped the top of head into the other swimmer as she was pushing off the wall from a turn.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimming freestyle and ran into a swimmer finishing a turn on the wall. He was swimming down the middle of the lane and bumped heads with another swimmer.	Bumped the side of his head into another swimmer who was completing her flip turn at the wall.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer's equipment bag was stuck under a concrete bench leg, swimmer picked it up and the leg tipped over and fell on top of swimmer's foot.	Foot tendons might have gotten bruised
Female	GA - Georgia Swimming	Practice - Other	Deck	Swimmer was swimming freestyle when he jammed/stabbed the fingers of his left hand into the wall because he did not see the wall, thus crumpling his left hand's fingers and over flexing his left wrist.	The swimmer had pain when attempting to rotate wrist and had pain when attempting to make a fist. There was no visible swelling nor bruising.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	While walking on the warm-up pool deck, his feet slipped out from under him while changing direction.	See above
Male	OH - Ohio Swimming	Meet - Walking	Deck	While taking off shirt, scratched her middle finger knuckle on a light fixture	laceration on 3rd PIP - left hand
Male	PC - Pacific Swimming	Other Meet - Restroom	Other Restroom	Stepped on a piece of glass in the stands; was instructed to keep the wound clean and dry. wash with soap and water and let it air out as much as possible. Don't wear tennis shoes for an extended time. Return to medical if problems exist.	See above
Female	MN - Minnesota Swimming	Meet - Walking	Bleachers - Spectator's	Patient was coming down the competition pool deck stairs and caught the edge of one of the stairs; he fell on his back, suffering a 6-8 abrasion on right forearm.	6-8 abrasion on right forearm
Male	IN - Indiana Swimming	Other Meet - Exiting Pool	Stairs	Was walking on the deck and changed direction; his feet slipped out from under him.	
Male	OH - Ohio Swimming	Meet - Warm-up	Deck	Was hopping the railing on the competition pool and didn't clear it all the way	3/4 minor laceration
Male	OR - Oregon Swimming	Meet - Competition	Water - Start End	Swimmer was Swimming backstroke at hit her forehead (looking back toward the wall)	bump on her forehead
Female	SD - South Dakota Swimming	Practice - Other	Other Doorway	Door shut on foot and sliced toe	Skin sliced on underside of pinky toe.
Male	IN - Indiana Swimming	Practice - Dry Land	Deck	Swimmer fell on pool deck on the way to dryland	Sore left leg and chipped tooth. Was walking and alert.
Female	VA - Virginia Swimming	Other Training trip	Other Bathroom	Slipped and landed on shoulder	
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Bumped his chin on the gutter while lowering self back into the water.	Small quarter inch cut on chin.
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Start End	City pool did not put backstroke flags back up after rec meet and the athlete hit his head during warm up.	
Female	IL - Illinois Swimming	Meet - Competition	Water - Lane Lines	Hit lane line with stroke during warm up	
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	At start of event (backstroke) touch pad fell on top of athlete's foot causing pain and startling the athlete. The foot was scratched, bruised, and painful to the touch after completion of the race. The parent has cell phone pictures.	This was the first of two incidents with this touch pad. After the second incident about 15 minutes after this incident the touch pad in lane 4 was removed for the remaining 50-meter events, since it was not needed for the 50-meter events, and reinstalled at the conclusion of the 50-meter events, which were grouped together. The touch pad is needed for events longer than 50 meters since it includes the "cross" mark needed as a visible indication of the end of the competition course at the turn end of the pool on the movable bulkhead used to change the length of the pool for various forms of water competition (that is, swimming, water polo, diving, etc.). The touch pad was stable during all events of length 100 meters or longer.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Touch pad disconnected from velcro stays and slid down athlete's leg at the start of the race. Injury visible on thigh but no cut or blood visible. Cell phone picture available and taken by parent (see contact phone number above).	
Female	IL - Illinois Swimming	Practice - Other	Bleachers - Spectator's	Swimmer stepped on the top ledge of the bleacher to step off and slipped, she fell onto her side and scraped her leg on the bleacher and then another scrap larger that bled onto a plastic box that was there	Swimmer stepped on the top ledge of the bleacher to step off and slipped, she fell onto her side and scraped her leg on the bleacher and then another scrap larger that bled onto a plastic box that was there

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	LE - Lake Erie Swimming	Meet - Competition	Water - Start End	Upon completion of Open 100 Free, swimmer noticed a bruise approximately two inches in diameter on her forehead. States she did not hit her head. Also stated that the bruise was there this morning, but was much smaller (the size of a dime).	Swimmer felt lightheaded and C/o a HA after completion of the Open 100 Free. Father informed and chose not to take swimmer to the ER.
Female	IN - Indiana Swimming	Practice - Other	Deck	Got out of water and didn't see foam kickboard on deck. Stepped on board and slipped. Hit right elbow and middle back.	
Male	IL - Illinois Swimming	Practice - Other	Deck	Slipped on deck trying to find out if my swimsuit was in	
Female	MN - Minnesota Swimming	Practice - Other	Water - Lane Lines	Swimmer hit her wrist in the water while she was swimming.	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Hyper extended right arm on finish (freestyle)	hyper extended right arm
Male	WI - Wisconsin Swimming	Practice - Other	Other Water - in pool while swimming	Swimmer was kicked in the left goggle and crease of eye was injured	A crease of redness on the left eye lid and some general redness around the eye
Female	WI - Wisconsin Swimming	Meet - Competition	Deck	Jumped 5 steps down to pool deck. Slipped and fell on tail bone.	fell on tail bone. Did not complete the rest of the Saturday meet.
Female	SN - Sierra Nevada Swimming	Meet - Walking	Stairs	Mechanical fall while taking last step out of admin room. History of surgery on L shoulder 4 weeks prior for torn rotator cuff and impingement repair and slap tear. Pt rolled onto shoulder/back in an attempt to avoid injury.	Patient had no new pain no swelling. Good range of motion distally with a positive L radial pulse. ROM at shoulder unchanged from prior to fall.
Female	SN - Sierra Nevada Swimming	Other officiating	Deck	Walking stroke as official and a coach was waving his arms and struck swimmer in the mouth with his hand. Coach from other team was very apologetic.	Lower lip and chin swollen Chin sore. Teeth intact. Swimmer declined transport to medical facility.
Male	Meet - Warm-up	Starting Blocks	Starting Blocks	He was swinging his arms to dive in and hit his hand on the starting block.	Hit his hand on the block and scraped it.
Female	SD - South Dakota Swimming	Meet - Warm-up	Starting Blocks	Turned off blocks fell in water back hit side of pool gutter	Doesn't hurt. Did not need care.
Female	IA - Iowa Swimming	Other sitting	Deck	scraped leg on broken chair	
Female	IA - Iowa Swimming	Practice - Other	Stairs	Apparently slipped on steps / not witnessed, another swimmer heard crying / sitting on bottom step / scraped elbow / needed bandage / hyperventilating / large "rasberry" on side of leg / no other pain	Coach bandaged cut on elbow. A parent checked on her in the locker room and said she was "doing OK".
Female	SR - Snake River Swimming	Meet - Competition	Water - Turn End	backstroke flags were not in correct position due to windy conditions. Swimmer smashed face on wall during backstroke turn - nose swelled & is bruised.	Bruise of Nose
Female	IL - Illinois Swimming	Meet - Walking	Deck	swimmer knelt down to splash water on self prior to event and the gutter cover slipped causing her knee to fall into gutter	She has about a 1 inch long cut below her knee and some scrapes below her knee/on her shin
Female	Meet - Watching / Observing	Bleachers - Athlete's		Patient was seated and noted slowing of her heart rate till she felt dizzy. She noted when she coughed the heart rate would improve.	Patient with history of cardiac condition unable to give further details as not from this country. Parents live in Israel.
Female	GA - Georgia Swimming	Meet - Warm-up	Starting Blocks	When on or getting on the blocks during warm ups, the bottom of her foot hit the back wedge and cut the bottom of her foot just below the small toe	Small cut on the bottom/ball of her foot just below her small toe
Female	IL - Illinois Swimming	Meet - Walking	Deck	She tripped on some part of the pool deck and cut the bottom of her foot, just below her first and second toe.	Cut on the ball of her foot, just below the first and second big toe.
Female	IL - Illinois Swimming	Meet - Entering / Pool	Starting Blocks	swimmer knelt down to splash water on self prior to event and the gutter cover slipped causing her knee to fall into gutter	She has about a 1 inch long cut below her knee and some scrapes below her knee/on her shin
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Deck	Slipped while walking back to pool. Tried to catch himself on the pool ladder rails. Fell onto left hip.	He previously hurt his right hip while participating in another sport.
Female	SD - South Dakota Swimming	Practice - Other	Other Midpool		
Female	CA - So. California Swimming	Practice - Other	Other open water practice at beach	while group was swimming in a pack athlete accidentally kicked the leg of another swimmer injuring the right toe and side of her foot	Right toe is swollen and bruised. Painful to walk on
Female	MI - Michigan Swimming	Practice - Other	Deck	Standing on a secured storage equipment locker while writing workout on dry erase board. Corner of storage unit fell into unit causing coach to lose her balance and fall onto deck landing on her right hip.	
Female	ST - South Texas Swimming	Swimjitsu - Dry Land	Other Tennis Court		Pain when in movement of fingers
Female	Meet - Competition	Other Temporary bathroom structure	Other Temporary bathroom structure	Small puncture wound to bottom of right foot on the top step of the temporary bathroom structure.	Sharp object was sticking up through carpet of step of bathroom. Sharp object was reoved by facility staff after the report of the puncture.
Female	Meet - Competition	Other temporary bathroom structure	Other temporary bathroom structure	Small puncture wound to bottom of right foot on the top step of the temporary bathroom structure	Sharp object was sticking up through carpet on step of bathroom. Sharp object was removed by facility staff after the report of the puncture.
Female	MN - Minnesota Swimming	Meet - Walking	Outside Venue	walking towards pool, fell to ground. Lost consciousness for approx. 10-minutes. No seizure. Did not hit head. Hit left shoulder & right knee (abrasion to both).	Lost consciousness. Refused hospital transport. Sister was taking her home
Female	MN - Minnesota Swimming	Other Meet - exiting pool	Water - Start End	Scrape left shoulder while exiting pool after event.	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	ANOTHER SWIMMER WAS SWIMMING TOWARDS THE WALL WHEN ANOTHER SWIMMER DID A FLIP TURN, PUSHED OFF THE WALL AND RAN INTO Swimmer.	No injuries
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End	Athlete scraped face on dive off blocks	
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End	Athlete scratched forehead on bottom of pool after diving in.	
Female	AZ - Arizona Swimming	Other Spectator at swim meet	Locker Room	Felt light headed - was going to restroom, got dizzy and fell.	Hit left lower eye, chin and mouth on right side.
Female	CA - So. California Swimming	Meet - Warm Down	Water - Side	WHILE WARMING DOWN, MADE TURN AT END OF POOL AND WHEN SURFACING, ANOTHER SWIMMER'S KNEE HIT HER IN THE EYEBROW	
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Jammed hand into wall at finish of race	
Female	VA - Virginia Swimming	Meet - Watching / Observing	Water - Start End	Coach stepped off the side of the lake on a concrete bulwark, and scraped her anterior right lower leg. The abrasion was 8 x 4 cms, and has small amount of bleeding. To sensorimotor deficit in right foot. The right anterior lower leg was cleaned by the Rescue Squad personnel with normal saline, covered with dry 4x4 open up to 8x4 size, and then wrapped with 4x4 kerlix.	As above
Female	VA - Virginia Swimming	Meet - Walking	Team Area	Swimmer became very weak and sat down quickly on the grass next to lake. She was disoriented. She was hard to arouse for 30 secs, but did not lose consciousness She laid down on the grass. Her pulse was regular at 60 - 65 beats/min, init blood pres per on site rescue squad was 112/84, and O2 sats of 95% on room air. Lungs clear to auscultation, bilat breath sounds. She had only eaten a small breakfast, and not had much to drink. Air temp approx. 87 degrees. She was assisted to ambulance and drank 750 mls of water and 500 mls of Gatorade, which improved her level of alertness. She had no medical history of seizures, congenital heart defects, asthma, or other conditions. Her parents were with her. She left the venue after 2 ours of observation at approx. 1230 pm.	as above

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	FL - Florida Swimming	Meet - Competition	Water - Start End	While getting out of the pool cut right foot on metal corner of touch pad	Cut foot on the touch pad
Female	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Hit both heels on the turn wall during 100 backstroke of Pitchfork Pentathlon II at Arizona State University	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Swimmer Kicked in the right eye by another swimmers	Possible swelling under the eye.
Female	IL - Illinois Swimming	Practice - Dry Land	Gym		
Female	ND - North Dakota Swimming	Practice - Other	Deck	Coach was winding the lean rope reel and did not know that the swimmer was behind her and hit her above the right eye with a lane rope.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	We have underground storage for our lane lines. When swimmer was attempting to put one away, she lost track of her position on the deck and stepped into the hole and fell. She has some bruising and one small cut.	There is some bruising and a small cut on her leg. Didn't appear to have any concussion symptoms and parents report no worsening of her condition.
Male	OR - Oregon Swimming	Practice - Other	Water - Lane Lines	The swimmers elbow struck the laneline during warm-ups causing a cut to bleed and needed minor bandaging.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Asthma attack during swim practice. Inhaler was used by swimmer, lifeguards decided to call 911.	
Male		Meet - Watching / Observing	Deck	No injuries, but slight damage to pop-up canopy from falling glass. An overhead light shattered and glass shards fell.	
Male		Meet - Warm-up	Water - Side	During warm-up a swimmer in front of this swimmer accidentally kicked him in the face, causing a nosebleed.	
Male	MV - Missouri Valley Swimming	Meet - Watching / Observing	Deck	Athlete was walking on the deck when a gust of wind caused a portable scoreboard to fall on its side. The scoreboard struck the athlete on the arm, by the wrist.	
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	She twisted her ankle when she pushed off the wall during warmup	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Coach was teaching kneeling dives off the bulkhead. Swimmer went to dive as coach guided them in from behind and proceeded to flip. As flip happened swimmers foot kicked coach in the left jaw, very hard.	Left jaw pain, headache
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was performing a flip turn and when he pushed off the bulkhead he sliced his foot on one of the plastic slats.	
Female	MD - Maryland Swimming	Meet - Watching / Observing	Deck	Swimming was getting out of chair and hit supraorbital region of her left eye on friends chair that was next to her.	Redness supraorbital region left eye with slight swelling. Swimmer denies change in vision or limitation of movement of eye.
