

WE WANT YOU!



SOUTHERN ZONE AGE GROUP CHAMPIONSHIPS 2013 North Carolina Zone Team July 30-August 4, 2013 Greenville, SC

Don't miss this exciting opportunity to be a part of North Carolina's All Star Team (Zone Team) that will travel this summer to Greenville, SC to compete against some of the top swimmers from 14 other Zones across the South. Zones include: Florida, Border, Georgia, Kentucky, Gulf, Louisiana, South Texas, West Texas, Florida Gold Coast, Mississippi, North Carolina, North Texas, South Carolina, Southeastern and West Virginia.

North Carolina swimming is very highly regarded and is regularly competing for the Zone Championship Title but we need all of the best North Carolina swimmers to attend. Coaches and Swimmers, if you think you have a shot to make the team please apply.

Team Size: North Carolina Swimming will select 48 swimmers for the 2013 Zone Team as follows:

15-18 Boys	8 swimmers selected
15-18 Girls	8 swimmers selected
13-14 Boys	8 swimmers selected
13-14 Girls	8 swimmers selected
11-12 Boys	8 swimmers selected
11-12 Girls	8 swimmers selected
Total:	48 swimmers selected

Selection Process:

The NCS Zone Team will be selected from NCS registered year-round athletes. We will be selecting up to 5 swimmers in each of the 15-18 and 13-14 age groups off of the short course season. The remainder of the 15-18, 13-14 and 11-12 swimmers will be selected off of the long course season. Swimmers selected off of short course may use any times from September 2012 thru April 14th where swimmers applying for the long course selection may use any long course meters time achieved from April 9, 2013 through the end of Sunday's finals at the 2013 NCS long course 14 and Under Championships and/or Sr Championships respectively. All swims prior to the 14 and under Championships and Sr. Championships must be listed in the USA Swimming SWIM's Database. For more detailed criteria please contact Head Coach or Team Mgr.

Please contact Head Coach John Fedena at jfedena@swimmaccarolina.org or Team Manager Brendan Betts at brendanbetts@hotmail.com for additional criteria on zone team qualifying.

Thank you for your help in making North Carolina's Zone Team the best it can be!