

Dear Southern Zone SR Champs Members:

(Please, also forward this to your participating families and swimmers).

We are extremely excited to be in the final preparations for the 2012 Southern Zone Senior Championships here in South Florida at the beautiful Plantation Aquatic Complex. If some of you are still heading into this weekend trying to qualify more kids (like we are), we wish you the best of luck! This year's meet is going to be the biggest and fastest SZ SR Champs yet. We are expecting a minimum of 200 swimmers based on our informal response and we could see as many as 400 athletes in this meet. And the Plantation pool proved to keep swimming fast at our local JO's last weekend.

A few reminders and clarifications that have come up along the way:

ENTRIES:

Entries are due this Monday, July 30.

For any additional qualifiers made between July 31 and August 4, we will accept those entries via e-mail to DDillon@FLAswim.com through Sunday night, Aug 4.

50'S ENTRIES:

Please, enter your 50's of FL, BA, and BR as 50 times, not 100s. We will seed them as such and that will also give us a more accurate timeline. If you have the 100 cut in the same stroke, then your 50 entry is a normal entry. If you do NOT have the 100 cut, then your 50 entry is considered a BONUS swim.

200 RELAYS ON DAY 1:

The meet information says swimmers are limited to 1 relay per day. That was before we put both the 200 relays on day 1. Swimmers may swim both relays on day 1.

POOL AVAILABILITY:

The pool will be open on Sunday, August 4 to the general public from 10am to 4pm. It will remain open from 4-6pm only for SZ SR Champs participants. If you have any additional needs, pls contact myself or Coach Jimmy Parmenter from PST and we will do what we can to help.

OFFICIALS:

Mr. Dave Smith from Southeastern Swimming has been selected and agreed to serve as our Meet Referee. If you have officials that would like to help, we will need them and graciously accept them. The meet will also be observed for National Certification. Have your officials contact Dave at das.davesmith@gmail.com if they are coming in to help.

HOTELS:

We have worked very hard to get you some great rates and some great properties nearby the Plantation Aquatic Complex. There are more restaurants than you will know what do with also near these great hotels. Please, see the rates and direct reservation links below to get the best negotiated rates.



Courtyard Plantation

7780 SW 6th Street · Plantation, Florida 33324 USA (2 miles from pool)

King: \$89.00 / night

<http://www.marriott.com/hotels/travel/FLLPL?groupCode=SZSSZSB&app=resvlink&fromDate=8/5/12&toDate=8/11/12>

Queen-Queen \$89.00 / night

<http://www.marriott.com/hotels/travel/FLLPL?groupCode=SZSSZSA&app=resvlink&fromDate=8/5/12&toDate=8/11/12>



Residence Inn Plantation

130 N University Drive · Plantation, Florida 33324 USA (2 miles from pool)

\$119.00 / night

[Residence Inn by Marriott Plantation Welcomes FLA Aquatics!!! BOOK HERE!!! *ONE BEDROOM SUITES*](#)

\$144.95 / night

[Residence Inn by Marriott Plantation Welcomes FLA Aquatics!!! BOOK HERE!!! *TWO BEDROOM SUITES*](#)



Courtyard Weston

2000 N. Commerce Parkway · Weston, Florida 33326 USA (10 miles from pool)

Queen-Queen: \$99.00 / night

<http://www.marriott.com/hotels/travel/FLLWC?groupCode=SZSSZSA&app=resvlink&fromDate=8/5/12&toDate=8/11/12>

If we can do anything for you before your arrival, please do not hesitate to ask. On behalf of Coach Parmenter and PST; and all of the members of the FLA Family, we look forward to being your hosts in 10 short day!

Sincerely,
Duffy Dillon, Director
Safety Chairman, Florida Gold Coast
Board of Directors, USA Swimming 2003-2007



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