Male	IN - Indiana Swimming	Meet - Competition	Starting Blocks	At the end of the race, athlete was climbing out of water, slipped and fell back in pool. Athlete hit his left hip on side of pool.	Athlete had visible bruise on left hip. Tenderness to touch. Good range of motion and strength. Able to walk with normal gait.
Male	MD - Maryland Swimming	Meet - Warm Down	Water - Bottom	Swimmer believes he cut the bottom of his foot on a grate at the bottom of a 13 foot diving well being used for warm up and cool downs. Indicated he jumped in and went all the way to the bottom where his foot landed on the grate.	Cut was cleaned and antibiotic ointment applied with waterproof bandage. Swimmer continued with the rest of is events at the meet.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	SLIPPED EXITING WATER AFTER RACE	
Female	CT - Connecticut Swimming	Other Walking during zone camp	Stairs	Twisted ankle while walking up stairs at UMBC during the eastern zone select camp. Had her ice and use crutches for two days until she chose to not use anymore.	
Male	KY - Kentucky Swimming	Meet - Competition	Water - Turn End	Athlete had his hand struck by starting block wedge. It was flipped over by another athlete and landed on his finger.	Pain at distal end of 1st finger on left hand.
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Athlete experienced right shoulder pain during race. States it has been bothering her for 2-3 weeks.	Right shoulder pain- intermittent but did not improve after 20 minutes of icing. Did not finish the meet.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Struck shoulder on bottom of pool	
Female	CO - Colorado Swimming	Practice - Other	Water - Lane Lines	ran in to another swimmer swimming butterfly;	cut on upper, lower, and side of eye
Female	NE - New England Swimming	Meet - Walking	Team Area	Slipped and fell in gym, landed on Elbow	
Male		Meet - Walking	Deck		
Male		Meet - Competition	Water - Lane Lines		Another swimmer ran into his shoulder
Female		Practice - Entering / Exiting Pool	Deck		
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Athlete kicked in face/nose during practice	Minimal swelling, no bleeding present, no head or neck pain, no vision loss
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Other bulkhead	Another swimmer pushed her into the water and she fell in, straddling the lanerope.	inside of both legs
Male	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Jammed Hand into the end of the pool during a race.	
Male	PC - Pacific Swimming	Practice - Other	Other Water - in-lane	Struck in mouth by other swimmers foot during kicking drills when they didn't maintain spacing.	Swimmer checked by coach. No broken/loose teeth, no blood, pain subsided quickly. Swimmer returned to pool after a few minutes. Parents notified afterward.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End		another swimmer doing butterfly struck quill on her thumb as they were passing each other
Male	FL - Florida Swimming	Meet - Warm-up	Water - Side	Swimmer jumped into the pool on a girl. He hit his left shoulder on her head.	
Male	LE - Lake Erie Swimming	Meet - Walking	Deck	Swimmer tripped over life guard chair and pinched fingers between the pool deck and his phone.	bruised fingers
Female	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Hit his hand on the lane line	
Female	MN - Minnesota Swimming	Practice - Other	Locker Room	Bathroom door opened into swimmer's big toe on right foot.	
Female		Practice - Other	Water - Turn End		
Female		Practice - Dry Land	Outside Venue	Tripped fell and hit forehead on turf.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	cut knuckle on pool gutter	
Male	CT - Connecticut Swimming	Meet - Warm-up	Deck	Slipped on a wet portion of the deck and landed on the edge of the pool. Had a red patch on his back.	
Female		Practice - Other	Locker Room		
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Cut helping remove a white board that had blown into the pool	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	OH - Ohio Swimming	Meet - Walking	Water - Start End	Slipped on deck behind the blocks.	Cut arm when slipped on the pool deck
Female	IA - Iowa Swimming	Other Leaving pool area after meet session had finished	Bleachers - Athlete's	Stepping off of bleachers, foot slipped on wet deck causing other foot to slip from bleachers and athlete to fall. She banged into the bleachers when she fell.	Right leg and arm were bruised, back was struck and suffered pain. Pain in back continues at the time of this report.
Male	PV - Potomac Valley Swimming	Practice - Other	Hallway		
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	while completing a turn at the wall from freestyle, she bumped her head into another swimmer's head. front right part of head	Top right side of head bumped by another swimmer in the head. tiny bruise area
Female	IL - Illinois Swimming	Other Locker Room	Locker Room	Running from the shower area in the locker room after practice and slipped on the locker room floor. Scraped her right glute, right knee and shin, and right elbow on the floor	Scraped right glute, right elbow, right knee and shin. a little blood in cuts on elbow and knee/shin
Female	IL - Illinois Swimming	Meet - Competition	Deck		
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Backstroke finish. flags missing at finish end of pool using temporarily	
Female	WI - Wisconsin Swimming	Other No indecent occurred	Other No indecent occurred	Athlete reported back pain during practice.	Athlete reported back soreness
Female	WI - Wisconsin Swimming	Practice - Other	Water - Bottom	The swimmer scraped the bottom of the pool with her mouth and shoulder while swimming the workout during practice.	The swimmer scraped below her lower lip on the bottom of the pool. She also scraped her left shoulder. The "paper cut" type cut below her lower lip was approximately 2 mm long. The abrasion on her shoulder did not bleed and was slightly red. The shoulder abrasion was approximately 1 inch by 2 inches.
Female	WI - Wisconsin Swimming	Meet - Walking	Bleachers - Athlete's	Swimmer complained of chest pains after completing a race	
Female	CA - So. California Swimming	Meet - Warm Down	Other Warmup/warmdown lane	Warming down coming into wall when another swimmer practicing backstroke starts kicked off an ran into her head	Right side bump and she mentioned she had a slight "headache" but was fine. She did not report the incident the official saw. We tracked her down to get details for the report. She had not told her parents, but we told her to make sure her parents knew about the report. The coach also was told about the report.
Male	CA - So. California Swimming	Meet - Warm Down	Other Warmup/warmdown lane	doing backstroke start in warmup/warmdown lane and ran into swimmer warming down	Swimmer "feels fine". Did not report incident an official saw the incident happen and we tracked down swimmer to get details for the report
Female	PV - Potomac Valley Swimming	Meet - Walking	Deck	puncture on bottom of foot minimal bleeding	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Bottom	IN THE WARM UP LANE, STEPPED ON PSPER CLIP, CUT LEFT HEEL, SMALL PUNCTURE WOUND.	
Male	NC - North Carolina Swimming	Practice - Other	Water - Side	One swimmer was passing another swimmer in the lane and was kicked in the head by the swimmer who was swimming breaststroke.	The athlete was kicked in the head while passing another swimmer. For precautionary measures the coach had him stop swimming - in case he had a minor concussion.
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Patient was swimmer at start line that fell from standing position.	Fell from standing position
Female	MI - Michigan Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer while sitting on the bleachers East side of pool reached into bag and noticed her finger was bleeding. Unable to tell if it was cut prior to the reach into bag or before as blood was in both locations.	
Female		Other meet clean up	Outside Venue	during clean-up, concession stand door (electronic closure) came down on volunteer's right hand.	laceration (R) thumb, bruising to index finger and thumb
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmer upon completing the 400m Free collapsed on deck after exiting the pool bet	
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	tent flew and hit forearm. Trying to catch it from flying away when it struck her.	laceration and bruise on the forearm
Male	KY - Kentucky Swimming	Meet - Competition	Other Water- Middle of Pool lane 3	Shared lanes with other swimmer, neither stayed on side designated.	
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Running backwards, fell down	Left wrist - some pain
Female	IL - Illinois Swimming	Other doors to school	Outside Venue	She was walking into practice from outside and got her toe stuck underneath the door. She cut her toe. There was a lot of blood but coach was able to stop the bleeding. Cleaned it up and bandaged it.	toe got caught underneath door of the main entrance into the school.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer exiting pool and impacted eyes to backstroke handle	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the wrist by other swimmer coming off the wall on the turn side of the pool.	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Did not seek medical services
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Locker Room	Young man slipped in locker rooms. Slipped twice one time leaving locker room and one entering locker room.	Fell on left elbow twice. While lifeguard aided the victim arm swell a bit and rash developed.
Female	WI - Wisconsin Swimming	Other No indecent occurred	Other No indecent occurred	Athlete reported back soreness	Athlete reported back soreness
Female	PC - Pacific Swimming	Practice - Other	Other during breaststroke pull down	We were warming up doing some light breast kick/drill. About 30 minutes into warm up the swimmer did a pull down and felt a click in her shoulder. She experienced pain when sweeping out. She did scull and kick the remainder of practice.	N/A
Male	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer cut his right thumb while using his personal iPad. Small piece of glass was imbedded in his thumb	small piece of glass removed. Antibiotic applied
Male	FL - Florida Swimming	Practice - Other	Other	The swimmers nose just started bleeding profusely.	
Male	WI - Wisconsin Swimming	Practice - Other	Outside Venue	Running and slipped on the concrete. When he fell he hit his knee.	
Male	PC - Pacific Swimming	Meet - Walking	Deck	tripped on deck, fell and hit head	
Male	NI - Niagara Swimming	Practice - Other	Deck	Per swimmer: I was sitting on deck next to the starting block to put my goggles on. My right hand slipped holding goggles causing right google lens piece to hit my right eye (eyeball, eyelid, and eye orbit).	There were no visible signs of trauma to right eye (i.e. laceration) other than some swelling to the right eyelid and right orbit. The right eyeball was intact with some tears from the tear ducts. Swimmer states some pain to the affected area when the goggles hit the eye. He also said he had no loss of vision or blurred vision when the incident occurred. He did not finish practice and one of his parents were notified.
Female	UT - Utah Swimming	Meet - Watching / Observing	Deck	While observing meet, coach became overheated and light-headed, then vomited.	
Female	UT - Utah Swimming	Meet - Competition	Locker Room	Athlete had been feeling sick prior to the swim meet. After one of her events, she vomited in the locker room.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Other Facility Entrance/Exit	Swimmer was opening the door and the mechanism fell off of the wall it was mounted on and hit him in the posterior of his head.	Swimmer had a bump on his head and was given ice. His dad is a doctor, so he examined his son and said that there was no serious injury and placed ice on his head, which was provided by the facility.
Female	FL - Florida Swimming	Meet - Warm-up	Other Water- Warm Down Pool	The swimmer was warming down when another swimmer decided to do a backstroke start and dove into her face.	
Female	AR - Arkansas Swimming	Other Talking to coach	Deck		
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer#1 was taking a turn at the start end and while pushing off underwater was hit in the head by swimmer #2's foot on the top of the head while swimmer #2 was coming into the wall.	Pulled out of practice, ice pack given, First Aid evaluation and notified parent.
Female	FG - Florida Gold Coast Swimming	Meet - Warm-up	Water - Lane Lines	she was accidentally kicked in the head by another swimmer while warming up for teh meet	she was complaining of not being aware when she first
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was performing diving starts and slipped off the block. They jumped off and landed before slipping on the ground.	
Female	HI - Hawaiian Swimming	Practice - Entering / Exiting Pool	Water - Side	Teaching sequence of starts. Kneeling start from deck. Swimmer slipped and hit left thigh and knee entering water.	
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was leaving the wall and another athlete was initiating her turn and they collided. Swimmer received a long, deep scratch on his back from her long thumbnail.	
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Athlete was swimming and flipped like normal during a set. Her heel hit a pool jet. Heel was scraped/ began bleeding upon exiting the pool.	
Female	LA - Louisiana Swimming	Practice - Entering / Exiting Pool	Water - Start End		
Female	KY - Kentucky Swimming	Practice - Dry Land	Team Area	This injury occurred during group drylands activities.	The athlete was performing drylands activities (Squats, bear crawl, push ups, crab walk, lunge jumps) and strained her knee. It is unknown to the coaches as to which movement pattern caused the injury; we assessed her after noticing a limp.
Male	MS - Mississippi Swimming	Practice - Other	Water - Start End	Swimmer hit the wall of the pool with his heels while performing a flip turn.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in right hand during swim set states felt like fingers got bent back. Ice administered	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Injured swimmer was passing another athlete as she approached the turn end of Lane 10 of the Nassau County Aquatic Center's 50m Course. As she passed a swimmer, a third athlete pushing off the wall that had completed a flip turn pushed off in the opposite direction. The initial swimmer and the third athlete collided. The swimmer immediately left the water to approach the coach indicating an eye injury. Initially she was upset that she could not open her eye. After calming her down and assessing her injury the coach was able to get her to open her eye, determine she could see out of it and determined if there were signs of a concussion. There were not. An ice pack was immediately applied by a lifeguard on duty to reduce swelling. After the swelling came down a little bit it was observed that there was a small cut across the swimmer's right upper eye lid. It was not bleeding and not fully through the eye lid but was a scratch. For the remainder of the practice the swimmer changed into her normal clothes can back on deck and kept an ice pack on her eye. At the completion of practice, the coach walked the swimmer to her father and informed him of the accident. The swimmer was released to her father.	Swimmer's upper eye was swollen a bit. There was no injury to the actual eye. Her upper right eye lid had a small less than 1 cm cut that did not penetrate through her entire eyelid. She was able to see out of her eye and did not have difficulty opening her eye.
Female	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Deck	She was walking over to get in the water and slipped. Her knee gave way and seemed hyperextend the joint.	It looked like she hyperextended her knee. She slipped and scratched one knee and over extended the other.
Female	NE - New England Swimming	Meet - Competition	Other Exiting Pool	Got Bloody Nose upon leaving Warm-up Pool	Treated with Tissues and cold compress till bleeding stopped
Female	NE - New England Swimming	Meet - Warm-up	Water - Lane Lines	Small cut from Lane Lines	treated with a band-aid
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Swimmer was racing in a long course pool. Near a turn, the swimmer became sick and threw up in the pool. The swimmer got out of the pool and was treated by the pool staff, he was given some water to drink and rested and then felt alright. The pool staff closed the pool for 20 minutes to clean and treat the area.	Swimmer was racing in a long course pool. Near a turn, the swimmer became sick and threw up in the pool. The swimmer got out of the pool and was treated by the pool staff, he was given some water to drink and rested and then felt alright. The pool staff closed the pool for 20 minutes to clean and treat the area.
Male	PV - Potomac Valley Swimming	Meet - Competition	Other pool	aggravated an already strained muscle in lower back. ice was applied to relieve the problem	aggravated an already strained muscle in lower back. ice was applied to relieve the problem
Female	SE - Southeastern Swimming	Other Before practice	Other Lobby	She ran through door swimmer behind her hit the door and she caught her arm and shoulder between the door jam.	Scrape on shoulder and bruise on shoulder and arm
Female		Practice - Entering / Exiting Pool	Deck	swimmer was getting out of pool and hit her tooth.	
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Swam into Lane line. Struck nose. Bleeding stopped within 5 minutes	
Male	WY - Wyoming Swimming	Practice - Other	Deck	As athlete was entering the pool using the door next to the office door, another person also pulled on the door and the bottom of the door caught on the athlete's right big toe, pulling back a part of the nail.	
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was entering the pool and the gutter near the start end of the pool broke as she stepped onto it. Her leg fell through the hole and she scraped her leg as it entered	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Struck another swimmer when finishing .	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End		
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck heel on wall during turn	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck heel on wall during turn.	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was lifting herself up to exit the pool and her hand slip and hit her elbow leaving a small cut.	
Female	OZ - Ozark Swimming	Practice - Other	Water - Lane Lines	During a kick set, swimmer got calf cramps and then choked on water. Was able to get to lane line. Had to be helped out of water.	Leg cramp and choking on water. able to get to lane line and helped out of water.
Male	SC - South Carolina Swimming	Practice - Dry Land	Deck	Athlete slipped form jump and landed on left hand	Swimmer did not indicate significant pain in wrist at practice but we had him kick to avoid aggravating it
Male	CO - Colorado Swimming	Practice - Other	Bleachers - Spectator's	Parent fell on bleachers injuring head, jar and arm.	
Female	CC - Central California Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was warming when she and another swam into each other.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AK - Alaska Swimming	Practice - Other	Water - Start End	Swimmer was backhanded in the face with goggles on by another swimmer. The other swimmer was leading the lane in backstroke and did a start off the wall where her arm was flung around into streamline and hit swimmer in the eye/face. Coach had injured swimmer climb out and looked at her left eye which was visibly slightly more red than the right eye. Coach offered ice which was declined then offered a cold wet paper towel which was accepted. Swimmer placed the cold paper towel over her eye. Swimmer explained she had a small amount of blurred vision upon opening her eye after having it closed for approximately 10 minutes. Her mother was informed of the incident when she arrived at the pool about 15 minutes after the incident occurred. At this point swimmer rejoined the team for the last 15 minutes of practice.	
Male	AK - Alaska Swimming	Practice - Other	Water - Lane Lines	While swimming breast stroke, swimmer was kicked in the right forearm by another swimmer. It was unintentional as the team was circle swimming this time. Swimmer was able to swim into the wall and explain to coach what happened. Coach lightly touched his arm and examined his hand function and there were no obvious injuries or bruises. Coach offered him ice, which he accepted. After 10-15 minutes with ice he decided to get back in the pool and finish the last 10 minutes of practice. He said his arm was fine at practice the next day 4/20 and didn't hurt.	
Female	GA - Georgia Swimming	Other Practice - Watching/Observing	Deck	Guest fell trying to catch a stroller. The stroller was rolling towards the pool and she tried to catch it, and slipped on the pool deck.	Guest complained of right knee pain. She has a previous ACL injury to right knee. She went to the emergency room and they referred her to an orthopedist. After incident, she has been at the pool many times, walking unassisted (without crutches or a cane), and has a neoprene brace on her knee as she walks.
Male	FL - Florida Swimming	Practice - Other	Water - Side	Swimmer was swimming butterfly into the wall when he slammed his forehead right in between the eyes. Ice was immediately applied. X informed his father and he said he will watch.	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer hit wrist of another swimmer when pushing off wall	Slight bruising of the right wrist. No swelling yet present.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Hit finger on lane line upon entering into pool (sit and slide position) and indent finger. Skin not broken, not bruised. Applied ice pack.	
Male		Other	Deck	Ran into a wall while walking upstairs	Cut on head, front scalp
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	athlete pushed off without looking and bonked heads with swimmer resulting in ice pack needed	
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Pushed off without looking and bonked heads with another swimmer resulting in ice pack needed	
Male	ST - South Texas Swimming	Meet - Competition	Water - Start End	Swimmer was exiting water and scraped self on grate.	Scrape on right toe
Female	NC - North Carolina Swimming	Meet - Walking	Deck	Slipped and fell on pool deck. Cut and scrapped toes (left foot #2-5)	
Female	GU - Gulf Swimming	Meet - Competition	Deck	She was waiting at the "ready bench" area and was accidentally pushed in to the pool. Her right foot got a scrape on it. It did not bleed so it did not need a bandage.	No bleeding so this did not require bandaging.
Male	LA - Louisiana Swimming	Meet - Warm Down	Other Diving well	slipped climbing out of pool	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Lane Lines	Cut left thumb on lane line	
Female	VA - Virginia Swimming	Practice - Other	Outside Venue	Tripped over/into a bench	Abrasion and bruise to the right upper arm into elbow, and right hip bruise
Female	NC - North Carolina Swimming	Practice - Other	Other middle of the pull during a kick set	Other middle of the pull during a kick set	Her head hurt but no cut nor bump that I could feel. She is going for a checkup with the doctor
Female	MS - Mississippi Swimming	Practice - Other	Water - Lane Lines	Injured party was struck in the side of the face by another swimmer who was swimming in the same lane with hand paddles.	Small cut outside of eye, scrape, and swelling on cheek underneath left eye
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer ran into on wrong side of lane	Ran into
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer swimming on the wrong side of the lane	none
Male	MN - Minnesota Swimming	Practice - Other	Water - Start End	Swimmer was swimming into the wall when another swimmer pushed off backwards (fooling around) and hit swimmer in the face.	We had swimmer sit out and applied ice for roughly 10 minutes.
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer injured nose with her knee during flipturn	Swimmer impacted her nose against her knee during flipturn.
Female		Practice - Other	Other In the water- in the middle of the lane		Accidentally got hit in the face by another swimmer's hand while swimming butterfly. The swimmer has a small cut above the eye.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Climbed out of pool noticed foot was bleeding	1/2 inch laceration on Left Heel
Female	CA - So. California Swimming	Other	Outside Venue	During Wind/Rain storm an easy-up canopy was blown over. One of the poles struck right side of persons face. There is swelling and possible tooth damage.	
Male	PV - Potomac Valley Swimming	Meet - Competition	Other Behind Starting Blocks	swimmer finished his 200 IM, choked on water during his event and had a hard time breathing/ had an asthma attack.	swimmer choked on water during his 200 IM race. When he finished his race he had shortness of breath. He is diagnosed as asthmatic. The lifeguards administered oxygen. Staff member administered the oxygen and EMS was summoned.
Male	PC - Pacific Swimming	Practice - Other	Deck	Swimmer had just started warmup when he started to feel short breaths and cramping in chest. A parent on the team (active paramedic) did an initial assessment while we waited for fire department. Fire Department, San Jose Station 12 arrived in 5 minutes.	Severe Asthma attack
Male	NT - North Texas Swimming	Practice - Other	Deck	Door closed on Athletes foot, causing it to slice open.	
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	BEE STING ON SWIMMERS RIGHT ELBOW, COACH REMOVED STINGER	bee stung swimmers right elbow
Male	MD - Maryland Swimming	Meet - Walking	Deck	Athlete was in the clerk-of-course area, and accidently stepped on or walked into lifeguard stand, which had a sharp portion exposed. The heel of the athlete's foot was cut.	bottom of heal cut
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Fell when going down a flight of stairs.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was standing on top of a green electrical box outside of the front of the pool. A rock was thrown at and struck athlete's head. The girl who threw the rock, claims that she "tossed" the rock underhand towards athlete and that hitting her was an accident. I did not witness the incident. After interviewing 3 other swimmers, the consensus is that she threw the rock towards at least 2 other swimmers prior to throwing it at athlete, and threw the rock overhand at her. She was brought inside and checked out by head lifeguard. Ice was applied to her head for about 20 minutes and she was able to swim the entire hour and twenty minute practice.	Giant knot on left side of her forehead.
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Immediate post competition, inability to control legs, complaints of burning and numbness	Swimmer reports inability to stand, walk, voluntarily control bilateral lower extremities. Parasthesias in bilateral femoral nerve distribution. Needed assistance to sit/lie down. Swimmer was calmed down, gentle range of motion and nerve mobilizations performed. Symptoms resolved, swimmer able to walk and move under control.
Male	MI - Michigan Swimming	Meet - Competition	Deck	Stepped on piece of metal wire, causing puncture wound	Piece of wire rope stuck in sole of right foot, needed removal with tweezers. Abx ointment, water proof bandage applied. No functional limitations reported or observed.
Male	SE - Southeastern Swimming	Practice - Other	Water - Side	Toenail got caught on ladder doing breaststroke kick and the nail was bent in half. The top part being ripped away from the toe and folded back.	
Female	GA - Georgia Swimming	Practice - Dry Land	Other	Ran into another swimmer on the turf	
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Official slipped on wet deck	
Female	LE - Lake Erie Swimming	Meet - Walking	Hallway	Door leading in to the bleachers was opened on the toes of her left foot.	3 toes were scraped along the top
Female	LE - Lake Erie Swimming	Meet - Competition	Starting Blocks	Scraped foot on the block during the start	Scraped skin, Bleeding on heel
Male	PN - Pacific Northwest Swimming	Other	Other entry	door closed on left middle finger	smashed finger and bruised nail
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Cut toe on side of pool on a metal cover that was placed over missing tile	
Female	GA - Georgia Swimming	Practice - Dry Land	Other turf	Ran into another athlete	Ran into someone else
Male		Practice - Dry Land	Bleachers - Spectator's	Tripped while doing stadiums	
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Turn End	Swimmer did a flip turn and this the pool edge	Both feet were sore
Female	MW - Midwestern Swimming	Meet - Warm Down	Other Warm Up/Warm Down pool	Swimming in the diving well, bumped heads with another swimmer.	
Female	MW - Midwestern Swimming	Meet - Warm Down	Other Warm Up/Warm Down pool	Two swimmers bumped heads while warming down in the diving well.	
Female	CA - So. California Swimming	Practice - Other	Deck	Athlete slipped and fell while walking on deck. Landed on both wrists. Reports pain in right thumb region and left wrist.	Probable bruise to right thumb Possible left wrist scaphoid fracture
Female	CA - So. California Swimming	Practice - Dry Land	Deck	Swimmer was instructed to run. After completing the final (of three) series, swimmer asked if she could get her inhaler. She proceeded to return on deck, and had an asthma/panic attack. EMT was called and they checked the athlete to ensure it was not life threatening. Coach was left with athlete until parents arrived.	
Female	AM - Allegheny Mtn Swimming	Other Exiting pool after event	Deck	Bloody nose after swimming 500 freestyle	Bloody nose after swimming 500 freestyle
Female	FL - Florida Swimming	Meet - Competition	Water - Start End	Pain in the elbow after finishing backstroke race hard with straight, locked, left arm.	Unable to straighten arm. Radiating pain at the elbow up the inner forearm.
Female	UT - Utah Swimming	Meet - Warm-up	Water - Lane Lines	Breaststroke kick during warm ups when swimmer struck foot on the lane line. Brand new lines with no wires exposed or broken plastic parts.	Swimmer initially presenting with a cut on the bottom of right big toe. After stopping bleeding we discovered bruising and swelling along the inside of the foot.
Male	PC - Pacific Swimming	Practice - Dry Land	Other Pull up bar in park	Athlete was doing pull ups on the pull up bar and he fell forward. He fell on his hands to stop the fall.	Throbbing pain.
Female	GU - Gulf Swimming	Practice - Other	Locker Room	Athlete was trying to grab the restroom door before it closed, the door is heavy and accelerated closing and smashed her right middle finger. Small cut and bruising under nail but did have so bleeding.	
Female	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Athlete was swimming 200 fly in competition and had an asthma attack at the 65 yard mark.	
Male	GA - Georgia Swimming	Practice - Other	Outside Venue	Playing before practice outside facility, teammate stepped on foot and fell. Top of L Ankle injured, minor swelling. Ice applied	
Female	ME - Maine Swimming	Meet - Competition	Water - Start End	athlete hyper extended (L) 2nd finger on wall	finished and jammed finger on wall
Female	ME - Maine Swimming	Meet - Competition	Water - Start End	Athlete Hyper extended (L) 3rd finger on the wall of the pool	
Female	PV - Potomac Valley Swimming	Meet - Competition	Other Swimmer was in water during race when incident occurred but I did not see her in distress until she was out of water and behind blocks	Swimmer had asthma attack while swimming race. Inhaler was taken but breathing was still visibly hard.	Swimmer had asthma attack while swimming race. Once swimmer exited the water a timer got my attention to inform of the distressed swimmer. I immediately had swimmer sit down and she took her inhaler, multiple times; at the same time another official went to get the lifeguard. Once the lifeguard arrive she immediately activated their emergency response procedure causing 4 or 5 other guards to come and 922 was called. Oxygen was given to the swimmer. Before EMS arrived swimmers lungs had cleared. Mother refused transport to ER as swimmer was hoping to compete in final two events. Given that this was second incident in as many days, and EMS had to be called for this one, I made the decision to not allow swimmer compete in her final two events.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Swimmer was swimming 200 breaststroke and began to experience breathing difficulties related to asthma. Swimmer had inhaler ready upon finishing race.	Swimmer was swimming 200 breaststroke and began to experience breathing difficulties related to asthma. Swimmer had inhaler ready upon finishing race.
Male	MW - Midwestern Swimming	Meet - Competition	Water - Start End	Competing in the 200 breast, athlete swallowed water and had a hard time breathing. Finished the race, laid on the pool deck to recover. Vomited and emergency room doctor from the stands helped with the situation.	Monitored athlete until he felt comfortable breathing. Utilized an inhaler.
Male	MW - Midwestern Swimming	Meet - Warm-up	Other Warm Down Pool	While swimming in the warm down pool, another swimmers hand/arm hit the swimmer in the right eye, breaking his goggles. This caused bruising/swelling and blurred vision.	
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Swimming 100 BA, hit wall with thumb at the finish	left thumb hit wall at the finish of 100 Backstroke

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MR - Metropolitan Swimming	Meet - Competition	Stairs	Tripped walking down the stairs from spectator seating	Grandparent missed the step and tumbled down the staircase. He bumped the back of his head and landed on his hip
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	Swimmer hit her knee getting out of the pool from her event	Swimmer hit her knee getting out of the pool
Female		Meet - Warm Down	Water - Turn End	Accidentally hit in the nose during warmup causing a bloody nose.	Bloody and swollen nose. Pressure held to stop bleeding and ice given for swollen nose.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Asthma attack while swimming and needed assistance getting out of the water.	Needed inhaler. Father came down and assisted.
Male		Meet - Competition	Water - Start End	Athlete slipped getting out of pool and scraped left knee.	Left knee scrape about 4 cm diameter. Bleeding stopped by applying pressure with gauze. Cleaned with Bactine and bandaids applied.
Male	NJ - New Jersey Swimming	Meet - Warm Down	Water - Turn End		
Female	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Not sure what happened. She noticed she was bleeding	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Small abrasion on left leg - dried blood with gauze then put on band aid	
Male	IN - Indiana Swimming	Other Playing football in concourse	Other Spectator bleachers	Playing football in spectator bleachers - cut toe on bleacher	Blood present under toenail
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	Metal side of blocks cut left pinky toe	
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Deck	dizzy and fell to the ground	
Female	ME - Maine Swimming	Meet - Watching / Observing	Water - Turn End	Swimmer stepped from the deck onto a raised ledge that follows the turn end of the pool. She slipped and fell straddling the ledge with one leg as the other fell into the water	
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete collided with the pool wall while swimming. (Water in goggles). His nose started to bleed on contact.	Athlete collided with the pool wall while swimming. (Water in goggles). His nose started to bleed on contact.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Side	Athlete had a per-existing injury to his leg, and it re-opened while exiting the instructional pool. Bleeding was controlled with a bandage and athlete returned to full participation.	Athlete had a per-existing injury to his leg, and it re-opened while exiting the instructional pool. Bleeding was controlled with a bandage and athlete returned to full participation.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Lane Lines	Participant was swimming during a race when she started to have trouble breathing, and was unable to swim to the wall. UMD Lifeguard entered the water and assisted the swimmer to the side. Pt was able to recover with time and breathing. No medication or transport. Pt resumed participation.	Participant was swimming during a race when she started to have trouble breathing, and was unable to swim to the wall. UMD Lifeguard entered the water and assisted the swimmer to the side. Pt was able to recover with time and breathing. No medication or transport. Pt resumed participation.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Lane Lines	Ran into his friend while swimming in warm ups.	Nose bleed following collision with another swimmer.
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Lane Lines	Athlete choked on water and started to have trouble breathing, he was assisted out of the water by an official. No further complications noted, and athlete returned to full participation.	Athlete choked on water and started to have trouble breathing, he was assisted out of the water by an official. No further complications noted, and athlete returned to full participation.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Scrape over right eyebrow and on right shoulder	
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Start End	Scraped top of his forehead after a deep start	Scraped top of his forehead after a deep start
Female	NC - North Carolina Swimming	Practice - Other	Water - Bottom	When practicing flip turns, the athlete (13) pushed off of the wall too deeply and hit her forehead on bottom of the pool. The athlete immediately stood up and held her forehead. She then sat on the wall of the pool while the coach spoke to her and observed her condition. Once it was discovered that the athlete's forehead was bleeding, care was administered and the athlete's parent was contacted.	The athlete suffered a vertical cut on her forehead just below the hairline. The cut was approximately 1 inch long. The athlete complained of general pain in the area of the cut. The athlete was aware of her surroundings and coherent from the time of the accident to the time she was released into parent care. When questioned the athlete reported no other pain or discomfort besides the cut on the forehead.
Female	FG - Florida Gold Coast Swimming	Other asthma attack	Water - Turn End		
Female	NE - New England Swimming	Meet - Competition	Water - Start End	struck hand against wall and lane line	slight swelling
Female		Practice - Entering / Exiting Pool	Water - Start End	swimmer was practicing starts off the block and scraped the bottom of the pool.	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Starting Blocks	Athlete hit his left shin against the concrete step / lip of pool	
Male		Meet - Competition	Other Entrance to building	When entering the building the swimmer hit his knee.	
Male		Practice - Entering / Exiting Pool	Water - Start End	Slipped and hit knee on deck as he was exiting the pool.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Athlete suffers from Hyperventilation Syndrome and had an attack upon finishing her race. This also happened on 3.10.16 and was reported	athlete hyperventilated and was shaking
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Athlete has been diagnosed with Hyperventilation Syndrome	athlete hyperventilated and had a panic attack upon completion of her race
Male	PC - Pacific Swimming	Practice - Other	Other water-middle of pool	Swimmer was swimming flying when he was struck in the arm (L) by another swimmer.	Slight bruising to top of forearm (L). Swimmer was able to move arm up and back and side to side. No additional care needed.
Female	IN - Indiana Swimming	Meet - Competition	Hallway	Fell outside of gymnasium, slipped on wet floor (swimmers dripped on floor)	
Female	NI - Niagara Swimming	Meet - Warm Down	Water - Side	Left Hand Made contact with another swimmer during warmup	
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Not looking when jumping in pool, landed on another swimmer, bit his own lip in the process.	
Female	FL - Florida Swimming	Practice - Other	Water - Bottom	Another swimmer came up from underneath the water and lifted her from her back.	
Male	PC - Pacific Swimming	Practice - Other	Other water middle	Hit hands with another swimmer while swimming	Middle finger swollen
Female	VA - Virginia Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Started to feel faint and not well. Other spectators helped to stabilize victim in a seated position.	Started to feel faint and not well. Other spectators helped to stabilize victim in a seated position.
Female		Practice - Other	Other in water, bloody nose	Was swimming and got kicked in the nose	Was swimming, got kicked in the nose
Female		Practice - Other	Water - Lane Lines	Accidentally kicked in face by another swimmer. Bloody nose.	Mild bloody nose. Stopped within a few minutes.
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	nosebleed occurred upon practice dive into pool during warm-up	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Cut ankle while exiting pool	Cut ankle while exiting pool
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Apparent rough edge on tile caused scratch/cut on bottom of foot.	Cut to bottom of foot
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Getting out of the pool and scratched knee on the backstroke starter pole	Cut below knee
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End		
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	During 50 freestyle, the swimmer was too close to the wall for a flip turn and scraped his left foot on the wall	Swimmer reported to lifeguard station and received first aid. One cut on top of the foot and two scrapes on toes were cleaned and bandaged
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	She entered the water last night and had hives and became itchy and had a thickly throat. She was given Benedryl and took a shower and walked off deck. The same symptoms arised this morning.	
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	kicked lane line and cut foot	
Female	MN - Minnesota Swimming	Meet - Competition	Deck	Swimmer was walking away from the blocks and slipped on a puddle and fell hitting her hip (right) and knee (right)	Pain in right hip
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was on the block preparing to start, I told all athletes to hold. Athlete did not hear, I repeated instuctions, and the athlete slipped and fell off of the block, I believe her hip hit the lane line resulting in the cut.	Cut on hip, bleeding
Male	IN - Indiana Swimming	Practice - Other	Deck	Swimmer was bouncing around on pool deck and slipped.	
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks		
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	The swimmer hit the wall with the fingers and cut them	Two minor abrasions on index finger and pinky
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Swimmer took extra stroke in 100 back stroke event and hit the wall with his hand. Suffered cut on hand	
Female	SE - Southeastern Swimming	Practice - Other	Hallway	Hit finger on door and heard a pop; loss of motion in finger and wrist	
Male		Practice - Other	Other swimlift chair in water	Swimmer was streamlining and received a small scrape cut on his ankle when he hit the swim lift chair for people with physical disabilities.	
Male		Practice - Dry Land	Other	Turf piece into eye. Washed out until free of debris.	Eye injury
Female	VA - Virginia Swimming	Meet - Warm-up	Water - Start End	while exiting the pool, swimmer scraped foot on the gutters	
Male		Meet - Competition	Starting Blocks	While getting up on block, he slipped and fell against his left rib.	
Female		Meet - Walking	Locker Room		
Male	MN - Minnesota Swimming	Meet - Walking	Deck	Caught toes on lane line reel and was cut between the last two toes on left foot. Minor cut.	Minor cut between toes
Female	IA - Iowa Swimming	Meet - Competition	Other Unsure	Cut foot, probably during 1650 race. Swimmer did not notice until someone else noticed blood on the pool deck and alerted her.	Cut was between 4th and 5th toes of foot.
Female	CO - Colorado Swimming	Meet - Walking	Deck	Athlete fell trying to get out of the pool and hit her hip- on the side of the pool. She said it just hurt a little and she was given a bag of ice. The athlete walked away and denied further care.	
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Swimmer was pushing off the wall as she was kicked in the head.	The swimmer went home after the incident and the onset of the headache.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Outside Venue		
Female	PC - Pacific Swimming	Meet - Walking	Deck		
Male	OK - Oklahoma Swimming	Meet - Watching / Observing	Deck	swimmer fell backwards, thinks he passed out, was holding his breath while watching teammate swim. refused medical attention, parent was notified.	head hert for seconds, left elbow slightly bruised
Female	GU - Gulf Swimming	Meet - Walking	Hallway	was watching friend swim and overdid it. did not have medicine with her. Mom was on site.	Chronic merve damage in calves, causing issues with pain.
Male		Meet - Competition	Water - Start End	Jammed Right hand into wall at finish	
Male		Meet - Competition	Water - Start End	Came into wall to hard and injured finger	
Female	IA - Iowa Swimming	Meet - Warm-up	Water - Start End	Swimmer was pushing off of wall during warmups and cut her heel on the touch pad. She notified coach, coach found a lifeguard, LG cleaned cut and applied a bandaid.	Injury was on heel of foot.
Female	IA - Iowa Swimming	Other At bleachers getting ready for warmups	Bleachers - Athlete's	No accident occurred, swimmer has recurring bloody nose. Report is being filed because blood was on the bleachers and needed to be cleaned up.	Swimmer has recurring bloody nose, no real injury occurred. Report is being filed because blood had to be cleaned up from bleachers.
Female	IA - Iowa Swimming	Meet - Warm Down	Water - Turn End	Swimmer was cooling down and hit her foot on the bulkhead. She sank to the bottom (voluntarily) and came back up, and scraped her foot on the bottom of the bulkhead.	Swimmer suffered multiple abrasions and cuts as result of contact with the bottom of the bulkhead, all on the same foot.
Male	WI - Wisconsin Swimming	Meet - Walking	Deck	Entering locker room from pool deck and door struck his right foot injuring his big toe/toe nail	toe nail bed raised slightly and bleeding
Male	IA - Iowa Swimming	Meet - Warm Down	Other Unsure	Swimmer does not know what happened, just looked down and saw that he was bleeding.	
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	While adjusting racing wedge on starting block, athlete dropped wedge on left foot. Accident occurred on the Natatorium's North Pool blocks.	
Male	SD - South Dakota Swimming	Meet - Walking	Stairs		
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Lane Lines	Two swimmers arms collided resulting in a sprained or broken finger. Injured party scratched from the meet.	Swollen, very painful. 1st/primary thumb joint
Female	SR - Snake River Swimming	Meet - Competition	Other During the swim	felt unwell and dizzy after swimming.	
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Slipped and fell and landed on her back	
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Water - Turn End	doing a flip turn and ran into another swimmer when coming off the wall	
Male	MD - Maryland Swimming	Practice - Other	Water - Turn End	Swimmer was beginning a backstroke flip turn and the teammate immediate in front of him pushed off the wall and ran into him. Swimmer was struck in the nose by the teammates face	Swimmer reported tightness in eyes and was bleeding freely from the nose until pressure was applied by the swimmer. Nose began bleeding again after swimmer was placed in care of parent but bleeding subsided after swimmer changed to dry clothes.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IA - Iowa Swimming	Meet - Warm-up	Starting Blocks	While stepping up onto starting blocks swimmer struck foot on step (wedge), causing a laceration/abrasion between 4th and 5th toe on right foot.	Right foot, between 4th and 5th toes
Male	MD - Maryland Swimming	Meet - Competition	Starting Blocks	During 200 IM, swimmer slammed arm into starting block when turning from back to breast	
Female		Meet - Competition	Deck	Began hyperventilating and had a panic attack.	
Male	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer was circle swimming and another swimmer coming the opposite direction hit his face with his hand while swimming butterfly.	Left eye area was swollen and eye was red.
Male	PC - Pacific Swimming	Practice - Other	Other center of pool	While swimming, the swimmer struck his L hand against the head of a teammate.	Slight swelling and bruising at site of injury.
Female	PC - Pacific Swimming	Practice - Other	Other center of pool	A teammate was injured and stopped in the middle of the pool. When the teammate stopped, it caused athlete to get kicked in the cheek.	Swimmer had a bit of swelling on L cheek. There was also minimal bleeding on tongue.
Female	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	One of swimmer's teammates was standing on their kick board in the water. They have been told before not to do this. The kick board came free from swimmer's teammates feet and flew through the water and struck swimmer in the nose causing it to bleed profusely.	Swimmer exited the pool and walked over to the lifeguards. They tended to her, called her mom and kept swimmer from returning to the water. Swimmer's mother took swimmer home or to the doctors. I am not sure of their destination after the incident.
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End	Swimmer pushed off the wall on the left side of the lane and collided with another swimmer at about the 10 meter mark.	
Male	MN - Minnesota Swimming	Practice - Other	Bleachers - Spectator's	Slipped on the floor, fell into concrete bleachers, fell on his back, laceration 1-2 inches; left elbow and right shoulder blade also struck floor (contusions to both)	
Female	CA - So. California Swimming	Practice - Other	Water - Side	The subject and a fellow swimmers were swimming backstroke and collided head first into each other. I was not a witness to the accident.	Swimmer complained of localized minor pain to the top of her head, but said she felt fine and proceeded to complete the remainder of the workout. Her parents were at the location and advised of the incident.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Dove in during relay exchange. Landed on swimmer's foot.	Swimmer said her head hurt, but seemed ok.
Female	CA - So. California Swimming	Practice - Other	Water - Side	The subject and a fellow swimmers were swimming backstroke and collided head first into each other. I was not a witness to the accident.	Swimmer complained of pain, said she thought she'd blacked out briefly at the time of the incident and felt dizzy. She was able to get out on her own. The swimmer's father was on sight, he informed me he was going to take her home and put some ice on her head. He also said he would have her seen by a doctor.
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	During competition in an IM, swimmer crashed into the wall after miscounting her backstroke turn count during the back-to-breast turn of an IM. She hit the back of her head hard, but continued racing.	swimmer is experiencing potential concussion-like symptoms. She is experiencing on and off headaches. She does not exhibit any symptoms of dizziness, drowsiness, or blurred vision.
Male	WI - Wisconsin Swimming	Practice - Other	Other In Water swimming	Strained his hamstring while executing a breaststroke kick.	Recovered after a week.
Female	LE - Lake Erie Swimming	Practice - Other	Starting Blocks	She went to get up on the block and slipped. She hit her hip on the ground.	Small scrape along the left hip/butt.
Male	MS - Mississippi Swimming	Other Cardoor	Outside Venue	shut the car door on his pinky finger	
Male	SE - Southeastern Swimming	Swimjitsu - Dry Land	Deck	Swimmer bumped into another swimmer while on the pool deck as we finished drylands and fell and hit his head on the deck.	Swimmer was crying at first because of initial shock (and the fact that it happened before, recently).
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Collided with another athlete who was swimming on the wrong side of the lane. Dive 100's (2 heats at a time, 10 sec. apart.)	Athlete who collided into her apologized quickly after collision and continued to finish his race and seemed to be completely fine.
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Collided with another athlete who was swimming on the wrong side of the lane. Dive 100's (2 heats at a time, 10 sec. apart.)	After a little icing- swimmer had wanted to swim again but instead had her finish practice early as precaution.
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Collided with another athlete who was swimming on the wrong side of the lane. Dive 100's (2 heats at a time, 10 sec. apart.)	Complained of dizziness and headache. Finished practice early + rested for a couple days.
Male	CA - So. California Swimming	Practice - Other	Other Water - Middle	Athlete had forgotten which side to swim on for dive 100's (2 heats at a time, 10 sec. apart) Ended up colliding with another swimmer.	No real injury since athlete had collided with the other athlete with his neck/shoulder area. Claimed to be fine with no pain or symptoms bothering him.
Male	CA - So. California Swimming	Practice - Other	Other Water - Middle	Athlete had forgotten what side of the lane to swim on for dive 100's (going in 2 separate heats, 10 sec. apart). Collided with other swimmer.	Assumed it was a light concussion. However, athlete complained of no pain or dizziness but went through necessary precautions and finished practice early.
Female	CA - So. California Swimming	Practice - Other	Other Diving well		
Female	NE - New England Swimming	Meet - Warm-up	Water - Start End	Hit in Nose by another swimmer	Hit in nose during warm up. Had bloody nose as a result.
Female	GU - Gulf Swimming	Meet - Warm-up	Hallway		She scraped her own foot under the door by accident.
Female	GU - Gulf Swimming	Meet - Competition	Other Entry/Exit Door		Door scraped her foot as she entered the building
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	Swimmer twisted ankle while doing a flip turn durg a freestyle race.	The swimmer competed the following day in the swim meet and said she was not in any pain.
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Fell hit head and elbow on deck. Checked for concussion symptoms - clear	
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	During the race, swimmer went to perform a flip turn and swallowed water. Began coughing at the end of the race, and was unable to catch his breath. Oxygen was administered by the lifeguard staff. Fire and EMS were called, swimmer was not taken to the hospital, instead went home with parents.	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Was exiting the stand and tried to step over the railing at the top of the bleachers instead of walking to the stairs, spectators foot got stuck in the railing and she fell forward hitting her cheek and forehead on the wall. She said she got right up. Said it was her fault for not walking around.	
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	At the end of a race, swimmer jammed his finger into the wall. Ice was provided by safety personnel and swimmer swam rest of races in meet.	Parents will take swimmer home and monitor need for additional medical attention.
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer got kicked during warm-up in the head	Nausea, eyes jumping, headache
Female	NI - Niagara Swimming	Meet - Watching / Observing	Deck	While walking near block end of pool official slipped and fell face forward.	Chipped Tooth, officials left front tooth. Official only accepted ice from lifeguard.
Female	NE - New England Swimming	Meet - Entering / Pool	Locker Room	Swimmer was entering the locker room and another swimmer opened the door and accidentally Struck swimmer in the head	Large Bump - She was scared and nervous but remained alert and articulate. Ambulance called and checked her out. Dad declined further treatment - signed release.
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer came out of the pool holding her leg. She was not bleeding. After exiting, she began to cry, grabbed her leg and fell. People on deck held her to prevent her collapsing. Brief unconsciousness.	
Male	OR - Oregon Swimming	Meet - Warm Down	Other Start End		
Male	MN - Minnesota Swimming	Meet - Warm-up	Touchpads		
Male	MN - Minnesota Swimming	Meet - Warm-up	Deck	Spontaneous bloody nose	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	jammed right thumb against touchpad	tip of right thumb cut
Female	SE - Southeastern Swimming	Meet - Competition	Water - Start End		
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Other concession stand	She was working in the concession stand and using a knife and cut her left thumb.	
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Swimming Back stroke hit forehead while finishing backstroke practice set with eyes closed on wall (wearing clear goggles) sun was in swimmers eyes that is why he closed his eyes.	
Female	MI - Michigan Swimming	Meet - Warm Down	Other diving well	Ran into wall at end of diving well	Banged head on wall. R wrist had a small cut. R knee sore and bruised R shoulder sore
Female	CO - Colorado Swimming	Meet - Watching / Observing	Bleachers - Spectator's	tripped over her own feet down 2 stairs and then 2 sets of bleacher seats	
Female	WI - Wisconsin Swimming	Meet - Competition	Deck	Stepped into lifeguard chair and cut toe/foot	
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Bleachers - Spectator's	walking down bleachers and fell through the gap in the bleachers scrapping inside of right leg under the knee and outside of upper right leg from knee to top of leg	
Female	MS - Mississippi Swimming	Meet - Warm-up	Water - Turn End	Athlete slipped when exiting the pool on the bulkhead and fell and scraped her shin.	
Male	WI - Wisconsin Swimming	Meet - Walking	Hallway	walking with mother not running slipped and fell and landed on left side of hip/back	Swimmer in warm-ups while talking with mother. Suggested swimmer ice hip after warm-ups.
Female	IL - Illinois Swimming	Meet - Competition	Water - Turn End	lost goggles and ran into the wall with her head	pupils dilated
Male	NE - New England Swimming	Meet - Competition	Water - Start End	Has Asthma but didn't use inhaler	
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Practicing relay starts	Practicing relay starts
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was approaching the wall practicing relay starts and another swimmer landed on his head.	Has a bump on his head
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Slipped backwards. Hit back right of head on pool deck, and hit right elbow.	Broke skin on right elbow. Head small bump at the time.
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	The athlete was doing bear crawls during dryland practice. When she stood up to start to run, she tripped and fell. She hit her lip and nose on ground.	She hit her lip and nose on ground. They both swelled. She has a small cut on upper lip.
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	Went to do a flip turn, and suddenly felt a popping in her knee. Believes it may be a reinjury from a knee pop over the summer	
Male	ST - South Texas Swimming	Meet - Competition	Water - Start End	Hyper extended his right arm at his elbow	Facility's accident / illness report reads as "hyper extended the right arm at his elbow."
Male	SC - South Carolina Swimming	Meet - Warm-up	Starting Blocks	Swimmer was swinging arms before jumping into the pool at warm-ups for finals on Monday night. Cut his finger on the block. He walked up to the lifeguards to have it treated. The wound was cleaned, wrapped with gauze and taped. He went on to swim his races that evening with the approval of the MR.	Finger cut on part of the block - clean, gauze, taped. Right ringer finger.
Female	VA - Virginia Swimming	Practice - Other	Starting Blocks	Swimmer states she began to place her foot on the block step and her other foot slipped out from under her causing her to fall backwards hitting her head.	
Male		Practice - Other	Water - Side	Sudden nose bleed while swimming	Nose bleed brought on by unknown source. Ice and pressure applied. Nose clotted.
Male		Practice - Dry Land	Deck	Cable snapped and hit him in the nose. He fell back and hit his head on concrete.	mouth and head injuries. checked over for concussion. no signs/symptoms. provided ice for swollen lip.
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Turn End	swimmer scraped his left foot while doing a turn during warm up	
Male	AK - Alaska Swimming	Practice - Other	Water - Turn End	Swimmer was struck by an oncoming swimmer. Swimmer hit heads with the other swimmer and complained of dizziness. Swimmer had a small lump, was given ice and did not return to the pool. Follow up call to parents later in the evening indicated that swimmer was fine.	Slight knot on the side of swimmer's head after collision. Ice was applied and the swimmer was sent home after 30 minutes of observation.
Female		Practice - Other	Water - Side	Athlete kicking when left foot slipped into "built in" pool ladder.	Redness with possible bruising in two places on medial side of left foot.
Female		Practice - Other	Water - Bottom	Athlete pushed off too deep from the wall and struck/scratched forehead on the bottom of the pool.	Scraped/bumped head on the bottom of the pool following a push off from the side wall
Male	IL - Illinois Swimming	Practice - Other	Deck	Swimmer slipped on deck and has abrasions on his upper left back.	
Female	OZ - Ozark Swimming	Meet - Warm-up	Deck	Slipped and fell	
Male	OZ - Ozark Swimming	Meet - Competition	Water - Turn End	Kick off wall, foot hit bottom of pool	Cut on top of right foot
Male	OZ - Ozark Swimming	Meet - Competition	Deck	Slipped and fell. Hit back of head.	
Male	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End	Swimmer A jumped in pool from block. Swimmer B was on block and was pushed by a Swimmer C. The Swimmer B landed on Swimmer A. Impact was mostly on swimmer A's nose. Swimmer A's nose bleed significantly and he had pain in and around nose.	Swimmer A jumped in pool from block. Swimmer B was on block and was pushed by a Swimmer C. The Swimmer B landed on Swimmer A. Impact was mostly on swimmer A's nose. Swimmer A's nose bleed significantly and he had pain in and around nose. Coach retrieved gauze pad and ice pack from first aid supplies. Swimmer A was sat down on a chair on the pool deck in his parka and he held the gauze pad and ice pack on his nose. Coach called swimmer A's mom and she came and picked him up.
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete was sitting at the edge of the pool. The athlete's teammate had gotten out of the water and was beginning to get back in when teammate slipped, pinning the athlete's leg between the teammate's body and the side of the pool.	
Male		Practice - Entering / Exiting Pool	Water - Side	Another swimmer jumped on his back	Backboarded
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer was finishing her 100 back stroke race and slammed her elbow into the wall on the finish.	The elbow immediately bruised and was sore to touch. Administered ice but swimmer insisted on completing the meet and swam the 200 breast after the injury. She was unable to push herself up on the deck to climb out of the pool and had to use the ladder one handed to get out after the race.
Male		Meet - Entering / Pool	Water - Lane Lines	When swimmer was swimming the 100 yd backstroke, he jumped into the pool and hit the lane line with his right foot. Right foot got caught on the line	
Female	MA - Middle Atlantic Swimming	Meet - Competition	Deck	Slipped on deck and twisted ankle walking from warm down pool to competition pool.	Twisted Ankle.
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Athlete pushed off the wedge on the starting block and slipped backwards. Foot hit the block and she scraped her foot.	
Male	IN - Indiana Swimming	Meet - Warm-up	Deck	A child bumped into injured party causing him to hit the grate surrounding the warm up pool (small pool). The grate sliced his big toe on the right foot.	Big toe sliced open and bleeding

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male		Meet - Competition	Water - Start End	Tried to bend down on edge of pool to splash himself when he fell on his knee.	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Swimmer's ankle struck side of pool during a flip turn during a race.	Swimmer's ankle struck side of pool during flip turn during a race.
Male	FL - Florida Swimming	Practice - Other	Other Pool Entrance	Father said that he slipped down the stairs in the entryway of the pool after practice.	Actual injury condition unknown, father said that he "banged his right elbow, arm and backside 'kidney' area up".
Male	OZ - Ozark Swimming	Other Marshal rescue of passed out swimmer in water	Water - Start End	Swimmer passed out at completion of race while hanging on wall. Safety marshal, went to assist and needed to pull swimmer out of the water. Upon pulling swimmer out of the pool, safety marshal felt a pop in his neck. Woke up following morning with numbness and pain	Injured obtained an MRI on Jan. 11 due to increasing pain and weakness. Revealed an acute herniated disc at c6/c7. After consult with neurosurgeon, he recommended surgery to repair and remove. Injured is in an ER doc and missed 50 hours of work due to surgery and is having to go through rehabilitation.
Female	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Swimmer injured pinky finger during finish.	
Male	PV - Potomac Valley Swimming	Meet - Walking	Team Area	Swimmer was walking through a team area on the deck and tripped over a swim bag.	Aquatic center staff applied first aid in the form of an ice pack. Swimmer was able to finish the remainder of his events
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Lane Lines	Hit finger on lane rope, bleeding under fingernail	
Female	NM - New Mexico Swimming	Meet - Walking	Deck	Athlete slipped while walking to lane for warm-up. Athlete sustained a skin abrasion on her left hip and pain in her wrist and forearm.	The wrist and arm have continued to hurt; if it continues parents may take athlete in to doctor to be sure it is not more than a sprain.
Female	AZ - Arizona Swimming	Practice - Dry Land	Other Grass	Athlete fell while doing a handstand in the grass	
Female	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Water - Start End	While working on starts, swimmer decided to step down off the block but miss-stepped off the block too close to the pool edge and slipped in. She bumped the back of her right leg and the front inside of her left thigh.	
Male	NJ - New Jersey Swimming	Practice - Other	Water - Turn End		In-water collision caused swimmer's goggle to cut the skin right next to his eye. He was OK, but he wasn't able to put his goggles back on because of the location of the cut. There was no severe bleeding.
Male	MN - Minnesota Swimming	Practice - Dry Land	Hallway	The swimmer was running while another teammate pushed him and he hit his head on the floor.	Small bruise on his forehead
Male		Practice - Other	Water - Turn End	Was on the wrong side of the lane and got kicked by another swimmer.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was stepping up onto the block to do a start, the block top separated from the base and she fell in scraping her legs on the bars	Minor scrapes form the metal bars and bruising, head and neck did not make contact with side or block as she fell in. The platform of the block became separated from the base as she was stepping up to do a start.
Female		Other Locker room - getting dressed	Locker Room	Swimmer hit toe on bottom of bench. It started to bleed. A peer came to tell coach about incident.	Cut on big toe of foot.
Female	AK - Alaska Swimming	Meet - Competition	Deck	ran into hook on wall on pool deck, screamed her arm	ran into hook on the wall on pool deck, scratched her arm
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Pushed off of the wall, and struck a ladder that is inside the pool.	Cut on the back of her head, needed to be glued closed.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	athlete miscounted stroke count for turn and turned into gutter of pool.	Small bump on forehead
Female	IL - Illinois Swimming	Practice - Other	Deck	Swimmer was pedaling a stationary bike, ankle got caught, and pinched between the pedal and the bike.	
Male	SD - South Dakota Swimming	Other Practice-Walking	Deck	Ran into drain cover on ground and cut toe.	
Female	IL - Illinois Swimming	Practice - Dry Land	Hallway	Was doing a handstand against the wall, and slipped and fell. Landed on the shoulder, and then hit the back of her head.	
Male	UT - Utah Swimming	Practice - Other	Water - Start End	Swimmer was swimming into the wall and another swimmer pushed off streamline into his front mid-section. Today during dryland we discussed swimming next to the lane lines to leave the middle of the lane clear.	Swimmer said he was feeling like he was going to throw up.
Male		Practice - Dry Land	Bleachers - Athlete's	Swimmer was doing box jumps on bleachers, slipped on bleachers, and fell backwards. Swimmer has small scrape on back and elbow, and will most likely bruise.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End		
Female	OZ - Ozark Swimming	Practice - Other	Other Water- Middle of Lane	Swimmer collided with another swimmer in the middle of the lane while doing laps. The athletes were reported to have struck head to head.	No initial injury was reported. Parent notified coach the following week that the swimmer was experiencing some concussion symptoms.
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke and took a full stroke head first into the wall.	Athlete hit his head on the wall. Tile pattern was visible on his head. Skin was broken, but no profuse bleeding. No Bump evident. Ice was given and father notified.
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Swimmer slipped on deck and hit right 4th toe in to a chair.	
Female	OH - Ohio Swimming	Meet - Competition	Other Wrestling Room - Swimmer rest area	Grandparent of swimmer walked into rest area. A swimmer walked behind her and stepped on her shoe. While the shoe stayed on the ground, her body kept moving forward. Grandmother lost balanced, falling over. She landed on her left knee, bruising it. Daughter and another person assisted Grandmother back to her seating area.	Additionally, there is a language barrier so the write of this report used the grandson (a swimmer) and the daughter to translate so Grandmother would understand me and I her.
Male	OH - Ohio Swimming	Meet - Competition	Water - Start End	Swimmer was exiting pool after the 100 freestyle. Swimmer placed hands on deck and foot in the gutter. Foot/hand slipped. Swimmer lost balance and landed face first on deck edge. Swimmer hit his eye, with goggles on.	Swimmer had goggles on but redness, bruise around wear goggle had broken the fall.
Male	OH - Ohio Swimming	Meet - Competition	Other Wrestling Room - Swimmer rest area	Swimmer slipped and used his left arm to catch himself/break his fall. Landed on hand then bottom.	Swimmer described pulsing pain in left forearm. Did swim the 200 fly after incident.
Male		Practice - Entering / Exiting Pool	Water - Turn End	Athlete was climbing out of the pool at the turn end and slipped	athlete slipped getting out of pool striking right hip on the pool ledge
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete going up bleachers and her foot slid into a gap between sections.	Ankle twisted and bruising on lower shin.
Male	MD - Maryland Swimming	Meet - Warm Down	Water - Lane Lines	collided with other swimmer (head to head)	
Male	IA - Iowa Swimming	Meet - Competition	Water - Turn End	Athlete slammed his heels into the gutter of the bulkhead while turning, causing bruising. Then swam his next events with no incident.	
Female	IL - Illinois Swimming	Meet - Walking	Deck	Slipped on deck after leaving lane 4 after race and scraped left elbow.	
Male	IL - Illinois Swimming	Meet - Walking	Deck	Athlete was exiting locker room, door swung over her right foot, right big toe stuck under door, had to lever door off the toe. Broken skin visible.	Broken Skin and abrasions visible. Released to parent after basic treatment.
Female		Meet - Competition	Water - Lane Lines		
Female		Meet - Entering / Pool	Starting Blocks	swimmer described toe grazed/caught on the block when she was getting on the block for her heat	big toe on the right foot. Hydrogen peroxide to clean wound and then bandage applied.
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Lane Lines	Had previous cut on finger and reopened finger on lane line	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Was running on track and ran into a bench	
Male		Practice - Dry Land	Outside Venue	Finger stepped on, then jammed against wall in pool	his finger was partially stepped on then he also jammed it into pool wall
Male		Practice - Other	Outside Venue	boy tripped him and hit head on wall	small one cm cut on head
Female		Practice - Dry Land	Gym	finishing a pull-up and got foot caught on resistance band which swung up and struck her on forehead	bruise with swelling
Male		Practice - Other	Water - Start End	was pushed into pool. scraped his side.	scrape near rib cage
Male	MR - Metropolitan Swimming	Meet - Competition	Deck		
Female	MD - Maryland Swimming	Meet - Walking	Stairs		
Male	MD - Maryland Swimming	Meet - Walking	Outside Venue	slipped on ice, scraped knee.	
Female	PV - Potomac Valley Swimming	Other After Practice	Locker Room		
Male	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was ran into by another swimmer entering the pool. Swimmer came out informing coach that another swimmer accidentally jumped on him, and coach noticed that swimmer had a tiny cut on nose. Swimmer said he was fine, but had a headache. Swimmer chose to sit out and do dryland instead.	
Female		Practice - Entering / Exiting Pool	Bleachers - Spectator's	Steps were wet from swimmers visiting parents. Injured slipped walking down steps and fell down. Hit her back Back and elbow on the steps. Was not witnessed by club members. Reported by the person.	Pt advised she fell on the wet steps & scrapped her elbow hit her back, but didn't how she would feel tomorrow and wanted a report only. Gladly filled out a report.
Male	CO - Colorado Swimming	Practice - Other	Other middle of pool lane	Two swimmers veered into middle of lane while swimming and bumped heads (head to cheek). Swimmer B was unfazed & fine, Swimmer A was upset. I immediately got him out of pool, calmed him down and asked him to explain what happened. Swimmer A explained they hit heads and it was accidental. I noticed a slight redness to his cheek but no further injury. My assistant coach can concur. I had Swimmer A sit out for 10+ minutes to breath deeply and relax. I them approached him to see how he was. Swimmer A was smiling and said he was ready to continue practice. As I saw no signs of concussion, I allowed him back in the pool. Practice for Swimmer A continued as any other normal day.	
Male	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Athlete was doing a wall sit against a brick wall. His foot slipped in some spilled water and he bumped his head on the wall.	No immediate signs of concussion, sat out of swim practice with some ice on the bump on his head. Later said his shoulder/neck area felt a little sore (trapezius muscle area). By the end of practice seemed to be acting normally and unhurt.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	We were doing some dive 25's with a strong finish. Athlete did a regular freestyle finish and complained that his wrist hurt afterward. After a visit to the doctor it turned out he fractured his radius on the finish.	Athlete could move his wrist and did not really complain of much pain. Didn't believe it was a significant injury and it happened at the last moment of practice so he was just sent home to tell parents who followed up with an email.
Female	SC - South Carolina Swimming	Meet - Warm-up	Water - Start End	Swimmer was waiting to do warm-up drills when she was kicked in the bridge of the nose by another swimmer.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Other pool middle	swimmer bumped heads with another swimmer while swimming backstroke in pool.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Other pool middle	swimmer bumped heads with another swimmer doing backstroke during practice.	
Female	NC - North Carolina Swimming	Meet - Competition	Other Bathroom	Injury to the top left side of Left foot just in front of and below the ankle, about midway between the ankle and little toe. Cause of the injury was the stainless steel trash can that is part of the wall mounted paper towel unit. The trash can fell out of the frame it sits in and landed on Swimmer's foot. Happen at the conclusion of the meet while the she was changing into her street clothes. Let me know what else you might need.	Injury to the top left side of Left foot just in front of and below the ankle, about midway between the ankle and little toe. Cause of the injury was the stainless steel trash can that is part of the wall mounted paper towel unit. The trash can fell out of the frame it sits in and landed on swimmer's foot. Happen at the conclusion of the meet while the she was changing into her street clothes. Let me know what else you might need.
Female	IN - Indiana Swimming	Practice - Dry Land	Deck	slipped putting away fins and sprained left forearm	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Kicked in the eye	
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	Swimmer was playing water polo and states being held underwater a little long.	Swimmer was coughing trying to catch her breath
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Coach slipped on wet deck landing on her wrist.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	When trying to pass another swimmer near the turn end of the pool another swimmer ran into this swimmer who was pushing off the wall. They hit heads	Red mark on forehead from impact
Female	NI - Niagara Swimming	Practice - Other	Water - Start End		
Male	IN - Indiana Swimming	Practice - Dry Land	Stairs	Swimmer was running on stairs. He said he was pushed from behind and tripped down a couple stairs. When he got his footing back, he came down awkward on his right knee.	Ice was given to swimmer.
Female	GU - Gulf Swimming	Practice - Other	Deck	Slipped on the deck and fell striking her elbow	None
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Swimmer ran collided heads with another swimmer.	While practicing, another swimmer ran into swimmer's nose with their head. The hit head on.
Male	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Deck	Stepped on gutter of pool deck and cut foot	
Male		Practice - Other	Water - Turn End	Was hit in face accidentally by another swimmer	
Male	IN - Indiana Swimming	Other walking from restroom during practice	Hallway	According to swimmer he slipped and fell coming out of the restroom.	approx. nickle size abrasion to right elbow, and right elbow pain worse when attempts to straighten arm.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Streamlining Dove into lane. Another swimmer dove in from another side but crossed under lane line into swimmer's lane and heads collided.	No signs of concussion or vision problems.
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	was swimming in practice and was kicked in head by a breaststroker	Sat out for 10 minutes and really showed no signs of a concussion. But when she returned to water, she started getting a headache.
Male	IN - Indiana Swimming	Practice - Dry Land	Deck	Athlete was on the pull up bars and his hand slipped off causing him to fall to the ground and hit his front tooth on the ground chipping it.	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Bumped head on bulkhead and got a nose bleed.	
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Athlete injured elbow at the finish of backstroke event. At the finish touch, athlete jammed arm with force enough to jam elbow.	
Female	FL - Florida Swimming	Practice - Dry Land	Gym	She was throwing a medicine ball over her head and it slipped and she threw it into the back of her own head/neck.	The back of her head and neck hurt and she had the start of a headache, so we were cautious and sent her to the trainer to get checked out instead of getting into the pool.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Meet - Walking	Locker Room	Slipped on the wet floor at the entry of the locker room. Hip hit the floor. Head hit the corner of the wall. (Women's Locker Room)	Bump on the head, slipped in the locker room
Female	AD - Adirondack Swimming	Meet - Warm-up	Water - Turn End		Cut right foot on touch pad when doing open turn.
Male		Meet - Competition	Water - Start End	Hit right hand on wall, cut knuckle and thumb	Hit right hand on wall, cut knuckle and thumb
Female	IL - Illinois Swimming	Meet - Watching / Observing	Deck	Athlete leaned back in chair, and fell backwards. When falling back, her foot got caught in a chair in front of her.	
Female		Meet - Warm-up	Water - Start End	Cut left foot on touch pad while turning during warm up	Cut left foot on touch pad during warmup
Female	NE - New England Swimming	Meet - Competition	Water - Turn End	Hit head on wall when doing backstroke	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	While finishing a race-arm bent at odd angle-maybe elbow dislocation	
Female	WI - Wisconsin Swimming	Meet - Walking	Hallway	Athlete did not feel well and started to walk unsteadily towards the hall to cool off, as she was walking she fainted	
Male	MD - Maryland Swimming	Practice - Other	Water - Turn End	head to head collision	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	Swimmer collided with another swimmer during warm up. Cut on forehead from her goggles.	
Female	ST - South Texas Swimming	Practice - Dry Land	Outside Venue	Tripped on another swimmer while running	
Male	OR - Oregon Swimming	Practice - Other	Deck	Got out after 100 off blocks and could not stop coughing. Panicking and dizzy.	
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Start End	While practicing a flip turn during warm-up, the swimmer hit her nose with her own knee. This caused a significant nosebleed.	When I notified the swimmer's mother, she indicated that the swimmer was prone to nosebleeds. The swimmer was still able to swim the meet after she showered to remove the blood.
Male	GU - Gulf Swimming	Practice - Dry Land	Deck	He was jumping onto a plyometric box. When he missed it he fell on his shins cutting his legs on the shin, as well as a busted lip	Cut on both shins and lip
Female	PC - Pacific Swimming	Other practice water	Other in water	swimming hit his head while swimming	hurt head
Female	IN - Indiana Swimming	Practice - Other	Deck	Coach slipped on the wet pool deck and struck the back of her head on the deck	Coach slipped on the wet pool deck striking her arm and side and back of her head. She appeared to lose consciousness for several seconds or more, but was aroused when spoken to. She seemed confused and slightly incoherent for a short time after. She said she didn't remember falling.
Female	PV - Potomac Valley Swimming	Practice - Other	Other While Swimming		
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer and another swimmer bumped heads while swimming backstroke. I was not a witness to the incident.	Swimmer was crying but was safely on the wall in the water. He was able to get out and walk with me to the lifeguard first aid table where they filled out a report and put ice on his head.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Athlete and another swimmer bumped heads while swimming backstroke. I was not a witness to the accident.	Swimmer was crying but was safely on the wall in the water. She was able to get out and walk with me to the lifeguard first aid table where they filled out a report and put ice on her head.
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Slipped off starting block	Right shin was scrapped during slip. This is the same block we had a slip on last week. We have never had a slip in over 5 years and now twice in one week. Blocks will be evaluated.
Male	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmers nose starting bleeding during swim event. Swimmer said it started bleeding for no reason.	Swimmer ok and continued with meet
Female	MI - Michigan Swimming	Meet - Competition	Starting Blocks	Slipped on pool deck and scrapped back against wall behind blocks	Swimmer ok and continued with meet
Female	PC - Pacific Swimming	Other before practice / lockerroom	Locker Room	Stood up and hit head on corner of open locker door.	
Female	AZ - Arizona Swimming	Practice - Other	Outside Venue	Running and fell/rolled/landed on foot and fractured it.	
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Another swimmer swam into swimmer colliding with her hand while in streamline. swimmer said that the impact of the other swimmer's hand "bent her hand back".	
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Swimmer was doing a flip turn and caught toe nail on the light inside of the pool and ripped toe nail in two	Cut toe nail in two
Female	WY - Wyoming Swimming	Practice - Other	Water - Turn End	While the swimmer was doing a flip turn, her right foot slipped on the wall catching something on the wall and cutting her foot.	It was a shallow cut about an inch and a half the length of the foot.
Female	PC - Pacific Swimming	Other On the way to practice	Outside Venue	Swimmer was riding bicycle to practice. The swimmer ran into the side of a car on her bike (was not hit by a car). She fell off her bike and had some scrapes on her arms. She called her parents, and walked her bike the rest of the way to practice. She was able to participate in the workout and her parents came to check on her during practice, and confirmed that it was okay for her to swim.	Minor scrapes on arms from falling off bike.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Other Swimmer from deck entering water feet first miscalculated Logans' approach speed and jumped onto swimmer.	
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was kicking in shallow end another swimmer took a stroke into the wall and struck the injured swimmer in the nose. There was some bleeding	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines		
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	While swimming swimmer kicked an object and cut the top of his big toe.	
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Lane Lines	Collided with another swimmer (hit left eye)	
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	Swimmer completed event "200 Freestyle". While heat was still ongoing, swimmer could be heard crying-with labored breathing. Lifeguards and coach immediately came to aid. Swimmer had to be assisted out of pool. At no time (after race) did the swimmer's head submerge.	Swimmer was having difficulty breathing. Lifeguards assisted her from pool. Athlete rested on chair near pool for several minutes. Swimmer was able to continue in meet. (Later swam 50 free). Coach, swimmer and lifeguards were with athlete.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Asthma attack	Asthma exacerbated by vocal cord dysfunction.
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Dove in too deep and hit front of head on bottom of pool during controlled start with coach in warm up	hit head at top of hairline, slight headache
Female	PN - Pacific Northwest Swimming	Other In parking lot of venue	Outside Venue	Opened car door into her head. She scratched rest of meet, so was unable to collect all information for this form.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	WI - Wisconsin Swimming	Meet - Walking	Deck	tripped on raised 1m diving platform and landed on knees and head.	goggles on forehead when hit right side of head on floor
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	Swimmer was getting out of the pool following a 10 minute break warm-up/cool-down between events, and slipped and hit her ankle/shin on the edge of the pool deck	
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Start End	Swimmer said he was doing a turn under water and when he pushed off the wall he felt something sharp which cut the ball of his left foot.	Cut ball of left foot while pushing of the wall during a turn.
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Deck	Swimmer was lightheaded, and felt weak. No dizziness, denied any pain, not Diabetic. Coach was with and monitored swimmer.	Swimmer was lightheaded and just did not feel well.
Female		Other On Deck	Deck	Athlete got a bloody nose, not due to any accident. Just started bleeding.	
Female	SN - Sierra Nevada Swimming	Other Dry land	Other outside field area	athlete tripped during dry land running game	
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	working on backstroke kick with fins and did stroke count a faster speed into the wall. Hit back of head when finishing. Told by coach at the beginning of the set not to do stroke count at the other end with fins on.	Hit back of head against the wall while kicking backstroke with fins.
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was bobbing up and down in the water while waiting in line to practice flipturns. While underwater, swimmer pushed off of the bottom and hit the top of their head on the jaw of another swimmer who was also bobbing up and down in the water. Coaches on deck immediately summoned the swimmers to the wall for observation. They both had no obvious head trauma and were given ice. Coaches continue to observe swimmers and communicated information to parents after practice.	
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was bobbing up and down in the water while waiting in line to practice flipturns. While underwater, another swimmer who was also bobbing up and down in the water pushed off of the bottom and hit the top of their head on the jaw of the swimmer. Coaches on deck immediately summoned the swimmers to the wall for observation. They both had no obvious head trauma and were given ice. Coaches continue to observe swimmers and communicated information to parents after practice.	
Male	OK - Oklahoma Swimming	Meet - Competition	Water - Turn End	hit head on wall on 3rd turn of 100 back	hit head on wall on 3rd turn of 100 back
Male	IN - Indiana Swimming	Practice - Other	Deck	Swimmer was at the side of the pool cheering on other swimmers and began to turn and run down deck and slipped and fell on right knee. We checked him out and had him move his leg. We applied ice. He wanted to get up but he was having some difficulty, he was limping on that leg. His parents were notified.	
Male	FL - Florida Swimming	Practice - Other	Water - Lane Lines	Hooked arms with another swimmer headed in the opposite direction.	
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Bleachers - Athlete's		
Female	SD - South Dakota Swimming	Other Dryland	Deck	Was performing Plyometric Box Jumps and missed the box, scrapping her right shin on the top edge of the box.	
Male	SD - South Dakota Swimming	Other Walking on Deck	Deck	Slipped on the deck while turning to walk to get into the pool. Fell on bottom and then his head fell back and hit the pool deck. Swimmer was wearing fins.	
Female	AM - Allegheny Mtn Swimming	Other during practice	Water - Turn End	There are titles missing in lane 1 of the shallow end and swimmer step in the hole.	There was a deep cut to outside of right big toe. Bleeding was slowed down and 2 steri strips applied as well as a gauze pad taped over the strips.
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	swimmer hit arms with another swimmer while swimming	
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks		Slipped off starting block- no horseplay. Hit block, gutter, Lane rope on right side of body
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Mistimed backstroke finish and hit wrist on gutter.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimming backstroke and bumped head into side of pool.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	While athlete was swimming, jammed his finger into the lane line buoy.	Peeled skin on ring finger on right hand. scraped arm and knees; sore.
Female	MR - Metropolitan Swimming	Meet - Competition	Stairs		swimmer returned to the meet and competed the next day.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	swimmer was doing a back to breast turn and hit hand or pushed off wall	swimmer hit right hand against wall, some swelling on knuckles
Male	SD - South Dakota Swimming	Practice - Other	Water - Side	Swimmer was completing a portion of a butterfly swim during practice. As swimmer brought hands out of water, the left hand struck the automatic chair used to bring disabled swimmers in and out of the water.	
Female	PC - Pacific Swimming	Practice - Other	Deck	Swimmer dislocated her knee as she was disrobing to get into the water.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	Finger stuck in lane line	
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Reported that he scratched his side getting out of the pool.	deep scratch on left side.
Female	IN - Indiana Swimming	Meet - Competition	Other Door		Foot got caught in door, Bruised top of foot.
Female	MN - Minnesota Swimming	Practice - Other	Deck	Tripped on deck and fell back onto head and then landed on right shoulder. Swimmer slipped as she was reaching to grab onto another swimmer on deck, but that swimmer was moving away as she reached.	
Female	IN - Indiana Swimming	Meet - Walking	Other Sidewalk outside doors	Leaving parking spot heading into building approx 20 ft from spot on sidewalk...walking and slipped...landed bottom first then back. Head did not hit ground however neck jerked as a result of trying to stop the fall.	Was walking in and fell. in an attempt to stop fall jerked neck and now neck is sore.
Female	IN - Indiana Swimming	Meet - Walking	Deck	Slipped on Deck and fell. Hit R elbow against table	Bruised Right Elbow
Female	FL - Florida Swimming	Practice - Dry Land	Other Cassidy Aquatic Center Dryland Room	Athlete was performing medicine ball throwdowns as part of our routine. The ball bounced quicker than expected and struck her in the bridge of the nose.	Medicine ball struck athlete in the nose during our medicine ball routine. Her nose began to swell up causing nasal blockage. The nose began to bruise and swell immediately. Care was not administered because it did not appear to impair her ability to breath (by way of mouth) or move even though there was significant discoloration. The athlete was in pain from the incident.
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	400 IM - hit back of head on the wall at start end during backstroke before breast stroke	Hit back of head on the wall, no bumps or swelling, no bleeding. Soreness of the neck.
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Swimming in meet- jammed an already injured wrist into the wall.	Re-injured wrist

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	WAS SWIMMING EVENT FELT PULL IN SHOULDER AND STOP DURING EVENT AND DID NOT FINISH.	
Female	KY - Kentucky Swimming	Meet - Warm Down	Other Warm down pool	swimmer warming up in diving pool and kicked in the eye. Eye was swollen with a cut	Swimmer warming up in diving pool was kicked in the eye. Eye was swollen with a little cut
Male	OH - Ohio Swimming	Meet - Competition	Bleachers - Athlete's	slipped on the bleachers on the pool deck	scraped leg on bleachers after slipping
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	Victim stated he has a preexisting condition of "hyper mobile knee caps." He was swimming the 200 breast stroke and his knee "gave out" at the wall. He stated that his knee bent inwards during the turn/push off, causing discomfort and swelling.	After exiting the pool, victim complained his knee hurt. He was asked to sit down, elevate and ice his knee. When questioned about what happened, he stated that he has "hyper mobile knee caps." He has seen an orthopedic doctor for this condition, who has instructed him to ice and rest the knee in the past. His coach on site, and his father were informed. Swimmer scratched the remainder of the day's events, and will try to compete in the final day of competition.
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	Jammed index finger, happened in the South competition pool during race, numb, tingling feeling, previously injured.	numb tingling feeling in index finger
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	small bump on forehead, small cut in same spot, no major head injuries	minor cut and bump on head
Male	SE - Southeastern Swimming	Meet - Warm-up	Water - Lane Lines	Another swimmer kicked him during warmups.	
Female	IN - Indiana Swimming	Meet - Competition	Bleachers - Athlete's		small cut on right toe
Female	NI - Niagara Swimming	Meet - Warm-up	Locker Room	cut on toe, top of toe had slight laceration and bleeding.	cut on top of toe, had slight laceration and bleeding
Male	IN - Indiana Swimming	Meet - Warm Down	Water - Turn End	Getting out of pool and scrapped right foot on bulkhead. Given gauze pad to stop bleeding.	scrapped right foot
Female	NI - Niagara Swimming	Meet - Walking	Hallway	Reportedly the swimmer slipped in hallway leading to pool area while heading to warm-ups. Swimmer complained of a sore wrist and was provided an ice pack by the Lifeguard. Incident was reported at site and the swimmer was able to participate in her regularly scheduled events during the session.	Ice pack was provided by lifeguard. Swimmer was able to fully participate in the meet.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End		
Female	GU - Gulf Swimming	Meet - Watching / Observing	Deck	Wedge from Block came lose and struck time keeper	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Too Close to wall when swimmer flipped on backstroke turn and hit head	Too close to wall when swimmer flipped on backstroke turn and hit forehead. Parent taking child to their own Doctor and Hospital
Female	NC - North Carolina Swimming	Other	Deck	Exercise induced asthma attack	Trouble breathing and nausea
Male	BD - Border Swimming	Practice - Other	Starting Blocks	Swimmer was performing race starts and completed several prior to his incident. On one attempt he struck the floor.	
Male	GU - Gulf Swimming	Meet - Warm-up	Water - Lane Lines	Injured was swimming- ran into another swimmer	
Female	WI - Wisconsin Swimming	Practice - Dry Land	Deck	Missed catching medicine ball. Stuck chest.	Hurts to get up and down from a sitting position.
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Swimmer was swimming when another swimmer in his lane bumped into his face.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Swimmer was swimming when he pushed off the wall backwards and bumped heads with another swimmer.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines		
Female	WI - Wisconsin Swimming	Other practice/ water	Starting Blocks	practicing starts at the practice and fell off to the left side.	head/neck/leg/foot and shoulder and torso
Female	NI - Niagara Swimming	Practice - Other	Other Equipment Room (on deck)	Athlete was walking in the equipment room attempting to get her practice equipment when she slipped and fell on the extremely slippery floor in the equipment room. Athlete landed directly on her tail bone and was unable to get up for 5-10 minutes, until helped by Coaching staff and family members. Athlete immediately was given ice by the facility LG & LG Supervisor. Athlete's mother, was immediately called by Head Coach and arrived on scene within minutes.	Swimmer was not taken to the ER but parents indicated they will be going to pediatrician ASAP.
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Athlete has been diagnosed with epilepsy. While near the start wall, a seizure occurred. Athlete was removed from the pool immediately and 911 was called. Before emergency personnel arrived at the scene, athlete was recovering and the father of the athlete made the decision to take her home.	Athlete has been diagnosed with epilepsy. While near the start wall, a seizure occurred. Athlete was removed from the pool immediately and 911 was called. Before emergency personnel arrived at the scene, athlete was recovering and the father of the athlete made the decision to take her home.
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	Hit shin on bench doing bench jumps	
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Flip turn, hit nose on knee and started bleeding	
Female	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Swimmer reported that at the start of the 50 fr her left foot slipped off the back of the block causing her left knee and ankle to hit the back of the block. She swan the race and reported pain on her left knee and ankle	
Male	IE - Inland Empire Swimming	Meet - Warm Down	Other Warm Down Pool	While swimming warm up pool, another swimmer pushed off the wall on his back and hit swimmer with his shoulder in swimmer's eye	
Female	IE - Inland Empire Swimming	Other Meet - After Race	Water - Start End	Upon exiting the pool swimmer bumped her shoulder on the starting block. She also got bruises on her arm from hitting the lane line during the race	
Male	CO - Colorado Swimming	Meet - Competition	Gym	under bleachers crawling; bumped head; minor laceration	
Female	CO - Colorado Swimming	Meet - Competition	Deck	Slipped, hit back of head on deck	bump to back of head
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Hit fingers into wall on turn because goggles were filled with water.	After taking a shower 3 fingers were a little swollen. Swimmer was instructed to put ice on at home. Ice machine was broken.
Female	AZ - Arizona Swimming	Meet - Competition	Stairs	Exiting the competition pool via ladder to stairs. She slipped on stairs and fell back and hit her back on the tiled stairs.	2 inch swollen area on lower left portion of her back with 3/4 inch open scratch
Female	NE - New England Swimming	Meet - Competition	Stairs	Slipped on last step heading down from stands to pool deck. Bruised ankle. Ice applied.	
Female	MR - Metropolitan Swimming	Meet - Competition	Locker Room	she opened the locker room door on her right big toe. The toe nailed 95% pulled off and was bleeding.	
Female	NI - Niagara Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer fell walking across the bleachers trying to cross the steps	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Turn End	On the turn end, swimmer flipped and split skin of left heel. MD in stand, applied pressure and placed butterfly bandaid. Parent of swimmer was with minor swimmer and assumed care of child. No further care needed other than bandaid.	On the turn end, swimmer flipped and split skin of left heel. MD in stand, applied pressure and placed butterfly bandaid. Parent of swimmer was with minor swimmer and assumed care of child. No further care needed other than bandaid.
Female	GU - Gulf Swimming	Meet - Competition	Deck	The swimmer was walking on the pool deck and she tripped her toe on the deck and cut her toe.	N/A
Male	MR - Metropolitan Swimming	Meet - Competition	Deck	Injured individual was timing, slipped on deck and injured his lower back.	Lower back
Female	MD - Maryland Swimming	Meet - Competition	Water - Turn End	swimmer sustained cut on foot, no further details provided	swimmer sustained cut on foot, no further details provided
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	swimmer dove in at start of race and her nose started to bleed	swimmer dove in at start of race and her nose started to bleed
Female	OZ - Ozark Swimming	Meet - Competition	Water - Start End	Patient felt lightheaded and dizzy. Stopped halfway through 200 breast. Pulled out of water by father and myself. Passed out. Never lost pulse. Did not stop breathing.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	was doing backstroke and another swimmer swam into her arm (headfirst)	arm got hit during backstroke warmup
Male	IN - Indiana Swimming	Meet - Walking	Deck	Swimmer slipped on the pool deck and fell backward, hitting the back of his head.	No visible signs of impact, but after monitoring for a few minutes, he became drowsy and sensitive to light
Male	OH - Ohio Swimming	Practice - Entering / Exiting Pool	Locker Room	Athlete opened the locker room door over the top of his foot. The door cut the top of his big toe on his right foot.	
Male	CA - So. California Swimming	Practice - Dry Land	Other dry land--grass area	During a dry land game of "sharks and minnows," the swimmer ran into another athlete.	Swimmer received an ice pack from the Lifeguard first aid station and rested while parents were called. Swimmer reported feeling pain and dizziness. Paramedics were called. When they arrived, paramedics stated that vitals were normal and asked parents if they wanted swimmer transported. Parents declined transportation to hospital. After paramedics left, swimmer became nauseous and vomited. Parents were encouraged to take swimmer in that evening to receive further medical evaluation. Parents stated that they would wait until the morning to consult with their primary physician.
Male	CA - So. California Swimming	Practice - Dry Land	Other dry land area-grass	During a dry land game of "sharks and minnows" on the grass, swimmer ran into another athlete. Swimmer hit the front of his head with the head of another athlete. Athlete's parent was contacted later that evening and reported he was feeling fine.	Swimmer had a small, red bump on the forehead area. Swimmer received an icepack from the First Aid Area (lifeguard staff room) and was released to mom.
Male	IN - Indiana Swimming	Practice - Dry Land	Hallway	Swimmer was doing dryland in the hallway and struck a wall hanging trophy case with the forehead.	Swimmer incurred laceration on the forehead at the hairline.
Female	GA - Georgia Swimming	Practice - Other	Water - Side	Facility removed backstroke flags after health dept official said they were obstructing view of sedentary lifeguards in stand. Would not put flags back up until after swimmer incident, despite ga dept of health having NO guidelines, rules, or restrictions concerning pool visibility by lifeguards, so health dept official's requirement of removing the flags (which was not noted on the health dept report) is not something he or she has any jurisdiction to make.	Swimmer unable to finish practice, was taken home and will be monitored and taken to dr if symptoms of concussion appear.
Female	IE - Inland Empire Swimming	Practice - Other	Other Deep End Turn End	Injured party was swimming in the deep end and struck her head against the wall.	
Male	IN - Indiana Swimming	Practice - Dry Land	Bleachers - Spectator's	We were stepping up on the bottom step of the bleachers and athlete slipped and caught himself with his head. His knee was scraped and eyebrow swelled.	
Male	MW - Midwestern Swimming	Other Walking through shower area	Locker Room	Stepping over hallway/shower divider on floor, slipped and fell. Small cut on left ankle and scrape inside of left knee.	Small amount of bleeding from both wounds. Bleeding stopped upon applying pressure, bandages were applied. Swimmer walked out under own power, slight soreness in knee.
Female	NC - North Carolina Swimming	Other fell at home	Other home	Athlete stated that she hit her head at home and was disoriented. Athlete said it happened at home on New Years Eve.	Athlete stated they were disoriented. Accident happened at home 2 days prior to symptoms.
Female	GU - Gulf Swimming	Other	Other when entering building	slammed door on my toe	TOE NAIL BED TORN
Male	MD - Maryland Swimming	Meet - Warm-up	Other gutter	Swimmer flipped turned and hit his heel on gutter	Swimmer flipped turned and hit his heel on gutter scraped heel
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was coming off a turn and there were three piled on top of each other and the swimmer that he was trying to pass kicked him on accident in the goggles.	His eyelid swelled up but there was no blood except under the skin.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Start End	Ran into another swimmer with head	
Female	WY - Wyoming Swimming	Meet - Competition	Starting Blocks	The Starter asked swimmers to stand, swimmer lost her balance on the starting block and fell in the water. She struck her hands on the bottom of the pool, bruising her fingers.	Bruising and swelling of the right ring finger.
Female	WY - Wyoming Swimming	Meet - Warm-up	Deck	During warm up, Swimmer scraped her pinky toe against the lane ropes, cutting it open.	
Male	CO - Colorado Swimming	Meet - Competition	Deck	Tripped and fell carrying a container full of water bottles for the coaches.	Abrasion of Wrist, bruise on shoulder / knee
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer was performing a starting drill from the blocks. Mid flight, he came out of the drill attempt and entered the water with a steep dive, striking the bottom of the pool with the right side of his forehead.	Swimmer complained of a headache and neck pain. We monitored him and offered ice. he chose not to try and swim the rest of practice. He was mobile while waiting from practice to end. He returned to PM practice and swam for 75% of the time. He exited with neck pain. He returned the next day to normal training.
Female	MD - Maryland Swimming	Meet - Warm Down	Water - Side	While swimming into the wall, another swimmers pushed off, colliding with swimmer's nose and face. Given gauze and ice for bleeding and swelling.	
Female	GA - Georgia Swimming	Practice - Other	Deck	Swimmer slipped and fell near the starting block and hit her head on the step of the block.	
Female	IL - Illinois Swimming	Meet - Walking	Deck	Swimmer dropped glass bottle on deck, stepped on broken piece.	
Male	PC - Pacific Swimming	Practice - Other	Deck	There was no source of injury the swimmer had an asthma attack that turned into an anxiety attack while participating in a practice on a training trip.	While participating in a practice the swimmer had an asthma attack that turned into an anxiety attack.
Female	MD - Maryland Swimming	Other Sitting in Chair in Gym	Gym	Athlete was leaning on the Chair Arms of her folding chair. Material on the chair Broke. She fell on the metal part of the chair. Metal part of Chair cut her neck.	
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Swimmer was swimming in his team lane on a 25 yd freestyle set while another swimmer aggressively tried to pass him scratching his arm while trying to pass him . Swimmer is such a sweet, good, quiet boy, he never told me he got scratched by another swimmer. I saw the other swimmer aggressively passing swimmer in the lane but I never knew swimmer got scratched. Swimmer's mom texted me a picture of swimmer's arm with the scratches on it very upset at 7:30 pm the night after workout.	I called the other swimmer's mom asap last night after the injured swimmer's mom texted me about her son's scratches on his arm. Other swimmer's mom was very apologetic and thankful she was informed so she can talk to her son so this will never happen again.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Locker Room	Swimmer Cut herself when she fell in the shower area of locker room.	minimal bleeding at hand and leg, was given gauze pad to dry and clean the areas and band aids for them as well coach asked if she needed help and was ok, the swimmer declined help and said she was fine.
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Athlete was getting ready to get up on block, lost balance and slipped and fell backwards.	NA

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	During backstroke portion of 200 IM, swimmer made contact with wall. Came off the turn past vertical to the breast. Swimmer stopped half to starting end and was observed crying. Swimmer resumed swimming and continued to start end where she exited the pool.	Was unable to interview swimmer
Female	LE - Lake Erie Swimming	Meet - Competition	Starting Blocks	Cut toe while getting on block to start the race. Finished the race and found out that the athlete needed a band aid.	Cut toe on starting blocks and went on to swim her remaining events
Male	GU - Gulf Swimming	Practice - Other	Deck	Another swimmer whipped swimmer in the eyes with a towel, by accident, but it was due to rough play	
Female	NT - North Texas Swimming	Meet - Competition	Deck		
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End		
Female	AM - Allegheny Mtn Swimming	Other Driving to clinic	Other Interstate 76	Gor rear ended driving to clinic	
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Slipped on locker room floor and hit his left arm on the bench and landed on his back.	He was the only swimmer in the locker room, there were no witnesses. He walked out on his own and told his coach what had happened.
Male	IE - Inland Empire Swimming	Meet - Watching / Observing	Bleachers - Spectator's	No injuries occurred, an overhead light broke and small shards of glass came down on a pop-up tent	
Male	CA - So. California Swimming	Practice - Other	Deck	Verbal harassment by another coach on deck during practice. Yelled and persecuted to for putting the backstroke flags up during water polo practice as it caused a "distraction". About 10 minutes later, the coach comes to me and my other coach and begins to yell at me again in front all swimmers again.	
Female	CA - So. California Swimming	Meet - Watching / Observing	Deck	Swimmer was blocking a parent from being able to see his child swim. He asked her to move and she did. He thought she was giving him attitude, then proceeded to talk about her with profanity and calling her and her friends "bitches". The two friends (listed as witnesses) were also effected by the incident as well.	No physical injury occurred, but swimmer missed her race because she was so upset by what happened and could not race. Due to missing her race she was also pulled from her next race. It took her a long time to calm down and tell admin at the meet what happened.
Female	CO - Colorado Swimming	Other Meet - after session ended	Deck	<p>After the conclusion of the afternoon session today 07/30/2016. The father of a swimmer came up to the starter's table very upset and asked to speak to the Head Official. All of the officials had gathered by the starter's table for end of session briefing. The father said his coach (no name given) had told him that I was going to DQ his son in all of his events. I told him I have not made a decision regarding his son. The father then said do I need to get an attorney to sue you. I then said please let me finish my Official's meeting and I will come talk to you when I am done and sent him on his way. He left and sat on the turn end on the bench by lanes 1-3. I finished my Officials briefing. Several of the Officials were concerned and asked if I was OK. They were concerned with how the parent treated me, what he said and his behavior. One of the Officials offered to go get the Sr. Meet Referee who was attending the meet and the Meet Director. I had talked to the Sr. Meet Referee regarding the Unsportsmanlike Conduct issue. We agreed that I needed to get both sides of the story. I asked both Coaches to send me an email so I would have both sides and I would make a decision in the morning. Both Coaches sent me emails. The Sr. Meet Referee offered to be Seasonal State Official Representative to speak to the father with the Meet Director and Myself. The Sr. Meet Referee asked if I felt threaten, did he (the father) take a step towards you and I said YES to both. The Meet Director informed us that the Safety Marshall is an off duty police officer and if we need him he could be present. I informed someone of the situation and she said to fill out an Incident Report. I feel that the father's behavior was Unsportsmanlike. We then went and spoke with the parents of the swimmer. The Sr. Meet Referee took the lead and explained that his behavior towards an Official could get him banned from the pool deck/venue. The father apologized and admitted he has a hot head when it comes to his kids. We all agreed that we want to protect our kids and do right by them. The father had calmed down once we spoke with him. The mother/wife apologized for her husband's behavior towards me. I did not ask the father to remain off deck/venue since he apologized. Earlier today (07/30/2016):</p> <p>Then this morning the Coach who filed the Unsportsmanlike Conduct requested that I speak to the swimmers after the PM session. I never heard from the other Coach all day. At the conclusion of the afternoon session I went to gather the swimmers and the coaches so we could talk out the situation. I let the swimmer who was filing the complaint speak first than let the other swimmer speak. Then the coaches spoke to both swimmers about what they felt should happen. I then spoke up and said we need to stay positive towards each other, be supportive to each other, and encourage each other to get out there and swim hard. I told them that I do not want to expel both of them. I want them to compete but do it in a positive way. Healthy competition is good no matter what sport you are in. The swimmers shook hands and went on their way. No other issues were brought to my attention regarding this situation for the duration of the meet.</p>	
Male	OH - Ohio Swimming	Meet - Warm-up	Water - Start End	Swimmer was swimming when nose started to bleed.	
Female	NT - North Texas Swimming	Meet - Warm Down	Deck	The swimmer finished her race and jumped into the warm down pool. She was struggling to breathe and a lifeguard radioed it in to the other guards. He got off the stand to assist. At that time the swimmer climbed out of the pool and was laying down on the pool deck attempting to catch her breath	
Female	MIR - Metropolitan Swimming	Other sitting in stands	Other Lavatory	subject became dizzy and experienced nausea. She stated that this is a frequent occurrence and is under a doctor's care.	
Female	SD - South Dakota Swimming	Meet - Watching / Observing	Deck	Athlete had a bloody nose after exiting the pool and while on deck.	
Female	SD - South Dakota Swimming	Practice - Other	Deck	The team was preparing to do starts and someone noticed a swimmer looked like she was about to faint. I went to her and had her sit. She was able to talk and give me her phone number and answer questions, but did not feel well. She did not fall or get hurt, but she was not feeling well and was taken to a seat to be monitored and to wait for parents to call back.	I was able to help the swimmer to the ground before falling. After letting her rest, she was able to walk to the other end of the pool for assistance. She did not feel well and was light-headed. She did not lose consciousness, but she was slightly dazed. We had taken a team photo and warm-up prior to her becoming ill. Her parents were contacted and her aunt came to get her.
Male	NT - North Texas Swimming	Practice - Dry Land	Hallway	Swimmer was doing a set of box jumps and missed the box on the way down which resulted in a scrape on his leg.	
Female	MD - Maryland Swimming	Meet - Competition	Deck	Official worked the AM session. During the afternoon session she was observed sitting on the deck in the middle of the team with her children, one who was swimming in that session and two who were not. She was asked to leave since was not working the session. She left but returned approximately 10 minutes later. I had to ask her again to leave. She questioned her son's DQ. I just asked her to leave.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Hit Ankle on wall during a flip turn	
Female	MD - Maryland Swimming	Other Changing in locker room	Locker Room	No physical injury. Swimmer reported a group of girls who were using their phone to record a dance they had put together. The reporting swimmer said there were other girls in the locker room not dressed. The reporting swimmer said she quickly moved out of the area since she did not want to be in the picture. The reporting swimmer could describe the color of the skin of the perpetrator swimmers and some colors of hair but did not know their team. The reporting swimmer went to her coach immediately. The Coach notified the Referee, and the Meet Marshall made a round in the locker room right away. There was no one in the locker room. Each coach on the deck was notified by private conversation of the event and asked to reinforce the rule of no electronic devices out in the locker room. Coaches were asked to tell their swimmers if it was them, to erase it from their phone. Additionally, the reporting swimmer was asked to tell her coach if she recognized any of the perpetrator swimmers.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	VA - Virginia Swimming	Meet - Competition	Starting Blocks	Scraped knee on starting block	Scraped knee on starting block
Female	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer was doing double arm backstroke when she felt pop and pain in her elbow. She swam to the side of the pool and pulled herself out of the pool using the arm. She told her coach she thought it was dislocated. Coach observed her moving elbow and said he did not think it was dislocated. Swimmer jumped back into pool and resumed practice.	
Male	SR - Snake River Swimming	Meet - Walking	Stairs		
Male	PC - Pacific Swimming	Practice - Other	Water - Side	He realized he was having an allergic reaction, and exited the pool. We called his parents and they came to pick him up.	Allergic reaction to unknown.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke and hit his head on the wall.	
Female	PC - Pacific Swimming	Meet - Competition	Water - Turn End	Hit foot on the bottom of the shallow end of pool.	Mother of swimmer is a medical professional and refused help from our first aid.
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	swimmer dropped 10 lb. dumbbell on foot	
Female	OH - Ohio Swimming	Practice - Other	Water - Bottom		
Female	IL - Illinois Swimming	Practice - Other	Other middle of lane	She was swimming behind another swimmer, and as she was doing her stroke with her left hand, the swimmer kicked injured party's hand. Injured party's wrist snapped back and she heard a pop. She was swollen and crying by the time she got home.	Swimmer didn't tell any coaches that this happened. Mom let Coach know the next day. She is going to Orthopedic dr. this week.
Male	IA - Iowa Swimming	Practice - Other	Water - Lane Lines		